



MARATHON MANIACS

MAY 2013 NEWSLETTER

★ ★ ★ ★ ★ Volume 10, Number 5 ★ ★ ★ ★ ★

10 YEARS OF MANIACAL CRAZINESS!! (2003-2013)

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GHOST OF TACOMA MARATHON

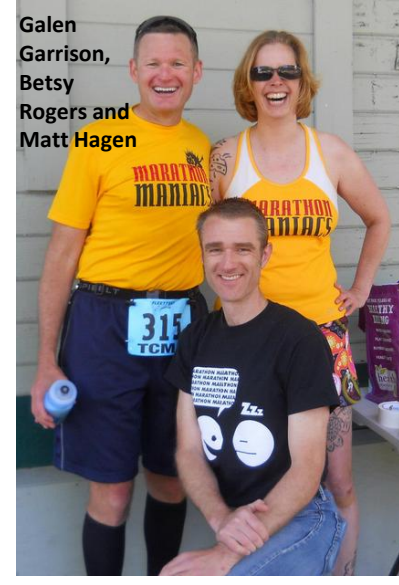
Mahoneys having fun!



Run Sabrina Run!



Patrick, Hope and David



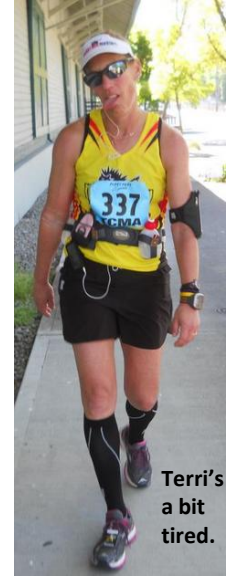
Galen Garrison, Betsy Rogers and Matt Hagen



Janna Theriault



Les Omura



Terri's a bit tired.



Megan Burger, Greg Goebel and Sarah Englund



Eric Glass



Julia and Shane



Hope Fox



Sonja Normann



Laura and Gary



Marilou Russell



Susie Ro



GG and GG



Cyndie Merten



Stephanie Puckett



Marathon Mitch



Karen Vollan

Ghost of Tacoma Marathon (5/4): Vickey Baker, Chris Bellevie, Mitch "The Wiz" Brouwer, Marathon Mitch, Jeff Chaney, Sporty Diva Coates, Susan Cooley, Kris 'CLYDESDALE' Damiano, Paige Denison, Sarah Englund, Paul Fournier, Angela Frye, Carlos Hideaki Fujinaga, Shane Garling, Galen Garrison, Eric "& Carlos PartyMonkey" Glass, Kathleen Gorman, Mr. Pat, Francie Hankins, Laura Johnson, Julia Khvasechko, Jim Kondek, Peter 'Elite Pete' Lantin, Jack Lee, Nilson Paulo de Lima, Kristin Lundy, Mike Mahanay, Jon "Coconutboy" Mahoney, Sherry "Coconutgirl" Mahoney, Robert "Latino Heat" Manon, Tracy Marshall, David Martinez, Margaret McGregor, Terri Menghini, Janice Moyer, Phil Nimmo, Sonja Normann, Jim "Jamaal" Oliver, Les "Maniacles" Omura, Gary Otheim, Monte Pascual, David Pearson, Kathy Peck, Marilou "Dovenator" Russell, Stephanie Puckett, Mike Raabe, Megan Reuther, S, Katie Robinson, Danielle Ross, Jason Ryan, Keith Schlottman, Joe Schrum (Just Joe), Lindsay Schuessler, Brian Starkey, Richard "Obiwan" Stewart, Sakura Suzuki, Ben Tam, Shana "Rustynail" Tolean, Eddie "11-Star" Vega, Karen "Evil Twin" Vollan, Ashley "rogue wave" West, Rita White, David Wingard, Brian Wright, Jeff Yamada, Rossana Zemek



Patrick Grengs



David Martinez



Sabina
Shana
Tolean



Laura
Johnson



Kristin
Lundy



Sabrina
Seher



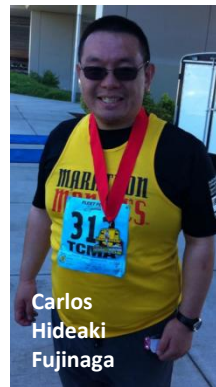
Mike Raabe



Lindsay
and
Katie



Dexter Emoto and David Wingard



Carlos
Hideaki
Fujinaga



Jane
Sturzaker



Marathon Maniacs running half marathons... YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 4000 members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com



Half Fanatics at the Rock N Roll Portland Half Marathon



The Prez gives out door prizes!



Marathon Mitch

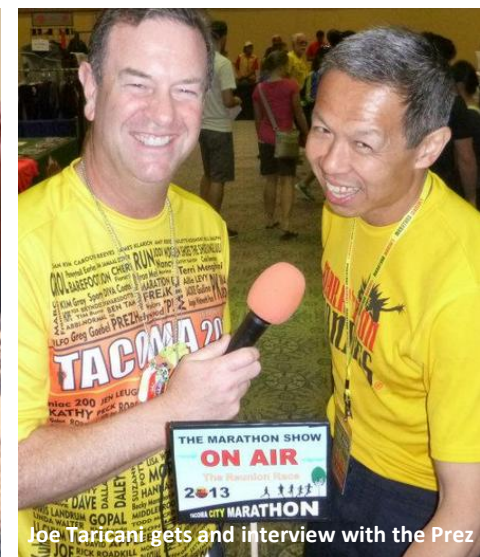
Pre-Marathon Gathering



Guy Yogi and Bob Martin



Jen and Jodi



Joe Taricani gets and interview with the Prez



Sharon and Ginger



Steve Walters



Susan and Will



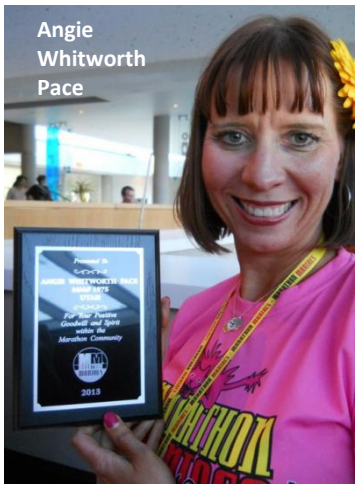
New Hall of Famer, Rick Haase



Marc Frommer



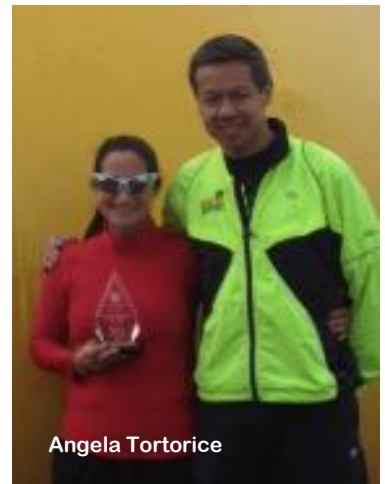
As Dan Semsel got ready to retire from the US Air Force. He gave his military coin to Galen Garrison to recognize Galen's actions that go above and beyond the call of duty. Following the bombing at the Boston Marathon, Galen tracked down all the Maniacs at Boston via Facebook.



Angie Whitworth Pace



Betsy Rogers



Angela Tortorice



Carol Earles

2012 MANIACS of the YEAR

FIRST PLACE
Larry Macon



SECOND
Vincent Ma



THIRD
Steve Hughes



FIRST PLACE
Yolanda Holder



SECOND
Angela Tortorice



THIRD
Diane Bolton



FOURTH
Joe Reilly



FIFTH
Dave Johnson



FOURTH
Cyndie Merten



FIFTH
Carol Earles

GOODWILL & SPIRIT AWARD

AMBASSADOR OF THE YEAR



Hideki
Kinoshita



Les
Omura



Angie
Whitworth Pace



Carlos
Hideaki Fujinaga



Betsy Rogers

MARATHON MANIACS HALL of FAME

INTRODUCING THE CLASS OF 2013:



DAVE BELL



RICK HAASE



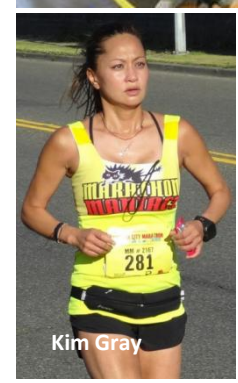
ROBERT LOPEZ



CHERI POMPEO



TACOMA CITY MARATHON 10 YEAR CELEBRATION



Kim Gray



Rikki Bogue



Damon Storey



Heather Zeigler



Peter Lantin and Dan Delino



Sabrina, Ginger and Heidi



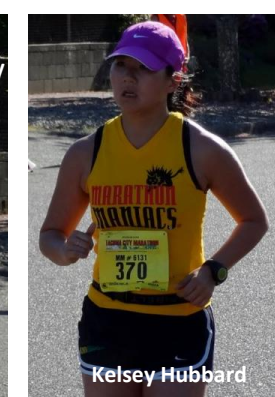
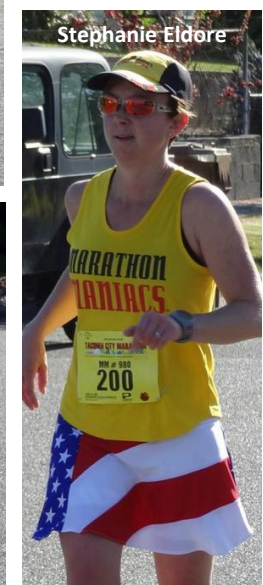
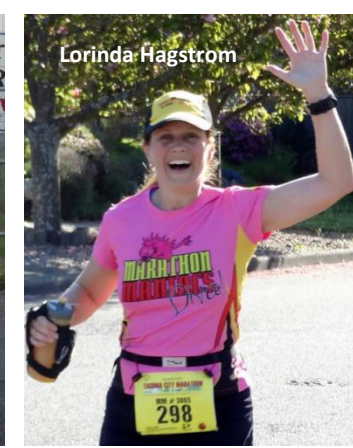
Suzy Seeley



Kathy Morrisson



Bret Henry





Joan Kim



Betsy Rogers



Tacoma City Marathon (5/5): Maniac #200, Wendy (Stensen) Hawthorne, Shawn Aebi, Barbara Alston, Deanna Alvarez, Karen Andersen, Greg Anderson, John Anderson, Stacy "Struggle" Anderson, Kelly "Zeus" Ano, Jenny Appel, David Appleby, Fran Austero-Macavinta, Rose Bak, Vickey Baker, Mark Barringer, Jenna Barrows, Pete Bartels, Ezra Becker, Karen Beebe, Sheila Beermann, Amy Begnal, Dave Bell, Todd Bellamy, Chris Bellevie, Jill "Jillfo" Bidwell, Nilda Birch, Bruce Bodine, Rikki "Bobbie" Bogue, Dan Bowman, Jim "Ol' Jimbo" Boyd, Ken Briggs, Mic, Patty Brockman, "Drew #6027", Mitch "The Wiz" Brouwer, Daniel T Brown, Steve Brown, Lan Bui, Barb Bumann, Georgia Bunko, Megan Burger, John Burke, Tim Burns, Sharon "Sha-Run" Butler, Carol Campbell, Sara Campbell, Marathon Mitch, Jeff Chaney, Charles Clutter, Sporty Diva Coates, Richard Cockrell, Mary Coffelt, Sarah Colby, Sue Colgan-Borrer, Deidre "Turtle fast" Connor, Ruben Contreras, Laura Conway, Susan Cooley, "Runner Lis" Cooper, Pedro Max, Charlotte "costume chic" Corriher, Tom "Drag-on" Craven, Floyd Crawford, Douglas (Run the Earth) Dahlberg, Mark Dahlby, Dallas Daley, Kris 'CLYDESDALE' Damiano, Mike(rattletrap)Davis, Dan "Salsero" Delino, Paige Denison, Cindy DeSirant, Elizabeth Detter, Doug Dominey, vvn Doorn, LeeAnn Dunham, Andy Dunn, Diane Durden, Lisa Eagle, Carol "Ponytail" Earles, DeeDee "Double Dee" Earles, Tricia Early, Ted Eckert, Natalie Jo, Dirty Dave, Technicolor Daniel, Steph Eldore, Sarah Englund, Walter "Maniac Man" Evans, Deb Evdemon, Laura Faiszt, Kevin Fallon, Joe Feaser, Joel Fenlason, Earl Fenstermacher, Steven Ferry, Cheri Fiorucci, Jim "Superdawg" Fisher, Judy Fisher, Will 'CAK7' Flint, Abbi-Normal, Karen Flynn, Mary Beth Fournier, Paul Fournier, Cathy Fowler, Hope Fox, George Frederick, Amanda Freedle, Andy Fritz, Terry "on the Fritz", Marc Frommer, Angela Frye, Carlos Hideaki Fujinaga, Linda Garbo, Tina Garcia, Shane Garling, Galen Garrison, Amy Gavin, Steve Geertgens, "Tink" (Carol-Ann Gegenhuber), Dennis Gelvin, Clem "Mara-Hawk" George, Lisa Gesualdo, Tom Gibson, Eric "& Carlos PartyMonkey" Glass, Hannah Glenn, Reed Glesne, Susan Glesne, Greg Glockner, Greg "Cardiac Kid" Goebel, Amy Goldman, Martin Gordon, Kathleen Gorman, Kim Gray, "MM Diva #5", Terri "Maverick" Gray, Elaine Green, Mr. Pat, Lianne Griffin, Ginger Gruber, Georgeta (GG!) Gruescu, Tracey Guice, Jackie Gulino, Rick "Roadkill" Haase, Lorinda Hagstrom, Francie Hankins, Michael Hanson, Jillian Harrington, Stephen Harris, Christie Hayes, Will Hayes, Bob Hearn, Steven Heisler, Annie Hernandez, "Insane Jane", Jennifer Hienton, Paul Hoffmann, Heather Holst, Robert Holt, Murray "Birder" Honick, The Shoe, Kelsey Hubbard, Jill Hudson, Angie Huggins, Susan Hui, Kirk Isakson, DEO, Narongdej "Jay" Jaroensabphayanont, Marci Jenks, Micaela Jensen, Scott "DLTheo" Jensen, John Jester, Holly Jette, Ryan Jaynes, Daniel Johnson, Laura Johnson, Tania Johnson, Anne Johnston, Barefoot Jon, Gary "The Snail" Jones, Run Jodi "MM Diva #10", Eric Kass, Dean Kayler, Billy Kelley, Kari Kennedy, Maureen Kennedy, Gopal Kharbanda, Julia Khvasechko, Kelsey Kilinski, Joan Kim, James Klarich, Jim Kondek, Paulette Kosinski, PK, Gary 'Cougar Bait' Krugger, *Kimpossible*, "MMKuhl", Michael "Endorphin Nephew" Lam, Chris Landrum, Bethany Langlais, Peter 'Elite Pete' Lantin, Kurt Lauer, Jack Lee, Steven "Thunder" Lee, Mary Lenari, Jen Leugers, Allie Levy, Andy Lin, Steve Longo, SRL, Shawn Loy, Kristin Lundy, Roger MacMillan, Mike Mahanay, Jon "Coconutboy" Mahoney, Sherry "Coconutgirl" Mahoney, Jules Mann, Robert "Latino Heat" Manon, Sue "Italian Stallion" Mantyla, Julius, Letty Marino, Nancy Marino, Gary "The Red Rabbit" Marr, Peter Marriott, Susan Marshall, Tracy Marshall, Larissa "Nordic Moxie" MM Diva #8, David Martinez, Ben Marz, Ellen McCracken, Todd McCrory, Jim McGoorty, Margaret McGregor, Gary McKinney, Terri Menghini, Becki Middlebrooks, Little Leslie, Michele Miller, Maureen Miner, Steve Moisan, Elizabeth Moore, Mike Moore, Maria Jose Morante, Arturo Moreno, Lisa Morin, Crystal Morrison, Kathy Morrisson, Janice Moyer, Jennifer Mullaly, Shawn Mullaly, Tracy Murillo, Katherine Murphy, Heather Myers, Brad Nelson, Tawni Nessel, Suzanne Nester, Kristina Noycomb, Thanh Nguyen, Phil Nimmo, Sonja Normann, Heather Nugent, Michael Nusblat, Brianna Oke, Jim "Jamaal" Oliver, Les "Maniacles" Omura, Hideko Opperman, Lisa Oswald-Coates, Gary Otheim, Kay Pee, Sue Parks, Mark Parrotte, Monte Pascual, Nick Paterno, Nancy Patrick, Jim Patton, David Pearson, Kathy Peck, The Programmer, Todd Perkes, Missy Peters, Suzanne Potts, Patty Powell, Mel Preedy, Jason Preszler, Mike Pruyne, Stephanie Puckett, Bruce Quam, Mike Raabe, Bill Ralph, Amy Reed, Jody "wooden shoes" Reed, Carolyn Reeves, Lisa "Cupcake" Reid, Cade Remsburg, Pamela Rensch, Cheryl "Xena" Rich-Ano, Mary "mph" Hanna Richards, Randen Richards, Sherry Ricker, Heidi Rico, Guillermo Rios, S, sLuGgOnE1/2, Katie Robinson, Jim "Dr. Evil" Roche, Paul Rodman, EatDrinkRunWoman, Tom Rogers, Danielle Ross, Linda "Girlie" Rowe-O'Neal, Mark Ruter, Jason Ryan, Jc "The Saint" Santa Teresa, Keith Schlotzman, Paul Schmidt, Mike Schmitt, Joe Schrum (Just Joe), Lindsay Schuessler, Shannon Schulz, Lori Schwartz, Mike Schwartz, Tom Scott, Dan "Dan-O" Semsel, Terry Sentinella, Clyde *the Glide* Shank, Nicole Sharp, McGyver, The Manimal, Michael Shiach, Luke "Skywalker" Shumard, Nancy pants Shumard, Chris Smith, Lu-E "-(O_O)-" Soriano, "Marathon Diet", Peter Stackpole, Julie "Seeker" Stark, Brian Starkey, Angelika Steinberg, Cara "Skittles" Stephens, Richard "Obiwan" Stewart, Damon Storey, Haim Strasbourger, Jane Sturzaker, Clinton Sumerall, Sakura Suzuki, Bryndis Svavarsdottir, Ben Tam, Joseph "The Marathon Show" Taricani, Maria Taveras, Nicole Taylor, Roger Teel, Ultra Clydesdale, Jerry Thayer, Dawnell "Runny Runnerson" Tokarchuk, Shana "Rustynail" Tolean, Caitlin Toohey, Ron Torrez, Diane Toth, Troy Tucker, Todd Ujifusa, Victoria Upchurch, Eddie "11-Star" Vega, Deanna Vignjevic, Karen "Evil Twin" Vollan, Gary "Ben Franklin" Walker, Ruth "Wildcat" Walsh, Halbert, Linda Walter, Steve "Marathon Freak" Walters, Karen Wang, CJ **Hollywood** Warren, Jason Weekes, Bill Wells, Ashley "rogue wave" West, Rose's Revenge, Dan Whitaker, Kat White, Rita White, Steve White, Tracy White, Angie Whitworth Pace, Clark Wierda, IronMel, David Wingard, Brett Wittner, Barb Wnek, Lisa "Mama Lisa" Wood, Kimberly Worthen, Brian Wright, Li-Chym Wu, Lichu Wu Sloan, Chrissy Yamada, Jeff Yamada, Janet Yoest, Jonathan Young, Rob (Rocket Man-iac) Young, Heather Zeigler, Rossana Zemek, Marie "Mimi" Zornes



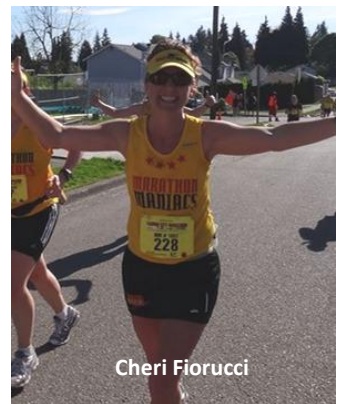
Brad Nelson



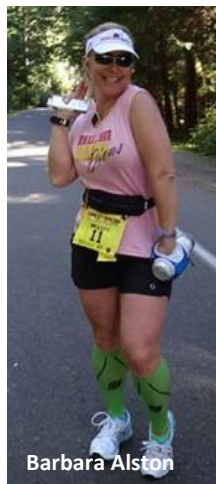
Thanh Nguyen



Jackie Ashley



Cheri Fiorucci



Barbara Alston



Jen Leugers



Robert Manon



Elizabeth Detter



Jackie Gulino and Allie Levy



Karey Moze



Lisa Eagle



Carol Earles



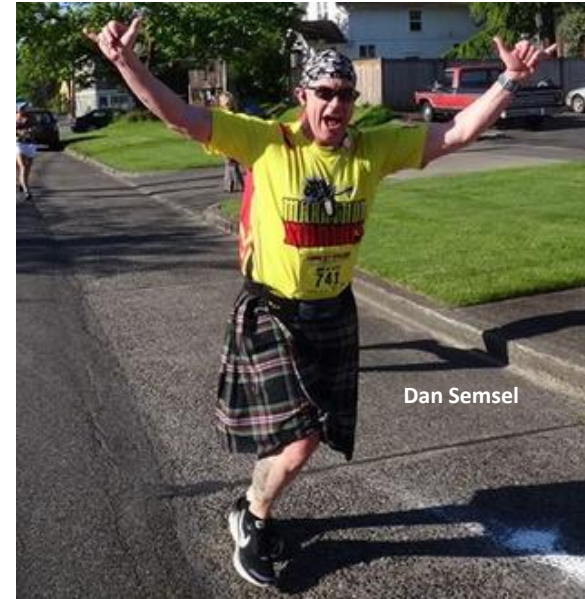
Amy Reed



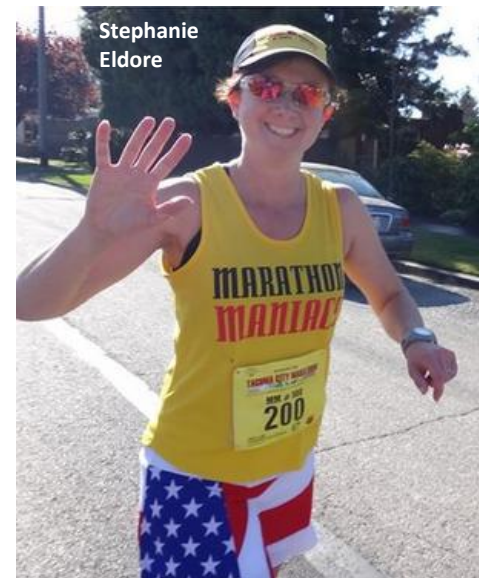
Steve Yee and Susan Marshall



Jonathan Young



Dan Semsel



Stephanie Eldore



Portland Honey Badgers invade Tacoma!



Barefoot Jon



Katherine Murphy



Stacey Hanf



Herb Allen



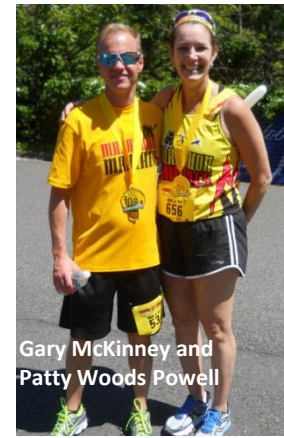
Greg, Jody and Dave



Jim Boyd



Robert Lopez



Gary McKinney and Patty Woods Powell



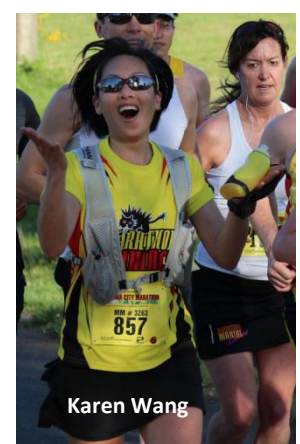
Greg Goebel and Joe Taricani



David Wingard



Susan Glesne



Karen Wang



Abbi and Ruth



Richard Stewart



Dexter Emoto



Kim Kuhlmann and Jackie Ashley



Jon Dotson



Amy Jean Farlee



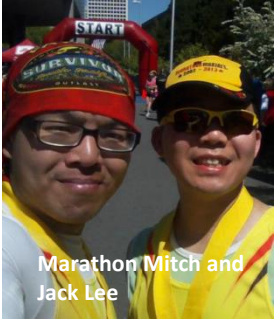
Ruth Walsh and Jodi Karuso



Endorphin Dude



Mike Davis



Marathon Mitch and Jack Lee



Kari Kennedy



Nancy Patrick



Dan Semsel



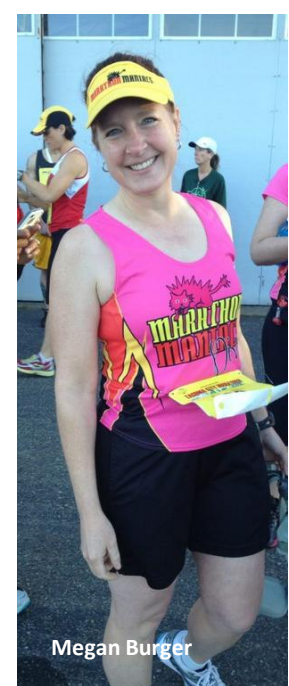
Jim Roche and Ruth Walsh



Lan Voba



Nancy and Luke Shumard



Megan Burger



Shane and Julia



Christy Hammond



Stephen, Leslie and Dave



Greg Goebel





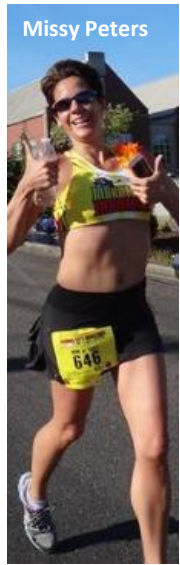
Peter Lantin



Maniac Pacers



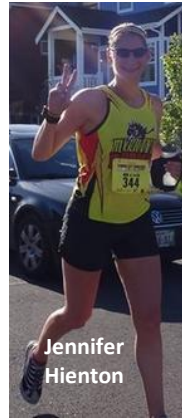
Anne Johnston



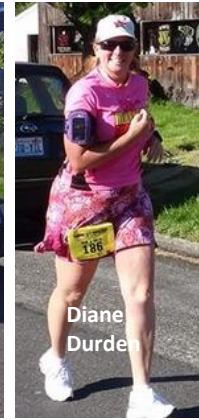
Missy Peters



Jeff Rankin



Jennifer Hinton



Diane Durden



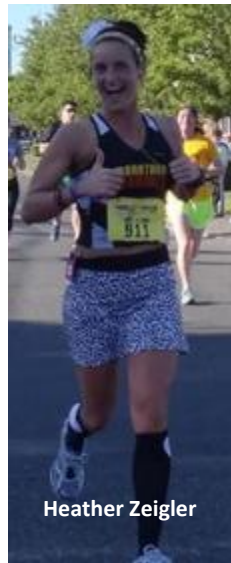
Steve Longo



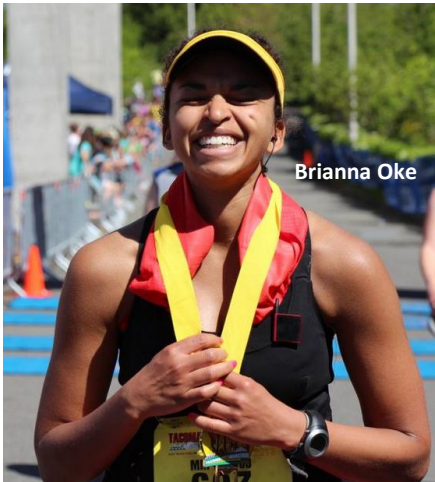
Brian Wright



Gary Krugger



Heather Zeigler

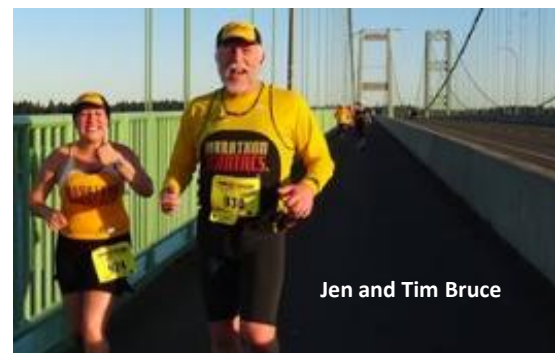


Brianna Oke





Paul and Mary Beth Fournier



Jen and Tim Bruce



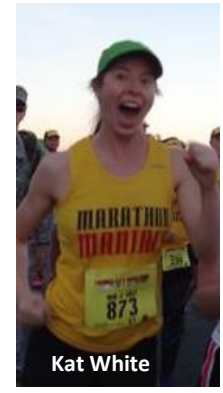
Eddie and Louie



Ray Shaw



Joan Kim, Tracy White and Jill Bidwell



Kat White



Walter Evans



Karen Beebe and Cheri Fiorucci



Cyndie Merten



Tory and Megan



Lee Chu



Dave Mari and Endorphin Dude or Endorphin Dude and Dave Mari?!



Luke and Nancy Shumard



Mitch Brouwer



Heather Zeigler



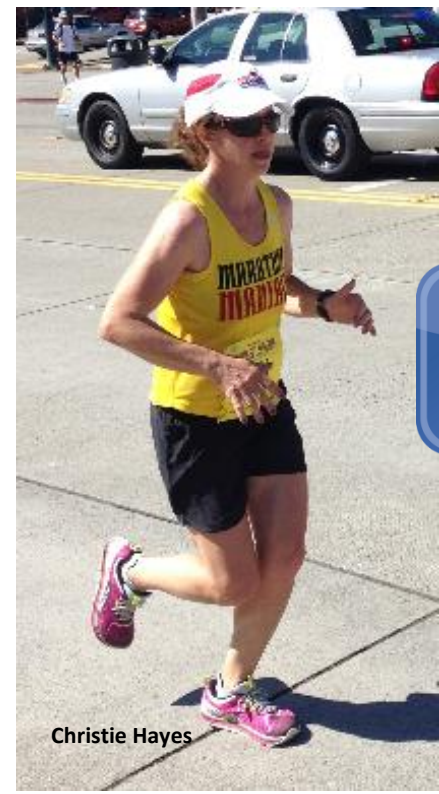
Jason Preszler



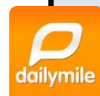
Deo



Mike Raabe



Christie Hayes



Social Networking

From Facebook to Twitter, the Maniacs have a presence in the world of social networking. Whatever social network you prefer I'm sure the Maniacs are there, so check them out!

Facebook: <http://www.facebook.com/group.php?gid=8904689204>

LinkedIn: <http://www.linkedin.com/e/vgh/1843119/>

MySpace: <http://www.myspace.com/marathonmaniacs>

Dailymile: <http://www.dailymile.com/groups/1403-marathon-maniacs>

RunningAhead: <http://www.runningahead.com/groups/MMS>



Ruben Contreras



JC Santa Teresa runs his 100th marathon!



James Klarich



Shannon Schulz



Benjamin Chan



Mark Dahlby



Eric Kass



Dana Hendry



David Wingard



Bob Hearn and Tony Phillippi



Maria Jose Morante and Marc Frommer



Sue Mantyla



Michele Miller



Post Marathon Bowling!

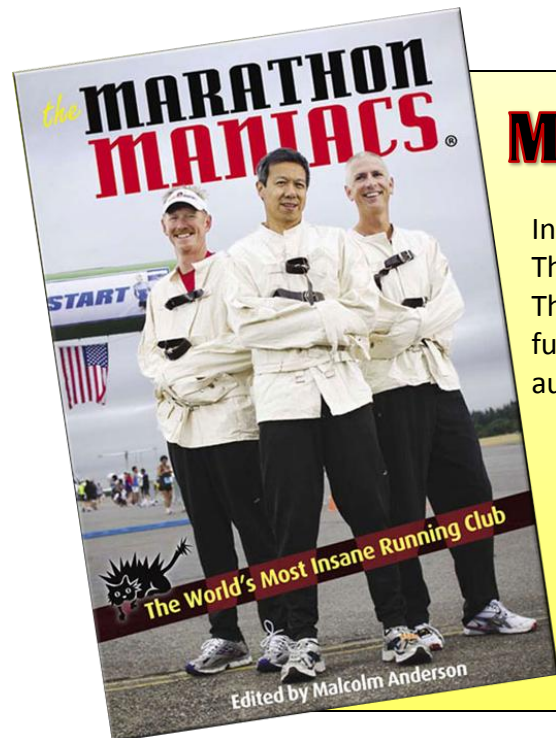


Rose Logan Surgeon

Happy Birthday Maniacs!!

On May 25, 2003, Steve, Chris and Tony had no idea what they would end up creating. What they thought would be a fun way to gather other like minded "maniacs" ended up turning into a worldwide phenomenon. Fast forward ten years later. The Maniacs have become one of the largest marathon focused clubs in the world. On May 25, 2013 we all tipped our hats to the Main Maniacs for a great 10 years.

Happy 10th Birthday Maniacs!

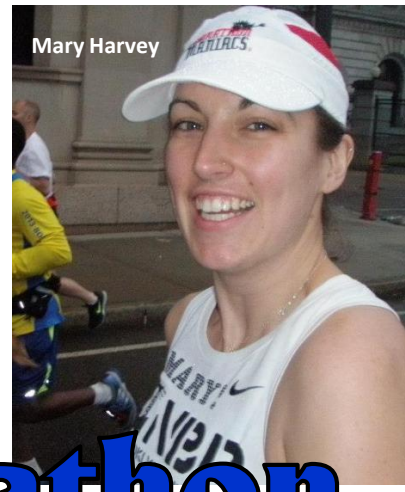


MARATHON MANIACS: THE BOOK

In February the Main Maniacs released the Marathon Maniacs book! This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/shopproductdetail.asp?prodID=105&catID=14>



Providence Marathon



Jason Moran



Scott Richardson



556



652



Lisa Schneiders



William Sherman



Michael Hoyt



Timothy Gundeck



Providence Marathon (5/12): Robert Bens, Tomer Benyair, Rebecca Bishop, "Drew #6027", Bijou Chacko, Norma Charest, Mike Chewar, Don Clarke, William Coumbe, Anita Dabrowska, Jill Egbert, Flower Lady Carol Goslin, Adam Gossett, Paul Grinvalds, Tim Gundeck, Cortney Harding, Mary Harvey, Michael Hoyt, Pauline Imbruglia, Etienne Jaulin, Sheila "kyndanutz" Lawless-Burke, Steven "Thunder" Lee, Steve Longo, Vincent Ma, Tessa Mah, Pat Marafiotte, Suzanne Marchesano, Jason Moran, Alexander Showrocka Pullen, Scott Richardson, Lisa Schneiders, Bill "AF Col Ret" Sherman, Jamie Theriault



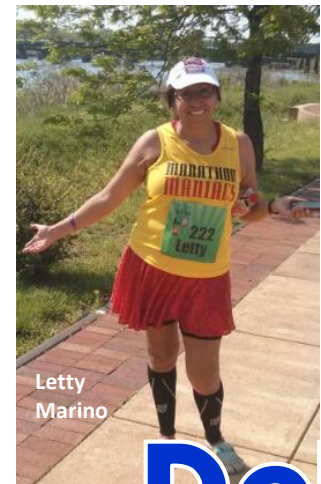
Tomer Benyair



Etienne Jaulin



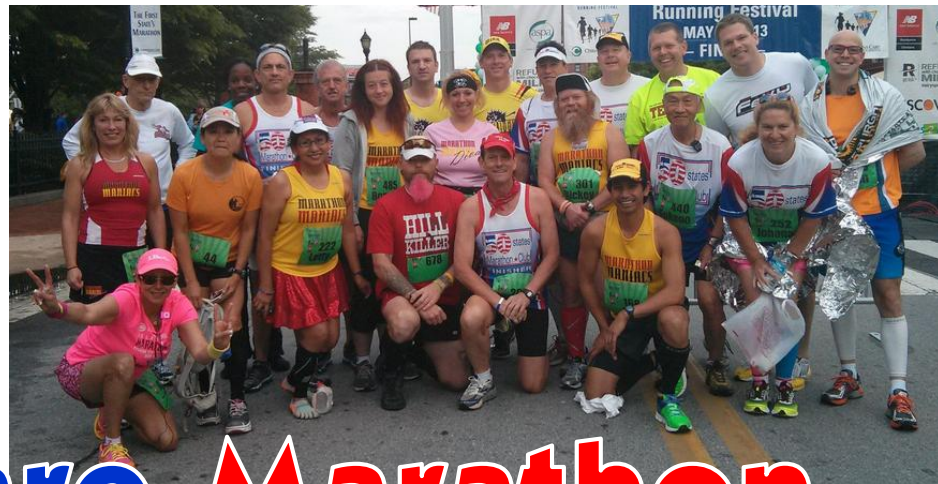
Rebecca Bishop



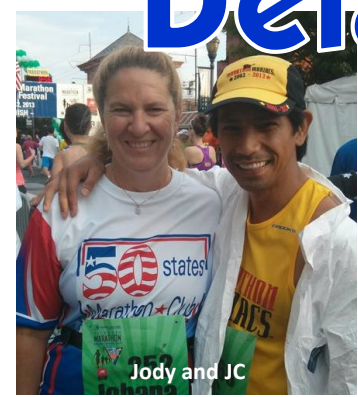
Letty Marino



Dave Bell



Delaware Marathon



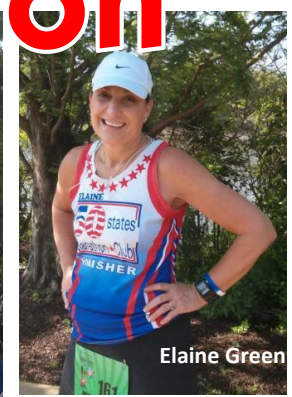
Jody and JC



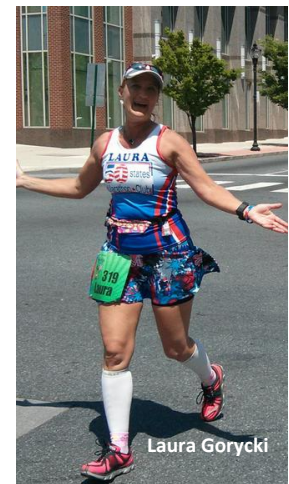
Sherry Ricker



Murray Honick



Elaine Green



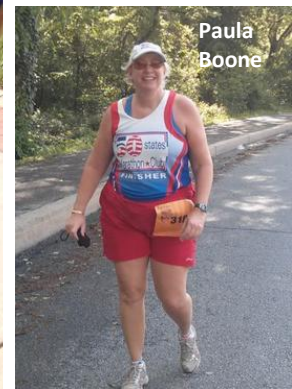
Laura Gorycki



Larry Macon and Steve Boone



Ila Brandli



Paula Boone



Delaware Marathon (5/12): Karen Andersen, Daniel Beaman, Dave Bell, Steve Bender, Ila Brandli, Aaron Braunstein, Sue Colgan-Borrer, Tim Collins, Tim Conger, Floyd Crawford, Bert D'Amico, Christina D'Amico, Douglas (Run the Earth) Dahlberg, Craig "C-DOG" Davidson, Tekemia Dorsey, Stephen Ecker, Natalie Jo, Seth Elsheimer, Ken Fattmann, Jim "Superdawg" Fisher, Bob Gahol, Lisa Gesualdo, Su Gipson, James Goetschius, Laura Gorycki, Kim Gray, "MM Diva #5", Elaine Green, Intisar Hamidullah, Matthew Hamidullah, Stephen Harris, Kevin 'The Machine' Hewitt, Murray "Birder" Honick, Margaret Hvatum, Trish Kabus, Howard L. Keener, Jr., Dagmar Knudsen, Al Kohli, Gary 'Cougar Bait' Krugger, Steve Laine, Letty Marino, Peppermint Peggy McKean, Chase Merriman, John Moore, Alison Mosqueda, Nemo, Jackie Ong, Jody "wooden shoes" Reed, Michael Rice, Sherry Ricker, Bonnie Ritchotte, Sutah "run the beach" Robins, John Sabatine, Eva Sanmartini, Jc "The Saint" Santa Teresa, Laura Schneider, Bill Schultheis, Austin "Toenails" Sedicum, Margaret Seymour, Robert Sharp, Roy Sharp, The Manimal, Scott "Running to Honor a Hero" Sunday, Roger Teel, Ruth "Wildcat" Walsh, Carole Williams, Tom "Tater" Williams

2003

A DECADE OF MANIACAL CRAZINESS!

A look back at the first 10 years...

2013

THE THIRD REUNION: YAKIMA RIVER CANYON MARATHON

April 4, 2009 at Yakima, Washington



Claire Carder, Liz Cooper, Dave MacBean, Dave Bell



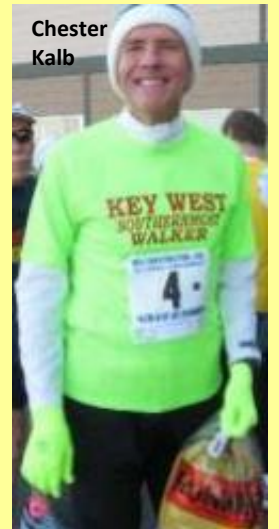
Roger McMillan



Marc Frommer, Cormac Burke and TJ Ford



Christina, Tim and Jen Bruce



Chester Kalb

2003

A DECADE OF MANIACAL CRAZINESS!

A look back at the first 10 years...

2013



Alan Morton



Jud Moore, Sonny LaForm,
Mike Schmitt



Marie Zornes, Betsy Rogers and Wayne Wright



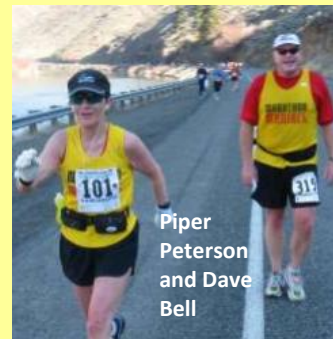
Cheri Damatio



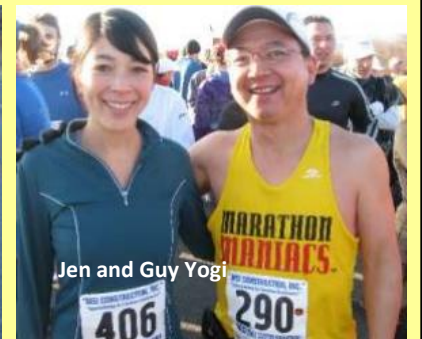
Jae-Byung
Jung



HotRod, Steph Day, Jess Mullen,
Vivian Doorn, Karen Wiggins



Piper
Peterson
and Dave
Bell



Jen and Guy Yogi

Yakima River Canyon Marathon (4/5/09): Herb Allen, Jenny Appel, Corrine Austerman, "Hotrod", Eric Barnes, Michelle Barnes, Steve Barrick, Amy "blister bliss" Begnal, Dave Bell, Bret Bellevue, Jessica Bienvenue, Chip Boggs, Rikki Bogue, Jeff "Boneman" Bollman, Darren Boone, Jim Boyd, David Bridgeman, Ken Briggs, Mike Brooks, Abi Brownell, Christina Bruce, Jen Bruce, Tim Bruce, Mic, Cormac Burke, Claire Carder, Roger Chou, Ruben Contreras, "Runner Lis" Cooper, Bob Coyne, Patch #231, Cheri Damatio, Paul David, Stephanie Day, Bob & Lenore Dolphin, Vivian Doorn, Becky Erstin, T.J.Ford, Earl Fenstermacher, Andy Fritz, Marc Frommer, Brock Gavery, Shawn Gay, Paul "medal guy" Gentry, Rick "Road Kill" Haase, David Hamilton, Istvan, Steve Hamling, Craig Hanela, Francie Hankins, Mary "mph" Hanna, Ric Hart, Christie Hayes, Bob Hearn, "Insane jane", Claude Hicks Jr., Jill Hudson, Pedro Infante, Rob Jacobsen, David Jones, Jae-Byung Jung, Chester "Southernmost Walker" Kalb, Dean Kayler, Chris Kenny, Don "The Rev" Kienz, Richard Kintsler, Gary Kobold, John Kokes, Scott Krell, Phil "Uncle Philly" Kriss, Stevie Ray Lopez, Dave MacBean, Doug MacLean, Hunter MacLean, Roger McMillan, Gary "The Red Rabbit" Marr, Bob Martin, Marci Martin, King Arthur Martineau, Amy Mathis, Rich Menzel, Cyndie Merten, Little Leslie, Jud Moore, Alan Morton, Janice Moyer, Jess Mullen, Al Nabors, Mariposai, Tony Myrie, Bob „BobO" Obrien, Gary Otheim, Stacy "PoSSum" Otter, Lesa Overfield, Keith Parks, Piper Peterson, Tony >tp!< Phillippi, Cheri Pompeo (Gillis), Bill Powers, Mel Preedy, Mike Pruyne, Marilyn "Mare" Pyke, Bruce Quam, Jeannette Quintana, Cliff "quack, quack" Richards, Randen Richards, Guillermo Rios, Susie Ro, Fenny Roberts, Bryan Robertson, sLuG, EatDrinkRunWoman, Marilou "Dove" Russell, Ray Scharenbrock, Jim Scheer, Mike Schmitt, Cat. Schwartz, Sam Scoby, Narv, Terry Sentinella, McGyver, Michael Shiach, Sonny "Tranquillrunner" LaForm, David "Marathon Diet" Spooner, Scott Stader, Brian Starkey, Tim Stensen, Wendy Stensen, Steve Stoyles, Jason Streubel, Jerry Thayer, Robert Towne, Merita Trohimovich, Gregg Walchli, Linda Walter, CJ**Hollywood** Warren, Larry Welch, Rose"s Revenge, Steve White, Karen Wiggins, Jessica Williams, Roger Winchell, Janine "I Kick Rocks" Windom, Steve Wisner, Wayne "Dead Guy" Wright, Prez Steven Yee, Guy Yogi, Jen Yogi, Roy Young, Marie Zornes



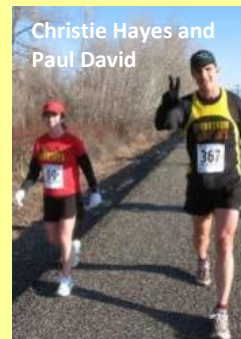
Mary "mph" Hanna



Rose"s Revenge



Roy
Young



Christie Hayes and
Paul David



Rev
Kienz



Rikki Bogue



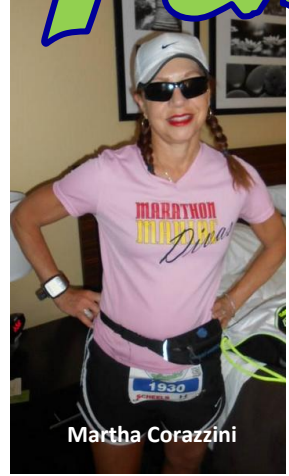
Gerry Wilkins



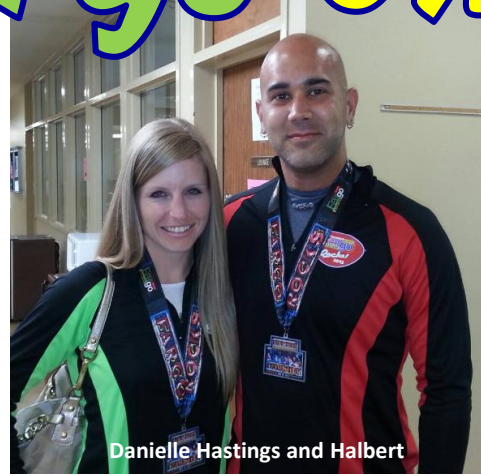
Gail and David Martin



Fargo Marathon



Martha Corazzini



Danielle Hastings and Halbert



Michael Sortito



Chuck Struckness ran his 300th marathon!

Fargo Marathon (5/19): Teresa Baker, Darlene Baltimore, Cheryl Baumann, Dave Bell, Cowboy Jeff Bishton, Ralph Blanchard, Sally "me and my dad" Boles, Jeff "Boneman" Bollman, Diane "Bolt'in to the airport" Bolton, Edward Broadnax, Chris Calimano, Doug "It's Cheaper Than Therapy" Clark, Teal Clark, Sue Colgan-Borrer, Doug Colglazier, Kevin "Where's the beer?" Croninger, Michelle Day, Cindy DeSirant, Michael Dunn, Carol "Ponytail" Earles, Natalie Jo, Kristina Funseth, Flower Lady Carol Goslin, Derek Griffiths, Emily Hansen, Danielle "T-Rex Runner" Hastings, Mike Herrin, David Holmen, Cary Inderbitzin, Julia Khvasechko, Peter 'Elite Pete' Lantin, Mark Lehrmann, Shannon Lindgren, Laurie Lindstrom, Ed Loy, MM Diva #7, Vincent Ma, Gail Martin, TMaz, Robert McElroy, Rick "Big Bird" McGrath, Barb Meinecke, Tom Minichiello, Kevin Moore, Chris Myers, Jean Neely, Jackie Panfil, Kathy "Rad Queen" Pryor, Darren Raiguel, "Jenster", Tony Recker, "Lyle, Lyle Crocodile" Robertson, Zack 'Sammy' Sammler, Bob Schluben, Tana Setness Hoefs, Bill "AF Col Ret" Sherman, Bill Smith, Michael Sortito, Chad Spilman, Andrea Spohn, Sheri Steidl, Chuck Struckness, Alison Talarcek, Joni "why rush?" Van Arsdale, Michael Vetter, Halbert, Jeffrey "Wardium" Ward, Gerry Wilkins, Carole Williams, Tom "Tater" Williams



Ed Loy



Matt Hagen and King Arthur



Robert Lopez



Eric Barnes



Paul David

Redmond WATERSHED Preserve 12 Hour Run



Leslie Miller



Stephanie Duncan



Van Phan



Shawn McTaggart



Melissa Williams



Rick Haase



Jane Herzog



Marilou, Vivan and Jenny



Ryan McKnight



Betsy Rogers



Lisa Eagle



Jeff Webb



Ethel Marie Kitching

Watershed Preserve 12h (5/18):
 Jenny Appel, Eric Barnes, Chris Bellevie, Paul David, vvn Doorn, Lisa Eagle, Rick "Roadkill" Haase, Matt "Pooky" Hagen, Barefoot Jon, Ethel Marie Kitching, SRL, Shawn McTaggart, Little Leslie, Kay Pee, Monte Pascual, Susan Pierce-Richards, EatDrinkRunWoman, Lisa Switzer, Rita White, Karen Wiggins, IronMel



Betsy Rogers



Gunhild Swanson



COEUR D'ALENE MARATHON



Jeff Pettett



Mike Roberts



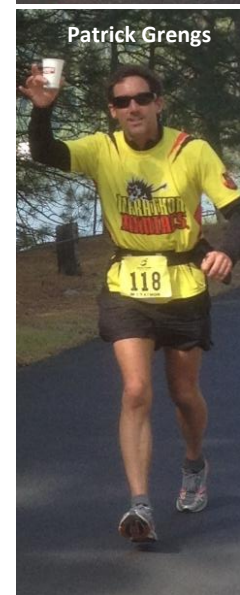
Kevin Abraszek



Eddie, Maria and Sue



Steven Yee



Patrick Grengs



Alexis Davidson

Coeur d'Alene Marathon (5/26): Kevin Abraszek, Deanna Ashby, Todd Bellamy, Ken Briggs, Bijou Chacko, Don Clarke, Sue Colgan-Borrer, Deidre "Turtle fast" Connor, Alexis Racewalker Davidson, Doug Dominey, Eric "& Carlos PartyMonkey" Glass, Mr. Pat, Russ "Imminent Catastrophe" Johnson, Gary Kobold, PK, Alison Mosqueda, Gary Otheim, Jeff "Slice!" Pettett, tony (tp!) phillippi, Vicki Poffenberger, Maria "Tiara Chick" Poranski, Connie Price, Michael Roberts, Liz Santos, Lindsay Schuessler, Eddie "Barefoot Bandito" Vega, Karen "Evil Twin" Vollan, Steve "Marathon Freak" Walters, Jeff Yamada, Prez Steven Yee



Liz Santos



Jeffrey Yamada



Bijou Chacko and Todd Bellamy



Karen Vollan



Janelle Wagnild

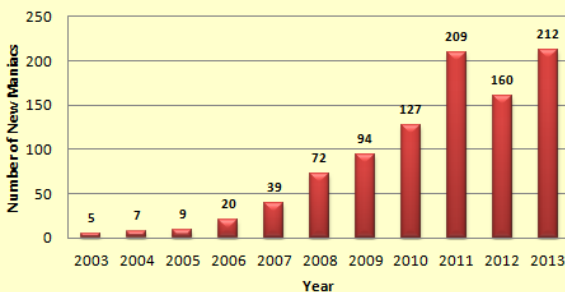
REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	54.4	45.4	51.9	46.7	74.2	60.1	40.1	23.4	28.2	70.2	83.5	84.5	584.4
2012	154	95	126	132	160	147	101	56	71	174	194	182	1592
2013	212	95	170	138	212								827

New Maniacs for May



New Maniacs in May 2013	212
New Maniacs in 2013	827
Total Maniacs	7255

State	MM	Pct%
Washington	954	13.1%
California	578	8.0%
Texas	458	6.3%
Illinois	269	3.7%
Florida	234	3.2%
New York	202	2.8%
Virginia	190	2.6%
Oklahoma	183	2.5%
Oregon	170	2.3%
Georgia	149	2.1%

Lisa Wood and Heidi Perry

©Glenn Tachiyama (tachifoto.net)



David Pearson

Pigtails Challenge

200 miles, 150 miles, 100 miles



Susan Glesne



Ashley West



Barefoot Jon

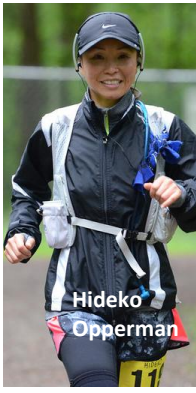


©Glenn Tachiyama (tachifoto.net)

Francesca Carmichael



Janis Moyer



Hideko Opperman



Hope Fox



Kristin Parker



Danny Kuhlmann



Jules and Deb



Jill Hudson

©Glenn Tachiyama (tachifoto.net)



Tony



Jackie Frederick



Linda Walter



Susie Ro

Pigtails Challenge 200m (5/23): Tony C

Pigtails Challenge 150m (5/24): Jill Hudson, Barefoot Jon, Kay Pee, S

Pigtails Challenge 100m (5/25): Chris Bellevie, Deb Evdemon, Jackie Frederick, Reed Glesne, Susan Glesne, Francie Hankins, Jules Mann, Janice Moyer, Hideko Opperman, David Pearson, Karen Riddle, OneMoreMile, Joe Schrum (Just Joe), Linda Walter, Ashley "rogue wave" West, Lisa "Mama Lisa" Wood



Bob Potts Marathon (5/26):
 Peter Balletta, Bill Beardall,
 Cowboy Jeff Bishton,
 Jacqueline Evans, Nicole Fritz,
 John Hord, Patrick Kubovsky,
 Jen Leugers, Julius, Lacey
 "Firecracker" Martinosky,
 Kelly Mullady, Blaine Phillips,
 Jody "wooden shoes" Reed,
 Austin "Toenails" Sedicum,
 Myron Sidloski, Cara "
 Skittles" Stephens, John
 Teyhen, Lauren Wilke,
 Heather Zeigler

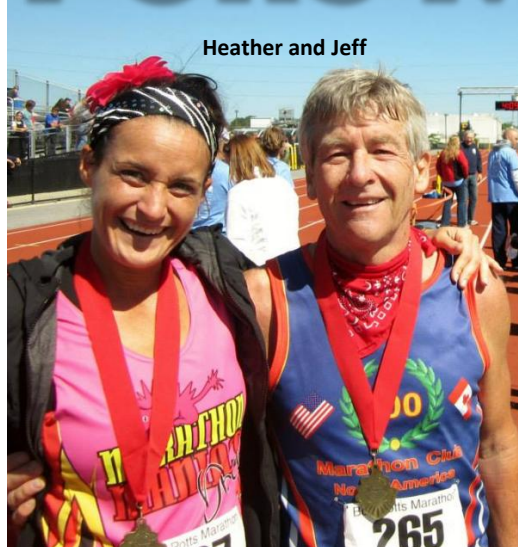


Lacey Martinosky

Bob Potts Marathon



Corby Myers



Heather and Jeff



Myron Sidloski



Peter Balletta



Heather Zeigler

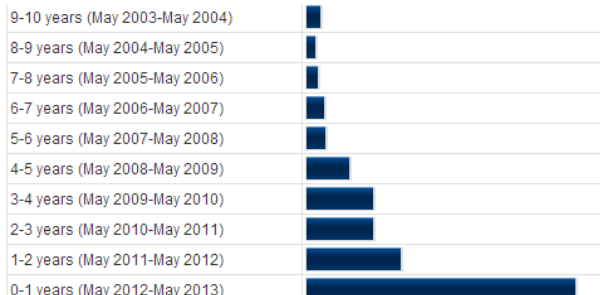


MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

This month's question: How do you primarily buy your running shoes?

Please vote online between now and July 10: <http://tinyurl.com/MMpollJune2013>



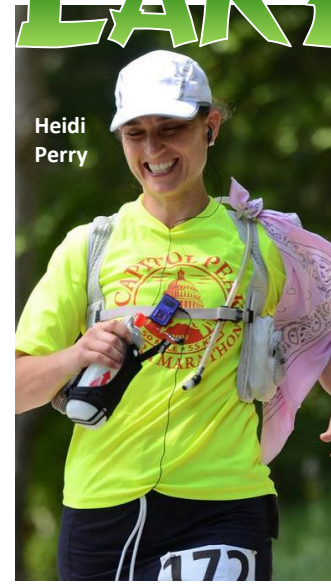
Last month's question: How long have you been a Maniac?

Most Maniacs have only been a Maniac for two years or less (57.2%).

Thanks for voting!



LOST LAKE 50K



Lost Lake 50k (5/10): Rikki "Bobbie" Bogue, Tracy Brown, Micaela Jensen, PK, Mike Mahanay, EatDrinkRunWoman, Lisa "Mama Lisa" Wood, Prez Steven Yee



Vermont City Marathon



Vermont City Marathon (5/26): Tracy Alexander, Keith Almeida, Paul "Bronx Boy" Arroyo, Suzanne Bansley, Barco, Juliene Bell-Smith, Wendy Blauman, Diane "Bolt'in to the airport" Bolton, Alex Braun, Edward Broadnax, Lois Broussard, Daniel T Brown, Mike Chewar, Joy Pineda, Charlotte "costume chic" Corriher, Lynne "Marathon Mimi" Damron, Carol "Ponytail" Earles, Karen Faber, "Marky Mark" Fetters, Sarah Greene, Suzanne Gruendling, Matthew Hamidullah, Mary Harvey, Kerri Haskins, Danielle "T-Rex Runner" Hastings, Talisa Hayes, David Holmen, "Shamrock Sandy" Hugill, Adam Irvin, Rohini Jella, Julia Khvasechko, Karen King, Hideki "Kino" Kinoshita, James Klarich, Beth Knox, Dagmar Knudsen, Gordon Kratz, Sheila "kyndanutz" Lawless-Burke, Jennifer Lawrence, Steven "Thunder" Lee, Kristin Lundy, Suzanne Marchesano, Howard Mayes, Karen Mayes, Denis McCarthy, Peppermint Peggy McKean, Tom Minichiello, Diane Montgomery, Maureen Neumann, Tracey (from NJ) Newenhouse, Shawn "Cupcake Queen" Newton, Janice Parker, Sarah Parrish, Jenn "CrazyRunner" Pellegrino, "Downhill Dave" Poglitsch, Pascal Radley, Cade Remsburg, Sherry Ricker, Sutah "run the beach" Robins, Tim Sandor, Jr "The Saint" Santa Teresa, Alice Schneider, Kelli Schoenthaler, Lori Schwartz, Mike Schwartz, Helen Soto, Chad Spilman, Adrian Telling, Annette Tomal, Sara Turner, Michelle "Mom o' 6" Walker, Halbert, Nicole Wilson, David Wingard, Brian Wright, Melinda Yanuaria



Ogden Marathon

Ogden Marathon (5/18): Kelly "Lace_Up" Agnew, Matt Antinossi, Adrian Call, Teota Coppock, Jerilee Erickson, Galen Garrison, Marci Jenks, Steve Kissell, Kory Koontz, Bill Mandler, Sue "Italian Stallion" Mantyla, Donna Palmer, Amy Pannell, Carolyn Parker, Heather Ramsdell, Rian Rosenthal, Susan Roundy, Amanda Steichen, Jason Steichen, Angie Whitworth Pace

Angie Whitworth Pace

Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMUpgrade>

- **Titanium (10 star) Maniac:** Halbert Walston, Ruth Walsh, Edward Broadnax, Julie Weiss
- **Platinum (8 star) Maniac:** Kerri Haskins, Ken Fattmann
- **Palladium (7 star) Maniac:** None
- **Osmium (6 star) Maniac:** Walter Evans, Jim Roche
- **Ruthenium (5 star) Maniac:** Abbi-Normal, Ashley Grasty , emily, Charlotte Corriher , Cara Stephens, Michael Roberts, Ted Hobart, Charli Long, Sheila Lewis
- **Iridium (4 star) Maniac:** Janice Rumph, Chris Bellevie, Elizabeth Hermans, Sarah Greene, Annette French Bearden , Eddy Saldana, Dave Martinez, Jack Lee, Rossana Zemek , Chris Myers, Claude Kansaku, Nathan Adams, Liz Santos, Nilda Birch
- **Gold (3 star) Maniac:** Judy Fisher
- **Silver (2 star) Maniac:** Talisa Hayes, Bridget temple, Tracy Reganall-Osmond, Susan Roundy, Mahlon Chute, Talisa Hayes
- **100 Marathons:** Melissa Williams, JC Santa Teresa, Jane Sturzaker, Maricar Acab Korff, David Holmen (100th marathon sub-3:30)
- **200 Marathons:** Diane Bolton
- **300 Marathons:** Chuck Struckness

New Titanium Maniacs!!

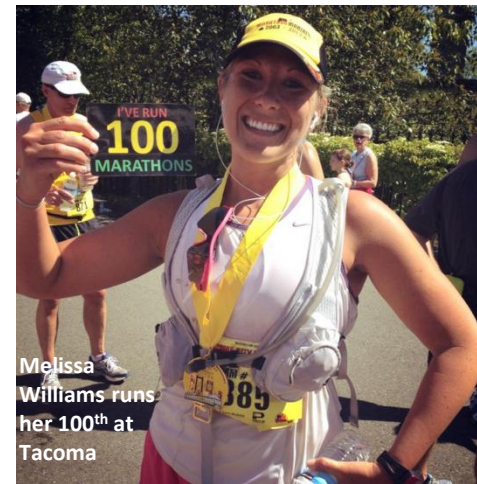


Halbert Walston

Ruth Walsh

Edward Broadnax

Julie Weiss



Melissa Williams runs her 100th at Tacoma



Clyde Shank runs his 100th marathon!



JC Santa Teresa runs his 100th at Tacoma



Maricar Acab Korff runs her 100th at Vermont City



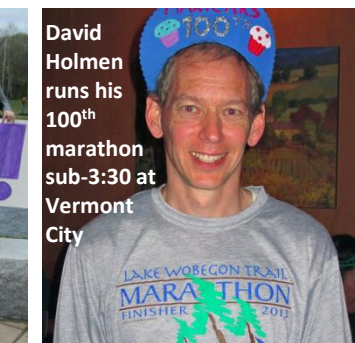
Jane Sturzaker becomes the third Australian woman to run 100 marathons!



Chuck Struckness ran his 300th marathon!



Daine Bolton runs her 200th marathon



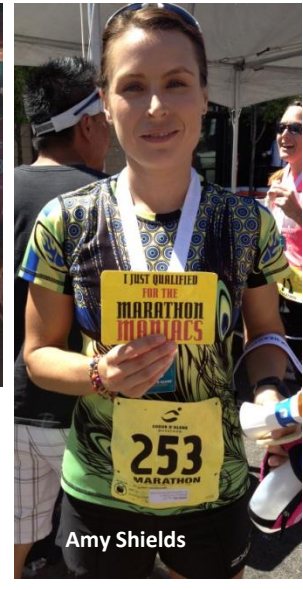
David Holmen runs his 100th marathon sub-3:30 at Vermont City



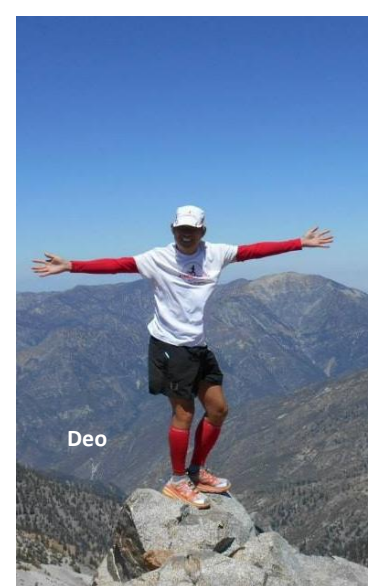
Bachman Memorial Day marathon



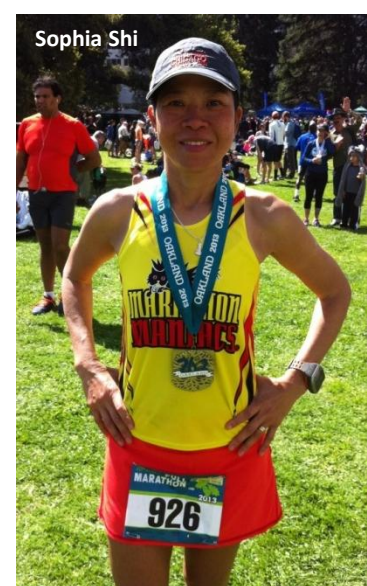
Jim's Goose Chase Marathon



Amy Shields



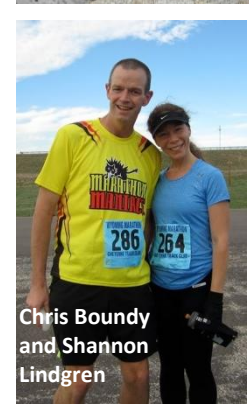
Deo



Sophia Shi



Tony Phillippi



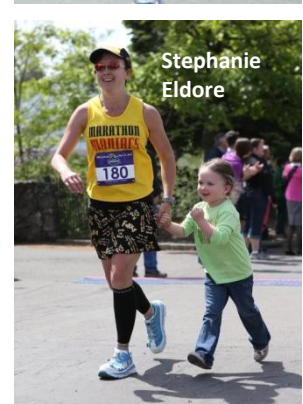
Chris Boundy and Shannon Lindgren



Soaring Eagle Marathon



Nicole Wislon



Stephanie Eldore



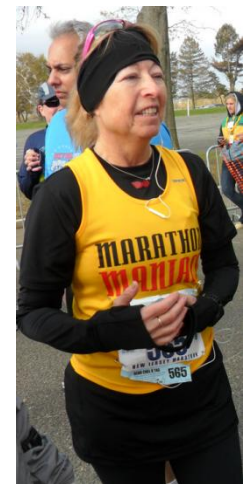
Christina Bruce (#322) ran in the 2013 NAIA Marathon National Championship for the University of Great Falls.

She finished 26th and ran a Personal record of 3:21:04.

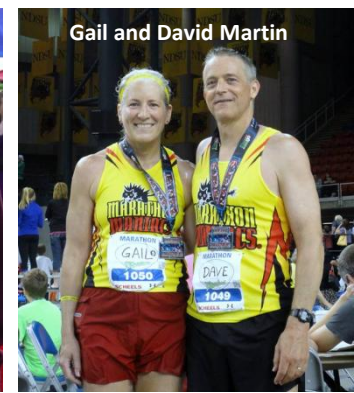




Amanda Sanders



Michelle Robinson



Gail and David Martin

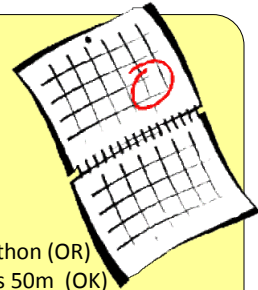


Zach Zimmerman



What's Coming Up In June/July

Marathon/Ultra Calendar between June 21-July 13



Friday, June 21

Summer SolstASS (WA)
Summer Solstice 6h (TX)
I Ran Summer Day Cinco (3 day event)(TX)

Saturday, June 22

Angel Fire Endurance Run(NM)
Bad Marsh Night Ultra (SC)
Big Five Marathon (ZAF)
CAR Kickin off the Summer (CA)
Charlevoix Marathon (MI)
Dizzy GOAT 12h/6h (NE)
Eastern Divide 50k (VA)
Grandma's Marathon (MN)
ITR Marin Ultra Challenge (CA)
Mayor's Marathon (AK)
Midnight Sun Marathon (NOR)
Niagara 50k/26.2 (ON)
Old Gabe 50k (MT)
Rock N Roll Seattle (WA)
Run4Troops Marathon (IA)
Tejas Trails Captn Karls Pedernales Falls 60k (TX)
The Wall Ultra Run 69m (GBR)
Trail Rail Run 50m/50k (MT)
XTERRA Big Elk Marathon (MD)

Sunday, June 23

Banff Marathon (AB)
Bay of Fundy Marathon (ME)
Bellevue Ghost Marathon (WA)
CAR Rock the Canyon (CA)
Ironman Coeur d'Alene (ID)
Kona Marathon (HI)
Maritime Marathon (WI)
Mount Royal Summit Quest 100k/50k (QC)
NWTR Rattlesnake Ridge Trail Run (WA)
Run Like the Wind Marathon (WA)
Wellington Marathon (NZL)

Friday, June 28

I Ran Goodbye June (TX)
CAR Summer Seven (7 day series)(CA)

Saturday, June 29

24 Hours at Sunset (IN)
Black Hills 100m/100k/50m (SD)
Calico Running with the Devil 50m/26.2 (NV)
Dawg Gone Long Run 50m (OH)
Evergreen Taylor Mountain 50k/26.2 (WA)
GBRC 8h/6h (WI)
Great New York 100 Mile Running
Exposition(NY)
Leadville Trail Marathon (CO)
Logan Peak Trail Run 28m (UT)
North Fork 50m/50k (CO)
Pacific Crest Marathon (OR)
Scorched Sole 100k/50k (BC)
Silverton 24h/12h/6h (CO)
Western States Endurance Run (CA)

Sunday, June 30

KL Marathon (MYS)
Mt Kilimanjaro Marathon (TZA)
North Devon Marathon (GBR)

Tuesday, July 2

I Ran Independent Seven (7 day series)(TX)

Wednesday, July 3

Northwest Passage 50k/26.2 (NU)

Thursday, July 4

Foot Traffic Flat Marathon (OR)

Friday, July 5

Summerlake Loopy Marathon (OR)
TATUR Midnight Madness 50m (OK)

Saturday, July 6

Afton Trail Run (MN)
Brazen Dirty Dozen and Half Dozen 12h/6h (CA)
Finger Lakes Fifties 50m/50k (NY)
Freedom Marathon (OR)
Hatcher Pass Marathon (AK)
Joseph Smith Memorial Marathon (VT)
Merrill's Mile 24h/12h (GA)
Mt Misery 57m (WA)
Powderface42 (AB)
Trail du Tombeau du Chevalier 55k (BEL)

Sunday, July 7

Mad Marathon (VT)
Maratona do Rio de Janeiro (BRA)
Stars and Stripes Marathon (OR)

Friday, July 12

Blue Blazes 50k (OH)

Saturday, July 13

Blue Blazes 50m (OH)
CAR Welcome Back Friends (CA)
Cuyamaca 3 Peaks (CA)
Dances With Dirt - Devils Lake 50m/50k/26.2 (WI)
Grandfather Mountain Marathon (NC)
Knee Knacking North Shore Trail Run 30m (BC)
Let's Climb a Mountain 34.3m (WA)
Make it by Midnight Marathon (GA)
McCall Trail Running Classic 40m (ID)
Mt Hood 50 (OR)
Psycho Psummer 50k (KS)
Tejas Trails Captn Karls Mule Shoe Bend 60k (TX)
Waugoshance Trail Marathon (MI)

Potomac River Marathon



Red Island Marathon



New Maniacs in May 2013



Tuedon Morgan (#7044)
 Philip Campa (#7045)
 Robb Urbaniak (#7046)
 Gene Dykes (#7047)
 Bonnie Grey (#7048)
 Ken Neely (#7049)
 Michael Beasley (#7050)
 Scott Marsh (#7051)
 Olga Nevtrinos (#7052)
 Dave Greer (#7053)
 Karen Greer (#7054)
 Deborah Lazerson (#7055)
 Grant Berthiaume (#7056)
 Bertton Keith (#7057)
 Victoria Upchurch (#7058)
 Laurie Mitchell (#7059)
 John Somerindyke (#7060)
 Aaron Roux (#7061)
 Andrea Pearson (#7062)
 Mari Garner (#7063)
 Krissteen Beard (#7064)
 Laura Boyd (#7065)
 Joseph Boyd (#7066)
 Kathy Kanak (#7067)
 Randall (Randy) Ward (#7068)
 Cathy Woodward Gill (#7069)
 Dana Hendry (#7070)
 Rebecca Law (#7071)
 Shannon "Raggedy Angst" Perry (#7072)
 Johanna Harper (#7073)
 Ana Trujillo (#7074)
 Amanda Runnion (#7075)
 Michael A. Smith (#7076)
 Danielle Ross (#7077)
 Dayton Leong (#7078)
 Jess Glass (#7079)
 Billy Williams (#7080)
 Sandro Marusic (#7081)
 Tracy Sample (#7082)
 Dawn Sullivan (#7083)
 My-Angela Buescher (#7084)
 Anita Halvorson (#7085)
 Von Reagan (#7086)
 Mikala Shremshock (#7087)
 Ken Ossinger (#7088)
 Elaine Hassan (#7089)
 Rosalind La Pratt (#7090)
 Jody Stanley (#7091)

SJ Taylor (#7092)
 Paul Huffman (#7093)
 Mike Rumer (#7094)
 Ali Kabbani (#7095)
 Mark Regensburger (#7096)
 Michelle Thompson (#7097)
 Brian Tolin (#7098)
 Michelle Robinson (#7099)
 Reggie Thomas (#7100)
 Jackie Todd (#7101)
 Jon Williams (#7102)
 Brent Shirley (#7103)
 Christine Forrest (#7104)
 Fred Ruckert (#7105)
 Jonathon Golden (#7106)
 Jennifer Borton (#7107)
 Scott Calhoun (#7108)
 Cara Best (#7109)
 Amy Wenger (#7110)
 Glen Marumoto (#7111)
 May Wu (#7112)
 Collin McMullen (#7113)
 Laura Bailey (#7114)
 Raymond Pearce (#7115)
 Rob Ryan (#7116)
 Lesli Guthrie (#7117)
 Brett Nguyen (#7118)
 Michael Kriston (#7119)
 Nicholas Wright (#7120)
 Gilbert Gatpandan (#7121)
 Mary Combs (#7122)
 Karen Kedianis (#7123)
 William DuBois (#7124)
 Gladys Najar (#7125)
 Lisa Chamberlain (#7126)
 Arvel Shults (#7127)
 Chris Reesh (#7128)
 Malissia Zapata (#7129)
 Melanie Humphrey (#7130)
 Karen Brandt (#7131)
 Suzette Smith (#7132)
 Anthony Ventimiglia (#7133)
 Regine Sediva (#7134)
 Rosemary Close (#7135)
 Amy Lombard (#7136)
 Steve Watson (#7137)
 Roadkill Bill Dolton (#7138)
 Robert Speck (#7139)
 Virginia Rosales (#7140)
 Keith Sullivan (#7141)
 Karen Gaskill (#7142)
 Amy Hilty (#7143)
 Cortney Harding (#7144)
 Carmen Hernandez (#7145)
 Evangeline Townley (#7146)
 James Weagley (#7147)

Kate Bernier (#7148)
 Leopoldo Rosales (#7149)
 Jim Berger (#7150)
 Marvin Tabangay (#7151)
 Kristy @ PghRunner.com (#7152)
 Stephen Bartos (#7153)
 Derrick Mason (#7154)
 Kevin "T-Rex" Theisen (#7155)
 Katherine Macleod (#7156)
 Michael Maillis (#7157)
 John Canterbury (#7158)
 Caroline Green (#7159)
 Elizabeth Dixon (#7160)
 Azadeh smeltzer Azad (#7161)
 Harlina Mohamed (#7162)
 Chris Taylor 2 (#7163)
 Janice Karosas (#7164)
 Dave Jones (#7165)
 Beth Holbrook (#7166)
 Holly Bollenbacher (#7167)
 Zach Zimmerman (#7168)
 Glenn Amante (#7169)
 Christy Hammond (#7170)
 Wesley Hollero (#7171)
 Ben Slabaugh (#7172)
 Christina Kasprzyk (#7173)
 Liz Goff (#7174)
 Sheryl Cox (#7175)
 Keith Hudson (#7176)
 Jill Blewett (#7177)
 Shawn Johnson (#7178)
 Tina Ross (#7179)
 German Rangel (#7180)
 Ruthanne Genco (#7181)
 E-Boogie (#7182)
 Christina Man (#7183)
 Daron Wong (#7184)
 John Rivera (#7185)
 Seth Kutikoff (#7186)
 Bob Rutledge (#7187)
 Brynna Schelbar (#7188)
 Christopher Culpepper (#7189)
 Brian Joy (#7190)
 Shatora Thomas (#7191)
 Shawn Ware (#7192)
 Michelle Foster (#7193)
 Jerry Stromme (#7194)
 Mark Chatel (#7195)
 Michael Mutch (#7196)
 Jim Greenlee (#7197)
 Angelina Yanez (#7198)
 Ernst Steffen (#7199)
 Rick Haviland (#7200)
 Pete Bysura (#7201)
 Kelly Mullady (#7202)
 Jeff Bureson (#7203)

Jane Bureson (#7204)
 Jeff Koranda (#7205)
 Shawn Dove (#7206)
 Page Greenberg (#7207)
 Daniel Guzman (#7208)
 Elizabeth Bonin-Guzman (#7209)
 Kevin O'Connor (#7210)
 Melanie Monnie (#7211)
 Pauline Imbruglia (#7212)
 James Schumacher (#7213)
 Amanda Hoskins (#7214)
 Earle Oda (#7215)
 Gary Packard (#7216)
 Cassie Tomlinson (#7217)
 Tina Hogeman (#7218)
 Justin Canales (#7219)
 Brandess Wallace (#7220)
 Ester Devora Calacat (#7221)
 Ralph Bacolod (#7222)
 Sarah Gentelin (#7223)
 Devon Rachael Merrick (#7224)
 Leigh Walters (#7225)
 Ron Boster (#7226)
 John Di Bratto (#7227)
 Yvette Powell (#7228)
 Yvonne Gogolen (#7229)
 Lisa Dixon (#7230)
 Mary Albrecht (#7231)
 Clare Nance (#7232)
 Norman Duesterhoeft (#7233)
 Kraig Chambers (#7234)
 Norma Edge (#7235)
 Gary Mink (#7236)
 Patrick Myers (#7237)
 David Saperstein (#7238)
 Jen Barker (#7239)
 Alison Riley (#7240)
 Amy Shields (#7241)
 Ashley Honeywell (#7242)
 Susana Reyes (#7243)
 Darch Osborne (#7244)
 Katy Meagher (#7245)
 Hai Nguyen (#7246)
 Kirstie Burns (#7247)
 Alexandra Wood (#7248)
 Justin Wood (#7249)
 Daryle Lamoureux (#7250)
 Mark Lindsley (#7251)
 Alex Fox (#7252)
 Jenna Moyle (#7253)
 Lisa Georgis (#7254)
 Joe Dumas (#7255)

NEW MANIACS!

Please welcome out newest members.



Mari Garner (#7063)



Amanda Runnion (#7075)



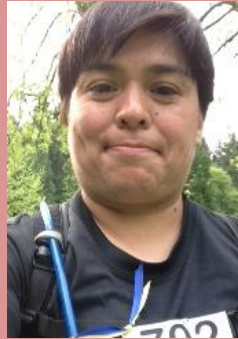
Reggie Thomas (#7100)



Collin McMullen (#7113)



Bill Dolton (#7138)



Carmen Hernandez (#7145)



Chris Taylor (#7163)



Christy Hammond (#7170)



E-Boogie (#7182)



Shawn Ware (#7192)



Earle Oda (#7215)



Cathy Fowler, Vickey Baker, Steven Yee



209

246



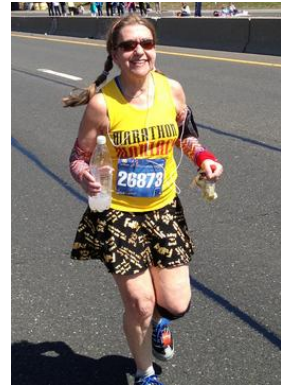
Salzburg Marathon

878

610

528

808



26879



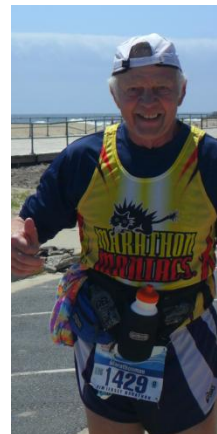
Ian Cockburn



Amiee Shuey and Ashley Grasty



Nancy Wentink



1429



Vickey Baker, Cathy Fowler, Nancy Patrick, Amy Lombard



Ian Cockburn



Damaris Rosich-Schwartz



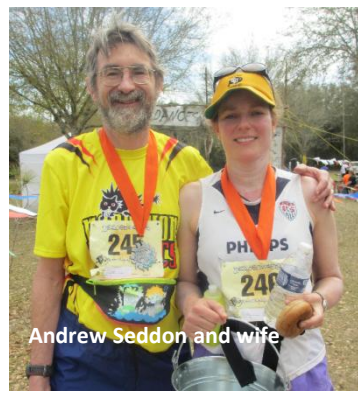
Sugarloaf Marathon



Andrea Amend



Jeff Bockhorn, Jane Lanfor



Andrew Seddon and wife



Juergen Englerth, Linda Major, Carol Paul, David Major



Scott VanLoo



Erica D. Sanders-Hurs



Fran Austero-Macavinta, Steve Walters and Nilda Sergio Birch

FROM THE EDITOR...

Tacoma City was clearly the big event in the month of May. We had nearly 500 Maniacs who ran in Tacoma to celebrate the 10 year anniversary of the Maniacs. We also had other great races including Vermont City, Fargo, Pigtails, Providence, Delaware, Coeur d'Alene. I hope everyone has had a good Spring running season thus far. Summer is almost here.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts that have a ** in front of the race name and don't forget about the Maniac discounts at Running Skirts www.runningskirts.com ; The Running Warehouse www.runningwarehouse.com for all your non-Maniac branded apparel and shoe needs; and at TRY Chips www.trychips.com for your healthy snacking needs.

- Charlevoix Marathon (MI) 6/22/13: <http://charlevoixmarathon.com>
- Kona Marathon (HI) 6/23/13: www.konamarathon.com
- Foot Traffic Flat Marathon (OR) 7/4/13: www.foottraffic.us/flat
- Summerlake Loopy Marathon (OR) 7/5/13: www.summerlakeloopymarathon.com
- Freedom Marathon (OR) 7/6/13: www.freedom-marathon.com
- Stars and Stripes Marathon (OR) 7/7/13: www.starsandstripesmarathon.com
- Mad Marathon (VT) 7/7/13: www.madmarathon.com
- Blue Blazes Ultra (OH) 7/12-14/2013: www.blueblazesultra.com
- Make It By Midnight (GA) 7/13/13: <http://racerpal.com/races/MIBM.html>
- Morgan Valley Marathon (UT) 7/27/13: www.morganmarathon.com
- Moose's Tooth Marathon (AK) 8/18/13: www.bigwildliferuns.org
- Sunriver Marathon for a Cause (OR) 9/1/13: <http://sunrivermarathon.com>
- Sioux Falls Marathon (SD) 9/8/13: www.siouxfallsmarathonhalfmarathon.com
- Center of Nation Series (SD, ND, MT, WY, NE) 9/16-20/13: http://mainlymarathons.com/center_series
- Fox Cities Marathon (WI) 9/22/13: www.foxcitiesmarathon.org
- **Omaha Marathon 9/22/13: <http://omahamarathon.com>
- New Hampshire Marathon 10/5/13: www.nhmarathon.com
- Triple Lakes Trail Marathon (NC) 10/5/13: <http://triplelakesrace.com>
- Hartford ING Marathon (CT) 10/12/13: www.hartfordmarathon.com
- **Poulsbo Marathon (WA) 10/13/13: www.poulsbomarathon.com
- UnitedHealthcare Newport Marathon (RI) 10/13/13: <http://uhcmarathon.com>
- **Indianapolis Marathon 10/19/13: www.indianapolismarathon.com
- 7 Bridges Marathon (TN) 10/20/13: <http://sevenbridgesmarathon.com>
- Des Moines Marathon (IA) 10/20/13: www.desmoinesmarathon.com
- Fort Myers Beach Marathon (FL) 11/10/13: www.fortmyersmarathon.com
- Space Coast Marathon (FL) 12/1/13: www.spacecoastmarathon.com
- **Mississippi Blues Marathon 1/11/14: www.msbluesmarathon.com
- Celebration Marathon (FL) 1/26/14: www.celebrationmarathon.com
- **Miracle Match Marathon (TX) 1/26/14: <http://miraclematchmarathon.org>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: jeff@marathonmaniacs.com



**PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!**

**A REMINDER IS SENT WITH THE MONTHLY E-FLASH
AND SOME OF YOU ARE OVERDUE!!**

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV

Hulloooo, Mr. Prez, Chris and Tony!
Happy Tenth Anniversary!



So some people are getting all excited about you and me being friends for 10 years...
Imagine that. I just figured we'd marathon together for another 60 or 70 years, you know, catch up to
Korecki, and THEN reflect.
But people are waxing all sorts of nostalgic already. So let's see what has happened so far.

In the ten years since you three sat around after a race in a well-lit establishment (I've got your back here, fellas) and concocted the ideas that became the
MarathonManiacs, thousands of lives have been brightened. Doctors, physical therapists, pharmacists. This is fantastic, really. Motivating people to live healthier lives, be
active, and drink water drawn from garbage barrels. Wonderful stuff.

Running one marathon is pretty neat. Running a dozen is very impressive, surely. But you Seattle people think nothing of running 30, or 50, or 75, and in one life-
time! Perhaps if the Mariners or Seahawks could provide a little distraction some year... .

Running over 100? Did you know that brought a Canadian down from the cold to collect interviews of such people? Universities have whole departments that do this.
They call it "research." Winds up in journals; down the road, in textbooks. Then other people study the findings. (A good read it is too, Malcolm Andersen's The
Messengers, wherever textbooks are sold.) You are an *anomaly*.

I know, I know. It is hard to kick a habit. But do try a baseball game some time. Take in the aroma of the hot dogs and French fries. You haven't had fries in a while? I
know. You really are ...not typical.

So ten years have changed us all, Yee. Oh, you don't look any older, congrats for that. And some of you are faster. That Chris (#2) is faster, right? That might not be fair
though: his legs got longer. Growth spurt at 45, I'm sure of it. I mean, look at him.

And Emma Riconda, in her fift... thirties, is setting PR's she didn't imagine even 5 years ago. Who says you can't teach an...whoopsies, be sure to watch your clichés
there, Prez. But I do think her improvement is surely due to my e-mailing her "Rev's Irrefutable Running Tips". She thinks it's her practicing. Aww, let her believe that.

I am sad to report a bit of reality. Over ten years, some others of us have slowed down a little. I
wouldn't know personally, but I have heard that slowing down is an issue if you start from the back of the
corrals, and by the time you get to it, the race organizers have begun dismantling the starting line.

But we have learned new tricks. Tony used cross-training to add entering Ironman events to his
resume! Pretty cool! And he totally stole that last scene in the movie from Robert Downey! Tony was third
robot from the left, red armor.

We are all different, out there for different reasons, some to improve time, some to gain endurance,
others to enjoy the bagels. But everybody likes the shared fun. Clearly that's the thing. Why else would we
have a status level called "Iridium"? That's just fun to say. And the collapsing at the end in a successful heap
of tears, joy, and ice baths? Priceless.

People have set and reached *startling* goals. One of your Titaniums (10 stars), Diana Robinson, just
earned her 10 moons with the Half-Marathon Fanatics! Now, I'm a pure MarathonManiac, Prez, unfamiliar
with Fanaticism, so tell me, if you win ten moons, does that make her perhaps a Crateranium? How about a
Perkyfillium? I think she's more like a Perkyfillium.

These startling goals simply are not, *cannot* be comprehended by our other friends. Relatives just smirk. The "helpful" ones intone, "Maybe your body is trying to tell
you something when it hurts." They don't understand. The body succeeds just fine in the telling. It's the brain that is having its troubles.

Even my jaw dropped, admittedly, when I first read your criterion for ten stars: 52 marathons in a year. What, on crutches? Dear Reader: Don't doubt Rev. It's been
done.

I remain appoplectic at one of your Hall of Fame's requirements: the "99 100-mile runs" one. You are imaginative, you three, but I'll bet you are glad now that I nixed
that whole "followed by Raking Leaves" clause.

You have prompted so many people to run more. Elsewhere, people are rightly inspired by running stories
of the injured, the blind, and so on, people overcoming their obstacles. What is differently fascinating here is
the breadth of how many generally healthy people have been re-energized because of your sense of what is
fun. Less "newsworthy" perhaps, but the impact is enormous and wide... all because of the best "three guys in
a bar..." story I know.

In ten years we have met so many nice people because of this. We can name scores, thousands even.
Some really great people. For example, Wellesley girls. (Prez! They had signs begging me to kiss them because
they were Irish, Texans, Geeks, Sophomores, Poetry Majors, all sorts of important reasons. I thought we *had*
to!)

I remember when people wanted to get a membership number with just two digits to be cool. Now that
was just silly. It's the name, *MarathonManiacs*, and the affiliation, that's what's *cooooool*. We can swap recovery
tips with like-minded creatures. Or go to a mega-races, and find friends in a crowd...one of the first times I met
you three was at the fort in New York...

*(Don't tell anyone Prez, but I love being # 48. In mid-race, I see Maniacs and ask, "hey what's your number?" And they say 3,245!, and I say "Welcome aboard!" and
then wait for them to ask back. If they do, I say "Forty-eight," in my James Bondiest tone, knowing full well the woman ones will just swoooooon.)*

In ten years, new events were created, giving folks more opportunities to compete in faraway, middle-of-nowhere places where no one has gone before: Western
Canada, Australia, Oregon... .

Sometimes, well, once anyway, we even marry them off to each other. She was spectacular, he managed the half, that's you in the background Prez, and the wedding,
supposed to start 5 hours after the start of the marathon, started 5:30 after, because, well, instead of the usual waiting for the bride, the particular circumstances of the day
necessitated waiting for the minister...





Elsewhere, people get spray-painted while they run. How ridiculous. Maniac RD's far more insightfully make people eat Twinkies and bob for apples. Much better. Or, we challenge them to ambulate for a couple of days in a row, yes, Ms. Phan? Except Mr. Macon keeps saying "Sure!"

You Wisemen may not be directly responsible for all of these permutations, but you are convictable as accomplices.

I do miss the early days' Maniac Interview though, which all new members filled out and posted, when we were getting just a handful of new members per month. But it did lead to an awkwardly hysterical moment once. One question was: "What one race would you never run again?" I replied: "I didn't run this one, but it is the right answer. People paid thousands to get on a small ship, and sail to Antarctica for the Antarctica Marathon. When they got there, the race had to be cancelled, for the weather was prohibitive. (Imagine the surprise.) So they ran a couple of hundred circles around the deck of the ship. Now, I didn't do that race, but if I had, I wouldn't do it again." Well, I always liked that story. Wandering through the NYC Marathon Expo one year, I came upon "Marathon Tours", advertising a variety of destination marathons, including Antarctica. Naturally (uh oh), I thought I'd tell the vendor standing there the above story, with a chuckle. He...didn't quite chuckle. What he said was, "I was the Race Director for that event."

So we have grown over the ten years, from tens to thousands! But you three are maniacal in more than just running. On top of occupations and managing this mega-sized-club, you—remarkably-- launched *another* club: the blue-shirted Half Fanatics. Half the distance, twice the people. Well played, Gentlemen, well played!

{ A politically incorrect interruption here, Mr. Yee, from my loyal side: "Really? A club of Halfers? Ha! They don't know the half of it until they meet Mr. Wall! No Sirree, there has never been, and never will be, a book or a successful Google search on the "Half-a- Wall"! If anyone tries to tell you, "A half-marathon is like a marathon", you just tell them they rode Tilt-a-Whirl one too many times as a kid. }

(... Hey, Prez, who hacked into my letter? I applaud everybody! It's fantastic that Half-Fanatics have a club! Really! I've been hacked, I tell ya, hacked!)

From the get-go, your original ideas were brilliant. It was genius to keep this simple: number of marathons completed, and numbers of ultras completed. Bingo. The club is for fun.

These events have fascinated us for a decade, and humankind for a century, and will fascinate us for a lifetime more. Due to our myriad combinations of age, health, and abilities that we collectively bring to the tasks, the commonality of finishing is, alone, definitive enough. One's times matter, sure, but as a point of entertainment, progress and running-speed prowess perhaps, but not of character. You got it right.

Ahh, Prez, ten years, schmen years. That's only 1.6 years in dog years, Mr. Yee. Spectators just don't understand the joy you've sparked and the fun we're having when they holler "you're almost there!" Nah! Thank goodness, every day we are given together, we've got a good long run left.

Thanks for encouraging us, Gentlemen. Thank you very much. And Happy Anniversary!



Luvya,
Rev

dgkienz@yahoo.com

