



# MARATHON MANIACS

## JUNE 2014 NEWSLETTER

Volume 11, Number 6

### NEWSLETTER CONTENTS

Rock N Roll San Diego Marathon	2
Vancouver USA Marathon	3
Hatfield and McCoy Marathon	4-6
Half Fanatics	6
Social Networking	8
Chasing Windmills	9
Marathon Maniacs Book	10
Rock N Roll Seattle Marathon	11
Report from Insane Alsym	12
Taylor Mountain Marathon	14-15
Maniac Poll	15
Promotions	16
Calendar	17
New Maniacs	18-20
Note from the Editor	21
Discounts	22
Rhetorical Revelations from "The Rev"	23







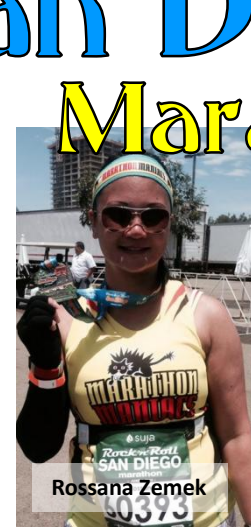
# Rock N Roll San Diego SAN DIEGO, CALIFORNIA Marathon



Carole Williams and Dagmar Knudsen



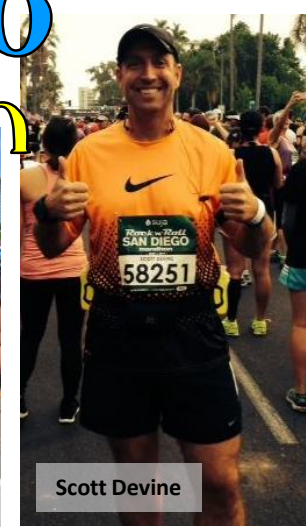
DEO



Rossana Zemek



Paula Hamilton

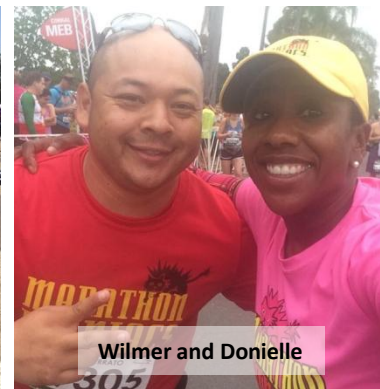


Scott Devine



DEO and Jessica

**Rock N Roll San Diego (6/1):** Stacy Allen Bolyard, Gary Arnold, Sarah Bortz, Chavet Breslin, Will Butler, Luis Capistran, Donielle Charles, Pony Express, Lucy Cheng, Fanny Chu, Andrew Cox, Ricardo Cuevas, Satiro de Oliveira, Dan "El Salsero" Delino, Scott Devine, Bryan Eguez, Amy Farlee, Renita Free-Priester, Paula Hamilton, Wally Hernandez, Huy Hoang, Tom Hosner, DEO, Dagmar Knudsen, Cindy Kosmicki, John 'Oksie' Lazaro, Samuel Louie, Rieko Lyell, David Martinez, Stacey Mason, Helen McMullin, Dana Mosell, Joe Reilly, Steve Reincke, Shannon Rich, Silver "Roknrnr" Rivas, Terri Scadron, Keith Schlottman, Shirley Shaw, "ClaireBear" Alonzo, Chris Thompson, Kim Walker, James Weagley, Sporty Spice, Carole Williams, Jamila "Jammy Jam" Williams, Tom "Tater" Williams, Steve Wisner, Li-Chym Wu, Rossana Zemek



Wilmer and Donielle





Roger and Karen

# Vancouver USA Marathon

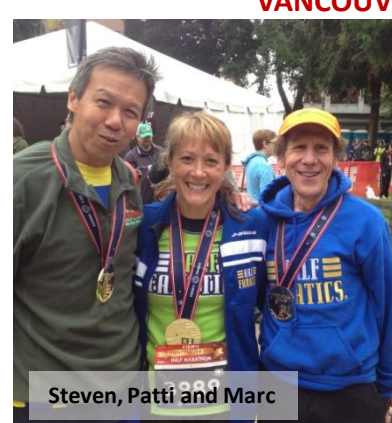
VANCOUVER, WASHINGTON



Steve, Christine and Erin



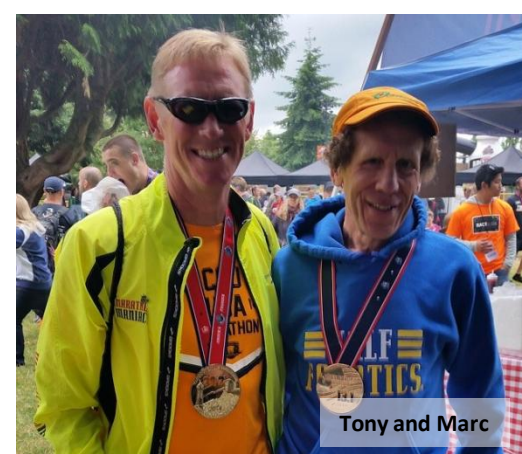
Danielle



Steven, Patti and Marc



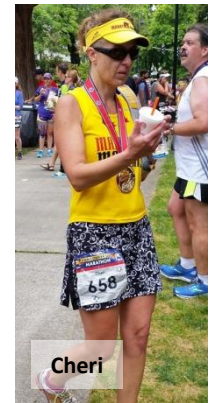
Sabrina



Tony and Marc



**Vancouver USA Marathon (7/15):** Robert Aberle, Bryan Baroffio, Margaret Barrett, Stacy Bartlett, Karen Beebe, Todd Bellamy, Kevin Brosi, Janet Burgess, Bryan Cichon, "Runner Lis" Cooper, George Cornett, Trian Cuyno, Sarah "Stumbling Goat" Englund, Cheri Fiorucci, Will 'CAK7' Flint, Bob Frost, Clifford Gill, Christy Hammond, Claudia Hansen, Narongdej "Jay" Jaroenabphayanont, Daniel Katsin, Anthony Lloyd, Vincent Ma, Sherry "Coconutgirl" Mahoney, Cyndie Merten, Tina Miller, Tim Mullican, Janice Northrup, Paco Pacheco, Clea Peterson, Kelly Pfannenstiel, tony (tp!) phillippi, Mike Pruyne, har, Doug Shanks, Chelsi Spence, Peter Stackpole, Kirk Stafford, Rebecca Sudduth, Victoria Upchurch, Eddie "Barefoot Bandito" Vega, Steve "Marathon Freak" Walters, Marsha 'BookladyWalker' White



Cheri





# Hatfield & McCoy MARATHON

WEST VIRGINIA TO KENTUCKY



Laura Ceraolo and Jennifer Zuelch



Kristen Bieling and Carol Earles

**Hatfield McCoy Marathon (6/14):** Courtney Adams, Ellen Agronis, Steve Alexander, Craig Anderson, Glen Anderson, Stacy "Struggle" Anderson, Jan Atchison, Matthew Bailen, "Coach Dave" Bartholomew, Alexis Batausa, Dave Bell, Kate Bernier, Kristen Bieling, Courtney Bird, Rebecca Bishop, Vanessa Blevins, Diane Bolton, Melanie Borden, Andre Boulais, Gayle Boulais, Chris Boundy, Robert Bradley, Julie Branden, Mary Cate Brauchla, Anne Broussard, Tyler Brown, Gregory Burress, Will Butler, R.L. Bynum, Don Carpenter, Laura Ceraolo, Michael Chase, Matt "ECC" Clark, Teal Clark, Big Bad Jim Clouse, Scott Coe, Sherry Coffield, Harry Cooke, Martha "Ginger26.2" Corazzini, Tom "Dragon" Craven, Floyd Crawford, Douglas ( Run the Earth ) Dahlberg, Maria Dahlgren, William Davis, Roger Donnell, Laura Doud, Christelle "Smiley" Douillet, Tracy Dunford, Michael Dunn, Amie Durden, Benji Durden, Carol "Ponytail" Earles, Tee Everett, Matthew Faske, Ken "Calix's Dad" Fattmann, Jim "Superdawg" Fisher, Annette French-Bearden, John Gardener, Kathleen Gorman, Laura Gorycki, Flower Lady Carol Goslin, Dianne Griesser, Lianne Griffin, Maggie "Maggatron" Guterl, Brenda Gutmann, Dennis Hafford, Andy Hagan, Jeff Hager, Zane Hagy, Conner Hall, Matthew Hamidullah, Paula Hamilton, Michael Hammonds, James Hanson, Danielle "T-Rex Runner" Hastings, Tina Hauser, Darryl Herren, Tiffany Herren, Mike Herrin, Jill Hill, Michelle Hille, Harry L. "REAL MEN WEAR PINK" Hoffman Jr, LtCol William Hooks, Jackie Hurlley, Margaret Hvatum, Kenneth Imler, Dr. J, Bob Jacobowski, Elizabeth Johnston, Lacey "Firecracker" Jolley, Howard L. Keener, Jr., Angela Keeter, Bob "Birdman" Kennedy, Kris Kibbey, Rebecca Kiefer, Christa King, Gerald "The G-Man" King, #kiosfault, Katherine Kovac, Seth Kramer, Sue "Diddy" Lagoni, Nate Larson, Allison Leer, Andrew Lundberg, Vincent Ma, Paul Maness, Nichole "and her little dog too" Mathis, Bonnie Mattingly, Robert McElroy, Laura Milak, William Milak, "Phoolish" Phil Min, Denna Mitchell, Wendy "Turtle Diva" Mitchell, Ben Moore, John Moore, Alison Mosqueda, Brian Mount, Steve Munson, William Murphy, Paul Nagel, Kimberly Oehrlein, Charles Parks, Sue Parks, Sarah Parrish, Kendel Prescott, Walt Prescott, Scott P. Rich "RIP" Pye, Pascal Radley, "Jenster", Joe B. Raymond III, Jody "wooden shoes" Reed, Christopher Regan, Krissy Lizbeth Rehm, Donald Riffle, Dan Ruiz, Bethany Sanchez, Jc "The Saint" Santa Teresa, Lisa Schneiders, Bill Schultheis, David Schuster, Marty Scites, Bill Sherman, Sophia Shi, Brent Shirley, Heather, Chung Siedlecki, Haley Siggers, Evelyn Smith, Mike "Is He Still Fat?" Sortito, Chip Southern, George "from Georgia" Southgate, Timothy Spoo, Danny Staggs, Sandy Staggs, Jan Stennick, Cara "Skittles" Stephens, Ralph Suarez, Scott "Running to Honor a Hero" Sunday, Tim "Timinator" Taft, Michael Tapper, Veronica Tarantino, Angela Tortorice, Tim Troxel, Anita Uyehara, Lori Wagner, Nancy Wampach, Larry Wasson, Heather Waugh, Nancy Wentink, Jim White, Carole Williams, Tom "Tater" Williams, Brian Wilson, Melinda Yanuaria, Andrew Zapanta, Mark Zaremba, Jennifer Zuelch



Gwendolyn Rucker taking a DQ stop at mile 25.



Haley and Larry



## In Step with Mama Jean Evansmore & Diane Bolton at Hatfield McCoy

By Roscoe Douglas

Marathon Maniac # 738, 50 States Finisher, 100 Marathon Club

I first met Mama Jean, a fellow Marathon Maniac on the Freedom Run in West Virginia in 2010. At age 69, she had long gray dreadlocks and a flower in her hair. "Hi, I am Roscoe Douglas, what's your name?" I asked as we jogged along a river trail. "Mama Jean, and I don't talk while I run." She replied. "You and I have seen a lot of changes in our time" I said, ignoring the "I don't talk" comment. We spent the next few minutes talking about race relations. I am originally from South Alabama and she is from West Virginia. Soon, she stopped at a port-a-potty, and I jogged ahead. In a mile or so she caught me. "You left me." She said. "I didn't think you wanted to talk." I said. "Well I like talking with you." She said. So we talked for a couple of hours until we met a runner who was struggling and we slowed to a walk. Mama Jean looked at me and said. " you stay with him, and make sure he finishes, there is a 68 year old lady in my age group that I am trying to catch. Then, she ran off and left us walking along the trail where so many Civil War soldiers had been killed in battle. The man she left me with turned out to be a Civil War Historian, and I received a private tour of the Battle Grounds as we walked the hills. He made the hills and fields come alive with his stories. The time flew by, and we finished.

During our visit at the Freedom Run, I found out that Mama Jean had started exercising late in life, in her mid sixties, and was hoping to complete her 100<sup>th</sup> marathon before her 70<sup>th</sup> birthday. She became eligible for the 100 Marathon Club in Jan 2011.

Recently, when I saw her at the Pasta Dinner at Hatfield McCoy, I almost did not recognize her. She had cut her dreadlocks showing compassion for a friend who is going through cancer treatment.



Hatfield McCoy was the 50 State Reunion Marathon, and it is a favorite of many Marathon Maniacs. Mama Jean decided to do the half marathon since it was in her home state of West Virginia and this was her first run this year. When she arrived at packet pickup, she saw so many of her old 50 State and Marathon Maniac friends that she changed to the full marathon.

There was also something about a DQ at mile 25 that runners were talking about.

Mama Jean is the oldest runner to do the Savage 7, and the only person to complete the Savage 7 ( a marathon a day for 7 straight days between Christmas and New Years ) for each of the last 4 years. Although she retired from work many years ago, she did not retire to the rocking chair. She heads up a non-profit, the DuBois on Main Museum, where she works to preserve the history of DuBois High School and the black history of Fayette County, West Virginia. On July 30th, at a banquet in her honor, The Governor of West Virginia will honor her as the West Virginia Volunteer of the year.

At the age that many people are having trouble just getting around, Mama Jean is out running marathons and devoting her life to serving others. Mama Jean ran her first Marathon in 2005 and completed her quest to run a Marathon in every State in August 2008, and has now completed 127 marathons. That is quite a record for any runner.

Although we had seen each other several times at marathons since 2010, we had not completed a marathon together. At Hatfield McCoy, she caught me at mile 2, and we enjoyed visiting and sharing stories all the way to mile 26.2.

At Mile 14 her legs started cramping. I was offering my wisdom on the subject of cramps, since she was in obvious pain. "Stretch, take some electrolyte pills, message your legs" I said. she looked at me, and not so patiently said " Will you just shut up." Except she used some colorful words that my mother told me not to say lest I get in trouble. "Yes ma'am" I replied. ( You see, I am from Alabama, and we say yes ma'am to women ). I carried her shoes and in Eddie Vega, The Barefoot Bandito, style, she walked the river road trail through the mud and rocks barefooted for the next 8 miles until the hot pavement told her that it was time to put back on her shoes. I think that being barefoot on that muddy path reminded her of being a child in West Virginia. She had an expression on her face that is hard to describe.

At mile 23, I received a text from Diane Bolton, another Marathon Mom, wanting to know if I was finished. Those of you who are addicted to Marathons, might have spouses that have heard all they want to hear about how you feel after a marathon, or about where you are going next week. As my wife of 42 years puts it, I don't want to hear about it, and when you get hurt, don't blame me. So when I want to talk Marathons, I call Diane.

At 53, Diane is definitely addicted. She completed 71 Marathons two years ago, and was recognized as one of the top three female Maniacs of the year. She completed 51 marathons last year. Last year she also did the Last Annual Vol State completing a 500K run in 7 days ( that only counted as one marathon). I first met Diane in Santiago, Chili last year on the way to Antarctica last where we did back to back marathons in Patagonia and Antarctica.

Diane has now completed 244 marathons on 5 continents and in all the states.

Nope, I texted Diane back, Mama Jean has been having cramps and we still have 3 miles to go. It was not long before her black SUV drove up and Diane appeared with coconut water, ice, salt and peanut butter and jelly sandwiches. Both Mama Jean and Diane have a servant's heart for helping others.

That same day, one of our Marathon Maniacs fell out of a tree while on the Hatfield McCoy marathon. "No; I do not know why she climbed a tree during a marathon, she just did", and she fell out and dislocated her shoulder. Marathon Maniacs are subject to do those things. Well, that Maniac had never been in the hospital before, so Diane stayed with her in the hospital and then made sure she got home the next day. On the way out of the hospital, the doctor said, "No driving for 3 weeks" People who know these two ladies know they rise to a challenge. After falling out a tree and spending the night in the hospital Diane and her friend both drove back to their homes. No problem, it was only 9 hours back home.

At mile 25 1/2, Mama Jean and I walked through the drive thru at DQ for a celebratory ice cream cone. At the finish, both Hatfield and McCoy were there with their long rifles for pictures. The run was over, and we felt great. The drive to Macon was only 8 hours, and the next day at Church, I told my Sunday School Class about Mama Jean. Yep, this was definitely a Marathon to remember.

If you are looking for a good Marathon, you would be hard pressed to find a better one than Hatfield McCoy. Beautiful scenery, water stations no more than a mile apart. Great volunteers and no time limit. Well, you do need to be in by dark, according to the race director, who by the way is a Hatfield. If you finish and the next day start looking at Marathon guide for the next marathon, you just might be a future Marathon Maniac and 50 State Finisher.





Krissy Lizbeth



Michelle Hille



Cara Whitney



Paula Hamilton



Floyd Crawford and  
Cara Whitney



Mama Jean Evansmore



Jan Stennick



Marathon Maniacs running half marathons... YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 7000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

[www.halffanatics.com](http://www.halffanatics.com)



Half Fanatics at the Jalapeño Half Marathon





**MM** Maniac Reunion  
**MISSISSIPPI BLUES MARATHON**  
JANUARY 10, 2015  
Jackson, Mississippi







Marie, Tory and Deb



Melinda Morales, Andy Bowden, Glenn Amante



Eddie Vega



## Join the Maniacs on Social Networking!



### FACEBOOK:

Marathon Maniac page: <http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group: <http://www.facebook.com/groups/marathonmaniacs/>

### INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

### TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

### MY SPACE:

<http://www.myspace.com/marathonmaniacs>

### LINKED IN:

<http://www.linkedin.com/e/vgh/1843119>

### DAILY MILE:

<http://www.dailymile.com/groups/1403-marathon-maniacs>

Across all social networks use the hash tag:

## #marathonmaniacs



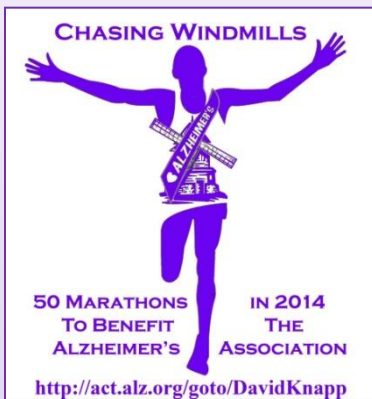


## CHASING WINDMILLS

**DAVID KNAPP (MM#91)**

To celebrate turning 50 years old in 2014, Denver-based entrepreneur and marathoner David D. Knapp, Ph.D. is running 50 full marathons during the 2014 calendar year as a fundraiser for the Colorado Chapter of the Alzheimer's Association.

Dr. Knapp – who lost his mother to Alzheimer's in 2001 – is hoping to raise at least \$50,000 during the year-long marathon quest to help find a cure for the disease, which currently affects over 5 million Americans. And barring a medical breakthrough to prevent, slow, or stop the disease, that number will nearly triple by the year 2050 due to this nation's aging population.



“Watching Mom deteriorate as the disease progressed was undoubtedly the most emotionally painful experience of my life,” recalls Dr. Knapp. “But watching the physical, mental, and emotional toll it took on my father as he tried to care for her was a close second. So the challenge of running 50 marathons this year pales in comparison to what Dad went through as her caregiver.”

Dr. Knapp kicked off the marathon quest on January 11 at the Mississippi Blues Marathon in Jackson, MS and will run race #50 on November 30 at the Space Coast Marathon in Cocoa Beach, FL. “That will be an emotional race for me,” states Dr. Knapp, “because my Dad is retired in Florida. And my brother and sister live there as well – so I’m going to have lots of friends and family cheering me home.”

Dr. Knapp's official donations page is <http://act.alz.org/goto/DavidKnapp>. Also, he is still looking for corporate sponsors to help offset the tremendous costs involved in registering for and traveling to races. For more information on how you and/or your organization can help, please contact him or his assistant at one of the following telephone numbers or email addresses.



**CONTACT:**

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[kathy@marathonleadership.com](mailto:kathy@marathonleadership.com)  
(970) 290-2385

**FOLLOW:**

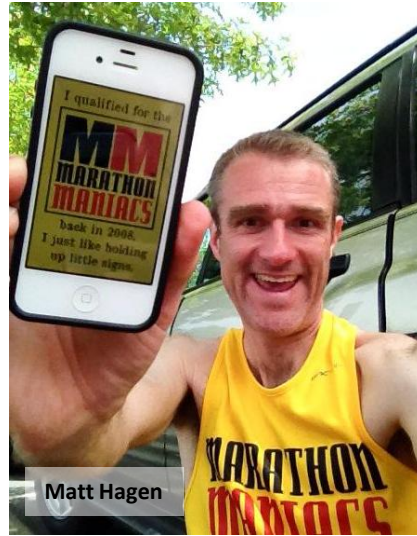
Twitter: [www.twitter.com/DrDavidKnapp](http://www.twitter.com/DrDavidKnapp)  
Facebook: [facebook.com/ChasingWindmills50](https://www.facebook.com/ChasingWindmills50)  
Blog: <http://marathonleadership.org/wordpress/about/>  
Linked In: [www.linkedin.com/in/drdauidknapp](http://www.linkedin.com/in/drdauidknapp)

13178 Grape Ct. Thornton, CO 80241





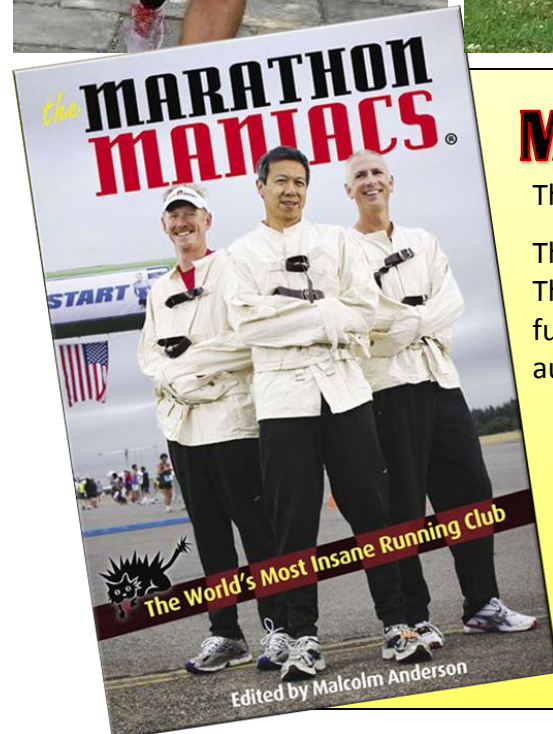
Gilberto Sosa



Matt Hagen



Dan Ruiz runs the Great Wall of China Marathon



## MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>

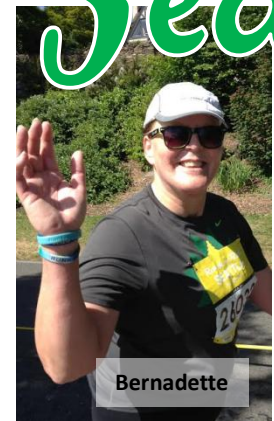




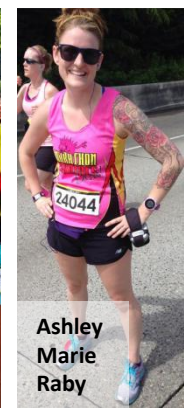
## Rock N Roll

# Seattle Marathon

SEATTLE, WASHINGTON



Bernadette



Ashley Marie Raby



Jay



Monte, Deb and Marie



Lorinda Hagstrom and Patti Krebsbach

**Rock N Roll Seattle (6/21):** Katie Allen, Stacy Allen Bolyard, Wendy Beck, Geb Brown, Pony Express, Tanya Collum, Ruben Contreras, Sue Cottrill, Ricardo Cuevas, Trian Cuyno, Danelle Del Rosario, Elizabeth Dixon, Natalie Jo, Eliot Ephraim, Omar Evans, Deb Evdemon, Dan Fabela, Steven Ferry, Michael Fitzgerald, Will 'CAK7' Flint, Mabel Fong, Andrew Freeman, Georgeta (GG!) Gruescu, Tracey Guice, Cindy Haddad, Lorinda Hagstrom, Christy Hammond, Chris Hart, Danielle Hathaway Henty, Kristen Pearlless Healey, Jackie Helfgott, Sarah Hemphill, Wally Hernandez, Huy Hoang, Marie Hoffman, Paul Hoffmann, Amy Holt, Carol Hughes, Narongdej "Jay" Jaroensabphayanont, Steve Jensen, Cathie "TuTu" Johnson, Jamie Johnson, Troy "Love to Run" Johnson, Kim Kawada-Schauer, Tory "Teechur" Klementsens, David Knapp, Dagmar Knudsen, Tonya Koopman, PK, Michael "Endorphin Nephew" Lam, Rainer Lichtsinn, Samuel Louie, Jules Mann, Kristin March, Stacey Mason, Dennis Mayberry, Phil Millard, Maggie Mount, Amy Nguyen, Aurea Nicolet, Carla Noya, Les "Maniacles" Omura, Paco Pacheco, Monte Pascual, Steven Payne, David Pearson, Michael Perez, Cheri Pompeo, Bruce Quam, Ashley Raby, Bill Ralph, Carolyn Reeves, Joe Reilly, Scott Richardson, Sabrina, Shirley Shaw, Benjamin Sommers, Jason Steichen, David Stout, Chris Thielbar, Jeannie Tsai, Rebecca Turner, Gregg Walchli, Robin Wendlandt, Rita White, Debby Wilson, Kimberley Worthen, Don Wright, Chrissy Yamada, Alexandra Yarke, Prez Steven Yee, Kuanling Amy Yeh, Rossana Zemek, Marie "Mimi" Zornes





Shannon Plesh



Amy Meyer



Letty Marino runs her first barefoot marathon

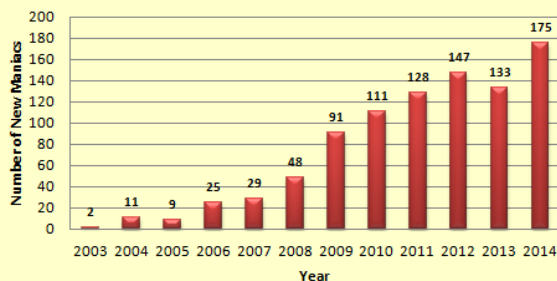
## REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

### Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	70.2	50.4	63.7	55.8	86.7	66.7	44.7	26.4	32.3	87.2	106.3	97.1	765.6
Record	212	101	170	138	212	147	101	56	73	257	334	223	1,994
2013	212	95	170	138	212	133	91	56	73	257	334	223	1,994
2014	225	177	189	137	249	<b>175</b>	-	-	-	-	-	-	1,152

### New Maniacs for June



New Maniacs in June 2014	175
New Maniacs in 2014	1,152
Total Maniacs	9,574

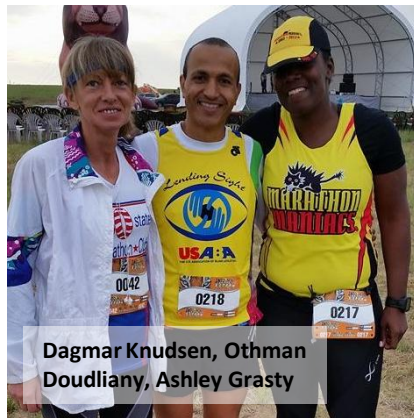
Country	MM	Pct%
United States	7,635	79.7%
Canada	240	2.5%
Brazil	62	0.7%
United Kingdom	46	0.5%
Malaysia	30	0.3%
Total number of countries	48	

State	MM	Pct%
Washington	1,115	11.6%
California	749	7.8%
Texas	670	7.0%
Florida	351	3.7%
Illinois	351	3.7%
New York	305	3.2%
Oklahoma	283	3.0%
Virginia	260	2.7%
Georgia	231	2.4%
Oregon	198	2.1%
Ohio	198	2.1%





Bob Hearn at Western States 100 miler



Dagmar Knudsen, Othman Doudliany, Ashley Grasty



Charli Long Heather Zeigler



James Snell



Jane and Mike





SR Lopez



Lee Newbill

# TAYLOR MOUNTAIN MARATHON & 50K

ISSAQUAH, WASHINGTON



Sabrina



Brett



Little Leslie



Crystal



Pedro



Sonny LaForm



Marie Zornes



Evergreen Taylor Mountain 50k/26.2 (6/28): David Appleby, Paul David, Deb Evdemon, Steven Ferry, Jennifer Ford, Ron Frederick, Christy Hammond, Annie Hernandez, Jill Hudson, SRL, Little Leslie, Hideko Opperman, Gabrielle Orsi, Monte Pascual, Donna Potts-Walling, Crockpot, EatDrinkRunWoman, Joe Schrum (Just Joe), Sabrina, Rita White, Brett "Go Broncos" Wittner, Marie "Mimi" Zornes



Joe





Steven Yee



Betsy Rogers



David



Robert Lopez



Steven Ferry



Tamara Smith



Christy

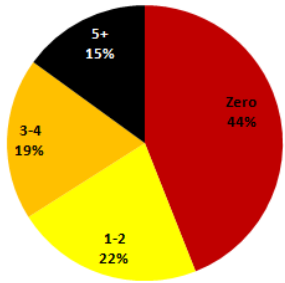


## MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

This month's question: **How fast is your marathon personal record?**

Please vote online between now and August 31: <http://tinyurl.com/MMpoll2014f>



Last month's question: **How many toenails have you lost in the name of running?**

To most Maniacs have not lost a toenail due to running (44%). Thanks for voting!



## Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** Danny Hartley, Brian Foy, Heather McDonald-Hamilton
- **Platinum (8 star) Maniac:** Walter Evans
- **Palladium (7 star) Maniac:** Glen Anderson
- **Osmium (6 star) Maniac:** Hunter Jamerson, Jen Savage, Dan Ruiz
- **Ruthenium (5 star) Maniac:** Krissy Rehm, Jim Fisher, John Moore
- **Iridium (4 star) Maniac:** Tim Mullican
- **Gold (3 star) Maniac:** None
- **Silver (2 star) Maniac:** R.L. Bynum, Randell Hansen
  
- **100 Marathons:** Julie Branden
- **450 Marathons:** Richard Holmes
- **50 States:** Scot Barco

### New Titanium Maniacs!!



Brian Foy



Danny Hartley



Heather McDonald-Hamilton



Aubrey



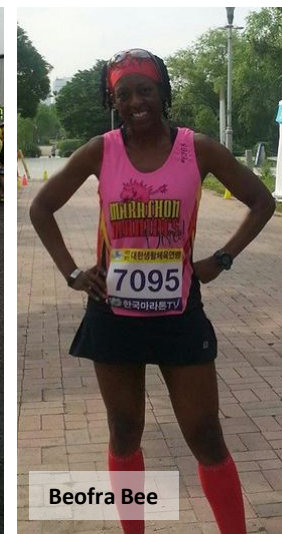
Ashley Grasty, Charli Long



Lisa Buzzeo



Diane and Larry



Beofra Bee



Richard Holmes ran his 450<sup>th</sup> marathon!



## Upcoming Races!

### Marathon/Ultra Calendar between August 2-September 7

Saturday, August 2

Angeles Crest 100 Mile Endurance Run (CA)  
 Burning River 100 Mile Endurance Run (OH)  
 Canadian Death Race 125k (AB)  
 Eagle Creek Trail Marathon (IN)  
 Evergreen Grand Ridge 50k/26.2 (WA)  
 Kat'cina Mosa 100k Mountain Challenge Run (UT)  
 Lake of Death 24h/12h (OR)  
 Sitka Cross Trail Classic (AK)

Sunday, August 3

Blister in the Sun Marathon (TN)  
 Brisbane Marathon (AUS)  
 GUTS Hot to Trot 8h (GA)  
 Ironman Boulder (CO)  
 Skyline 50k (CA)  
 Yukon River Trail Marathon (YT)

Monday, August 4

Six Days in the Dome 6d/48h/24h (AK)

Saturday, August 9

Badlands 50m/50k (ND)  
 Beast of Burden Summer 100m/50m (NY)  
 Crater Lake Rim Runs Marathon (OR)  
 CTR Crystal Springs 50k/26.2 (CA)  
 Dirty Girls 48h (ON)  
 First Call Summer 50k/26.2 (WA)  
 Haulin Aspen (OR)  
 Howl at the Moon 8h (IL)  
 MD Heat Trail Race (MD)  
 Mt Sneffels Marathon (CO)  
 Paavo Nurmi Marathon (WI)  
 Rainshadow Angels Staircase 60k (WA)  
 Sweltering Summer 8h/26.2 (MA)  
 Wildcat Ridge Romp 100k/50m/50k (NJ)

Sunday, August 10

Calico ET Full Moon Midnight 51k/26.2 (NV)  
 Dirty Girls 24h/12h (ON)  
 Marathon by the Sea (NB)  
 Transcendence Ultra 12h (WA)

Sunday, August 10

Calico ET Full Moon Midnight 51k/26.2 (NV)  
 Dirty Girls 24h/12h (ON)  
 Isle of Man Marathon (GBR)  
 Marathon by the Sea (NB)  
 Transcendence Ultra 12h (WA)

Saturday, August 16

Aravaipa Hypnosis 12h (AZ)  
 Bogus Basin Marathon (ID)  
 Eastern States 100 (PA)  
 Forest Park Marathon (OR)  
 Gay Games 9 Marathon (OH)  
 Hamster Endurance Runs 24h/12h/6h (WA)  
 Helsinki City Marathon (FIN)  
 Iron Legs 50 Miler (AB)  
 Leadville Trail 100 Run (CO)  
 Maratona Mauricio de Nassau (BRA)  
 Marquette Trail 50m/50k (MI)  
 Most Beautiful Thing 100k/55k (MYS)  
 Old Farts Marathon (MI)  
 Park City Marathon (UT)  
 Run With the Horses Marathon (WY)  
 Run-de-Vous 100m/50m/50k (CA)  
 Running with the Bears (CA)  
 Skyline Mountain Marathon (UT)  
 Squamish 50m (BC)  
 TARC Summer Classic 50m/50k (MA)  
 Tick Tock Ultra 12h (FL)  
 Waldo 100k Trail Run (OR)

Sunday, August 17

Angkor Empire Marathon (KHM)

Big Wild Life Runs 49k/26.2 (AK)

Chasing the Unicorn (PA)  
 Drake Well Marathon (PA)  
 ENDURrun (ON)  
 Hampshire 100 (NH)  
 Ironman North American Championship Mont-Tremblant (QC)  
 Kuching Marathon (MYS)  
 Leading Ladies Marathon (SD)  
 Maryland Trail Running Festival Marathon (MD)  
 Pikes Peak Marathon (CO)  
 REVEL Denver Marathon (CO)  
 Richmond River Run (BC)  
 River Valley Marathon (WA)  
 Run on the Sly 50k (CA)  
 Squamish 50k (BC)  
 Steamboat Stinger Trail Marathon (CO)  
 Turkey Swamp 50k/26.2 (NJ)  
 Yellowknife Marathon (NT)

Friday, August 22

Ghosts of Yellowstone (MT)

Saturday, August 23

Bulldog 50k (CA)  
 Cascade Crest 100 Mile Endurance Run (WA)  
 Coldwater Mountain 50m/50k (AL)  
 Fools' Gold 50m (MT)  
 Homestead 10x5 (SC)  
 Lean Horse 100m/50m/50k (SD)  
 Mesa Falls Marathon (ID)  
 Moose Mountain Marathon (AB)  
 Nebraska State Fair Marathon (NE)  
 North Country Run 50m/26.2 (MI)  
 NWT Summer Blast at Redmond Watershed (WA)  
 Reykjavik Marathon (ISL)  
 Save the Trails 65k/26.2 (NC)  
 St Paul Urban Trail Marathon (MN)  
 Tamalpa Headlands 50k (CA)  
 Thames Meander Marathon (GBR)  
 Wausau Marathon (WI)

Sunday, August 24

Adelaide Marathon (AUS)  
 Challenge Penticton (BC)  
 Edmonton Marathon (AB)  
 Guernsey Waterfront Marathon (GBR)  
 Ironman Louisville (KY)  
 Maratona Caixa da Bahia (BRA)  
 Quebec City Marathon (QC)  
 Run the Rock Marathon (BC)  
 Santa Rosa Marathon (CA)  
 Yarmouth Bean There Ran That Marathon (NS)

Monday, August 25

Self-Transcendence Marathon (NY)

Tuesday, August 26

Silverton 6d/1000m (CO)

Wednesday, August 27

Black Rock City 50k (NV)

Friday, August 29

AA 50k (NM)  
 Silverton 72h (CO)  
 UTMB 168k and CCC 101k (FRA)

Saturday, August 30

Amazing Maasai Marathon (KEN)  
 Badgerland FX 24h/12h/6h (WI)  
 I Ran Triple Challenge (3 in 3 days) (TX)  
 Jackson Hole Marathon (WY)  
 K42 (BRA)  
 Marquette Marathon (MI)  
 Pocatello Marathon (ID)  
 Silverton 48h/100m (CO)

Tantalus Triple Trek 30m (HI)

Turtle Marathon (NM)

Sunday, August 31

Da Nang Marathon (VNM)  
 Flatlanders 12h/6h (MO)  
 Kauai Marathon (HI)  
 Labor Pain 12h (PA)  
 Lake Michigan Trail Marathon 50k/26.2 (WI)  
 Logan View Raider Run (NE)  
 Mt Nittany Marathon (PA)  
 No Frills Marathon (WI)  
 Racing the Planet: Madagascar 250k (MDG)  
 Silverton 24h (CO)  
 Sunriver Marathon for a Cause (OR)  
 Tupelo Marathon (MS)  
 Virgil Forest Monster Marathon (NY)  
 Yeti Snakebite 50m/50k (GA)

Monday, September 1

American Discovery Trail Marathon (CO)  
 Heart of America Marathon (MO)  
 Sporty Diva Bad Azz Back to Back Day Two (WA)

Friday, September 5

Fall Superior 100m (MN)  
 Lost Soul 100m/100k (AB)  
 Run Woodstock 100m/100k (MI)  
 Tahoe 200m (NV)  
 Wasatch Front 100 Mile Endurance Run (UT)

Saturday, September 6

Aravaipa Jangover 75k/50k (AZ)  
 Capt'n Karl's Reveille Peak Ranch 60k (TX)  
 Coasting the Coast - Surfside (TX)  
 Elroy Apple Dimpling Days Marathon (WI)  
 Moose Mountain Marathon (MN)  
 Great Olympic Adventure Trail Run (WA)  
 Haliburton Forest 100m/50m/50k (ON)  
 Highland Perthshire Marathon (GBR)  
 Holland Haven Marathon (MI)  
 Kesugi Ridge Traverse 28m (AK)  
 Kuopio Maraton (FIN)  
 Lake Chelan Shore to Shore Marathon (WA)  
 Lapham Peak Trail Race (WI)  
 Little Grand Canyon Marathon (UT)  
 Los Pinos 50k (CA)  
 Lost Sierra Endurance Run (CA)  
 Lost Soul 50k (AB)  
 McKenzie River Trail Run (OR)  
 Mt Nebo Marathon (UT)  
 Overlook Endurance Runs 100k/50m/50k (CA)  
 Penang 100k (MYS)  
 Pine Creek Challenge 100m/100k (PA)  
 Priest Lake Lookout Tower Trail Climb (ID)  
 Run Woodstock 50m/50k/26.2 (MI)  
 Salmon Marathon (ID)  
 Volcanic 50 (WA)

Sunday, September 7

Autumn Rush Trail Race (BC)  
 Bozeman Marathon (MT)  
 Bromo Marathon (IDN)  
 Canton City Marathon (OH)  
 Chattooga 50k (SC)  
 Ironman Wisconsin (WI)  
 Lehigh Valley Via Marathon (PA)  
 Moscow Mountain Madness (ID)  
 Queen City Marathon (SK)  
 Rocky Mountain High-est Marathon (CO)  
 Sioux Falls Marathon (SD)  
 Skagit Flats Marathon (WA)  
 Two Bear Marathon (MT)  
 Ventura Marathon (CA)





## New Maniacs in June 2014

Sonya Price (#9400)  
 Maria Shircel 1 (#9401)  
 Walter Ostdiek (#9402)  
 Sara Baranek (#9403)  
 Wolfgang Baranek (#9404)  
 Keri Garcia (#9405)  
 Tiffany Beaudry (#9406)  
 Debbie McFarland (#9407)  
 Chris Bravata (#9408)  
 Jill Lester (#9409)  
 Kris Winemiller (#9410)  
 Debbie Bellamy (#9411)  
 Shannon "RnRunny" Morrison (#9412)  
 Trian Cuyno (#9413)  
 Jessica Rosati (#9414)  
 Jan Stennick (#9415)  
 Scott Devine (#9416)  
 Stefan Klincewicz (#9417)  
 Christoph Puetz (#9418)  
 James Hodgman (#9419)  
 Jan H. Steenkamp (#9420)  
 Tania Diener (#9421)  
 Lisa Phillips (#9422)  
 Shannon Leonetti (#9423)  
 Jorge Minero (#9424)  
 Alejandro Fallas (#9425)  
 Todd Hayes (#9426)  
 Rich Curley (#9427)  
 Holly Durstin (#9428)  
 Amy Maciejewski (#9429)  
 Kazuhiro Shimbo (#9430)  
 Jon Paradowski (#9431)  
 Maniac May (#9432)  
 Colin Wilson (#9433)  
 Kelly Corcoran (#9434)  
 Fely Castillo (#9435)  
 Rachel Johnston (#9436)  
 Kate Avery (#9437)  
 Lonnie Hetzler (#9438)  
 John Wang (#9439)  
 David Barney (#9440)  
 Kathleen Dwyer (#9441)  
 Alec Meerschaert (#9442)  
 Julia Jordan (#9443)  
 Sean Matyas (#9444)  
 Lisa Brandt (#9445)  
 Damon McCarty (#9446)  
 Sheila Ducello (#9447)  
 Stella Balzli (#9448)  
 Melanie Manista (#9449)  
 Keith Williams (#9450)  
 Dodic Master (#9451)  
 Laura Irish (#9452)  
 Brenda Trejbal (#9453)  
 Diana Rosenal (#9454)

Spring Jones (#9455)  
 Kristen Powell (#9456)  
 Erika Gaebel (#9457)  
 Doerte Mahanay (#9458)  
 Tara Ashmore (#9459)  
 Kendra Bohm (#9460)  
 Renee Campbell (#9461)  
 Earl Johnson (#9462)  
 Aneta Zeppettella (#9463)  
 Lisa Booth (#9464)  
 Laurie Edmondson (#9465)  
 Gwen Jacobson (#9466)  
 Tina Miller (#9467)  
 Andrey Lobko (#9468)  
 Sheila Couch (#9469)  
 Tim Montour (#9470)  
 Jennifer Ropka (#9471)  
 Julie Shepard (#9472)  
 Thomas Wilkins (#9473)  
 Kamlesh Nihalani (#9474)  
 Jill Blunt (#9475)  
 Alison Tobin (#9476)  
 Jody Byram (#9477)  
 George Chapman (#9478)  
 Graham Hellestrand (#9479)  
 Gisele Schaaf (#9480)  
 Nancy Lee Harmon (#9481)  
 Richard Staehli (#9482)  
 Cindy Land (#9483)  
 Tiffany Schweppe (#9484)  
 Michelle Miller 2 (#9485)  
 Cheryl Cook (#9486)  
 Erin Mahr (#9487)  
 Brooklyn Thorson (#9488)  
 Lisa Betke (#9489)  
 Baldish (#9490)  
 Cory Coldwell (#9491)  
 Oliver Valencia (#9492)  
 Mike Blake (#9493)  
 Ann Merfeld (#9494)  
 Charity Schmitz (#9495)  
 Angela Kanish (#9496)  
 John Danby (#9497)  
 Caroline Wiebe (#9498)  
 Jocelyne Rowsell (#9499)  
 Michael Vaccaro (#9500)  
 Ed Toews (#9501)  
 Jeremy Furber (#9502)  
 Coral Blore Wiebe (#9503)  
 Valerie Balcaen (#9504)  
 Cynthia Yu (#9505)  
 Dulce Barton (#9506)  
 Tim Harrington (#9507)  
 Janalee Bell-Boychuk (#9508)  
 Barbara Taylor (#9509)  
 Craig Boychuk (#9510)  
 Rob McLean (#9511)  
 Denise Calcagnino (#9512)  
 Gary Rash (#9513)  
 Karen Rash (#9514)

Hazael Martinez (#9515)  
 Gina Kirwin (#9516)  
 Stephen Durr (#9517)  
 Jamie Sheahan (#9518)  
 Marietta Hollada (#9519)  
 Denise Carter (#9520)  
 Julianne Lambiasi (#9521)  
 Juvenal Martin Escamilla (#9522)  
 Marlin Keesler (#9523)  
 Peter van Diepen (#9524)  
 Nicholas Nicholson (#9525)  
 Christian Syversen (#9526)  
 Chad Belleville (#9527)  
 Karen Stummer (#9528)  
 Nancy Knoll (#9529)  
 Rose Castro (#9530)  
 Lisa Schmitz (#9531)  
 Ginger Krugmire (#9532)  
 Jim Shoopack (#9533)  
 Patricia Hurtado-Scott (#9534)  
 Jon Dungar (#9535)  
 Elaine Weigle (#9536)  
 Richard Hildebrand (#9537)  
 Shasten Snellgroves (#9538)  
 Jamie Hardy (#9539)  
 Jeff Williams (#9540)  
 Nolan Dean Mings (#9541)  
 Dustin Bordelon (#9542)  
 Vanessa Bordelon (#9543)  
 Michelle Payne (#9544)  
 Larry Ressler (#9545)  
 Marcia Winrow (#9546)  
 Adaobi Oguchi (#9547)  
 Randy Fleet (#9548)  
 Dave Lever (#9549)  
 Gretchen Tapp (#9550)  
 Tina Jukich (#9551)  
 Lori Yecoshenko (#9552)  
 James Green (#9553)  
 Tonya Cool (#9554)  
 Vince Davis (#9555)  
 Shawn Cool (#9556)  
 Michele Mendel (#9557)  
 Kari Kelly (#9558)  
 Lauren Ortiz (#9559)  
 Joanne Hastie (#9560)  
 Brian Thrasher (#9561)  
 Dave Wallingford (#9562)  
 Elio Meloni (#9563)  
 Laura Hutchins (#9564)  
 Angela Tiegs (#9565)  
 Jenny Sabnani (#9566)  
 Haidar Douglah (#9567)  
 Marc Hawley (#9568)  
 Maria Conceicao (#9569)  
 Greg Haenel (#9570)  
 Sam Day (#9571)  
 Brianna Greenwood (#9572)  
 Joseph Balsamo (#9573)  
 Julia Kolyadenko (#9574)



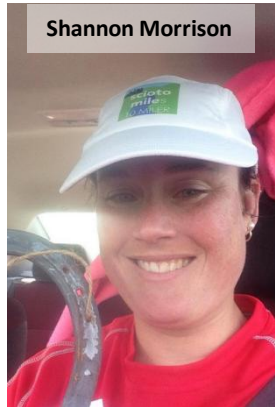
## NEW MANIACS



Laurie Spivey Edmondson



Scott Devine



Shannon Morrison



Sheila Cintron-Couch



Jennifer Filipski



Wendie Swirski



Jocelyne Rowsell



Janalee



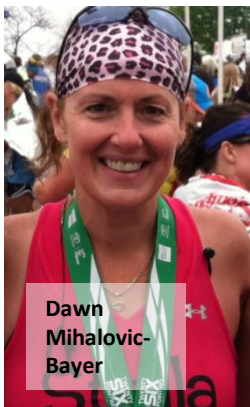
Lisa Betke



Oliver Valencia



Gretchen Tapp



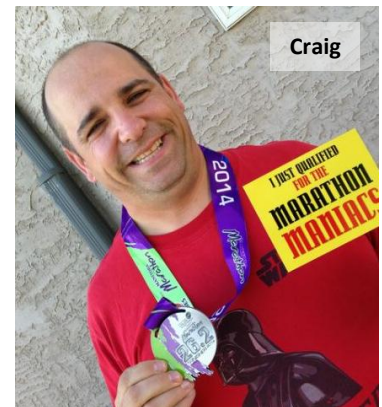
Dawn Mihalovic-Bayer



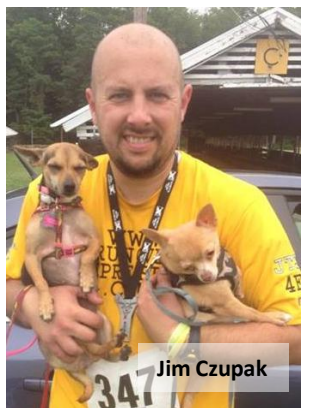
Lori and Tina



Richard Curley



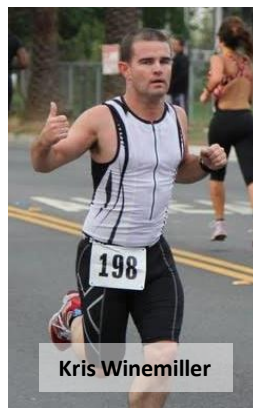
Craig



Jim Czupak



Jan Sternick



Kris Winemiller



Lisa Brandt



Jan H. Steenkamp and Tania Diener



## NEW MANIACS



Julie Jordan



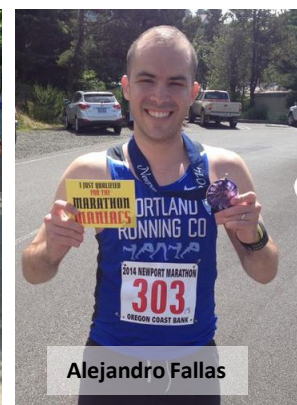
Alison Tobin



Mike Swirski



Rose Castro



Alejandro Fallas

Runners....ever have that dream where you end up off course in the middle of a Marathon? Well, I lived it at Cleveland Marathon 2014! Let me begin by explaining up until a few weeks ago I had only run one Marathon, Cleveland 2013 with a completion time of 4:25:27. Six months ago I toyed with the idea of running back to back Marathons. When I realized Pittsburgh and Cleveland were two weeks apart, I decided if I were going to pursue this crazy goal those would be the 2 I would run. I later learned that if I accomplished this goal, I would qualify to be a Bronze Level Marathon Maniac!

On May 4, 2014, I ran the Pittsburgh Full. I surprised myself by completing it in 3:22:30, placing 3rd in my division and qualifying for Boston! I didn't ever train at that speed so my recovery was brutal. I didn't jog the entire week before Cleveland.

I was growing anxious because Cleveland was days away..I wasn't sure my legs would carry me the full 26 across the finish. I decided I had to try and if my calves wouldn't allow I would cross at the half

May 18, 2014...Race Day! Immediately after the start I thought I was in trouble. My calves were achy and tight. I could feel them tense up with every step. I began to worry. Then I looked around and noticed that several runners around me were taped up, wearing compression socks, or running awkward to compensate for an obvious strain. Its part of being a runner!

Around mile seven my legs were numb and feeling quite good. I locked into a nice speed. I knew I would finish! What a relief! Shortly after, EVERYTHING CHANGED!

I somehow missed the Split and ran with the Halfers! I didn't realize what I had done until I was almost to the Half Finish! In a panic, I quickly turned around and ran backwards towards the split. I tried to be a good sport and was laughing out loud and, in an effort to make the Halfers smile, I pointed to my Full Marathon Bib and shouted "look what I did haha"! The Halfers were laughing and cheering me on!

I should mention that at this point I did not realize how many miles I had to run to get back to my position in the race. I also mistakenly thought that when I returned to the Full Marathon I would begin at the 13 mile mark!

You could only imagine the horror I felt when I finally rejoined the Full Marathon and learned I was at mile 8.5! Twenty Six seemed soooooo far away! That was

an incredibly low moment. I was close to tears, my calves ached, and mentally..I was seriously doubting my capabilities. I quickly re-evaluated my plan and goals. It basically came down to this, either quit or finish. People would understand if I quit! Could I live with that decision?! Heck no! My Husband and children were expecting to see me cross that Finish. I would not qualify as a Marathon Maniac! It became clear to me that I was going to get what I came for...My Cleveland Full Marathon Medal & Maniac Bronze qualification. This is the moment my Cleveland Marathon evolved into my Cleveland Mini Ultra. I knew I had to run a total of 34 miles. Once I committed to finish, there was no turning back.

Cleveland 2014 turned out to be one of the most meaningful and beautiful runs of my life. I met so many amazing people on my journey. I ran alongside of people who were working so hard to reach that finish. I noticed several Marathoners wearing their Maniac TEES and Tanks which served as a reminder as to why I needed to continue. I shared my story with them and we laughed together and cheered each other on. I sang out loud with strangers and turned that run into a celebration!

My family surprised me at mile 18 (which would have been 26 if I didn't take that detour). They brought me goodies to refuel for the extra mileage I had to run. They gave me that final push I needed to finish!

After that, I was unstoppable! The pain in my calves subsided and I took off. As I approached the finish, a loud Booming voice echoed thru the air announcing my double Marathon accomplishment! My husband tipped off the announcer! My friend Christine, who had ran the Cleveland 10K, also surprised me when she hopped the fence and grabbed my hand and ran me across the finish!

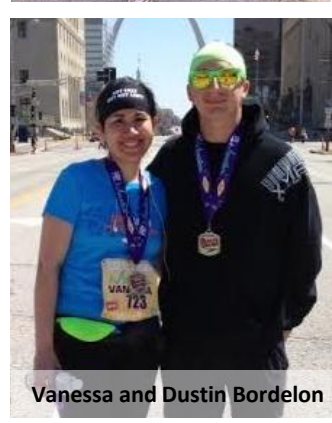
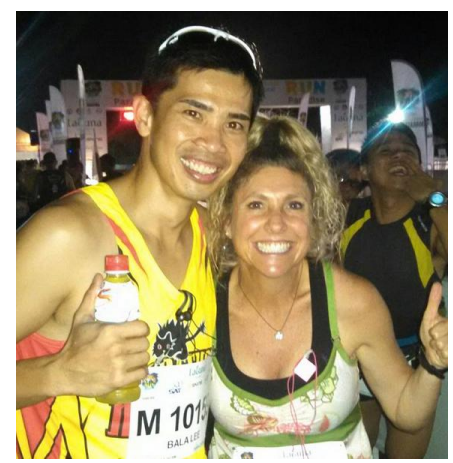
I was so worried I let people down. I thought everyone was expecting another fast Pittsburgh run and I crossed Cleveland at 4:48 (I think). The support I received and continue to receive is unbelievable.

I compare my running to life, its fun, there are ups and downs, sometimes it hurts, sometimes it feels great and sometimes things don't go as planned (haha).

This race definitely didn't go as planned. If my calves would have held out I wanted to place in my division again or at the very least finish in under 4 hours. I never imagined I would end up running 34 miles to get my Marathon Medal & qualify for the Bronze Marathon Maniac! I did it though! I learned so much about others and myself and my capabilities on that run. So things didn't go as planned....they never do with me.....and I wouldn't change a thing. THATS MY CLEVELAND MINI ULTRA MARATHON EXPERIENCE :)

Stella Balzli (MM#9448)





## FROM THE EDITOR...

We're in the midst of the Summer. In most of the country that means the marathons are hard to come by. Here in the Pacific Northwest the marathon season doesn't end. So if you are taking a break during the summer, train safe and see you in the Fall. If not, have a fun and injury free Summer season!

Happy Running!

- Steve "Marathon Freak" Walters MM#338

Marc Frommer, Steve Walters and Christine Olson



## MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts that have a \*\* in front of the race name and don't forget about the Maniac discounts at Running Skirts [www.runningskirts.com](http://www.runningskirts.com); The Running Warehouse [www.runningwarehouse.com](http://www.runningwarehouse.com) for all your non-Maniac branded apparel and shoe needs; and at TRY Chips [www.trychips.com](http://www.trychips.com) for your healthy snacking needs.

- Moose's Tooth Marathon (AK) 8/17/14: [www.bigwildliferuns.org](http://www.bigwildliferuns.org)
- \*\*Sunriver Marathon for a Cause (OR) 8/31/14: <http://sunrivermarathon.com>
- Lookout Tower Trail Climb 50K (ID) 9/3/14: [www.databarevents.com/lookouttowertrailclimb](http://www.databarevents.com/lookouttowertrailclimb)
- \*\*Hagg Lake Hybrid Marathon (OR) 9/13/14: [www.hagghybrid.com](http://www.hagghybrid.com)
- The Oregon Marathon 9/13/14: [www.theoregonmarathon.com](http://www.theoregonmarathon.com)
- Boring Marathon (OR) 9/14/14: <http://boringmarathon.com>
- Center of the Nation Series (MT, ND, SD, WY, NE) 9/17-21/2014: [http://mainlymarathons.com/center\\_series](http://mainlymarathons.com/center_series)
- That Dam Hill 12H/50M (ON) 9/20/14: [www.thatdamhill.ca](http://www.thatdamhill.ca)
- Capital City River Run Marathon (MI) 9/21/14: [www.ccriverrun.com](http://www.ccriverrun.com)
- Omaha Marathon (NE) 9/21/14: <http://omahamarathon.com>
- Adams County Marathon (OH) 9/27/14: [www.adamscountytravel.org/Adams-County-Half-Marathon.shtml](http://www.adamscountytravel.org/Adams-County-Half-Marathon.shtml)
- Priest Lake 50k/26.2 (ID) 9/27/14: [www.databarevents.com/priestlakemarathon](http://www.databarevents.com/priestlakemarathon)
- Arkansas Marathon 10/4/14: [www.arkansasmarathon.org](http://www.arkansasmarathon.org)
- New Hampshire Marathon 10/4/14: [www.themadmarathon.com](http://www.themadmarathon.com)
- Hartford Marathon (CT) 10/11/14: [www.hartfordmarathon.com](http://www.hartfordmarathon.com)
- Southernmost Marathon (FL) 10/11/14: <http://somomarathon.com>
- Appalachian Series (WV, VA, NC, SC, GA) 10/11-15/2014 <http://mainlymarathons.com/home/appalachian>
- HITS Oklahoma City Marathon (OK) 10/12/14: [www.hitsrunning.com/oklahoma-city-ok](http://www.hitsrunning.com/oklahoma-city-ok)
- Newport Marathon (RI) 10/12/14: <http://uhcmarathon.com>
- Poulsbo Marathon (WA) 10/12/14: [www.poulsbomarathon.com](http://www.poulsbomarathon.com)
- Indianapolis Marathon 10/18/14: [www.indianapolismarathon.com](http://www.indianapolismarathon.com)
- Kansas City Marathon (MO) 10/18/14: <http://waddellandreedkansascitymarathon.org>
- Des Moines Marathon (IA) 10/19/14: [www.desmoinesmarathon.com](http://www.desmoinesmarathon.com)
- Springfield Marathon (IL) 10/19/14: [www.springfieldmarathon.net](http://www.springfieldmarathon.net)
- \*\*Autumn Leaves 50K/50M (OR) 10/25/14: [www.orrc.net/races/autumnleaves/autumnleaves.htm](http://www.orrc.net/races/autumnleaves/autumnleaves.htm)
- Day of the Dead Series (NM) 10/27-11/2/2014: [http://mainlymarathons.com/day\\_of\\_the\\_dead\\_1](http://mainlymarathons.com/day_of_the_dead_1)
- Raleigh City of Oaks Marathon (NC) 11/2/14: [www.cityofoaksmarathon.com](http://www.cityofoaksmarathon.com)
- Mississippi Blues Marathon 1/10/15: [www.msbluesmarathon.com](http://www.msbluesmarathon.com)
- \*\*First Light Marathon (AL) 1/11/15: [www.firstlightmarathon.com](http://www.firstlightmarathon.com)
- Louisiana Marathon 1/18/15: [www.thelouisianamarathon.com](http://www.thelouisianamarathon.com)
- Maui Oceanfront Marathon 1/18/15: [www.mauiocceanfrontmarathon.com](http://www.mauiocceanfrontmarathon.com)
- Town of Celebration Marathon (FL) 1/25/15: [www.celebrationmarathon.com](http://www.celebrationmarathon.com)
- Blooms to Brews Marathon (WA) 4/12/15: <http://bloomstobrews.getboldevents.com>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: [jeff@marathonmaniacs.com](mailto:jeff@marathonmaniacs.com)



**PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)  
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!**

**A REMINDER IS SENT WITH THE MONTHLY E-FLASH  
AND SOME OF YOU ARE OVERDUE!!**



