



# MARATHON MANIACS

## MARCH 2014 NEWSLETTER

Volume 11, Number 3

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# LITTLE ROCK MARATHON

LITTLE ROCK, ARKANSAS







**Little Rock Marathon (3/2):** Randy Acklin, Ali A Diva #4, John "Running with Amanda" Allison, Nikki "iRun4Bliss" Amaker, Glenn Amante, Karen Andersen, Glen Anderson, Tanya Anderson, Lorna, Laura Bailey, Vickey Baker, Bryan Baroffio, Ken Beach, Christyna Beaty, Twylla Bell, Carl Belso, Edie Belso, John Bennett, Kate Bernier, Jeff Blair, Arland "Crazy Eyes" Blanton, Julia Blount, Laura Bloxom, Diane Bolton, Ron Boster, Andre Boulais, Gayle Boulais, Andy "Tambourine Man" Bowden, Mary Cate Brauchla, Edward Broadnax, "Drew Dizzle", Craig Brouillette, Mitch "The Wiz" Brouwer, Daniel T Brown, Gregory Burress, Jayme Butts-Hall, Edith Cabrera, TooTallFritz, Amanda Castillo, Laz Castillo, Cindy Castro, Lynne "Harper" Caulkins, Donielle Charles, Mike Chewar, Teal Clark, Wende Cleary, Suzanne Cole, Harry Cooke, Scott " Deuces Wild" Dahl, Douglas ( Run the Earth ) Dahlberg, Jeff Davenport, Michael Davis, Kim Dominick, Leslie "@VeganLeslie" Driskill, Kari Duvall, Carol "Ponytail" Earles, David Edwards, Derek "Pedro" England, Laurie "SuperGirl" England, Jacqueline Ensley, Missy Ezel, Ken Fattmann, Michael Ferguson, Ray First, Judy Fishbaugh, Scott Fleming 2, Abbi-Normal, Rick Franks, Amanda Galiano, Jorge Garcia, Galen Garrison, Thomas Gibson, Elizabeth Gmerek, Ron Golan, Judy Graham-Garcia, Elaine Green, Crystal Greenwood, Kristina Grisham, Jose \*Big Jay\* Guzman, Karina Guzman, Kevin Hackethal, Dennis Hafford, Andy Hagan, Chris Hall, Intisar Hamidullah, Matthew Hamidullah, Paula Hamilton, PrincessPatti Hammerstein, Michael "Arkanzin" Harmon, Sharon Harrow, Bill "Hartless" Hartman, Kerri Haskins, Eli Hassid, Meg Hays, Kristen Pearlless Healey, Tammy Hellings, Jennifer Hinton, Jim Higgins, Chris "Rice Burner" Ho, Jeffrey Hollington, Jon Honeywell, LtCol William Hooks, Mellody "Smiling Walker" Hughes, Steve Hughes, Margaret Hvatum, Baylie "BayLordd" Jabben, Belinda Jared, Jason Hitzeman, Lacey "Firecracker" Jolley, Cody Jones, Rick "TheRrrick" Karampatsos, Eric Kass, Pamela "Mrs. T.O."Okazaki, Gerald "The G-Man" King, Peter "Salty!" King, Brett Kinggard, Beth Knox, Lisa Kosto, Shirley Kramer, Gary 'Cougar Bait' Krugger, Peter 'Elite Pete' Lantin, C. Kinnier Lastimosa, Rebecca LeClair, Allison Leer, Mary Lenari, Meredith Lessley, Keath Lewin, Sheila Lewis, Rainer Lichtsinn, Owen Lillywhite, Paul "Big Mac" MacDonald, Tim Mahler, St John Maloney, Paul Maness, Robert "Latino Heat" Manon, Julius, Leigh Marsh, David Martin, Greg Massanelli, Kenneth Massett, Nichole "and her little dog too" Mathis, Barbara Mayer, Karen Mayes, Lia Mayfield, Matthew (Major Award) McBee, Vickie McDonald, Tiffany McEntire, Rick "Big Bird" McGrath, Kyla McNeil Betton, Terri Menghini, David Meroney, Sarah Metz, DS Amy Meyer, Becki Middlebrooks, Kim Miller, Marjorie Mitchell, Julie Molenaar, Diane Montgomery, Imelda Montoya, Kathy Moore, Mary Moran, Brian Mount, Maggie Mount, Keli Mullins, William Murphy, Jean Neely, Brett Nguyen, Nicole Nguyen, Jon Norcross, Michael "cheetah" Nusblat, Andrea Odrzywolski, Thomas "T.O." Okazaki, Andrew Olsen, Gail Oney, Jackie Ong, Melvin Owens, Jackie Panfili, Mark Parrotte, Jenn "CrazyRunner" Pellegrino, Michael Perez, Missy Peters, Jacob Pfannenstiel, tony (tp!) phillippi, Leah Piper, Paul "The Brit" Piper, Cheri Pompeo, Eileen Pontaoe, Patty Powell, Kathy "Rad Queen" Pryor, Derek Ralston, Joe B. Raymond III, Jessica Reed-Shultz, Krissy Lizbeth Rehm, Kelvin Reid, Cade Remsburg, Deborah Renville, Trish "Rabbit" Reske, Michael "Dr Dude" Rhodes, David Rikke, Jim "Dr. Evil" Roche, Jamie Rogers, Gwendolyn Rucker, Eddy Saldana, Erica D. Sanders-Hurst (E-Boogie), Hoa "Flower" Schober, Randall Schramm, Jay Schwarzmann, Cindy Scioneaux, Greg Seeger, Clyde \*the Glide\* Shank, McGyver, Nancy Shell, Jason Short, Lisa "Runner Girl" Short, Aimee Shuey, Haley Siggers, Stacy Simmons, James "Tweek" Sinclair, Mike "Marathon" Smith, Jeff Soileau, Darren Sorgenfrei, Chad Spilman, Michael Staffieri, Brenda Stallings, Cara " Skittles" Stephens, Kristen Sterba, Keith Stone, Jason Streubel, MaryLee "Minna" Sturgeon, Bryndis "ICELAND" Svavarsdottir, Jesica Sykes, Ben Tam, Roger "BMBLB RUNNER" Teel, Shatora Thomas, Angela Tortorice, Kaia Woods, Taya Upkes, Garret Vandenbelt, Shauna Veazey, Karen "Evil Twin" Vollan, Gregg Walchli, Breanna Waldrup, Tracy Wallace, Halbert, Patrick "Super Fonz" Weldon, Bill Wells, Kathy Wheeler, Dave Whittenberg, Susan Whittenberg, Angie Whitworth Pace, Jenny Wilkes, Gerry Wilkins, Cecile Williams, Jamila "Jammy Jam" Williams, Julie Williamson, Mary Winnett, Jaeson Winter, Brett Witters, Brian Wright, Melinda Yanuaria, Prez Steven Yee, Donald Ying, Jennifer Zuelch







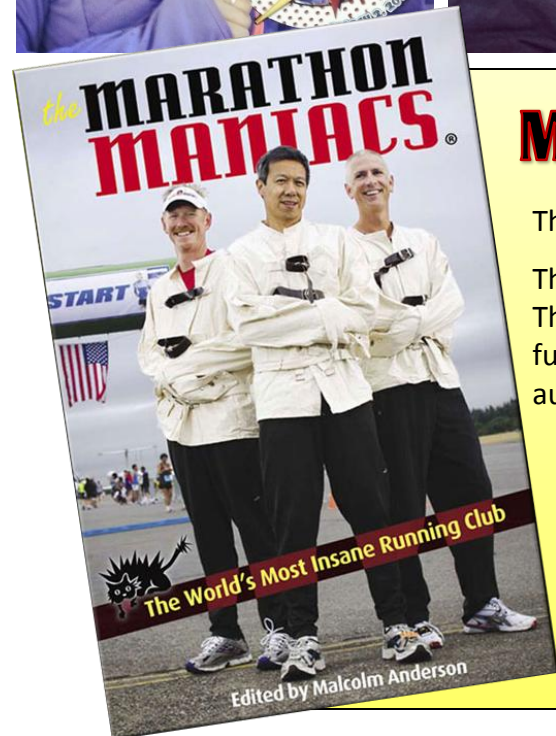
Kerry and Jorge



Gail



Glen



## MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/shopproductdetail.asp?prodID=105&catID=14>





Jody Reed celebrates her 100<sup>th</sup> marathon with her Maniac friends!



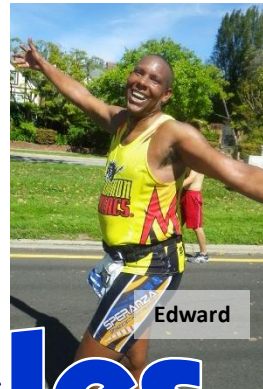
Maniacs in Rome



Emily







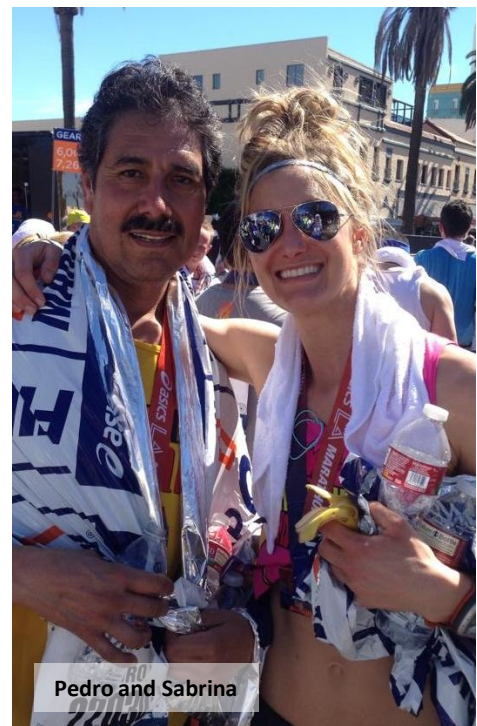
# Los Angeles Marathon

LOS ANGELES, CALIFORNIA



Edward, Michael and Eddie

Marathon Mitch



Paula Hamilton

Barefoot Eddie Vega

Pedro and Sabrina





Two MM Hall of Famers, Jon and Yolanda

**LA Marathon (3/9):** Off Course Roger, Eric Ang, Jenny Appel, Maritza Archila, John "Pony Espresso" Backman, Marty Barrios, Jill "Jillfo" Bidwell, Dominic "Dommer" Boeta, Sally "me and my dad" Boles, Sarah Bortz, Edward Broadnax, Kirk Buckley, Luis Capistran, Cindy Carlson, Marathon Mitch, Donielle Charles, Pony Express, Casey Chernesky, Jon Chernila, Mike Chewar, Tim "Cheetah" Christoni, John Chun, Susan Collins, Martha "Ginger26.2" Corazzini, Carol Corbin, Andrew Cox, David Dassey, Satiro de Oliveira, Jessica Deree, Tony Donagrechia, Othman Doubiany, John Gardener, Andrew Hahn, "Formerly Fast Eddie", Paula Hamilton, Michael Hanson, Craig Haugaard, Lora Haugaard, Tina Hauser, Michelle Hille, Wesley Hollero, Francis Hoover, Robert Housley, The Shoe, Hunter Jamerson, Nick Jankowski, Alicia Johnson, Julia Khvasechko, #kinosfault, Ethel Marie Kitching, Rosa Lear, Albert Licano, Jon "Mahoney, Sherry Mahoney, Laird Malamed, John Mangahas, Tom Mangan, Robert "Latino Heat" Manon, Michel Maokhampio, Dan Margolis, Bruce Mason, Ethan Matyas, Helen McMullin, Mike Meza, Jessica "Wabbitz" Montoya, Dana Mosell, Kelli Mullin, Patrick Myers, Richard Peete, Leah Pelfrey, Don Pemberton, Dan Rasay, Joe Reilly, Alison Riley, Silver "Roknrnr" Rivas, Leticia Ropers, Wendy Roy, Nadia Ruiz, Peter Saine, Keith Schlottman, James Schumacher, Sabrina, "ClaireBear" Alonzo, Brian Simpson 2, Louis "OnOn" Skelton, Ingrid Solorzano, Gilberto Sosa, Sakura Suzuki, Sue Torf, Jeannie Tsai, Cathlin Upton, Eddie "Barefoot Bandito" Vega, Ronald Velasquez, Bill Walsky, James Weagley, Janet Willard, Cecile Williams, Jennifer Wood, Li-Chym Wu, May Wu, Melinda Yanuaria, Ely Yaron, David Yung



Marathon Maniacs running half marathons... YES, it's true!



Half Fanatics at the Rock the Parkway Half Marathon

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 6000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

[www.halffanatics.com](http://www.halffanatics.com)

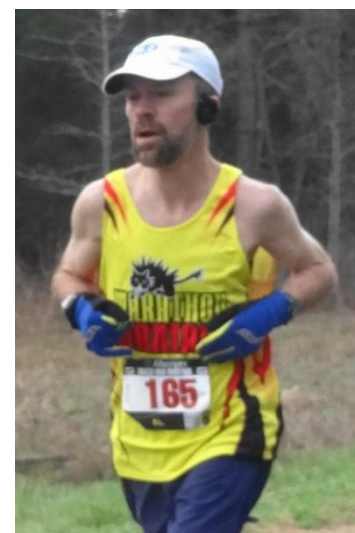




# Tobacco Road RALEIGH NORTH CAROLINA Marathon



Larry



**Tobacco Road Marathon (3/16):** Matt Antinossi, Jan Atchison, Sheila Beermann, Kristen Bieling, Alison Black, Rhonda Blackford-Noonan, My-Angela Buescher, April Burks-Lilyquist, R.L. Bynum, Howard Choi, Sue Colgan-Borrer, Vivian Corlew, Susan De Frees, Michael Dunn 2, Rick Eilers, Lisa Gesualdo, Marcia Godwin, Arthur Golbert, Amy Goldman, Laura Gorycki, Elaine Green, Ken Hamilton, JR Haney, Jennifer Hatcher, Jim Higgins, Melissa Holloway, Margaret Hvatum, Michael Kriston, Erick Kuhlmann, Daniel Lieb, Tim Mahler, Michael Maillis, Ron "The Geezer" Martin, Robert McElroy, Brian Mount, Steve Munson, Pat Neff, Jackie Ong, Debra Pasquale, Raymond Pearce, Jill Pollock, Cassie, Kenny Raynor, Michael Rice, Tony Ripberger, Michael Roberts, Liz Santos, Bill Schultheis, Jessie Sentivan, Michele Smith-Harden, Susan Spence, Suzy Spiceland Michelson, Wayne Stoffer, Ralph Suarez, Roger "BMBLB RUNNER" Teel, Craig "Indiana" Thompson, Andy True, Su Gipson / Turner, Ellen Van Royen, Peter Viola, Jeff Wehling, Gwendolyn Williams, Ote Wood, Andrew Zapanta









# Shamrock Marathon

VIRGINIA BEACH, VIRGINIA







Carol

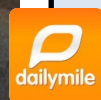
**Shamrock Marathon (3/16):** Kevin Abraszek, Mary Albrecht, Daniela Aleman, Jordan Applebaum, Wendy Arias, Les Arp, Paul "Bronx Boy" Arroyo, Crazy Linda Bachand, Rich Bailey, Dave Bell, Carl Belso, Edie Belso, Kate Bernier, Raj(RunningYogi), Shavaughn Blades, Roy (Red Solo Cup) Blakeburn, Andy "Tambourine Man" Bowden, Cathy Bradford, Ila Brandli, Cheryl Broas, Caroline Burnet, Mike Cannon, Dana Casanave, SomeKraigGuy, Kevin Crail, Christina D'Amico, Douglas ( Run the Earth ) Dahlberg, Shalisa Davis, MaryRose DiBiano, Jeffrey Dorko, Christelle "Smiley" Douillet, Leslie "@VeganLeslie" Driskill, Jennifer Eloge, Kevin Ely, Kate Escott, Jim "Superdawg" Fisher, Alfred Fordan, Cheryl Fraser, Deb Gardner, Tom Gardner, Shane Garling, Kelly Goldthorpe, Carlos Gomez, Flower Lady Carol Goslin, Lianne Griffin, Tracey Guice, Eli Hassid, Donna Henry, Mike Herrin, Greg Hersh, Arla Hile, Melody "Smiling Walker" Hughes, Amanda Ianello, Nick Karem, Kathy Kass, Julia Khvasechko, Gerald "The G-Man" King, #kinosfault, Mike "DaMarine" Kottmer, Tsao-Chuen Ku, Mark Lackey, Kim Lambert, Alvin "AL" Lee, Dennis "IBleedUnionBlue" Ley, Travis Lockwood, Sharon Mante, Kenneth Massett, Mike McMahan, Michele Merenbloom, Cynthia Moore, Bill Murray, Karen Murray, Jeremiah Nelson, Paul Oman, Chris "O-Dog" Oppenlander, jimm Ouellette-Lindsey, Fotinos Panagakos, Tim Panebianco, Beth Pardue, Kathy "Rad Queen" Pryor, "Jenster", "Captain" Dan Ratliff, Jody "wooden shoes" Reed, Esther Rubinstein, Bethany Sanchez, Jc "The Saint" Santa Teresa, Terri Scadron, Margaret Seymour, The Manimal, Erica Silbiger, Evelyn Smith, Susan Snead, Darlene Spry, Kate Stoker, Michael Tapper, Annette Tomal, Alan 'CrabShaman' Tominack, John Torres, Evangeline Townley, Cathlin Upton, Aaron Vagelatos, Eddie "Barefoot Bandito" Vega, Karen "Evil Twin" Vollan, Bettie Wailes, Michelle "Mom o' 6" Walker, Elizabeth Wallace, Halbert, Larry Wasson, Nancy Wentink, Erik Wilson, Ron Ylagan



Shane



Jody and Halbert



## Social Networking

From Facebook to Twitter, the Maniacs have a presence in the world of social networking. Whatever social network your prefer I'm sure the Maniacs are there, so check them out!

- Facebook: <http://www.facebook.com/group.php?gid=8904689204>
- LinkedIn: <http://www.linkedin.com/e/vgh/1843119/>
- MySpace: <http://www.myspace.com/marathonmaniacs>
- Dailymile: <http://www.dailymile.com/groups/1403-marathon-maniacs>
- RunningAhead: <http://www.runningahead.com/groups/MMS>





Chris



Cyndie



Pat



Ross

# DIZZY DAZE ENDURANCE RUN

SEATTLE, WASHINGTON



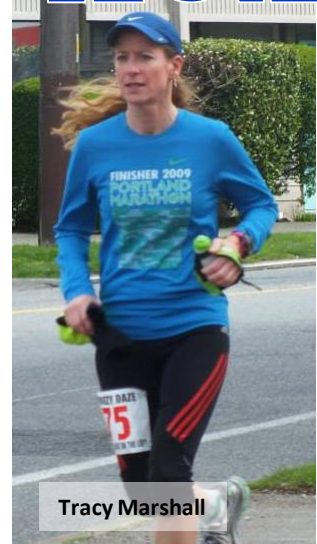
Lisa Reid



Brian and Paul



Christy Hammond



Tracy Marshall

Dizzy Daze 12 Hour Endurance Run (3/22): Shawn Aebi, Vickey Baker, Margaret Barrett, Todd Bellamy, Chris Bellevie, Ross Comer, Paul David, Duane Dow, Tricia Early, Ted Eckert, Steph Eldore, Sarah Englund, Deb Evdemon, Candy Ferry, Steven Ferry, Cathy Fowler, Jim Fox, Andy Fritz, Reed Glesne, Matt Glew, Heather Gordon, Maverick, Mr. Pat, Rick "Roadkill" Haase, Christy Hammond, Annie Hernandez, Jill Hudson, Keith Hudson, Barefoot Jon, Andy Lin, Sarah Lynch, Mike Mahanay, Jules Mann, Tracy Marshall, Jim McGoorty, Cyndie Merten, Little Leslie, Erin Morris, Janice Northrup, Gary Otheim, Monte Pascual, David Pearson, The Programmer, Mike Pruyne, Lisa "Cupcake" Reid, JuStsLuG, Katie Robinson, John Schaphorst, Scott "Brooklyn" Sebelsky, Michael Shiach, Fiona Van Alstyne, Jim Varner, Linda Walter, Steve Walters, Dan Whitaker, Karen Wiggins, Marie "Mimi" Zornes



David Pearson



Monte Pascual



Tricia Hyatt Early

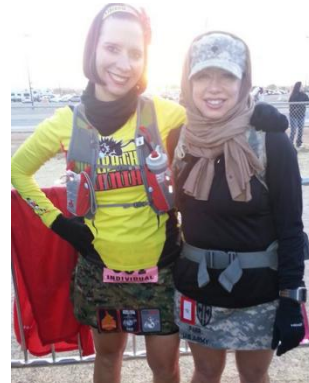




# BATAAN DEATH MARCH

WHITE SANDS, NEW MEXICO

**Bataan Memorial Death March (3/23):** Lorna, Paul "Bronx Boy" Arroyo, Mario Barber, Barco, Aaron Braunstein, Edward Broadnax, My-Angela Buescher, Jayme Butts-Hall, Chris Calimano, Kara Campbell, Sherry Coffield, Richard Combs, Yolanda Combs, Teota Coppock, Lauren Cutsinger, Joel De Guzman, Aprelle Deuell, DrTekemia Dorsey, Carl Dubler, Erik Dye, Ken Fattmann, Michael Fitzgerald, Edward Ganley, Elaine Green, Steve G, Chris Hall, Lori Hewings, Ted "Dead Last Monkey" Hobart, "Shamrock Sandy" Hugill, Cary Inderbitzin, Jason Hitzeman, Cody Jones, MaryJean Kancel, Jess "Durti" Kurti, Peter "Elite Pete" Lantin, C. Kinnier Lastimosa, Laurie Lindstrom, Vincent Ma, Nichole "and her little dog too" Mathis, Cliff "deadhead" Matthews, Barb Meinecke, Kevin Moore, Mary Moran, Frank Muller "Brewmaster", Kelli Mullin, Michael "cheetah" Nusblat, Stitch, Lara Owczarski, Leah Pelfrey, Krissy Lizbeth Rehm, Joe Reilly, Michael "Dr Dude" Rhodes, David Rikke, Crockpot, Eva Sanmartini, Jc "The Saint" Santa Teresa, Lori Schwartz, Mike Schwartz, Michael Shilling, Haley Siggers, Mary Signorelli, Susan Siragusa, Greg Terry, Sam Wachsman, Halbert, Jerry Warden, Larry Wasson, Angie Whitworth Pace, Jamila "Jammy Jam" Williams, Jonathan Young



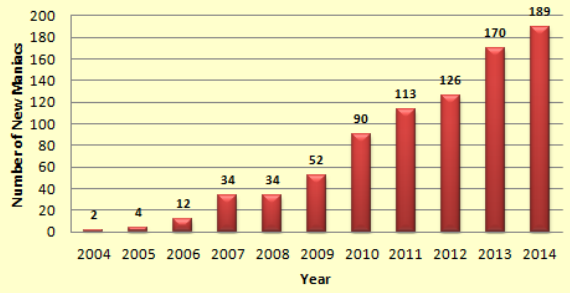
# REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

### Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	70.2	50.4	63.7	55.8	86.7	66.7	44.7	26.4	32.3	87.2	106.3	97.1	765.6
Record	212	101	170	138	212	147	101	56	73	257	334	223	1994
2013	212	95	170	138	212	133	91	56	73	257	334	223	1994
2014	225	177	189	-	-	-	-	-	-	-	-	-	591

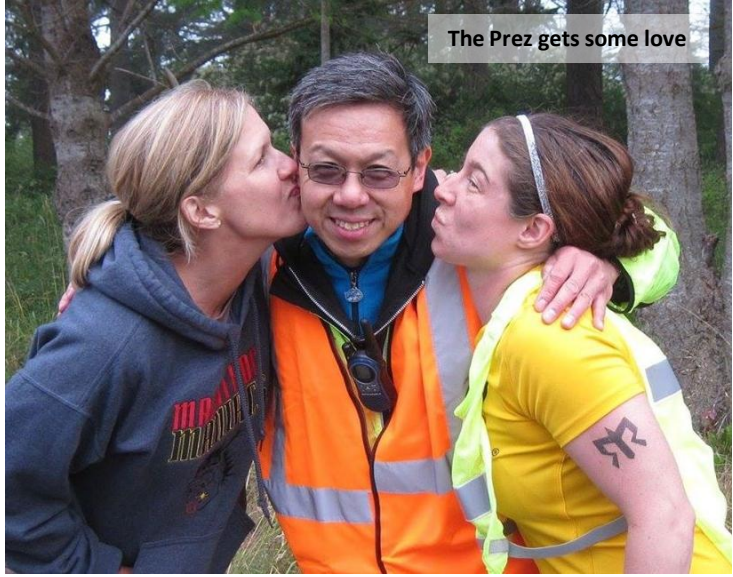
### New Maniacs for March



<b>New Maniacs in Mar 2014</b>	189
<b>New Maniacs in 2014</b>	591
<b>Total Maniacs</b>	9013
<b>Country</b>	<b>MM</b> <b>Pct%</b>
United States	7118 79.0%
Canada	209 2.3%
Brazil	62 0.7%
United Kingdom	37 0.4%
Malaysia	29 0.3%
<b>Total number of countries</b>	48

<b>State</b>	<b>MM</b>	<b>Pct%</b>
Washington	1057	11.7%
California	697	7.7%
Texas	639	7.1%
Florida	335	3.7%
Illinois	331	3.7%
New York	292	3.2%
Oklahoma	256	2.8%
Virginia	243	2.7%
Georgia	211	2.3%
Oregon	191	2.1%







## Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** Miek Chewar, Jess Kurti
- **Platinum (8 star) Maniac:** So Mei Chan
- **Palladium (7 star) Maniac:** Jen Knife, Walter Evans, Beth Knox
- **Osmium (6 star) Maniac:** Jim Clouse, Roger Teel, Paul Piper, Leah Piper
- **Ruthenium (5 star) Maniac:** Ev Watkins, Andy Ralph, Dan Ruiz
- **Iridium (4 star) Maniac:** Ken Kirsch, Ralph O. Suarez
- **Gold (3 star) Maniac:** None
- **Silver (2 star) Maniac:** None
- **100 Marathons:** Jody Reed

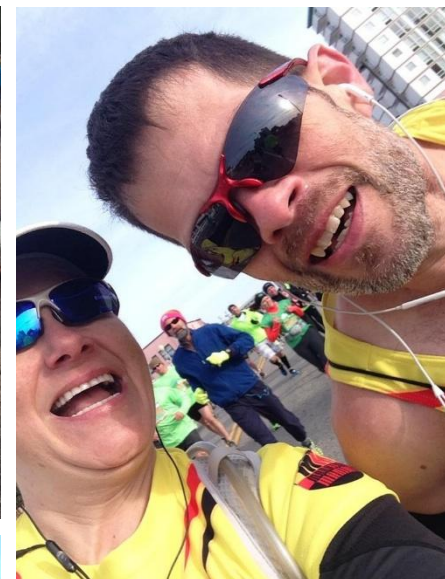
### New Titanium Maniacs!!



Mike Chewar



Jess Kurti





## Upcoming Races!

### Marathon/Ultra Calendar between May 1-May 30

Thursday, May 1  
Great Wall of China Marathon (CHN)

Saturday, May 3  
Aravaipa Sinister 54k (AZ)  
Big A 50k (ME)  
Brookings Marathon (SD)  
Bruneau Beast (ID)  
Calico Labor of Love 50m/50k/26.2 (NV)  
Darkside 8h (GA)  
Evergreen Grand Ridge 50k/26.2 (WA)  
Ghost of Tacoma (WA)  
Greenland Trail 50k (CO)  
Lost Worlds Causeway Crossing 100k/50k (IRL)  
Miwok 100k Trail Race (CA)  
Moonlight Marathon at Oak Ridge Cemetery (IL)  
New River Marathon (NC)  
North Face Endurance Challenge - NY 50m/50k/26.2 (NY)  
River Towns Marathon (PA)  
Rock the Ridge (NY)  
Rockin Marathon Relay Solo Option (OH)  
Run for Kids Challenge 12h/50k (AL)  
Runs With Scissors 50k/26.2 (CO)  
Shiprock Marathon (NM)  
Strolling Jim 40m (TN)  
Tejas Trails Pandoras Box of Rox Marathon (TX)  
Tie Dye 32m (OH)  
Western Pacific Marathon (CA)  
Whiskey Row Marathon (AZ)  
Wisconsin Marathon (WI)

Sunday, May 4  
All American Marathon (NC)  
Avenue of Giants Marathon (CA)  
Borneo International Marathon (MYS)  
Colorado Marathon (CO)  
Eau Claire Marathon (WI)  
Flying Pig Marathon (OH)  
Geneva Marathon (CHE)  
Kalamazoo Marathon (MI)  
Lansing Marathon (MI)  
Lincoln Marathon (NE)  
Long Island Marathon (NY)  
Mississauga Marathon (ON)  
North Face Dirty Feet Kal Park 50k (BC)  
OC Marathon (CA)  
Palm Bluff Trail Race (FL)  
Pittsburgh Marathon (PA)  
Potomac River Run (MD)  
Providence Marathon (RI)  
Tacoma City Marathon (WA)  
Toronto Marathon (ON)  
Vancouver Marathon (BC)  
Walter Childs Memorial Race of Champions (MA)

Monday, May 5  
Badwater Salton Sea 81m (CA)

Thursday, May 8  
Mainly Marathons New Mexico State Park Series (4 day event) (NM)

Saturday, May 10  
50m/50k UltraDash (WA)  
50s For Yo Momma 50m/50k (OH)  
Back on my Feet in 24 Austin 24h (TX)  
Dances With Dirt - Gnaw Bone 50m/50k/26.2 (IN)  
Fargo Marathon (ND)  
Farm Park Challenge 50m/6h/26.2 (MD)  
First Call Spring 50k/26.2 (WA)  
Gold Rush 100k (CA)  
Grand Valley Marathon (CO)  
Heartland 50 (KS)  
Hogs Hunt 50k (TX)  
Huff 2 Bluff Marathon (UT)

Ice Age 50m/50k (WI)  
Lake Wobegon Trail Marathon (MN)  
Lost Lake 50k (WA)  
McDonald Forest 50k (OR)  
Mentoring Marathon (TN)  
Mind the Ducks 12h (NY)  
Pend Oreille River Mothers Day Marathon (WA)  
Quad Rock 50 (CO)  
Quicksilver 100k/50k (CA)  
Rock On Lake Perry (KS)  
S 26.2 (OR)  
Seaton Soaker 50k (ON)  
Singletrack Maniac 50k (VA)  
Starved Rock Country Marathon (IL)  
Sunflower Trail Marathon (WA)  
Weekend Warrior Marathon (MI)  
WHOOOS in El Moro (CA)

Sunday, May 11  
Delaware Marathon (DE)  
Fredericton Marathon (NB)  
Maastricht Marathon (BEL)  
Maine Coast Marathon (ME)  
Panhandle Marathon (TX)  
Prague Marathon (CZE)  
Sudbury Rocks (ON)

Monday, May 12  
Pine Tree Marathon (New England Challenge Day One) (ME)

Tuesday, May 13  
Granite State Marathon (New England Challenge Day Two) (NH)

Wednesday, May 14  
Red Island Marathon (New England Challenge Day Three) (RI)

Thursday, May 15  
3 Days at the Fair 72h (NJ)  
Nutmeg State Marathon (New England Challenge Day Four) (CT)

Friday, May 16  
3 Days at the Fair 48h (NJ)  
Cruel Jewel 100m/50m (GA)  
Old Colony Marathon (New England Challenge Day Five) (MA)  
Thunder Rock 100 Mile Trail Race (TN)

Saturday, May 17  
3 Days at the Fair 24h/12h/6h (NJ)  
3 Days to 100K Day Two (OK)  
Berryman 50m/26.2 (MO)  
Black Mountain Monster 24h/12h/6h (NC)  
Born to Run 100m/100k/50k (CA)  
Enviro-sports Muir Woods Marathon (CA)  
Famous Idaho Potato Marathon (ID)  
Grand Canyon 100m/50m/50k (AZ)  
Great Wall Marathon (CHN)  
Ironman Texas (TX)  
Keys 100 100m/50m (FL)  
Massanutten Mountain Trails 100 Mile Run (VA)  
Ogden Marathon (UT)  
Playin Possum 50k (OH)  
Redmond Watershed Preserve 12 Hour (WA)  
Sage Burner 50k (CO)  
Savage 100m/100k (MN)  
Superior Spring 50k (MN)  
Tryon Farm Trail 50k (IN)  
Twisted Ankle Trail Marathon (GA)  
Whispering Pines 50k (TX)

Sunday, May 18  
Blue Nose Marathon (NS)  
Brathay Windmere Marathon (GBR)  
Capital City Marathon (WA)  
Chicagoland Spring Marathon (IL)  
Cleveland Marathon (OH)

Colfax Marathon (CO)  
Copenhagen Marathon (DNK)  
Dirty German Endurance Fest 50m/50k (PA)  
Great Lakes Bay Marathon (MI)  
Great Ocean Road Marathon (AUS)  
Green Bay Marathon (WI)  
Martona Internacional de Porto Alegre (BRA)  
Pocono Marathon Run for the Red (PA)  
Rainshadow Sun Mountain 50m/50k (WA)  
Run River City (IL)  
Shires of Vermont Marathon (VT)  
Sugarloaf Marathon (ME)  
Surfers Path Marathon (CA)  
Whitby International Marathon (ON)  
Woodys RV World Marathon (AB)

Thursday, May 22  
Pigtails Challenge 200m (WA)

Friday, May 23  
I RAN Memorial May Flowers (4 day event) (TX)  
Pigtails Challenge 150m (WA)

Saturday, May 24  
Bayshore Marathon (MI)  
Booneville Backroads Ultra 100k/50k (IA)  
Desert Dash Trails of Fury (NV)  
Evergreen Soaring Eagle 50k/26.2 (WA)  
Great Savannah Endurance Challenge 24h/12h/6h (GA)  
Jemez Mountain 50m/50k (NM)  
MS (Multiple Sclerosis) Marathon (TX)  
Nanny Goat 24h/100m/12h (CA)  
Pigtails Challenge 100m (WA)  
Prince of Wales Island Marathon (AK)  
Rattler Trail Run (NC)  
Sole Challenge 24h/12h/6h (PA)  
Sulphur Springs Trail Run 100m/50m/50k (ON)  
Timp Trail Marathon (UT)

Sunday, May 25  
Bob Potts Marathon (PA)  
Buffalo Marathon (NY)  
Coeur d'Alene Marathon (ID)  
Edinburgh Marathon (GBR)  
Jims Goose Chase Marathon (TX)  
Med City Marathon (MN)  
Memorial Day Marathon (MA)  
Mountains2Beach Marathon (CA)  
Ottawa Marathon (ON)  
Pineland Trail Running Festival 50m/50k (ME)  
Rock N Roll Liverpool (GBR)  
Run for Water - Abbotsford (BC)  
Saskatchewan Marathon (SK)  
Vermont City Marathon (VT)  
Wyoming Marathon and Rocky Mountain 50k (WY)

Monday, May 26  
Memorial Day Marathon (Texas) (TX)  
Trail Factor 50k (OR)  
Vail Valor Marathon (CO)

Tuesday, May 27  
Himalayan Kingdom Marathon (BTN)

Thursday, May 29  
Peak Ultra 200m (VT)

Friday, May 30  
DRTE 100m (CA)



## New Maniacs in March 2014



- Lindsay York (#8825)  
 John Kirtos (#8826)  
 Jessie Villalpando (#8827)  
 Brian Pack (#8828)  
 Roger Kingsley (#8829)  
 Stacey Schwarzmann (#8830)  
 Allison Wood (#8831)  
 Kim Miller 2 (#8832)  
 Randall "Captain Cortisone"  
 Reinwasser (#8833)  
 Cindy Haddad (#8834)  
 Gwen Moravec (#8835)  
 Crystal Pack (#8836)  
 Thomas Scotney (#8837)  
 Ashley Schnell (#8838)  
 Alicia Gray (#8839)  
 Michelle Kinggard (#8840)  
 Angie Tidwell (#8841)  
 Kaitlyn Butts (#8842)  
 Donna Wilcox (#8843)  
 Pete Timmins (#8844)  
 Diana Hughes (#8845)  
 Joe Morris (#8846)  
 Thomas Ashcraft (#8847)  
 Glori Morales (#8848)  
 Bridgette Collins (#8849)  
 Donna Lynn Foley (#8850)  
 Heather Burger (#8851)  
 Holly Briggs (#8852)  
 Kevin Ly (#8853)  
 Tracy Abrom (#8854)  
 Stephanie Sander (#8855)  
 Sondra Dockery (#8856)  
 Adam Beltran (#8857)  
 Rahiem Tucker (#8858)  
 Michelle Stanfield (#8859)  
 Kerri Keith (#8860)  
 Jay Hill (#8861)  
 Beth Sundquist (#8862)  
 Vanessa Ralston (#8863)  
 Kathy Morgan (#8864)  
 Damaris Marquez (#8865)  
 Sandi Calvin (#8866)  
 Chad Wilcott (#8867)
- Renita Free-Priester (#8868)  
 Kari Brown (#8869)  
 Denishia Watson (#8870)  
 Julia Blount (#8871)  
 Mary Neiberger (#8872)  
 Kimberly Mansfield (#8873)  
 Matthew Weathers (#8874)  
 Dean Catalano (#8875)  
 David Knab (#8876)  
 Heather Waugh (#8877)  
 Colleen Johnson (#8878)  
 Ninja Michelle (#8879)  
 Jeffrey Klein (#8880)  
 Erik Dye (#8881)  
 Ramamoorthy Nagasubramanian  
 (#8882)  
 Christine Schwindt (#8883)  
 Jaime Dunn (#8884)  
 Vanessa Seitz (#8885)  
 Jennifer Yan (#8886)  
 Linzie Starr III (#8887)  
 Andrea Widberg (#8888)  
 LeTia Tybor (#8889)  
 Wanda Stigger (#8890)  
 Timothy Powell (#8891)  
 Angela Gillis (#8892)  
 Nathan Brand (#8893)  
 Jennifer Black (#8894)  
 Jean Schmidt (#8895)  
 Jessica Dryden (#8896)  
 Earl Hersh (#8897)  
 Will Butler (#8898)  
 Jason Wallis (#8899)  
 David Pelfrey (#8900)  
 Blanca Zavala (#8901)  
 Susan Park (#8902)  
 RJ Chiles (#8903)  
 Joanna Downer (#8904)  
 Lisa Reid (#8905)  
 Kirk "Boying" Milan (#8906)  
 Deanna Deisch (#8907)  
 John Brack (#8908)  
 Jim Allen 2 (#8909)  
 Temisha (#8910)  
 Amy Krivel (#8911)  
 Marc Kitay (#8912)  
 Mario Barber (#8913)  
 Loren McMillen (#8914)  
 Donna Anderson (#8915)  
 Vanessa Bowman (#8916)  
 Greg Hersh (#8917)  
 Joseph 'RUN CRZY' Willis (#8918)
- Anya Hughes (#8919)  
 Teresa Harmon (#8920)  
 Aimee Lanter (#8921)  
 Wayne Stoffer (#8922)  
 Mark Bolado (#8923)  
 Stephani Mrzena (#8924)  
 Michael McGehee (#8925)  
 Michael Dunn 2 (#8926)  
 Momma Lou Laura Lockett (#8927)  
 Kevin Carpenter (#8928)  
 Joseph Melvin (#8929)  
 Tom Handorf (#8930)  
 Amanda Murdaugh (#8931)  
 Adrienne White (#8932)  
 Shilonqua Lee (#8933)  
 Brian Steinberg (#8934)  
 Otilia Gonzales (#8935)  
 Thomas Marnoch (#8936)  
 Cassie Johansen (#8937)  
 Caitlin Herman (#8938)  
 William Burris (#8939)  
 Martha Threlkeld (#8940)  
 Lee Dickey (#8941)  
 Ron Rosati (#8942)  
 Lacy Burris (#8943)  
 Jeff Fleece (#8944)  
 Ericka Ramirez (#8945)  
 Carole DeLaney (#8946)  
 Dermot Hoyne (#8947)  
 Kevin Gerteisen (#8948)  
 Bryan McCullar (#8949)  
 Yvonne Borjas (#8950)  
 Lani Teshima (#8951)  
 Jennifer Stringham (#8952)  
 Karen Redmond (#8953)  
 Paul Ortaliz (#8954)  
 David Bloomquist (#8955)  
 Maria Montes (#8956)  
 David Smelker (#8957)  
 Maria Rodriguez (#8958)  
 Florence Lewis (#8959)  
 Sue Caplan (#8960)  
 Brian Wilson (#8961)  
 Cecille Powell (#8962)  
 Shahidah Hamlett (#8963)  
 Angie Romasanta (#8964)  
 Carissa Liebowitz (#8965)  
 Kyle McLaughlin (#8966)  
 Sandra Erb (#8967)  
 Charline Townsend (#8968)  
 Shirley Nutt (#8969)  
 Brian Salm (#8970)
- Doug Strommen (#8971)  
 Tanya Collum (#8972)  
 Raushawn Brown (#8973)  
 Bob Garbett (#8974)  
 Angelyca Gregory (#8975)  
 Kelly Walters (#8976)  
 Gwendolyn Strutchen (#8977)  
 Darlene Bohanon (#8978)  
 REDizzle Von Gayita (#8979)  
 Raymond Lota (#8980)  
 Frederika Villacarlos (#8981)  
 Raquel Eldridge (#8982)  
 Deborah Hoffpauir (#8983)  
 Tracey Finch (#8984)  
 Kelcey Jackson (#8985)  
 Jared Kinney (#8986)  
 Janelle Alexander-Sumpter (#8987)  
 Denise Beyer (#8988)  
 Tommie Toler (#8989)  
 Lisa Grant (#8990)  
 Jason Grant (#8991)  
 Ken Polleck (#8992)  
 Cristy Russo (#8993)  
 Erin Mulligan (#8994)  
 Gysel Parajon (#8995)  
 Christina Ballesteros (#8996)  
 Laura Godfrey (#8997)  
 Kieran O'Mahony (#8998)  
 Ivory Molina (#8999)  
 Maria Ramirez-Gorton (#9000)  
 Jason Spafford (#9001)  
 Ajay Appaden (#9002)  
 Chris Mancill (#9003)  
 Mandy Gann (#9004)  
 Joe Rainone (#9005)  
 Sherry Pruitt (#9006)  
 Tanya Underwood (#9007)  
 Brenda Wright (#9008)  
 Bob Edwards (#9009)  
 Ricardo Cuevas (#9010)  
 Judith Ostrowski (#9011)  
 Eric Skaug (#9012)  
 Dawn Rushing (#9013)



## NEW MANIACS



Jennifer Yan



Janice Harter, Joann Andryshak,  
Tom Andryshak



Karen Webber



Ashley Schnell



Donna Foley



Charlotte  
Corriher



Shirley Nutt



Carole DeLaney



Maria Ramirez Gorton



Kari Brown



Sandy  
Newberry  
Ahne



Temisha



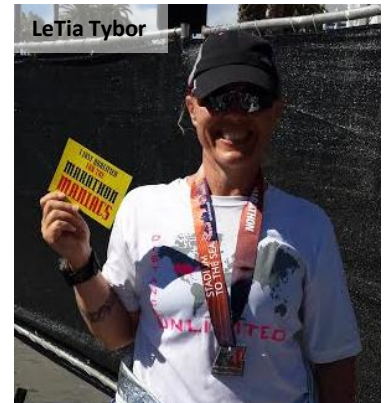
Teresa Hermon



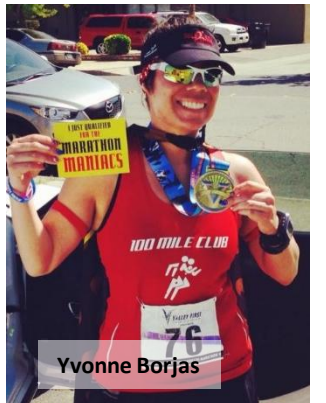
Renita P



Mandy



LeTia Tybor



Yvonne Borjas



Jennifer  
Fox-Fowler



Michelle  
Coward  
Kinggard



Donielle  
Jones-  
Charles



Heather Waugh



Estelle Rutledge

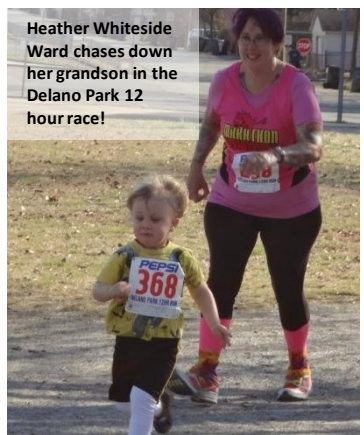




Prez and Rikki



Rebecca Schaefer



Heather Whiteside Ward chases down her grandson in the Delano Park 12 hour race!



Terri Ulm



Steve Walters and Sabrina Seher

## FROM THE EDITOR...

I had a bit of a break in February from racing, but kicked it back into gear in March. Now in April and May, I will be running marathons every weekend. It's always fun to get the Spring season going into full force. I hope you all have a great Spring!

Happy Running!

- Steve "Marathon Freak" Walters MM#338



## MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts that have a \*\* in front of the race name and don't forget about the Maniac discounts at Running Skirts [www.runningskirts.com](http://www.runningskirts.com); The Running Warehouse [www.runningwarehouse.com](http://www.runningwarehouse.com) for all your non-Maniac branded apparel and shoe needs; and at TRY Chips [www.trychips.com](http://www.trychips.com) for your healthy snacking needs.

- Wisconsin Marathon 5/3/14: [www.wisconsinmarathon.com](http://www.wisconsinmarathon.com)
- Cox Providence Marathon (RI) [www.rhoderaces.com/marathon/index.html](http://www.rhoderaces.com/marathon/index.html)
- Tacoma City Marathon 5/4/14: [www.tacomacitymarathon.com](http://www.tacomacitymarathon.com)
- Fargo Marathon (ND) 5/10/14: [www.fargomarathon.com](http://www.fargomarathon.com)
- Pend Oreille Mother's Day Marathon (ID) 5/10/14: <http://newportwashingtonmarathon.com>
- Delaware Marathon 5/11/14: <http://delawaremarathon.org>
- The New England Challenge (ME, NH, RI, CT, MA) 5/12-16/2014: [www.newenglandchallenge.org](http://www.newenglandchallenge.org)
- Shires of Vermont Marathon 5/18/14: <http://shiresofvermontmarathon.com>
- \*\*Coeur d'Alene Marathon (ID) 5/25/14: [www.cdamarathon.com](http://www.cdamarathon.com)
- Vermont City Marathon 5/25/14: [www.vermontcitymarathon.org](http://www.vermontcitymarathon.org)
- Wyoming Marathon 5/25/14: [www.angelfire.com/wy2/marathon](http://www.angelfire.com/wy2/marathon)
- Casper Marathon (WY) 6/1/14: [www.runwyoming.com](http://www.runwyoming.com)
- Deadwood Mickelson Trail Marathon (SD) 6/1/14: [www.deadwoodmickelsontrailmarathon.com](http://www.deadwoodmickelsontrailmarathon.com)
- Windermere Marathon (WA) 6/1/14: <http://windermeremarathon.com>
- Heartland Series (MI, IN, IL, IA, WI) 6/4-8/2014: <http://mainlymarathons.com/heartland>
- Utah Valley Marathon (UT) 6/14/14: [www.utahvalleymarathon.com](http://www.utahvalleymarathon.com)
- Foot Traffic Flat Marathon (OR) 7/4/14: [www.foottraffic.us/flat](http://www.foottraffic.us/flat)
- Mad Marathon (VT) 7/6/14: [www.madmarathon.com](http://www.madmarathon.com)
- Blue Blazes Ultra (OH) 7/10-13/2104: [www.blueblazesultra.com](http://www.blueblazesultra.com)
- \*\*Idaho Falls M.A.D. Marathon 7/19/14: [www.themadmarathon.com](http://www.themadmarathon.com)
- \*\*Heartbreaker Indoor Marathon (WI) 7/26/14: [http://indoormarathon.com/heartbreaker\\_indoor\\_marathon/](http://indoormarathon.com/heartbreaker_indoor_marathon/)
- Eugene Marathon (OR) 7/27/14: <http://eugenemarathon.com>
- San Francisco Marathon 7/27/14: [www.thesfmarathon.com](http://www.thesfmarathon.com)
- Moose's Tooth Marathon (AK) 8/17/14: [www.bigwildliferuns.org](http://www.bigwildliferuns.org)
- Lookout Tower Trail Climb 50K (ID) 9/3/14: [www.databarevents.com/lookouttowertrailclimb](http://www.databarevents.com/lookouttowertrailclimb)
- Boring Marathon (OR) 9/14/14: <http://boringmarathon.com>
- \*\*Center of the Nation Series (MT, ND, SD, WY, NE) 9/17-21/2014: [http://mainlymarathons.com/center\\_series](http://mainlymarathons.com/center_series)
- \*\*That Dam Hill 12H/50M (ON) 9/20/14: [www.thatdamhill.ca](http://www.thatdamhill.ca)
- Capital City River Run Marathon (MI) 9/21/14: [www.ccriverrun.com](http://www.ccriverrun.com)
- Omaha Marathon (NE) 9/21/14: <http://omahamarathon.com>
- Priest Lake 50k/26.2 (ID) 9/27/14: [www.databarevents.com/priestlakemarathon](http://www.databarevents.com/priestlakemarathon)
- \*\*New Hampshire Marathon 10/4/14: [www.themadmarathon.com](http://www.themadmarathon.com)
- Hartford Marathon (CT) 10/11/14: [www.hartfordmarathon.com](http://www.hartfordmarathon.com)
- Southernmost Marathon (FL) 10/11/14: <http://somomarathon.com>
- Appalachian Series (WV, VA, NC, SC, GA) 10/11-15/2014 <http://mainlymarathons.com/home/appalachian>
- HITS Oklahoma City Marathon (OK) 10/12/14: [www.hitsrunning.com/oklahoma-city-ok](http://www.hitsrunning.com/oklahoma-city-ok)
- Newport Marathon (RI) 10/12/14: <http://uhcmarathon.com>
- Kansas City Marathon (MO) 10/18/14: <http://waddellandreedkansascitymarathon.org>
- \*\*Des Moines Marathon (IA) 10/19/14: [www.desmoinesmarathon.com](http://www.desmoinesmarathon.com)
- \*\*Day of the Dead Series (NM) 10/27-11/2/2014: [http://mainlymarathons.com/day\\_of\\_the\\_dead\\_1](http://mainlymarathons.com/day_of_the_dead_1)
- \*\*Raleigh City of Oaks Marathon (NC) 11/2/14: [www.cityfoaksmarathon.com](http://www.cityfoaksmarathon.com)
- \*\*Louisiana Marathon 1/8/15: [www.thelouisianamarathon.com](http://www.thelouisianamarathon.com)
- \*\*Maui Oceanfront Marathon 1/18/15: [www.mauioceanfrontmarathon.com](http://www.mauioceanfrontmarathon.com)

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: [jeff@marathonmaniacs.com](mailto:jeff@marathonmaniacs.com)



**PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)**  
**YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!**

**A REMINDER IS SENT WITH THE MONTHLY E-FLASH**  
**AND SOME OF YOU ARE OVERDUE!!**



## RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



Hiya Prez!

Bears hibernate in winter. This was some winter. I am now officially a bear.

But boy, when you maniacal types wake up, a furious flurry of activity flies.

Did you see the eldest race directors before their March-closing marathon? What a blur of flurry. (If you are a Maniac and have not done the Yakima River Canyon Marathon weekend yet write it down: Maniac Bucket List, item number One, see you next year.) Bob and Lenore Dolphin, in their eighties, make running the marathon look like taking a break: welcomes, arrangements, meals, personalized gifts, bib numbers and stickers, posters, salutes to all sorts of folks, guest speakers (e.g. Kathryn Switzer, first woman to run the Boston marathon, and her brilliant husband, running book author Roger Robinson). Watching the Dolphins orchestrate, coordinate, and deliver the goods for three days of camaraderie is alone worth the trip. Plus you get a hug from Lenore at the finish line, and watch Bob smile unendingly at Lenore, until he runs the race, and takes a snooze afterwards...at the awards banquet, which is allowed, if you have finished your 502nd marathon, you are in your 80's, and you have assisted Lenore.



So Prez, you Warren and Phillippi launch a club, and Dolphins launch a marathon, to what end? You have blessed thousands of people with your dedicated efforts. Blessed: made lives better; given people an opportunity to more deeply enjoy life.

In turn, one among us thousands really took the opportunity given and made something extraordinary out of it. She deserves her story told, and you ought to feel pretty happy about your role in it. The layers of positive things here are deep.

Slender folks, like you three Wise Men, on up to the Olympian heroes, generally strike the world as marathoners. But someone has entered your Hall of Fame who shares a story that has little to do with Ethiopian slightness. After hearing her story, the baseball cards of one's childhood years find an unexpected rival in athletic impressiveness, for the determination and willingness to get after living life with renewed vigor.

It isn't "if she can do it, I can do it." No, Prez, your Hall of Fame criteria is extraordinarily tough. But one might think quietly, "hmmm, what can I do that would refresh my living?"

The surface detail: Cyndie Merten ran 52 marathons in a year three years in a row to become a Marathon Maniac Hall of Famer. But she was not born a marathoner, not even a runner, perhaps not even an exerciser. But in reaction to the opportunity, in Cyndie's words:

"I was born to be a fatty. When I was pregnant with my daughter, my OB-GYN, who had a fabulous Indian accent, asked me "Have you always been a fatty?" OMG. That was 1988. I started running in 1997 weighing over 300 pounds.

"If I did not run, there is no telling how much I would weigh now. I'm guessing I'd be a candidate for 'My 600 lb. Life'."

But Hall-of-Fame goals? How does that happen?

"I did 52 in 2011 in order to make Titanium. Then I was going to slow down. I couldn't. Part way into 2012 was when I decided to try for the Hall of Fame.

"Who could have imagined adults would spend insane amounts of time, money and energy to get spinning stars next to their name on a website? I can make a website with however many spinning stars I want next to my name, but somehow that's not the same.

"It was awesome. At least three weekends a month, I traveled somewhere and there would be all my friends. Every early start, I knew them all! We have a terrific community."

And so it evolved: the fundamental "take-charge of myself" motivation, then the joy of the events, which spawned a circle of great friends, a trifecta: races, relationships, results.

But 52 marathons each year times three? Is the woman ever "normal?" Sure! Now that she has reached this pinnacle of the Maniac world of accomplishments, she is, "slowing down. I am dropping back to about two races a month. I was very tired of never being home. I will be doing the races I want to do rather than the races I need to do."

So there, you see! Normal, normal, normal.

Or is she? I asked her about ultras (races longer than 26.2 miles), and doubles (two marathons in one weekend). And this is Cyndie Merten, "slowing down":

"Ultras are fantastic. In the day, I did a few 100K's within the time limit. Now I'm so slow that most ultras have time limits I cannot meet. So now I like the timed race.

"Doubles? Give me a quad any day."

Oh, I am aware of my quads alright.

Hall-of-Famer Cyndie Merten? Thank you for the inspiration to make something happen in our days. And thank you, Dolphins, and Steve, Chris, and Tony, and all who give us the races to run and the opportunities to develop the relationships in them all.

I rather like it here in Maniacs.



**Cyndie Merten, Marathon Maniac Hall-of-Famer, and Rev**

Luvya,  
Rev  
[dgkienz@yahoo.com](mailto:dgkienz@yahoo.com)