



MARATHON MANIACS

DECEMBER 2013 NEWSLETTER

★ ★ ★ ★ ★ Volume 10, Number 12 ★ ★ ★ ★ ★

10 YEARS OF MANIACAL CRAZINESS!! (2003-2013)

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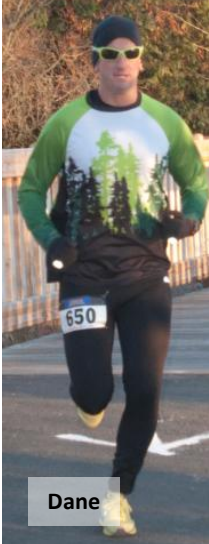
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Op Jack founder Sam and Race director Steve

OPERATION JACK TIGARD, OREGON
NORTHWEST RUN



Dane



Ron Frederick



Jackie Frederick



Jon Dotson



Bundled up Honey Badgers on the tear!



Lee Newbill



Joe Schrum



Gary Walker



Stephanie Duncan



Monte Pascual



R.I.P. Fred Alger



We have unfortunately lost a member of our Maniac family. Fred Alger (#2746) has passed away.

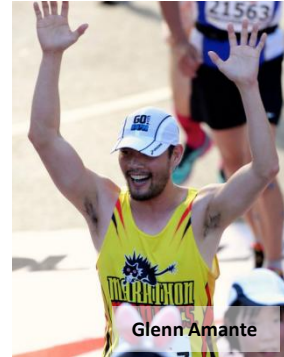
May his memory inspire us all to inspire others along their goals no matter the distance.



Robert Manon



Jeff Weber



Glenn Amante

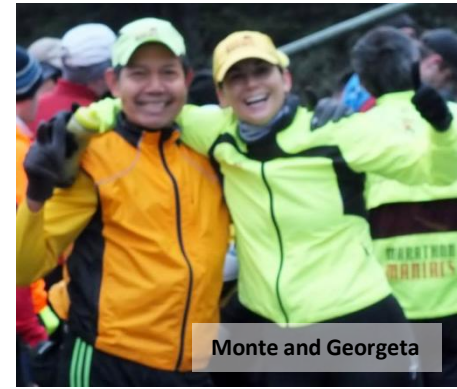


MARATHON MANIACS: THE BOOK

In February the Main Maniacs released the Marathon Maniacs book! This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/shopproductdetail.asp?prodID=105&catID=14>



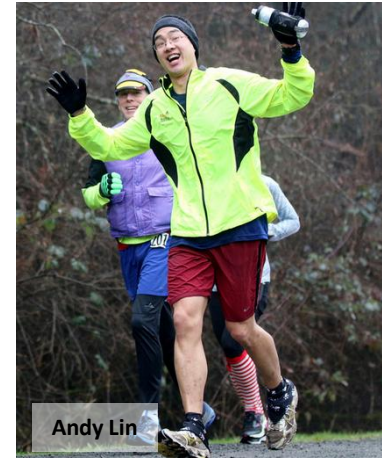
Monte and Georgeta



Tory



Bill and Sabrina



Andy Lin

Pigtails Flat Ass Marathon & 50k

MAPLE VALLEY WASHINGTON



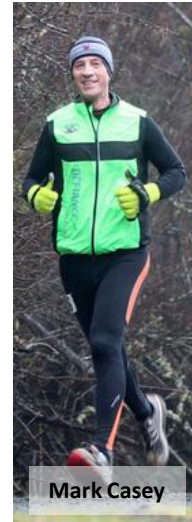
The tough Ric Hart!



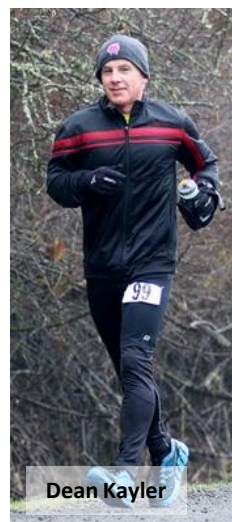
Christy Hammond



Ron Frederick



Mark Casey



Dean Kayler



The pizza man, Matt Hagen



David Spooner



Lee Newbill

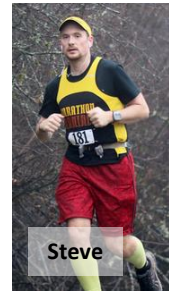


Marie Zornes

Pigtails Flat Ass Marathon/50k (12/21): Shawn Aebi, *Hotrod*, Chris Bellevie, Cara Best, Mary Bettelli, Robert Bondurant, Carol Campbell, Mark "Thor" Casey, Sporty Diva Coates, Paige Denison, Lisa Eagle, Tricia Early, Ted Eckert, Deb Evdemon, BJ Farish, Steven Ferry, Ron Frederick, Andy Fritz, Linda Garbo, Margaret Gorog, Georgeta (GG!) Gruescu, Rick "Roadkill" Haase, Christy Hammond, Craig Hanela, Ric "the sweeper pacer" Hart, Rob "Rattler" Hester, Amy Johnson, Dean Kayler, SRL, Mike Mahanay, Rich Menzel, Little Leslie, Elizabeth Moore, Lisa Morin, Hideko Opperman, Monte Pascual, Mary "mph" Hanna Richards, Crockpot, Linda "Girlie" Rowe-O'Neal, Bob Satko, OneMoreMile, Michael Shiach, "Marathon Diet", Linda Walter, Marie "Mimi" Zornes



BJ



Steve



Susie Ro



Crystal Richard



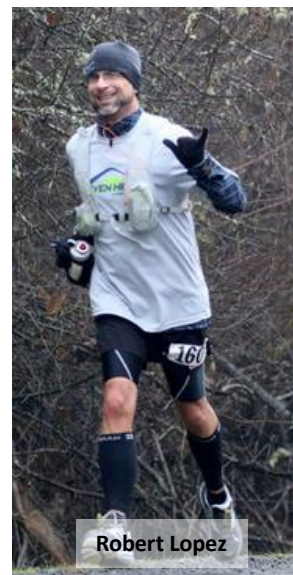
Robert Bondurant



Steven Ferry



Rick Haase



Robert Lopez



Marathon Maniacs running half marathons... YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 5500 members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com



TITANIUM MANIACS

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ CLASS OF 2013



Linda Bachand



Grant Berthiaume



Jill Bidwell



Ila Brandli



Edward Broadnax



Andrew Brooks



Leah Cato



Teal Clark



Ellen Cottom



Douglas Dahlberg



Ken Fattmann



Wayne Frost



Kevin Hanna



Kerri Haskins



Lisa Hewitt



Steve Holehan



Murray Honick



Sandy Hugill



Ruth Hunsicker



Natalie Jo



Chris Knodel



Dagmar Knudsen



Peter Lantin



Kathleen McElhannon



Laura Milak



Will Milak



Parvaneh Moayedi



Alison Mosqueda



Anton Reiter



Cade Remsburg



Bob Schluben

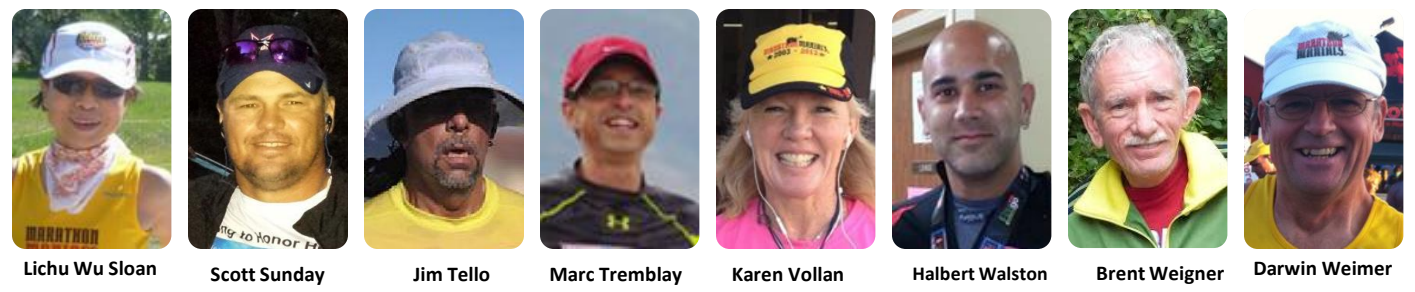


Sophia Shi



TITANIUM MANIACS

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ CLASS OF 2013

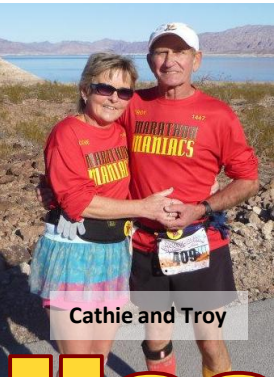


Lichu Wu Sloan Scott Sunday Jim Tello Marc Tremblay Karen Vollan Halbert Walston Brent Weigner Darwin Weimer



Terry Weimer Julie Weiss Marina White Carole Williams Tom Williams David Wingard Melinda Yanuaria





Cathie and Troy



Angie

Hoover Dam Marathon

HOOVER DAM, NEVADA



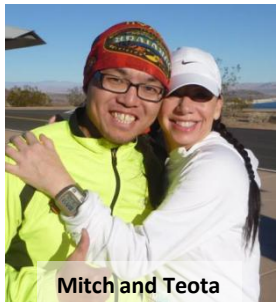
Galen and Jeff



Emil



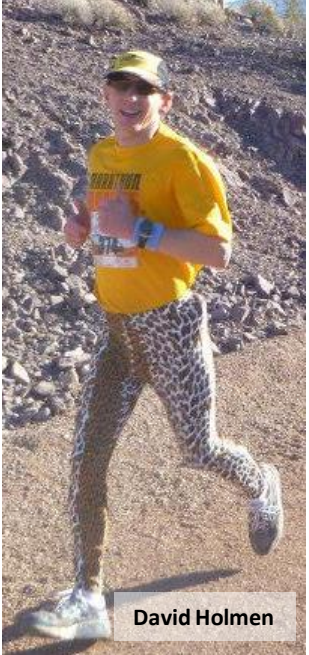
Jim Roche



Mitch and Teota



Hoover Dam Marathon (12/14): Glen Anderson, Dave Bell, Kit Brazier, "Drew Dizzle", Pony Express, Teota Coppock, Martha "Ginger26.2" Corazzini, Michelle Day, Walter "Maniac Man" Evans, Karen Faber, Dave Feinstein, Deb Gardner, Tom Gardner, Galen Garrison, Elaine Green, Emily Green, "Formerly Fast Eddie", Stacey Hanf, Rachael Hoagland, Lecia Holley, David Holmen, Bob Jacobowski, Cathie "TuTu" Johnson, Troy "Retired Soldier Boy" Johnson, Gary "Cougar Bait" Krugger, Roxana Lewis, Josivan Lima, Ray "Luv 2 Eat N Run" Macavinta, Jon "Coconutboy" Mahoney, Sherry "Coconutgirl" Mahoney, Pat Neff, Kurt "The Kidd" Neilan, Sonja Normann, Richard Oechslein, Scott Patterson, Don "Wait For Me!" Pemberton, Jeff "Slice!" Pettett, Joe Reilly, Christian Riegel, Jim "Dr. Evil" Roche, Nadia Ruiz, Eva Sanmartini, Rita Sharp, Robert Sharp, Roy Sharp, Lee Stock, Chuck Struckness, Cathlin Upton, Sam Wachsmann, Angie Whitworth Pace



David Holmen

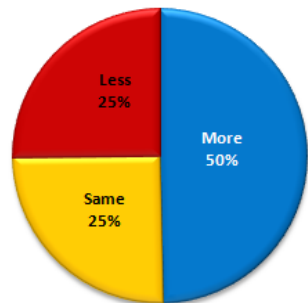


MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

This month's question: Are you a fan of race expos?

Please vote online between now and Feb 9: <http://tinyurl.com/MMPoll2014b>



Last month's question: Do you plan run more or less marathons in 2014 then in 2013?

Half of Maniacs plan to run more marathons in 2014. A quarter plan to run less and a quarter plan to run less. Thanks for voting!

2003

A DECADE OF MANIACAL CRAZINESS!

A look back at the first 10 years...

2013

THE LAST FIVE YEARS: 2008-2013



Haley Siggers, Arnet Vale,
Tamara Mackey



Laura Skladzinski and Brian
"Action" Jackson



Ellen Dowling



Amy Yanni



Nick Karem



Mary Cameron



Dale Shoup



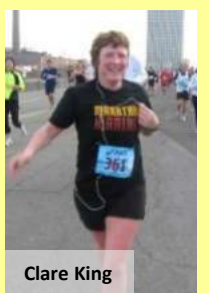
Angela Ivory



Mike Wakabayashi, Robert
Lopez, aNnle and Terry Sentinella



Gunhild and Jack Swanson



Clare King



Bryan Baroffio



Sharon Reese



Jim Ibabao



Gene Jochen



Roxanne Conlan

2003

A DECADE OF MANIACAL CRAZINESS!

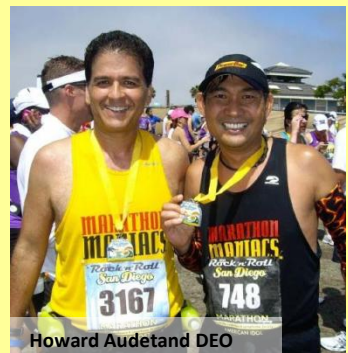
A look back at the first 10 years...

2013

THE LAST FIVE YEARS: 2008-2013



Mo Gillis and Cheri Pompeo



Howard Audetand DEO



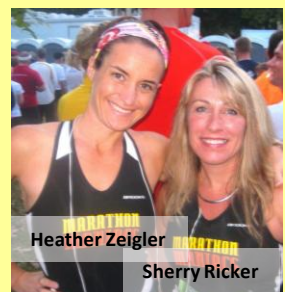
Jeanette Q



Bob Dolphin



Robert Lopez



Heather Zeigler Sherry Ricker



Violeta Lopez



Joe Reilly



Ben Blessing



Missy Peters



Kathy Kass



Ed Ettinghausen



2003

A DECADE OF MANIACAL CRAZINESS!

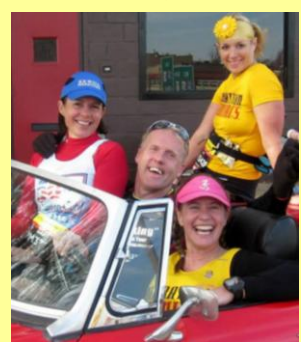
A look back at the first 10 years...

2013

THE LAST FIVE YEARS: 2008-2013



Tony Nguyen



Malisa Anderson-Strait



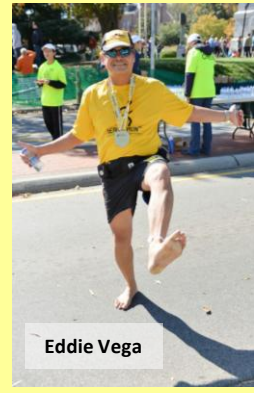
Elaine Green



Jc Santa Teresa and Danielle Hastings



Rick (200th marathon) Haase and Jim (300th marathon) Boyd



Eddie Vega



Larry Macon



Luke Welvaert

Lygea Welvaert

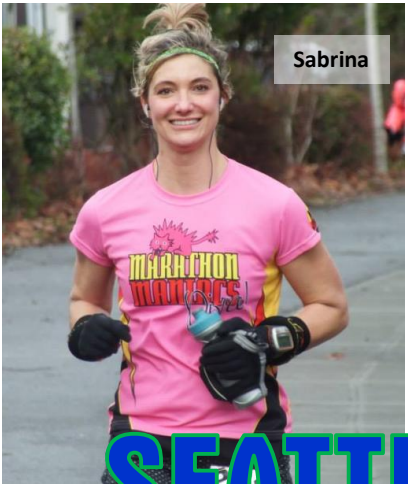


Dave Mari



Jackie Ong

Tracy Newenhouse



Sabrina



Danielle Ross

SEATTLE LOCKS MARATHON



Paige, Lisa and Tom



Kristine Mauss



Dane



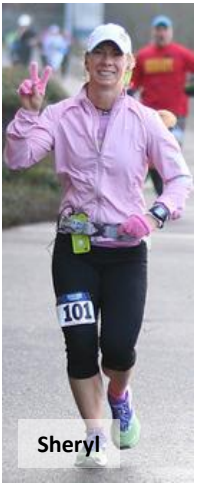
Scott Sebelsky



Joe



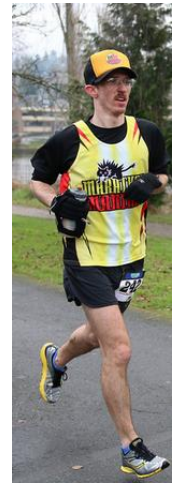
Katie Robinson



Sheryl



Janet



Sabrina and David

Seattle Locks Fat Ass Marathon (12/28): Tripster Roger, Shawn Aebi, Jenny Appel, Wendy Beck, Todd Bellamy, Chris Bellevie, Mary Bettelli, Janet Burgess, Mark "Thor" Casey, Sporty Diva Coates, Deidre "Turtle fast" Connor, Duane Dow, Tricia Early, Sarah "Stumbling Goat" Englund, Cheri Fiorucci, Georgeta (GG!) Gruescu, Rick "Roadkill" Haase, Christy Hammond, Ric "the sweeper pacer" Hart, Rob "Rattler" Hester, Micaela Jensen, Tory "Teechur" Klementsens, Tracy Marshall, Rich Menzel, Lisa Morin, Suzanne Nester, Hideko Opperman, Monte Pascual, Nick Paterno, David Pearson, Katie Robinson, Ed Robison, Bob Rutterledge, Joe Schrum (Just Joe), Tom "H.D." Scott, Scott "Brooklyn" Sebelsky, Linda Walter, Dan Whitaker, Marie "Mimi" Zornes



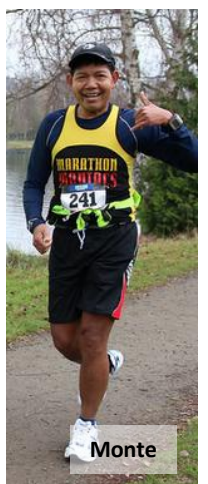
Claire Carder



Duane Dow



Lisa Walter



Monte



Jenny Appel



Peter



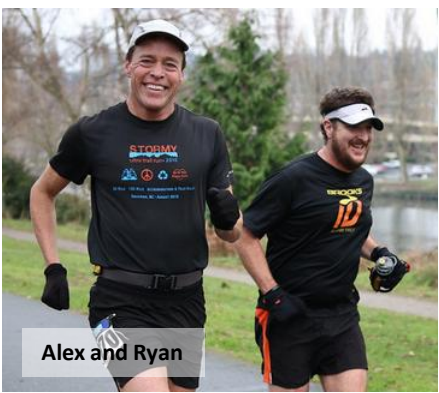
Hideko Opperman



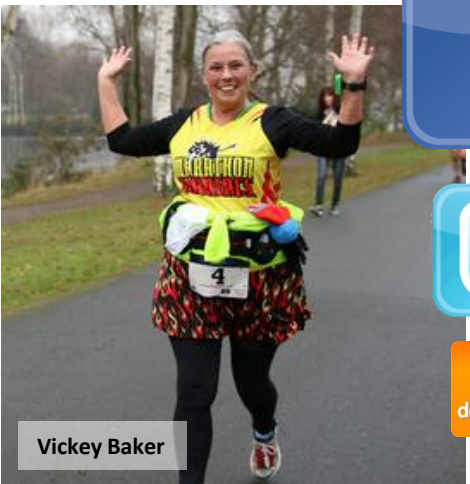
Great Maniac volunteers: Patti and Crystal



Rich Menzel



Alex and Ryan



Vickey Baker



Social Networking

From Facebook to Twitter, the Maniacs have a presence in the world of social networking. Whatever social network you prefer I'm sure the Maniacs are there, so check them out!

- Facebook: <http://www.facebook.com/group.php?gid=8904689204>
- LinkedIn: <http://www.linkedin.com/e/vgh/1843119/>
- MySpace: <http://www.myspace.com/marathonmaniacs>
- Dailymile: <http://www.dailymile.com/groups/1403-marathon-maniacs>
- RunningAhead: <http://www.runningahead.com/groups/MMS>

MARATHON MANIACS

REUNION RACE ON THE BAYOU

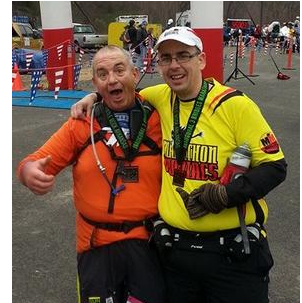
BATON ROUGE // JANUARY 19

Register Now >>

LOUISIANA MARATHON



Amy Meyer



April Kondrat



Troy and Cathie Johnson



Jen Luegers





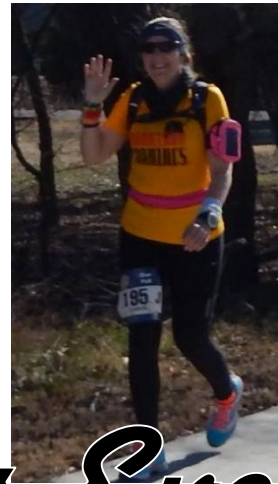
Douglas Dahlberg



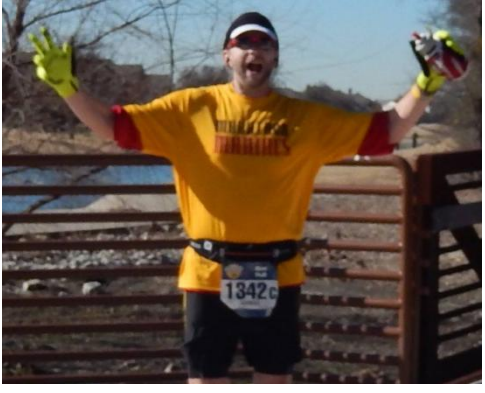
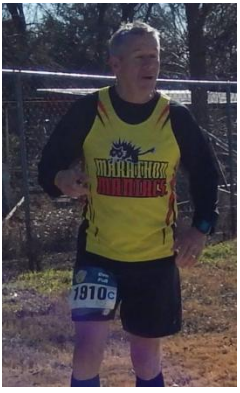
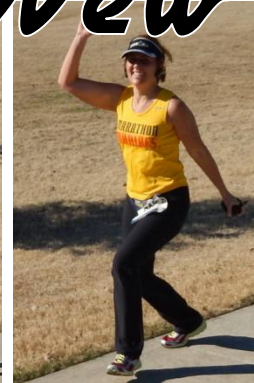
Elaine Green



Marlon Onco



New Year's Eve ALLEN, TEXAS Marathon

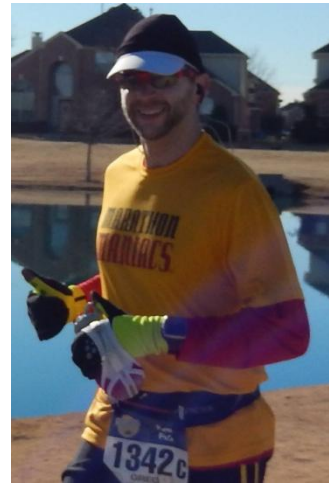


Houston Wolf

New Years Eve Marathon (12/31): Erin Alwon, Paul "Bronx Boy" Arroyo, Jim "Lord AARP" Austin, 3951, Alli Bequette, Catherine Bequette, Nathan Bliss, Sean Broadbent, Rebecca Cunningham, Douglas (Run the Earth) Dahlberg, Robin Davis, DrTekemia Dorsey, Leslie "@VeganLeslie" Driskill, Laura Euckert, Rhonda Foulds, Greg Glennon, Elaine Green, Emily Green, Michael "Arkanzin" Harmon, Ryan Heidenfeld, Matt Heidenreich, Matt Henslee, Chris "Rice Burner" Ho, Tina Ho, Yucan Dewit, Carol Hughes, David "Running Preacher" Johnson, Mitchel Johnson, Libby Jones, Gordon Kratz, Shelly Mack, Janet Marshall, Amy May, David Meroney, Andrew Olsen, Janice Parker, Lynda Petri, Jacob Pfannenstiel, Jesus Puentes, Andrew Rose, Keith Schlottman, Ray Sgroi, Sophia Shi, Heather Sorenson, John Studebaker, Chastity Teeter, Harold Toomey, Roxy Toomey, Breanna Waldrup, Hardin Watkins, Houston "Wolfmaniac" Wolf



Marlon Onco



Elaine Green



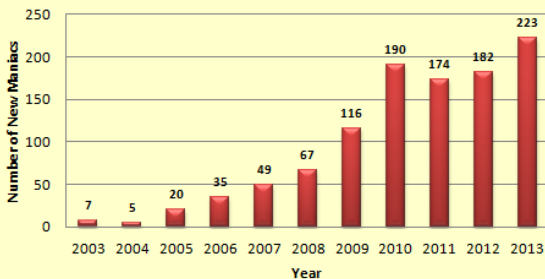
REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	54.4	45.4	51.9	46.7	74.2	60.1	40.1	23.4	28.2	70.2	83.5	84.5	584.4
2012	154	95	126	132	160	147	101	56	71	174	194	182	1592
2013	212	95	170	138	212	133	91	56	73	257	354	223	1994

New Maniacs for December



New Maniacs in Dec 2013: 223
New Maniacs in 2013: 1994

Total Maniacs: 8422

State	MM	Pct%
Washington	1028	12.2%
California	636	7.6%
Texas	512	6.1%
Illinois	309	3.7%
New York	264	3.1%
Florida	252	3.0%
Virginia	225	2.6%
Oklahoma	217	2.5%
Oregon	188	2.3%
Georgia	177	2.1%

Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMUpgrade>

- **Titanium (10 star) Maniac:** Leah Cato, Teal Clark, Linda Bachand, Anton Reiter
- **Platinum (8 star) Maniac:** None
- **Palladium (7 star) Maniac:** Jim Roche, Fran Austero-Macavinta
- **Osmium (6 star) Maniac:** Michel Maokhampio
- **Ruthenium (5 star) Maniac:** Stitch, Rod Wolfy, Janice Northrup
- **Iridium (4 star) Maniac:** John Moore, Chris Sloan, Christy Hammond, Heather Sorenson, Lisa Grippe
- **Gold (3 star) Maniac:** Jason Short, Sandee Beniquez
- **Silver (2 star) Maniac:** Shane Hill
- **200 Marathons:** Charles Sayles, David Holmen
- **100 Marathons:** Scot Barco

New Titanium Maniacs!!



Leah Cato



Teal Clark



Linda Bachand



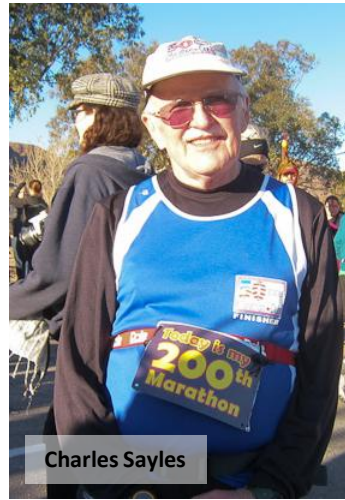
Anton Reiter



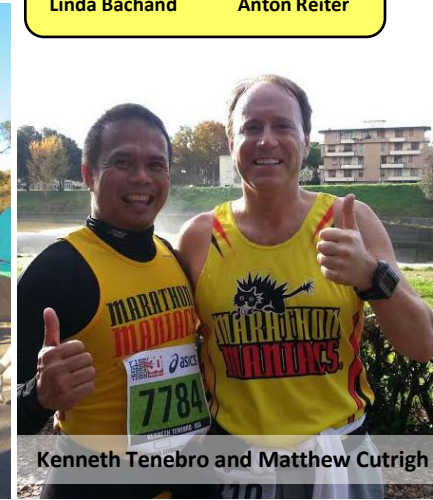
Prez



Charles Sayles



Kenneth Tenebro and Matthew Cutrigh



Emma Black



Nancy Goodnight



Amy Meyer



What's Coming Up In January/February

Marathon/Ultra Calendar between January 24-March 2

- Friday, January 24
Dubai Marathon (ARE)
- Saturday, January 25
Aravaipa Coldwater Rumble 100m/52m/52k (AZ)
Arena Attack XL Center (CT)
Bataan Death March 160k (PHL)
Bone Island Triathlon (FL)
Calico Running from an Angel 50m/26.2 (NV)
Go Short Go Long Go Very Long (OK)
Kahtoola Bigfoot Snowshoe Festival 50k/26.2 (UT)
Lake Youngs Nuts Run (WA)
Loco Marathon (AR)
Mountain Mist (AL)
Planet Adventure Winter Night Trail Marathon (IN)
Yuma Territorial Marathon (AZ)
- Sunday, January 26
Calico Trail Run (CA)
Callaway Gardens Marathon (GA)
CAR Back to the Marina (CA)
Icebreaker Indoor Marathon (WI)
Marathon International de Marrakech (MAR)
Miracle Match Marathon (TX)
ONU Polar Bear Indoor Marathon (OH)
Sherbrooke Indoor 50k/26.2 (QC)
Town of Celebration Marathon (FL)
USA Fit Kickin Asphalt Marathon (TX)
- Monday, January 27
Arrowhead 135 (MN)
- Saturday, February 1
Antelope Canyon 50m/50k (AZ)
CAR Run the Beach (CA)
Desert Classic Marathon (AZ)
Enviro-sports Death Valley Marathon (CA)
Icy-8 Hr Adventure Trail Run (VA)
Jed Smith 50m/50k (CA)
Rainshadow Orcas Island 50k (WA)
Sean O'Brien 50m/50k/26.2 (CA)
Sedona Marathon (AZ)
SkyDive Ultra 100m/50m/50k (FL)
Surfside Beach Marathon (TX)
Tejas Trails Rocky Raccoon 100m (100mi-TX)
White Rock Classic 50k (AR)
- Sunday, February 2
Groundhog Marathon (MI)
Melbourne Music Marathon (FL)
Miami Marathon (FL)
Midwinter Marathon Apeldoorn (NLD)
Rock N Roll New Orleans (LA)
Surf City Marathon (CA)
Tallahassee Marathon (FL)
West Seattle Fat Ass (WA)
- Friday, February 7
Alaska Iditasport 200m/100k (AK)
- Saturday, February 8
American Canyon Race (CA)
- Delirium 24h/12h/6h (SC)
Endurancelife CTS South Devon 34.9m/26.2 (GBR)
Hilton Head Marathon (SC)
Louisville McLovin the Hills (KY)
Manasota Track Club 50k (FL)
Mill Stone 50k (SC)
Mississippi River Marathon (MS)
North Face 100k Thailand (THA)
Pemberton Trail 50k (AZ)
Psycho Wyco Run Toto Run (KS)
Tejas Trails Rock Raccoon 50m (50mi-TX)
Two Million Inch Run (WA)
- Sunday, February 9
Auroville Marathon (IND)
CAR Rock the Canyon (CA)
Fishline 50k (WA)
Rocks and Roots Day Two (OH)
- Saturday, February 15
Aravaipa Black Canyon Trail 100k (AZ)
Buzz Marathon (CA)
Clonakilty Back2Back Day One (IRL)
Cross Timbers 50m/26.2 (TX)
First Call Presidents Day 50k/26.2 (WA)
Hagg Lake Mud Run (OR)
Jackpot Ultra Running Festival 100m/24h/12h/6h (NV)
Love. Run. Marathon (TX)
Moab Red Hot 55k (UT)
Myrtle Beach Marathon (SC)
Susitna 100m (and Little Su 50k) (AK)
TITI 100k/50k (MYS)
Woolley 50k/26.2 (WA)
- Sunday, February 16
Austin Marathon (TX)
Birch Bay International Marathon (WA)
Clonakilty Back2Back Day Two (IRL)
Destin Beach 50m/50k (FL)
Five Points of Life Marathon (FL)
Ft Lauderdale A1A Marathon (FL)
Galveston Marathon (TX)
George Washington Birthday Marathon (MD)
HMRRC Winter Marathon (NY)
Hong Kong Marathon (HKG)
IMS Arizona Marathon (AZ)
Kumamoto Castle Marathon (JPN)
Kyoto Marathon (JPN)
Lost Dutchman Marathon (AZ)
Mercedes Marathon (AL)
NWTR Fort Ebey Marathon (WA)
Okinawa Marathon (JPN)
Paradise Coast Marathon (FL)
Sahara Race 250k (stage race - counts as one) (JOR)
Winterman Marathon (ON)
- Tuesday, February 18
Maple City Marathon 6-Pack (6 day event) (IN)
- Saturday, February 22
Aravaipa Elephant Mountain 50k (AZ)
- Black Mountain Marathon and Mt Mitchell Challenge (NC)
Cummins Falls Marathon (TN)
Febapple Frozen 50 50m/50k (NJ)
LOViT 100k (AR)
Maple Leaf Indoor Marathon Day One (IN)
Mt Cheaha (AL)
Post Oak 50k (OK)
Richland Run Fest Marathon (WA)
XTERRA Thrill in the Hills (GA)
- Sunday, February 23
26.2 With Donna (FL)
CAR Rock the Marina (CA)
Central Park Marathon (NY)
Cowtown 50k/26.2 (TX)
Dry Creek Trail Marathon (TN)
El Paso Marathon (TX)
Evergreen Lord Hill 50k (WA)
Hyannis Marathon (MA)
Iditarod Trail Invitational 1000m/350m (AK)
Last Chance for Boston (OH)
Malta Marathon (MLT)
Maple Leaf Indoor Marathon Day Two (IN)
Post Oak Marathon (OK)
Shelby Forest Loop Marathon (TN)
Tokyo Marathon (JPN)
- Friday, February 28
Florida Double IRON 52.4m (FL)
Tel Aviv Marathon (ISR)
- Saturday, March 1
Albany Marathon (GA)
Baikal Ice Running Marathon (RUS)
Bataan Death March 102k (PHL)
Carl Touchstone Memorial Mississippi 50m/50k (MS)
Desert Dash Blood, Sweat, and Beers (NV)
Diamond Valley Lake Marathon (CA)
Old Pueblo 50 Mile Endurance Run (50mi-AZ)
Phoenix Marathon (AZ)
Tejas Trails Nueces 50m/50k (TX)
Umstead Trail Marathon (NC)
Woodlands Marathon (TX)
- Sunday, March 2
2XU Compression Run (SGP)
Army Marathon (TX)
CAR March Madness (CA)
Caumsett Park 50k (NY)
Little Rock Marathon (AR)
Marathon of the Treasure Coast (FL)
Napa Valley Marathon (CA)
NWTR Spring Run for Fun (WA)
Stanky Creek Marathon (TN)

New Maniacs in December 2013



- | | | | |
|----------------------------------|----------------------------------|------------------------------|-------------------------------|
| Elizabeth Melillo (#8200) | Johane Hirschfield (#8250) | Jorge Rodriguez (#8308) | Jody Browning (#8366) |
| Paula Cigainero (#8201) | Steve Swanlund (#8251) | Candy Ferry (#8309) | Kara Loftin (#8367) |
| Brett Larson (#8202) | R. Alexander Rao (#8252) | Elisabeth Simmons (#8310) | Curtis Chong (#8368) |
| Jessica Onines (#8203) | Gary Dominique (#8253) | Maria Teresa Reyero (#8311) | Elia Johnson (#8369) |
| Dawn Newell (#8204) | Jordan Myers (#8254) | Rick Eilers (#8312) | Stephanie LaBoo (#8370) |
| Kevin Creedon (#8205) | Philip Chua (#8255) | Ronald Saczalski (#8313) | Delinda Hood (#8371) |
| Ryan Wuerch (#8206) | Cheryl Fraser (#8256) | Levi Bork (#8314) | Andrew McClintock (#8372) |
| Amy Sharp (#8207) | Ron Fraser (#8257) | Tricia Johnson (#8315) | Gordon Christie (#8373) |
| Kit Brazier (#8208) | Heather Grey (#8258) | Chad Cummings (#8316) | Roger Johnson (#8374) |
| KarenFlohr (#8209) | Jim Bales (#8259) | Jessica Atkins (#8317) | Eric Osaki (#8375) |
| Jesse Rodriguez (#8210) | James "Tweek" Sinclair (#8260) | Michael McElmeel (#8318) | Laura Slivka (#8376) |
| Nangel Hofmann (#8211) | Mohamad Jufri Ismail (#8261) | Kate Scheff (#8319) | Erica Beermann (#8377) |
| Timothy Brown (#8212) | Jaye Jarchow (#8262) | Amanda Ianello (#8320) | Tabatha Collins (#8378) |
| Sue Glass (#8213) | Nina Bermudez (#8263) | Adam Burke (#8321) | Michael Wilson (#8379) |
| Jamie Johnson (#8214) | Vivian Escobar (#8264) | Shirley Kramer (#8322) | Jeramie Morrow (#8380) |
| Melissa Holloway (#8215) | Trish Reske (#8265) | Rita Conejo (#8323) | Matthew Cox (#8381) |
| Crystal Ybanez (#8216) | Dionne DeGourville (#8266) | Gregory Burress (#8324) | Eivind Naess (#8382) |
| Thomas Schaefer (#8217) | Felecia McLean (#8267) | Kamarulzaman Osman (#8325) | Jonathon Schreiner (#8383) |
| Alaide Zavala (#8218) | Thomas Prit (#8268) | Julie Elliott (#8326) | Hammerin Hank Donigan (#8384) |
| Kathryn Brown (#8219) | Melissa Burton (#8269) | Marsha Rogers (#8327) | Kelly Goldthorpe (#8385) |
| Nikki D Amaker (#8220) | Fotinos Panagakos (#8270) | Sarah Bell (#8328) | Eileen Boyle (#8386) |
| Jason Eley (#8221) | Beth Rodriguez (#8271) | Erin Roseland Mahler (#8329) | Gary Morgan (#8387) |
| Erik Wilson (#8222) | Christy Nicholas (#8272) | Jeanne Bennett (#8330) | Marousia Wright (#8388) |
| Rebecca LeClair (#8223) | Stephanie Foutz (#8273) | Sarah Green (#8331) | Kim Johnson (#8389) |
| Lara Owczarski (#8224) | Michael Tapper (#8274) | Lisa Allison (#8332) | MaryLee Sturgeon (#8390) |
| Kate Modzelewski (#8225) | Lisa Hall (#8275) | Sharna Reingold (#8333) | Kate Escott (#8391) |
| Jayson Liddle (#8226) | David Elmer (#8276) | Mona Parker (#8334) | Jana Graham (#8392) |
| Kristine Kloepfer (#8227) | Matthew Bailen (#8277) | Joseph Pacheco (#8335) | Jamie Stewart (#8393) |
| Ryan Downey (#8228) | Margo Gregory (#8278) | Kelvin Reid (#8336) | Danny Trancoso (#8394) |
| Jennifer Jones (#8229) | Jania Hoover (#8279) | Gary Hogue II (#8337) | Donna Ventura (#8395) |
| Allison Lee (#8230) | Daisha Williams (#8280) | Ellen Agronis (#8338) | Missy Gray (#8396) |
| Patrick Kane (#8231) | Joao Mendes (#8281) | Peter Priolo (#8339) | Seana Roubinek (#8397) |
| Jo Ann Sutton (#8232) | Edward Lemke (#8282) | Matt Heidenreich (#8340) | Robin Giles (#8398) |
| Suzanne Kruse (#8233) | William McLean (#8283) | Cal DeWitt (#8341) | James Giles (#8399) |
| Shannon Francis Lee Bala (#8234) | Mike Rush (#8284) | Cindy Castro (#8342) | R.L. Bynum (#8400) |
| Morten Haastrup (#8235) | Debra Barker (#8285) | Nubia Rodriguez (#8343) | Lauren Page (#8401) |
| Beth Pardue (#8236) | Antoinette Lewis (#8286) | Beth Petersen (#8344) | Mary Morreno (#8402) |
| Jill Rider (#8237) | Meisha Gravesande-Powell (#8287) | Rachel Lofland (#8345) | Michelle Draschil (#8403) |
| Nobu Takeda (#8238) | Derrek Sanks (#8288) | Catherine Bequette (#8346) | Becky Gillen (#8404) |
| Brian Enriquez (#8239) | John Digaetano (#8289) | Alli Bequette (#8347) | Shad Edwards (#8405) |
| James Harris (#8240) | Mark Voicheck (#8290) | Ronald Gimblet (#8348) | Jill Geromini (#8406) |
| Aaron Vagelatos (#8241) | Michelle Imperio (#8291) | Rachael Graddy (#8349) | Ben Bettelli (#8407) |
| Jennifer Rao (#8242) | Grace Lineberg (#8292) | Tim Wright (#8350) | Jan Banks (#8408) |
| Carmen Rempel (#8243) | Mustapha Berraho (#8293) | Ruth Liebowitz (#8351) | Steve Carroll (#8409) |
| Danielle Ralston (#8244) | Missy Key (#8294) | Jim Varner (#8352) | Elvin Torres (#8410) |
| Keith Seckel (#8245) | Jana Young (#8295) | Bruce Stobie (#8353) | Damienne Skeels (#8411) |
| Gwen Gallagher (#8246) | Rosa Lear (#8296) | Melissa Dunning (#8354) | Violet Rucci (#8412) |
| Tony Rolof (#8247) | Kevin Burr (#8297) | Jon Odgers (#8355) | Matthew Montain (#8413) |
| Peter Belair (#8248) | Louis Carrera (#8298) | Heidi Johnson (#8356) | Albert Giron (#8414) |
| Karen Kuykendall (#8249) | Christina Brown (#8299) | Andrew Rose (#8357) | Sandee McMillen (#8415) |
| | Jordan Greenberg (#8300) | David Caris (#8358) | Cris Seevers-Gabus (#8416) |
| | Fermin Trompeta (#8301) | Brian Zamperini (#8359) | John Gabus Jr (#8417) |
| | Samantha Carroll (#8302) | Jeff Hathaway (#8360) | Amanda Corbitt (#8418) |
| | Max Cariveau (#8303) | Melanie Wright (#8361) | Liz Jackson (#8419) |
| | Alicia Johnson (#8304) | Thomas Andryshak (#8362) | Sang Yim (#8420) |
| | Leodis Smith (#8305) | Jo Andryshak (#8363) | Mark Admiral (#8421) |
| | Jerry Mullens (#8306) | Janice Harter (#8364) | Aparna Vijayan (#8422) |
| | Rob Bires (#8307) | Michael Mester (#8365) | |

NEW MANIACS



Heike Rodriguez



Gregory Park



Missy Key

Jana Young

Current Maniac, Jonathan Young



Levi Bork (#8314)



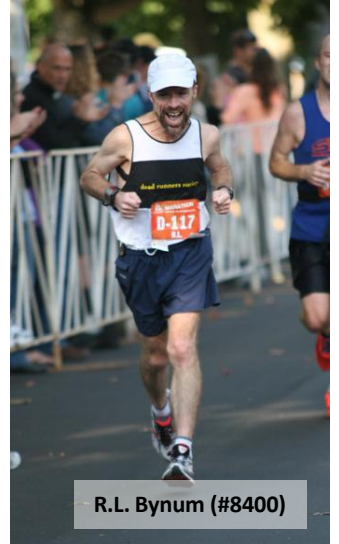
Greg Burress



Danelle Del Rosario



Ellen Agronis



R.L. Bynum (#8400)



Kelly Goldthorpe



Candy Ferry #8309



Maria Teresa Reyero



Eileen Boyle



Marsha Rogers (#8327)



Nancy



Amy Meyer



Adam Foley



Chris Warren and Joleen Rodgers



Peter and Veronique Viola



Shane and Julia



Shawn Moore



Steve Yee, Kristine Mauss and Steve Walters

FROM THE EDITOR...

The year has come to a close. The ten year celebration is winding down and we are seeing record numbers of Maniacs. From coast to coast and all over the world.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts that have a ** in front of the race name and don't forget about the Maniac discounts at Running Skirts www.runningshirts.com ; The Running Warehouse www.runningwarehouse.com for all your non-Maniac branded apparel and shoe needs; and at TRY Chips www.trychips.com for your healthy snacking needs.

- Celebration Marathon (FL) 1/26/14: www.celebrationmarathon.com
- Miracle Match Marathon (TX) 1/26/14: <http://miraclematchmarathon.org>
- The Sedona Marathon (AZ) 2/1/14: www.sedonamarathon.com
- Melbourne Music Marathon (FL) 2/2/14: www.themelbournemarathon.com
- Myrtle Beach Marathon (SC) 2/15/14: www.mbmarathon.com
- Fort Lauderdale A1A Marathon (FL) 2/16/14: www.a1amarathon.com
- Mercedes Marathon (AL) 2/16/14: www.mercedesmarathon.com
- Little Rock Marathon (AR) 3/2/14: www.littlerockmarathon.com
- ** Lower Potomac River Marathon (MD) 3/9/14: www.cbrcmd.org
- Tobacco Road Marathon (NC) 3/16/14: <http://tobaccoroadmarathon.com>
- **Tomoka Marathon (FL) 3/29/14: www.tomokamarathon.com
- Hogeve Marathon (AR) 3/30/14: www.hogeyemarathon.com
- **Knoxville Marathon (TN) 3/30/14: www.knoxvillemarathon.com
- Irving Marathon (TX) 4/5/14: www.irvingmarathon.com
- Carmel Marathon (IN) 4/12/14: www.carmelmarathon.com
- **Downtown River Run Marathon (NV) 4/13/14: www.downtownriverrun.com
- Riverboat Series (KY, TN, AR, MS, LA) 4/12-16/2013: <http://mainlymarathons.com/home/riverboat>
- Blue Ridge Marathon (VA) 4/26/14: <http://blueridgemarathon.com>
- Oz Marathon (KS) 4/26/14: www.olathe.org/sports/Marathon
- Wisconsin Marathon 5/3/14: www.wisconsinmarathon.com
- Tacoma City Marathon 5/4/14: www.tacomacitymarathon.com
- Fargo Marathon (ND) 5/10/14: www.fargomarathon.com
- **Delaware Marathon 5/11/14: <http://delawaremarathon.org>
- Shires of Vermont Marathon 5/18/14: <http://shiresofvermontmarathon.com>
- Vermont City Marathon 5/25/14: www.vermontcitymarathon.org
- The New England Challenge (ME, NH, RI, CT, MA) 5/12-16/2014: www.newenglandchallenge.org
- Windermere Marathon (WA) 6/1/14: <http://windermeremarathon.com>
- Heartland Series (MI, IN, IL, IA, WI) 6/4-8/2014: <http://mainlymarathons.com/heartland>
- **Utah Valley Marathon (UT) 6/14/14: www.utahvalleymarathon.com
- **Foot Traffic Flat Marathon (OR) 7/4/14: www.foottraffic.us/flat
- Mad Marathon (VT) 7/6/14: www.madmarathon.com
- **Blue Blazes Ultra (OH) 7/10-13/2104: www.blueblazesultra.com
- Eugene Marathon (OR) 7/27/14: <http://eugenemarathon.com>
- San Francisco Marathon 7/27/14: www.thesfmarathon.com
- Moose's Tooth Marathon 8/17/14 (AK): www.bigwildliferuns.org
- **Boring Marathon (OR) 9/14/14: <http://boringmarathon.com>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: jeff@marathonmaniacs.com



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!

A REMINDER IS SENT WITH THE MONTHLY E-FLASH
AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



Hiya Prez!

GOALS, Prez, I got me some GOALS!

So I read that 2013 was an off-year for you in compiling career marathons. I'll bet. What is your Over-Under number for an "off-year", 26? 32? 41? And you DIDN'T do that? Huh. Maybe you should just be honest with yourself and write "Intelctchual" on your mirror. Or maybe just "Prezzzzzz...."

What? You had so-called "injuries"? You would have run through them if you were a hawkeye player from Saskatchewan! Maybe you should move to Saskatchewan to keep up your reputation. I can loan you my skates. They are just like Hokas with a ruler stuck sideways on the bottom

How's Chris "Stretch" Warren doing? Good ol' #2. Sure is a smiley guy for a number Two. Maybe he is going for the nomination in '16. Well, he has inspired one of my goals! If every one of my 41,000 strides in my next marathon is just 3 inches longer like Chris', I will knock 25 minutes off my PR. So, Goal One? I need to get taller.

Wise Man #3, triathlete Tony Phillippi, inspires the next one. See, I can never find him. Is he out running? Or bike riding? Or swimming? So many places to look. So, Goal Two? I need to diversify. Side benefit? He told me it will cut down on my injuries, which means I will reach MY over-under goal, although admittedly mine does have one less digit than yours.

Evaluating last year's performance, for 365 days in a row, I moved my legs forward. Sweet! But, official marathons? Just four. (Only in Marathonmaniacs do people say "just four". Really. Try that phrase in public somewhere: half the crowd will be amazed, the second half won't care, and the third half will think you're full of yourself.) So, a glance at reports elsewhere?

Hundreds qualified to become Maniacs. They could have taken up photography or tennis.

Quite a few members, not finding the asylum life-changing enough, averaged one a week for a year, so congratulations to you who Attained Titaniums. Now you may have some ice cream.

I held steady at zero ultras. You tell me I could do one, but at 26.1 my legs see the banner ahead and insist that extending the run is the oddest of notions. Other Maniacs ran consecutive ultras in a weekend! Yowser. (If you did, and have since thought better of it, Rev has a book for you on prayer, you know, for healing purposes.) Moreover, they rate the difficulty of these runs by elevation change! My embarrassed thought? Rating the difficulty level of ultras is a bit like rating the darkness level of black.

Others qualified for something weird called Half Fanatics. Really, who thought that one up?

Others compiled age-group wins. Prez, I don't like to brag, but I've never once failed to win my age group. I define "age group" by "birthday." And I have never lost.

Macon finished a skajillion marathons last year, Yolanda power-walked about from here to Mars and back (a Japanese car company is renaming their engines' horsepower to YolandaHonda power), and Gary Allen wanted to meet his Senator so badly he ran from Maine to D.C. instead of taking Amtrak. That only makes perfect sense in here. And while thousands more Cats-on-the-Head folks have rewritten their own running personal record books, Malcolm Anderson writes actual running books. Good ones too.

Outside the club but inside our world, some woman somewhere ran 85 consecutive hours – that's 3 days and 13 hours -- encouraged at the end to reach 500 kilometers. What I learned from that statistic is she was probably not an American. It's all getting haunting. One night I thought I read that a boy set the new youth standard for running six of the seven continents, (skipping Antarctica due to a conflict with his bed-time), while his sister circumnavigated the world in a Sunfish.

So Prez, if I'm going to leapfrog the crowd, I figure there's only one goal left. At 12:00:01 a.m. 1/1/14: Run through a complete year!

Commencing in Key West, Florida, I will jog-walk-jog around the clock (Giddiness Book of World Records permits one 3-hour nap every third Tuesday night) through all 72 states AND 41,096 counties in the USA, cross into Vancouver, then head back east through the 29 Canadian provinces (Roger MacMillan providing hot cocoa is a key logistical element there), then cut south via Mississippi River Steamboat (jogging around the deck) through to the Gulf of Mexico and on to the 46 South American countries, high-fiving the Pope in Argentina. He likes Baptists just fine. Then I've booked passage on a South Pacific cruise ship, will jog around its lovely pool, and explore Pago Pago, Bora Bora, and Itchy Goomy en route to Australia, where I have rented an obedient Endurance Kangaroo, who will carry the Larabars and chocolate milk as we circle the Outback. After walking through a tea-break in Sydney, I will jog in place in a helicopter, so to touch down on all 1,933 islands of Indonesia, eventually winding up at the southern end of the Great Wall of China. This is where the fun begins. Hungry to increase my numbers of countries, I will jump off the left side of the wall frequently, checking off a variety of Nepals along the way. At the north end, I'll pick up the pace to get through Mongolia so to reach Siberia by mid-summer, which just seems prudent. Then, hanging a left, a more leisurely jog through Irkutsk and the Ukraine sets up a lovely early autumn through Prague to Par-eee, and with the northern European countries being smaller than Montana, I'm starting to think triple digits in countries. But I need a ruling for a completely different exemption from you: when I reach Scotland, to keep my continuous-hours streak alive while simultaneously playing golf at Troon, Royal Birkdale, and St. Andrews, if I promise not to use a cart, will ye please not disqualify me for pausing to retrieve the golf ball from the cups? I have to use one ball, because Engle recommends I should run light, and Mrs. Rev wants me to cut costs on the trip. If I got disqualified without the exemption, boy, would those first eleven months look silly.

Uh oh. Facebook just beeped. What's this?

An Australian couple...he 68, she 64... just completed running 26.2+ miles on each of 366 consecutive days. ...Among other things, they ate 11,000 bananas along the way.

Aw, nuts.

Anybody want to play some golf?

Luvya,

Rev

dgkienz@yahoo.com