



MARATHON MANIACS

JULY 2014 NEWSLETTER

Volume 11, Number 7

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Dennis Cartwright



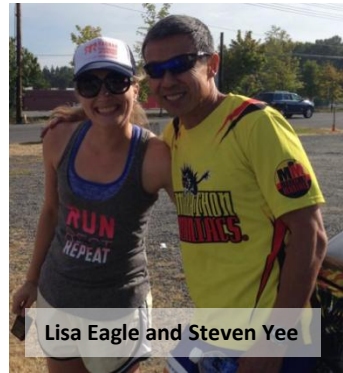
Robert Manon, Karen Vollan and Steve Massey



Sophia



Jon and Rick



Lisa Eagle and Steven Yee



Marathon Maniacs running half marathons... YES, it's true!



Half Fanatics at the Jamestown Half Marathon

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 7000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com



Foot Traffic Flat

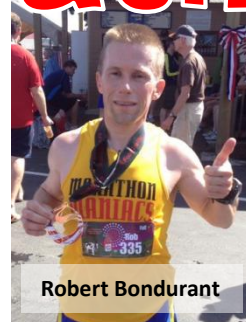
PORTLAND, OREGON

Marathon

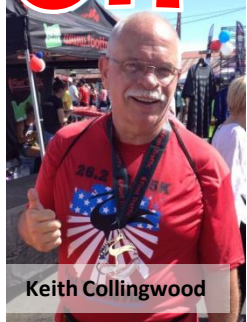
Foot Traffic Flat Marathon (Firecracker Triple Day One) (7/4): Jim "Ol' Jimbo" Boyd, Megan Burger, Scott Coe, Tom "Dragon" Craven, Trian Cuyno, Susan De Frees, Hope Fox, Clifford Gill, Mr. Pat, Brenda Gutmann, David Holmen, Lori Jensen, Mel Kistler, Tory "Teechur" Klements, David Knapp, Vincent Ma, Cyndie Merten, Andy Moyer, Kurt "The Kidd" Neilan, Sarah Parrish, Darren Raiguel, Dan Rasay, Amy Reed, har, Gisele Schaaf, Clyde *the Glide* Shank, Angie Spencer, Kirk Stafford, Shawn "Cupcake Queen" Steve, Rebecca Sudduth, Steve "Marathon Freak" Walters



Angie



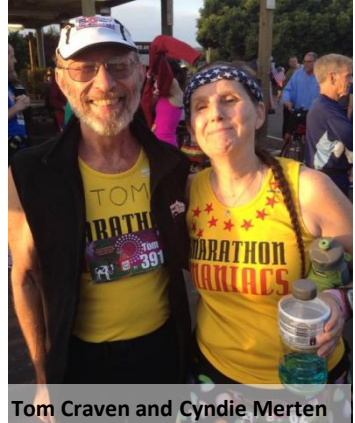
Robert Bondurant



Keith Collingwood



David Holmen and Vincent Ma



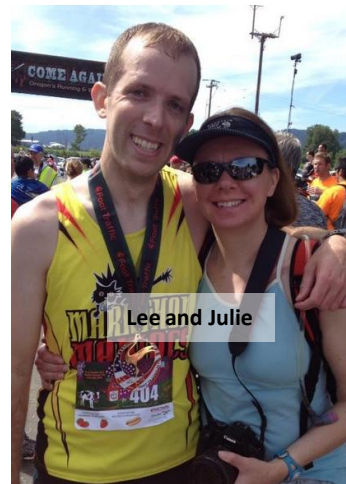
Tom Craven and Cyndie Merten



Marc, Ann, Lisa and Cormac



Heidi Cardoza



Lee and Julie



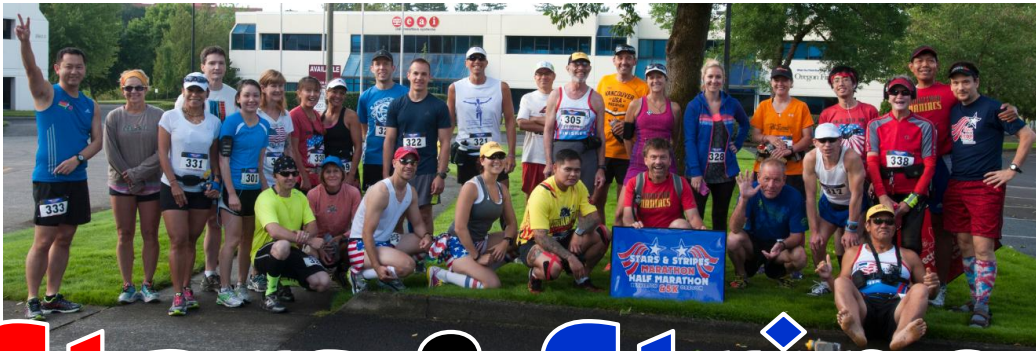
Jon Dotson and Kelly Linn



276



Vincent



Tory

Stars & Stripes Marathon

BEAVERTON, OREGON

Stars and Stripes Marathon (Firecracker Triple Day Two) (7/5): Off Course Roger, Megan Burger, Pedro Max, Tom "Drag-on" Craven, Trian Cuyno, Sarah "Stumbling Goat" Englund, Steven Ferry, Clifford Gill, Mr. Pat, Brenda Gutmann, David Holmen, Lori Jensen, Tory "Teechur" Klements, David Knapp, Vincent Ma, Cyndie Merten, Andy Moyer, Monte Pascual, Rebecca Sudduth, Eddie "Barefoot Bandito" Vega



Lori Jensen



David Holmen



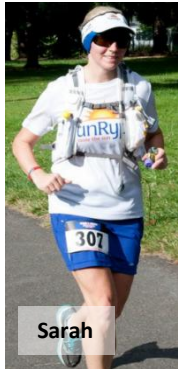
Andy and Katherine



Gail



Peter



Sarah



Roger



Bret



Keith



Monte



Pat



Honey badger Katherine



Megan



Cyndie



Lee and Eddie



David Knapp



Athena



Christian



Steven and Tory



Hope Fox



Gail



Steve & David



Jodi Cullen

Join the Maniacs on Social Networking!



FACEBOOK:

Marathon Maniac page: <http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group: <http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

MY SPACE:

<http://www.myspace.com/marathonmaniacs>

LINKED IN:

<http://www.linkedin.com/e/vgh/1843119>

DAILY MILE:

<http://www.dailymile.com/groups/1403-marathon-maniacs>

Across all social networks use the hash tag:

#marathonmaniacs



Cook Park Marathon

TIGARD, OREGON



Tom Craven
267



Eddie Vega
2



Katherine
281



Steven Ferry
272



David Holmen
282



Lee
289



Vincent Ma
286



Diana, Monte and Tom
100 274



Julie



Sarah
271



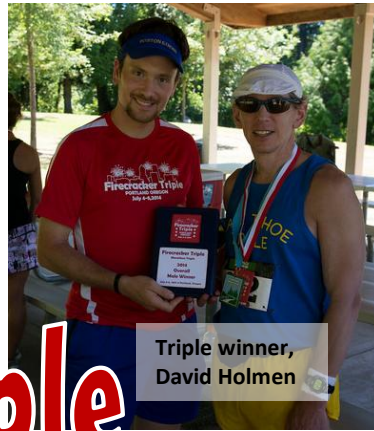
Peter and Lee



Pat
277

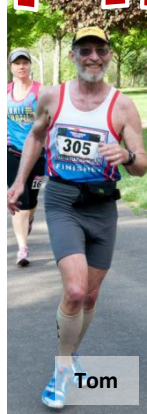
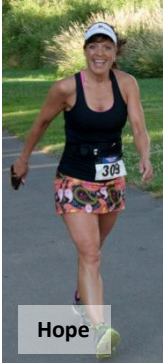


Cook Park Marathon (Firecracker Triple Day Three) (7/6): Off Course Roger, Megan Burger, Pedro Max, Tom "Drag-on" Craven, Sarah "Stumbling Goat" Englund, Steven Ferry, Clifford Gill, Mr. Pat, Brenda Gutmann, David Holmen, Lori Jensen, Tory "Teechur" Klementsens, David Knapp, Vincent Ma, Cyndie Merten, Andy Moyer, Monte Pascual, The Programmer, Rebecca Sudduth, Eddie "Barefoot Bandito" Vega



Firecracker Triple

July 4-6, 2014 • PORTLAND OREGON AREA



Hope

Tory

Vincent

Tom

Cyndie

Pat

David Knapp

CHASING WINDMILLS

50 MARATHONS TO BENEFIT ALZHEIMER'S IN 2014 THE ASSOCIATION

<http://act.alz.org/goto/DavidKnapp>

CHASING WINDMILLS

DAVID KNAPP (MM#91)

To celebrate turning 50 years old in 2014, Denver-based entrepreneur and marathoner David D. Knapp, Ph.D. is running 50 full marathons during the 2014 calendar year as a fundraiser for the Colorado Chapter of the Alzheimer's Association.

Dr. Knapp – who lost his mother to Alzheimer's in 2001 – is hoping to raise at least \$50,000 during the year-long marathon quest to help find a cure for the disease, which currently affects over 5 million Americans. And barring a medical breakthrough to prevent, slow, or stop the disease, that number will nearly triple by the year 2050 due to this nation's aging population.

"Watching Mom deteriorate as the disease progressed was undoubtedly the most emotionally painful experience of my life," recalls Dr. Knapp. "But watching the physical, mental, and emotional toll it took on my father as he tried to care for her was a close second. So the challenge of running 50 marathons this year pales in comparison to what Dad went through as her caregiver."

Dr. Knapp's official donations page is <http://act.alz.org/goto/DavidKnapp>

CONTACT:

david@marathonleadership.com
(720) 480-3161
kathy@marathonleadership.com
(970) 290-2385

FOLLOW:

Twitter: [www.twitter.com/DrDavidKnapp](https://twitter.com/DrDavidKnapp)
Facebook: facebook.com/ChasingWindmills50
Blog: <http://marathonleadership.org/wordpress/about/>
Linked In: www.linkedin.com/in/drdauidknapp





Christy

Light at the End of the

Tunnel Marathon

NORTH BEND, WASHINGTON



Sabrina, Nick and the Prez



Race Director Brian Pendleton completes his 200th marathon



Janice



Candy and Steven Ferry



Chuck celebrating winning the race!

Light at the End of the Tunnel Marathon (7/13): Wendy (Stensen) Hawthorne, Shawn Aebi, Karen Andersen, Glen Anderson, John Anderson, Jenny Appel, Margaret Barrett, Janet Burgess, Sean "stratmandu" Celli, Scott Coe, Pedro Max, Tricia Early, Scott Elderkin, Michael "Dikdok" Ellen, Deb Evdnone, Candy Ferry, Steven Ferry, Trisha Fintel, Judy Fisher, Jim Fox, Susan Glesne, Greg Glockner, Georgeta (GG!) Gruescu, Rick "Roadkill" Haase, Brad "ZappoMan" Hefta-Gaub, Christy Hammond, Claudia Hansen, Jackie Helfgott, Annie Hernandez, Carole "Foreverbronze" Higa ><((((((@), MikeHiga "HabuRunner", David Holmen, The Shoe, Micaela Jensen, Laura Johnson, William Kenneweg, Diana Kitching, Ethel Marie Kitching, Jeff Klancke, Tory "Teechur" Klementszen, Jim Kondek, PK, Mike Mahanay, Jon "Coconutboy" Mahoney, Sherry "Coconutgirl" Mahoney, Tracy Marshall, Bill Michael, Little Leslie, Andrew Mullen, Janice Northrup, Amy Pannell, Rufus Park, Monte Pascual, Guru, tony (tp!) phillippi, Cheri Pompeo, Bill Ralph, Crockpot, sLuG, Katie Robinson, EatDrinkRunWoman, Melinda Scharf, Sabrina, Michael Shiach, Lisa Switzer, Gretchen Tapp, Terri Ulm, Marinus Waterberg, Rita White, Lisa "Mama Lisa" Wood, Prez Steven Yee, Laura Zeffer, Marie "Mimi" Zornes



Kristin Parker



Sarav



Marinus



Steve



Brian and Sabrina



Tara



Lisa



Gregg



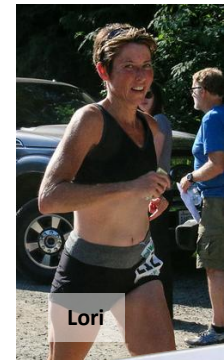
Ron Torrez



Michael Higa



Diana Robinson



Lori



Prez



Duffy



MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>



Missoula Marathon

MISSOULA, MONTANA



Paula Hamilton

Missoula Marathon (7/13): Glenn Amante, Linda Ambard, Matt Antinossi, Jeannie Armagost, Miranda Bachman, Matthew Bailen, Vickey Baker, Vicki "The Breeze" Bentley-Conditt, Ken Briggs, Daniel T Brown, John Burke, Kathy Burkey, Jacob Case, Lynne "Harper" Caulkins, Laura Ceraolo, Pony Express, Douglas (Run the Earth) Dahlberg, DrTekemia Dorsey, LizNoel Duncan, Kathleen Dwyer, Kip Eldridge, Jennifer Eloge, Seth Elsheimer, Steven Elster, Kevin Ely, Eliot Ephraim, Ken "Calix's Dad" Fattmann, Cj Follett, Deb Gardner, Tom Gardner, Galen Garrison, Tony Garrison, Greg "Cardiac Kid" Goebel, Yvonne Gogolen, Kathleen Gorman, Maverick, Mr. Pat, Paula Hamilton, Michael Hammonds, "Insane Jane", Diana Hughes, Hunter Jamerson, Rohini Jella, Dave Jones, Claude Kansaku, Daniel Katsin, Shaun Kendall, Gerald "The G-Man" King, David Knapp, Peter 'Elite Pete' Lantin, Allison Leer, Mary Lenari, Shannon Leonetti, Vincent Ma, Roger MacMillan, Brian Mann, Tamara Merriam, Phil Millard, Paul Milo, Kevin Moore, Hannah Morgan, Jo Nall, Kevin Nolan, Sonja Normann, Michael Perez, Missy Peters, Paul "The Brit" Piper, Jessica Placek, Rich "RIP" Pye, Paul Rearick, Shir Regev, Lisa "Cupcake" Reid, Joe Reilly, Deborah Renville, Kay Reynolds, Deana Richmond, Rick Roberts, Dan Ruiz, Eva Sanmartini, Jc "The Saint" Santa Teresa, Tom "H.D." Scott, McGyver, Barry "dcgriz" Smith, Ryan "Rye" Snyder, Chad Spilman, Jan Stennick, Chuck Struckness, Colleen Supple, Roger "BMBLB RUNNER" Teel, Brenda Trejbal, Eddie "Barefoot Bandito" Vega, Michael Wakabayashi, John "MaraJohn" Wallace, Tracy Wallace, Julie Wells, Dan Whitaker, Jessica Willis, Brett "Go Broncos" Wittner, Alexandra Yarle, Malissia Zapata, Stephanie Zehr, Heather Zeigler, Jennifer Zuelch



Emil

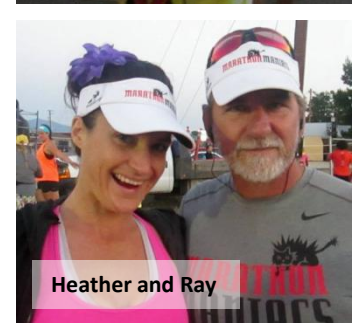


MANIAC POLL

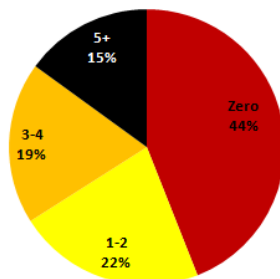
Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

This month's question: How fast is your marathon personal record?

Please vote online between now and August 31: <http://tinyurl.com/MMpoll2014f>

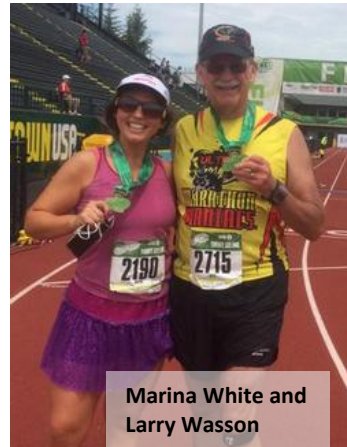


Heather and Ray



Last month's question: How many toenails have you lost in the name of running?

To most Maniacs have not lost a toenail due to running (44%). Thanks for voting!



Marina White and Larry Wasson

Eugene Marathon

TRACK TOWN USA EUGENE, OREGON



Paula



Kathy



Bob Strauss and Cary Inderbitzin



Robert



Todd



Eugene Marathon (7/27): Off Course Roger, Karen Andersen, Glen Anderson, Bryan Baroffio, Todd Baxter, Dave Bell, Diana Bibeau, Robert Bondurant, Andy "Tambourine Man" Bowden, Steve Brown, Janet Burgess, Caroline Burnet, Carol Campbell, Claire Carder, Pony Express, Teal Clark, Scott Coe, Rick Cooney, Tom "Drag-on" Craven, Amanda Davis, Kim Dominick, DrTekemia Dorsey, Amie Durden, Benji Durden, Kevin Fallon, Will 'CAK7' Flint, Brianna Greenwood, Rick "Roadkill" Haase, Paula Hamilton, Danielle "T-Rex Runner" Hastings, Annie Hernandez, Monica "muffintop" Holmback, Kelly Hudick, Margaret Hvatum, Cary Inderbitzin, Dean "Lazy Ass" Ishida, Eric Jensen, Tania Johnson, Svilen Kanev, Michele Keane, Jess "Durti" Kurti, Peter "Elite Pete" Lantin, Sarah Lee-Faulkner, Owen Lillywhite, Keely Linn, Shawn Loy, Paul "Big Mac" MacDonald, David Martin, Gail Martin, Paul Ng, Robert Nordman, Janice Northrup, Clea Peterson, Katlyn Phillips, Cheri Pompeo, Kathy "Rad Queen" Pryor, Tony Recker, Aaron Redinger, Shanan Redinger, Cade Remsburg, Shannon Rich, Bob Rutledge, Jc "The Saint" Santa Teresa, Jeanette Santa Teresa, Keith Schlottman, Darin Soler, Benjamin Sommers, Gilberto "Big Daddy" Sosa, Chelsi Spence, Suzy Spiceland Michelson, David Stout, Bob Strauss, Matt Strohane, Sue Torf, Gregg Walchli, Steve "Marathon Freak" Walters, CJ **Silverfox** Warren, Larry Wasson, Larry "Is it Still Sunday?" Welch, Marina 'vasolina' White, Barb Wnek, Melinda Yanuaria, Kuanling Amy Yeh, Jenny Yoakum



Halbert and April



Gail Sweeney and Jason Short



SAN FRANCISCO MARATHON

SAN FRANCISCO, CALIFORNIA



Kerri Haskins



Diana

Gwendolyn Rucker



Ricardo Cuevas



Michael Hoyt and Tony Nguyen



Ralph Suárez

San Francisco Marathon (7/27): Tom Alkire, Katie Allen, Fran Austero-Macavinta, Barco, Margaret Barrett, Michael Beasley, Sandee Beniquez, Kristen Bieling, Nilda Birch, Annette "Crash" Blanton, Stacy Allen Bolyard, Mike "Xtreme" Brandt, Dan Bucci, Adam Burke, Jason Burns, Quicksilver Runner, Bruce Cannon, Faylan Cannon, Cindy Carlson, Alexis Chen, Lucy Cheng, Mahlon Chute, Cory "RecoveringCouchPotato" Claeys, Martha "Ginger26.2" Corazzini, Carol Corbin, Andrew Cox, Matthew Cox, Trian Cuyno, Lisa Dixon, Will Dong, Cheryl Dortch, Kevin Duperret, Michelle Dusseau, Brooke Farrington, Randy Fleet, Will 'CAK7' Flint, Mabel Fong, Andrew Freeman, Maria Frosth, Michael Fry, Andrew Hahn, Kerri Haskins, Huy Hoang, Steve Holland, Francis Hoover, Tom Hosner, Michael Hoyt, Sabra Hughes, "Shamrock Sandy" Hugill, Claude Kansaku, Diana Kitching, David Knapp, Francis Kwok, Sue "Diddy" Lagoni, Michael "Endorphin Nephew" Lam, Aimee Lanter, John 'Oksie' Lazaro, Julie Leahy, Jack Lee, Craig Lewis, Albert Licano, George Lockhart, Samuel Louie, Doerte Mahanay, Mike Mahanay, Jon "Coconutboy" Mahoney, Sherry "Coconutgirl" Mahoney, Sharon Mante, Debbie McFarland, Karen Lee McSorley, Tomas Medevielle, John Moesch, Kevin Morris, Sheryl Morsman, Dana Mosell, Maggie Mount, Ryiah Nevo, DirtyTrailShoes, Loan OBrien, Gail Oney, Walter Ostdiek, Ken Polleck, Joe Reilly, Alison Riley, Silver Rivas, Jim "Dr. Evil" Roche, Maria Rodriguez, Damaris Rosich-Schwartz, Wendy Roy, Gwendolyn Rucker, Mark Ruter, Eddy Saldana, Jenn Savedge, Gisele Schaaf, Thomas Scotney, Orhun Sezer, Bill Sherman, Jason Short, "ClaireBear" Alonzo, Mike "Is He Still Fat?" Sortito, Loren "Shooting" Starr, Ralph Suarez, Sakura Suzuki, Jeannie Tsai, LeTia Tybor, Tanya Underwood, Cathlin Upton, Eddie "Barefoot Bandito" Vega, JoAnna Villalon (Jody Hart), Halbert, James Weagley, Rick "TuTu" Wilson, Alex Wolbrink, ML Wolbrink, Jennifer Wood, Roger Wright, May Wu, Amy Yanni, Alaide Zavala

MARATHON MANIACS 2015 REUNION

Mississippi Blues Marathon

JANUARY 10, 2015 • JACKSON, MISSISSIPPI

Join fellow Marathon Maniacs in Jackson, Mississippi in January for the 9th annual reunion. The Maniacs will return to the Southeast for this reunion to be filled with southern blues and plenty of red, yellow and black. Maniacs participating will be able to enjoy many added benefits not found in other marathons. Stay tuned for more details. In the mean time be sure to register and join the fun!

BONUS: Back 2 Back Challenge • First Light Marathon

As an added bonus, join dozens of Maniacs and run the First Light Marathon in Mobile, Alabama on January 11, 2015 and grab 4 stars!



Edward, John and Darren



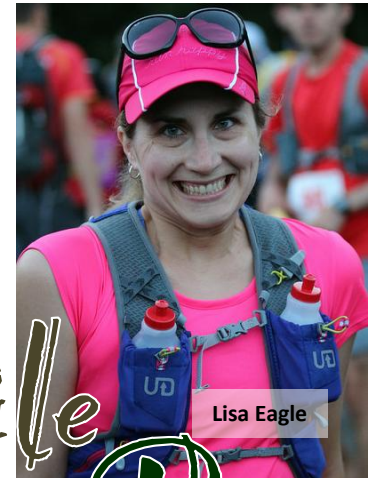
David Knapp



Tim Christoni



Sabrina Seher



Lisa Eagle

White River 50 Mile Endurance Run

CRYSTAL MOUNTAIN WASHINGTON



Arthur Martineau



Monte Pascual



Steph Eldore



Craig Hanela



Jill Hudson



Christy Hammond



Ryan McKnight



Patrick Grengs

White River 50 Mile Endurance Run (7/26): Mark Cliggett, Paul David, vvn Doorn, Lisa Eagle, Steph Eldore, Deb Evdemon, Reed Glesne, Mr. Pat, Scott Gustafson, Christy Hammond, Jill Hudson, Sonny "Tranquilrunner" LaForm, Little Leslie, Hideko Opperman, Gabrielle Orsi, Monte Pascual, Cliff "quack, quack" Richards, Crockpot, Joe Schrum (Just Joe), Sabrina, Rob Stretz, Lisa "Mama Lisa" Wood, Marie "Mimi" Zornes



Christy Hammonds



Rikki Bogue



Patrick stays warm pre-race!



Monte Pascual



Leslie Miller

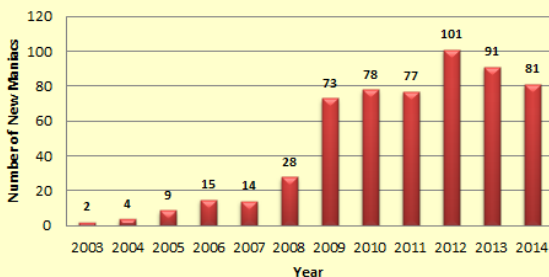
REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	70.2	50.4	63.7	55.8	86.7	66.7	44.7	26.4	32.3	87.2	106.3	97.1	765.6
Record	212	101	170	138	212	147	101	56	73	257	334	223	1,994
2013	212	95	170	138	212	133	91	56	73	257	334	223	1,994
2014	225	177	189	137	249	175	81	-	-	-	-	-	1,233

New Maniacs for July



New Maniacs in July 2014	81
New Maniacs in 2014	1,233
Total Maniacs	9,655

State	MM	Pct%
Washington	1,132	11.7%
California	749	7.8%
Texas	675	7.0%
Florida	353	3.7%
Illinois	351	3.7%
New York	305	3.2%
Oklahoma	282	3.0%
Virginia	262	2.7%
Georgia	235	2.4%
Oregon	206	2.1%
Ohio	204	2.1%

MANIACS vs FANATICS

MANIACS (since 5/25/03)	9,655
FANATICS (since 7/4/09)	8,635

Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** None
- **Platinum (8 star) Maniac:** None
- **Palladium (7 star) Maniac:** None
- **Osmium (6 star) Maniac:** None
- **Ruthenium (5 star) Maniac:** Kamal Jabbour, Stacy Anderson, Craig Anderson, Megan Burger
- **Iridium (4 star) Maniac:** Mike Perez, Gwendolyn Rucker, Jay Marshall, Kristen Hellweg
- **Gold (3 star) Maniac:** None
- **Silver (2 star) Maniac:** Kate Avery

- **100 Marathons:** Benji Durden



Mandy Gann

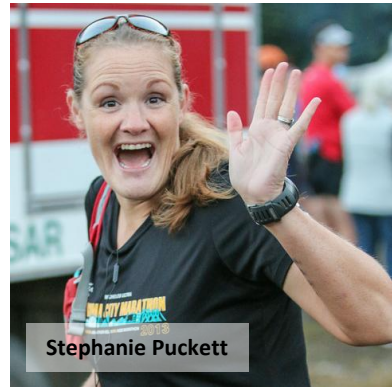


Jennifer Hatcher shows off her new Maniac buff.



Eddie Vega sets a world record by running 10 marathons in 10 days BAREFOOT!





Stephanie Puckett



Tony Phillippi



Cheri Pompeo



Leslie Mueca



Paul David



Upcoming Races!

Marathon/Ultra Calendar between August 22-September 20

Friday, August 22
Ghosts of Yellowstone (MT)

Saturday, August 23
Bulldog 50k (CA)
Cascade Crest 100 Mile Endurance Run (WA)
Coldwater Mountain 50m/50k (AL)
Fools' Gold 50m (MT)
Homestead 10x5 (SC)
Lean Horse 100m/50m/50k (SD)
Mesa Falls Marathon (ID)
Moose Mountain Marathon (AB)
Nebraska State Fair Marathon (NE)
North Country Run 50m/26.2 (MI)
NWTR Summer Blast at Redmond Watershed (WA)
Reykjavik Marathon (ISL)
Save the Trails 65k/26.2 (NC)
St Paul Urban Trail Marathon (MN)
Tamalpa Headlands 50k (CA)
Thames Meander Marathon (GBR)
Wausau Marathon (WI)

Sunday, August 24
Adelaide Marathon (AUS)
Challenge Penticton (BC)
Edmonton Marathon (AB)
Guernsey Waterfront Marathon (GBR)
Ironman Louisville (KY)
Maratona Caixa da Bahia (BRA)
Quebec City Marathon (QC)
Run the Rock Marathon (BC)
Santa Rosa Marathon (CA)
Yarmouth Bean There Ran That Marathon (NS)

Monday, August 25
Self-Transcendence Marathon (NY)

Tuesday, August 26
Silverton 6d/1000m (CO)

Wednesday, August 27
Black Rock City 50k (NV)

Friday, August 29
AA 50k (NM)
Silverton 72h (CO)
UTMB 168k and CCC 101k (FRA)

Saturday, August 30
Amazing Maasai Marathon (KEN)
Badgerland FX 24h/12h/6h (WI)
I Ran Triple Challenge (3 in 3 days) (TX)
Jackson Hole Marathon (WY)
K42 (BRA)
Marquette Marathon (MI)
Pocatello Marathon (ID)
Silverton 48h/100m (CO)
Tantalus Triple Trek 30m (HI)
Turtle Marathon (NM)

Sunday, August 31
Da Nang Marathon (VNM)
Flatlanders 12h/6h (MO)
Kauai Marathon (HI)
Labor Pain 12h (PA)
Lake Michigan Trail Marathon 50k/26.2 (WI)
Logan View Raider Run (NE)
Mt Nittany Marathon (PA)
No Frills Marathon (WI)
Racing the Planet: Madagascar 250k (MDG)
Silverton 24h (CO)
Sunriver Marathon for a Cause (OR)
Tupelo Marathon (MS)
Virgil Forest Monster Marathon (NY)
Yeti Snakebite 50m/50k (GA)

Monday, September 1
American Discovery Trail Marathon (CO)
Heart of America Marathon (MO)
Sporty Diva Bad Azz Back to Back Day Two (WA)

Friday, September 5
Fall Superior 100m (MN)
Lost Soul 100m/100k (AB)
Run Woodstock 100m/100k (MI)
Tahoe 200m (NV)
Wasatch Front 100 Mile Endurance Run (UT)

Saturday, September 6
Aravaipa Jangover 75k/50k (AZ)
Capt Karl's Reveille Peak Ranch 60k (TX)
Coasting the Coast - Surfside (TX)
Elroy Apple Dumpling Days Marathon (WI)
Moose Mountain Marathon (MN)
Great Olympic Adventure Trail Run (WA)
Haliburton Forest 100m/50m/50k (ON)
Highland Perthshire Marathon (GBR)
Holland Haven Marathon (MI)
Kesugi Ridge Traverse 28m (AK)
Kuopio Maraton (FIN)
Lake Chelan Shore to Shore Marathon (WA)
Lapham Peak Trail Race (WI)
Little Grand Canyon Marathon (UT)
Los Pinos 50k (CA)
Lost Sierra Endurance Run (CA)
Lost Soul 50k (AB)
McKenzie River Trail Run (OR)
Mt Nebo Marathon (UT)
Overlook Endurance Runs 100k/50m/50k (CA)
Penang 100k (MYS)
Pine Creek Challenge 100m/100k (PA)
Priest Lake Lookout Tower Trail Climb (ID)
Run Woodstock 50m/50k/26.2 (MI)
Salmon Marathon (ID)
Volcanic 50 (WA)

Sunday, September 7
Autumn Rush Trail Race (BC)
Bozeman Marathon (MT)
Bromo Marathon (IDN)
Canton City Marathon (OH)
Chattoga 50k (SC)
Ironman Wisconsin (WI)
Lehigh Valley Via Marathon (PA)
Moscow Mountain Madness (ID)
Queen City Marathon (SK)
Rocky Mountain High-est Marathon (CO)
Sioux Falls Marathon (SD)
Skagit Flats Marathon (WA)
Two Bear Marathon (MT)
Ventura Marathon (CA)

Thursday, September 11
Patriots Run 9h11/26.2 (KS)

Friday, September 12
American Heroes Run 24h (CO)
Emerald Bay Marathon (Tahoe Triple Day One) (CA)
Run Rabbit Run 100m (CO)

Saturday, September 13
Abebe Bikila Day International Peace Marathon (DC)
American Heroes Run (CO)
Big Cottonwood Marathon (UT)
Cal-Neva Marathon (Tahoe Triple Day Two), Tahoe 72m, Tahoe
Double Marathon (NV)
Elk Creek Trail Race (CO)
First Call 50k/26.2 (WA)
First National Bank of Wakefield Marathon (MI)
Hagg Hybrid (member discount) (OR)
Hawk 100m/50m/26.2 (KS)
Last Chance BQ.2 Marathon (MI)
Last Chance BQ.2 Marathon (Illinois) (IL)

Madison Garden Marathon (WI)
Marathon du Medoc (FRA)
Maritime Race Weekend Marathon (NS)
Mark Twain 100m/50m (MO)
Mid Mountain Marathon (UT)
North Face Challenge - Wisconsin 50m/50k/26.2 (WI)
Oregon Marathon (OR)
PCTR Night Sweats Trail Marathon (CA)
Pine to Palm 100 Mile Endurance Run (OR)
Plain 100m/100k (WA)
Run Rabbit Run 50m (CO)
Thacher Park Centennial Running Festival 50k/26.2 (NY)
The Rut 50k (MT)
Wabash Trace Marathon (IA)
Youngstown Ultra Trail Classic (OH)

Sunday, September 14
Boring Marathon (OR)
Colorado Fall Classic Marathon (CO)
Erie Marathon at Presque Isle (PA)
Evergreen Lake 51m/34m (IL)
Hearts and Health 6h (OH)
Koeln Marathon (Cologne Marathon) (DEU)
Lake Tahoe Marathon (Tahoe Triple Day Three) (CA)
Maraton de las Flores Medellin (COL)
Oak Openings Stampede Trail Run (OH)
Stanky Creek 50k (TN)
Tallinn Marathon (EST)
Tunnel Lite (WA)

Wednesday, September 17
Mainly Marathons Center of Nations Day One (MT)

Thursday, September 18
Mainly Marathons Center of Nations Day Two (ND)

Friday, September 19
Kodiak 100 (CA)
Mainly Marathons Center of Nations Day Three (SD)

Saturday, September 20
Air Force Marathon (OH)
Barkley Fall Classic 30m (TN)
Beat the Blerch on Saturday (WA)
Bismarck Marathon (ND)
Columbia River Power 50k/26.2 (OR)
Crystal Mountain Sky Marathon (WA)
Dances With Dirt - Hell 50m/50k (MI)
Equinox 40m/26.2 (AK)
Flagstaff Marathon (AZ)
Goosebumps Run/Walk 6h (WI)
Ironman Maryland (MD)
Kodiak 50 (CA)
Mainly Marathons Center of Nations Day Four (WY)
Nevis Marathon (KNA)
North Coast 24 Hour Endurance Run (OH)
Porcupine Mountains Trail Marathon (MI)
Rough Creek 40m/26.2 (TX)
Run Off-the-Grid (ON)
Run Then Wine Marathon (NM)
Staten Island 6h (NY)
Tamarindo Beach Marathon (CRI)
That Dam Hill (ON)
Top of Utah Marathon (UT)
Vietnam Mountain Marathon (VNM)
Walker North Country Marathon (MN)
Yellowstone Teton 100m/50m (ID)



New Maniacs in July 2014

Todd Raney (#9575)
 Veronica Kohler (#9576)
 Douglas Angel (#9577)
 Paul Wcislo (#9578)
 Suzanne Cardenas (#9579)
 Michael Knox (#9580)
 David Wcislo (#9581)
 Colleen Supple (#9582)
 David Monk (#9583)
 Dana Edwards (#9584)
 Paul Moat (#9585)
 Patrick Garner (#9586)
 Jack Warren (#9587)
 Lucas Lembrick (#9588)
 Andy Moyer (#9589)
 Kuniko Minehara-Votaw (#9590)
 Eric Brigham (#9591)
 Kristy Jones (#9592)
 Korey Wise (#9593)
 Melanie Linderer (#9594)
 Sally Hulbert (#9595)
 Amber Boley (#9596)
 Cecilia Cervantes (#9597)

Patrick Morrison (#9598)
 James Snell (#9599)
 Jessie Reyes (#9600)
 Benjamin Jonjak (#9601)
 Heather McDonald-Hamilton (#9602)
 Troy Byers (#9603)
 Eckhard "White African" Schumann (#9604)
 Justin Baum (#9605)
 Karla Smith (#9606)
 Ashley Ederington (#9607)
 Krista Balwinski (#9608)
 Olga Henao (#9609)
 Catherine Nelson (#9610)
 Kristy Escue (#9611)
 Billy Ray Osborn (#9612)
 Ivonne "Ivy" Reinhardt (#9613)
 Ken Eldore (#9614)
 Valerie Kenney (#9615)
 Gary Shannon (#9616)
 Cindy Neldner (#9617)
 Sarah Graham (#9618)
 LeAnne Epling (#9619)
 Benjamin Orr (#9620)
 Omar Flores (#9621)
 Martha Alkire (#9622)
 Chris Davis 1 (#9623)
 Mark Costa (#9624)
 Adam Graupe (#9625)
 Chuck Hachmeister (#9626)

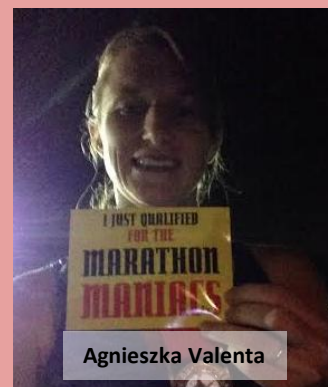
Marc Zaremski (#9627)
 Sabrina McCarley (#9628)
 Tammy Alverson (#9629)
 Sue DeBartolo (#9630)
 Eve Reynolds (#9631)
 Natasha Anderson (#9632)
 Amy Cobler (#9633)
 Heather Cameron (#9634)
 Barbara Blackford (#9635)
 Gary Russell (#9636)
 Jim Sapp (#9637)
 Artur Duarte (#9638)
 James DeBartolo (#9639)
 Susan Fairchild (#9640)
 Claus Rohde (#9641)
 Linda Swier (#9642)
 Chris Smith 1 (#9643)
 Julie Leahy (#9644)
 Paul Economos (#9645)
 AnnMarie Swanson (#9646)
 Torn Grabi (#9647)
 Christen Ambrosio (#9648)
 Rossi Wiltse (#9649)
 Agnieszka Valenta (#9650)
 Gregory Watson (#9651)
 Brian Hewitt (#9652)
 Julie Bosket (#9653)
 Doug Arlinghaus (#9654)
 James Flanagan (#9655)



Valerie Kenney



Tammy Alverson



Agnieszka Valenta

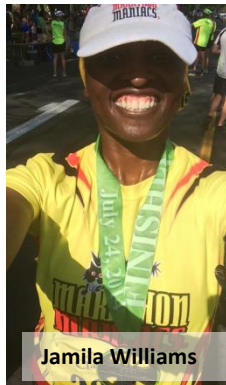




Janet, Jon and Patti



Shawn Newton and Abbi



Jamila Williams



Micaela Jensen



Jules Mann



Daniel Toocheck completes his 6th continent in Europe.

www.nikrunstheworld.com



Steve Walters and Larry Macon

FROM THE EDITOR...

Summer is winding down. While the temps and humidity are still very in most of the country. That will not last too much long. Some in our club have been laying low during this summer months. But the crazy busy Fall season is just around the corner. Be sure to send me your photos and stories.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts that have a ** in front of the race name and don't forget about the Maniac discounts at Running Skirts www.runningskirts.com ; The Running Warehouse www.runningwarehouse.com for all your non-Maniac branded apparel and shoe needs; and at TRY Chips www.trychips.com for your healthy snacking needs.

- Sunriver Marathon for a Cause (OR) 8/31/14: <http://sunrivermarathon.com>
- Lookout Tower Trail Climb 50K (ID) 9/3/14: www.databarevents.com/lookouttowertrailclimb
- Hagg Lake Hybrid Marathon (OR) 9/13/14: www.hagghybrid.com
- The Oregon Marathon 9/13/14: www.theoregonmarathon.com
- Boring Marathon (OR) 9/14/14: <http://boringmarathon.com>
- Center of the Nation Series (MT, ND, SD, WY, NE) 9/17-21/2014: http://mainlymarathons.com/center_series
- That Dam Hill 12H/50M (ON) 9/20/14: www.thatdamhill.ca
- Capital City River Run Marathon (MI) 9/21/14: www.ccriverrun.com
- Omaha Marathon (NE) 9/21/14: <http://omahamarathon.com>
- **Altis Cross County Trail Marathon (VA) 9/25/14: <http://altisendurance.com/events/cross-county-trail-marathon-and-half-marathon>
- Adams County Marathon (OH) 9/27/14: www.adamscountytravel.org/Adams-County-Half-Marathon.shtml
- **Darlington Marathon (SC) 9/27/14: www.darlingtonmarathon.com
- Priest Lake 50K/26.2 (ID) 9/27/14: www.databarevents.com/priestlakemarathon
- Arkansas Marathon 10/4/14: www.arkansasmarathon.org
- New Hampshire Marathon 10/4/14: www.themadmarathon.com
- **Crazy Horse Marathon (SD) 10/5/14: www.runcrazyhorse.com
- Hartford Marathon (CT) 10/11/14: www.hartfordmarathon.com
- Southernmost Marathon (FL) 10/11/14: <http://somommarathon.com>
- Appalachian Series (WV, VA, NC, SC, GA) 10/11-15/2014 <http://mainlymarathons.com/home/appalachian>
- HITS Oklahoma City Marathon (OK) 10/12/14: www.hitsrunning.com/oklahoma-city-ok
- Newport Marathon (RI) 10/12/14: <http://uhcmarathon.com>
- Poulsbo Marathon (WA) 10/12/14: www.poulsbomarathon.com
- Indianapolis Marathon 10/18/14: www.indianapolismarathon.com
- Kansas City Marathon (MO) 10/18/14: <http://waddellandreedkansascitymarathon.org>
- Des Moines Marathon (IA) 10/19/14: www.desmoinesmarathon.com
- Springfield Marathon (IL) 10/19/14: www.springfieldmarathon.net
- Autumn Leaves 50K/50M (OR) 10/25/14: www.orrc.net/races/autumnleaves/autumnleaves.htm
- Day of the Dead Series (NM) 10/27-11/2/2014: http://mainlymarathons.com/day_of_the_dead_1
- Raleigh City of Oaks Marathon (NC) 11/2/14: www.cityofoaksmarathon.com
- Mississippi Blues Marathon 1/10/15: www.msbluesmarathon.com
- First Light Marathon (AL) 1/11/15: www.firstlightmarathon.com
- Louisiana Marathon 1/18/15: www.thelouisianamarathon.com
- Maui Oceanfront Marathon 1/18/15: www.mauiocceanfrontmarathon.com
- Town of Celebration Marathon (FL) 1/25/15: www.celebrationmarathon.com
- **Mercedes Marathon (AL) 2/22/15: www.mercedesmarathon.com
- Blooms to Brews Marathon (WA) 4/12/15: <http://bloomstobrews.getboldevents.com>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: jeff@marathonmaniacs.com



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!

A REMINDER IS SENT WITH THE MONTHLY E-FLASH
AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



(Rookies: President Steve Yee ("Prez") of the West Coast, being one of the three Founding Marathon Maniac Members, (member numbers 1, 2, and 3, all of whom generally run towards the front of the pack), some time ago asked "Rev" (Don Kienz, #48 of the East Coast, who runs, well, towards the ends of the races), to write a monthly letter to the Prez about anything Maniacal. Quite fitting then, to print Rev's letter here at the end.)

Dear Mr. Prez,

I am getting closer to figuring you out, Mr. Prez! Really! And not just you personally, but Maniacs generally!

Now at first glance, the Club is hopping with stories of all sorts, billions of them, many with which I have nothing in common. For examples: Keely Linn, the Smiley Physical Therapist Lady of the West Coast wins masters titles in shorter-than-marathon races, and shares that unlikely versatility with a wisp of an Italian masters Lady on the East Coast, who wins age group awards in the Big Apple in shorter-than-marathons races too. At the other extreme, numerous Lads and Lassies bandy about their feats at 100-milers and more, in places like Leadville and Death Valley, so thoroughly appealing, with elevation changes in the thousands of feet, so thoroughly implausible. Being Speedy at a variety of distances and challenges tells me something about our collective maniacal personalities.

Then there's another Maniacal Lady who set a crazy, impressive endurance-distance record at a 48-hour event *around a track*, which hints at another layer in our collective maniacal personalities.

Then – oh big surprise here – Mr. Macon of Texas flies six jillion miles to Alaska to run 26 miles, and everybody there is a-kissing him and a-running with him and getting their pictures taken with him. And I learn a little something more.

We have a Maniac gene, but what IS this tendency towards insistent inclinations? And it is not just Marathon Maniacs, Prez, for boy oh boy, I just watched one fellow this week...

He hosted and entertained in activity and conversation in the magnificent foothills of Denver. Not a Marathon Maniac, but he shares this "whatever it is" of our collective Maniac Mentality, a genuine cousin of our kind. A hip issue prevents him from running, else he'd be aboard. That aside, the habits which lead to his feats are extraordinary.

You know a few like him: quiet and unassuming, collecting no praise for themselves, yet amassing athletic achievements and simultaneous unadvertised works of kindness to others.

While dedicated to his family and his vocation, when he first moved to Denver he took up hiking, then rock climbing, then mountain climbing, then began scaling the peaks of Colorado, sprinkling in California and the occasional international venue. He captured these journeys in pictures; posted his accomplishments where such record-keeping is kept; and simultaneously, has when needed turned back from notching iconic climbs around the world to help ill-stricken climbers get off those mountains safely. He has voluntarily given up his days off to accompany novices up their first gentle 14,000-foot peak climbs (there are 54 such peaks in Colorado), instead of adding to his own statistics, an effort not unlike marathon-pacers.

He knows the "courses" (climbs) better than most cartographers. He plans his calendar out a long way, clears all ideas with his wife, and tends to his family, managing to balance his desires with their dreams.

He has consciously organized his eating habits, knows which clothes and shoes to wear when and under what conditions, knows which accessories to carry or leave in the car in which he may have slept the night before. After the experienced and meticulous planning, he is just as quick to give away his preparations to a distraught and under-prepared rookie.

Why? Because he's a maniac about it all, that's why. He is quietly the 34th person to have climbed the highest 300 peaks in Colorado.

Into all this he invited me for a week. Inside that week, he organized three rounds of golf; a Rockies baseball game; a preliminary trip up a 13,000-foot peak; white-water rafting; then an attempt at a pair of 14,000 foot peaks. On this last one, Prez, Rev was raring, but (sigh) not ready, and after a four-hour attempt, I managed only the 13,500' saddle between the peaks. Chide me? Nah. He congratulated me.

And all of this was followed by? Think a minute, Prez. What sort of Maniacal elevation activity would be really cool to do next?

Sky-diving.

(A quick theological aside to all of you who have worn, or ever seen others wearing those "I can do all things through Christ who strengthens me" T-shirts: just perhaps, St. Paul meant "I can do all things *that God needs me to do*, through Christ who strengthens me." Good ol' Slug can tell you Prez: the fact that Rev cannot win a marathon does not mean Jesus isn't Jesus. It just means Rev isn't Speedy.)

But Sky-diving!

Hey! I'm a Maniac! So I said, "SURE!" of course, drove excitedly to the airport, got into the jump suit, met the Tandem Guy who rides your back, and boarded the plane at the airport 5,000' above sea level. The plane climbed to 17,500', Tandem Guy buckled us together, and we slid towards the open door. Yes! Then, Rev's niece jumped out, and Rev's son jumped out, and Mr. Mountain-Climber's wife jumped out, and then... the Mrs. Rev jumped out!... and then...I got a look out the door!

Praise Jesus, but Rev is neither speedy *nor* able to jump out of an airplane.

And Mr. Tandem Guy was kind during the nice airplane ride back down to the airport.

Prez, gimpy knee and all, you, Chris, and Tony will always be Maniacs 1, 2 and 3. My mountain-climbing brother-in-law and his wife, in my book, are and will always exemplify the best of Maniacism. Evidently (who knew?) even Mrs. Rev is some sort of Maniac.

And even we in the back of the pack (or the plane), carry with us something quite curious in our DNA – if odd to many – as we live:

Maniacs love the living. And sometimes, without trumpets, Maniacs quietly help others in the living, even when they cannot succeed at whatever the attempt, just to make living life all the more powerful and wonderful as we go.

Miss you, Prez. Take care of the injuries, will ya?

Luvya,
Rev
dgkienz@yahoo.com

