



# MARATHON MANIACS

## DECEMBER 2014 NEWSLETTER

Volume 11, Number 12

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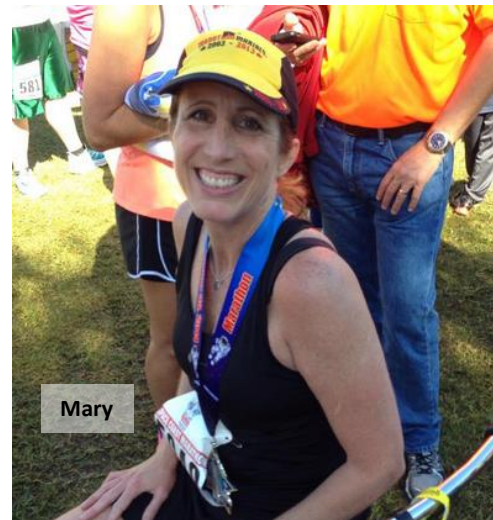




Dan Ruiz



Julia Khvasechko



Mary



Marathon Maniacs running half marathons... YES, it's true!

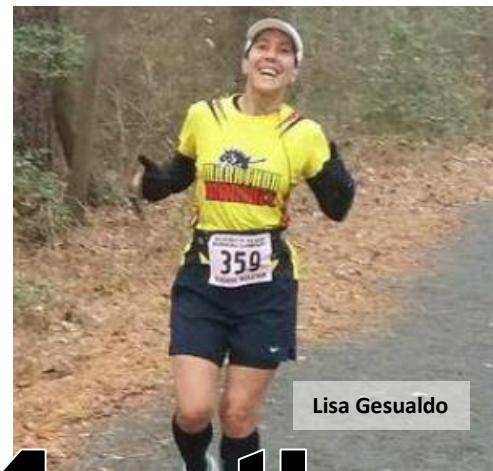
Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 9000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

[www.halffanatics.com](http://www.halffanatics.com)



Half Fanatics at the Jeff Gallaway Half Marathon





Lisa Gesualdo

# Rehoboth Beach Marathon

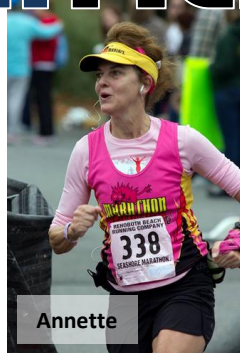
REHOBOTH BEACH, DELAWARE



Heather



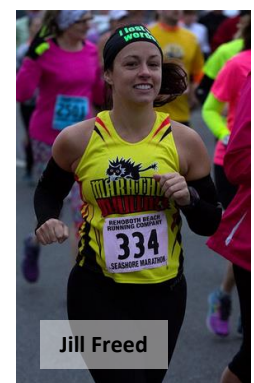
Will



Annette



Charlotte Corriher



Jill Freed

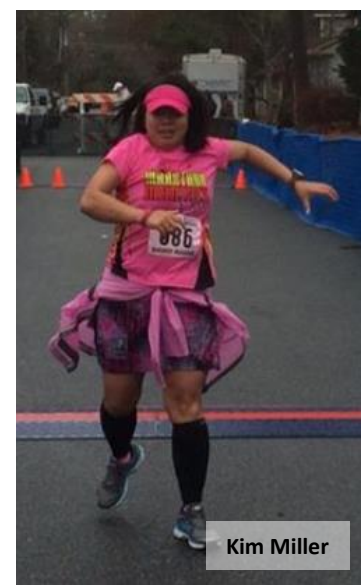


Theresa Connors and Joyce Wise



Chuck Harvey

**Rehoboth Beach Marathon (12/6):** Keith Almeida, Bailey "Finchmeister" Amicucci, Glen Anderson, Jawn "Marathawn Jawn" Angus, Jeannie Armagost, Tom Armstrong, Barco, Sheila Beermann, Vicki "The Breeze" Bentley-Condit, Kristen Bieling, Julie Branden, Bob Brown, Daniel T Brown, Kate English Brunson, Troy Byers, Louis Carrera, Mike Chewar, Doug "It's Cheaper Than Therapy" Clark, Theresa Connors, Charlotte "costume chic" Corriher, Kristin Cunningham, Steve Dargitz, Alexis Racewalker Davidson, Shalisa Davis, Fran DeAngelis, Daleen DeSimone, Jeffrey Dorko, Michael Dunn 2, Steven Elster, Al Emma, Omar Evans, Jennifer Everett, Karen Faber, Michael Fitzgerald, Jennifer Fowler, Alex Fox, Annette French-Bearden, Jorge O. Garcia, Deb Gardner, Tom Gardner, Lisa Gesualdo, Derek Griffiths, Keenan Haga, Chuck Harvey, Kerri Haskins, Danielle "T-Rex Runner" Hastings, Mike Herrin, Jennifer Hickey, Cazy Rachael, Murray "Birder" Honick, Hunter Jamerson, Shawn Johnson, Shelia Johnson, Vainthe Julien, Kathy Kras, #kinosfault, Matt Koenig, Paulette Kosinski, Mark Kramer, Mark Lackey, Rhonda Larson, Bob Laws, Sheryl Leonard-Schneck, Carissa Liebowitz, Angie Long, Vincent Ma, Angela Marchetti, Glen Marumoto, Karen Mayes, TMaz, Denis McCarthy, John "Die Hard" McClain, Vickie McDonald, Robert McElroy, Carrie McNish, Laura Milak, William Milak, Kim Miller, Rich Minns, Diane Montgomery, Bill Murray, Karen Murray, Pat Neff, David Pasquale, Mike Perez, Cheri Pompeo, Patty Powell, Thomas Pritt, "Jenster", Jc "The Saint" Santa Teresa, Jeanette Santa Teresa, Laura Schneider, Hoa "Flower" Schober, Myron Sidloski, Bill Smith, Darren Sorgenfrei, Chip Southern, Chad Spilman, Nobu Takeda, Big Al "the A Train" Thomas, Annette Tomal, Alan 'CrabShaman' Tominack, Gregg Walchli, Michelle "Mom o' 6" Walker, Kristin Waters, Joyce Wise, Heather Zeigler



Kim Miller





Carissa Liebowitz



Fran DeAngelis



Laura Milak



Alexis Davidson



Steven Elster



Steve Miazgowicz



Kristin Cunningham



Erick Kuhlmann

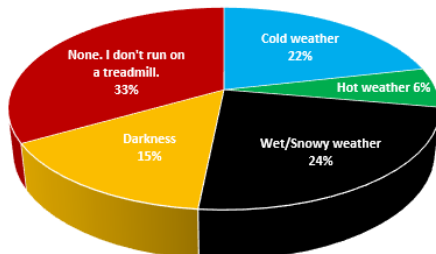


## MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

**This month's question:** How many marathons/ultras are you currently registered for?

Please vote online between now and March 15: <http://tinyurl.com/MMpoll2015a>



**Last month's question:** What would cause you to run on a treadmill?

A third of Maniacs do not run on a treadmill. To the other two thirds most either run due to cold weather, snowy/wet weather or darkness.

Thanks for voting!



# TITANIUM MANIACS

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ CLASS OF 2014



Deb Lazerson\*



Mike Chewar



Jess Kurti



Bettie Wailes



Sue Colgan-Borrer



So Mei Chan



NO PHOTO AVAILABLE

Matthew David



Jennifer Hatcher



Bill Beardall



Elizabeth Gmerek



Brian Foy



Danny Hartley



Heather McDonald-Hamilton



Andy Bowden



Clyde Shank



Gerald King



Mark Fetters



Christopher Regan



Steven Ferry



Greg Ward



Vickey Baker



Shelly Mack



Edna Montoya



Lee Newbill



David Knapp



NO PHOTO AVAILABLE

Guillermo Rios



Bill Sherman



Glen Anderson



Dean Chambers

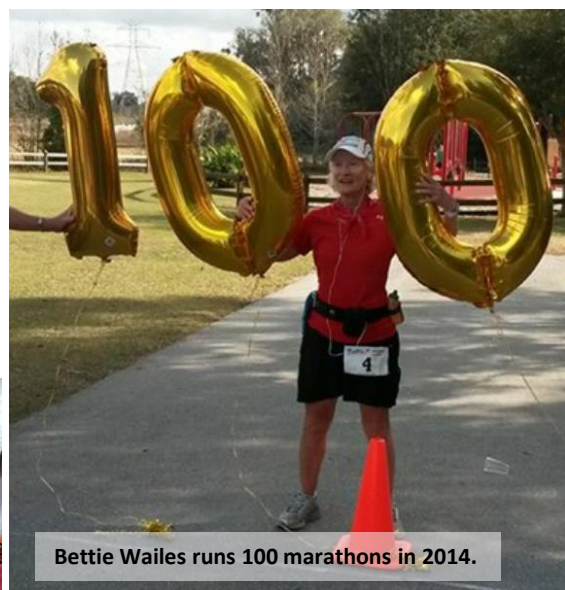


Paul Fornier

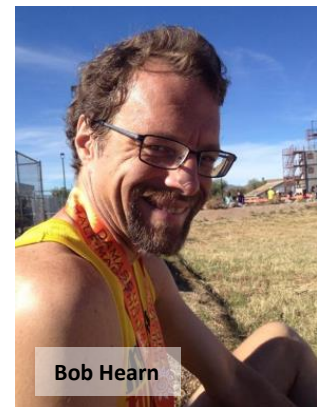


NOTE: Deb reached Titanium in December 2013.

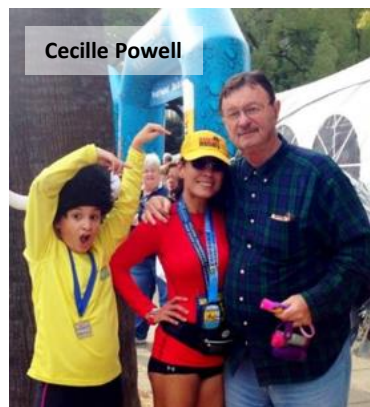




Bettie Wailes runs 100 marathons in 2014.



Bob Hearn



Cecile Powell



Mary Countryman



Miranda Bachman



Shanan Redinger finishes the 50 states



## Eddie Enters The Record Books!

If you ran a marathon in 2014, you may have seen Eddie Vega. In 2014, he took to races with goal of running barefoot in all 50 states and running 100 marathons barefoot. Along the way he raised lots of money for charity. Way to go Eddie!

In 2014, he set the following records:

- 1) Guinness World Record for "Most barefoot marathons run on consecutive days" with 10
- 2) Guinness World Record for "Most barefoot marathons run in one year" with 100.
- 3) Record (not recognized by Guinness) for "First to complete a barefoot marathon in all 50 States in one year"





# MARATHON MANIACS PACE TEAM

The Official Marathon Maniac Pace Teams

Did you know the Marathon Maniacs have an official pace team? Since Maniacs are no stranger to running 26.2 miles many of you are good running these runs.

There are many great reasons to join the pace team and many rewarding aspects to being a pacer.



### Requirements to be a Pacer

- Must have completed 15 marathons for your desired distance to pace
- Marathon Pacer: Must have completed the marathon distance 20 minutes faster than your pace time for the full marathon (example: to pace a 4:00 hour you must have run a 3:40 marathon)
- To be in good standing with the Marathon Maniacs and all dues current
- Have your MM race page updated so that we can link your information
- CPR Certification by event date-please contact your local fire department for a FREE class

### Pacer Perks

- Free to join!
- Waived entry fee
- Sublimated Pace Shirts
- A chance to carry the coveted maniac cat pace sign
- Discounts on lodging when applicable
- Fun pacing runners to their goal finish time

Best of luck to you securing your spot on the pace team!

For more information on which races we are looking for pacers and on getting signed up please visit: <http://www.marathonmaniacs.com/marathon-maniacs/pacer-team>

Marathon Maniac Pacing Coordinator: **Sabrina Seher** (MM #3397)





TIGARD, OREGON

# OPERATION JACK NORTHWEST RUN



Karen Wang and Roger Chou



Sarah Duncan



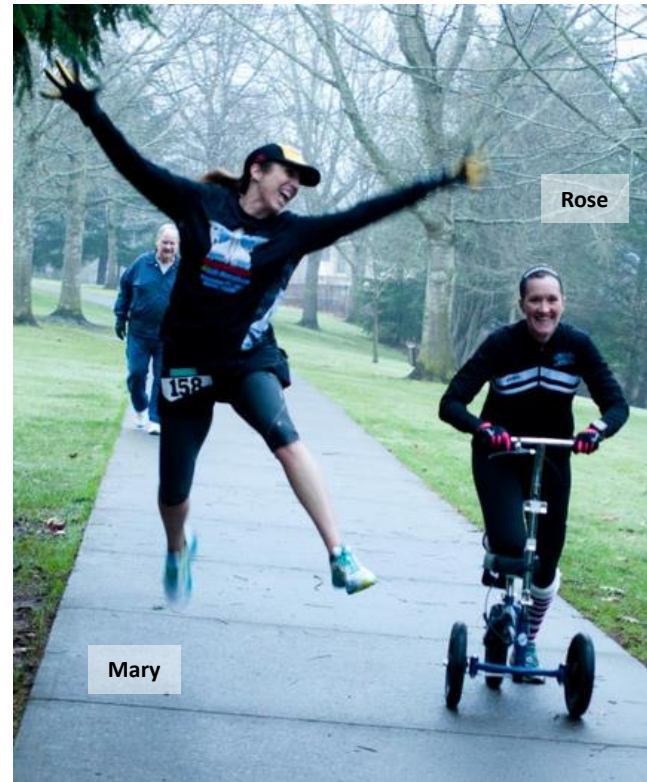
Megan Lacey



Megan Burger



Kristy Jones



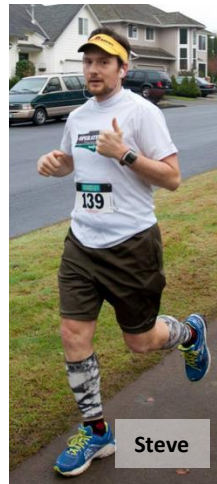
Rose

Mary



Steve Walters and Sam Felsenfeld

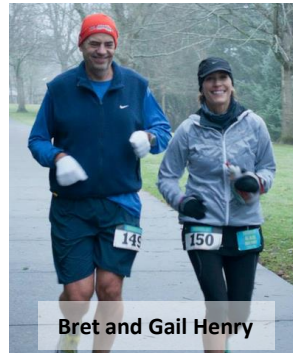




Atheana

Monte

Steve



Christy and Rita

Rose

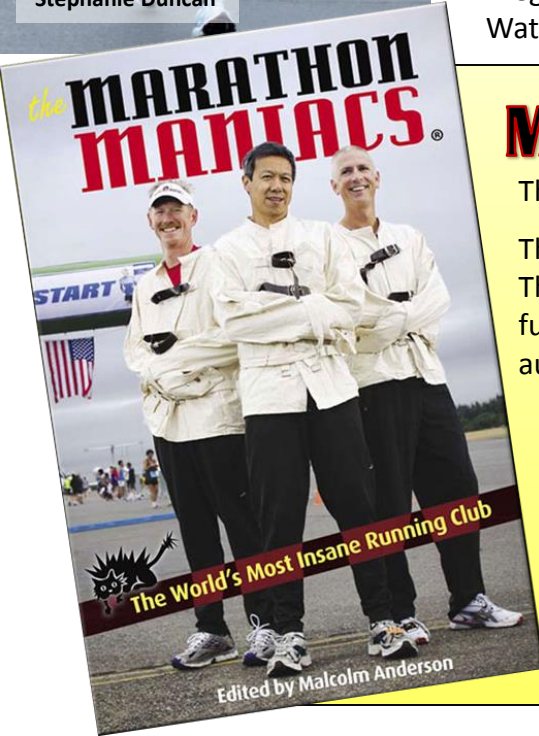
Bret and Gail Henry

Steven Ferry

**Operation Jack Northwest Run (12/13):**  
 Steven Ferry, John Jester, Kristy Jones,  
 Megan L., Monte Pascual, Gregory  
 Watson, Rita White, Steve Walters

Stephanie Duncan

Maureen Miner



## MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>





# ST JUDE memphis MARATHON

MEMPHIS, TENNESSEE

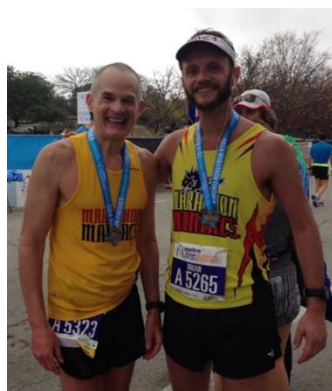


Lis Cooper finishes her 50<sup>th</sup> state!

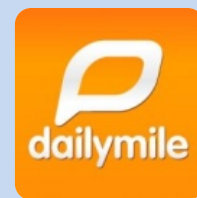


**St Jude Memphis Marathon (12/6):** Kevin Abraszek, Andrew Aguirre, John "Running with Amanda" Allison, Thomas Ashcraft, Craig Avery, Mike Becker, Rebecca Bishop, Jeff Blair, David Bloomquist, Laura Bloxom, Diane Bolton, Dustin Bordelon, Vanessa Bordelon, Fernando Bosseloo, Gayle Boulais, Andy "Tambourine Man" Bowden, Caroline Burnet, Renee Campbell, Scott Coe, Angela Conner, April Cook, "Runner Lis" Cooper, Scott " Medals4Mettle" Dahl, Michael Davis, Robert Del Real, David Donald, Kathleen Dwyer, Teresa Eastin, Bob Edwards, Natalie Jo, Kristy Escue, Lauren Farkash, Ken "Calix's Dad" Fattmann, Ray First, Kansas-The "Tri Lunatic" G. J. Galindo, Adam Gartner, Angela Gillis, Kevin Gose, Jose \*BiG Jay\* Guzman, PrincessPatti Hammerstein, Tina Hauser, Matt Heidenreich, Jim Higgins, James Hooko, Carol Hughes, Cary Inderbitzin, Susan Inderbitzin, Jeremy Jessop, Lacey "Firecracker" Jolley, Warren Kerola, Bill Laws, Tiffany Mallard, Paul Maness, Amy May, Michael McGehee, Al " on to sub 4/50 states McGowan, Bill McLean, Barb Meinecke, Matthew Montain, Don Morgan, Joe Morris, Kaci Nash, Catherine Nelson, Jerry Olsen, Chris "O-Dog" Oppenlander, Mike La Pilla, "The Lone Runner" Rob Rayder, Joe B. Raymond III, Ron Rees, Eve Reynolds, Liz Roberts, Karen Rutherford, Terry Salaires, Cindy Scioneaux, Lisa Seidel, Doug Shanks, David Shannon, Rita Sharp, Roy Sharp, Drew Sheppard, Wanda Shoemake, Suzy Spiceland Michelson, Scott Stader, Cara " Skittles" Stephens, Alan " Sparky " Swankie, Angie Tidwell, Tanya Underwood, Halbert, Hugh Warren, Dave Whittenberg, Susan Whittenberg, Angie Whitworth Pace, Julie Williamson, Houston "Wolfmaniac" Wolf, Patrick Wood, Brian Wright, Aneta Zeppettella





## Join the Maniacs on Social Networking!



### FACEBOOK:

Marathon Maniac page: <http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group: <http://www.facebook.com/groups/marathonmaniacs/>

### INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

### TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

### MY SPACE:

<http://www.myspace.com/marathonmaniacs>

### LINKED IN:

<http://www.linkedin.com/e/vgh/1843119>

### DAILY MILE:

<http://www.dailymile.com/groups/1403-marathon-maniacs>

Across all social networks use the hash tag:

## #marathonmaniacs



Terry



Georgeta



Dan



# LAST CHANCE MARATHON

BELLINGHAM, WASHINGTON

Monte



Carole



Wendy



David



Tracy



Steven



Kathy

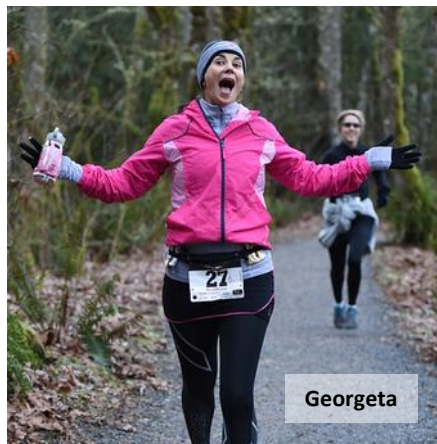


Sabrina



**Last Chance Marathon (12/31):** Margaret Barrett, Molasses, Lois Broussard, Steve Duncan, David England, Steven Ferry, Jim Fox, Reed Glesne, Susan Glesne, Maverick, Georgeta (GG!) Gruescu, Rick "Roadkill" Haase, Micaela Jensen, Jeff Klancke, Tracy Marshall, John McGuigan, Little Leslie, Hideko Opperman, Monte Pascual, David Pearson, Kathy "Rad Queen" Pryor, Bill Ralph, Sabrina, Dan Whitaker, Carole Williams, Tom "Tater" Williams, Kimberley Worthen, Don Wright





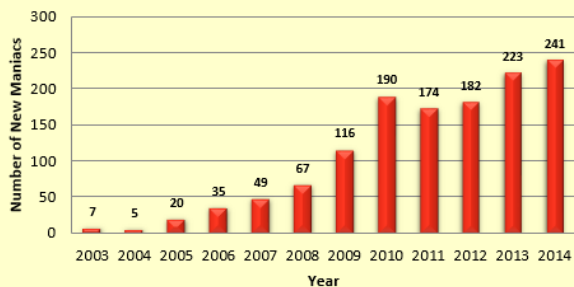
## REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

### Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	70.2	50.4	63.7	55.8	86.7	66.7	44.7	26.4	32.3	87.2	106.3	97.1	765.6
Record	212	101	170	138	212	147	101	56	73	257	334	223	1,994
2013	212	95	170	138	212	133	91	56	73	257	334	223	1,994
2014	225	177	189	137	249	175	81	52	70	257	257	<b>241</b>	2,110

### New Maniacs for December



New Maniacs in December 2014: 241  
 New Maniacs in 2014: 2,110  
 Total Maniacs: 10,532

State	MM	Pct%
Washington	1212	11.51%
California	813	7.72%
Texas	729	6.92%
Illinois	403	3.83%
Florida	380	3.61%
New York	356	3.38%
Oklahoma	330	3.13%
Virginia	299	2.84%
Georgia	256	2.43%
Ohio	234	2.22%
Oregon	224	2.13%

The Half Fanatics are closing in on the Maniacs in size.

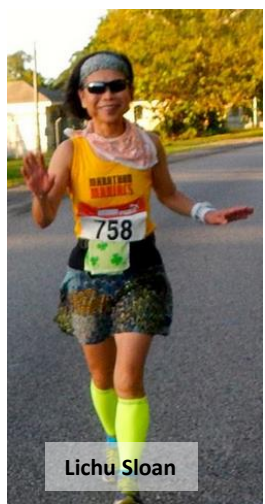
New Maniacs in 2014: **2,110**  
 Total Maniacs: **10,532**

New Fanatics in 2014: **4,043**  
 Total Fanatics: **10,115**





Brian Wright completes his 100<sup>th</sup> marathon!



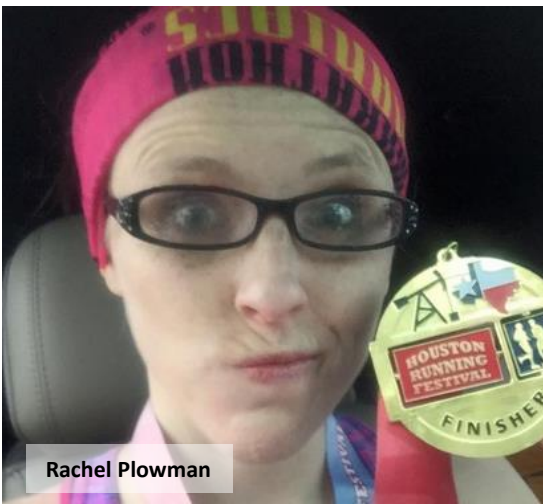
Lichu Sloan



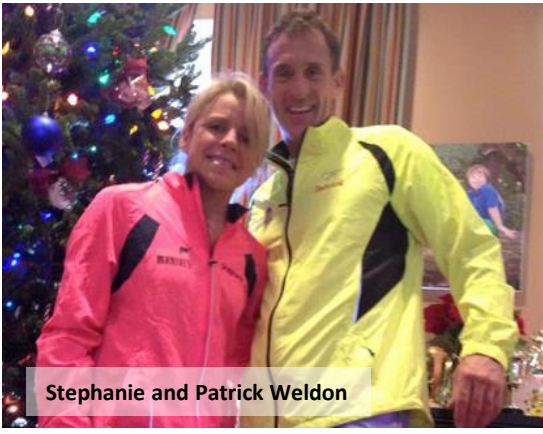
Jorge Garcia and Andrew Brooks



Ralph Suárez



Rachel Plowman



Stephanie and Patrick Weldon



Ralph Suárez



Carissa Liebowitz and Steve Miazgowicz



Denis



## Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter  
Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** Dean Chambers, Paul Fornier
- **Platinum (8 star) Maniac:** kathy pryor
- **Palladium (7 star) Maniac:** None
- **Osmium (6 star) Maniac:** Aquilino, Jeffrey Hollington, Tricia Early
- **Ruthenium (5 star) Maniac:** None
- **Iridium (4 star) Maniac:** Gilbert Dolores, Jennifer Bumbalough, Mike Tapper, Wanda Shoemaker, Theresa Connors, Donna Flaggs
- **Gold (3 star) Maniac:** None
- **Silver (2 star) Maniac:** Angie Kubovsky, Tracy Abrom

### New Titanium Maniacs!!



Dean Chambers



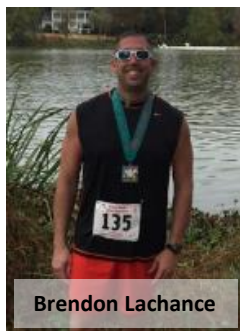
Paul Fornier



Kim Miller



Steven Ferry



Brendon Lachance



Steve Boone



Charli Long



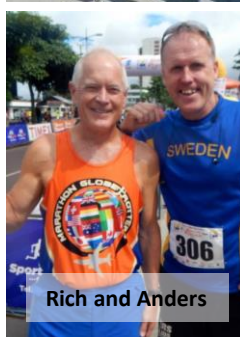
Scott and Mark



748



Rich and Anders



818



John Leighton



## Upcoming Races!

### Marathon/Ultra Calendar between January 24-March 7

Saturday, January 24

Aravaipa Coldwater Rumble 100m/52m/50k (AZ)  
 Arena Attack Indoor Marathon (CT)  
 Beast of Burden 100m/50m (NY)  
 Go Short Go Long Go Very Long (OK)  
 Icarus Florida Ultrafest 24h/12h (FL)  
 Mountain Mist (AL)  
 Team Loco Marathon (AR)

Sunday, January 25

Calico 50k (CA)  
 Callaway Gardens Marathon (GA)  
 Celebration Marathon (FL)  
 Gran Canaria Maraton (ESP)  
 Hong Kong Marathon (HKG)  
 Icebreaker Indoor Marathon (WI)  
 Khon Kaen International Marathon (THA)  
 Miami Marathon (FL)  
 Miracle Match Marathon (TX)  
 Ocala Marathon (FL)  
 ONU Polar Bear Indoor Marathon (OH)  
 Rock N Roll New Orleans (LA)  
 Trinidad & Tobago International Marathon (TTO)

Saturday, January 31

Desert Classic Marathon (AZ)  
 Enviro-sports Death Valley Marathon (CA)  
 Kahtoola Bigfoot Snowshoe Festival 50k/26.2 (UT)  
 Lake Youngs Nuts Run (WA)  
 North Face 100 Thailand (THA)  
 Run for Regis 50k/26.2 (OH)  
 Sedona Marathon (AZ)  
 Tejas Trails Rocky Raccoon 100m (TX)  
 Winter Night Trail Marathon (IN)

Sunday, February 1

Condura Skyway Marathon (PHL)  
 Galveston Marathon (TX)  
 Groundhog Marathon (MI)  
 Melbourne Music Marathon (FL)  
 Surf City Marathon (CA)  
 USA FIT Marathon (TX)  
 West Seattle Fat Ass (WA)

Friday, February 6

Aeries February Freeze 12h (IL)

Saturday, February 7

Delirium 24h/12h/6h (SC)  
 Hilton Head Island Marathon (SC)  
 ICY-8 8h (VA)  
 Iron Horse 100m/100k/50m (FL)  
 Jed Smith Ultra Classic 50m/50k (CA)  
 John Dick Memorial 50k (WI)  
 Light to Light 42.7m (NC)  
 Louisville McLovin the Hills (KY)  
 Mid-Maryland Ultra 50k (MD)  
 Piney Woods Trailfest 50k (TX)  
 Rainshadow Orcas Island 50k (WA)  
 Sean O'Brien 100k/50m/50k (CA)  
 Tejas Trails Rocky Raccoon 50m (TX)  
 Train Track Trek (CA)  
 Two Million Inch Run 31.56 m and Inch Worm Marathon (WA)  
 White Rock Classic 50k (AR)

Sunday, February 8

Carlton Classic Marathon (AUS)  
 CTR Golden Gate 50k/26.2 (CA)  
 Fort Smith Marathon (AR)  
 Kitakyushu Marathon (JPN)  
 Massacre Marathon (solo division) (NC)  
 Rocks and Roots 50k Day Two (OH)  
 Taipei Marathon (TWN)  
 Tallahassee Marathon (FL)  
 Thunderwolves Indoor Marathon (ON)  
 Virginia Beach Distance Races 100k/50k (VA)  
 Yukon Arctic Ultra (YT)

Monday, February 9

Abu Dhabi Striders Marathon (ARE)

Tuesday, February 10

Torcy Marathon (FRA)

Wednesday, February 11

Carthage Race (TUN)

Thursday, February 12

Lincoln's Birthday International Marathon (NY)

Friday, February 13

Rouge Orleans 126.2m (LA)  
 Southern Cross Marathon (CHL)

Saturday, February 14

Aravaipa Black Canyon 100k/50k (AZ)  
 Destin Beach 24h/100m (FL)  
 Hagg Lake Mud Run (OR)  
 Ice Bowl Ultra 75m (WI)  
 Jackpot Ultra Running Festival (NV)  
 Love.Run.Marathon (TX)  
 Mississippi River Marathon (MS)  
 Moab's Red Hot 55k (UT)  
 Myrtle Beach Marathon (SC)  
 Pemberton 50k (AZ)  
 Penguin Marathon (ATA)  
 Utah Indoor Marathon (UT)  
 Woolley 50k/26.2 (WA)

Sunday, February 15

26.2 With Donna (FL)  
 Austin Marathon (TX)  
 Birch Bay International Marathon (WA)  
 Buzz Marathon (CA)  
 Destin Beach 50m/50k (FL)  
 Five Points of Life Marathon (FL)  
 Fort Lauderdale A1A Marathon (FL)  
 George Washington's Birthday Marathon (MD)  
 HMRRRC Winter Marathon (NY)  
 IMS Arizona Marathon (AZ)  
 Kyoto Marathon (JPN)  
 Lost Dutchman Marathon (AZ)  
 NWTR Fort Ebey Kettles Trail Run (WA)  
 Paradise Coast Marathon (FL)  
 Rogue/Yeti Heartbreak Marathon (GA)  
 Winterman Marathon (ON)

Monday, February 16

White Continent Marathon (date dependent on weather) (ATA)

Tuesday, February 17

Maple Leaf Marathon 6-Pack (6 day event) (IN)

Friday, February 20

LoVit 100m (AR)

Saturday, February 21

Aravaipa Elephant Mountain (AZ)  
 Black Warrior 50k (AL)  
 Blackwater Trail Challenge (FL)  
 Cross Timbers 50m/26.2 (TX)  
 CTR Montara Mountain 50k/26.2 (CA)  
 Cummins Falls Marathon (TN)  
 Frozen Feet 6h (MO)  
 Frozen Heart 50k (MD)  
 LoVit 100k (AR)  
 NJ Trail Series Febapple Frozen Fifty 50m/50k (NJ)  
 Punta Arenas Marathon (date dependent on weather) (CHL)  
 Surfside Marathon (TX)  
 Ultra Adventures Antelope Canyon 100m/50m/50k (AZ)  
 XTERRA Thrill in the Hills Marathon (GA)

Sunday, February 22

Altis Shelby Forest Loop Marathon (TN)

El Paso Marathon (TX)

Evergreen Lord Hill 50k (WA)  
 Hyannis Marathon (MA)  
 Last Chance for Boston Marathon (OH)  
 Malta Marathon (MLT)  
 Mercedes Marathon (AL)  
 NYCRuns Central Park Marathon (NY)  
 Tokyo Marathon (JPN)

Friday, February 27

Tel Aviv Marathon (ISR)

Saturday, February 28

12th Annual Campaign "Fund" Run (WA)  
 Mt Cheaha 50k (AL)  
 Mt Mitchell Challenge and Black Mountain Marathon (NC)  
 Orange Curtain 100k/50k (CA)  
 Phoenix Marathon (AZ)  
 Razorback Endurance Race (many options) (CA)  
 Richland Run Fest (WA)  
 Tejas Trails Nueces 50m/50k (TX)  
 Woodlands Marathon (TX)

Sunday, March 1

Angry Tortoise (FL)  
 Army Marathon (TX)  
 Caumsett 50k Championship (NY)  
 Cowtown 50k/26.2 (TX)  
 Lake Natoma 50k/26.2 (CA)  
 Little Rock Marathon (AR)  
 Marathon of the Treasure Coast (FL)  
 Napa Valley Marathon (CA)  
 Q50 Trails Extravaganza 50m/26.2 (LA)  
 Ultramaraton Caballo Blanco (MEX)

Friday, March 6

Titi 100 (MYS)

Saturday, March 7

Albany Marathon (GA)  
 BCS Ultramarathon 50m/50k (TX)  
 Calico Red Rock Canyon Marathon (NV)  
 Carl Touchstone Memorial Mississippi 50m/50k (MS)  
 Dances With Dirt Green Swamp 50m/50k/26.2 (FL)  
 Deo 50k (CA)  
 Diamond Valley Lake Marathon (CA)  
 Dirty Duo 50k (BC)  
 Graveyard 100 (NC)  
 Green Jewel 50k (OH)  
 Groundhog Marathon (GBR)  
 Gusher Marathon (TX)  
 Mainly Marathons Ute Lake State Park (NM)  
 Mountain Marathon (WA)  
 Old Man 53k (AZ)  
 Old Pueblo 50 Mile Endurance Run (AZ)  
 Peak Snowshoe Championship 100m/26.2 (VT)  
 Post Oak Challenge Day One (OK)  
 Run Hard Columbia Marathon (SC)  
 Stroll in Central Park 12h/6h (GA)  
 Umstead Trail Marathon (NC)  
 Way Too Cool (CA)

Sunday, March 8

Florida Sheriffs Youth Ranch Marathon (FL)  
 Lower Potomac River Marathon (MD)  
 Mainly Marathons Conchas State Park (NM)  
 Malaysia Women Marathon (MYS)  
 Nagoya Womens Marathon (JPN)  
 NWTR Spring Run for Fun (WA)  
 Post Oak Challenge Day Two (OK)  
 Zydeco Marathon (note date change) (LA)





## New Maniacs in October 2014

Dennis Burlingame (#10292)  
 Christopher Falconio (#10293)  
 GERALYN O'MARRA (#10294)  
 Georgy Cherian (#10295)  
 Rachel Toolan (#10296)  
 Angel Lewis (#10297)  
 Cipriana Cuevas (#10298)  
 Brian Tiller (#10299)  
 JD Durick (#10300)  
 threemooregirls@hotmail.com (#10301)  
 Laura Hall (#10302)  
 Kevin Meenaghan (#10303)  
 Gloria Reynolds (#10304)  
 Bobbie S. (#10305)  
 John Morris (#10306)  
 Bryan Stanton (#10307)  
 Gretchen Rimkus (#10308)  
 Marie Skubon (#10309)  
 Joe Maranzani (#10310)  
 Iris Klein (#10311)  
 Natalie Carpenter (#10312)  
 Jeanine (#10313)  
 Rachel Plowman (#10314)  
 Benjamin Vickers (#10315)  
 Courtney Dredden (#10316)  
 Laurelee Whitney (#10317)  
 Jeanette Stanton (#10318)  
 Neal Blair (#10319)  
 Sherry Scott (#10320)  
 Katie Clark (#10321)  
 Eric Monnett (#10322)  
 Jeanette Luevanos (#10323)  
 Michelle Furney (#10324)  
 Kate Hayes (#10325)  
 Wanda Ndimbie (#10326)  
 Michael Varnell (#10327)  
 PlantFedRunner (#10328)  
 Leslie Daugherty (#10329)  
 John Roberts (#10330)  
 Kathy Biscardi (#10331)  
 Mandy Chmiel (#10332)  
 Goodyear12 (#10333)  
 Karen Johnson (#10334)  
 Randy Smith (#10335)  
 Alfredo Diaz (#10336)  
 Thomas Roehlk (#10337)  
 Ronald Ambrose (#10338)  
 Billy Jenkins (#10339)  
 Barb Jewell (#10340)  
 Belinda Sarosi 2 (#10341)  
 Susan Satlin (#10342)  
 Carey Steffen (#10343)  
 Nicholas Amigoni (#10344)  
 Mary Lack (#10345)  
 Sabrina Aguilar (#10346)  
 Melissa Marchetti (#10347)  
 Melanie Torres Williams (#10348)  
 Chris Knaff (#10349)  
 Janell Krack (#10350)  
 Steven Hill (#10351)

Peggy Sue Hill (#10352)  
 Rick Ryan (#10353)  
 Mandy Prince (#10354)  
 Paul Grzemeski (#10355)  
 CrysDawna Cusson (#10356)  
 Lin Jones (#10357)  
 Laura Bianco (#10358)  
 John Walker (#10359)  
 Monica Kimbler (#10360)  
 Miriam Cutelis (#10361)  
 Michele Gretano (#10362)  
 Tony McDonald (#10363)  
 Marc Gill (#10364)  
 Steven Thomas (#10365)  
 Gail Fuller (#10366)  
 Daniel Carson (#10367)  
 Kyle Shaver (#10368)  
 Kristi Rainwater (#10369)  
 Larry Villella (#10370)  
 Kimberly Kirby (#10371)  
 Veronica Boyer (#10372)  
 Manuel Marquez (#10373)  
 Bego Lopez (#10374)  
 Bryan Wortham (#10375)  
 Gisela Perez (#10376)  
 Michelle Forte (#10377)  
 TING HONG YEW (#10378)  
 Patrick Henderson (#10379)  
 Daniel Martinez (#10380)  
 Rachel Sutcliffe (#10381)  
 Paige Hughes (#10382)  
 Ben Walters (#10383)  
 Jamie Richard (#10384)  
 Steven (Pat) McCain (#10385)  
 Shauna Gardino (#10386)  
 Janeen Skutnik-Wilkinson (#10387)  
 SHAY PATTERSON (#10388)  
 Wayne Dunbar (#10389)  
 Lilian Shepherd (#10390)  
 Charles Ziegenfus (#10391)  
 Lisa Stuart (#10392)  
 Brian Jacobsen (#10393)  
 Kevin Beerermann (#10394)  
 Bruce Ngo (#10395)  
 Brooklyn (#10396)  
 Robert Ruddle (#10397)  
 Megan White (#10398)  
 Todd Griffin (#10399)  
 Chloe Keidaish (#10400)  
 Julie Ostroga (#10401)  
 Julia Taylor (#10402)  
 Julie Jensen (#10403)  
 Chip Melleby (#10404)  
 Javaid Iqbal (#10405)  
 Tai Ajani (#10406)  
 John McGuigan (#10407)  
 Zulikha Neumann (#10408)  
 Kathryn Schade (#10409)  
 Mary Countryman (#10410)  
 Edna Wall (#10411)  
 Brooke Willis (#10412)  
 Curtis Green (#10413)  
 Marianela Caballero (#10414)  
 Jeannine Lefebvre (#10415)  
 Telander Foster (#10416)  
 Sim Lok Chiew Charity (#10417)

Ben Randle (#10418)  
 Donald Nims (#10419)  
 Mark Anderson (#10420)  
 Mike Hall (#10421)  
 Jo-Anna Syverson (#10422)  
 Maria Castillo (#10423)  
 Mary Lewis (#10424)  
 Cameron Jackson (#10425)  
 Vanessa Lavarez (#10426)  
 Jere McCully (#10427)  
 Ed Childress (#10428)  
 Jody Koehler (#10429)  
 Kim McGuffey (#10430)  
 Miguel Gonzalez (#10431)  
 Daniel Cupples (#10432)  
 Otairesiri Tetes Lorraine Inije (#10433)  
 Amber Smith (#10434)  
 Samantha Faulk (#10435)  
 Deborah Rudawsky (#10436)  
 Sarah Humphries (#10437)  
 Kevin Humphries (#10438)  
 Larry Lawrence (#10439)  
 Brenda Hornickle (#10440)  
 Sylvia Ramirez (#10441)  
 William Black (#10442)  
 Melissa Whited (#10443)  
 Rodney Whited (#10444)  
 Eric Christman (#10445)  
 Katherine Cavanaugh (#10446)  
 Jamie Lamberson (#10447)  
 Kerri Kerr (#10448)  
 Lessa Bates (#10449)  
 Linda Robinson 2 (#10450)  
 Marissa de Luna (#10451)  
 Katie Murphy (#10452)  
 Chrisanna Saums (#10453)  
 Ronald Woodall (#10454)  
 Katina Copeland (#10455)  
 Simon Ward (#10456)  
 Laura Moreno (#10457)  
 Danielle Joyce (#10458)  
 Margaret Moon (#10459)  
 Donna Shell (#10460)  
 John Huhn (#10461)  
 Lisa Schmidt (#10462)  
 Aurene Pila (#10463)  
 Cathy Chin (#10464)  
 Melissa Tonn (#10465)  
 Alys Northern (#10466)  
 Kelly Meadows (#10467)  
 Elisa Schasse (#10468)  
 Sandra Winter (#10469)  
 Anzhela Knyazeva (#10470)  
 Dannelle Whiting (#10471)  
 Linda Okita (#10472)  
 Kerstin Daynes (#10473)  
 Jim Moore (#10474)  
 Patricia Murphy (#10475)  
 Chris Forrest (#10476)  
 Gabriel Tom (#10477)  
 Stan Fivecoat (#10478)  
 Erika Barron (#10479)  
 John Yanchunis (#10480)  
 Brian Roper (#10481)  
 Beth Roper (#10482)  
 Carol Rivadeneyra (#10483)

Pilita Winchatz (#10484)  
 Joseph Siti (#10485)  
 Jan Johnson (#10486)  
 Brenden Finn (#10487)  
 Devesh Khatau (#10488)  
 Todd Schwartz (#10489)  
 Anita Schorlemmer (#10490)  
 John Schafer (#10491)  
 Gary Crawford (#10492)  
 Emily Woesthoff (#10493)  
 Kathryn Rand (#10494)  
 Steven Light (#10495)  
 Bryce Clark (#10496)  
 Judy Hasselkus (#10497)  
 Michael Chan (#10498)  
 Amy Elizabeth Jones (#10499)  
 Sharon Pavlik (#10500)  
 Sharon Causin (#10501)  
 Manoj Massand (#10502)  
 Kristin Ham (#10503)  
 Sally Bartholomew (#10504)  
 Chandy Davidson (#10505)  
 Michael "bring me a shrubbery" Starr (#10506)  
 Kristi Childress (#10507)  
 Jennifer Ramirez (#10508)  
 Jo Ronk (#10509)  
 Danny Perches (#10510)  
 Kathy Carroll (#10511)  
 Jamie Dodge (#10512)  
 Steve Sturgeon (#10513)  
 Danielle Baker (#10514)  
 Ernestine Murata (#10515)  
 Michael Albin (#10516)  
 Nathan Harvey (#10517)  
 Lory Johnson (#10518)  
 Jerome Ventura (#10519)  
 Elizabeth Scheid (#10520)  
 Krystal Davis (#10521)  
 Jim Brown (#10522)  
 Melissa Bodeau (#10523)  
 Heather Jordan (#10524)  
 Sharon Nellessen (#10525)  
 Andrea Weber (#10526)  
 Will Featherston (#10527)  
 Sophia Sandoval (#10528)  
 Stephen Greenhalgh (#10529)  
 Teresa Greenhalgh (#10530)  
 Gary Rehak (#10531)  
 Aaron McColloch (#10532)



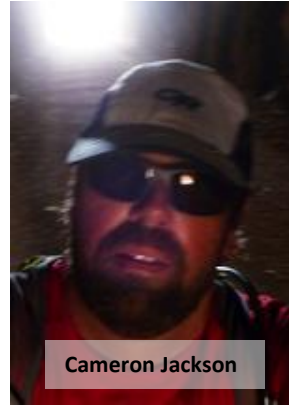
## NEW MANIACS



John D. Morris



Vanessa Lavarez Congratulations!



Cameron Jackson



Erika Barron



Kelly Meadows



John Roberts



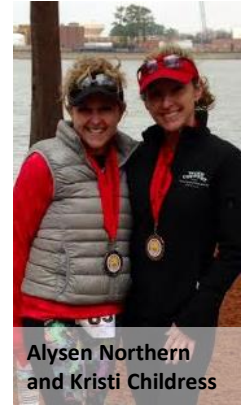
Laura Moreno



Melissa



Danny Perches



Alysen Northern and Kristi Childress



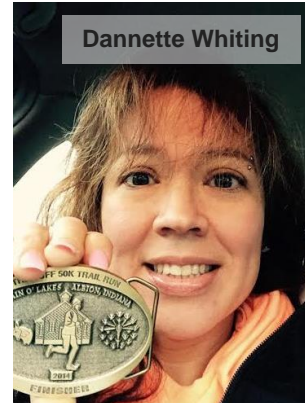
Gisela Perez



John Yanchunis



Steven & Peg Hill



Dannette Whiting



Carey Steffen



Janeen Skutnik-Wilkinson



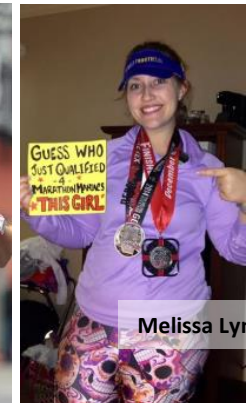
Katina Copeland



Sylvia Ramirez



Kristin Ham



Melissa Lynn





Dan Ruiz and Jennifer Hatcher



Debbie Sobolewski



Robert Bondurant breaks 4:00 in a 50k for the first time!

3:57:27

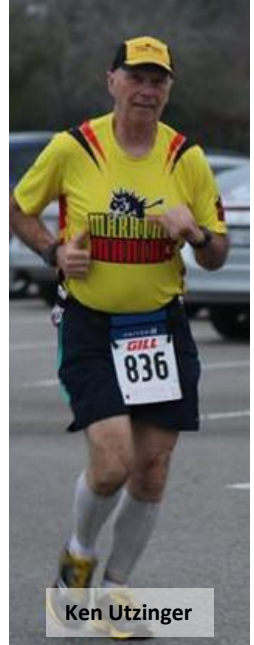
Rob Bens finishes his 50<sup>th</sup> state!



Michael Brandt with Suzanne Montoya



Ken Utzinger



Richard Carroll



Cade Remsburg and Steve Walters

### FROM THE EDITOR...

Winter is in full season, but that doesn't stop most Maniacs. We saw a lot of you guys running in Delaware, Memphis, Oregon, Washington, California, Texas along with others. Wherever you ran I hope you had fun. If you took the month off, I hope you enjoyed the holidays with friends and family. January will be a busy month with the MM reunion along with other popular races.

Happy Running!

- Steve "Marathon Freak" Walters MM#338



## MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts have a \*\* in front of the race name and don't forget about the Maniac discounts at Running Skirts [www.runningskirts.com](http://www.runningskirts.com) and The Running Warehouse [www.runningwarehouse.com](http://www.runningwarehouse.com) for all your non-Maniac branded apparel and shoe needs.

- Melbourne Music Marathon (FL) 2/1/15: [www.themelbournemarathon.com](http://www.themelbournemarathon.com)
- \*\*Fort Smith Marathon (AR) 2/8/15: <http://fortsmithmarathon.com>
- Mississippi River Marathon (MS) 2/14/15: [www.msrivermarathon.com](http://www.msrivermarathon.com)
- Buzz Marathon (CA) 2/15/15: [www.buzzmarathon.org](http://www.buzzmarathon.org)
- \*\*Fort Lauderdale A1A 2/15/15: [www.a1amarathon.com](http://www.a1amarathon.com)
- Lost Dutchman Marathon (AZ) 2/15/15: [www.lostdutchmanmarathon.org](http://www.lostdutchmanmarathon.org)
- Mercedes Marathon (AL) 2/22/15: [www.mercedesmarathon.com](http://www.mercedesmarathon.com)
- Stanky Creek Marathon (TN) 3/8/15: <https://altisendurance.com/events/stanky-creek-marathon-and-half-marathon>
- Tobacco Road Marathon (NC) 3/15/15: <http://tobaccoroadmarathon.com>
- Raccoon Mountain Marathon (TN) 3/21/15: <http://runchattanooga.org/rmm/>
- Hogeve Marathon (AR) 3/29/15: [www.hogeyemarathon.com](http://www.hogeyemarathon.com)
- Knoxville Marathon (TN) 3/29/15: [www.knoxvillemarathon.com](http://www.knoxvillemarathon.com)
- Tomoka Marathon (FL) 3/29/15: [www.tomokamarathon.com](http://www.tomokamarathon.com)
- Blooms to Brews Marathon (WA) 4/12/15: <http://bloomstobrews.getboldevents.com>
- Carmel Marathon (IN) 4/18/15: [www.carmelmarathon.com](http://www.carmelmarathon.com)
- Garmin Marathon (KS) 4/18/15: <http://ozrun.org>
- Whidbey Island Marathon (WA) 4/19/15: [www.whidbeyislandmarathon.com](http://www.whidbeyislandmarathon.com)
- Illinois Marathon 4/25/15: <http://illinoismarathon.com>
- Snake River Island Hop 50K/100K (WA) 4/25/15: [www.plateautrailadventures.com](http://www.plateautrailadventures.com)
- Crossroads of Northwest Indiana Marathon 4/26/15: [www.nwcrossroads.com](http://www.nwcrossroads.com)
- Brookings Marathon (SD) 5/2/15: [www.brookingsmarathon.com](http://www.brookingsmarathon.com)
- \*\*Shiprock Marathon (NM) 5/2/15: [www.shiprockmarathon.com](http://www.shiprockmarathon.com)
- Wisconsin Marathon 5/2/15: [www.wisconsinmarathon.com](http://www.wisconsinmarathon.com)
- Coastal Delaware Running Festival 5/3/15: [www.codelrun.com](http://www.codelrun.com)
- Delaware Marathon 5/10/15: [www.delawaremarathon.org](http://www.delawaremarathon.org)
- Starved Rock Country Marathon (IL) 5/16/15: <http://starvedrockcountrymarathon.org>
- Shires of Vermont Marathon 5/17/15: <http://shiresofvermontmarathon.com/>
- Vineyards Marathon Grapes of Half (OR) 5/17/15: <http://pinkbuffaloracing.com/GrapesofHalf.htm> |
- Vermont City Marathon (VT) 5/24/15: [www.vermontcitymarathon.org](http://www.vermontcitymarathon.org)
- Cox Providence Marathon (RI) 5/3/15: [www.rhoderaces.com/marathon/index.html](http://www.rhoderaces.com/marathon/index.html)
- Windermere Marathon (WA) 6/7/15: <http://windermeremarathon.com/>
- Kona Marathon (HI) 6/28/15: [www.konamarathon.com](http://www.konamarathon.com)
- Aspen Valley Marathon (CO) 7/18/15: [www.aspenvalleymarathon.com](http://www.aspenvalleymarathon.com)
- \*\*Sweltering Sun 8 Hour & Marathon (MA): <http://burcsrunners.org/run-with-us/burcs-races/sweltering-summer>
- Moose's Tooth Marathon (AK) 8/16/15: [www.bigwildliferuns.org](http://www.bigwildliferuns.org)
- \*\*Lake Chelon Shore to Shore Marathon (WA) 9/12/15: [www.lakechelanmarathon.com](http://www.lakechelanmarathon.com)
- Boring Marathon (OR) 9/13/15: <http://boringmarathon.com>
- New Hampshire Marathon 10/3/15: [www.nhmarathon.com](http://www.nhmarathon.com)
- \*\*Kansas City Marathon 10/17/15: <http://waddellandreedkansascitymarathon.org>
- \*\*Atlantic City Marathon (NJ) 10/18/15: [www.acraceseries.com/AC\\_Marathon.htm](http://www.acraceseries.com/AC_Marathon.htm)
- Mainly Marathons Marathon Series races, discount for all races and all series <http://mainlymarathons.com>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: [jeff@marathonmaniacs.com](mailto:jeff@marathonmaniacs.com)



**PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)**  
**YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!**

**A REMINDER IS SENT WITH THE MONTHLY E-FLASH**  
**AND SOME OF YOU ARE OVERDUE!!**



### RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



Oh Man, Prez, a New Year!!!

So there's 1,437 marathons I want to try this year. You in?

Big city ones, little town ones, American Iconic ones, quiet country roads ones, even ones in Canada, in case it's not cold enough here. No worries: Roger Mac's wife makes delicious hot chocolate, and they live in central Canada, which is convenient, because how big can Canada be anyway?

I like the big city ones. You want to see the World, and the World comes out to see you! I'll bet I have talked to people from all 29 continents at New York City alone, just by high-fiving the policemen and saying "Hey!" to the eight-deep spectators in Manhattan.

I have made friends with a really fast Kenyan fellow, a Danish army sergeant, a teacher from Bermuda (oh, I could live on those islands, I'll tell you), and even the Netherlands' ambassador to Lithuania. Didn't know the Netherlands had much to say to Lithuania.

I love running in Miami, on the one day they can, the last Sunday of January. Nothing like a pretty city with beaches where you can swim after 26.2. That extra sun you Northwesterners think you're saving up for a rainy day? Florida spends it. (I know, they don't run much after sun-up. Pick your preference.)

I once met some French runners who told me to forget Paris and run the smaller marathons over there. They might have a point worth half following. I'd love to do both.

A peaceful run here is Bart Yasso's Lehigh Valley. He long ago set-up a shady, riverside marathon in eastern Pa., the weekend after Labor Day. Plenty of hotels, restaurants, the works, and logistics mean a bad parking spot is 500 yards from the start. With Bart around for humorous tips, what more could a Prez ask for? Say "tranquil towpath trails" 26 times fast.

Iconically speaking, I'd love to do Catalina, Crater Lake, Columbus River Gorge, MDI, San Francisco, and anything in Colorado. Maniacs might underscore two: Tony's Tacoma Reunion in May, with its scenery, spectators, and Maniacal reunion festivities; and the winding river canyon of Yakima in March. So many yellow shirts run there that the eagles and elk come out to watch us.

Prez, I have been prodded to ponder multi-day events, though so far Mrs. Robinson's suggestions are only making Mrs. Rev laugh. Preparation might be the new key for me, but let's not be hasty. (It would answer about 46.38% of the questions raised on Facebook.) Maniacs rejoice frequently about the 4 days in Seattle, the 6 days in Arizona, and the 7 days in Florida. I am thinking of first trying a 24-hour deal, but I had to add this sentence after Mrs. Rev read this letter, else she'd get the giggles again.

What is fun or challenging to one may seem silly to another and impossible to a third, but is inspiring to us all. I love it in here, Prez. Gotta go now...headed to the gym. Going to catch you yet, Yee.



Luvya,  
Rev  
[dgkienz@yahoo.com](mailto:dgkienz@yahoo.com)