



MARATHON MANIACS

AUGUST 2013 NEWSLETTER

★ ★ ★ ★ ★ Volume 10, Number 8 ★ ★ ★ ★ ★

10 YEARS OF MANIACAL CRAZINESS!! (2003-2013)

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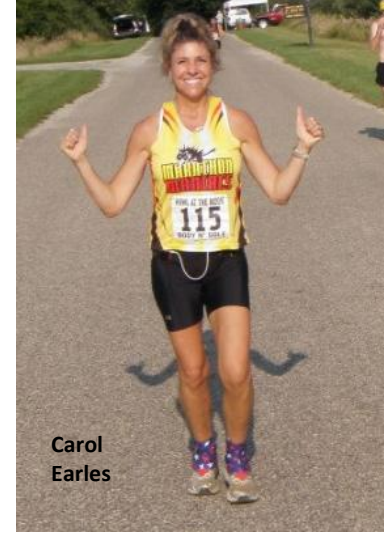
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Howl at the Moon UltraMarathon

Tim Troxel



Carol Earles



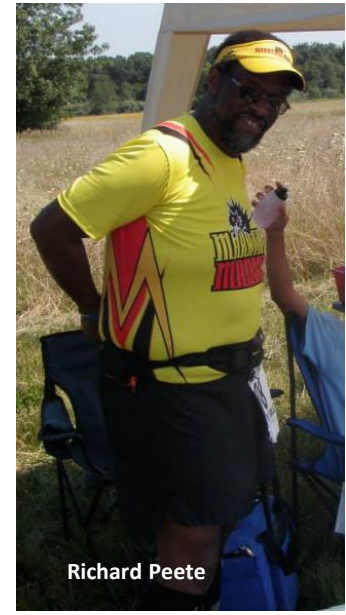
AJ Hacker



Jeff Davenport



Michael Hoyt



Richard Peete



Elaine Green



Chad Spilman

Howl at the Moon 8h (8/10): Diane "Bolt'in to the airport" Bolton, Julie Branden, Ila Brandli, Clint "Mainly Marathons" Burluson, Jeff Davenport, David Donald, Carol "Ponytail" Earles, Jeff Fago, Flower Lady Carol Goslin, Elaine Green, AJ Hacker, Michael Hoyt, Jean Neely, Andrea Odrzywolski, Jackie Panfili, Richard Peete, Run Nerd, Chad Spilman, Tim Troxel



BIG WILDLIFE MARATHON

Big Wildlife Runs (8/18): Sheila Beermann, Marc Bergman, Grant Berthiaume, Roy (Red Solo Cup) Blakeburn, "Drew #6027", Ester Devora Calacat, Mike Chewar, Kathy Davidson, Caren della Cioppa, Tekemia Dorsey, Jennifer Everett, Jorge Garcia, Lianne Griffin, Phillip Griffith, Chuck Harvey, Kerri Haskins, Dr. J, Stuart Jackson, Hunter Jamerson, Cathie "TuTu" Johnson, Starrla Johnson, Troy "On The Run" Johnson, Matt Johnston, Lisa Kosto, Debbie, Karl Leitz, Julius, Kenneth Massett, Denis McCarthy, Joye McElory, Al " on to sub 4/50 states McGowan, Shawn McTaggart, Laura Milak, Kent Moore, Cathy Morgan, Jean Neely, Jackie Panfili, Lynda Petri, "Downhill Dave" Poglitsch, Amy Reed, Anthony Reed, Cade Remsburg, Larry Rubenstein, Eva Sanmartini, Bill Schultheis, Michael Shilling, Joanne Sodano, Thao Virginia, Jeannie Tsai, Ginny Turner, Michelle "Mom o' 6" Walker, Carole Williams, Tom "Tater" Williams, Brandon Wood, Melinda Yanuaria



Marathon Maniacs
running half marathons...
YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 4000 members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

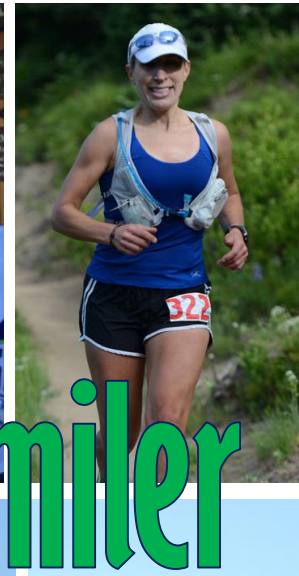
www.halffanatics.com



Half Fanatics at the Canby Dahlia Half Marathon



White River 50 miler



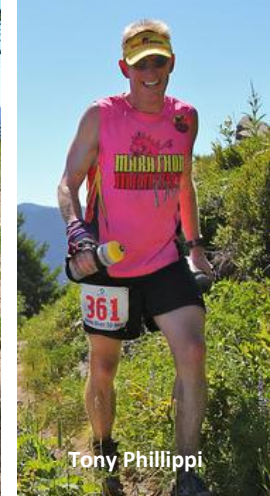
Bill Barmore



Steve Yee



Jason Ryan



Tony Phillippi



Sabrina Seher



Dean Kayler

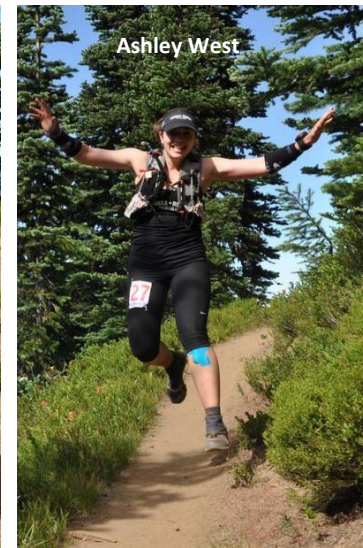
White River 50 Mile Endurance Run (7/27): Jenny Appel, Deanna Ashby, Chris Bellevie, Rikki "Bobbie" Bogue, Mark Cliggett, Steph Eldore, Craig Foster, Eric "& Carlos PartyMonkey" Glass, Reed Glesne, Andrew Gorohoff, Matt "Pooky" Hagen, Sharon Hendricks, Rob "Rattler" Hester, Genia "Tiptoes" Kacey, Dean Kayler, Gary "The Red Rabbit" Marr, King Arthur Martineau, Hideko Opperman, tony (tp!) phillippi, Mary "mph" Hanna Richards, EatDrinkRunWoman, Mike Schmitt, Paul Turner, Jason Weekes, Francine Weigeldt, Karen Wiggins, Prez Steven Yee



Kimberly Kuhlmann



Betsy Rogers



Ashley West



Van Phan



Steph Eldore



Edward Broadnax

Maria Poranski

COVE ISLAND MARATHON

Cove Island 8 hour/Marathon (8/24): John Abbate, Juliene Bell-Smith, Kristen Bieling, Diane "Bolt'in to the airport" Bolton, Edward Broadnax, Leah Cato, Roadkill Bill Dolton, Tekemia Dorsey, Michael Dunn, Will 'CAK7' Flint, Alanna Garrison-Kast, Mark Gautier, Etienne Jaulin, John "Runnr"King, Laura Milak, William Milak, Chris Orbach, Sue Parks, Maria "Tiara Chick" Poranski, Syed Rizvi, Michael Roberts, Liz Santos, John "Snuggie Bear" Snuggs, Mike Sortito, George" from Georgia" Southgate, Deneen Waddell



Daine Bolton



Mike Sortito



Social Networking

From Facebook to Twitter, the Maniacs have a presence in the world of social networking. Whatever social network you prefer I'm sure the Maniacs are there, so check them out!



- Facebook: <http://www.facebook.com/group.php?gid=8904689204>
- LinkedIn: <http://www.linkedin.com/e/vgh/1843119/>
- MySpace: <http://www.myspace.com/marathonmaniacs>
- Dailymile: <http://www.dailymile.com/groups/1403-marathon-maniacs>
- RunningAhead: <http://www.runningahead.com/groups/MMS>



**MARATHON
MANIACS.**

REUNION RACE ON THE BAYOU

BATON ROUGE // JANUARY 19

LOUISIANA
MARATHON



John Wallace



Robin Cain



Daniel Ek



Bill Dolton



Diana Kitching and Chris Taylor



Amy Meyer



Jürgen Englerth



David Paul

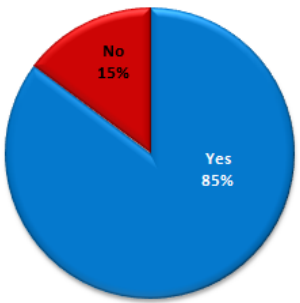


MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

This month's question: **How many marathon will you run this Fall?**

Please vote online between now and Oct 10: <http://tinyurl.com/MMpollSeptember2013>



Last month's question: **Have you ever run a trail marathon?**

Most Maniacs have run a trail marathon (85%).

Thanks for voting!

2003

A DECADE OF MANIACAL CRAZINESS!

A look back at the first 10 years...

2013

THE FOURTH REUNION: TACOMA CITY MARATHON

May 2, 2010 at Tacoma, Washington



Jim Scheer and Laura Coburn



Bob O'Brien



Benjamin Chan and Guy Yogi



The Prez kicking back Vulcan style!



Pedro Infante



Eric Jensen and David Spooner



Michael Lynes

2003

A DECADE OF MANIACAL CRAZINESS!

A look back at the first 10 years...

2013

THE FOURTH REUNION: TACOMA CITY MARATHON

May 2, 2010 at Tacoma, Washington



Tracy Marshall, HOfer Jon Mahoney and Robert Jacobsen



Lesla Overfield, Ruben Contreras and Robert Jacobsen



Paul Gentry



Rikki Bogue



Aaron Braunstein, Steve Supkoff

Tacoma City Marathon (5/2): Christine "Jorpeyt" Adams, Francis Agboton "El Maestro", Michael Ahrens, John Anderson, Jenny Appel, Alfredo "Da Man" Aromin, Corrine Austerman, Bob Baker, Teresa Baker, Eric Barnes, Michelle Barnes, Margaret Barrett, Dick Beardsley, Bret Bellevue, Dawn Bellevue, Dawn "TronWife" Benz, Bill "The Road Warrior" Bernhardt, Valerie Beyer, Jessica Bienvenue, Monica Bloom, Steve Boer, Rikki Bogue, Jeff "Boneman" Bollman, Aaron Braunstein, Marc Brewer, Ken Briggs, Mic, Cormac Burke, Carsten Buus, Carrie Caffrey, Francesca Carmichael, Pete Carter, Benjamin Chan, May Cheng, Doug "It's Cheaper Than Therapy" Clark, Richard Cockrell, Tim Collins, Mark C. Cook, Rick Cooney, James Copley, Alan Countryman, Tim Cowden, Tracy "MzTracy" Crane, Tom "Drag-on" Craven, Mark Dahlby, Cheri Damitio, Darrell Digman, Tamie Digman, Kathy Doan, Bob & Lenore Dolphin, Vivian Doorn, Sarah Duncan, Ted Eckert, Marathon Junkie, Cal Evans, Joel Fenlason, Hope Fox, Amie Frisch, Andy Fritz, Marc Frommer, Tom Gibson, Eric Gierke, Mo Gillis, Hannah "Sky Queen" Glenn, Matt Glew, Greg "Flatlander" Goebel, Martin Gould, Ginger Gruber, Rick "Road Kill" Haase, Matt "Pooky" Hagen, David Hamilton, Francie Hankins, Mary "mph" Hanna, Bob Hearn, Richard Hermann, "Insane Jane", Rich Hieb, Vance Hollywood, The Shoe, Jill Hudson, Robert Jacobsen, Eric Jensen, Heath Johnson, Laura Johnson, Jae-Byung Jung, Dean Kayler, Alice G.H. Kim, Shelley "Maddog" Kincaid, Tory "Teechur" Klementszen, Gary Kobold, Franz Kolb, Ashley "rogue wave" Kuhlmann, "MMKuhl", Paige "quacky running chick" Kurtz, Michael Lacombe, Kurt Lauer, Mary Lenari, Jim Levy, Ben "The Flash" Light, Andy Lin, McLovin, Donna Loud, Tamara MacLaren, Roger MacMillan, Dotty Maddock, Mike Mahanay, Jon "Coconutboy" Mahoney, Sherry "MMM" Mahoney, Sara Malcolm, Main Maniac, Gary "The Red Rabbit" Marr, Tracy Marshall, Bullseye Bob Martin, Marci Martin, Rick Marzullo, Linda McIntyre, Patty "Bulldog" McKerney, Ryan McKnight, Liz McMichael, Daniel "Mur" McMurtry, Heather "TrailMeeks" Meeks, Rich Menzel, Cyndie Merten, Barney, Mike Moore, Heather Myers, Al Nabors, Mariposai, Bob "BobO" OBrien, Andre "bonk! bonk!" O'Donnell, Jim Oliver, Chris "O-Dog" Oppenlander, Gary Otheim, Lesla Overfield, Josh "Party Like I'm #1999" Owen, Monte Pascual, Teri "tpasto" Pastorino, Brian Pendleton, Dan "Pfirst Law" Pfunder, Don Pierce, Andy "Alligator Man" Piercy, Tim "What's my Temperature?" Piercy, Nic Plemel, Cheri Pompeo (Gillis), Mel Preedy, Mike Pruyne, Marilyn "Mare" Pyke, Bruce Quam, Jeff Rankin, "The Lone Runner" Rob Rayder, Megan Reuther, Randen Richards, Roger Riffle, Susie Ro, Bryan Robertson, walkabitrabbit, Katie Robinson, EatDrinkRunWoman, Tom Rogers, Karen Ross, Linda "Girlie" Rowe-O'Neal, Lauri "NautiGirl" Rusk, Marilou Russell, Jim Scheer, John Schmuck, Shannon Schulz, Tom Scott, Narv, Terry Sentinella, Hilly Shackelford, McGyver, Daniel "Tank" Sherman, Michael Shiach, Kamika Smith, Mike Smith, Elizabeth Sparling, David Spodobalski, Brian Starkey, Steve Supkoff, Takao Suzuki, Kelsey Not So Swift, Adrian Telling, Jerry Thayer, Robert Towne, Linda Walter, Steve "Marathon Freak" Walters, CJ **Hollywood** Warren, Francine Weigeldt, Emily Weiler, Rose's Revenge, Steve White, Angie Whitworth Pace, Jessica Williams, Melissa M. Williams, Shawna Wilskey, Janine "I Kick Rocks" Windom, Wayne "Dead Guy" Wright, Li-Chym Wu, Prez Steven Yee, Janet Yoest, Guy Yogi, Jon Yoon, Roy Young, Marie Zornes



Angie Whitworth Pace



Ginger Gruber and Andy Fritz



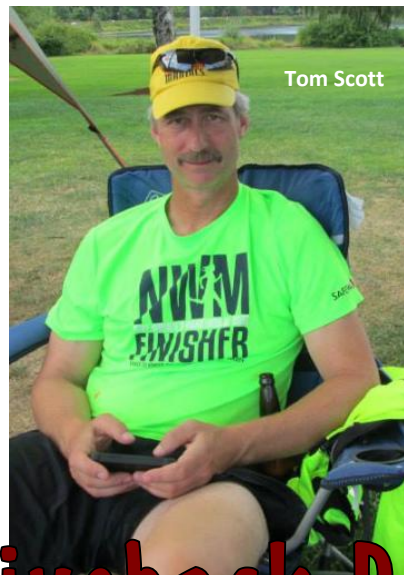
Robert Lopez



Lisa Eagle



Bill Dolton



Tom Scott



Donna Loud

Maniacs Giveback Photo Contest!

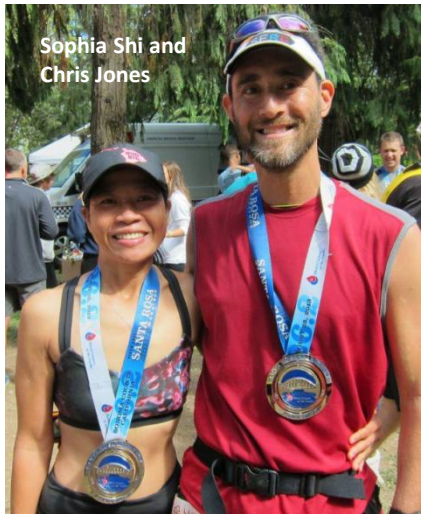
As Maniacs we run a lot of races, but a race doesn't exist without great volunteers! We encourage each of you to volunteer at a race as a way to giveback to the running community. So in true Maniac style we want to have some fun with it. Here the deal. Each month you can submit a photo of you volunteering for a race. We will pick a photo to win that month's contest. The winner will have their picture posted in the newsletter and will be given a prize. Be creative and have fun with it. Here's how you can submit your photo:



- Join Instagram (if not already registered)
- Post your picture with the hashtags: **"#marathonmaniacsgiveback", "#marathonmaniacs"**
- We will look over the photos at the end of each month and pick a winner.



Miranda Bachman



Sophia Shi and Chris Jones



Tekemia Dorsey



Tom Craven



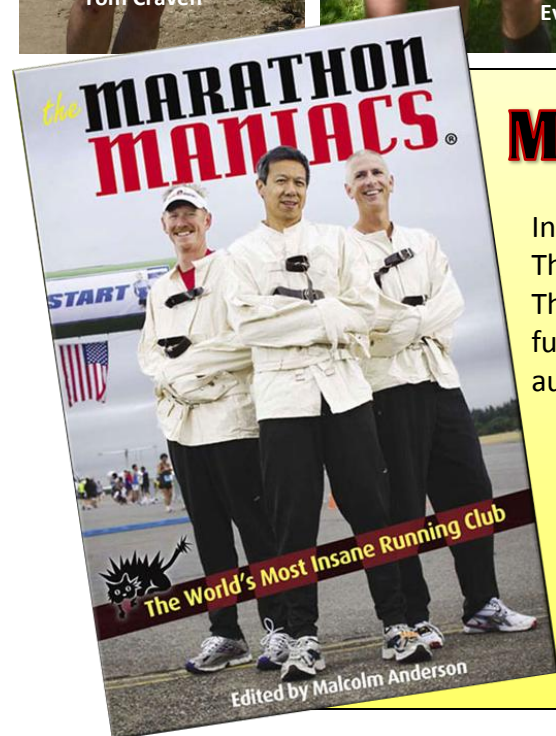
Susan DeRoberts and Evan Richard



Michelle and Cindy



Titanium couple, Sandy and Scot

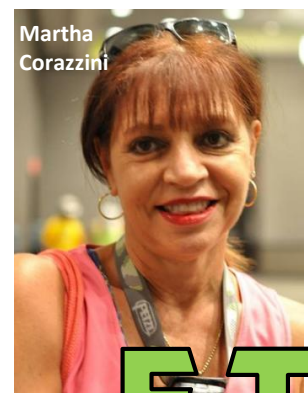


MARATHON MANIACS: THE BOOK

In February the Main Maniacs released the Marathon Maniacs book! This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/shopproductdetail.asp?prodID=105&catID=14>



Martha Corazzini



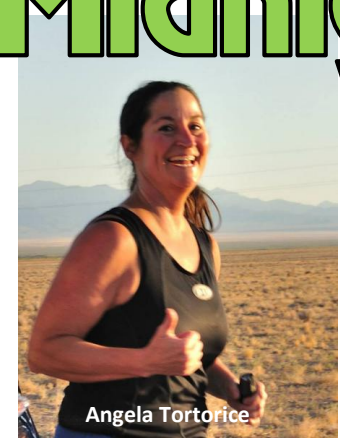
Carol Earles



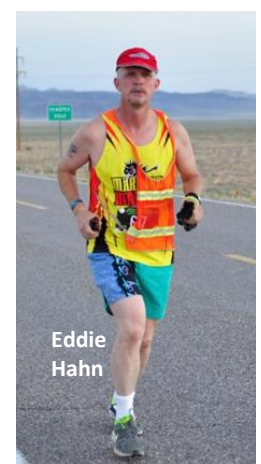
E.T. Midnight marathon



Sandy Hugill



Angela Tortorice

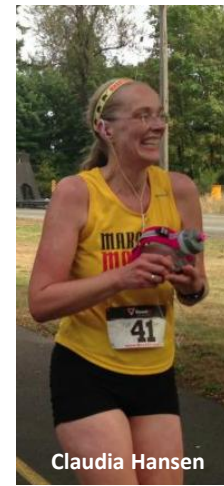


Eddie Hahn



Teal Clark

ET Full Moon Midnight Marathon (8/18): Barco, Bill Beardall, Ila Brandli, Kirk Buckley, Janet Burgess, Marathon Mitch, Teal Clark, Sue Colgan-Borror, Martha "Ginger26.2" Corazzini, Tekemia Dorsey, Michael Dunn, Diane Durden, Carol "Ponytail" Earles, Natalie Jo, Daniel "nice kilt" Ek, Lisa Gesualdo, Giovanni Guevarra, "Formerly Fast Eddie", Matthew Hamidullah, David Holmen, "Shamrock Sandy" Hugill, Susan "the Turtle" Hui, Libby Jones, Charles Klarr, Patrick Kubovsky, Jennifer Lawrence, Shawn Loy, Lana Mades, Cyndie Merten, Don "Wait For Me!" Pemberton, Kathy "Rad Queen" Pryor, Jesus Puentes, Kathryn Rachar, Conor "Condor" Renouf, Gay Renouf, Annabelle Rodriguez, Jc "The Saint" Santa Teresa, Bob Schluben, Chuck Struckness, Alan 'CrabShaman' Tominack, Darwin "runninguy" Weimer, Terry "rocketgirl" Weimer, Jacqueline Wilkins, Mark Zaremba



Claudia Hansen



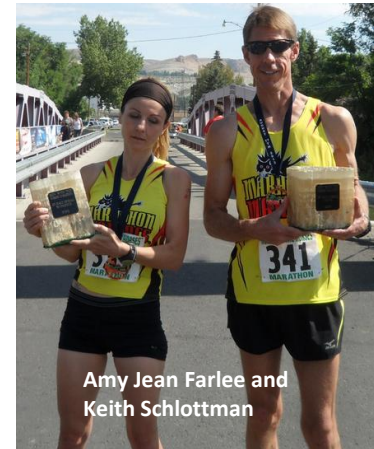
Jackie and Robin



Deb Evdemon and Andy Fritz



Richard Ervais



Amy Jean Farlee and Keith Schlottman



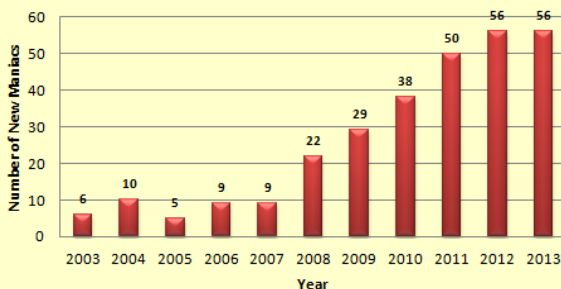
REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	54.4	45.4	51.9	46.7	74.2	60.1	40.1	23.4	28.2	70.2	83.5	84.5	584.4
2012	154	95	126	132	160	147	101	56	71	174	194	182	1592
2013	212	95	170	138	212	133	91	56					1107

New Maniacs for August



New Maniacs in August 2013 56
 New Maniacs in 2013 1107
 Total Maniacs 7535

State	MM	Pct%
Washington	976	13.0%
California	589	7.8%
Texas	463	6.1%
Illinois	271	3.6%
Florida	236	3.1%
New York	207	2.7%
Virginia	193	2.6%
Oklahoma	187	2.5%
Oregon	176	2.3%
Georgia	150	2.0%

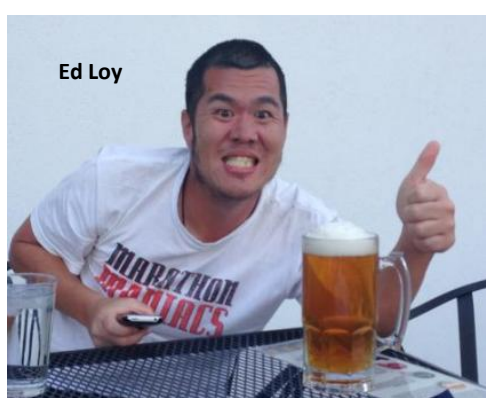
Lisa Reid and Marie Zornes



Paul Ng



Ed Loy



Aaron Conner



Anders and Jeff in Finland



Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** Sandy Hugill
- **Platinum (8 star) Maniac:** Sherry Ricker, Jody Reed
- **Palladium (7 star) Maniac:** None
- **Osmium (6 star) Maniac:** Bijou Chacko
- **Ruthenium (5 star) Maniac:** Fran Macavinta
- **Iridium (4 star) Maniac:** Boris Tannenbaum, Jessica Placek, Jonathan Betanoff
- **Gold (3 star) Maniac:** Warren Spradlin, Alex Reich
- **Silver (2 star) Maniac:** None
- **100 Marathons:** Andy Fritz

New Titanium Maniac!!



Sandy Hugill



Karen Queally and Kathleen Gorman



Paul Bequette



Lisa Hewitt



Sandy Hugill



What's Coming Up In September/October

Marathon/Ultra Calendar between September 21-October 13

Saturday, September 21

12 Hour Adventure Trail Run (VA)
 Air Force Marathon (OH)
 Aravaipa Javelina Jangover 100k/75k/50k (AZ)
 Birkie Trail Marathon (WI)
 Bismarck Marathon (ND)
 CAR Three Day Event (CA)
 Cle Elum Ridge 50k (WA)
 Columbia River Power Marathon (OR)
 Dances with Dirt in Hell 50m/50k (MI)
 Equinox Marathon and Ultramarathon (AK)
 Fat Glass 50k (WA)
 Flagstaff Marathon (AZ)
 Georgia Jewel 100m/50m/35m (GA)
 Hancock Shaker Village 50m/26.2 (MA)
 Hocking Hills Indian Run 60k (OH)
 Kodiak 50 (CA)
 Lighthouse Hill Ranch 50k (TX)
 Noble Canyon 50k (CA)
 North Coast 24h (OH)
 NWTR Middle Fork 50k (WA)
 Priest Lake 50k/26.2 (ID)
 Run Around the World 24h/12h/6h (TN)
 That Damn Hill 50k/26.2/6h (ON)
 Top of Utah Marathon (UT)
 Virgil Crest 100m/50m (NY)
 Walker North Country Marathon (MN)

Sunday, September 22

Adirondack Marathon (NY)
 Boulder Marathon (CO)
 Cape Town Marathon (ZAF)
 Fox Cities Marathon (WI)
 Fox Valley Marathon (IL)
 Honest Abe Trail Run (IN)
 Huffin Puffin Marathon (NF)
 Ironman Lake Tahoe (CA)
 Jackson Hole Marathon (WY)
 Mad Moose 63k/26.2 (BC)
 Maui Marathon (HI)
 Omaha Marathon (NE)
 Quad Cities Marathon (IL)
 Quezon Marathon (PHL)
 Rochester Marathon (NY)
 Rock N Roll Montreal (QC)
 Run for Heroes Marathon (ON)
 Self-Transcendence (WA)
 Sydney Marathon (AUS)
 Thunder Bay Marathon (ON)
 Virgil Crest 50k (NY)
 World Alzheimer's Day Run for Heroes (ON)
 XTERRA Marathon of Trail Races (CO)

Friday, September 27

Bear 100 (UT)
 CAR Three Day Event (CA)
 Emerald Bay Marathon (CA)

Saturday, September 28

8 Hour Run from the Ducks (TX)
 Akron Marathon (OH)
 Asheville Citizen-Times City Marathon (NC)
 Bear Chase 100k/50m/50k (CO)
 Cal-Neva Marathon (NV)
 CAR Rockin the Beachfront (CA)
 Darlington Marathon (SC)
 Double Robie (ID)
 Elk Run (UT)
 Evergreen Tehaleh Trail Run (WA)
 Falling Waters Fat Ass Marathon (MI)
 FlatRock 50k (KS)
 Germantown 50k (OH)
 Hamptons Marathon (NY)
 Hinson Lake 24 Hour Ultra Classic (NC)
 Hungerford Games 50m/26.2 (MI)

Huntsville Marathon (UT)

Kaslo Sufferfest Idaho Peak 45k (BC)
 Lost Loop Trail Run (TX)
 Megatransect (PA)
 Mill Race Marathon (IN)
 Mogollon Monster 100 (AZ)
 Monument Marathon (NE)
 Mountain Lakes 100 (OR)
 Mt Taylor 50k (NM)
 North Face Georgia 50m/50k/26.2 (GA)
 Not Yo Momma's 100m/100k/75k/50k (OH)
 Oktoberfest Marathon (MI)
 Oregon Marathon (OR)
 Sault Area Chamber Chase (MI)
 Self Transcendence Ultra Classic 24h/12h/6h (ON)
 Tahoe 72m and Double Down Marathon (CA)

Sunday, September 29

Bellingham Bay Marathon (WA)
 Berlin Marathon (DEU)
 Clarence DeMar Marathon (NH)
 Half Moon Bay International Marathon (CA)
 Idaho Wine Run (ID)
 Kaslo Sufferfest 50k Cody Claim (BC)
 Kenai River Marathon (AK)
 Lake Tahoe Marathon (CA)
 Loch Ness Marathon (GBR)
 Maratona Internacional Mauricio de Nassau (BRA)
 Merrillville Marathon (IN)
 Panhandle Marathon (TX)
 Surrey International World Music Marathon (BC)
 Tracy's Crazy Eight (8 day event)(CA)
 Unsanctioned JRunners 55k Quad-counties Ultramarathon (NJ)
 Vermont 50m/50k (VT)
 Wabash Heritage Trail Marathon (IN)
 Yonkers Marathon (NY)

Friday, October 4

CAR Three Day Event (CA)

Saturday, October 5

Arkansas Marathon (AR)
 Arkansas Traveller 100 (AR)
 Baker Lake 100k/50k (WA)
 Dare to Ascend Trail Run (TX)
 Hunter Gatherer 100k/50k (TX)
 Leavenworth Marathon (WA)
 New Hampshire Marathon (NH)
 Oil Creek 100m/100k/50k (PA)
 Pain in the Neck 50k (MD)
 Porcupine Mountains Trail Marathon (MI)
 Rainshadow Mt Spokane (WA)
 Run for the Toad (ON)
 Southern Tennessee Plunge Marathon (TN)
 St George Marathon (UT)
 Triple Lakes Trail Race 40m/26.2 (NC)
 West Texas Crossroads Marathon (TX)
 Yellowstone-Teton Endurance Runs 100m/50m (WY)
 Zeeland Marathon (NLD)

Sunday, October 6

Blue Sky Trail Marathon (CO)
 Bremen Marathon (DEU)
 Brussels Marathon (BEL)
 Bucharest Marathon (ROM)
 Isle of Wight Marathon (GBR)
 Jersey Marathon (GBR)
 Johnstown Marathon (PA)
 Kosice Peace Marathon (SVK)
 Maine Marathon (ME)
 Milwaukee Lakefront Marathon (WI)
 MO Cowbell Marathon (MO)
 NipMuck Trail Marathon (CT)
 Pinnacle Ultra Challenge (NH)
 Portland Marathon (OR)

Rockfest Marathon (NH)

Run Crazy Horse (SD)
 Sleeping Bear Marathon (MI)
 Twin Cities Marathon (MN)
 Wineglass Marathon (NY)

Friday, October 11

CAR October Fun (CA)
 Virginia Double Ironman (VA)
 West Virginia Trilogy Day One (WV)

Saturday, October 12

Baltimore Marathon (MD)
 Bemidji Blue Ox Marathon (MN)
 Can Lake 50m/50k (NY)
 Canyon De Chelly 55k (AZ)
 CAR Cruise the Coast (CA)
 Defiance 50k (WA)
 Dick Collins Firetrails 50 (CA)
 Escalante Canyons Marathon (UT)
 Farmdale Trail Runs 50m/30m (IL)
 Freedom's Run (WV)
 Golden Hills Trail Marathon (CA)
 Hartford Marathon (CT)
 Heartland 100m/50m (KS)
 Le Grizz Ultramarathon (MT)
 Man vs Horse - Owens Peak (CA)
 Market to Market 50k (NE)
 New River Trail 50k (VA)
 Prairie State Marathon (IL)
 Ruffner Mountain High Crusher Ridge 63k/26.2 (AL)
 Southermost Marathon (FL)
 Stone Bridge Marathon (IL)
 Tesla Hertz Run 100m/100k/50m/50k (NY)
 West Virginia Trilogy Day Two (WV)
 Whistlestop Marathon (WI)

Sunday, October 13

Atlantic City Marathon (NJ)
 Chicago Marathon (IL)
 City of Trees Marathon (ID)
 CTR Biz Johnson 50k/26.2 (CA)
 Glacial Trail 50m/50k (WI)
 Green Monster Trail Challenge (PA)
 Green Mountain Marathon (VT)
 Kennebecasis Valley Challenge Marathon (NB)
 Long Beach Marathon (CA)
 Luc Gallant Marathon (NB)
 Melbourne Marathon (AUS)
 Mohawk Hudson River Marathon (NY)
 Mother Road Marathon (MO)
 München Marathon (DEU)
 Mystery Mountain Marathon (GA)
 Northern Ohio Marathon (OH)
 Okanagan Marathon (BC)
 On the Road for Education (IA)
 Poulos Marathon (WA)
 Poznan Marathon (POL)
 Prairie Fire Marathon (KS)
 Spokane Marathon (WA)
 St Bronislava Marathon (WI)
 Steamtown Marathon (PA)
 Towpath Marathon (OH)
 Trapline Marathon (NF)
 Tyler Rose Marathon (TX)
 UnitedHealthcare Marathon (RI)
 Valley Harvest Marathon (NS)
 Victoria Marathon (BC)
 Walla Walla Marathon (WA)
 Wild Life Marathon (MI)

New Maniacs in August 2013



Stephanie Swanberg (#7480)
Marjorie Mitchell (#7481)
Judy Dafoe (#7482)
Dean Laochamroonvorapongse (#7483)
Jackie Hurley (#7484)
Sal Wood (#7485)
David Langford (#7486)
John Moulard (#7487)
Dominic Ruffalo (#7488)
Thuan Lin Goh (#7489)
Robert Gibson (#7490)
Travis Lewis (#7491)
Miles Tate (#7492)
Baylee Crone (#7493)

Douglas Wilson (#7494)
Ken Bess (#7495)
Debby Moore (#7496)
Bette Clark (#7497)
Kelli VanOoteghem (#7498)
James Bowers (#7499)
Paul Spooner (#7500)
Nicholas Newbury (#7501)
Holly Boyce (#7502)
Jon Pilon (#7503)
Ben Andrews (#7504)
Tim Fitzgibbon (#7505)
Faye Trickett (#7506)
Sarah Young (#7507)
Dan Donovan (#7508)
Crystal Evetts (#7509)
Jason Kalin (#7510)
Amy Nguyen (#7511)
Stacia Klundt (#7512)
Dana Ryan (#7513)
Mike Erlanson (#7514)
Bob Brown (#7515)

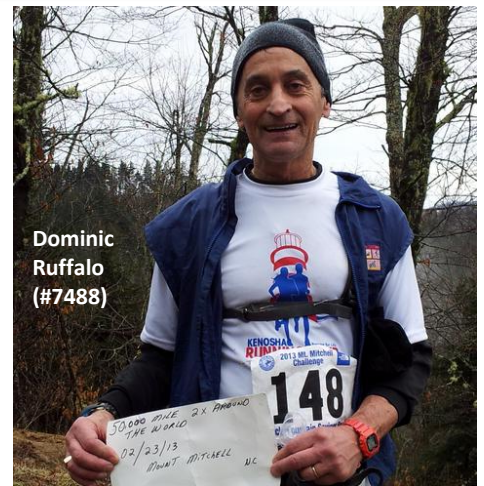
Hannah Morgan (#7516)
Lauren Haro (#7517)
Wade Holland (#7518)
Kitty Lim (#7519)
Katrina Dajano (#7520)
Perry McGee (#7521)
Rosemary Corbett (#7522)
Elodie Billionniere (#7523)
Anthony Garrison (#7524)
William Barnes (#7525)
Cheryl Runkle (#7526)
Keith Moore (#7527)
Silvia Owens (#7528)
Joey Mukherjee (#7529)
Patrick Voigtman (#7530)
Ron Golan (#7531)
Stephen Andert (#7532)
Jeffrey Dorko (#7533)
Donna Henry 2 (#7534)
Dan Hoelter (#7535)



Stephanie Swanberg (#7480)

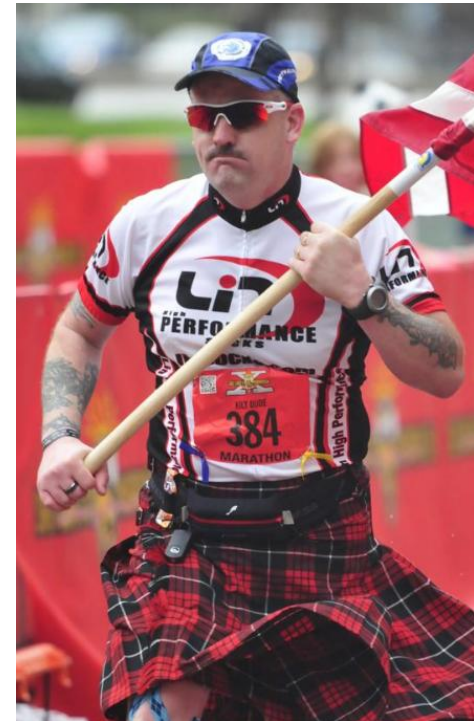


Marjorie Mitchell (#7481)



Dominic Ruffalo (#7488)





Catherine Yu and Steve Walters



FROM THE EDITOR...

Fall is just around the corner and I'm sure everyone has a busy October and November coming up. We have seen so many great stories this year and I'm sure that will continue.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts that have a ** in front of the race name and don't forget about the Maniac discounts at Running Skirts www.runningskirts.com ; The Running Warehouse www.runningwarehouse.com for all your non-Maniac branded apparel and shoe needs; and at TRY Chips www.trychips.com for your healthy snacking needs.

- Columbia River Power Marathon (OR) 9/21/13: www.columbiarivermarathon.com
- Priest Lake 50k/26.2 (ID) 9/21/13: www.priestlakerace.com
- Fox Cities Marathon (WI) 9/22/13: www.foxcitiesmarathon.org
- Omaha Marathon 9/22/13: <http://omahamarathon.com>
- Platte Valley Companies Monument Marathon (NE) 9/28/13: www.monumentmarathon.com
- 4MPH Challenge (OH) 10/5/13: www.ohioultrarunnersracing.com/4-mph-challenge.html
- New Hampshire Marathon 10/5/13: www.nhmarathon.com
- Triple Lakes Trail Marathon (NC) 10/5/13: <http://triplelakesrace.com>
- Hartford ING Marathon (CT) 10/12/13: www.hartfordmarathon.com
- Poulsbo Marathon (WA) 10/13/13: www.poulsbomarathon.com
- UnitedHealthcare Newport Marathon (RI) 10/13/13: <http://uhcmarathon.com>
- Indianapolis Marathon 10/19/13: www.indianapolismarathon.com
- 7 Bridges Marathon (TN) 10/20/13: <http://sevenbridgesmarathon.com>
- Des Moines Marathon (IA) 10/20/13: www.desmoinesmarathon.com
- Greensboro Marathon (NC) 10/26/13: www.greensboromarathon.com
- **City of Oaks Marathon (NC) 11/3/13: www.cityofoaksmarathon.com
- Fort Myers Beach Marathon (FL) 11/10/13: www.fortmyersmarathon.com
- Space Coast Marathon (FL) 12/1/13: www.spacecoastmarathon.com
- Mississippi Blues Marathon 1/11/14: www.msbluesmarathon.com
- First Light Marathon (AL) 1/12/14: www.firstlightmarathon.com
- Louisiana Marathon (*Maniac Reunion!*) 1/19/14: <http://thelouisianamarathon.com>
- Celebration Marathon (FL) 1/26/14: www.celebrationmarathon.com
- Miracle Match Marathon (TX) 1/26/14: <http://miraclematchmarathon.org>
- **Melbourne Music Marathon (FL) 2/2/14: www.themelbournemarathon.com
- **Mercedes Marathon (AL) 2/16/14: www.mercedesmarathon.com
- **Tobacco Road Marathon (NC) 3/16/14: <http://tobaccoroadmarathon.com>
- **Little Rock Marathon (AR) 3/22/14: www.littlerockmarathon.com
- Irving Marathon (TX) 4/5/14: www.irvingmarathon.com
- Carmel Marathon (IN) 4/12/14: www.carmelmarathon.com
- **Blue Ridge Marathon (VA) 4/26/14: <http://blueridgemarathon.com>
- **Oz Marathon (KS) 4/26/14: www.olathe.org/sports/Marathon
- **Fargo Marathon (ND) 5/10/14: www.fargomarathon.com
- **San Francisco Marathon 7/27/14: www.thesfmarathon.com

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: jeff@marathonmaniacs.com



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
A REMINDER IS SENT WITH THE MONTHLY E-FLASH
AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV

{Rookies: Stamps being expensive, "Rev" (maniac #48, and iconic figurehead of the unofficial "mini-Maniacs", which is to say, he stinks at running these things well) keeps in touch with the President of the MarathonManiacs, **Steve Yee**, who, along with **Chris "Hollywood" Warren**, member #2, and **Tony Phillippi** at #3, are the co-founders of the club, by writing to him here.}



Mr. Prez!

As Saint Francis of Assisi said to Brother Gregory on the road to Calais, "Hi!"

I watched Sunday night football last night, and NBC football commentator Chris Collingsworth reminded me an awful lot of Chris "Hollywood": looks a little bit like him, tall and slender, doesn't over-talk, fair, has good things to say, and is always smiling. No wonder these guys are famous.)



Chris Warren



Chris Collingsworth

Prez, I know you three probably don't think I'm much good at this athletic stuff, but have I got news for you. I played golf in August, and knocked in my second shot on a par four from 110 yards for an *eagle*. (Hey "Birdman" Pendleton: have you ever seen *that* sort of bird on a marathon run?) So if Tony ever creates a triathlon of run-bike-golf, you boys just might have some strategizing to do.

More big news, Prez ... and I've never been able to say this before ... but I, Rev, yup me, did get an award yesterday at the Lehigh Valley Half Marathon!!! You see, Emma Riconda (*Maniac #411*) won her age group with a 1:36, but she had to leave, so I picked up her award for her.

Well, Prez, I had some interesting training this month. That is, ten days "training" of unexpected sorts. Heads up now:

I once wrote to you about an ex-Marine buddy who had two nearly-fatal heart-attacks, no thyroid, and diseased kidneys, who then on a stress fracture contracted the Monday before the race, completed a Marine Corps Marathon. Some drill sergeant somewhere did one whale of a job on this guy's psyche. Two weeks ago he brought his wife to my folks' place for five days at the beach, except that on days two and three, we lived at the hospital with him, getting training about a new idea: gall bladder attack. He wished to postpone surgery until his return to Ohio, so days four and five we watched him eat Jello and water ice, and sort of swim in the ocean. Which was all a warm-up for...

On day seven, Mrs. Rev's 93-year-old father had his own second heart attack, the mild kind (if such a thing there is) where they roto-rooter one supply line to the heart, and the patient immediately feels better. He convalesced there days eight through ten. Mrs. Rev herself, in solitary confinement at home with bronchitis, called up the nearest volunteer, and thus I began vacation two. There, escorting Mrs. Rev's 87-year-old Mother to visit Dad on day nine, and while I retrieved the car, Mum didn't quite negotiate the hospital parking lot curb, executing a nasty Royal Face Plant. (I'm not making this up. One wouldn't.) She fractured multiple facial bones and bled most uncommonly. But now she became the "trainer", for she did not allow any of this to damage an ounce of her courage or spirit, enduring a five-hour ER experience with an inspirational attitude I will never forget.

So Prez, I have been thinking. (Aw, I run lousy, so allow me one delusion.)

Sometimes our training runs don't happen on schedule or according to plan. It's okay. Life is full of wonderful people engaged in wonderful (and otherful) activities we may need to, or want to, tend to. Our running skills will recover all right. There's always another race, another season. Meanwhile, these other matters might unfold with a quiet reassurance that lifts our spirits. In between, it may be just as much fun to pick up somebody else's award-- even more fun, really-- than to pick up our own.

Besides, now you guys have to give me some slack about my running inabilities for a couple of weeks. {*One small victory for a man, one giant leap for mini-maniacs... .*}

Luvya,
Rev
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484-390-0412