



# MARATHON MANIACS

## FEBRUARY 2013 NEWSLETTER

★ ★ ★ ★ ★ Volume 10, Number 2 ★ ★ ★ ★ ★

10 YEARS OF MANIACAL CRAZINESS!! (2003-2013)

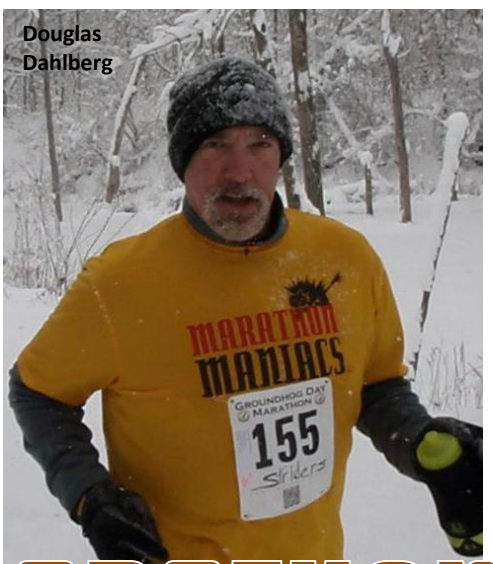
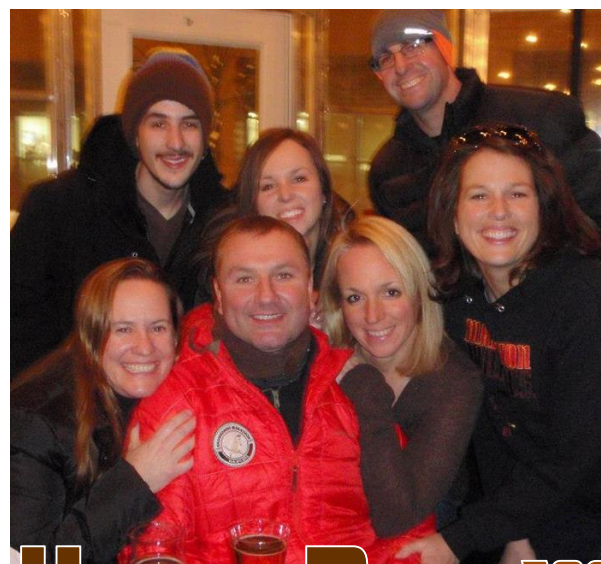
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Ruth Walsh



Douglas Dahlberg

# Groundhog Day MARATHON



Jen Leugers



Abbi Florence



Michael Hoyt



Scott VanLoo



Abbi and Sandy



Mitch Brouwer



David Thierjung

**Groundhog Day Marathon (2/2):** Barco, Mitch "The Wiz" Brouwer, Sarah Corliss, Douglas ( Run the Earth ) Dahlberg, Abbi-Normal, Paul Fournier, Merete Francis, Elaine Green, Michael Hoyt, madDOG, Bob "Birdman" Kennedy, Jen Leugers, Doug MacKenzie, Danie Matusik, Ethan Matyas, Chase Merriman, Jean Neely, Jackie Panfili, Rich "RIP" Pye, har, Eva Sanmartini, Jen "Hey, I'm still out here" Savage, Bob Schluben, Darren Sorgenfrei, Chad Spilman, Scott VanLoo, Ruth "Wildcat Runner" Walsh

# 2003

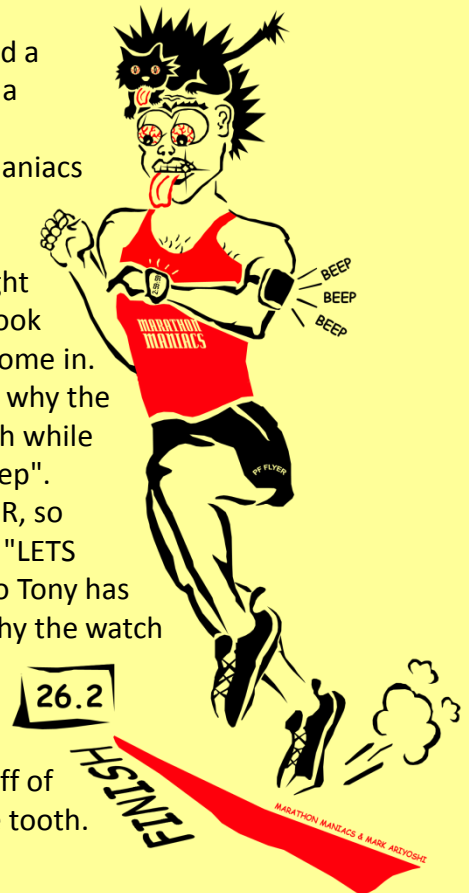
## A DECADE OF MANIACAL CRAZINESS!

### A look back at the first 10 years...

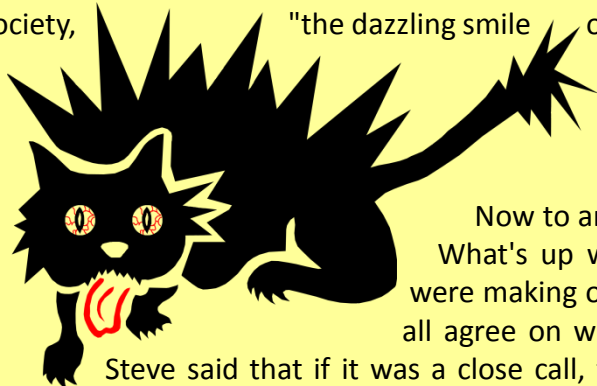
# 2013

#### Story behind our logo

As the whole Maniac idea was coming together we thought we needed a logo to make us look as unique as our club was. We got together with a fellow running buddy Mark Ariyoshi who is a graphic designer. Mark suggested that we incorporate characteristics of the three founding Maniacs into an animated character that would represent a true Marathon Maniac. Everyone loved the idea and Mark was soon collaborating ideas from each of us on our daily tempo runs to come up with the right mix to keep the three of us happy. His first goal was to make the guy look like a Maniac, that's where the bulging eyes and tongue hanging out come in. Chris has a tendency to swing his right arm out as he is running, that's why the right arm is placed where it is. Steve always wears his Timex GPS watch while doing training runs, that's what's on the left arm going "beep beep beep". Tony's first web site and also his personalized license plate are PF FLYER, so this was written on the side of the shorts. Tony says before every race "LETS BURN SOME RUBBER" so the smoke was added behind the shoes. Also Tony has a huge battle raging at breaking three hours in the marathon, that's why the watch reads "2:59:59". Steve and Tony would frequently tease Chris about a comment that was made from a member of the Dead Runners Society, "the dazzling smile of Chris Warren", this



explains the gleam off of the tooth.



Now to answer the question that everyone really wants to know, What's up with the cat on the head??? Well originally when we were making out the criteria on getting into the Maniacs, we couldn't all agree on what made a Maniac. At one point in the conversation

Steve said that if it was a close call, the person applying for maniacism had to have a cat! What? Yes a cat! Since all three of the founding Maniacs have at least one cat, he said that to get in you had to have one too (if it was a close call). Obviously, this isn't part of the "real" criteria, but it was really funny to hear him sound so serious about this. That is why there is a cat on the head of the Maniac.



Dan Moss



Watershed Marathon

Jennifer Hienton



Prez, PK and Tom Scott



Mississippi River Marathon

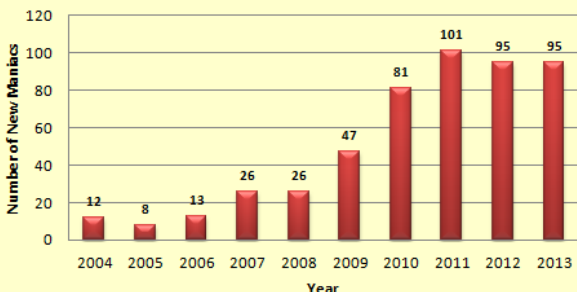
# REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

### Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	54.4	45.4	51.9	46.7	74.2	60.1	40.1	23.4	28.2	70.2	83.5	84.5	584.4
2012	154	95	126	132	160	147	101	56	71	174	194	182	1592
2013	212	<b>95</b>											307

### New Maniacs for February



New Maniacs in Feb 2013: 95  
 New Maniacs in 2013: 307

Total Maniacs: 6735

State	MM	Pct%
Washington	942	14.0%
California	575	8.5%
Texas	446	6.6%
Illinois	263	3.9%
Florida	230	3.4%
New York	199	3.0%
Oklahoma	183	2.7%
Virginia	183	2.7%
Oregon	172	2.6%
Georgia	140	2.1%



Jay Pettit and Joan Kim



Louie Soriano and Jill Bidwell

# Surf City Marathon



Dave Bell



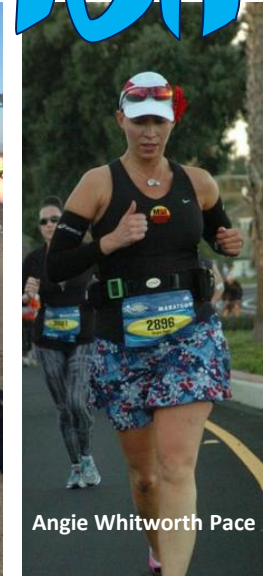
Roger Macmillan



Kathleen Gorman



Larry Wasson



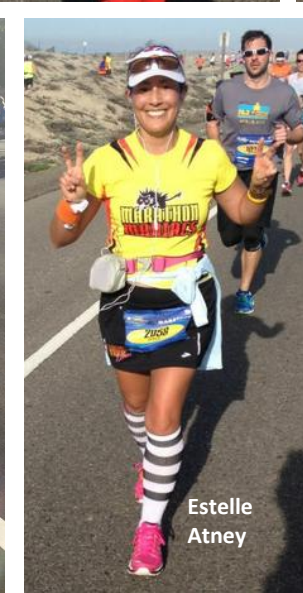
Angie Whitworth Pace



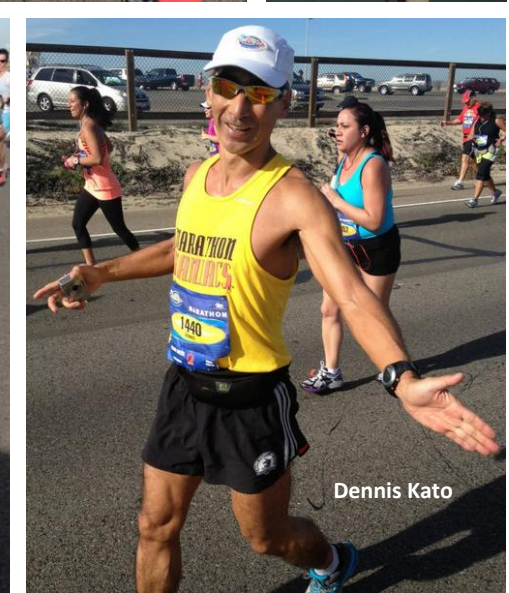
Sofie Romero and Sue Lee



Casey Chernesky



Estelle Atney



Dennis Kato



Charlene Ragsdale and Diana Kitching



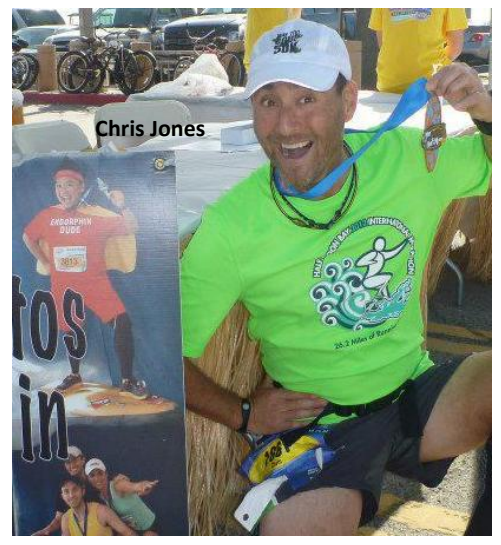
Jay Pettit and Joan Kim



Joe Taricani



Louie Soriano



Chris Jones

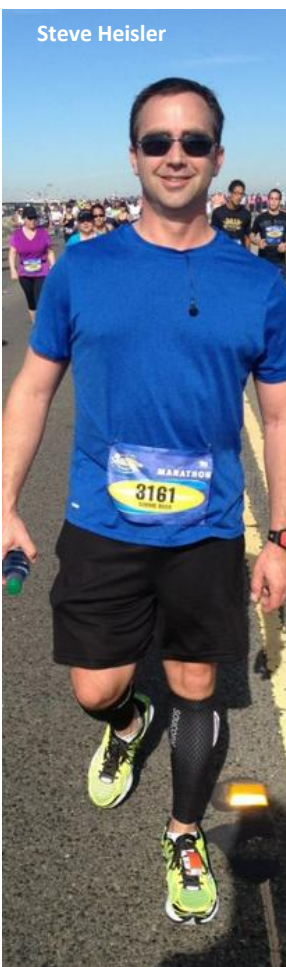


Haywood Crowder



Paula Hamilton

**Surf City Marathon (2/3):** Hector Aleman, Barbara Alston, Estelle "Pupster" Atney, Howard Audet, Lindsay Baker, Dave Bell, Jill "Jillfo" Bidwell, Sally "me and my dad" Boles, Stephen Brang, Cormac Burke, Marathon Mitch, Pony Express, John Chun, Tracy "Trixie" Crane, Haywood "Turtlerunner" Crowder, Cody Dangel, Rob Distante, Diane Durden, Natalie Ehrlich, Dexter Emoto, Ed "Mad Hatter-Fancy Pants" Ettinghausen, Ken Fattmann, Mabel Fong, Kathleen Gorman, Roger Greene, Mr. Pat, Paula Hamilton, Dan Hausser, Steven Heisler, Tristan Higgason, David Holmen, Love to Run Donna, RUNora James, DEO, Chris Jones, D2R2 - "Da Do Run" Ron Kalich, Joan Kim, Diana Kitching, Dagmar Knudsen, Renee Kohlman, Jim Laubsted, Pat Lynch, Roger MacMillan, Jon "Coconutboy" Mahoney, Sherry "Coconutgirl" Mahoney, Michel Maokhampio, Suzanne Marchesano, Dan Margolis, Susan Marshall, David Martinez, Nick Matthews, Eddie McCoy, Helen McMullin, Rocky Morales, Lisa Morin, Dana Mosell, Micah Nash, Sonja Normann, Satiro de Oliveira, Carolynn Parker, Don "Wait For Me!" Pemberton, Bill Ralph, Derek Ralston, Joe Reilly, Silver Rivas, "Lyle, Lyle Crocodile" Robertson, Keith Schlottman, Paul Schmidt, Nancypants Shumard, Chip Southern, Ultra Clydesdale, Dolores Valencia, Karen "Evil Twin" Vollan, Bill Walsky, Larry Wasson, Marina 'vasolina' White, Angie Whitworth Pace, Melinda Yanuaria, Ely Yaron



Steve Heisler



Chris Jones



Louie and Jon



Trent Morrow



Joe Taricani



Emil Cheng



Jill Bidwell



Mitch and Angie



Diana Kitching



## Social Networking

From Facebook to Twitter, the Maniacs have a presence in the world of social networking. Whatever social network your prefer I'm sure the Maniacs are there, so check them out!

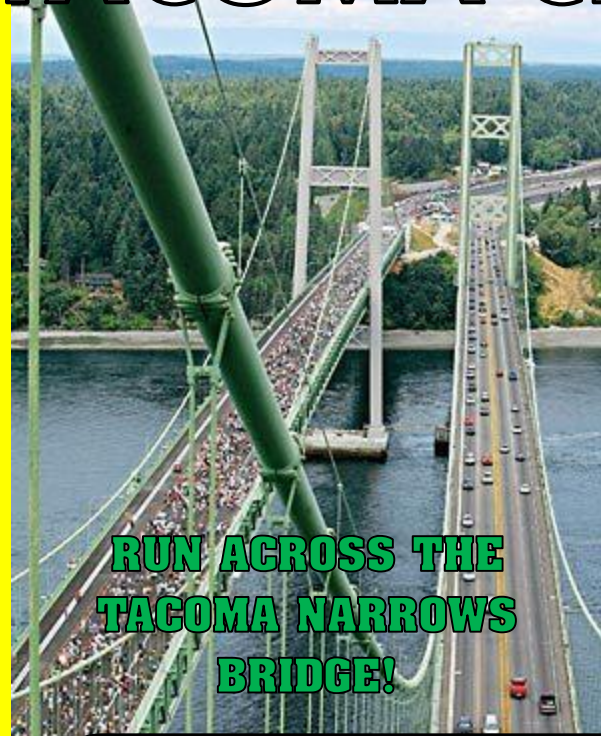
- Facebook: <http://www.facebook.com/group.php?gid=8904689204>
- LinkedIn: <http://www.linkedin.com/e/vgh/1843119/>
- MySpace: <http://www.myspace.com/marathonmaniacs>
- Dailymile: <http://www.dailymile.com/groups/1403-marathon-maniacs>
- RunningAhead: <http://www.runningahead.com/groups/MMS>



Ed Ettinghausen

# TACOMA CITY MARATHON

**Sunday May 5, 2013**



**RUN ACROSS THE  
TACOMA NARROWS  
BRIDGE!**

The NEW Michelob ULTRA Tacoma City Marathon is a scenic point to point *net downhill course*. Starting at Tacoma Narrows Airport runners will actually run the "runway". Crossing the Tacoma Narrows Bridges will leave you in awe of the great Puget Sound and views of Mt. Rainier. After the short ascent off the Narrows Bridge you will be treated to easy rolling terrain through North Tacoma's Proctor District, the home of the new Fleet Feet Tacoma location. The course gradually descends through beautiful Pt. Defiance Park and eventually comes down to the flat and fast Tacoma Waterfront. The new finish line provides a flat and fast entrance into the city. Experience the Narrows and Beauty of Tacoma! [Register today!](#)

**DON'T MISS OUT ON THE 10 YEAR MANIAC CELEBRATION IN 2013!** Check out who's coming [HERE](#)<<



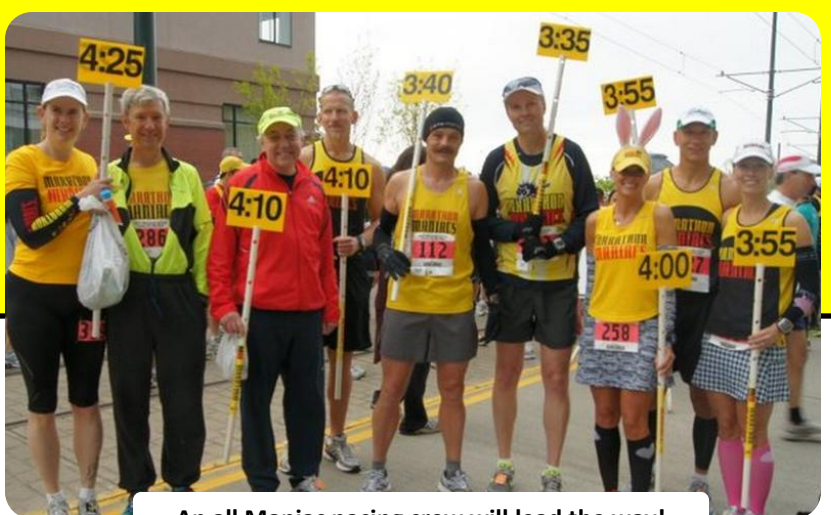
Come celebrate a decade of Maniacal running at the 2013 Tacoma City Marathon. This will be the largest gathering of Maniacs in one race with special treatment for Maniacs all weekend! A Maniac meeting on Saturday afternoon (5/4/13) is a can't miss with prizes, awards and more!

As of March 8, 2013 there are **442 Maniacs** registered for the 10 Year Maniac Celebration!

**MARATHON  
MANIACS  
10 YEAR ANNIVERSARY  
2003-2013**



The Main Maniacs will be guest speakers.



An all Maniac pacing crew will lead the way!

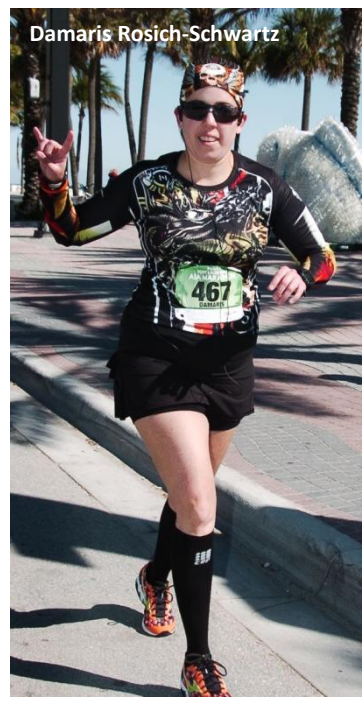




Donna Henry



Maple Leaf Indoor Marathon



Damaris Rosich-Schwartz



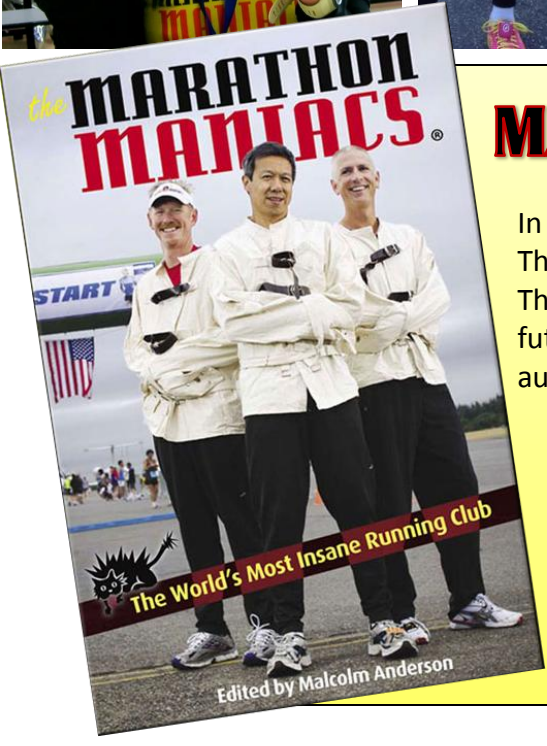
Yoshiko Jo



Scot Barco



Steve Boone and Alison Black



## MARATHON MANIACS: THE BOOK

In February the Main Maniacs released the Marathon Maniacs book! This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

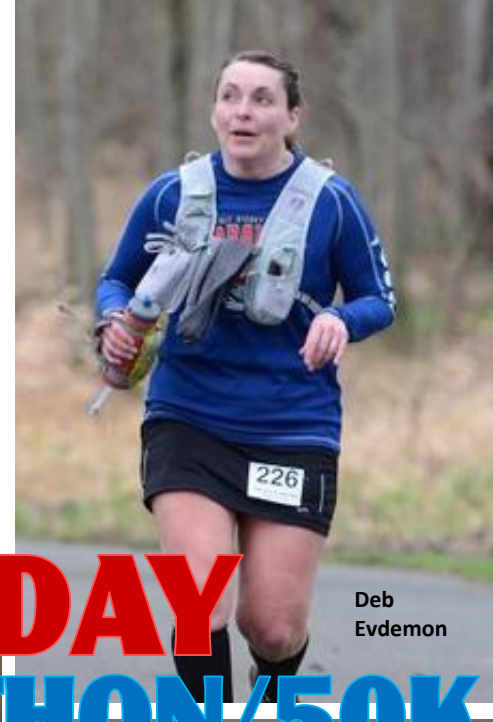
Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/shopproductdetail.asp?prodID=105&catID=14>

Paige Denison and Lisa Reid



RD  
Adrian Call



Deb  
Evdemon

# FIRST CALL PRESIDENT'S DAY MARATHON/50K

Bob Dolphin



Gregg Walchi



Genia Kacey



Jane  
and  
Ray



Steve  
Walters



Ted Eckert



Andy Dunn



Arthur Martineau



Cheri Pompeo



Monte Pascual



**First Call Presidents Day 50k/26.2 (2/16):** Chris Bellevie, Mark "Thor" Casey, Bob & Lenore Dolphin, Andy Dunn, Ted Eckert, Deb Evdemon, Andy Fritz, Eric "& Carlos PartyMonkey" Glass, Matt Glew, Paul Hoffmann, Jill Hudson, Laura Johnson, Barefoot Jon, Andy Lin, Jules Mann, Tracy Marshall, King Arthur Martineau, Gary Otheim, Monte Pascual, Cheri Pompeo, Shannon Schulz, Scott Sebelsky, McGyver, Brian Starkey, Rob Stretz, Gregg Walchli, Linda Walter, Steve "Marathon Freak" Walters



Andy Fritz



Scott Sebelsky



Brian Pendleton



Steve and Mark



Gary Walker



Tracy Marshall



Andre O'Donnell



229 Laura Johnson



Mark Casey



Linda Walter



Jill Hudson



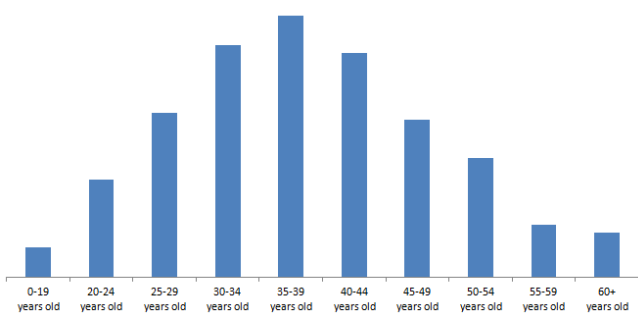
Andy Lin



## MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

**This month's question: How many marathons/ultras do you plan to run in 2013?**  
 Please vote online between now and April 10: <http://tinyurl.com/MMpollMar2013>



**Last month's question: How old were you when you ran your first marathon?**

35.6% of Maniacs ran their first marathon in their 30's. Followed by the 40's (27.5%), 20's (18.8%) and the 50's (12.3%).  
 Thanks for voting!



## Myrtle Beach Marathon



JC Saeta Teresa and Tom Craven



Lori Schwartz

**Myrtle Beach Marathon (2/16):** Kristin Allen, Jordan Applebaum, Barco, Thomas Benedict, Nilda Birch, Ila Brandli, Edward Broadnax, Bijou Chacko, Cathlin Chyzy, Charlotte "costume chic" Corriher, Tom "Drag-on" Craven, Bert D'Amico, Christina D'Amico, Douglas ( Run the Earth ) Dahlberg, Gabrielle de Encio, Jessica Deree, Cindy DeSirant, Ron Eaker, Stephen Ecker, Natalie Ehrlich, Daniel Filippini, Intisar Hamidullah, Matthew Hamidullah, Kerri Haskins, Danielle "T-Rex Runner" Hastings, Joann Helmus, Mark Helmus, Katie Hines, Murray "Birder" Honick, Mellody "Smiling Walker" Hughes, "Shamrock Sandy" Hugill, Lonnie Kaye, John (He was wearing what?) Kinnicut, Mark Kramer, Duane Kroeger, Otto Lam, Crystal Limehouse, Vincent Ma, Kimberly Markey, Jaime McDonald, Kathleen McElhannon, Shane Miles, Steve Moisan, Maggie Mount, Julie Musselman, Wendy McIntosh Norvell, Mark Pack, Michele Parnell, Sarah Parrish, Rick Pittser, Kevin Pressley, Jody "wooden shoes" Reed, Rick Roberts, Matt Russell, Terry Salaices, Lisa Schneiders, Lori Schwartz, Mike Schwartz, Shannon Scoville, Wayne "The Manimal" Sherman, Sophia Shi, George" from Georgia" Southgate, Summer Strickland, Rebecca Sudduth, Jimmy Toy, Nurian Toy, Andy True, Eddie "11-Star" Vega, Ruth "Wildcat Runner" Walsh, Barb Wnek, Ron Ylagan



Scot Barco



Ruth Walsh and Wayne Sherman



Amanda Hawkins



Jody Reed and Lisa Schneiders



Kathleen McElhannon



Marathon Maniacs running half marathons... YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 3400 members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

[www.halffanatics.com](http://www.halffanatics.com)



Half Fanatics at the Swamphouse Half Marathon

## Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMUpgrade>

- **Titanium (10 star) Maniac:** Peter Lantin, Chris Knodel, Steve Holehan, Parvaneh Moayed
- **Platinum (8 star) Maniac:** Bob Schluben
- **Palladium (7 star) Maniac:** Sandy Hugill, Lisa Gesualdo
- **Osmium (6 star) Maniac:** Kerri Haskins, Ruth Walsh
- **Ruthenium (5 star) Maniac:** Scott VanLoo, Natalie Ehrlich
- **Iridium (4 star) Maniac:** Suzy Spiceland, Amy Meyer, Mindy Bandler, Christa Baker
- **Gold (3 star) Maniac:** Krissy Rehm
- **Silver (2 star) Maniac:** Alison Black, Eliot Ephraim, Beth Knox, Teresa Chandler, Judy Taveira, Rita De Palma, Derek Ralston, Teresa Ralston

### New Titanium Maniacs!!



Peter Lantin



Chris Knodel



Steve Holehan



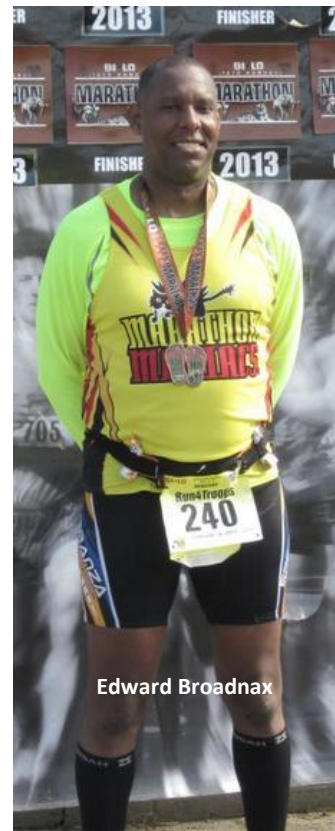
Parvaneh Moayed



Steve Moisan and family



Washington's Birthday Marathon



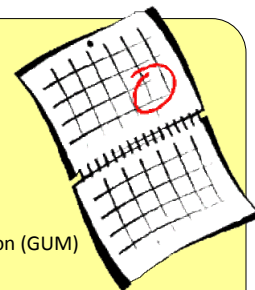
Edward Broadnax



Douglas Dahlberg

## What's Coming Up In January/February

### Marathon/Ultra Calendar between January 18-February 18



#### Monday, March 18

CAR Spring 7 Day One (CA)  
Dust Bowl Marathon Series Day One (TX)

#### Tuesday, March 19

CAR Spring 7 Day Two (CA)  
Dust Bowl Marathon Series Day Two (OK)

#### Wednesday, March 20

CAR Spring 7 Day Three (CA)  
Dust Bowl Marathon Series Day Three (KS)

#### Thursday, March 21

CAR Spring 7 Day Four (CA)  
Dust Bowl Marathon Series Day Four (CO)

#### Friday, March 22

Antelope Island Buffalo Run 100m (UT)  
CAR Spring 7 Day Five (CA)  
Dust Bowl Marathon Series Day Five (NM)

#### Saturday, March 23

Antelope Island Buffalo Run 50m/50k (UT)  
Aravaipa Mesquite Canyon 50m/50k (AZ)  
Buzsard Day 50k (OH)  
CAR Spring 7 Day Six (CA)  
Chicago Lakefront 50k - Spring (IL)  
Circular Logic Marathon (IN)  
Clinton Lake Trail Run 30m (IL)  
Dizzy Daze 12h (WA)  
Ellerbe Marathon (NC)  
Grasslands 50m/26.2 (TX)  
HAT Run (MD)  
Haulin in the Holler (WV)  
Kal-Haven Trail Run 33.5m (MI)  
Lt JC Stone 50k (PA)  
NJ Ultra Festival 100m/100k/50m/50k/26.2 (NJ)  
Old Goat's 50 Mile Trail Race (CA)  
Palm 100 100k/50k (FL)  
Prairie Spirit 100m/50m (KS)  
Sand Hollow Marathon (UT)  
Terrapin Mountain 50k (VA)  
Thames Path 100 (GBR)

#### Sunday, March 24

Bratislava Marathon (SVK)  
CAR Spring 7 Day Seven (CA)  
Crazy 8 Spring (8 day event) (CA)  
CTR Canyon Meadow 50k/26.2 (CA)  
Greenway Marathon (TN)  
Marseille Marathon (FRA)  
Modesto Marathon (CA)

Navy Marathon (TX)  
Oakland Marathon (CA)  
Ocean Drive Marathon (NJ)  
Runners Marathon of Reston (VA)  
Virginia Creeper (VA)

#### Friday, March 29

Badger Mountain 100m (WA)  
Gopher Attack (SK)  
I Ran Marathons Anniversary Quad (4 day event) (TX)  
Pickled Feet 100m/24h/12h/6h (ID)

#### Saturday, March 30

Badger Mountain 50k (WA)  
CAR Blaze the Canyon (CA)  
Cupcake Run Marathon (WA)  
Forrest Gump Challenge 50m/26.2 (MO)  
Operation Endurance 24h/12h/6h (GA)  
Rainshadow Gorge Waterfalls 50k (OR)  
Two Oceans Marathon 56k (ZAF)  
Two Rivers Marathon (PA)

#### Sunday, March 31

CAR Rock the Path (CA)

#### Monday, April 1

April Fools Run (CA)

#### Friday, April 5

Potawatomi 150m (IL)

#### Saturday, April 6

American River 50 Mile Endurance Run (CA)  
Brew to Brew Day One 44m (KS)  
Broadway Ultra Society 6h (NY)  
Charlottesville Marathon (VA)  
Croom Trail Fools Run 50m/50k (FL)  
Garden Spot Village Marathon (PA)  
Oriflamme 50k (CA)  
Potawatomi 100m/50m/30m (IL)  
Rockin K 50m/26.2 (KS)  
Southern Indiana Classic (IN)  
TATUR Lake McMurtry 50k (OK)  
Tejas Trails Hells Hills 50m/50k (TX)  
Trailbreaker Marathon (WI)  
Umstead 100 (NC)  
Yakima River Canyon Marathon (WA)

#### Sunday, April 7

Brew to Brew Day Two 44m (MO)  
Connemarathon (IRL)  
CTR Grizzly Peak 50k/26.2 (CA)

Go! St Louis Marathon (MO)  
Guam International Marathon (GUM)  
I RAN Double Devil (TX)  
Knoxville Marathon (TN)  
Malaysia Women Marathon (MYS)  
Marathon de Paris (FRA)  
ORRRR Marathon (OH)  
Running Dead 40m (GA)  
San Luis Obispo Marathon (CA)  
Zurich Marathon (CHE)

#### Friday, April 12

Zumbro 100 Mile Endurance Run (MN)

#### Saturday, April 13

Alger Alp 50k (WA)  
Bull Run Run (VA)  
Cedro Peak 45m/45k (NM)  
Davy Crockett Bear Chase (TX)  
Eisenhower Marathon (KS)  
Evergreen Squak Mountain 50k/26.2 (WA)  
Gansett Marathon (RI)  
Griffith Park Trail Marathon (CA)  
Hog's Hunt (TX)  
Lake Sonoma 50m (CA)  
Martian Marathon (MI)  
NWTR Rock Creek Ramble 100k/50k (WA)  
Roots Rock Lumberjack 100m/100k/50m (WA)  
Traprock 50 (CT)  
Traverse City Trail Running Festival (MI)  
Wild Sebastian 100m/75m/50m (FL)  
Zumbro Midnight 50 Mile (MN)

#### Sunday, April 14

Athens Marathon (OH)  
Big D Texas Marathon (TX)  
BMS Too Slow for Boston Marathon (NC)  
Brighton Marathon (GBR)  
Crossroads of Northwest Indiana Marathon (IN)  
His Marathon (VA)  
Hogeye Marathon (AR)  
Marathon Rotterdam (NLD)  
North Shore Marathon (HI)  
Peterson Ridge Rumble 40m (OR)  
TARC Dont Run Boston 50m/50k (MA)  
Vernonia Marathon (OR)  
Vienna City Marathon (AUT)  
Whidbey Island Marathon (WA)

#### Monday, April 15

Boston Marathon (MA)

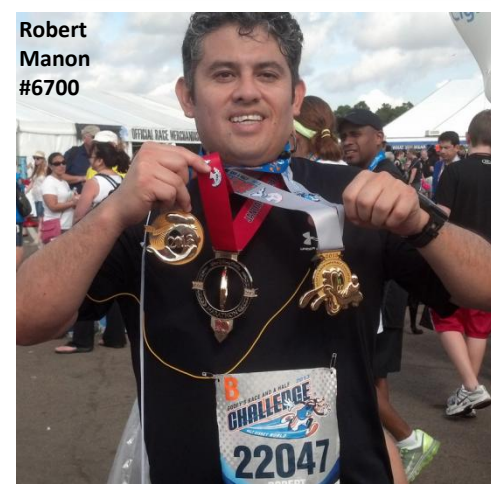




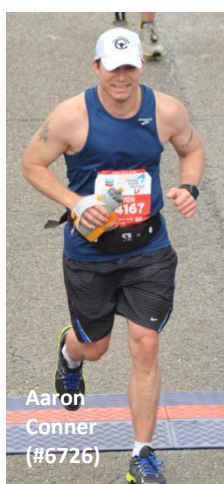
## New Maniacs in February 2013



- |                                   |                                    |                             |
|-----------------------------------|------------------------------------|-----------------------------|
| Joe B. Raymond III (#6639)        | Tracy Reganall (#6668)             | Will Dong (#6703)           |
| Rick Roberts (#6640)              | Amy Ballard (#6669)                | Shawn Kennedy (#6704)       |
| David De Neire (#6641)            | Max VanNatter (#6670)              | Brunilda Nazario (#6705)    |
| Marisa Luthanen (#6642)           | Caleb Ault (#6671)                 | Fansu Ku (#6706)            |
| Richard Oechslin (#6643)          | Fred Johnson (#6672)               | Plato Smith (#6707)         |
| Jennifer Bumbalough (#6644)       | Tanya Gamez (#6673)                | Sarav Karunanithi (#6708)   |
| Laura Bellman (#6645)             | Matt Newton (#6674)                | James McManners (#6709)     |
| John Moore (#6646)                | Danielle DiRosa-Gallagher (#6675)  | Steven Ferry (#6710)        |
| Paul Allen (#6647)                | Jeff Blair (#6676)                 | Justin Snyder (#6711)       |
| Lindsey Katherine Dippold (#6648) | Stacey Hutchison (#6677)           | TMaz (#6712)                |
| Lauren Hogan (#6649)              | Summer Strickland (#6678)          | Kirsten Reutebuch (#6713)   |
| Ben Schorr (#6650)                | Charles Parks (#6679)              | Christina Donnelly (#6714)  |
| Allyn Wollard (#6651)             | Steven Taylor (#6680)              | Matt Riske (#6715)          |
| Mariam Castillo (#6652)           | Brenda McClelland (#6681)          | Roger Donnell (#6716)       |
| Gilbert Dolores (#6653)           | Dellaine Allen (#6682)             | Richard Johnson (#6717)     |
| Dennis Tribby (#6654)             | Marcia Tsang (#6683)               | Kevin Duperret (#6718)      |
| Gail Savidge (#6655)              | Sajdah Ahmad (#6684)               | Cindy Scioneaux (#6719)     |
| Heather Ferrier (#6656)           | Chris Oles (#6685)                 | Mahlon Chute (#6720)        |
| Brad Minus (#6657)                | Nicole Stephens (#6686)            | Kirsten Fishel (#6721)      |
| Lisa Schwarz (#6658)              | Lou Wolsefer (#6687)               | Patrick Thomasson (#6722)   |
| James Hagan (#6659)               | Zane Barker (#6688)                | Jasmine Johnson (#6723)     |
| Harry Goslow (#6660)              | Ellen Carson (#6689)               | Dean Chambers (#6724)       |
| Paul Ng (#6661)                   | Tracy White (#6690)                | Elizabeth Hayward (#6725)   |
| Joe Tedesco (#6662)               | Lori Hewings (#6691)               | Aaron Conner (#6726)        |
| Christa Mailer (#6663)            | Tim Truitt (#6692)                 | Phil Wahba (#6727)          |
| Bridget Temple (#6664)            | Jeff Le (#6693)                    | Eva Bailey (#6728)          |
| Steve Holehan (#6665)             | Madhusmita Jena (#6694)            | Andrew Ralph (#6729)        |
| Parvaneh Moayedi (#6666)          | Tamie Stewart (#6695)              | Eirik Torstad (#6730)       |
| Jerilee Erickson (#6667)          | Dallas Daley (#6696)               | Ted Watson (#6731)          |
|                                   | Mark Newman (#6697)                | LtCol William Hooks (#6732) |
|                                   | Vickie Harris (#6698)              | Michael Hanks (#6733)       |
|                                   | David Ladner (#6699)               | Kalynn Hodde (#6734)        |
|                                   | Robert "Latino Heat" Manon (#6700) | Jennifer Clark (#6735)      |
|                                   | Wesley Douglas (#6701)             |                             |
|                                   | Tsao-Chuen Ku (#6702)              |                             |



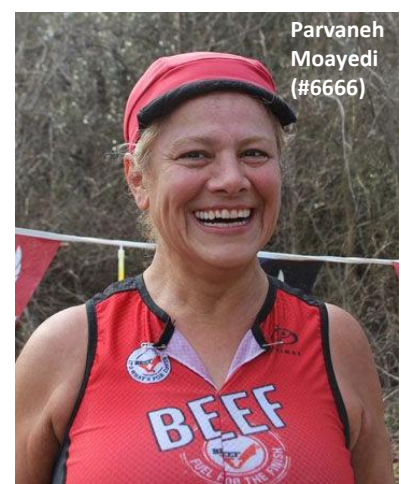
Robert Manon (#6700)



Aaron Conner (#6726)



Bridget Temple (#6664)



Parvaneh Moayedi (#6666)



Sophia Shi



Jackie Gulino and Amy Reed



Henry Rueden and Al Konli



Cathy Bradford and Larry Macon



Suzy Spiceland, Sandy Steggs, and Karen Austin



Jim Bitgood



Juergen Englerth, Dietmar Muecke, Bernd Kalinowski



Nancy Wentink



Sylvia Janet Rivera



Danielle Laatsch and Deo-Azruj Hussin



Steve Walters and Paul Arroyo

### FROM THE EDITOR...

Winter is winding down and the spring marathon season is just around the corner. I hope you all have survived the winter months and are entering the spring season injury free.

I don't know about you, but I have a lot of spring marathons planned including the Tacoma City Marathon (10 year Maniac celebration).

Good luck in the coming months and of course please send me your photos!

- Steve "Marathon Freak" Walters MM#338

## MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts that have a \* in front of the race name and don't forget about the Maniac discounts at Running Skirts [www.runningskirts.com](http://www.runningskirts.com) ; The Running Warehouse [www.runningwarehouse.com](http://www.runningwarehouse.com) for all your non-Maniac branded apparel and shoe needs; and at TRY Chips [www.trychips.com](http://www.trychips.com) for your healthy snacking needs.

- Dust Bowl Marathon Series 3/18-3/23/13: [http://mainlymarathons.com/dust\\_bowl\\_series](http://mainlymarathons.com/dust_bowl_series)
- The Inaugural Navy Marathon (TX) 3/24/13: [www.freedommarathon.org/corpus-christi-marathons.htm](http://www.freedommarathon.org/corpus-christi-marathons.htm)
- Southern Indiana Classic Marathon 4/6/13: [www.sicmarathon.com](http://www.sicmarathon.com)
- Knoxville Marathon (TN) 4/7/13: [www.knoxvillemarathon.com](http://www.knoxvillemarathon.com)
- Hogege Marathon (AR) 4/14/13: [www.hogeyemarathon.com](http://www.hogeyemarathon.com)
- Blue Ridge Marathon (VA) 4/20/13: <http://blueridgemarathon.com>
- Carmel Marathon (IN) 4/20/13: [www.carmelmarathon.com](http://www.carmelmarathon.com)
- Oz Marathon (KS) 4/20/13: [www.olathe.org/sports/Marathon](http://www.olathe.org/sports/Marathon)
- Run for the Lakes (MN) 4/27/13: [www.runforthelakes.com](http://www.runforthelakes.com)
- Eugene Marathon (OR) 4/28/13: <http://eugenemarathon.com>
- Wisconsin Marathon 5/4/13: [www.wisconsinmarathon.com](http://www.wisconsinmarathon.com)
- Tacoma City Marathon (MANIAC 10 Year CELEBRATION!) 5/5/13: [www.tacomacitymarathon.com](http://www.tacomacitymarathon.com)
- \*Cox Providence Marathon (RI) 5/12/13: [www.rhoderaces.com/marathon/index.html](http://www.rhoderaces.com/marathon/index.html)
- Fargo Marathon (ND) 5/18/13: [www.fargomarathon.com](http://www.fargomarathon.com)
- \*Shires of Vermont Marathon 5/19/13: <http://shiresofvermontmarathon.com>
- Windermere Marathon (WA) 5/19/13: <http://winderthon.com>
- Vermont City Marathon 5/26/13: [www.vermontcitymarathon.org](http://www.vermontcitymarathon.org)
- The San Francisco Marathon 6/16/13: [www.runsfm.com](http://www.runsfm.com)
- Charlevoix Marathon (MI) 6/22/13: <http://charlevoixmarathon.com>
- Kona Marathon (HI) 6/23/13: [www.konamarathon.com](http://www.konamarathon.com)
- Foot Traffic Flat Marathon (OR) 7/4/13: [www.foottraffic.us/flat](http://www.foottraffic.us/flat)
- Summerlake Loopy Marathon (OR) 7/5/13: [www.summerlakeloopymarathon.com](http://www.summerlakeloopymarathon.com)
- Freedom Marathon (OR) 7/6/13: [www.freedom-marathon.com](http://www.freedom-marathon.com)
- Stars and Stripes Marathon (OR) 7/7/13: [www.starsandstripesmarathon.com](http://www.starsandstripesmarathon.com)
- Make It By Midnight (GA) 7/13/13: <http://racerpal.com/races/MIBM.html>
- Morgan Valley Marathon (UT) 7/27/13: [www.morganmarathon.com](http://www.morganmarathon.com)
- Moose's Tooth Marathon (AK) 8/18/13: [www.bigwildliferuns.org](http://www.bigwildliferuns.org)
- New Hampshire Marathon 10/5/13: [www.nhmarathon.com](http://www.nhmarathon.com)
- \*Triple Lakes Trail Marathon (NC) 10/5/13: <http://triplelakesrace.com>
- \*Hartford ING Marathon (CT) 10/12/13: [www.hartfordmarathon.com](http://www.hartfordmarathon.com)
- \*Amica Marathon (RI) 10/13/13: [www.amicamarathon.com](http://www.amicamarathon.com)
- 7 Bridges Marathon (TN) 10/20/13: <http://sevenbridgesmarathon.com>
- \*Fort Myers Beach Marathon (FL) 11/17/13: [www.fortmyersmarathon.com](http://www.fortmyersmarathon.com)
- \*Space Coast Marathon (FL) 12/1/13: [www.spacecoastmarathon.com](http://www.spacecoastmarathon.com)

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: [jeff@marathonmaniacs.com](mailto:jeff@marathonmaniacs.com)



**PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)**  
**YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!**

**A REMINDER IS SENT WITH THE MONTHLY E-FLASH**  
**AND SOME OF YOU ARE OVERDUE!!**

## RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



Hiya, Mr. Yee! All along, I thought I was the one who is Nuts, and that you are the sane, competent, and only-a-little-bit-nuts one, for you actually run these things well. I see your pictures, and it's all "ha-ha-ha, La-de-Da, did it again!" No matter how many marathons you do, you stay mobile and adventurous, while I, not-so-talented feet-wise, a mere mini-maniac, remain in the attempt because? Because I am simply-nuts.

But now you've done it, Prez. You've leapt right past me to a new level on the Nutsdom scale.

Is it true that after getting out of your car at a marathon site, you are planning to jump into lakes and then ride around the county on your bike with Tony, before walking over to the start of the 26.2 miles now? What in the world are you thinking? Might I remind you that you are *Mr. President* of the MarathonManiacs, the International Club of Frequent *Marathoners*!?! Has my all-time favorite Maniac (oh, except of course you too, Hollywood, you silly goose! ... and then of course there's Tony, what with all the good advice he has given to me over the years ... and Diana, Hanna, Sean, Keely and Phan; Bob, Mel, Roger and Haase, Bell, and Neg One; and all the 100-milers, Bataaners, Badwaters and Pike's Peakers; ...and Janet, shoot, everybody likes Janet. There's that Allison, who bikes *relaxed*, Steve, across states to races so she doesn't pollute the skies on the way...and Emma, who will kill me if I don't mention her (of course, she would have to catch me first —oh wait, she can do that). There are so many unsung, wonderful folks, like Fenny, who do thoughtful things nobody hears about; and everybody's sister Lenore...so there's quite a pack of people running a good second in the favorites list here, you see, Prez? Now, where was I... oh yes...):

Has everybody's all-time favorite Maniac gone completely bonkers? Are you ... are you really going Triathlon on us?

Oh my good Sir, this could start a trend. You do realize what a simple news item about a man of such esteem and high position can provoke, don't you? You are important! This will start out as a seemingly harmless, "President Yee Expands Repertoire to include Triathlons: insists it is 'Just for the fun of it.'" But gee, Prez, the ripple effect...we're not talking "Korecki goes bowling" here. You've got to think, Man!

Next thing you know, a bunch of red-singleted people will be swim-bike-running around, calling themselves *The Triathlon Schizophrenics*. Club motto: "We Just Can't Quite Decide." Favorite Pre-Race Drink: "Water, coffee, tea, Hespa, Vespa, anything cold." Favorite restaurant: Buffets. They get really hungry, and probably don't worry much about the quality of the corn glop and chocolate pudding, just so there is a *lot*. Favorite football team: "We don't watch much football."

I don't know, Prez. You're the iconic Marathon Maniac. This is very confusing. What would you think of:

"Nadia Comaneci, the Romanian pixie gymnast who took the world by storm with the first perfect 10 in history, is back in the news, seen sparring with Mary Lou Retton at Joe Frazier's gym today, preparing for their Golden Gloves boxing debuts... ."

Or, "In a heroic attempt to regain some degree of fitness (and, he admitted to us privately, the right to buy just one seat on airliners), John Madden has become a regular at Juilliard's School of Ballet, working diligently on his demi-pointes and the occasional pirouette."

Word gets around fast, Prez. Politicians will follow your lead, high placed ones. They respect you. Odds are even in the next two weeks Brian Williams will intone, "And finally tonight, in preparation for the upcoming Sochi winter Olympics, President Obama has cancelled his Camp David respite to train with the bobsled team... ."

You had no idea you could cause such trouble, did you.

Do you remember a certain basketball player, name of Michael "Almostgod" Jordan, after winning three NBA championships, moving on to his baseball-playing experiment? What was he thinking? (I guess now you could tell me!) It didn't go so well, Yee, didn't go so well. He batted around the Mendoza line (non-baseball fans: that is not good), and he found himself buying a fancy bus for his team's trips through small-town America, no doubt to keep peace with some of the fellows.

Then again, I recall he said something like this: he had way more fun playing baseball than anybody ever thought he would have. I suppose it can be refreshing to mix things up a bit. Even the Almighty is reported to have rested on the seventh day.

So upon final review, if you want to try the Tri? Go get 'em, young fella! Life is a precious gift. In between all of the responsibilities, chores and troubles we must face with dignity and grace, there are rainbows in the sky, sunrises in the morning, sunsets in the evening, songs of pretty birds, and the laughter of little children from 1 to 111 to remind us of the Glory that underscores it all. There *is* joy in living out the gift enthusiastically, yes Sir.

Luvya,  
Rev  
[dgkienz@yahoo.com](mailto:dgkienz@yahoo.com)