



MARATHON MANIACS

FEBRUARY 2015 NEWSLETTER

Volume 12, Number 2

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Ed



Joe



SURF CITY marathon

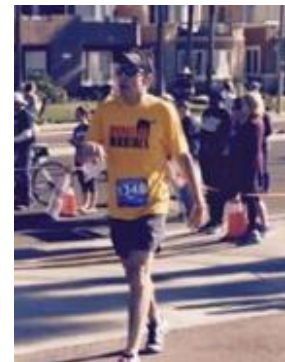
HUNTINGTON BEACH, CALIFORNIA



Sophia and Raul



Gwendolyn



Surf City Marathon (2/1): James Alexander, Steve Alexander, Andrea Arena, Robert Ted Barron, Sheila Beermann, Dave Bell, Sally "me and my dad" Boles, Sarah Bortz, Stephen Brang, Steve Brown, Roy Calimlim, Cindy Carlson, Barbara Carpenter, Laura Ceraolo, Pony Express, Maniac May, Scott Coe, Haywood "Turtlerunner" Crowder, Laura de Mosell, Satiro de Oliveira, Will Dong, Elesha Draeger, Carol "Ponytail" Earles, Dexter Emoto, Eliot Ephraim, Ed "JESTER" Ettinghausen, Randy Fleet, Jim Fox, Rick Franks, Bravo Foxtrot, Gary Geuss, Roger Greene, Mr. Pat, April Hayes, Jennifer Hienton, David Holmen, Tom Hosner, Love to Run Donna, Luis Jimenez, Diana Kitching, Paul Knellwolf, Seth Kramer, James Lehman, Jose Libunao II, Mike Longo, Tricia Lund, Jon "Coconutboy" Mahoney, Shoney, Michel Maokhampio, Dan Margolis, Kim Miller, Dana Mosell, Jerry "Geronimo" Nairn, Lance Null, Loan OBrien, Bridget OCallaghan-Hay, Missy Peters, Bill Ralph, Joe Reilly, Cade Remsburg, Alison Riley, Crockpot, Wendy Roy, Gwendolyn Snarkalicious Rucker, Dan Ryan, Peter Saine, "ClaireBear" Alonzo, Randolph Siwabessy, Louis "OnOn" Skelton, Paula EYvonne Steinbach, David Stout, Sakura Suzuki, Kari Taylor, Roger "BMBLB RUNNER" Teel, Cindy Tolley, Jimmy Toy, Nurian Toy, Karen "Evil Twin" Vollan, Michael Willets, Carole Williams, Tom "Tater" Williams, Li-Chym Wu, Melinda Yanuaria, Unsteady Eddie, Jennifer Zuelch



Angie and Edward



Steve Walters runs his 250th marathon/ultra!



Roger



Charlotte and Murray



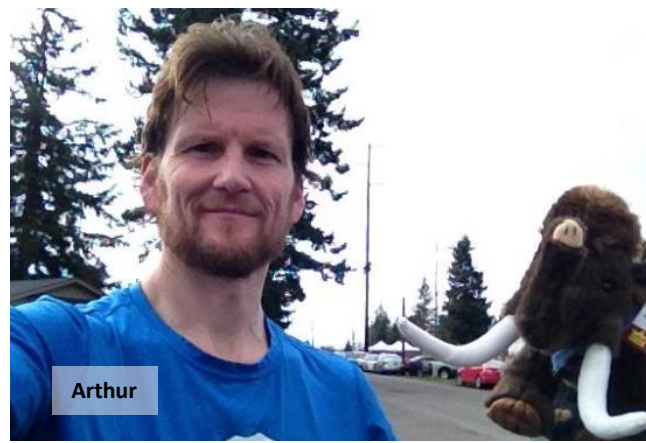
Marathon Maniacs running half marathons... YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 10,000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com



Half Fanatics at the Surf City Half Marathon



Arthur



Roger



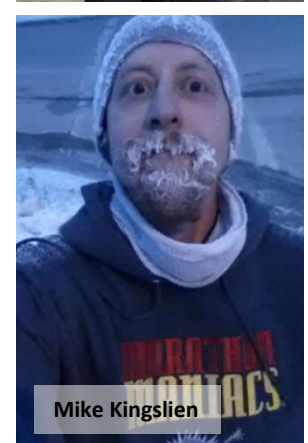
Murray Honick completes his 100th marathon at Myrtle Beach.



Yolanda Holder



Heather



Mike Kingslien



Kristina



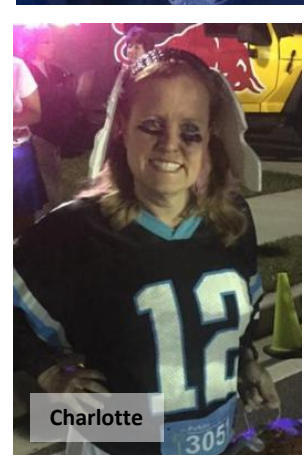
Larry



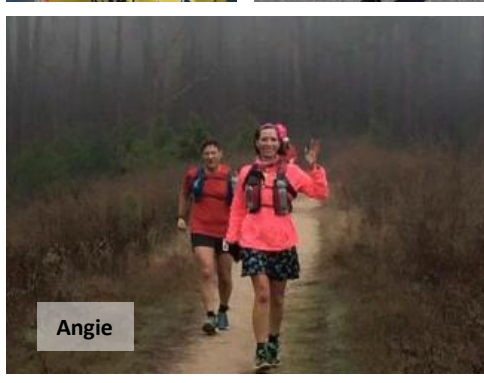
Laura Skladzinski



Glen Anderson



Charlotte



Angie



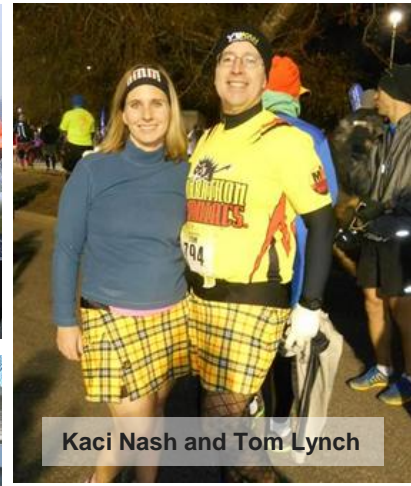
Tony



Angeline Nesmith



So Mei Chan



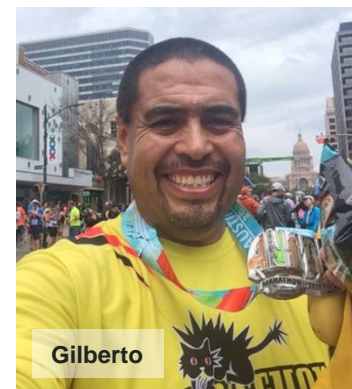
Kaci Nash and Tom Lynch



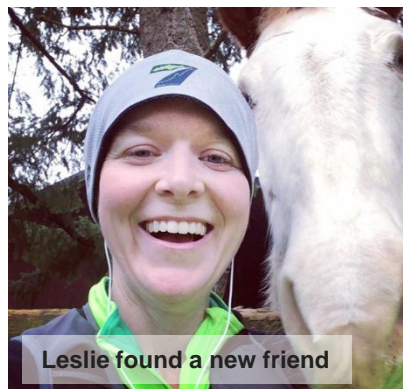
Yolanda Holder completes her 500th marathon/uItra at the Jackpot 100 Miler in Las Vegas on 2/14/15!



Eliot Ephraim and Jeffrey Hill



Gilberto



Leslie found a new friend



Paula

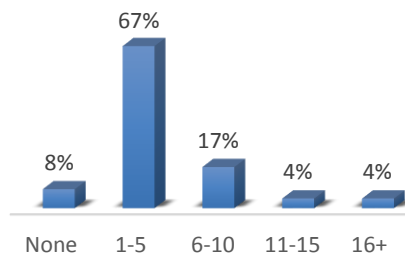


MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

Do you follow a training program?

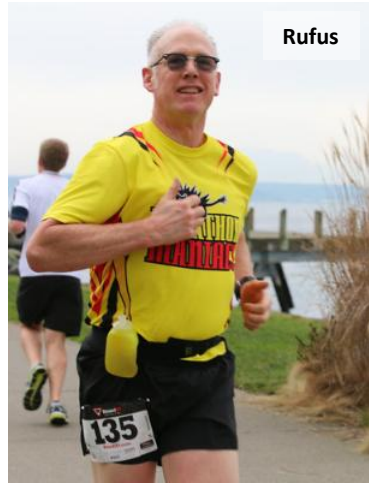
Please vote online between now and May 15: <http://tinyurl.com/MMpoll2015c>



Last month's question: How many marathons are you currently registered for?

Most Maniacs are currently registered for 1-5 marathons.

Thanks for voting!



Rufus



Laura

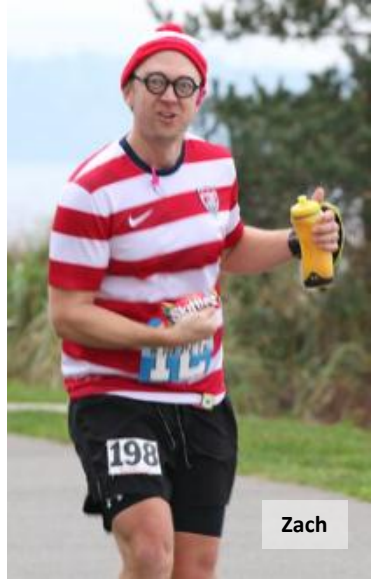
West Seattle Fat Ass 50K

SEATTLE, WASHINGTON

West Seattle Fat Ass (2/1):
David England, Steven Ferry,
Christy Hammond, Jill Hudson,
Laura Johnson, Nicole Johnson,
Jae-Byung Jung, Mike Mahanay,
Monte Pascual, David Pearson,
Katie Robinson, Scott "Brooklyn"
Sebelsky, Paul Turner, Linda
Walter, Kimberley Worthen



Steve



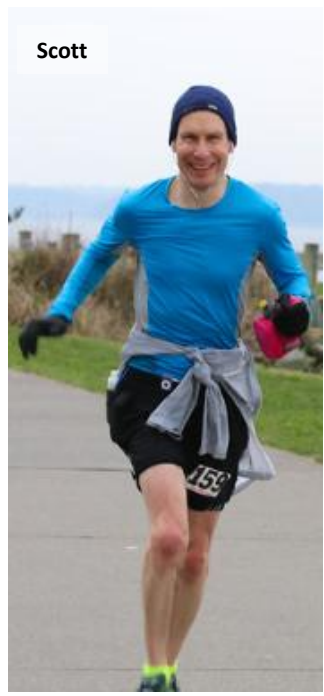
Zach



Vivian



Christy



Scott



Betsy

MARATHON MANIACS PACE TEAM

The Official Marathon Maniac Pace Teams

Did you know the Marathon Maniacs have an official pace team? Since Maniacs are no stranger to running 26.2 miles many of you are good running these runs.

There are many great reasons to join the pace team and many rewarding aspects to being a pacer.



Requirements to be a Pacer

- Must have completed 15 marathons for your desired distance to pace
- Marathon Pacer: Must have completed the marathon distance 20 minutes faster than your pace time for the full marathon (example: to pace a 4:00 hour you must have run a 3:40 marathon)
- To be in good standing with the Marathon Maniacs and all dues current
- Have your MM race page updated so that we can link your information
- CPR Certification by event date-please contact your local fire department for a FREE class

Pacer Perks

- Free to join!
- Waived entry fee
- Sublimated Pace Shirts
- A chance to carry the coveted maniac cat pace sign
- Discounts on lodging when applicable
- Fun pacing runners to their goal finish time

Best of luck to you securing your spot on the pace team!

For more information on which races we are looking for pacers and on getting signed up please visit: <http://www.marathonmaniacs.com/marathon-maniacs/pacer-team>

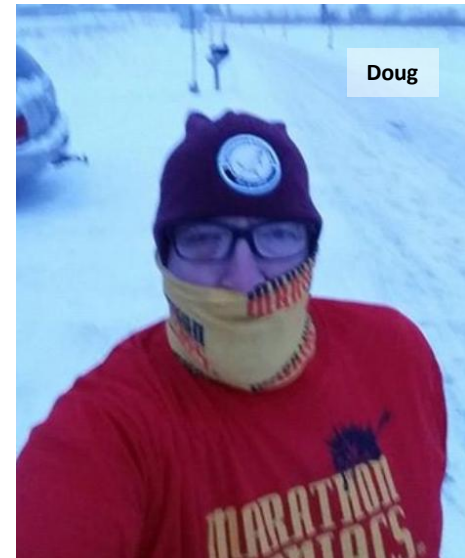
Marathon Maniac Pacing Coordinator: **Sabrina Seher** (MM #3397)



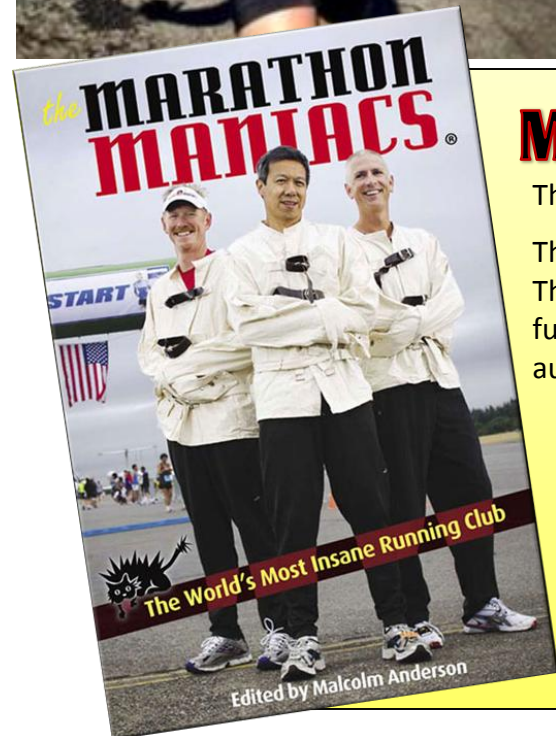
Curtis



Emily Jones



Doug



MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>



Join the Maniacs on Social Networking!



FACEBOOK:

Marathon Maniac page: <http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group: <http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

MY SPACE:

<http://www.myspace.com/marathonmaniacs>

LINKED IN:

<http://www.linkedin.com/e/vgh/1843119>

DAILY MILE:

<http://www.dailymile.com/groups/1403-marathon-maniacs>

Across all social networks use the hash tag:

#marathonmaniacs



Deb, Eddie and Brittany



Christy



Lorinda, Steven and Patti



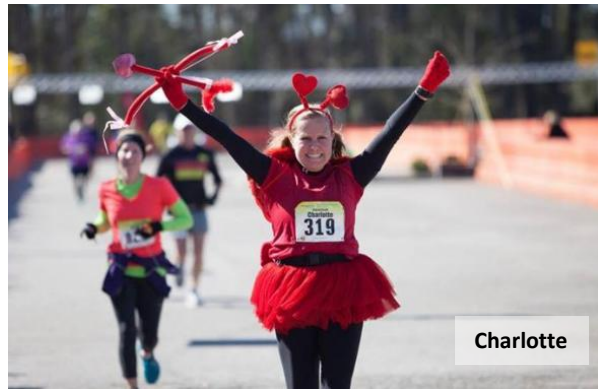
Troy and Cathie Johnson



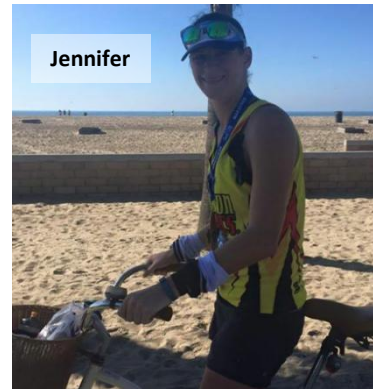
Murray runs his 100th!



Jeffrey, Michelle and Bob



Charlotte



Jennifer



Jennifer



Jim



Edward



Miguel

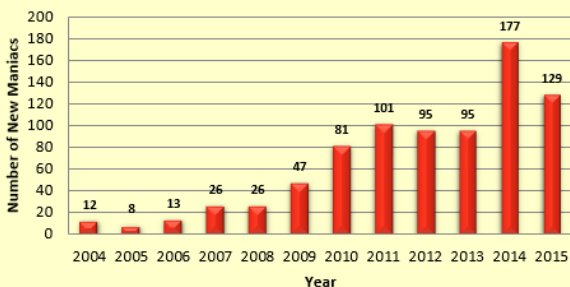
REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	84.3	61.9	75.1	63.2	100.3	75.8	47.8	28.5	35.4	101.3	118.8	109.1	765.6
Record	225	177	189	138	249	175	101	56	73	257	334	241	2,110
2014	225	177	189	137	249	175	81	52	70	257	257	241	2,110
2015	214	129	-	-	-	-	-	-	-	-	-	-	343

New Maniacs for February



New Maniacs in February 2015: 129
 New Maniacs in 2015: 343
 Total Maniacs: 10,875

State	MM	Pct%
Washington	1233	11.34%
California	835	7.68%
Texas	772	7.10%
Florida	423	3.89%
Illinois	406	3.73%
New York	369	3.39%
Oklahoma	343	3.15%
Virginia	307	2.82%
Georgia	263	2.42%
Ohio	238	2.19%

There are 206 Titanium Maniacs (10 stars). Titanium Maniacs have run an average of 172.8 marathons/ultras.

Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** Rosemary Nixon, Loren Starr
- **Platinum (8 star) Maniac:** None
- **Palladium (7 star) Maniac:** Stacy Bolyard
- **Osmium (6 star) Maniac:** Greg Burress, Vicki Bentley-Condit
- **Ruthenium (5 star) Maniac:** Alvin Gunkel, Katie Gehrand, EDDY ANGKAWIBAWA, Michael McGehee
- **Iridium (4 star) Maniac:** None
- **Gold (3 star) Maniac:** None
- **Silver (2 star) Maniac:** Angela Marchetti

New Titanium Maniacs!!

NO
PHOTO
AVAILABLE



Rosemary Nixon

Loren Starr



Jorge Garcia



Kathy Pryor



David Yung



Bryan West



Miranda and Kristi

Upcoming Races! Marathon/Ultra Calendar between April 3-May 2

Friday, April 3
Bletchley Enigma Marathon (GBR)
Gopher Attack! (SK)
Marathon Des Sables (MAR)

Saturday, April 4
American River 50 Mile Endurance Run (CA)
Charlottesville Marathon (VA)
Cottontail 12h/6h (WA)
Croom Trail 50m/50k Fools Run (FL)
CTR Grizzly Peak 50k/26.2 (CA)
Dan Man Challenge 50m/26.2 (OK)
Going the Distance Marathon (AZ)
Irving Marathon (TX)
Rockin K 50m/26.2 (KS)
Skidaway Island Marathon (GA)
Staten Island Marathon (NY)
Tejas Trails Hells Hills 50m/50k (TX)
Two Oceans Marathon 56k (ZAF)
XTERRA Power to the Tower (TN)

Sunday, April 5
Alexander the Great Marathon (GRC)
Eco Slow Marathon Inba (JPN)
Run Til You're Boared (FL)

Friday, April 10
Potawatomi 200m/150m (IL)
Ultra Adventures Zion 100m/100k (UT)
Zumbro 100 Mile Endurance Run (MN)

Saturday, April 11
1 Day for the KIA (OH)
Amarillo Marathon (TX)
Blind Pig 100m/100k (SC)
BTRS Orcas Island Marathon (WA)
Bull Run Run (VA)
CAR Marina's Birthday Marathon (CA)
Cedar Island 42m (NC)
Cedro Peak 45m/45k (NM)
Davy Crockett Bear Chase (TX)
Diez Vista 50 (BC)
Eisenhower Marathon (KS)
Evergreen Squak Mountain 50k/26.2 (WA)
Forget the PR Mohican 50k (OH)
Garden Spot Village Marathon (PA)
Hawkeye 50k (IA)
Lake Lowell Marathon (ID)
Lake Sonoma 50 (CA)
Lumberjack 100m/100k/50m (WA)
Mad City 100k/50k (WI)
Maria's Spring Fling 24h/12h/6h and 100 Mile Challenge for Epilepsy (GA)
Mission Run in the Ozarks (AR)
Mountain Man Memorial March (TN)
Potawatomi 100m/50m/30m (IL)
Sand Hollow Marathon (UT)
TATUR Lake McMurtry 50k (OK)
Toughest in Texas 50k (TX)
Ultra Adventures Zion 50k (UT)
Zumbro Midnight 50 Mile (MN)

Sunday, April 12
Altis Western Maryland Rail Trail Marathon (MD)
Big D Texas Marathon (TX)
Blooms to Brews Marathon (WA)
Brew to Brew 44m (KS)
Brighton Marathon (GBR)
Bunbury 3 Waters 50k/26.2 (AUS)
Cape Cod Trail Race 50k/26.2 (MA)
Connemara International Marathon (IRL)
Downtown River Run (NV)
Go St Louis Marathon (MO)
Guam International Marathon (GUM)
Marathon de Paris (FRA)
Maraton de Santiago (CHL)
ORRRR Marathon (OH)
Peterson Ridge Rumble 40m (OR)
Rock N Roll Raleigh (NC)
Rotterdam Marathon (NLD)

Vernonia Marathon (OR)
Vienna City Marathon (AUT)

Monday, April 13
Mainly Marathons Riverboat Day One (IL)

Tuesday, April 14
Mainly Marathons Riverboat Day Two (MO)

Wednesday, April 15
Mainly Marathons Riverboat Day Three (KY)
Sierra Negra Volcano Galapagos Marathon (ECU)

Thursday, April 16
Mainly Marathons Riverboat Day Four (TN)

Friday, April 17
Mainly Marathons Riverboat Day Five (MS)

Saturday, April 18
Beat the Heat Marathon (CO)
Bel Monte 50m/50k (VA)
Belgrade Marathon (SRB)
Blue Ridge Marathon (VA)
Brazen Diablo Trails Challenge (CA)
Breakneck Point Trail Marathon (NY)
Bremerton Marathon (WA)
Brian Mickelsen Memorial Run (AZ)
Carmel Marathon (IN)
Double Top 100m/100k/50k (GA)
Earth Day 50k (IL)
Garmin Marathon (KS)
Hogs Hunt (TX)
Hyner View Trail Challenge (PA)
Jersey Shore Relay Marathon Solo (NJ)
Jordan Lake 12 Hour Challenge (NC)
Leatherwood Ultras 50m/50k (NC)
Leona Divide 50m/50k (CA)
Mainly Marathons Riverboat Day Six (AR)
Martian Marathon (MI)
New Mexico-Texas Challenge Marathon (NM)
North Face Endurance Challenge DC 50m/50k/26.2 (VA)
Ouachita 50m/50k (AR)
Rainshadow Yakima Skyline 50k (WA)
Rattler Trail Races 50k (CO)
Salt Lake City Marathon (UT)
SweetH2O 50k (GA)
Trail Mix (MN)
Traprock 50k (CT)
Wenatchee Marathon (WA)
West Mountain Marathon (UT)

Sunday, April 19
Athens Marathon (OH)
Enschede Marathon (NLD)
George Wodicka Hook Mountain Marathon (NY)
HITS Kiwanis Kingston Classic (NY)
Mainly Marathons Riverboat Day Seven (LA)
Manchester Marathon (GBR)
Oshkosh Marathon (WI)
Ruth Anderson 100k/50m/50k (CA)
Spokane River Run (WA)
Weiltalweg Landschaftsmarathons (DEU)
Whidbey Island Marathon (WA)
Zurich Marathon (CHE)

Monday, April 20
Boston Marathon 2015 (MA)

Saturday, April 25
Badlands 50m/50k (MS)
Brainerd Jaycees Run for the Lakes (MN)
Brazos Bend 50m/50k (TX)
C&O Canal 100 (MD)
Chippewa 50k (WI)
Country Music Marathon (TN)
Delaware Trail Marathon (DE)
Desert Dash - Henderson Trail Classic 55k (NV)
Frisco Railroad Run 50m/50k/26.2 (MO)
Golden Driller Marathon (OK)

Highland Fling 53m (GBR)
Hurt the Dirt Marathon (MI)
Illinois Marathon (IL)
Indiana Trail 100m/50m (IN)
ITR Folsom Lake 50k (CA)
JailBreak Marathon (WI)
Kentucky Derby Festival Marathon (KY)
Lets Move Festival of Races (MI)
Promise Land 50k++ (VA)
River Rat Run (SD)
Runs With Scissors 50k/26.2 (CO)
Scenic City Trail Marathon (TN)
Snake River Island Hop 100k/50k (WA)
Virginia 24 Hour Run/Walk (VA)
Zane Grey 50 (AZ)

Sunday, April 26
Antwerp Marathon (BEL)
Backside Trail Marathon (KY)
Bend Marathon (OR)
Big Sur International Marathon (CA)
BPAC 6 Hour Distance Classic (NY)
Crossroads of Northwest Indiana Marathon (IN)
Eisenbahn Marathon (WI)
Gettysburg North-South Marathon (PA)
Glass City Marathon (OH)
Ironmaster's Challenge (PA)
Jack Bristol Lake Waramaug 100k/50m/50k (CT)
London Marathon (GBR)
Marathon Dusseldorf (DEU)
Maraton Montevideo (URY)
Mt Si 50m/50k (WA)
New Jersey Marathon (NJ)
Oklahoma City Memorial Marathon (OK)
Pro Football Hall of Fame Marathon (OH)
Rainshadow Capitol Peak 50m/50k (WA)
Rock N Roll Madrid (ESP)
San Luis Obispo Marathon (CA)
Trail Marathon, The (50k/26.2) (MI)
Warsaw Marathon (POL)
Waterloo Marathon (ON)

Wednesday, April 29
Mainly Marathons Independence Day One (MD)

Thursday, April 30
Mainly Marathons Independence Day Two (DE)

Friday, May 1
Mainly Marathons Independence Day Three (PA)
May Day Marathon (SC)

Saturday, May 2
Brazen Western Pacific Marathon (CA)
Brookings Marathon (SD)
Cactus to Cloud Trail Race (NM)
Calico Labor of Love 50m/50k/26.2 (NV)
Darkside 8h (GA)
Evergreen Grand Ridge 50k/26.2 (WA)
Falcon 50m/26.2 (CO)
Ghost of Tacoma (WA)
Greenland Trail 50k (CO)
Kings Mountain Marathon (SC)
Logan Marathon (UT)
Mainly Marathons Independence Day Four (NJ)
Masters of All Terrain Marathon (FL)
Miwok 100k Trail Run (CA)
New River Marathon (NC)
North Face Endurance Challenge NY 50m/50k/26.2 (NY)
OBX Ultramarathon (NC)
Outrun 24h (OH)
Pacific Northwest Marathon (OR)
River Towns Marathon (PA)
Rock the Ridge 50 Mile Endurance Challenge (NY)
Run for Kids Challenge 12h/50k (AL)
Shiprock Marathon (NM)
Strolling Jim 40m/26.2 (TN)
Tejas Trails Pandoras Box of Rox (TX)
Wisconsin Marathon (WI)



New Maniacs in February 2015

Ashley Pryor (#10747)
 Lori Mitchener (#10748)
 Daniel Schmit (#10749)
 Lon Sevigny (#10750)
 Don Baker (#10751)
 Jerry Baron (#10752)
 Timothy Fenell (#10753)
 Alyssa Mitchell (#10754)
 William Mize (#10755)
 Amy Lewing (#10756)
 Kyle McClain (#10757)
 Michael Duncan (#10758)
 Jared Keyes (#10759)
 Sarah Morgan (#10760)
 Kim Kranz (#10761)
 Richard James III (#10762)
 Kiran Kumari (#10763)
 Robin Cobb (#10764)
 Amador "Slorunner" Nunez (#10765)
 Jennifer Jordan (#10766)
 Joules (#10767)
 Rick Cohn (#10768)
 Peter Trussas (#10769)
 Martha Castillo (#10770)
 Dave Anderson (#10771)
 Jaime Chisholm (#10772)
 Eddie Northcutt (#10773)
 Madison Burns (#10774)
 Kim Koning (#10775)
 Jennifer Reid (#10776)
 Janice Arnold (#10777)
 Christine Frietchen (#10778)
 Patrick Chung-Wah Lee (#10779)
 Clarence Johnson (#10780)
 Stan Harris (#10781)
 Sarah Crawford (#10782)
 Michele Jacoby (#10783)
 Gwen Thompson (#10784)
 Jill Perrigoue (#10785)
 Kathy Taylor (#10786)

Keith Hammond (#10787)
 Peter Kociolek Jr (#10788)
 Ryan Mitchell (#10789)
 Kate (#10790)
 Robyn Oliver (#10791)
 Trixia Lassiter (#10792)
 Sonja Williams (#10793)
 Kevin Halligan (#10794)
 Rene Alonso (#10795)
 Samantha Hassenfratz (#10796)
 Reginald Smith (#10797)
 Henryk "Z-Money" Hinkle-Zaleski (#10798)
 Chloe Tapalla (#10799)
 Julie Zapatka (#10800)
 Fred Kauber (#10801)
 Michele Wallens (#10802)
 Mike Floyd (#10803)
 Boris Dilbert (#10804)
 Stephen Szewc (#10805)
 Diane Sager (#10806)
 Susan Rankin (#10807)
 Pam Waller (#10808)
 Jane Gunter (#10809)
 April Selby (#10810)
 Katrina Hatem (#10811)
 Christine Harkey (#10812)
 Brenda Truman (#10813)
 Amber Hartle (#10814)
 Lanette Blume (#10815)
 Jennifer Reynolds (#10816)
 Melinda Pichner (#10817)
 Lori Bowen (#10818)
 Steve Patten (#10819)
 Enda Cleary (#10820)
 Andy Colton (#10821)
 Kim Glover (#10822)
 Willie Freeman (#10823)
 Elisa Coyne (#10824)
 Frederick Tuisl (#10825)
 Jessie Webb (#10826)
 Jennifer Bendewish (#10827)
 Stacey Smitherman (#10828)
 Leah Metelnikow (#10829)
 Beverly Speed (#10830)
 Bina Boles (#10831)

Lori Lucas (#10832)
 India Hesse (#10833)
 Asya Cabral (#10834)
 Mark Goddard (#10835)
 Terry Millican (#10836)
 Christopher Gilbert (#10837)
 Jaco Botes (#10838)
 Kevin Novelli (#10839)
 Yocunda Clayton (#10840)
 Jennifer Byers (#10841)
 Rick Marler (#10842)
 Rosa Evora (#10843)
 Pam Britt (#10844)
 Kendra Benedetti (#10845)
 Dave Adriaansen (#10846)
 Jennifer Johnson (#10847)
 Sammy Balogun (#10848)
 missouri_runner (#10849)
 Alice Wurdemann (#10850)
 Kemper Dotson (#10851)
 Laura Aguilar-Ramirez (#10852)
 Troy Wright (#10853)
 Tamyka Lassiter (#10854)
 Carla Dorotheo (#10855)
 Bergen Warner (#10856)
 Kirsten Mellado (#10857)
 Kerry Finegan (#10858)
 Matthew Kadowaki (#10859)
 Anna Carlisle (#10860)
 Thomas Fleming 2 (#10861)
 Adrienne Carter (#10862)
 Mark Vishnevsky (#10863)
 Jonathan Jones (#10864)
 Jennie Loucks (#10865)
 Jeffrey Gray (#10866)
 Minna Rudd (#10867)
 Anthony Enoch (#10868)
 Rebecca Birdsall (#10869)
 Matt Sobolewski (#10870)
 Lisa Lopez (#10871)
 Alexandra Eagle (#10872)
 Chris Clay (#10873)
 Michael Merritt (#10874)
 Mary Spivey (#10875)

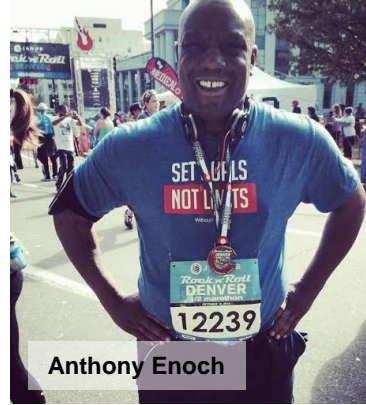
NEW MANIACS



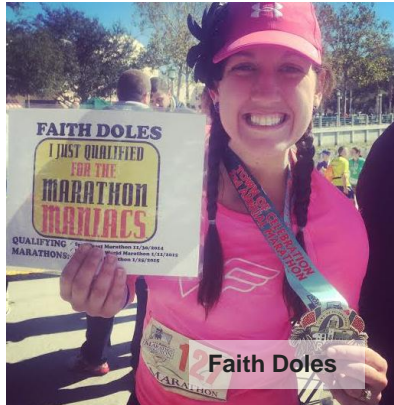
Anna Carlisle and Jennie Loucks



Jennifer Reid



Anthony Enoch



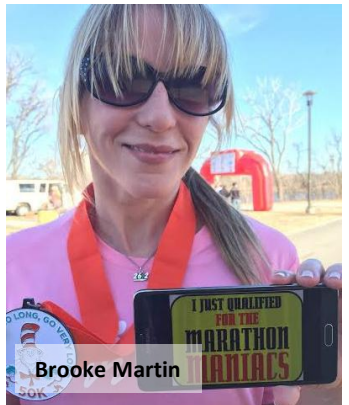
Faith Doles



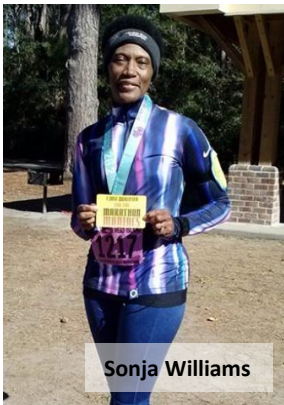
Taslima Akhter



Jennifer Jordan



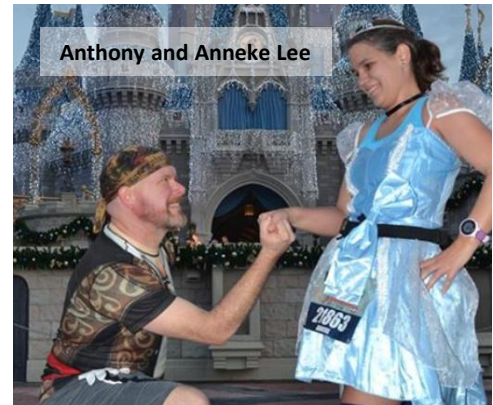
Brooke Martin



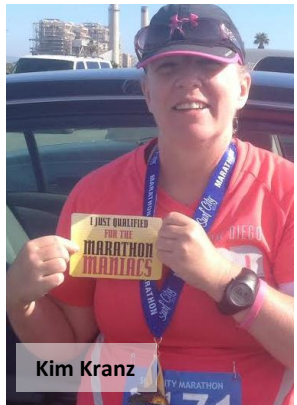
Sonja Williams



Kim Glover



Anthony and Anneke Lee



Kim Kranz



Samantha Hassenfratz



Tricia Lassiter



Amy Lewing



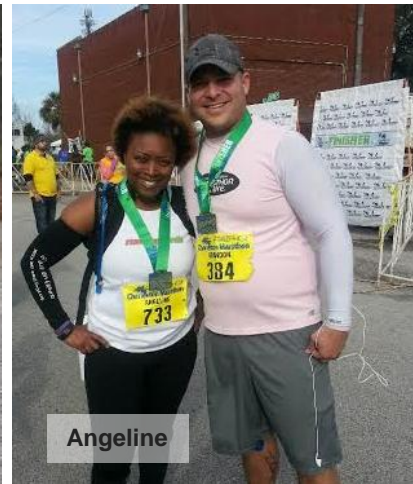
Asya Cabral



Colleen and Gloria



Bryan West



Angeline



Steve Boone



Evelyn



Steve Walters and George Southgate

FROM THE EDITOR...

Winter is over and Spring is here. Are you ready for the Spring marathon season? Many great races over the next few months and Maniacs will be running from coast to coast in just about every state and all over the world! Good luck and enjoy!

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts have a ** in front of the race name and don't forget about the Maniac discounts at Running Skirts www.runningskirts.com and The Running Warehouse www.runningwarehouse.com for all your non-Maniac branded apparel and shoe needs.

- Irving Marathon (TX) 4/4/15: www.irvingmarathon.com
- Sand Hollow Marathon (UT) 4/11/15: www.sandhollowmarathon.net
- Blooms to Brews Marathon (WA) 4/12/15: <http://bloomstobrews.getboldevents.com>
- **Western Maryland Rail Trail Marathon 4/12/15:
<http://altisendurance.com/events/western-maryland-rail-trail-marathon-and-half-marathon>
- Carmel Marathon (IN) 4/18/15: www.carmelmarathon.com
- Garmin Marathon (KS) 4/18/15: <http://ozrun.org>
- Whidbey Island Marathon (WA) 4/19/15: www.whidbeyislandmarathon.com
- Illinois Marathon 4/25/15: <http://illinoismarathon.com>
- Snake River Island Hop 50K/100K (WA) 4/25/15: www.plateautrailadventures.com
- Crossroads of Northwest Indiana Marathon 4/26/15: www.nwcrossroads.com
- Brookings Marathon (SD) 5/2/15: www.brookingsmarathon.com
- Shiprock Marathon (NM) 5/2/15: www.shiprockmarathon.com
- Wisconsin Marathon 5/2/15: www.wisconsinmarathon.com
- Coastal Delaware Running Festival 5/3/15: www.codelrun.com
- Delaware Marathon 5/10/15: www.delawaremarathon.org
- Eugene Marathon (OR) 5/10/15: <http://eugenemarathon.com>
- Horse Capital Marathon (KY) 5/16/15: www.horsecapitalmarathon.com
- Rhinebeck Hudson Valley Marathon (NY) 5/16/15: www.travelbyfeat.com/rhymarathon
- Starved Rock Country Marathon (IL) 5/16/15: <http://starvedrockcountrymarathon.org>
- Shires of Vermont Marathon 5/17/15: <http://shiresofvermontmarathon.com/>
- Vineyards Marathon Grapes of Half (OR) 5/17/15: <http://pinkbuffaloracing.com/GrapesofHalf.html>
- Vermont City Marathon (VT) 5/24/15: www.vermontcitymarathon.org
- Cox Providence Marathon (RI) 5/3/15: www.rhoderaces.com/marathon/index.html
- **Maine Coast Marathon 5/10/15: <http://mainecoast262.com>
- **Sunburst Marathon (IN) 6/6/15: www.sunburstraces.org
- Deadwood Mickelson Trail Marathon (SD) 6/7/15: www.deadwoodmickelsontrailmarathon.com
- Windermere Marathon (WA) 6/7/15: <http://windermeremarathon.com/>
- Whitefish Point Marathon (MI) 6/13/15: www.whitefishpointmarathon.org
- **Charlevoix Marathon (MI) 6/27/15: <http://charlevoixmarathon.com>
- Kona Marathon (HI) 6/28/15: www.konamarathon.com
- Aspen Valley Marathon (CO) 7/18/15: www.aspenvalleymarathon.com
- **The Madison Marathon (MT) 7/18/15: www.themadisonmarathon.com
- **Inaugural Big Sky Marathon (MT) 7/19/15: www.themadisonmarathon.com
- **Lost Turkey Trail Marathon (PA) 8/1/15: www.lostturkeyultra.com
- Sweltering Sun 8 Hour & Marathon (MA) 8/8/15: <http://burcsrunners.org/run-with-us/burcs-races/sweltering-summer/>
- Humboldt Bay Marathon (CA) 8/9/15: www.humboldtbymarathon.com
- Moose's Tooth Marathon (AK) 8/16/15: www.bigwildliferuns.org
- **Pocatello Marathon (ID) 9/5/15: www.pocatellomarathon.com
- Lake Chelon Shore to Shore Marathon (WA) 9/12/15: www.lakechelanmarathon.com
- Rockin Marathon Relay (Detroit, MI) 9/12/15: <http://triviumracing.com/events/>
- Boring Marathon (OR) 9/13/15: <http://boringmarathon.com>
- **Bellingham Bay Marathon (WA) 9/27/15: www.bellinghambaymarathon.org
- New Hampshire Marathon 10/3/15: www.nhmarathon.com

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: jeff@marathonmaniacs.com



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
A REMINDER IS SENT WITH THE MONTHLY E-FLASH
AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



Hiya Prez!

After 10 years of Prezzing, you might tire of it sometimes. Well, I'm here to rejuvenate you, Yee! Aww, you're welcome, ol' buddy! Here then, an essay, from me, dedicated to you, Chris, and Tony!

What Happens that Turns Ordinary People into Marathon Maniacs? *(Or, Which Came First, The Chicken or the Tofu?)*

Why do perfectly sane people morph into Maniacs? Every ~~runner~~ member has their own *particular* answer. No one root motivation is more important than another to the ~~poor-soul~~ athlete whose problem it solves. Our own reason is *the* important reason to us, period, no rankings needed.

Some motivations are especially serious (and create particularly heroic stories):

- to heal or deal with injuries or illnesses;
- to overcome physical challenges of birth or circumstance;
- to beat and replace unhealthy addictions;
- to consign emotional, psychological, or spiritual nightmares to the past.

Less dramatic reasons create story-lines no less important to the particular maniac: fighting off obesity, aging, apathy, isolation, loss of confidence, or cellphoneitis.

Others are pure running phenomena, athletes who have been at or near the top of the game.

Some of us just like to get out of chores. (Mrs. Rev's theory. To be fair, she's mistaken.)

While some people may think they deserve praise because they are unique (*yeah, Sparky, we all are*), the spirit of Maniacs' roots reflects one characteristic first move: by golly, we're going out the door.

We go for a walk. And will the next day, and the day after that. Then one day, a short jog, or a more vigorous walk. We start to eat healthier ingredients and portions. New routines emerge.

And these are a surprise even to us. They lighten the feet and the mood. They build further, *{and God said, "It is good," and the people said "Amen", and the gospel choir started a swayin' and a singin', and the preacher...oops, different publication...}* and it is all a boost, it even feels good, oh not necessarily the first mile, when the breathing has to adjust, or a muscle aches a little, or the weather outside is frightful, but on the whole, yes, yes, it feels good.

And the days become weeks, and the months become seasons, and the hesitation about entering an actual 5k race turns to "Huh, how-about that..." satisfaction. Then, a 10k (!), which spawns committing to a half-marathon (!!!), where someone tells us tantalizing stories about? The marathon. For some, the dominos stop sooner. But for us, the first go at overcoming the mysteries of miles 14 to 26 are like a complex first date. We don't know where this is going, but we need to see it again.

Biological explanations exist, but for here? 14 to 26 are not just "more miles." Physiological issues for humans occur in there. Getting through them is a unique and curious challenge: taxing, exacting, tiring, and exciting all at once. What happens to some ordinary people then, afterwards? We want to try that again. And a Maniac is born.

Many Maniacs then race them, running all the miles. Others among us, though greatly admiring their abilities and their stories, still push to the best times we can. The continuum is broad, including we who may be a bit ill-trained and awkward-looking in our hobbling).

Equally Maniacal about completing Marathons are the "just finish the race" marathoners. We walk, jog, or alternate in intervals, and there are a thousand particular reasons why. Perhaps a few might miss something in the possibilities department with a more concentrated effort, but each have their own reasons, some simple, some profound, and some simply unalterable. But all are knocking down extraordinary numbers of marathons. Normal people have morphed indeed. 26.2 miles spawns a feeling that we want to chase again, and again, and again and again. Prez, Chris, and Tony were called Maniacs by a fourth friend. They decided they wanted some company. And a hearty few sparked a contagious party. Eleven years in, near 11,000 now, and growing. Welcome to the *Marathon Maniacs*.

Luvya,
Rev

(E-mail me at dgkienz@yahoo.com. I'd like to hear from you.)