



# MARATHON MANIACS

## AUGUST 2015 NEWSLETTER

Volume 12, Number 8

### NEWSLETTER CONTENTS

Half Fanatics	2
Moose's Tooth Marathon	3
Maniac Poll	4
Greatest Accomplishment	5
Hood to Coast	6
Marathon Maniacs Book	6
Marathon Maniac Pacing Team	7
ET Midnight Marathon	8
Hamster Endurance Run	9-10
Social Networking	10
Double Agents	11
2015 Reunion in Canada	12
Mainly Marathon: NE Series	13
Report from Insane Asylum	14
Promotions	15
Maniac Levels	15
Calendar	16
New Maniacs	17
Note from the Editor	28
Discounts	19
Rhetorical Revelations from "The Rev"	20







Rufus

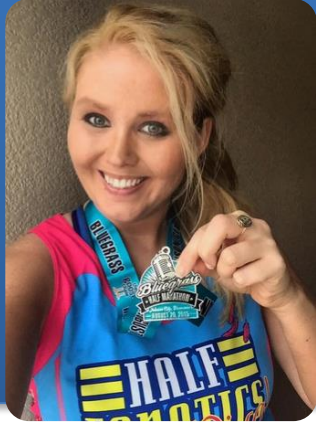


April and Christy



## HALF FANATICS

Marathon Maniacs running half marathons...  
YES, it's true!



Tired of running marathons and ultras (HA!!)?  
Need to back down on that weekly mileage  
and concentrate on getting faster? Then join  
the Half Fanatics (halffanatics.com). There are  
currently over 12,000+ members in the  
Fanatic Asylum, and I'm sure you'll recognize  
a few names in the group. So jump on the  
bandwagon now, get your qualifying races in  
and join this new, zany group!

[www.halffanatics.com](http://www.halffanatics.com)





# MOOSE'S TOOTH MARATHON

ANCHORAGE, ALASKA



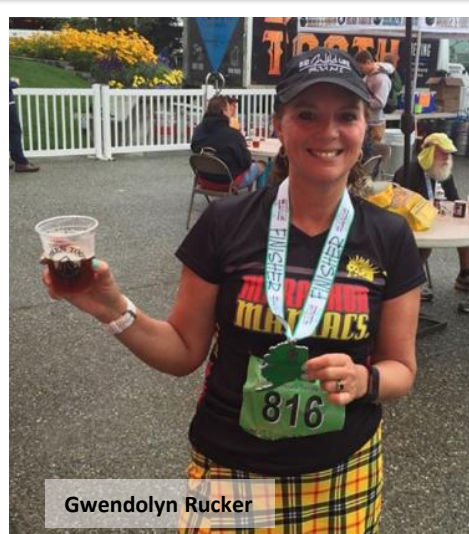
**Big Wildlife Runs (8/16):** Mario Barber, Bryan Baroffio, Natalie Bickers, Alison Black, Stacy Allen Bolyard, Chavet Breslin, Greg Burress, Kimberly Buskirk, Linda Canning, Laura "Runs with Scissors" Ceraolo, Pony Express, Ed Childress, Teota Coppock, Tony C, Susan Craig, Gary Crawford, Shalisa Davis, Caren della Cioppa, Eliot Ephraim, Roosevelt Giles, Marcia Godwin, Stuart Goering, Karen Goetchius, Lara Michelle, Kathleen Gorman, Laura Gorycki, Flower Lady Carol G, Sarah Greene, Jerry Greenwald, Tim Guscott, Danny Hartley, Chuck Harvey, Jim Higgins, David Holmen, Jill Hudson, Keith Hudson, Diana Hughes, Art Jacobson, Hunter Jamerson, Jackie Joseph, Rhonda Kempen, Gerald "The G-Man" King, Al Kohli, Shirley Kramer, Gordon Kratz, Allison Leer, Giovanni Leon, Travis Lewis, Tim Lyke, Mathew Mapram, Jennifer Moree, Jean Neely, Pat Neff, Brigitte Nickles, Jerry "CRUSHEE" Olsen, Missy Peters, Brian Pilgrim, Misty Pilgrim, Brian Post, Don Raake, Pascal, George Rose, John Ruchinskas, har, Dan Ruiz, Erica D. Sanders-Hurst (E-Boogie), Vicki Schumacher, Sabrina, Dan-O, Clyde \*the Glide\* Shank, Clara "ClaireBear" Alonzo, Evelyn Smith, Gilberto "Big Daddy" Sosa, Andrea Spohn, Ben Tam, Jonathan Walton, CJ \*\*Hollywood\*\* Warren, Tom Wozencraft, Heather Zeigler, Jennifer "Hot Mess" Zuelch



Gordon



Garry and Jerry



Gwendolyn Rucker





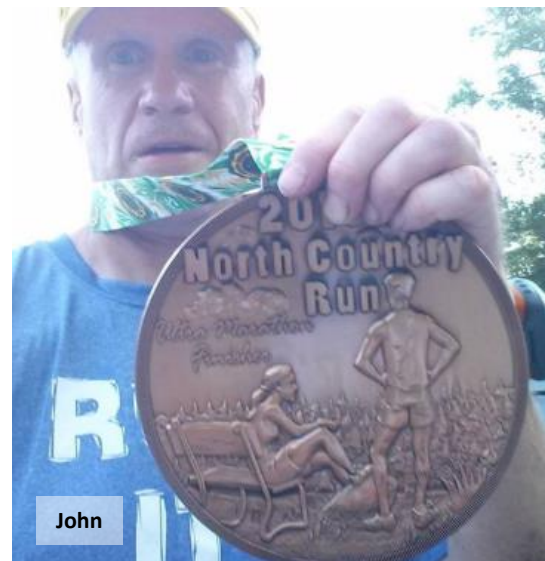
Julia



Amy



Pascal and Andrea



John



Kimberly

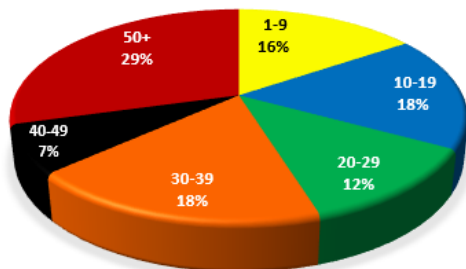


## MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

**How many marathons did you run in the first calendar year you ran marathons?**

Please vote online between now and October 10: <http://tinyurl.com/MMpoll2015f>



**Last month's question:**

**What's the most marathons/ultras you have run in one year?**

Maniacs have a wide range of personal highs in marathons in one year.

Thanks for voting!



## WHAT IS YOUR GREATEST RUNNING ACCOMPLISHMENT?

In the Marathon Maniacs Facebook Group the question was asked "What is your greatest running accomplishment?"

Here are some of the answers.



**Douglas Dahlberg** My first double ironman when I was 20 something..5.5 mile swim, 268 mile bike and 54 mile run...To be 20 something again..😊 My first ultra run..



**Brent Weigner** Completing marathons/ultra marathons on all 7 continents a record 10 times. Only person on the planet to have run ultras at the Geographic North Pole and the Geographic South Pole.



**Edward Broadnax** Running 51 marathons last year 2014. While running Revel Canyon CA my 47th of the year I BQ'd!



**Bob Satko** 250 miles in 74 hours with 24,300 of elevation gain a month after Boston last year. I ran it for my 3 year old grandson Blake who has a deadly incurable disease. Having him there was all I needed to keep running. I will never forget the emotions I felt, more than any race I've ever won.



**Barb Wnek** I was an Olympic torchbearer in 2004 in St. Louis, MO where I live. The Olympics were in Athens Greece that year and they let me keep the torch and uniform. It was a dream come true!



**Jan Kallunki Stennick** Mine sounds rather lame. Did back2back on a Sat and Sun in January. By the way I am 72 and have completed 29 marathons since I started 10 years ago.



**Mike Delzoppo** ran 108 miles in a 24 hour race, 2 weeks after completing 7 marathons in 7 states, in 7 days. that was a good month!



**Angie Whitworth Pace** So far, qualifying for Boston. It was something I NEVER thought I could do. If I am able to complete the AT100 as my 100th marathon/ultra, that would be high on the list too! <Knocking wood>



**Seth Kramer** Becoming titanium was awesome, but my biggest running accomplishment is turning the sedentary 340 lb guy on the left into the serial marathoner on the right.



**Eliot Ephraim** Getting faster enough after 45 to qualify for Boston and pummel my marathon best from when I was 32. (That former PR now ranks around 25th, 3 years after first beating it ). Worked through injuries big and small to get there.

Halbert



Jimilea



Tom and Carole





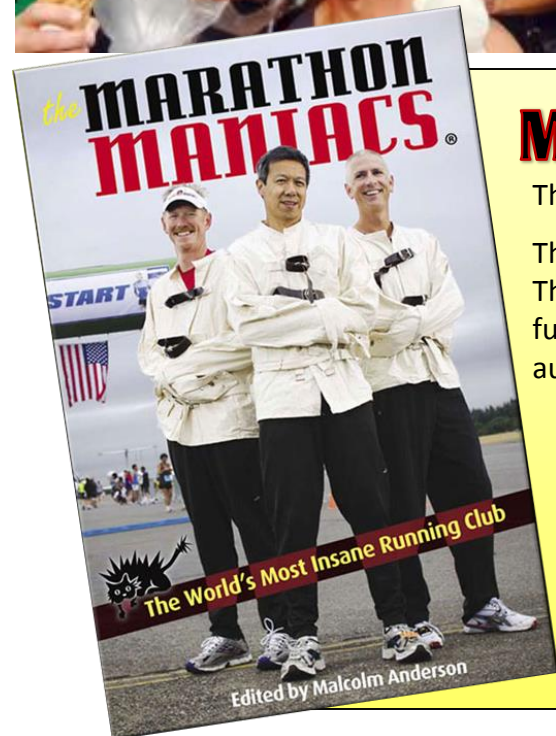
## Marathon Maniacs Hood to Coast Team



Mary Moran



Melissa



## MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>



## MARATHON MANIACS PACE TEAM

The Official Marathon Maniac Pace Teams

Did you know the Marathon Maniacs have an official pace team? Since Maniacs are no stranger to running 26.2 miles many of you are good running these runs.

There are many great reasons to join the pace team and many rewarding aspects to being a pacer.



### Requirements to be a Pacer

- Must have completed 15 marathons for your desired distance to pace
- Marathon Pacer: Must have completed the marathon distance 20 minutes faster than your pace time for the full marathon (example: to pace a 4:00 hour you must have run a 3:40 marathon)
- To be in good standing with the Marathon Maniacs and all dues current
- Have your MM race page updated so that we can link your information
- CPR Certification by event date-please contact your local fire department for a FREE class

### Pacer Perks

- Free to join!
- Waived entry fee
- Sublimated Pace Shirts
- A chance to carry the coveted maniac cat pace sign
- Discounts on lodging when applicable
- Fun pacing runners to their goal finish time

Best of luck to you securing your spot on the pace team!

For more information on which races we are looking for pacers and on getting signed up please visit:

<http://www.marathonmaniacs.com/marathon-maniacs/pacer-team>

Marathon Maniac Pacing Coordinator: **Sabrina Seher** (MM #3397)





## E.T. Full Moon Midnight Marathon

RACHEL, NEVADA



**ET Full Moon Midnight 51k/26.2 (8/30):** Glen Anderson, Scuba, Carl Bahr, Dave Bell, Andy "Tambourine Man" Bowden, Marathon Mitch, Pony Express, Kevin Doolin, Christelle Douillet, Tori Duphorne, Stephen Greenhalgh, Wesley Hardacre, David Haring, Valerie Hewitt, Susan "Turtlebeast" Hui, Nick Kareem, Larry Kelley, Pamela "Mrs. T.O." Okazaki, William Long, Ray "Luv 2 Eat N Run" Macavinta, Barb Meinecke, Cyndie Merten, Erin Michos, Thomas "T.O." Okazaki, Andrew Olsen, Angela P, Don "Wait For Me!" Pemberton, Jeff "Slice!" Pettett, Todd Raney, Ivonne "Ivy" Reinhardt, Cade Remsburg, Christian Robinson, Wendy Roy, Clara "ClaireBear" Alonzo, Gilberto "Big Daddy" Sosa, Roger "RETIRED NAVY" Teel, Alan 'CrabShaman' Tominack, Jennifer Tyron, Breanna Waldrup





Monte



# Hamster Endurance Run

BELLINGHAM, WASHINGTON



Stephanie



Stan



Cyndie



Joe





Marie



Scott



Mike



415



Laura



Deb

## Join the Maniacs on Social Networking!



### FACEBOOK:

Marathon Maniac page: <http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group: <http://www.facebook.com/groups/marathonmaniacs/>

### INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

### TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

### MY SPACE:

<http://www.myspace.com/marathonmaniacs>

### LINKED IN:

<http://www.linkedin.com/e/vgh/1843119>

### DAILY MILE:

<http://www.dailymile.com/groups/1403-marathon-maniacs>

Across all social networks use the hash tag:

**#marathonmaniacs**



# DOUBLE AGENTS

Since the formation of the Half Fanatics in 2009, a runner who is a member of both clubs is called a Double Agent.

Well, the Main Maniacs have decided to create an asylum dedicated to those who are Double Agents. In order to be assigned a Double Agent number you must have your dues paid and updated in both the MM and HF. Your name and e-mail address must match both clubs. Each day a program will run to generate new members.

New gear is available for Double Agents as well as a whole new set of challenges as you climb peaks.

For more information visit the Maniacs web site.



Jim and Hollie



Rachel



Steven Ferry



Sondra and Melissa





Grant and Diane



Denis



Pamela



Jamila

## Maniacs Reunite In Canada

**A second Maniac reunion in one year?!  
YES, and the Maniacs are going International!**

For the first time in club history there will be a second reunion in one year and also the first reunion outside the United States.

Make plans to join other Maniacs in beautiful Victoria British Columbia on October 10-11 for the second reunion of 2015.

The Victoria Marathon has long been a favorite for Northwest Maniacs and this year it will serve as the Marathon Maniac reunion. The Maniac Pace team will be there along with hundreds of fellow Maniacs!







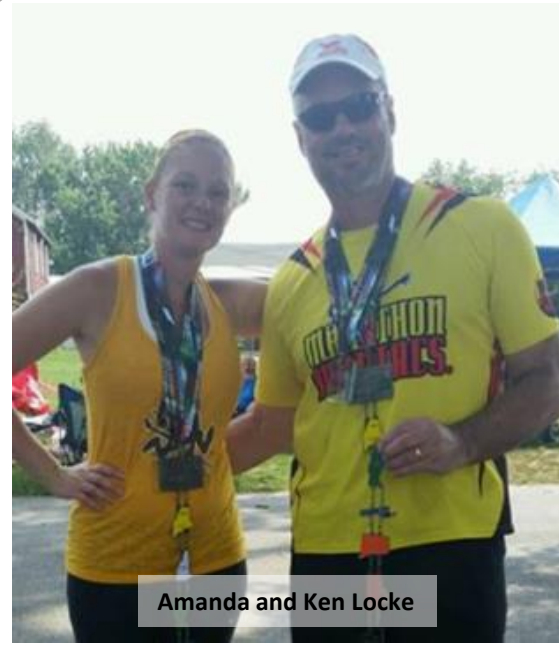
Clyde

# Mainly Marathons: New England Series

Maine • New Hampshire • Vermont • Massachusetts  
Rhode Island • Connecticut • New York



Karen



Amanda and Ken Locke



Ted



Juli

Juli







Carole



Jessika



Amy and Larry

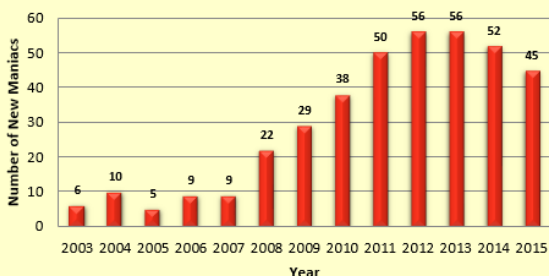
# REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

### Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	84.3	61.9	75.1	63.2	100.3	75.8	47.8	28.5	35.4	101.3	118.8	109.1	765.6
Record	225	177	189	138	249	175	101	56	73	257	334	241	2,110
2014	225	177	189	137	249	175	81	52	70	257	257	241	2,110
2015	214	129	180	141	178	124	54	45	-	-	-	-	1,065

### New Maniacs for August



New Maniacs in August 2015: 45  
 New Maniacs in 2015: 1,065  
 Total Maniacs: 11,597

State	MM	Pct%
Washington	1259	10.86%
California	851	7.34%
Texas	790	6.81%
Florida	435	3.75%
Illinois	417	3.60%
New York	374	3.22%
Oklahoma	353	3.04%
Virginia	311	2.68%
Georgia	272	2.35%
Ohio	245	2.11%

**Have you ever run an ultra?  
 The average Maniac has run  
 3.1 ultras.**

**Tony Covarrubias (MM#11) is  
 the Maniac king of ultras with  
 213 lifetime ultras completed!**



## Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** David Clare, April Graves, Shalisa Davis, George Rose, Jessica Hardy
- **Platinum (8 star) Maniac:** Kathryn Stoker
- **Palladium (7 star) Maniac:** Lisa Grippe
- **Osmium (6 star) Maniac:** Pierre Convert, Dany Convert, Dana Wentzel
- **Ruthenium (5 star) Maniac:** Tracy Abrom, Jim Reimann, Juergen Englerth, Cherry Quick
- **Iridium (4 star) Maniac:** Matthew Faske, Wendy Roy
- **Gold (3 star) Maniac:** George Sherriffs, Dennis Gelvin
- **Silver (2 star) Maniac:** Michael Berger
- **50 States Finish:** Vickey Baker
- **100 Marathons:** Juli Johnson
- **200 Marathons:** Galen Garrison

### New Titanium Maniacs!!



David Clare



April Graves



Shalisa Davis



George Rose



Jessica Hardy

## MARATHON MANIAC CRITERIA

### TITANIUM - ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑩

- 52 Marathons or more within 365 days.
- 30 Marathons in 30 different US states within 365 days.
- 20 Countries within 365 days.

### PLATINUM - ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑩

- 45 - 51 Marathons within 365 days.
- 23 Marathons in 23 different US states within 365 days.
- 28 Marathons within 183 days.

### PALLADIUM - ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑩

- 38 - 44 Marathons within 365 days.
- 20 Marathons in 20 different US states within 365 days
- 13 Marathons within 79 days.

### OSMIUM - ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑩

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

### RUTHENIUM - ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑩

- 3 Marathons within 3 days.
- 26 - 30 Marathons within 365 days.
- 4 Marathons within a 9 day window.
- 3 Mar. in 3 separate US states within a 10-day time span.
- 13 Mar. in 13 different US states within 365 days.

### IRIDIUM - ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑩

- 4 Marathons in 23 days.
- 19 - 25 Marathons within 365 days.
- 2 Marathons in 2 days (or 48 hours)
- 9 Marathons in 9 different US states within 365 days.

### GOLD - ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑩

- 4 Marathons within 37 days.
- 12 - 18 Marathons within 365 days.
- 4 Marathons in 4 different US states within 51 days

### SILVER - ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑩

- 3 Marathons within a 16 day time frame.
- 6 Marathons in 6 consecutive calendar months.
- 8 - 11 Marathons within 365 days.

### BRONZE - ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑩

- 2 Marathons within a 16 day time frame.
- 3 Marathons within a 90 day time frame.



## Upcoming Races!

### Marathon/Ultra Calendar between September 2-27

Wednesday, September 2, 2015  
Burning Man 50k (Black Rock City 50k) (NV)

Friday, September 4, 2015  
9/11 American Heroes Run 24h (CO)  
Erie Canal World Marathon Tour (10 day event, not all days count) (NY)  
Race for the Ages (TN)

Saturday, September 5, 2015  
9/11 American Heroes Run 9h11m/26.2 (CO)  
Badgerland FX 24h/12h/6h (WI)  
Canadian Evening Run (ON)  
First Call Labor Day 50k/26.2 (WA)  
Freakin Fast Marathon (ID)  
Iron Mountain 50m/30m (VA)  
Jackson Hole Marathon (WY)  
Kazbegi Marathon (GEO)  
Little Grand Canyon Marathon (UT)  
Marquette Marathon (MI)  
Mt Nebo Marathon (UT)  
Okie Trail Shuffle (3 day event) (OK)  
Pocatello Marathon (ID)  
Volcanic 50 (WA)  
Wildcat 100m/100k (FL)

Sunday, September 6, 2015  
Carver Wolverhampton City Marathon (GBR)  
Flatlanders 12h/6h (MO)  
Heartland Marathon (NE)  
Kauai Marathon (HI)  
Labor Pain 12 Hour Endurance Trail Run (PA)  
Lake Michigan Trail Marathon (WI)  
Leave No Trace Marathon (note date change) (OH)  
Logan View Raider Run (NE)  
Maratón Internacional de Punta del Este (URY)  
Minocqua No Frills Marathon (WI)  
Mt Nittany Marathon (PA)  
River Jungle Marathon (MYS)  
Rocky Mountain High-est Leadville Road Marathon (CO)  
Sunriver Marathon for a Cause (OR)  
Tupelo Marathon (MS)

Monday, September 7, 2015  
American Discovery Trail Marathon (CO)  
Heart of America Marathon (MO)

Thursday, September 10, 2015  
Steep Canyon 50k (NC)

Friday, September 11, 2015  
Lost Soul 100m/100k (BC)  
Patriots Run 9h11/26.2 (KS)  
Run Woodstock Hallucination 100m and LSD 100k (MI)  
Superior 100m (MN)  
Wasatch Front 100 Mile Endurance Run (UT)

Saturday, September 12, 2015  
Abebe Bikila Day International Peace Marathon (DC)  
Beat the Blerch Washington Day One (WA)  
Dick Beardsley Marathon (MN)  
Elroy Apple Dumping Day Races (Tunnel Trails Big Apple Full Marathon) (WI)  
Fat Glass 50k (WA)  
First National Bank of Wakefield Marathon (MI)  
Hawk 100m/50m/26.2 (KS)  
Helsingborg Marathon (SWE)  
Hennepin Hundred 100m/50m (IL)  
Holland Haven Marathon (MI)  
Lake Chelan Shore to Shore Marathon (WA)  
Last Chance BQ.2 Marathon Chicagoland (IL)  
Lost Soul 50k (AB)  
Marathon du Medoc (FRA)  
Maritime Marathon (NS)  
McKenzie River Trail Run (OR)  
Mid Mountain Marathon (UT)  
Mountain Man 6h solo category (GA)  
Paatuwaqatsi Run - Water Is Life (AZ)  
PCTR Headlands 100m/75m/50m/26.2 (CA)  
Pine to Palm 100 Mile Endurance Run (OR)  
REVEL Big Cottonwood Marathon (UT)  
Rockin Marathon Relay - Metro Detroit (solo division) (MI)

Run Woodstock 50m/50k/26.2 (MI)  
Salmon Marathon (ID)  
Superior 50m/26.2 (MN)  
TARC Fall Classic 50m/50k (MA)  
Tommyknocker 100k/50k (CO)  
Wabash Trace Marathon (IA)

Sunday, September 13, 2015  
Altis Stanky Creek 50k (TN)  
Beat the Blerch Washington Day Two (WA)  
Boring 50k/26.2 (OR)  
Bozeman Marathon (MT)  
Bromo Marathon (IDN)  
Erie Marathon at Presque Isle (PA)  
Hull Marathon (GBR)  
Ironman Wisconsin (WI)  
Lehigh Valley Via Marathon (PA)  
Loveland Fall Classic Marathon (CO)  
Maratón de Las Flores Medellín (COL)  
MEC Toronto Marathon (ON)  
Moscow Mountain Madness (ID)  
New Forest Marathon (GBR)  
Queen City Marathon (SK)  
Rock Cut Hobo 50k (IL)  
Sioux Falls Marathon (SD)  
Skagit Flats Marathon (WA)  
Suffolk County Marathon (NY)  
Tallinn Marathon (EST)  
Tunnel Lite Marathon (WA)  
Ventura Marathon (CA)

Monday, September 14, 2015  
Mainly Marathons Center of the Nation Day One (MT)

Tuesday, September 15, 2015  
Mainly Marathons Center of the Nation Day Two (ND)

Wednesday, September 16, 2015  
Mainly Marathons Center of the Nation Day Three (SD)

Thursday, September 17, 2015  
Mainly Marathons Center of the Nation Day Four (WY)

Friday, September 18, 2015  
Mainly Marathons Center of the Nation Day Five (NE)  
Run Rabbit Run 100m (CO)  
Shawangunk Ridge Trail 74m (NY)

Saturday, September 19, 2015  
12 Hour Adventure Trail Run (VA)  
Air Force Marathon (OH)  
Barkley Fall Classic (TN)  
Beckley Marathon (WV)  
Bismarck Marathon (ND)  
Boulder Backroads Marathon (CO)  
Breckenridge Road Marathon (CO)  
Equinox Marathon and Ultramarathon (AK)  
Flagstaff Marathon (AZ)  
Flat Rock Ranch Marathon (TX)  
Free to Run 50m/26.2 (MA)  
GOAT Run (WA)  
Lapham Peak Trail Race (WI)  
Lighthouse Hill Ranch 50k (TX)  
Mainly Marathons Center of the Nation Day Six (CO)  
North Coast 24 Hour Endurance Run (OH)  
Oslo Maraton (NOR)  
Rough Creek 40m/26.2 (TX)  
Run Rabbit Run 50m (CO)  
Shawangunk Ridge Trail 50m/32m (NY)  
That Dam Hill 12h/6h (ON)  
Top of Utah Marathon (UT)  
Walker North Country Marathon (MN)  
Yellowstone-Teton 100m/50m (MT)  
Youngstown Ultra Trail Classic (OH)

Sunday, September 20, 2015  
Cape Town Marathon (ZAF)  
Capital City River Run (MI)  
Caribou Marathon (NU)  
Fox Cities Marathon (WI)  
Fox Valley Marathon (IL)

Honest Abe Trail Run (IN)  
Ironman Lake Tahoe (CA)  
Maui Marathon (HI)  
Montana Marathon (MT)  
Morgantown Marathon (WV)  
Omaha Marathon (NE)  
Rochester Marathon (NY)  
Rock N Roll Montreal (QC)  
Rogue Run (OR)  
Sydney Running Festival Marathon (AUS)

Wednesday, September 23, 2015  
Altis Brush Tunnel Marathon (MD)

Thursday, September 24, 2015  
Altis GAP Trestles Marathon (PA)

Friday, September 25, 2015  
Altis GAP Marathon (MD)  
Bear 100, The (UT)  
Kodiak 100m/50m (CA)  
Spartathlon Ultra Race 246k (GR)

Saturday, September 26, 2015  
Adams County Marathon (OH)  
Akron Marathon (OH)  
Altis Barnum Rail Trail Marathon (WV)  
Bear Chase 100k/50m/50k (CO)  
Beat the Blerch New Jersey Day One (NJ)  
Belmead Trail Fest 50m/50k/26.2 (VA)  
Big Sur Trail Marathon (CA)  
Bobcat Trail Races 50k (CO)  
Cle Elum Ridge 50k (WA)  
Dances With Dirt IN HELL 50m/50k (MI)  
Driftless Trail Marathon (WI)  
Ely Marathon (MN)  
Evergreen Tehaleh Marathon (WA)  
Fallfest Marathon (CO)  
Flagstaff to Grand Canyon Stagecoach Line 100m/55k (AZ)  
Georgia Jewel 100m/50m/35m (GA)  
Grand Lake Marathon (OH)  
Hamptons Marathon (NY)  
Hinson Lake 24 Hour Ultra Classic (NC)  
Hungerford 50m/26.2 (MI)  
Huntsville Marathon (UT)  
Joe English Twilight Challenge 6h/26.2 (NH)  
Maratona Mauricio de Nassau - Recife - Pernambuco (BRA)  
Mill Race (IN)  
Monument Marathon (NE)  
Mountain Lakes 100 (OR)  
North Face Endurance Challenge Utah 50m/50k/26.2 (UT)  
Penang 100k (MYS)  
Priest Lake 50k/26.2 (ID)  
Run Around the World (many options) (TN)  
Saddleback Mountain Goat Marathon (CA)  
Table Rock 50m/50k (NC)  
Tick Tock Ultra 12h (FL)  
Ultra Race of Champions UROC 100k and Uber Rock 50k (CA)  
Vietnam Mountain Marathon 70k (VNM)

Sunday, September 27, 2015  
Adirondack Marathon (NY)  
Altis Cumberland C&O Canal Towpath Marathon (MD)  
Beat the Blerch New Jersey Day Two (NJ)  
Bellingham Bay Marathon (WA)  
Berlin Marathon (DEU)  
Clarence DeMar Marathon (NH)  
Flora Lake Marathon (BC)  
Huffin Puffin Marathon (NF)  
Ironman Chattanooga (TN)  
Kenai River Marathon (AK)  
Lake Country Marathon (WI)  
Loch Ness Marathon (GBR)  
Madison Garden Marathon (WI)  
MEC Vancouver Race Six: The Tape Breaker (BC)  
Penang 50k (MYS)  
Quad Cities Marathon (IL)  
Thunder Bay Marathon (ON)  
Vermont 50 50m/50k (VT)  
Winthrop Marathon (WA)



## New Maniacs in August 2015



Jennifer LeCrone (#11553)  
Bernice Resendez (#11554)  
Melissa Barrera-Pintor (#11555)  
Jean Marie (#11556)  
Michael Ruger (#11557)  
Ann Smith (#11558)  
Matt Wood (#11559)  
Tyson Humble (#11560)  
Hope Hardaker (#11561)  
Michelle Clark (#11562)  
Robert Serpa (#11563)  
Rod Tilson (#11564)  
Tia Harrison (#11565)

Spencer Olsen (#11566)  
Becki Spiering (#11567)  
Gloria Ochoa-Bruck (#11568)  
Shira Catlin (#11569)  
Conrad Halling (#11570)  
T Akoma Bennett (#11571)  
Kimberly Frye (#11572)  
Greg Jones (#11573)  
Erin McGuire (#11574)  
dingo232 (#11575)  
Lani Fettig (#11576)  
Liz Kriz (#11577)  
William Long (#11578)  
Cain Leathers (#11579)  
Patsy Needham (#11580)  
Roger Hutt (#11581)  
Dana Notman (#11582)  
Sarah Kent (#11583)

Jen Lee (#11584)  
Seleste King (#11585)  
Mike Lashinski (#11586)  
Eddie Redden (#11587)  
derek dowell (#11588)  
Ingrid Laura Featherstone (#11589)  
Carolyn Stiff (#11590)  
Brina Hartman (#11591)  
Joan Klostreich (#11592)  
Jessica Hardy (#11593)  
Ildiko Babka (#11594)  
Carla Stewart (#11595)  
Cyndee Maxwell (#11596)  
Sheila White (#11597)  
Raven Lawson (#11598)  
Christie Ireland (#11599)  
Shelly Cook (#11600)  
Kristyn King (#11601)



Sarah Kent



David and Gail



Ingrid Featherstone



Michael



Greg and Clyde



Henry and Al





Robert



Ed



Steve Walters and Grant Stieglitz

## FROM THE EDITOR...

August was a slow month in the Maniac world. Summer is coming to an end that means marathon season is kicking into full swing. My marathon schedule is packed to the brim and I'll be running just about every weekend as I work toward the 300 marathon mark.

I hope you have a wonderful marathon season!

Happy Running!

- Steve "Marathon Freak" Walters MM#338



## MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts have a \*\* in front of the race name and don't forget about the Maniac discounts at Running Skirts [www.runningskirts.com](http://www.runningskirts.com) and The Running Warehouse [www.runningwarehouse.com](http://www.runningwarehouse.com) for all your non-Maniac branded apparel and shoe needs.

- Brush Tunnel Marathon (MD) 9/23/15: <https://altisendurance.com>
- GAP Trestles Marathon (PA) 9/24/15: <https://altisendurance.com>
- GAP Marathon (MD) 9/25/15: <https://altisendurance.com>
- Barnum Rail Trail Marathon (WV) 9/26/15: <https://altisendurance.com>
- \*\*The North Face Challenge – Utah 9/26/15: <https://www.thenorthface.com/get-outdoors/endurance-challenge/utah.html>
- Bellingham Bay Marathon (WA) 9/27/15: [www.bellinghambaymarathon.org](http://www.bellinghambaymarathon.org)
- Cumberland C&O Trail Towpath Marathon (MD) 9/27/15: <https://altisendurance.com>
- New Hampshire Marathon 10/3/15: [www.nhmarathon.com](http://www.nhmarathon.com)
- \*\*The North Face Challenge – Wisconsin 10/3/15: <https://www.thenorthface.com/get-outdoors/endurance-challenge/wisconsin.html>
- Crazy Horse Marathon (SD) 10/4/15: [www.RunCrazyHorse.com](http://www.RunCrazyHorse.com)
- Appalachian Series 10/11-10/19/15: <http://mainlymarathons.com>
- Long Beach Marathon 10/11/15: <http://runlongbeach.com>
- Victoria Marathon (MANIAC REUNION!!) 10/11/15: [www.runvictoriamarathon.com](http://www.runvictoriamarathon.com)
- Indian Creek Fifties 10/17/15: <http://humanpotentialrunning.com>
- Kansas City Marathon 10/17/15: <http://waddellandreedkansascitymarathon.org>
- Atlantic City Marathon (NJ) 10/18/15: [www.acraceseries.com/AC\\_Marathon.htm](http://www.acraceseries.com/AC_Marathon.htm)
- Des Moines Marathon (IA) 10/18/15: [www.desmoinesmarathon.com](http://www.desmoinesmarathon.com)
- HITS Oklahoma City Marathon 10/18/15: [www.hitsrunning.com/oklahoma-city-ok](http://www.hitsrunning.com/oklahoma-city-ok)
- Day of the Dead Series (NM) 10/31-11/6/15: <http://mainlymarathons.com>
- Revel Canyon City (CA) 11/7/15: [www.runrevel.com/rcc](http://www.runrevel.com/rcc)
- C&O Canal Towpath Marathon (DC) 11/8/15: <https://altisendurance.com>
- Gobbler Grind Marathon (KS) 11/8/15: <http://gobblergrindmarathon.com>
- Cross Country Trail Marathon (MD) 11/11/15: <https://altisendurance.com>
- Surfers Point Marathon (CA) 11/15/15: [www.surferspointmarathon.com](http://www.surferspointmarathon.com)
- Magnolia Marathon (MS) 11/21/15: [www.magnoliamarathon.com](http://www.magnoliamarathon.com)
- Phoenix Rising Marathon (AZ) 11/29/15: [www.phxrunning.com](http://www.phxrunning.com)
- Space Coast Marathon (FL) 11/29/15: [www.spacecoastmarathon.com](http://www.spacecoastmarathon.com)
- Best Damn Race Cape Corral (FL) 12/13/15: <http://bestdamnrace.com>
- First Day of Winter Marathon & 50K (OH) 12/20/15: <https://ultrasignup.com/register.aspx?did=31397>
- HITS Austin Marathon 12/20/15: [www.hitsrunning.com/austin-tx](http://www.hitsrunning.com/austin-tx)
- Camarillo Marathon (CA) 1/3/16: [www.camarillomarathon.com](http://www.camarillomarathon.com)
- Mississippi Blues Marathon 1/9/16: [www.msbluesmarathon.com](http://www.msbluesmarathon.com)
- First Light Marathon (AL) 1/10/16: [www.firstlightmarathon.com](http://www.firstlightmarathon.com)
- Louisiana Marathon 1/17/16: [www.thelouisianamarathon.com](http://www.thelouisianamarathon.com)
- \*\*Miami Marathon 1/24/16: [www.themiamimarathon.com](http://www.themiamimarathon.com)
- Miracle Match Marathon (TX) 1/31/16: <http://miraclematchmarathon.org>
- Town of Celebration Marathon (FL) 1/31/16: [www.celebrationmarathon.com](http://www.celebrationmarathon.com)
- \*\*Florida Marathon 2/7/16: <http://thefloridamarathon.com>
- \*\*Surf City Marathon 2/7/16: [www.runsurfcity.com](http://www.runsurfcity.com)
- Mississippi River Marathon (AR & MS) 2/13/16: [www.msrivermarathon.com](http://www.msrivermarathon.com)
- Cowtown Marathon (TX) 2/28/16: [www.cowtownmarathon.org](http://www.cowtownmarathon.org)
- New Mexico State Park Series 3/5-3/6/16: <http://mainlymarathons.com>
- \*\*Chattanooga Marathon 3/6/16: [www.chattanoogamarathon.com](http://www.chattanoogamarathon.com)
- \*\*Zydeco Marathon (LA) 3/13/16: <http://zydecomarathon.com>
- Raccoon Mountain Marathon (TN) 3/19/16: <http://runchattanooga.org/rmm/>
- \*\*Wrightsville Beach Marathon (NC) 3/20/16: [www.wrightsvillebeachmarathon.com](http://www.wrightsvillebeachmarathon.com)
- Dust Bowl Series 3/23-3/27/16: <http://mainlymarathons.com>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: [jeff@marathonmaniacs.com](mailto:jeff@marathonmaniacs.com)



**PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)**  
**YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!**  
**A REMINDER IS SENT WITH THE MONTHLY E-FLASH AND SOME OF YOU ARE OVERDUE!!**



## RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



New Friend, Turner Field, Atlanta

Prez,

How are you?

So, Prez, after a pretty unusual summer, I excitedly began my marathon career's 143<sup>rd</sup> training-comeback-effort! I ran a complete mile at 8:55, and then a complete two miles with 9:53s, and I knew there was real hope!!!

Then I woke this morning and found myself side-lined again. Stupid stuff, too! A nasty cold. Man. The list lengthens. Inflexible calves. Sprained ankles. Honestly, Prez? I'm getting irritable. Alright, frustrated!! Angry even!! I'm downright beside myself! And that's no good, because now there's three of me! (Possibly four, but I think Mrs. Rev is exaggerating.)

Prez, there are so many great marathons I want to run, in the states, over in Europe, or Tokyo, the Great Wall, South Africa, my, my, my. Oh, I'd pass on the long rolling boat ride to the polar bear continent, but otherwise? Everything from Hawaii, to San Diego, the northwest, Vancouver, across the mid-west, down to Texas, New Orleans, and on up to Virginia, Pa., DC, and New England...the calendar bursts with possibilities, and my dreams multiple when thinking *Paree*.

And then my appendages revolt, and I'm back to celebrating the two-miler. The Two-Miler! Prez, can you imagine if Maniacs found out one of their own has been celebrating Two-Milers? I'd probably have my yellow singlet recalled, be face-book fodder by nightfall, and find my Visa refused at Hooters nationwide.



Rocky Mountain National Park

Lying there at dawn, a different sort of rest began to quiet my mind. The week before, I had gone to work and met boarding school boys from all over the world, some with perfectly fine stories, but many with stories that would break your heart. They traveled alone and now live hundreds and thousands of miles from home, to go to school (always fun, eh?) for months, knowing it may be three-quarters of a year until they see home and family again.

And I read the paper, which told of desperate dramas in millions of lives, people who had homes, now walking distant roads, scrambling under barbed wires and across unforgiving seas, to find a sane place to live -- safely, productively, peacefully.

With a sigh, I reflected with almost the clichéd thought that I can at least touch the lives of those around me. But even there, a dozen relatives and dear friends are at age 85 and over, and only one of them can even think about negotiating two miles anymore.

And so it occurred. I, we, Maniacs, can pick ... what to fuss about again?

So I lay there in bed this morning, headachy, ear achy, nose stuffy, waving good-bye to yet another unredeemable race entry fee, but the quietness comforted. Sympathy and sorrow for so many, sure. But too, gratefulness settled in, for the very safety, the opportunities, and the protection we Americans are lucky enough to move around in, and I hoped this:

I hoped I will reflect no more tension, no more impatience, and no more anxieties about problems that just... aren't... very much problems, in comparison.

My son's boys gymnastics Coach, a pleasant British Olympian in the 1960's, now everyone's favorite grandpa, always used to close evening practices with a gentle holler, "Time to go 'ome, boys. Remember to hug yer mother."

Every word, every thought, every plan, every minute... grateful, supportive, loving.



First "14er", Mt. Sherman, Colorado,  
four days before DNF in marathon  
wannabe 83

Luvya,  
Rev  
[dgkien@yahoo.com](mailto:dgkien@yahoo.com)