



MARATHON MANIACS

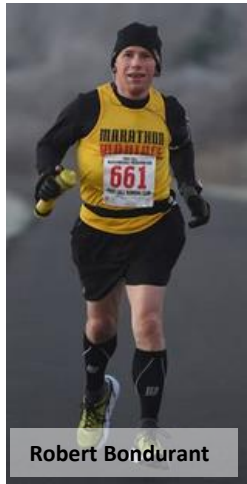
JANUARY 2015 NEWSLETTER

Volume 12, Number 1

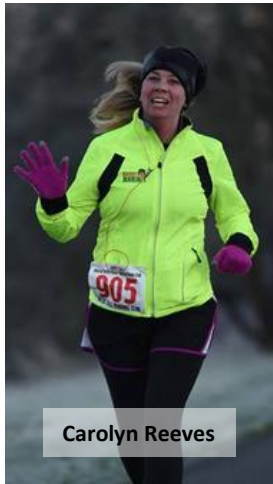
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Robert Bondurant



Carolyn Reeves



Rich Menzel



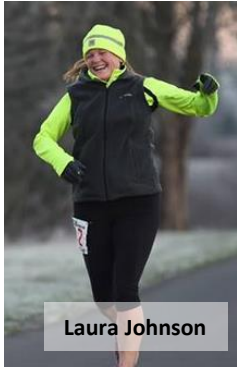
Sabrina Seher



Kimberley Worthen

FIRST CALL MARATHON

BOTHELL, WASHINGTON



Laura Johnson



Steve Walters



Christy Hammond



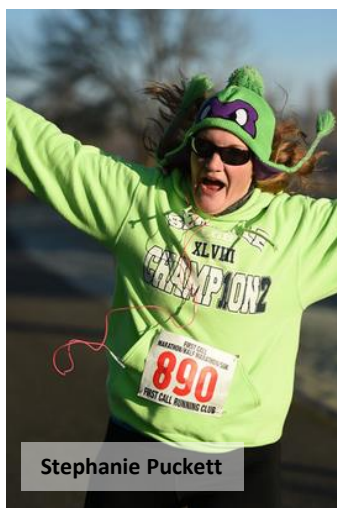
Mike Mahanay



Linda Walter



Paige Denison and Lisa Reid



Stephanie Puckett



First Call Marathon/50k (1/1): Shawn Aebi, Robert Bondurant, Taylor Call, Trian Cunyo, Steven Ferry, Eric "& Carlos PartyMonkey" Glass, Georgeta (GG!) Gruescu, Rick "Roadkill" Haase, Christy Hammond, Laura Johnson, James Klarich, Tory "Teechur" Klementszen, Mike Mahanay, Tracy Marshall, John McGuigan, Rich Menzel, Monte Pascual, David Pearson, The Programmer, Rachel Plowman, Scott "Brooklyn" Sebelsky, Sabrina, Linda Walter, Steve "Marathon Freak" Walters, Darchelle Worley, Kimberley Worthen



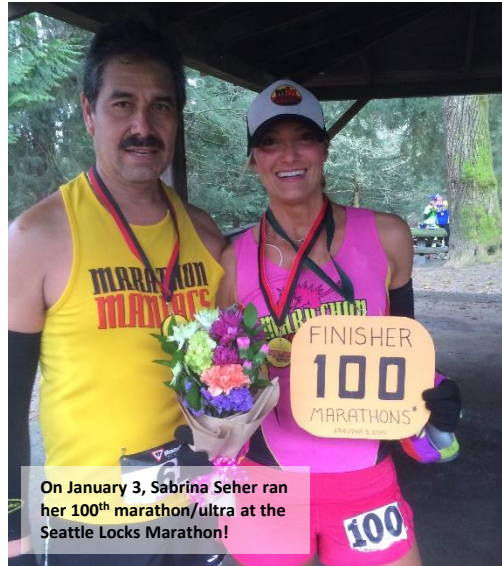
On January 1, Robert Bondurant ran his 100th marathon/ultra at the First Call 50k!



On January 17, Monte Pascual ran his 400th marathon/ultra at the Capitol Peak Mega Fat Ass!



On January 18, Michelle Walker ran her 100th marathon at the Houston Marathon!



On January 3, Sabrina Seher ran her 100th marathon/ultra at the Seattle Locks Marathon!



On January 18, Shane Garling ran his 100th marathon at the Louisiana Marathon!



On January 1, Angela Tortorice ran her 500th marathon at the Texas Marathon!



On January 12, Mike Schwartz ran his 100th marathon at the First Light Marathon!



Marathon Maniacs running half marathons... YES, it's true!



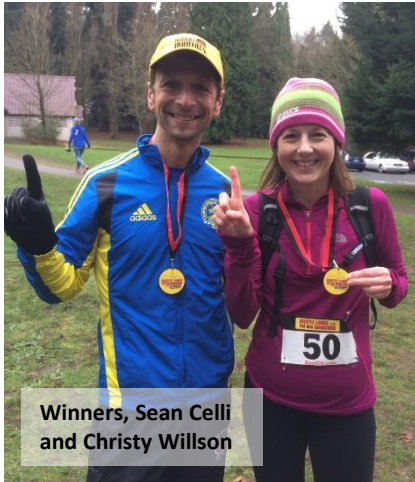
Half Fanatics at the Rain Run Half Marathon

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 10,000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com



Christy Hammonds



Winners, Sean Celli and Christy Willson



39



Dean and Sean

Seattle Locks MARATHON

SEATTLE, WASHINGTON



Steve Barrick



Scott



Sabrina and Nick



Stephanie



18



Peter



Pedro



32

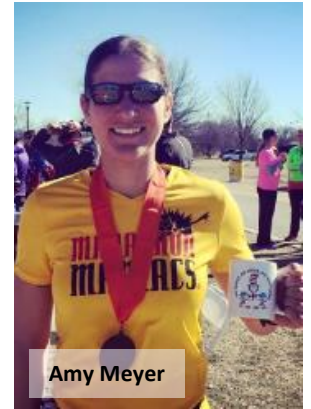
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42



Mark Casey

Seattle Locks Marathon (1/3): Wendy Beck, Shira Brewer, Mark "Thor" Casey, Sporty Diva Coates, Pedro Max, Trian Cuyno, Tricia Early, Steven Ferry, Rick "Roadkill" Haase, Christy Hammond, Laura Johnson, Dean Kayler, Tory "Teechur" Klements, John McGuigan, Monte Pascual, David Pearson, Rachel Plowman, Amy Reed, Bob Rutledge, Bob "What Was I Thinking" Satko, Scott "Brooklyn" Sebelsky, Sabrina, Tara Simpson, Kimberley Worthen



Jan Stennick and Dan Ruiz

Amy Meyer

MARATHON MANIACS AMBASSADOR OF THE YEAR

We are looking for nominees for the 2014 Maniac Ambassador of the Year, qualifications include helping promote the club by wearing gear at races and positive FB or other social media posts, helps others achieve goals, directs or volunteers at races and shows exemplary dedication to the sport of running. If you know someone worthy send nominations to me at steve@marathonmaniacs.com

- Prez Steven Yee (MM#1)

MARATHON MANIACS HALL of FAME

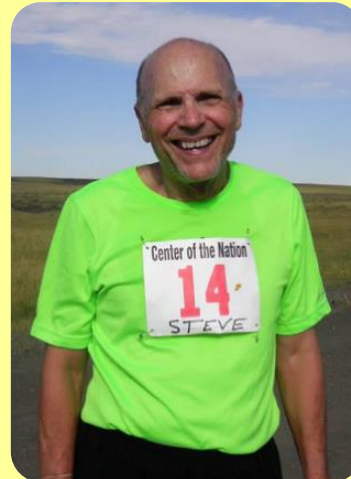
INTRODUCING THE CLASS OF 2015:



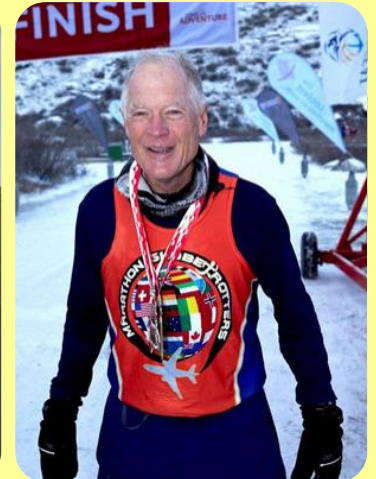
MM#2450
Vincent Ma
California
10 Stars



MM#1233
Diane Bolton
Tennessee
10 Stars



MM#2154
Steve Hughes
Arkansas
10 Stars



MM#1776
Rich Holmes
North Carolina
10 Stars



Mississippi Blues MARATHON

JACKSON, MISSISSIPPI

2015 MARATHON MANIACS REUNION



Dan



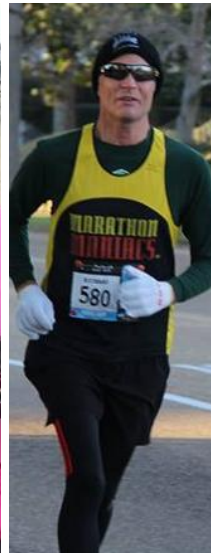
Bill Odendahl



Pascal



Jennifer



Carol



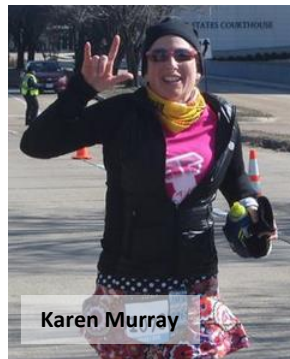
Reunion coordinator Angie Whitworth Pace is ready to check Maniacs in!



Mississippi Blues Marathon (1/10): Tracy Abrom, Ali A Diva #4, Andrew Aguirre, Justin Akin, James Alexander, John "Running with Amanda" Allison, Andrea Amend, Temisha Anderson, Steven Andersson, Kelly "Zeus" Ano, Matt Antinossi, David Appleby, Stacy Bartlett, Dave Bell, Juliene Bell-Smith, Carl Belso, Edie Belso, Vicki "The Breeze" Bentley-Condit, Kate Bernier, Kristen Bieling, Annette "Crash" Blanton, Arland "Crazy Eyes" Blanton, Darlene Bohanon, Jeff "Boneman" Bollman, Diane Bolton, Edward Broadnax, Kyra Bronson, "Drew Dizzle", Tyler Brown, Adam Burke, Greg Burress, Jenny Burroughs, Maria Cacho, Nicole Canales, Dan Cardell, TooTallFritz, Laura Ceraolo, Jennifer Cheng, Jeff Chirdon, Doug "It's Cheaper Than Therapy" Clark, Teal Clark, Don Clarke, Big Bad Jim Clouse, Jim Collins, Chuck Compson, Lee Condron, Theresa Connors, April Cook, Cheryl Cook, Carol Corbin, Floyd Crawford, Anita Dabrowska, Douglas (Run the Earth) Dahlberg, Jermaine Davis, Shalisa Davis, Rita De Palma, Carole DeLaney, Melanie Zeigler Dickman, Will Dong, Mary Ducar, Joe Dumas, Wade Dunn, Tori Duphorne, Michelle Dusseau, Carol "Ponytail" Earles, Teresa Eastin, Jill Egbert, Kip Eldridge, Renita Ellis, Jennifer Eloge, Kevin Ely, Brandi Weiss-Encarnacion, Richard Ervais, Jacqueline Evans, Ken "Calix's Dad" Fattmann, Ray First, Jim "Superdawg" Fisher, Matthew Fisher, Donna Flaggs, Abbi-Normal, Cj Follett, Yvette Fratzke, Renita Free-Priester, Amanda Freedle, Jorge O. Garcia, Katie Gehrand, Angela Gillis, Kathleen Gorman, Rachael Graddy, Alvin Gunkel, Tim Guscott, Keenan Haga, Andy Hagan, Jeff Hager, Lorinda Hagstrom, Mike Hall, Matthew Hamidullah, Tommy Handorf, Diane Hanson, Teresa Harmon, Elizabeth Harris, Eli Hassid, Jennifer Hatcher, Michelle Hille, David Holmen, Diana Hughes, Kevin Humphries, Sarah Humphries, Margaret Hvatum, Joe "13<3:45" I., Dan Janis, Juli Johnson, Lacey "Firecracker" Jolley, Svilen Kanev, Lisa "Crayola" Keller, Julia Khvasechko, Gerald "The G-Man" King, Peter "iSpicy!" King, Paul Knellwolf, Jamie "Bubblehead" Knight, Nancy Knoll, Ashby Knox, Al Kohli, Julia Kolyadenko, Maniac Krez, Erick Kuhlmann, Shelia Lancaster, C. Kinnier Lastimosa, Bob Laws, Terance Lee, Michelle Lenahan, Mary Lenari, Giovanni Leon, Shannon Leonetti, Nicole LeVine, Timothy Lewis, Ken Locke, Michael Locke, Shannon Lorbiecki, Robert Lott, Shawn Loy, Andrew Lundberg, Diana Lunsford, Dorothy Lupariello, Ed Luther, Shelly Mack, Tim Mahler, Robert "Latino Heat" Manon, Mathew Mapram, Glen Marumoto, Nichole "and her little dog too" Mathis, Amy May, Michael McGehee, Al " on to sub 4/50 states McGowan, Sandee "Fiona" McMillen, Melissa Meek, Benjy Melancon, Amy "Beast Mode" Meyer, Steve Moisan, Diane Montgomery, John Moore, Patrick Morrison, Jodi Morton, Erin Mulligan, Karen Murray, Dave Nevitt, Tracey (from NJ) Newenhouse, Kevin Nolan, Bridget OCallaghan-Hay, Bill "Attention Whore" Odendahl, Nancy Oh "Nano", Thomas "T.O." Okazaki, Andrew Olsen, Chanteau Orr, Mary Papreck, Mark Parrotte, Speedy Sue Parrotte, Stephen Payne, Brenda Penland, Eric Peters, maniac 3tp!, Blaine Phillips, Katlyn Phillips, Leah Piper, Paul "The Brit" Piper, Mark Pitts, Shannon, Agnes Porell, Janis Posey, Pascal, Cassie, Andy Ralph, Todd Raney, "The Lone Runner" Rob Rayder, Ed Redoña, Krissy Lizbeth Rehm, Cade Remsburg, Cheryl "Xena" Rich-Ano, Sherry Ricker, Liz Roberts, Jan-Al Robinson, Lisa Robinson, Tom Robinson 2, Darla Rogers, Zander Ross, har, Dan Ruiz, Terry Salaices, Kayla Schoettel, Lori Schwartz, Mike Schwartz, Sabrina, Clyde *the Glide* Shank, McGyver, Bill Sherman, Wanda Shoemake, Jason Short, Mikala, Tawni Sigelmier, Chantelle Smith, Debbie Smith, Evelyn Smith, Heather Sorenson, Gilberto "Big Daddy" Sosa, George" from Georgia" Southgate, Nikkis Spicer, Michael Staffieri, Brenda Stallings, Johno Stallings, Paula EYvonne Steinbach, Jan Stennick, Cara " Skittles" Stephens, Robert Stepp, Mark Stodghill, Kate Stoker, Bob Strauss, Chuck Struckness, MaryLee "Minna" Sturgeon, Steve Sturgeon, Megan "Megalicious" Sullivan, Gail Sweeney, Jessica Sykes, Ben Tam, Cindy Tolley, Baldish Toor, Marc Tremblay, Darron Tytler, Michael Varnell, Karen"Evil Twin" Vollan, Sam Wachsmann, Bettie Wailes, Breanna Waldrup, Tracy Wallace, CJ **Hollywood** Warren, Hugh Warren, Larry Wasson, Evelyn "Ev" Watkins, Julie Weidner, Patrick "Drives a Cool Van" Weldon, Stephanie "rides in a cool van" Weldon, Nancy Wentink, Bryan West, Ryan Westin, Susan Whittenberg, Angie Whitworth Pace, Donna Wilcox, Carole Williams, Jamila "Jammy Jam" Williams, Tom "Tater" Williams, Michael Wilson, Rick "TuTu" Wilson, Kenneth Winn, Brian Wright, Danita Wyley, Jennifer Yan, Matthew Yan, Prez Steven Yee, Cathy Young, Cynthia Yu, Mark Zaremba, Mary Ann Zemla, Jennifer Zuelch



Kelly Ano



Karen Murray

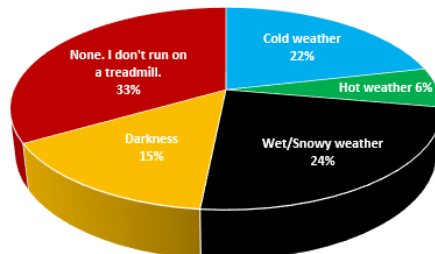


MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

This month's question: How many marathons/ultras are you currently registered for?

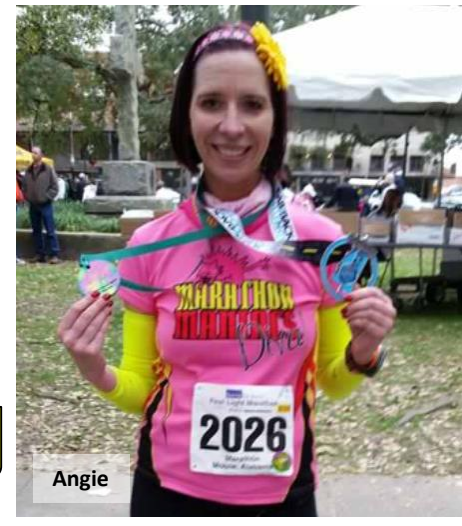
Please vote online between now and March 15: <http://tinyurl.com/MMpoll2015a>



Last month's question: What would cause you to run on a treadmill?

A third of Maniacs do not run on a treadmill. To the other two thirds most either run due to cold weather, snowy/wet weather or darkness.

Thanks for voting!



Angie

FIRST LIGHT MARATHON

MOBILE, ALABAMA



Andy Bowden



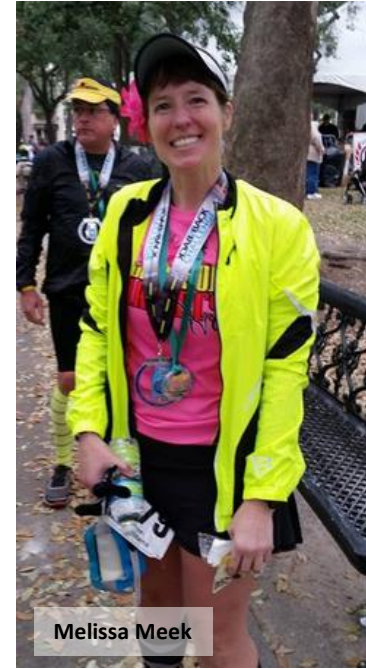
Kate Stoker and Steven Yee



Greg Dronkert



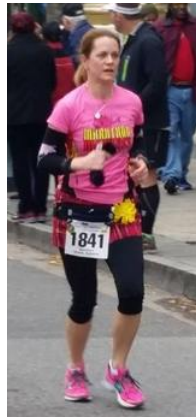
Floyd Crawford



Melissa Meek



Carole and Tom Williams



Sue and Mark Parrotte



First Light Marathon (1/11): Andrew Aguirre, John "Running with Amanda" Allison, Andrea Amend, Temisha Anderson, Kelly "Zeus" Ano, Matt Antinossi, David Appleby, Dave Bell, Carl Belso, Edie Belso, Vicki "The Breeze" Bentley-Condit, Kate Bernier, Kristen Bieling, Alison Black, Cissy Blanchard, Annette "Crash" Blanton, Arland "Crazy Eyes" Blanton, Jeff "Boneman" Bollman, Andy "Tambourine Man" Bowden, Julie Branden, Edward Broadnax, Kyra Bronson, "Drew Dizzle", Tyler Brown, Greg Burress, Nicole Canales, TooTallFritz, Denise Carter, Laura Ceraolo, Jennifer Cheng, Jeff Chirdon, Doug "It's Cheaper Than Therapy" Clark, Don Clarke, Big Bad Jim Clouse, Jim Collins, Lee Condron, Jacqueline Conniff, Theresa Connors, Cheryl Cook, Floyd Crawford, Douglas (Run the Earth) Dahlberg, Shalisa Davis, Daniel Dollar, Mary Ducar, Michael Dunn, Wade Dunn, Tori Duphorne, Jill Egbert, Renita Ellis, Jennifer Eloge, Richard Ervais, Jacqueline Evans, Ken "Calix's Dad" Fattmann, Dave Feinstein, Ray First, Jim "Superdawg" Fisher, Donna Flaggs, Cj Follett, Amanda Freedle, Jorge O. Garcia, Katie Gehrand, Fran Gilday, Georges Gonzalez, Kathleen Gorman, Alvin Gunkel, Tim Guscott, Greg Haenel, Andy Hagan, Lorinda Hagstrom, Matthew Hamidullah, Tommy Handorf, Elizabeth Harris, Jennifer Hatcher, Matt Heidenreich, Jill Hill, Michelle Hille, David Holmen, Chris Humphries, Joe "13<3:45" I., Juli Johnson, Lacey "Firecracker" Jolley, Lisa "Crayola" Keller, Gerald "The G-Man" King, Peter "iSpicy!" King, Paul Knellwolf, Jamie "Bubblehead" Knight, Nancy Knoll, Seth Kramer, Maniac Krez, Erick Kuhlmann, Shelia Lancaster, C. Kinnier Lastimoso, Terance Lee, James Lehman, Giovanni Leon, Shannon Leonetti, Timothy Lewis, Ken Locke, Robert Lott, Andrew Lundberg, Diana Lunsford, Dorothy Lupariello, Ed Luther, Vincent Ma, Tim Mahler, Robert "Latino Heat" Manon, Mathew Mapram, Glen Marumoto, Nichole "and her little dog too" Mathis, Amy May, Jack McDermott, Michael McGehee, Melissa Meek, Benjy Melancon, Steve Moisan, Diane Montgomery, John Moore, Jodi Morton, Brian Mount, Erin Mulligan, Karen Murray, Mike Nasiatka, Jeffrey Nelson, Dave Nevitt, Bridget OCallaghan-Hay, Bill "Attention Whore" Odendahl, Mary Papreck, Mark Parrotte, Speedy Sue Parrotte, Stephen Payne, Eric Peters, Kelly Pfannenstiel, maniac 3tp!, Blaine Phillips, Shannon, Pascal, Cassie, Todd Raney, Cade Remsburg, Cheryl "Xena" Rich-Ano, Sherry Ricker, Jan-Al Robinson, Zander Ross, har, Dan Ruiz, Jonathan Rushnak, Kayla Schoettel, Lori Schwartz, Mike Schwartz, Sabrina, Clyde *the Glide* Shank, McGyver, Wanda Shoemake, Jason Short, Mikala, Chantelle Smith, Debbie Smith, Evelyn Smith, Heather Sorenson, Gilberto "Big Daddy" Sosa, George" from Georgia" Southgate, Nikkis Spicer, Michael Staffieri, Johno Stallings, Loren "Shake 'n Bake" Starr, BernieSue Steffek, Paula Eyvonne Steinbach, Jan Stennick, Cara " Skittles" Stephens, Robert Stepp, Mark Stodghill, Kate Stoker, Chuck Struckness, Megan "Megalicious" Sullivan, Gail Sweeney, Cindy Tolley, Baldish Toor, Marc Tremblay, Karen"Evil Twin" Vollan, Sam Wachsmann, Bettie Wailes, Tracy Wallace, CJ **Hollywood** Warren, Evelyn "Ev" Watkins, Julie Weidner, Patrick "Drives a Cool Van" Weldon, Stephanie "rides in a cool van" Weldon, Nancy Wentink, Bryan West, Ryan Westin, Marsha 'BookladyWalker' White, Angie Whitworth Pace, Carole Williams, Jamila "Jammy Jam" Williams, Tom "Tater" Williams, Julie Williamson, Michael Wilson, Rick "TuTu" Wilson, Brian Wright, Jennifer Yan, Matthew Yan, Cynthia Yu, Mary Ann Zemla, Jennifer Zuelch

MARATHON MANIACS PACE TEAM

The Official Marathon Maniac Pace Teams

Did you know the Marathon Maniacs have an official pace team? Since Maniacs are no stranger to running 26.2 miles many of you are good running these runs.

There are many great reasons to join the pace team and many rewarding aspects to being a pacer.



Requirements to be a Pacer

- Must have completed 15 marathons for your desired distance to pace
- Marathon Pacer: Must have completed the marathon distance 20 minutes faster than your pace time for the full marathon (example: to pace a 4:00 hour you must have run a 3:40 marathon)
- To be in good standing with the Marathon Maniacs and all dues current
- Have your MM race page updated so that we can link your information
- CPR Certification by event date-please contact your local fire department for a FREE class

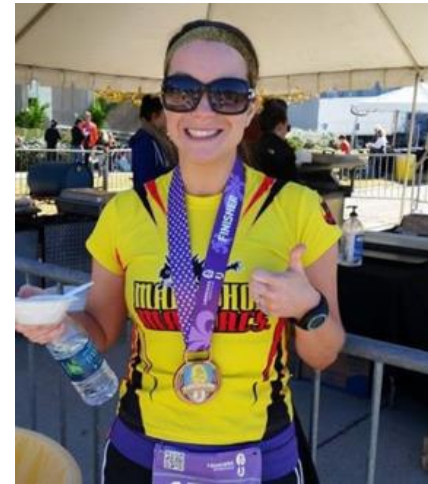
Pacer Perks

- Free to join!
- Waived entry fee
- Sublimated Pace Shirts
- A chance to carry the coveted maniac cat pace sign
- Discounts on lodging when applicable
- Fun pacing runners to their goal finish time

Best of luck to you securing your spot on the pace team!

For more information on which races we are looking for pacers and on getting signed up please visit: <http://www.marathonmaniacs.com/marathon-maniacs/pacer-team>

Marathon Maniac Pacing Coordinator: **Sabrina Seher** (MM #3397)



Louisiana Marathon



BATON ROUGE, LOUISIANA



Kayla Schoettel and Katie Gehrand



Edward

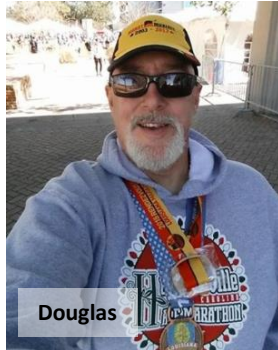
Angie



Julia and Angie



Al



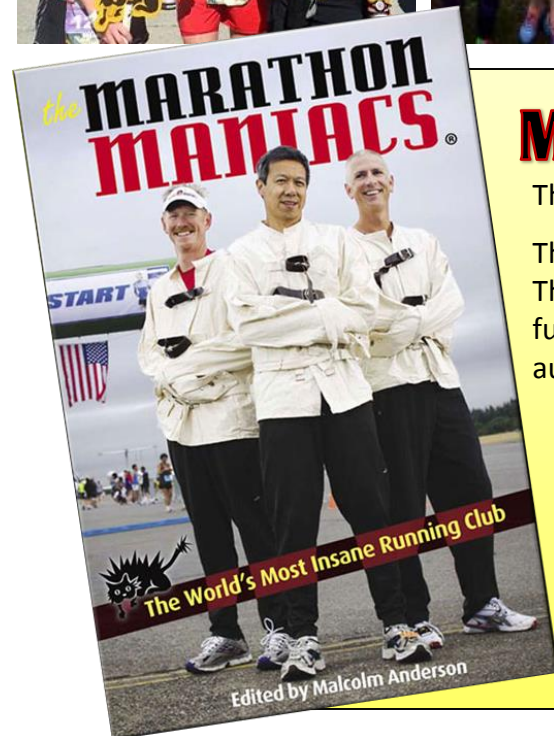
Douglas



Lita Sto



Louisiana Marathon (1/18): Tracy Abrom, Ali A Diva #4, Steve Alexander, Steve Anderson, Jessica Atkins, Diana Bibeau, Denese Blue, Stacy Allen Bolyard, Dustin Bordelon, Vanessa Bordelon, Edward Broadnax, Kyra Bronson, Jenny Burroughs, Marika Cackett, Amanda Carmon, Amanda Castillo, Laz Castillo, Michael Chase, Coach Bridgette Collins, Pierre Convert, Douglas (Run the Earth) Dahlberg, Lori Dather, Heidi DeBenedictis, Sondra Dockery, Josh Estep, Stephanie Foutz, Rick Franks, Michael Fred, Shane Garling, Katie Gehrand, Angela Gillis, Greg Glennon, Georges Gonzalez, Paul Grzemeski, Gina Hadala, Robert "Beaux" Hall, PrincessPatti Hammerstein, Teresa Harmon, Francis Hoover, Belinda Jared, Eric Jensen, Lacey "Firecracker" Jolley, Julia Khvasechko, Paul Knellwolf, Beth Knox, Al Kohli, Patrick "Czech made" Kubovsky, Steve Laine, Bob Laws, Julie Leahy, Michael Locke, Randy Lyle, Doerte Mahanay, Mike Mahanay, Paul Maness, Marcus Marullo, Summer Marullo, Jenny Massanelli, Jim McConnell, Michael McGehee, Jeff McPherson, Terri Menghini, Keith Moore, Patrick Morrison, Kelli Mullin, Mark Musso, Andy Naumann, Dave Nevitt, Loan OBrien, Andrew Olsen, Tomas Orihuela, Lynda Petri, Miike La Pilla, Tim Pippin, Brian Post, Sonya Price, Andy Ralph, Tony Recker, Ed Redoña, George Rehmet, Michael "Dr Dude" Rhodes, Rob Racewalk Robertson, Jacob Roedsens, Jonathan Rushnak, Rhett Sabadie, Laurie Schneider, Kayla Schoettel, Randall Schramm, Cindy Scioneaux, Tom Seitz, Dan-O, Clyde *the Glide* Shank, Kelly Shank, Heather, Aimee Shuey, Myron Sidloski, Haley Siggers, Tam Smith, Jeff Soileau, Heather Sorenson, "Marathon Diet", Keith Stone, Litanya Stovall, Chuck Struckness, Terri Sullivan, Bryndis "ICELAND" Svavarsdottir, Judy Taveira, Roger "BMBLB RUNNER" Teel, Steven Thomas, Angie Tidwell, Cindy Tolley, Marc Tremblay, Cathlin Upton, Breanna Waldrup, Halbert, Angela Waltower, Michael Weaver, Patrick "Drives a Cool Van" Weldon, Joe White, Dave Whittenberg, Susan Whittenberg, Carole Williams, Tom "Tater" Williams, Houston "Wolfmaniac" Wolf, Patrick Wood



MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

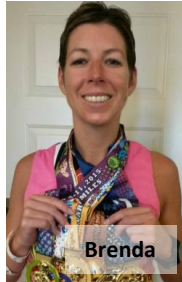
This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

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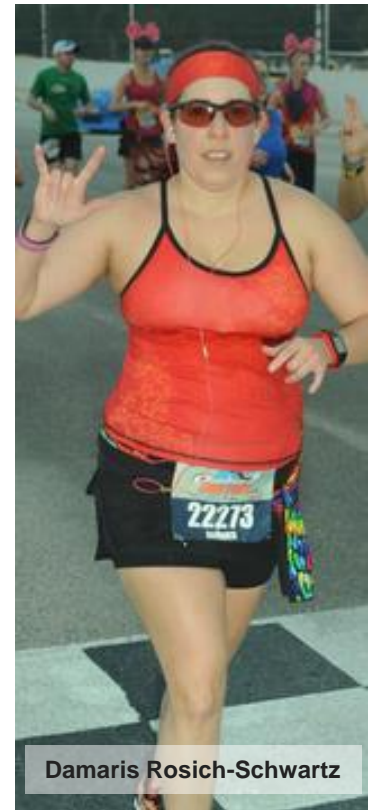
<http://www.databarevents.com/store/product/103/Autographed-MM-Book>



Walt Disney World Marathon

ORLANDO, FLORIDA

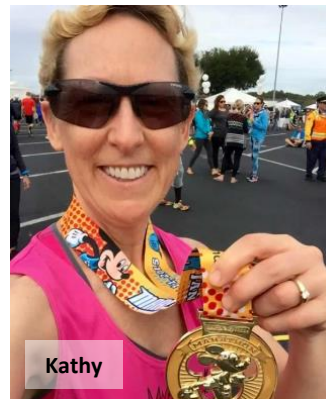
Walt Disney World Marathon (1/11): John Abbate, Elaine Alexander, Jim Almquist, Glenn Amante, Linda Ambard, Matthew Amick, ReindeerMom, John Armstrong, Nancy Austin, Crazy Linda 'Titanium Sun' Bachand, Matthew Bailen, Jim Ballard, Linda Ballard, MRScrashmattb, Bryan Baroffio, Tara Beach, Michael Beasley, Sheila Beermann, John Bennett, Jonathan Betanoff, Chris "The Counselor" Bouchard, John Bozung, Mary Cate Brauchla, Susan Brook, Jennifer Brown, Cheryl Bryll (aka Shelly), Caroline Burnet, Jayme Butts-Hall, Charles Cangialosi, Barbara Carpenter, Kelly Cassidy, Sharon Causin, George Chapman, Pony Express, Chuck Chittick, Jena Chopson, Tim Cleary, Lora Cochran, Diana Cohen, Rich Colfack, Roxy Conlon, Carol Corbin, Amanda Corbitt, Jeanne Corey, Michelle Corey, Lisa Corman, Charlotte "costume chic" Corriher, Sheila Couch, Carleen Coulter, Kathy Crawford, Christine Cronin, Kristin Cunningham, Kevin Dahlin, Jennifer Davis, Laura de Mosell, Miranda Deaton, Brian Dedeke, Eric DiPietro, Lori Dodd, Haidar Douglass, Christelle "Smiley" Douillet, Bill Dowis, Seth Elsheimer, Juergen Englerth, Jacqueline Ensley, Isabel Escobar, Mike Fascian, Candy Ferry, Steven Ferry, Jim Flanagan, Jennifer Fletcher, Kristina Fondren, Mabel Fong, Paul Fournier, Jeff Franciski, Cheryl Fraser, Maria Frosth, Gail Fuller, Kansas-The "Tri Lunatic" G. J. Galindo, Richard Gallegos, Brad Garfinkel, Lil Mango, Adam Gartner, Kristi Gerathy, Jonus Gerrits, Warren Glad, Ron Gnau, Kevin Gonzalez, James Green, Janine Guerra, Jackie Gulino, Dennis "Spelled right" Hafford, Chris Hall, Brenda Hamby, James Hanson, Gina Harris, Kristen Pearlless Healey, Carrie Heavrin, Sarah Hemphill, Annie Hernandez, Jeffrey Hollington, James Hooko, Jeremy Howes, Carole Hunter, Felecia Jackson, Nick Jankowski, madDOG, DEO, Narongdej "Jay" Jaroensabphayanont, Brian "Jesus Freak" Joachims, Alicia Johnson, Cody Jones, Greg Joss, Ryan Kaelin, MaryJean Kancel, Howard L. Keener, Jr., Heather Kelly, Joan Kim, John (He's wearing a kilt!) Kinnicutt, Marc Kitay, Tory "Teechur" Klementszen, Yuthana Kong, Brendon Lachance, Robert Lalor, Nate Larson, Shannon Francis Lee Bala, Allison Leer, May Liao, Josivan Lima, Joseph Loftin, Kara Loftin, Tricia Lund, Colette Madison, John Mangahas, Tom Mangan, Karen Manganaro, Kim Marchand, Angela Marchetti, Julius, Sue Maybee, William McBrayer, James McCan, Debbie McFarland, Kelly Meadows, Barb Meinecke, Terri Menghini, Vicki Merry, Michael "Old Man" Miller, Darren Minnemann, Rich Minns, Wendy "Turtle Diva" Mitchell, Julie Molenaar, Cynthia Moore, Angela Morris, Dana Mosell, Frank Muller "Brewmaster", Matt Murton, Kelli Myers, Patrick Myers, Kate Nachtgall, Bobby Danger Nelson, Run42k, Ross Nordhoff, Kara Novelli, Lance Null, Michael Nusblat, Jenna "Beach Diva #15" O'Horan, Jon Odgers, Kimberly Oehrlein, Billy Ray, Brian Pack, Crystal Pack, Lisa Pass, Julie Patton, Christy "The Energizer Bunny" Paul, Richard Peete, Mike Perez, Jeanine, Chad Perry, Vanessa Peterman, Lynda Petri, Lisa Phillips, Richard, James Prescott, Kathy Pride, Kathy "Rad Queen" Pryor, Derek Ralston, Joe B. Raymond III, Kenny Raynor, Paul Rearick, Joanna Rees, Christopher Regan, Michelle Reuter, Damaris Rosich-Schwartz, Wendy Roy, Gwendolyn Rucker, Deborah Rudawsky, Edward "Roller" Russell, Mark Russell, Cristy Russo, Jeromy Sauls, Jessica Scaffidi, John Schafer, Lisa Schneiders, James Schumacher, Vicki Schumacher, Cindy Scioneaux, Tom "H.D." Scott, John Senger, Lori Sherwood, Kateri Shirley, Danielle Shown, Crystal Simmons, Barry "dcgriz" Smith, Michelle Smith, Shasten Snellgroves, Jason Spafford, Bill Stogsdill, Lincoln "Linc Boogie" Stokes, Michael Storey, Litanya Stovall, Paul Sullivan, Clark Taft, Gretchen Tapp, Kari Taylor, Gary Thompson, Brooklyn Thorson, John Torres, Callie Ullman, Lindsay Vandersluis, Patricia Vanderwest, Stacey Varner, Halbert, Nancy Wampach, John Weeks, Mark Welch, Jess Welsh, Laura Wesson, Keith White, Brenda Wright, Marlin Yoder, Laura Zeffer, Charlene Zirkelbach, Joe Zucco



Damaris Rosich-Schwartz



Angela and Melissa



Kathy



Barry Smith

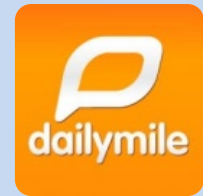


Halbert



Tom Scott

Join the Maniacs on Social Networking!



FACEBOOK:

Marathon Maniac page: <http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group: <http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

MY SPACE:

<http://www.myspace.com/marathonmaniacs>

LINKED IN:

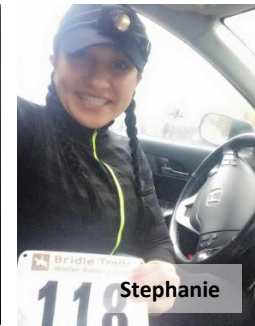
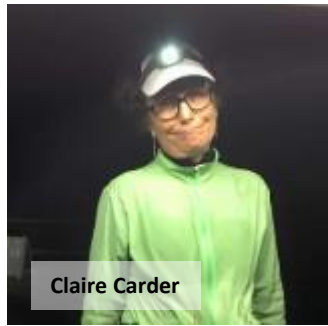
<http://www.linkedin.com/e/vgh/1843119>

DAILY MILE:

<http://www.dailymile.com/groups/1403-marathon-maniacs>

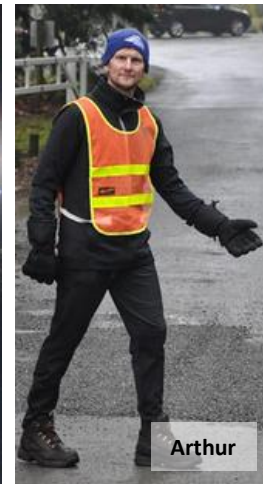
Across all social networks use the hash tag:

#marathonmaniacs



Claire Carder

Stephanie



Arthur

Shawn Aebi

Bridle Trails (1/10): Shawn Aebi, vvn Doorn, Sarah "Stumbling Goat" England, Deb Evdemon, Georgeta (GG!) Gruescu, Christy Hammond, "Insane Jane", Little Leslie, Hideko Opperman, Monte Pascual, Joe Schrum, Scott Sebelsky

BRIDAL TRAILS 50K

KIRKLAND, WASHINGTON



Scott Sebelsky

Crystal Richard

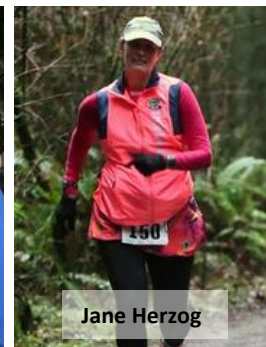
Monte Pascual



Leslie Miller



Joe Schrum and Nikki Todd



Earl Fenstermacher

Patrick Grengs

Ross Comer

Jane Herzog



Andrew Brooks



Jen Knife



Jennifer Yan



Jen Metcalf and John Kent Leighton



Sheri Gewelke



Diane Bolton and Kristen Bieling

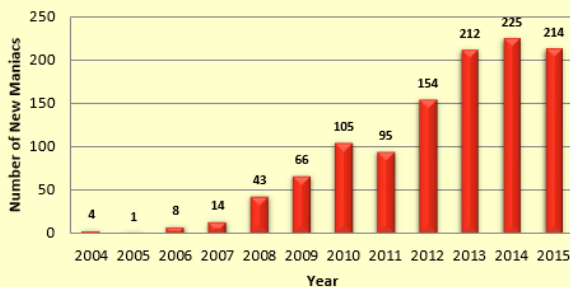
REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	84.3	61.9	75.1	63.2	100.3	75.8	47.8	28.5	35.4	101.3	118.8	109.1	765.6
Record	225	177	189	138	249	175	101	56	73	257	334	241	2,110
2014	225	177	189	137	249	175	81	52	70	257	257	241	2,110
2015	214	-	-	-	-	-	-	-	-	-	-	-	214

New Maniacs for January



New Maniacs in January 2015: 214
 New Maniacs in 2015: 214
 Total Maniacs: 10,746

State	MM	Pct%
Washington	1219	11.34%
California	827	7.70%
Texas	761	7.08%
Florida	412	3.83%
Illinois	406	3.78%
New York	366	3.41%
Oklahoma	342	3.18%
Virginia	306	2.85%
Georgia	263	2.45%
Ohio	237	2.21%
Oregon	224	2.08%

The 10,737 Maniacs have run a total of 271,176 marathons/ultras. That's a collective 7,104,811.2 miles!

Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** None
- **Platinum (8 star) Maniac:** Paul Piper, Leah Piper
- **Palladium (7 star) Maniac:** Jane Sturzaker, Christy Hammond
- **Osmium (6 star) Maniac:** Helen McMullin
- **Ruthenium (5 star) Maniac:** Megan Sullivan, Heather Sorenson, Greg Burress, WANDA SHOEMAKE, Eileen Boyle, John McGuigan
- **Iridium (4 star) Maniac:** Eddy Angkawibawa, Joe Morris, Marcus Marullo, Summer Marullo, Joseph Pacheco, Wendy Arias, Jan Stennick, Aaron Thomas
- **Gold (3 star) Maniac:** Robert Del Real
- **Silver (2 star) Maniac:** Rob Racewalk Robertson
- **100 Marathons:** Robert Bondurant, Michelle Walker, Sabrina Seher, Shane Garling, Mike Schwartz
- **400 Marathon:** Monte Pascaul
- **500 Marathons:** Angela Tortorice



Temisha Anderson and Ray Shaw



Amy Meyer and Greg Burress



Eddie "Barefoot Bandit" Vega dropped to one knee and proposed to his girlfriend, Nilda Birch at the finish line of the Bahamas Marathon on January 19. Congratulations to Maniacs Eddie and Nilda!



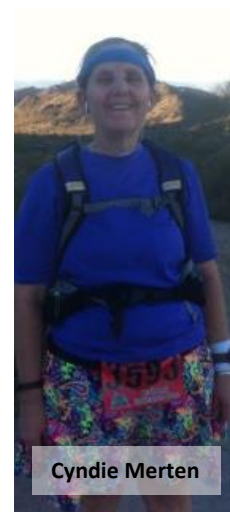
Julia Khvasechko
at Beast of Burden
100 Miler



Bryan West



Gail Sweeney, Andy
Hagan and Jason Short



Cyndie Merten



Abbi

Upcoming Races!

Marathon/Ultra Calendar between February 21-April 4

Saturday, February 21

Aravaipa Elephant Mountain (AZ)
Black Warrior 50k (AL)
Blackwater Trail Challenge (FL)
Cross Timbers 50m/26.2 (TX)
CTR Montara Mountain 50k/26.2 (CA)
Cummins Falls Marathon (TN)
Frozen Feet 6h (MO)
Frozen Heart 50k (MD)
LoVit 100k (AR)
NJ Trail Series Febapple Frozen Fifty 50m/50k (NJ)
Punta Arenas Marathon (date dependent on weather) (CHL)
Surfside Marathon (TX)
Ultra Adventures Antelope Canyon 100m/50m/50k (AZ)
XTERRA Thrill in the Hills Marathon (GA)

Sunday, February 22

Altis Shelby Forest Loop Marathon (TN)
El Paso Marathon (TX)
Evergreen Lord Hill 50k (WA)
Hyannis Marathon (MA)
Last Chance for Boston Marathon (OH)
Malta Marathon (MLT)
Mercedes Marathon (AL)
NYCRuns Central Park Marathon (NY)
Tokyo Marathon (JPN)

Friday, February 27

Tel Aviv Marathon (ISR)

Saturday, February 28

12th Annual Campaign "Fund" Run (WA)
Mt Cheaha 50k (AL)
Mt Mitchell Challenge and Black Mountain Marathon (NC)
Orange Curtain 100k/50k (CA)
Phoenix Marathon (AZ)
Razorback Endurance Race (many options) (CA)
Richland Run Fest (WA)
Tejas Trails Nueces 50m/50k (TX)
Woodlands Marathon (TX)

Sunday, March 1

Angry Tortoise (FL)
Army Marathon (TX)
Caumsett 50k Championship (NY)
Cowtown 50k/26.2 (TX)
Lake Natoma 50k/26.2 (CA)
Little Rock Marathon (AR)
Marathon of the Treasure Coast (FL)
Napa Valley Marathon (CA)
Q50 Trails Extravaganza 50m/26.2 (LA)
Ultramaraton Caballo Blanco (MEX)

Friday, March 6

Titi 100 (MYS)

Saturday, March 7

Albany Marathon (GA)
BCS Ultramarathon 50m/50k (TX)
Calico Red Rock Canyon Marathon (NV)
Carl Touchstone Memorial Mississippi 50m/50k (MS)
Dances With Dirt Green Swamp 50m/50k/26.2 (FL)
Deo 50k (CA)
Diamond Valley Lake Marathon (CA)
Dirty Duo 50k (BC)
Graveyard 100 (NC)
Green Jewel 50k (OH)
Groundhog Marathon (GBR)
Gusher Marathon (TX)
Mainly Marathons Ute Lake State Park (NM)
Mountain Marathon (WA)
Old Man 53k (AZ)
Old Pueblo 50 Mile Endurance Run (AZ)
Peak Snowshoe Championship 100m/26.2 (VT)
Post Oak Challenge Day One (OK)
Run Hard Columbia Marathon (SC)
Stroll in Central Park 12h/6h (GA)

Umstead Trail Marathon (NC)

Way Too Cool (CA)

Sunday, March 8

Florida Sheriffs Youth Ranch Marathon (FL)
Lower Potomac River Marathon (MD)
Mainly Marathons Conchas State Park (NM)
Malaysia Women Marathon (MYS)
Nagoya Womens Marathon (JPN)
NWTR Spring Run for Fun (WA)
Post Oak Challenge Day Two (OK)
Zydeco Marathon (note date change) (LA)

Friday, March 13

TransLantau (HKG)
Ultra Adventures Monument Valley 100m (AZ)

Saturday, March 14

Andrew Jackson Marathon (TN)
Aravaipa Mesquite Canyon 50m/50k (AZ)
Catalina Island Conservancy Marathon (CA)
Centennial Trail Run 50m/37m/28m (WA)
Dizzy Daze 12h/5h and Pie (WA)
Ellerbe Marathon (NC)
Georgia Death Race 68m (GA)
Land Between the Lakes 50m/60k/26.2 (KY)
Montgomery Marathon (AL)
Rock N Roll USA (DC)
Run for the Bridges (NE)
Ultra Adventures Monument Valley 50m/50k (AZ)

Sunday, March 15

Asheville Marathon at Biltmore Estate (NC)
Barcelona Marathon (ESP)
Big Island International Marathon (HI)
LA Marathon (CA)
Newport News One City Marathon (VA)
Northern Trails Marathon (NC)
Palm 100k/50k (FL)
Seabrook Lucky Trail Marathon (TX)
Seoul International Marathon (KOR)
Tobacco Road Marathon (NC)
Yokohama Marathon (JPN)

Friday, March 20

D-Town Marathon Series (TX)

Saturday, March 21

Badwater Cape Fear 51.4m (NC)
Chicago Lakefront 50k George Cheung Memorial Race (IL)
Chuckanut 50k (WA)
Grasslands 50m/26.2 (TX)
HAT Run, The (MD)
Lake Martin 100m/50m/27m (AL)
Lt JC Stone 50k Ultramarathon (PA)
NJ Trail Series NJ Ultra Festival 100m/100k/50m/50k/26.2 (NJ)
Raccoon Mountain Marathon (TN)
Savin Rock Marathon (CT)
Spring Equinox 50m/50k (MS)
TATUR Six Hour Snake Run (OK)
Valley to the Sea (HI)

Sunday, March 22

All American Marathon (NC)
Bataan Memorial Death March Marathon (NM)
Canalathon 100k/75k/50k (GBR)
Citrus Trail 50k/26.2 (FL)
CTR Canyon Meadow 50k/26.2 (CA)
Georgia Marathon (GA)
Maratona di Roma (ITA)
Oakland Running Festival Marathon (CA)
Puerto Rico Marathon (PR)
Rockin Marathon Relay - Charlotte (solo division) (NC)
Shamrock Marathon (VA)
Tokushima Marathon (JPN)
Wrightsville Beach Marathon (NC)

Wednesday, March 25

Mainly Marathons Dust Bowl Day One (TX)

Thursday, March 26

Mainly Marathons Dust Bowl Day Two (OK)
Pickled Feet 48h (ID)

Friday, March 27

Badger Mountain Challenge 100m/50m (WA)
Mainly Marathons Dust Bowl Day Three (KS)
Pickled Feet 24h/100m/12h/6h (ID)

Saturday, March 28

Aravaipa Crown King Scramble (AZ)
Badger Mountain Challenge 50k (WA)
Behind the Rocks 50m/50k (UT)
Beyond Limits Ultra (CA)
Circular Logic Marathon (IN)
Clinton Lake Ultra 30m (IL)
Emerald Isle Marathon (NC)
Extreme North Dakota Sandhills Ultra Run Experience 100k/50k (ND)
Forrest Gump Challenge 50k/26.2 (MO)
Griffith Park Trail Marathon (CA)
Mainly Marathons Dust Bowl Day Four (CO)
Prairie Spirit Trail 100m/50m (KS)
Queen City Marathon for Active Water (MD)
Race for RARE (NC)
Rainshadow Gorge Waterfalls 100k (OR)
Running Dead 100m/50k (GA)
Running the Shoals Marathon (AL)
Te Houtaewa Challenge 62k/26.2 (NZL)
Trailbreaker Marathon (WI)
Twilight Ultra Challenge 16h (SGP)
Two Rivers Marathon Day One (PA)
Umstead 100 Mile Endurance Run (NC)
Wicked Marathon (KS)
Yakima River Canyon Marathon (WA)

Sunday, March 29

A2A Race for Mercy (OK)
Ann Arbor Marathon (MI)
B&A Trail Marathon (MD)
Bratislava Marathon (SVK)
Covenant Health Knoxville Marathon (TN)
Fools 50k (OH)
Hogeye Marathon (AR)
Mainly Marathons Dust Bowl Day Five (NM)
Modesto Marathon (CA)
Ocean Drive Marathon (NJ)
Rainshadow Gorge Waterfalls 50k (OR)
Rockin Marathon Relay - Cary (solo division) (NC)
Runners Marathon of Reston (VA)
Tomoka Marathon (FL)
Two Rivers Marathon Day Two (PA)
Virginia Creeper Marathon (VA)
White Mountains 100 (AK)

Friday, April 3

Bletchley Enigma Marathon (GBR)
Gopher Attack! (SK)
Marathon Des Sables (MAR)

Saturday, April 4

American River 50 Mile Endurance Run (CA)
Charlottesville Marathon (VA)
Croom Trail 50m/50k Fools Run (FL)
CTR Grizzly Peak 50k/26.2 (CA)
Dan Man Challenge 50m/26.2 (OK)
Going the Distance Marathon (AZ)
Irving Marathon (TX)
Rockin K 50m/26.2 (KS)
Skidaway Island Marathon (GA)
Staten Island Marathon (NY)
Tejas Trails Hells Hills 50m/50k (TX)
Two Oceans Marathon 56k (ZAF)
XTERRA Power to the Tower (TN)



New Maniacs in January 2015

Tad Aquila (#10533)
 Kimberly Velazquez (#10534)
 Jill Geslison (#10535)
 Thomas Fleming (#10536)
 Melissa Evans (#10537)
 John Herbolsheimer (#10538)
 Charles Cook (#10539)
 Elesha Draeger (#10540)
 Paul Irwin (#10541)
 Glorina Higuchi (#10542)
 Elizabeth Bain (#10543)
 John Butler (#10544)
 Amir Akhtar (#10545)
 Jordan Dickerson (#10546)
 Heidi Christensen (#10547)
 Renee Hudson (#10548)
 Emily Waite (#10549)
 Catherine Piper (#10550)
 Christy Bemis (#10551)
 Tin Lung Chao (#10552)
 Andy Hignite (#10553)
 Stephanie Rees (#10554)
 Joel LeBlanc (#10555)
 FAITH! Bennett (#10556)
 Debbie Gelber (#10557)
 Marie Quevedo (#10558)
 Alfa Severino (#10559)
 Liz Nelson (#10560)
 Donna Dullys (#10561)
 Carol Newman (#10562)
 Joel Flora (#10563)
 David Fuller (#10564)
 Angela Dunn (#10565)
 Mercedes Smith (#10566)
 Angela Waltower (#10567)
 Pearllette Toussant (#10568)
 Mandee Keith (#10569)
 Jessica Rohlman (#10570)
 Paul Rose (#10571)
 Robert Grabel (#10572)
 Stephanie Griffin (#10573)
 Megan Mayer (#10574)
 Kenneth Winn (#10575)
 Will Ham (#10576)
 Jason Holzapfel (#10577)
 Dan Janis (#10578)
 Gregory L McGowan (#10579)
 Laurence Sanchas (#10580)
 Coleton Bustamente (#10581)
 Hector Ramos (#10582)

Marilouise Gurrieri (#10583)
 Amy Cyr (#10584)
 Keith Schell (#10585)
 Morgan James (#10586)
 Melissa Polivka (#10587)
 Cherie Aday (#10588)
 Andrea Arena (#10589)
 Sandee Nilsson (#10590)
 Megan Hager (#10591)
 Lincoln "Linc Boogie" Stokes (#10592)
 Angela Beyette (#10593)
 Annette Cassells-Wilson (#10594)
 Lynne DeShazo (#10595)
 Alan Gousie (#10596)
 Thomas Aylward (#10597)
 David Hodges (#10598)
 Masako Ishida (#10599)
 Joseph Zimmerman (#10600)
 Blanca Ramirez (#10601)
 Carol Tosone (#10602)
 Rhonda Kempen (#10603)
 Melissa Whited 2 (#10604)
 Andria Toland (#10605)
 Nicole Chittick (#10606)
 Gwen Meeks (#10607)
 Laura Wesson (#10608)
 Karen Ostlund (#10609)
 Bill Stogsdill (#10610)
 La Verne Partlow (#10611)
 Kara Lee (#10612)
 M. Scott Chismar (#10613)
 Christy Stillwell (#10614)
 Dan Roehler (#10615)
 Liana Kolodenker (#10616)
 Thomas Carney (#10617)
 John Crum (#10618)
 Tammy Allen (#10619)
 Sharon Hoskins (#10620)
 Jennifer Gibson (#10621)
 Chris Mozer (#10622)
 Everett Reed (#10623)
 Deukwoo Kwon (#10624)
 Betsy Biffi (#10625)
 SunHwa Hong (#10626)
 Melissa Montgomery (#10627)
 Anneke Lee (#10628)
 Tara Stogner (#10629)
 Sondi Ryersee (#10630)
 Sonya Green (#10631)
 Jared Levine (#10632)
 Sarah Moore (#10633)
 Jeffrey Bryant (#10634)
 Sonia Bryant (#10635)
 Christie Rumiano (#10636)
 Suzanne Incaprero (#10637)
 Joshua Hillman (#10638)
 Leighann Fisher (#10639)
 Kristen Sigman (#10640)
 Clydine Preston (#10641)
 Sandra Johann (#10642)
 Jennie Wilder (#10643)
 Joey Gonzalez (#10644)
 Tresha Souza (#10645)
 Lindsay Abel (#10646)
 Helen Crutchfield (#10647)
 Thomas Dickmeis (#10648)
 Sara Gerner (#10649)
 Rob Fulton (#10650)
 Teresa McNeely (#10651)
 Jeremy Wiley (#10652)
 Marika Cackett (#10653)
 Audra Jones (#10654)
 Deborah Wing-Leonard (#10655)
 Braden Miller (#10656)
 Toni Cassreino (#10657)
 Elizabeth Doss (#10658)
 Larry Kuehn (#10659)
 Jennifer Craine (#10660)
 Gloria Gonzalez (#10661)
 Rachel Meador (#10662)
 Jessica Avila (#10663)
 Jane Dance Bartley (#10664)
 Anne Trussell (#10665)
 Krystalore Stegner (#10666)
 Shane Franklin (#10667)
 Missy Orr (#10668)
 Sherri Elrod (#10669)
 Kevin Hill (#10670)
 DON WILKINSON (#10671)
 Cathy Gracey (#10672)
 Sharon Prentice (#10673)
 Sally Saxon (#10674)
 Sandy Kellenberger (#10675)
 Anthony Lee (#10676)
 April "Wood Elf" Adair (#10677)
 Deborah Riley (#10678)
 Vladimir Mazek (#10679)
 Alberto Arroyo (#10680)
 Leslie McKeever (#10681)
 Amie James (#10682)
 Sally Collins (#10683)
 Leslie Canida (#10684)
 Buffie Veselka (#10685)
 Nick Keeling (#10686)
 Henry Jackson (#10687)
 Beth Packer (#10688)
 Tom Byrnes (#10689)
 Mark Carpanini (#10690)
 Rosemary Buckle (#10691)
 Susan Selsor (#10692)
 Jodi Ake (#10693)

Greta Gillmeister (#10694)
 Danielle Aiken (#10695)
 Tara Begoon (#10696)
 Faith Doles (#10697)
 Sandra McDonald (#10698)
 BROOKE MARTIN (#10699)
 Allan Paul (#10700)
 Thomas Maury (#10701)
 Mark Musso (#10702)
 Denese Blue (#10703)
 Chanda Heinen (#10704)
 Christy Futch (#10705)
 Debbie Jacob (#10706)
 Lisa Sparks (#10707)
 Tetsuya Nishino (#10708)
 Laura Pita (#10709)
 Stacy Sullivan (#10710)
 Ron Bogart (#10711)
 Bill Culver (#10712)
 Jana Rugg (#10713)
 Jennifer Coffee (#10714)
 Jeffrey Kaufman (#10715)
 L. Jane Stewart (#10716)
 Jean Brassfield (#10717)
 James Kearby (#10718)
 Tammy Kubus (#10719)
 D G (#10720)
 Howard Harris (#10721)
 Greg Dunn (#10722)
 Andrea Howell (#10723)
 Karen Ofafa (#10724)
 Julianna Dullum (#10725)
 Jennifer Hayes (#10726)
 Gina Noland (#10727)
 John Peck (#10728)
 Matt Frates (#10729)
 Mark Hechler (#10730)
 Chad Windham (#10731)
 Geoffrey Mire (#10732)
 Larry Trussell (#10733)
 Phil Vaughn (#10734)
 Tom Lansford (#10735)
 Tess LaCabe Hodges (#10736)
 Michael Della Pia (#10737)
 Angelia Fontes (#10738)
 Lisa LeVeque (#10739)
 Charles Coe (#10740)
 Amy Novotny (#10741)
 Jodi Swita (#10742)
 Daniel Cheney (#10743)
 Maribel Neanover (#10744)
 Traci Myers (#10745)
 Joseph Mortillaro (#10746)

NEW MANIACS



Julianna Dullum and Jodi Swita



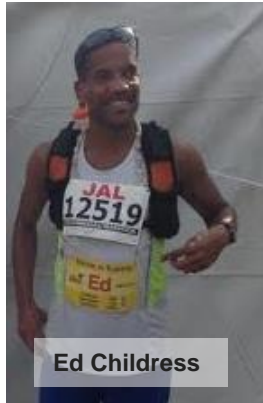
Annette Cassells-Wilson



Lindsay Abel



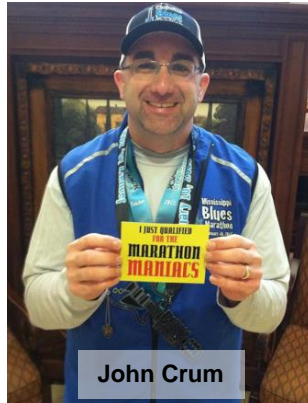
Jared Levine



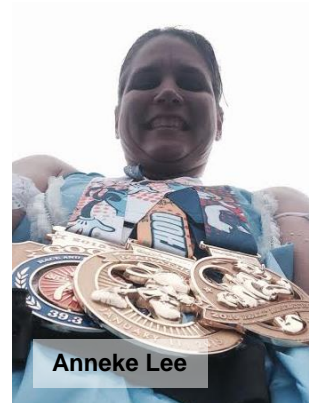
Ed Childress



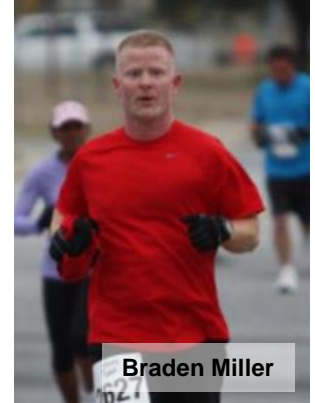
Rosemary Buckle



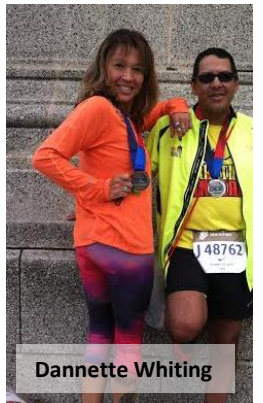
John Crum



Anneke Lee



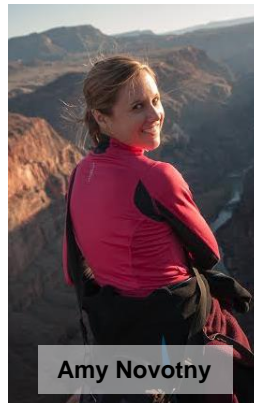
Braden Miller



Dannette Whiting



Lynn



Amy Novotny



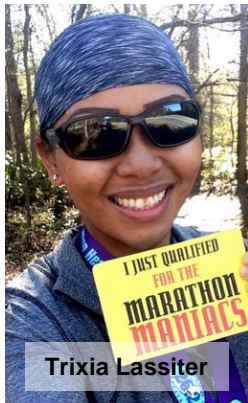
Ron Bogart



Jana Rugg and Theresa Curry



Christy Bemis



Trixia Lassiter



Chanda Heinen and Jodi Ake

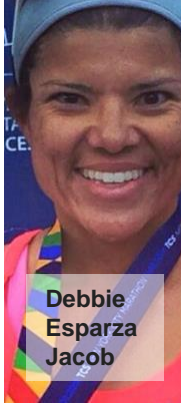


Lisa Sparks

NEW MANIACS



Dan Roehler



Debbie Esparza Jacob



Nicole Chittick



Greg Dunn



Sherri Elrod



Linc Stokes



Michelle Monholland



Tetsuya Nishino



Blanca Ramirez



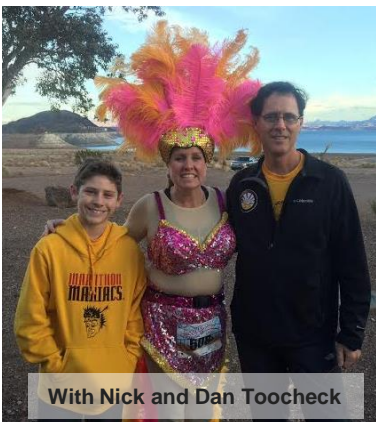
01/25/2015



Ila Brandli



April Adair Henderson surrounded by five Titanium Maniacs



With Nick and Dan Toocheck



Which shoes are you going to wear Bob?





Jorge, Prez and Andrew



Heather



Abbi, Rachael and Sandy



Al Douthard



Marcia Burke



Stephanie Dewald



Lecia Holley and Steve Walters

FROM THE EDITOR...

For the second year in a row Maniacs from all over the country flocked to the southern states of Mississippi and Alabama for the 2015 Maniac reunion. Many stayed to run the Louisiana Marathon the next week. While many other Maniacs travel to Florida to run with the mouse at Disney World.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts have a ** in front of the race name and don't forget about the Maniac discounts at Running Skirts www.runningskirts.com and The Running Warehouse www.runningwarehouse.com for all your non-Maniac branded apparel and shoe needs.

- **Marathon of the Treasure Coast (FL) 3/1/15: <http://treasurecoastmarathon.com>
- Stanky Creek Marathon (TN) 3/8/15: <https://altisendurance.com/events/stanky-creek-marathon-and-half-marathon>
- Zydeco Marathon (LA) 3/8/15: <http://zydecomarathon.com>
- **Andrew Jackson Marathon (TN) 3/14/15: www.andrewjacksonmarathon.com
- Tobacco Road Marathon (NC) 3/15/15: <http://tobaccoroadmarathon.com>
- Raccoon Mountain Marathon (TN) 3/21/15: <http://runchattanooga.org/rmm/>
- **Publix Georgia Marathon 3/22/15: www.georgiamarathon.com
- **Rockin Marathon Relay (Charlotte, NC) 3/22/15: <http://triviumracing.com/events>
- Hogeeye Marathon (AR) 3/29/15: www.hogeeyemarathon.com
- Knoxville Marathon (TN) 3/29/15: www.knoxvillemarathon.com
- **Rockin Marathon Relay (Cary, NC) 3/29/15: <http://triviumracing.com/events/>
- Tomoka Marathon (FL) 3/29/15: www.tomokamarathon.com
- **Irving Marathon (TX) 4/4/15: www.irvingmarathon.com
- **Sand Hollow Marathon (UT) 4/11/15: www.sandhollowmarathon.net
- Blooms to Brews Marathon (WA) 4/12/15: <http://bloomstobrews.getboldevents.com>
- Carmel Marathon (IN) 4/18/15: www.carmelmarathon.com
- Garmin Marathon (KS) 4/18/15: <http://ozrun.org>
- Whidbey Island Marathon (WA) 4/19/15: www.whidbeyislandmarathon.com
- Illinois Marathon 4/25/15: <http://illinoismarathon.com>
- Snake River Island Hop 50K/100K (WA) 4/25/15: www.plateautrailadventures.com
- Crossroads of Northwest Indiana Marathon 4/26/15: www.nwicrossroads.com
- Brookings Marathon (SD) 5/2/15: www.brookingsmarathon.com
- Shiprock Marathon (NM) 5/2/15: www.shiprockmarathon.com
- Wisconsin Marathon 5/2/15: www.wisconsinmarathon.com
- Coastal Delaware Running Festival 5/3/15: www.codelrun.com
- Delaware Marathon 5/10/15: www.delawaremarathon.org
- **Eugene Marathon (OR) 5/10/15: <http://eugenemarathon.com>
- **Horse Capital Marathon (KY) 5/16/15: <https://runsignup.com/Race/KY/Lexington/HorseCapitalMarathonHalfMarathon>
- **Rhinebeck Hudson Valley Marathon (NY) 5/16/15: www.travelbyfeat.com/rhvmarathon
- Starved Rock Country Marathon (IL) 5/16/15: <http://starvedrockcountrymarathon.org>
- Shires of Vermont Marathon 5/17/15: <http://shiresofvermontmarathon.com/>
- Vineyards Marathon Grapes of Half (OR) 5/17/15: <http://pinkbuffaloracing.com/GrapesofHalf.html>
- Vermont City Marathon (VT) 5/24/15: www.vermontcitymarathon.org
- Cox Providence Marathon (RI) 5/3/15: www.rhoderaces.com/marathon/index.html
- **Deadwood Mickelson Trail Marathon (SD) 6/7/15: www.deadwoodmickelsontrailmarathon.com
- Windermere Marathon (WA) 6/7/15: <http://windermeremarathon.com/>
- Kona Marathon (HI) 6/28/15: www.konamarathon.com
- Aspen Valley Marathon (CO) 7/18/15: www.aspenvalleymarathon.com
- Sweltering Sun 8 Hour & Marathon (MA) 8/8/15: <http://burcsrunners.org/run-with-us/burcs-races/sweltering-summer/>
- **Humboldt Bay Marathon (CA) 8/9/15: www.humboldtbyamarathon.com
- Moose's Tooth Marathon (AK) 8/16/15: www.bigwildliferuns.org
- Lake Chelon Shore to Shore Marathon (WA) 9/12/15: www.lakechelanmarathon.com
- **Rockin Marathon Relay (Detroit, MI) 9/12/15: <http://triviumracing.com/events>
- Boring Marathon (OR) 9/13/15: <http://boringmarathon.com>
- New Hampshire Marathon 10/3/15: www.nhmarathon.com
- **Long Beach Marathon 10/11/15: <http://runlongbeach.com>
- Kansas City Marathon 10/17/15: <http://waddellandreedkansascitymarathon.org>
- Atlantic City Marathon (NJ) 10/18/15: www.acraceseries.com/AC_Marathon.htm
- Mainly Marathons Marathon Series races, discount for all races and all series <http://mainlymarathons.com/>
- **First Day of Winter Marathon & 50K (OH) 12/20/15: <https://ultrasignup.com/register.aspx?did=31397>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: jeff@marathonmaniacs.com



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
A REMINDER IS SENT WITH THE MONTHLY E-FLASH
AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



Hiya Prez,

You know I think your other club members are Incredible Running Beasts. I've got nothing on them. When one's mile 23 gives birth to the mantra, "Drag-the-Other-Leg-Forward-NOW!...and...repeat...", one realizes one's place. I'm just glad you let me in the club, though I do retain the curious inexplicable hope of catching you out there yet, Yee.

And so, in utmost respect to your legendary followers, I for these ten years have saved my preaching for Sundays, purposely praising your peers in here. But, just this once, Prez, well, I CAN'T STAND IT ANYMOOOORE. It is soapbox time for Rev. Here goeth.

Mr. Steve Yee, your kind, humble, mildly Bashful manner is so reassuring and positive at the end of marathons, that you are a Godsend there. No doctor perhaps, but the healing spirit you disperse is wonderful.

And Wise Man #2, Hollywood Warren, giggling and Happy-talking all the time, he too is an elixir of encouragement at events. But he too, no doctor. And Tony: swimming, biking, running, organizing, measuring courses, he wouldn't have the time to be a doctor if he was one, which, turns out, he isn't.

So maybe you ought to put in your Welcome Letter to New Maniacs the following. You ready?

"Anyone asking for medical advice on the Maniac Facebook Page is hereby nutsier than presumed herein. We are officially going all Marshawn Lynch on you: to your medical questions, we will repeat one answer: 'Please. Go see Doc.' 'Please. Go see Doc.' 'Please. Go see...'"

It is cuckoo to try to describe in a short paragraph, for accurate diagnoses and prescriptive measures, one's own medical misfortunes. If it is medical, it has connected dots: the aching knee bone IS connected to other bones, and never mind – although we should – those bones are further attached to muscles, tendons, ligaments, fibers, out-of-whack vertebrae that are potentially involved, and history. These complexities may escape even you, the patient! Yet, many seek (necessarily blind) diagnoses and sound advice on Facebook?

Sure, one MIGHT hit gold pooling 1,000 ideas, but *which* idea? The year, or years, may regret the choice.

Let's try the argument from a different angle. Tiger Woods, he of the unlimited financial resources, surely gets substantial professional medical advice. Yet even this has failed him recently again. Now: would he then be insightful to float a Facebook post? Are his chances really better if Mr. D.N.F. from Tacoma, hotbed of all things Maniacal, checks in?

You might win in Vegas too. But these are your *limbs*. So maybe, think again.

I am not accosting any one person here, nor any one post. This is about the idea. And the idea is to get you well. Luck eventually loses in Vegas.

We have Happy, Sneezzy, Bashful, and all the rest in here alright, and some really extraordinary runners. No doubt, we have doctors too...but they are reading, not examining. So, for *your specific* medical questions?

Please. Go see Doc.

Luvya,

Rev

dgkienz@yahoo.com