



MARATHON MANIACS

MAY 2014 NEWSLETTER

Volume 11, Number 5

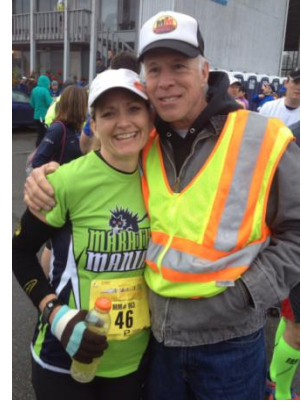
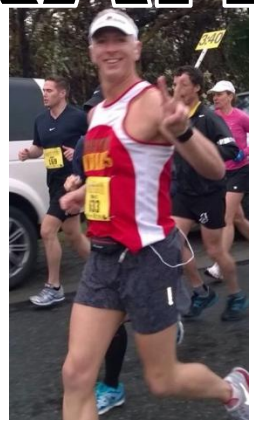
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TACOMA CITY MARATHON



Tacoma City Marathon (5/4): Maniac #200, Wendy (Stensen) Hawthorne, John Anderson, Jenny Appel, Chad Appleton, Eve Barrett, Wendy Beck, John Bennett, Rikki "Bobbie" Bogue, Ken Briggs, Geb Brown, Georgia Bunko, Megan Burger, Carol Campbell, Heidi C, Mark Chatel, Diana Cohen, Tabatha Collins, Deidre "Turtle fast" Connor, Ruben Contreras, Pedro Max, George Cornett, Tom "Drag-on" Craven, Mark Dahlby, Elizabeth Dixon, Ted Eckert, Dirty Dave, Sarah "Stumbling Goat" Englund, Deb Evdemon, Joel Fenlason, Steven Ferry, Ian Field, Trisha Fintel, Will 'CAK7' Flint, 'becca Flora, Linda Garbo, Dennis Gelvin, Greg Glockner, Georgeta (GG!) Gruescu, Tracey Guice, Rick "Roadkill" Haase, Stephan Halstead, Craig Hanela, Ric "the sweeper pacer" Hart, Carmen Hernandez, "Insane Jane", Amy Holt, Robert Jacobsen, Narongdej "Jay" Jaroensabphayanont, Brian Jennings, Eric Jensen, Alicia Johnson, Amy Johnson, Laura Johnson, Aleksander Jonca, Nick Karem, Lou Karl, Kim Kawada-Schauer, Running Rob Kay, James Klarich, Tory "Teechur" Klementsens, Dagmar Knudsen, Carol Krizman, Suzanne Kruse, Simon Kwok, Andy Lin, SRL, John Love, Roger MacMillan, Mike Mahanay, Jules Mann, Kelley Marcotte, Tiffany McEntire, Cyndie Merten, RunBarneyRun, Lisa Morin, Karey Mozer, Rylah Nevo, Kristina Newcomb, Thanh Nguyen, Wendy Noffke, Janice Northrup, Gary Otheim, Paco Pacheco, Rufus Park, Monte Pascual, Guru, Steven Payne, David Pearson, Kathy Peck, The Programmer, Eddie Big Dogg Perez, Rhonda Perozzo, Clea Peterson, Audrey Petterson, Leah Piper, Paul "The Brit" Piper, Jessica Placek, Jason Preszler, Mike Pruyne, Bruce Quam, Bill Ralph, Shannon Rich, Cliff "quack, quack" Richards, Valentine-John Ridaio, Crockpot, EatDrinkRunWoman, Paul "Progman2000" Rogers, Tom Rogers, Mark Ruter, Bob Rutledge, Mindy San Jule, Melinda Scharf, Joe Schrum (Just Joe), Shannon Schulz, Sabrina, Terry Sentinella, McGyver, Michael Shiach, Chris Smith, Benjamin Sommers, Chip Southern, "Marathon Diet", Peter Thielpole, Brian Starkey, David Stout, Rebecca Sudduth, Shawn Szoke, Chris Thielbar, Dawnell "Runny Runnerson" Tokarchuk, Jeannie Tsai, Jim Varner, Deneen Waddell, Steve "Marathon Freak" Walters, Robin Wendlandt, Nancy Wentink, Rita White, Joanne Willcox, Carole Williams, Tom "Tater" Williams, Debby Wilson, Brett "Go Broncos" Wittner, Lisa "Mama Lisa" Wood, Kimberley Worthen, Melody Wright, Jeff Yamada, Melinda Yanuarua, Prez Steven Yee, Kuanling Amy Yeh





Flying Pig Marathon

CINCINNATI
OHIO



Flying Pig Marathon (5/4): Carrie Alexander, Katie Allen, Steven Andersson, Stephanie "MM Diva #1" Arango, Matt Arrowood, Vickey Baker, Tara Beach, Erica Beermann, Sheila Beermann, Kate Bernier, Diana Bibeau, Vanessa Blevins, Cari Bode, Sally "me and my dad" Boles, Andy "Tambourine Man" Bowden, Mary Cate Brauchla, Mike Cannon, SomeKraigGuy, Elizabeth Cieplak, Cory "RecoveringCouchPotato" Claeys, Big Bad Jim Clouse, Mary Combs, John Connor, Allison Cullen, Patty Cyr, Scott "Medals4Mettle" Dahl, Mary Deane Davis, William Davis, Aprelle Deuell, Cheryl Dortch, Michael Dunn, Derek Eichelz, Kate Escott, Matthew Faske, Alex "SuperMex" Feria, Cj Follett, Cathy Fowler, Flower Lady Carol Goslin, Judy Graham-Garcia, Dennis Hafford, Johnye Harriman, Danielle "T-Rex Runner" Hastings, Kristen Fearless Healey, Donna Henry, Marc Hirschfield, Jeffrey Hollington, Diana Hughes, Jackie Hurley, madDOG, Angela Kasten, Zachary Knebel, Ashby Knox, Shirley Kramer, Duane Kroeger, Erick Kuhlmann, John Kent Leighton, Dennis "IBleedUnionBlue" Ley, Carissa Liebowitz, Lolita Lockett, Ed Loy, MM Diva #7, Paula Jean Lunt, Vincent Ma, Tim Mahler, John Mangahas, Angela Marchetti, Raymond Marier, Eileen Marks, Leigh Marsh, Sandee "Fiona" McMillen, Tiffany Miller, Cynthia Moore, John Moore, Kelly Munce, Julie Musselman, Murali Nannapaneni, Chris "O-Dog" Oppenlander, Sue Parks, Jenn "CrazyRunner" Pellegrino, Lynda Petri, Maria "Tiara Chick" Poranski, Patty Powell, Pascal Radley, "Jenster", Jennifer Rao, R. Alexander Rao, "Captain" Dan Ratliff, Tony Recker, Mark "Kiltman" Regensburger, Gwendolyn Rucker, Dan Ruiz, Rob Runkle, Erica D. Sanders-Hurst (E-Boogie), Melinda Scharf, Kate Scheff, Lisa Schneiders, Bill Schultheis, "Superman Steve" Schwalbach, Lori Schwartz, Mike Schwartz, Dan-O, Michael Shilling, Mary Signorelli, Brian Simpson 2, Franklin Smith, Justin Smith, Andrea Spohn, Aaron Stanley, Jody Stanley, Megan Sullivan, Ben Tam, Kathie Teuscher, Treva Thoms, John Torres, Callie Ullman, Anita Uyehara, Susan Vogt, Lori Wagner, Halbert, Larry Wasson, Jeff Weber, Kim Weddington, Bill Wells, Jim White, Joe White, Nicole White, Heath Williams, Brian Zamperini



Vancouver Marathon

VANCOUVER, BC (CANADA)



Vancouver Marathon (5/4): Tracy Abrom, Erin Alwon, Deanna B, Emma Black, Steve Brown, Aaron Buffington, Pat Cheung, Curtis Chong, Coach Bridgette Collins, Rick Cooney, Dan Cumming, Natalie Jo, Michael " Dikdok" Ellen, David England, Will 'CAK7' Flint, Rachel Fouladi, Lorinda Hagstrom, Paul Hoffmann, Carol Hughes, Susan "the Turtle" Hui, Nick Jankowski, Micaela Jensen, Tania Johnson, Gary "The Snail" Jones, #kinosfault, Sean Lavin, Jack Lee, Steven "Thunder" Lee, Samuel Louie, Jon "Coconutboy" Mahoney, Sherry "Coconutgirl" Mahoney, Tracy Marshall, Little Leslie, Caedmon Nash, Ken North, Andrew Raleigh, Candice Ridyard, Lorelei Sadowski, Russell Scott, Bill Sherman, Sakura Suzuki, Shana "Rustynail" Tolean, Timm "Doc" Vedder, Don Wright, Vincent Young

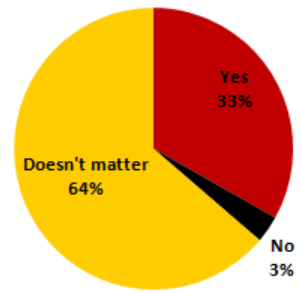


MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

This month's question: How many gels do you typically take during a marathon?

Please vote online between now and June 10: <http://tinyurl.com/MMpoll2014d>



Last month's question: Are you more likely to run a marathon that has a Maniac for a race director?

To most Maniacs it doesn't matter if the RD is a Maniac or not (64%). Thanks for voting!



Cade and Mitch

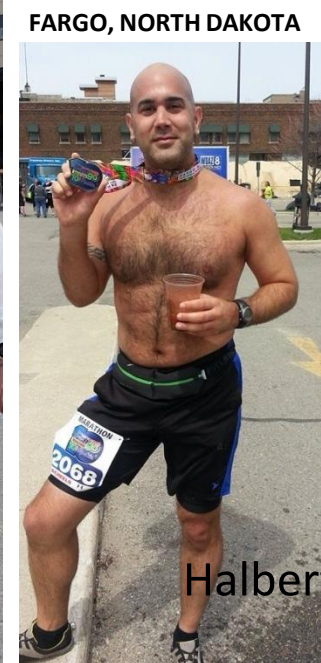
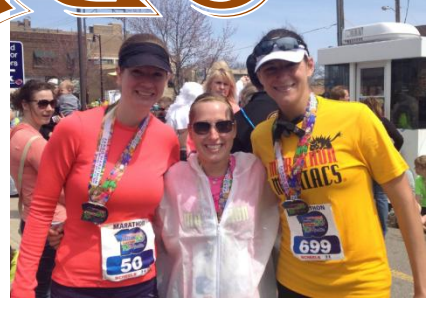


FARGO MARATHON

FARGO, NORTH DAKOTA



Walters



Halbert

Fargo Marathon (5/10): 107 Erik Anderberg, Karen Andersen, Glen Anderson, Holly Aulen, Todd Baxter, Kristen Bieling, Fernando Bosseloo, Andy "Tambourine Man" Bowden, Edward Broadnax, Daniel T Brown, My-Angela Buescher, Kathy Burkey, Kara Campbell, Bijou Chacko, Marathon Mitch, Pony Express, Lauren Cutsinger, Alexis Racewalker Davidson, Stephanie Dewald, Kip Eldridge, Renita Ellis, Seth Elsheimer, Steven Elster, Kevin Ely, Alicia MM Diva #3, Michael Fitzgerald, Deana Fowler, "Curious" George Fulp, Kristina Funseth, Marlin Gawith, Greg "Cardiac Kid" Goebel, Laura Gorycki, Paul Grinvalds, Kimberly Gudenkauf, "Formerly Fast Eddie", Sharon Harrow, Tina Hauser, Kristen Pearlless Healey, Joann Helmus, Wally Hernandez, Jennifer Hinton, Jim Higgins, Barb Hoffman, Hunter Jamerson, Russ "Imminent Catastrophe" Johnson, Pollyann Keller, Rebecca Kiefer, David Knapp, Paul Knellwolf, Melissa Kosteci, Steve Laine, Peter 'Elite Pete' Lantin, C. Kinnier Lastimoso, Michelle Leach, Mary Lenari, Sharon Linden, Julie Lindgren, Tessa Lucero, Vincent Ma, Nancy Marino, John "Die Hard" McClain, Michael P. Miller, Paul Milo, Angela Morris, Tim Mullican, Shawn "Cupcake Queen" Newton, Rachel Noah, Michael "cheetah" Nusblat, Jon O'Neil, Terry OToole, Lynn Palmer, Sanjay Pamurthy, Stephen Payne, Leah Pelfrey, Lynda Petri, Kelly Pfannenstiel, Leah Piper, Paul "The Brit" Piper, Cade Remsburg, Tony Ripberger, California Kim, Robert Schelske, Dan-O, Tana Setness Hoefs, Nancy Shell, Susan Siragusa, Evelyn Smith, Heather Sorenson, Chuck Struckness, Craig "Indiana" Thompson, Cindy Tolley, Cassie Tomlinson, Marc Tremblay, Su Gipson / Turner, Taya Upkes, Eddie "Barefoot Bandito" Vega, Michael Vetter, Jeff Vince, Steve "Marathon Freak" Walters, Charlie Weiland, Darwin "runninguy" Weimer, Terry "rocketgirl" Weimer, Bob Winandy, Melinda Yanuaria, Jonathan Young, Rob (Rocket Man-iac) Young, Heather Zeigler



Steve and the Robinsons



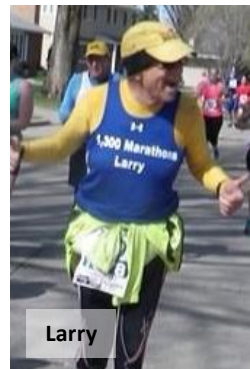
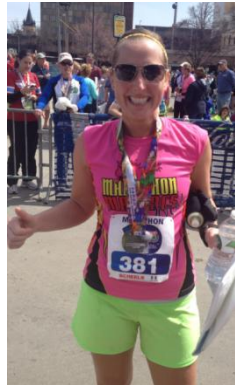
Heather and Eddie



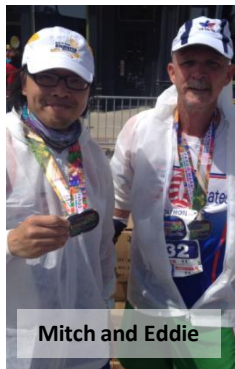
Charli Long



Nancy Marino's 100th Marathon



Larry



Mitch and Eddie



Marathon Maniacs running half marathons... YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 7000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com

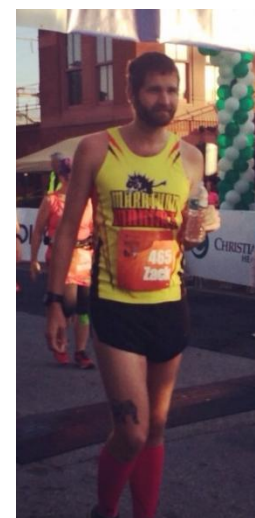


Half Fanatics at the Odyssey Half Marathon



Delaware Marathon

WILMINGTON, DELAWARE



Delaware Marathon (5/11): Mary Albrecht, Lori Alderman, Kate Bernier, Roy (Red Solo Cup) Blackburn, Chris Blumenthal, Danielle Borgo, Pete Bysura, Big Bad Jim Clouse, Berkley "Lee" Collins, Kathy Crawford, Kevin Croninger, Steve Dargitz, Susan De Frees, Rand Donaldson, Tee Everett, Faraz Farrokhi, Hammie Farrokhi, Jim "Superdawg" Fisher, Paul Fournier, Kathleen Gorman, Maggie "Maggatron" Guterl, Tricia Hadley, Michael Hammonds, Jack "JJ Mac" Heely, Kelly Hudick, Cathie "TuTu" Johnson, Troy "Love to Run" Johnson, Nick Karem, Howard L. Keener, Jr., #kinosfault, Ed Loy, MM Diva #7, Dotty Maddock, Bonnie Mattingly, Bill McLean, Barb Meinecke, "Phoolish" Phil Min, Jo Nall, Andy Naumann, Kimberly Oehrlein, Chris Orbach, Mary Papreck, Janice Parker, Zack Price, Cassie, Christopher Regan, Bethany Sanchez, Margaret Seymour, Sophia Shi, Ben Slabaugh, Michelle Smith, Kate Stoker, Angela Tortorice, Elizabeth Trask "50 for Billy", Eddie "Barefoot Bandito" Vega, Jeffrey "Wardium" Ward, Joseph Wills, Mary Ann Zemla



Bill Beardall



Mary Schumann



Henry Rueden



David Saperstein



Mary Bettelli and Danelle Del Rosario



HAPPY BIRTHDAY MANIACS!

On May 25th the Maniacs celebrated 11 years! It all started on May 25, 2003 in Coeur d'Alene, Idaho when the Main Maniacs (Steve Yee, Chris Warren and Tony Phillippi) came up with the idea of a running club focused on running marathons.



Now eleven years later, we care nearly 10,000 members strong proving that running a marathon can be more than just a once in a lifetime experience.

No matter what anyone says **"YOU CAN DO IT!"**

New England Challenge

Pine Tree Marathon (5/12: Portland, Maine)
 Granite State Marathon (5/13: Nashua, New Hampshire)
 Red Island Marathon (5/14: Warwick, Rhode Island)
 Nutmeg State Marathon (5/15: Hartford, Connecticut)
 Old Colony Marathon (5/16: Springfield, Massachusetts)



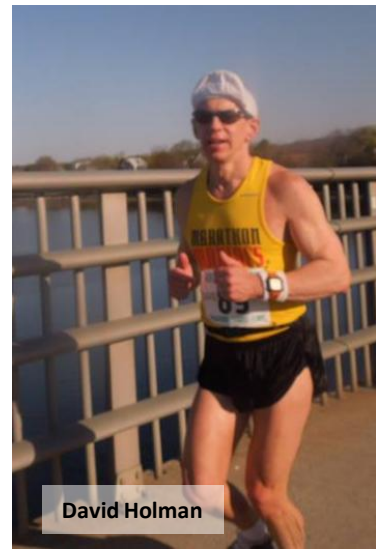
The Johnsons and Deb



Linda and Eddie



Jorge Garcia



David Holman

NEW ENGLAND CHALLENGE (5 Marathons in 5 States in 5 days)

Pine Tree: Vickey Baker, Bill Beardall, Joseph "OSO" Bearss, Ila Brandli, Kevin Brosi, Jane Burleson, Jeff Burleson, Emily Casola, Walter "Maniac Man" Evans, Ken "Calix's Dad" Fattmann, "Marky Mark" Fettaers, Jorge Garcia, Flower Lady Carol Goslin, Danny Hartley, Chuck Harvey, Jennifer Hatcher, David Holmen, Rich Holmes, David Ladner, Vincent Ma, Mathew Mapram, Suzanne Marchesano, Terri Menghini, Andrew Olsen, Eileen Pontaoe, Rolando Rivera, har, Jc "The Saint" Santa Teresa, Margaret Seymour, Clyde *the Glide* Shank, Bill Sherman, Breanna Waldrup, Marsha 'BookladyWalker' White, Li-Chym Wu

Granite State: Vickey Baker, Bill Beardall, Joseph "OSO" Bearss, Ila Brandli, Kevin Brosi, Jane Burleson, Jeff Burleson, Emily Casola, Jim Evans, Walter "Maniac Man" Evans, Ken "Calix's Dad" Fattmann, "Marky Mark" Fettaers, Paul Fournier, Jorge Garcia, Danny Hartley, Chuck Harvey, Jennifer Hatcher, David Holmen, Rich Holmes, Vincent Ma, Mathew Mapram, Suzanne Marchesano, Terri Menghini, Andrew Olsen, Eileen Pontaoe, Rolando Rivera, har, Jc "The Saint" Santa Teresa, Margaret Seymour, Clyde *the Glide* Shank, Bill Sherman, Ralph Suarez, Breanna Waldrup, Marsha 'BookladyWalker' White, Li-Chym Wu

Red Island: Ron Ayers, Vickey Baker, Bill Beardall, Joseph "OSO" Bearss, Ila Brandli, Kevin Brosi, Jane Burleson, Jeff Burleson, Emily Casola, DrTekemia Dorsey, Walter "Maniac Man" Evans, Ken "Calix's Dad" Fattmann, "Marky Mark" Fettaers, Jim "Superdawg" Fisher, Paul Fournier, Jorge Garcia, Danny Hartley, Chuck Harvey, Jennifer Hatcher, Gloria Hinton, David Holmen, Rich Holmes, Al Kohli, Sabra Kurth, Vincent Ma, Mathew Mapram, Kent Moore, Andrew Olsen, Eileen Pontaoe, David Rikke, Rolando Rivera, har, Jc "The Saint" Santa Teresa, Margaret Seymour, Clyde *the Glide* Shank, Scott "Running to Honor a Hero" Sunday, Eddie "Barefoot Bandito" Vega, Breanna Waldrup, Marsha 'BookladyWalker' White, Li-Chym Wu

Nutmeg State: Keith Almeida, Ron Ayers, Vickey Baker, Bill Beardall, Joseph "OSO" Bearss, Ila Brandli, Kevin Brosi, Jane Burleson, Jeff Burleson, Emily Casola, Laura Ceraolo, Jennifer Eloge, Walter "Maniac Man" Evans, Ken "Calix's Dad" Fattmann, Dave Feinstein, "Marky Mark" Fettaers, Jim "Superdawg" Fisher, Paul Fournier, Rick Franks, Jorge Garcia, Danny Hartley, Chuck Harvey, Jennifer Hatcher, Gloria Hinton, David Holmen, Rich Holmes, Mary Lenari, Vincent Ma, Mathew Mapram, Kenneth Massett, Kent Moore, Andrew Olsen, Nectarios Platsis, Eileen Pontaoe, Rolando Rivera, Robert Roach, har, Jc "The Saint" Santa Teresa, Margaret Seymour, Clyde *the Glide* Shank, Eddie "Barefoot Bandito" Vega, Breanna Waldrup, Li-Chym Wu

Old Colony: Ron Ayers, Vickey Baker, Bill Beardall, Joseph "OSO" Bearss, Ila Brandli, Kevin Brosi, Jane Burleson, Jeff Burleson, Emily Casola, Laura Ceraolo, Shalisa Davis, DrTekemia Dorsey, Jennifer Eloge, Walter "Maniac Man" Evans, Ken "Calix's Dad" Fattmann, "Marky Mark" Fettaers, Paul Fournier, Danny Hartley, Chuck Harvey, Jennifer Hatcher, David Holmen, Rich Holmes, Cathie "TuTu" Johnson, Troy "Love to Run" Johnson, Al Kohli, Sabra Kurth, Vincent Ma, Mathew Mapram, Denis McCarthy, Andrew Olsen, Eileen Pontaoe, Karen Redmond, Rolando Rivera, Robert Roach, har, Alice Schneider, Margaret Seymour, Clyde *the Glide* Shank, Eddie "Barefoot Bandito" Vega, Breanna Waldrup, Li-Chym Wu



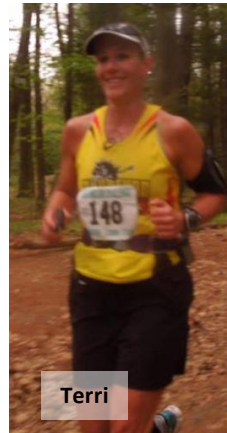
Henry



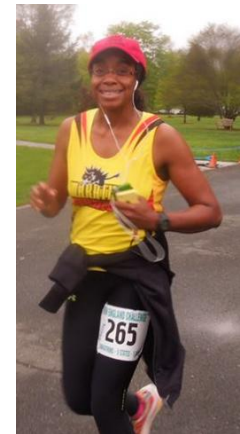
Larry



05/11



Terri



Rick Franks



Ken



Stacy Bolyard and Marathon Mitch



Kate Stoker



Larry Macon and Laura Schneider



Join the Maniacs on Social Networking!



FACEBOOK:

Marathon Maniac page: <http://www.facebook.com/pages/Marathon-Maniacs/144969288167>
Marathon Maniacs group: <http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

MY SPACE:

<http://www.myspace.com/marathonmaniacs>

LINKED IN:

<http://www.linkedin.com/e/vgh/1843119>

DAILY MILE:

<http://www.dailymile.com/groups/1403-marathon-maniacs>

Across all social networks use the hash tag:

#marathonmaniacs



Capitol City Marathon

OLYMPIA, WASHINGTON

Capital City Marathon (5/18): Jenny Appel, Margaret Barrett, Wendy Beck, Todd Bellamy, Deb Evdemon, Cj Follett, Ron Frederick, Andy Fritz, Clifford Gill, Margaret Gorog, Maverick, Kim Kawada-Schauer, Mel Kistler, James Klarich, PK, Sherry "Coconutgirl" Mahoney, Ned Newlin, Lara Owczarski, Monte Pascual, Guru, David Pearson, tony (tp!) phillippi, Lisa "Cupcake" Reid, Cliff "quack, quack" Richards, Mary "mph" Hanna Richards, Tom "H.D." Scott, Sabrina, Kirk Stafford, David Stout, Matt Stroshane, Marc Tremblay, CJ **Silverfox** Warren, Angela Wilder, Kimberley Worthen



Claudia



David



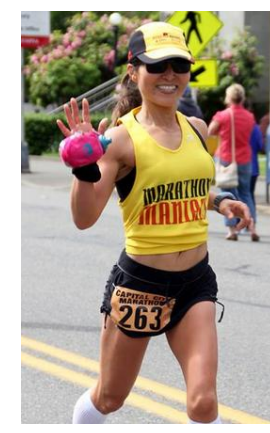
Tony!



Pedro



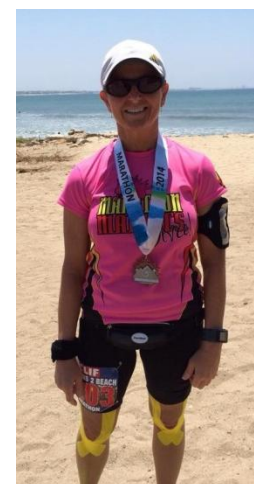
Patti



263



Gilberto Sosa



Sue O'Brien, Andrew O'Brien, Jane Sturzaker and Peter Marriott in Australia



Stephen Bolding



Chris Oppenlander





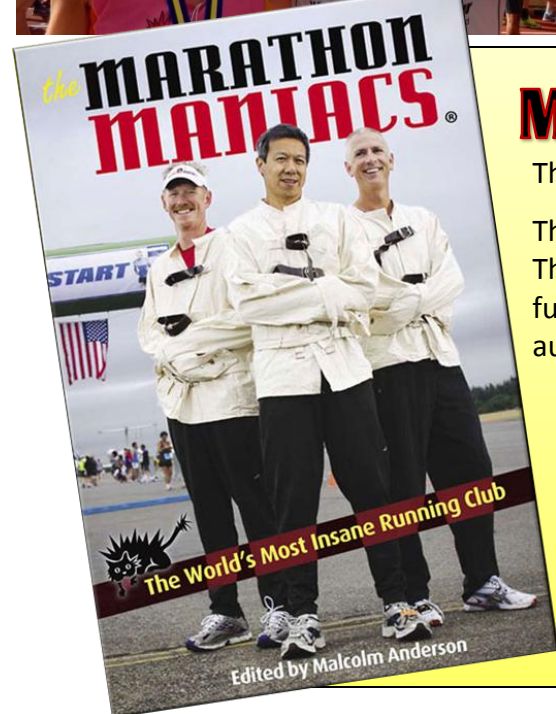
Amie Durden



Mel Preedy



Dave Bell



MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>

Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** Jennifer Hatcher, Bill Beardall, Elizabeth Gmerek
- **Platinum (8 star) Maniac:** Danny Hartley
- **Palladium (7 star) Maniac:** None
- **Osmium (6 star) Maniac:** Joseph Bearss, Seema Sonnad, Steven Laine
- **Ruthenium (5 star) Maniac:** Pete Bysura, Wally Hernandez
- **Iridium (4 star) Maniac:** Jason Short, Gail Oney, Ashley Schnell, Gail Oney, Cheryl Broas, Jacob Roedsens, Shannon, Debbie Sobolewski
- **Gold (3 star) Maniac:** None
- **Silver (2 star) Maniac:** Vivian Corlew
- **100 Marathons:** Steven Laine

New Titanium Maniacs!!



Jennifer Hatcher



Bill Beardall



Elizabeth Gmerek



Katlyn Phillips and Amanda Davis



Robert O'Donnell



Erin Wagley



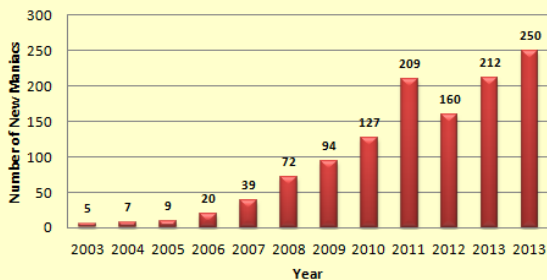
REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	70.2	50.4	63.7	55.8	86.7	66.7	44.7	26.4	32.3	87.2	106.3	97.1	765.6
Record	212	101	170	138	212	147	101	56	73	257	334	223	1,994
2013	212	95	170	138	212	133	91	56	73	257	334	223	1,994
2014	225	177	189	137	250	-	-	-	-	-	-	-	978

New Maniacs for May



New Maniacs in May 2014	250
New Maniacs in 2014	978
Total Maniacs	9,400

Country	MM	Pct%
United States	7,491	79.7%
Canada	218	2.3%
Brazil	62	0.7%
United Kingdom	44	0.5%
Malaysia	29	0.3%
Total number of countries	48	

State	MM	Pct%
Washington	1,096	11.7%
California	726	7.7%
Texas	668	7.1%
Florida	349	3.7%
Illinois	343	3.6%
New York	301	3.2%
Oklahoma	283	3.0%
Virginia	257	2.7%
Georgia	224	2.4%
Oregon	193	2.1%

MARATHON MILESTONES

Milestone	MM	Pct
500+ marathons/ultras	9	0.10%
400+ marathons/ultras	15	0.16%
300+ marathons/ultras	45	0.48%
250+ marathons/ultras	69	0.73%
200+ marathons/ultras	115	1.22%
150+ marathons/ultras	194	2.06%
100+ marathons/ultras	440	4.69%
50+ marathons/ultras	1,251	13.31%

STAR LEVEL BREAKDOWN:

Level	MM	Pct
10 (Titanium)	185	1.97%
8 (Platinum)	81	0.86%
7 (Palladium)	137	1.46%
6 (Osmium)	339	3.61%
5 (Ruthenium)	579	6.16%
4 (Iridium)	1,456	15.49%
3 (Gold)	486	5.17%
2 (Silver)	747	7.95%
1 (Bronze)	5,390	57.34%

Gender Breakdown

51.5% Male
48.5% Female

MANIACS VS FANATICS

9,427 Maniacs (since 5/25/03)

8,251 Fanatics (since 7/4/09)

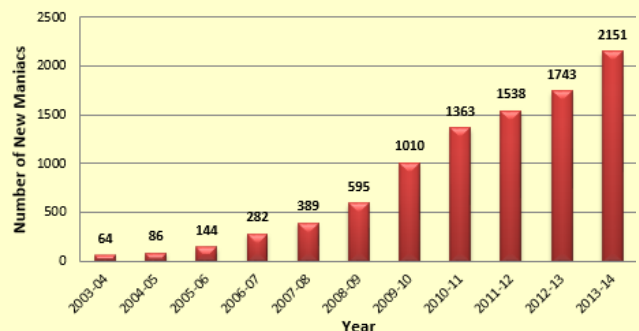
NOTE: There are over 1,000 Double Agents (members of both clubs)

The average Marathon Maniac has run 23 marathons and 3 ultras.

YEARLY BREAKDOWN

Year	New	Overall
1 (May 25, 2003 – May 24, 2004)	64	64
2 (May 25, 2004 – May 24, 2005)	86	150
3 (May 25, 2005 – May 24, 2006)	144	294
4 (May 25, 2006 – May 24, 2007)	282	576
5 (May 25, 2007 – May 24, 2008)	389	965
6 (May 25, 2008 – May 24, 2009)	595	1,560
7 (May 25, 2009 – May 24, 2010)	1,010	2,570
8 (May 25, 2010 – May 24, 2011)	1,363	3,933
9 (May 25, 2011 – May 24, 2012)	1,538	5,471
10 (May 25, 2012 – May 24, 2013)	1,743	7,214
11 (May 25, 2013 – May 24, 2014)	2,151	9,365

New Maniacs by Year



Upcoming Races!

Marathon/Ultra Calendar between May 22-June 28

- Friday, June 20
Bighorn Mountain Wild and Scenic Trail Run (WY)
Summer Solstice 6h (TX)
- Saturday, June 21
24 Hours at Sunset (IN)
Bad Marsh 50k Night Ultra (SC)
Bighorn Mountain Wild and Scenic Trail Run 50m/50k (WY)
Charlevoix Marathon (MI)
Dizzy GOAT 12h/6h (NE)
Grandmas Marathon (MN)
Great New York 100m/100k Running Exposition (NY)
Jackal Trail Marathons (5 day series) (TN)
Marys Peak 50k (OR)
Mayor's Marathon (AK)
Midnight Sun Marathon (NOR)
Mohican 100m/50m/26.2 (OH)
Nordmarka Skogsmaraton (NOR)
Rock N Roll Seattle (WA)
Summer SolstASS (WA)
Trail Rail Run (MT)
Without Limits (many various events) (SC)
XTERRA Big Elk Marathon (MD)
- Sunday, June 22
Banff Marathon (AB)
Bellevue Ghost Marathon (WA)
Burton Creek Trail Run (CA)
Estes Park Marathon (CO)
HFM Maritime Marathon (WI)
Kona Marathon (HI)
NWTR Rattlesnake Ridge Run (WA)
San Juan Island Marathon (WA)
- Friday, June 27
Franklin Street Relay Marathon Solo Option (IN)
- Saturday, June 28
Aspen Backcountry Marathon (CO)
Brixen Dolomiten Marathon (ITA)
CAR Summer Seven (7 day series) (CA)
Dawg Gone Long Run 50m/50k (OH)
Dusk to Dawn 50 Miler (NC)
Evergreen Taylor Mountain 50k/26.2 (WA)
GBRC 15.5h/8h/6h (WI)
Hell Hath No Hurry 50m/50k (PA)
Logan Peak Trail Run 28m (UT)
North Fork 50m/50k (CO)
Pacific Crest Marathon (OR)
Run4Troops Marathon (IA)
Sluicebox 100 (AK)
Western States 100 Mile Endurance Run (CA)
- Sunday, June 29
Challenge Atlantic City Triathlon (NJ)
Grant-Pierce Indoor Marathon and 50k (VA)
Ironman Coeur D'Alene (ID)
Victoria Falls Marathon (ZWE)
White Nights Marathon (RUS)
- Thursday, July 3
I Ran Marathons Independent Five (5 day series) (TX)
- Friday, July 4
Foot Traffic Flat Marathon (Firecracker Triple Day One) (OR)
Merrill's Mile 48h/24h/12h (GA)
TATUR Midnight Madness 50 Miler (OK)
- Saturday, July 5
4th of July 50m/50k (ID)
Afton Trail Run (MN)
Creemore Vertical Challenge (ON)
Finger Lakes Fifties 50m/50k (NY)
Moab's Alpine to Slickrock 50m (UT)
Sinister 7 (AB)
Stars and Stripes Marathon (Firecracker Triple Day Two) (OR)
Zermatt Marathon (CHE)
- Sunday, July 6
Cook Park Marathon (Firecracker Triple Day Three) (OR)
Gold Coast Airport Marathon (AUS)
Mad Marathon (VT)
- Wednesday, July 9
Northwest Passage Marathon (NU)
- Thursday, July 10
Official 26.2 Inca Trail Marathon (PER)
Vol State 500k (MO)
- Friday, July 11
Chase the Moon 12h (CO)
Hardrock 100 Endurance Run (CO)
Lunar Trek Night Run 100k/40m/50k (KS)
- Saturday, July 12
Beaverhead 100k/50k (ID)
Brazen Dirty Dozen and Half Dozen 12h/6h (CA)
Buckeye Trail 50k (OH)
Bullet Creek 50 51.8m (TN)
Cacapon 12 Hour Challenge Trail Run (WV)
Chase the Goose Marathon (SK)
CTR Golden Gate 50k/26.2 (CA)
Dances With Dirt - Devils Lake 50m/50k/26.2 (WI)
Eugene Curnow Trail Marathon (MN)
Full mOn 50k (AR)
Grandfather Mountain Marathon (NC)
Grey Rock Trail Run (WA)
Hatcher Pass Marathon (AK)
Hilloopy Hot, Hilly, Hairy 50k (WI)
Honey Badger 100 Mile Ultra Road Race (KS)
Laugavegur Ultra Marathon (ISL)
Limberlost Challenge 56k/42k (ON)
Mt Hood 50 (OR)
North Face Challenge - Ontario 50m/50k/26.2 (ON)
Psycho Psummer Run Toto Run (KS)
Waugoshance Trail Marathon (MI)
- Sunday, July 13
El Scorcho (TX)
Leadville Silver Rush 50 (NV)
Light at the End of the Tunnel Marathon (WA)
Missoula Marathon (MT)
Tynehead 12h/8h (BC)
Wales Marathon (GBR)
- Friday, July 18
Christmas in July 24h/12h/6h (IL)
- Saturday, July 19
Aspen Valley Marathon (CO)
Back on my Feet 24h Philadelphia (PA)
Bear Brook Trail Marathon (NH)
Cremator 50m (SC)
Killarney Marathon (IRL)
King Salmon Marathon (AK)
Loonies Midnight Marathon (TN)
MAD Marathon (ID)
Sogonapmit Marathon (UT)
Speedgoat 50k (UT)
Tahoe Rim Trail Endurance Runs 100m/50m/50k (NV)
University of Okoboji Marathon (IA)
Vermont 100m/100k (VT)
Wakely Dam Ultra 34m (NY)
- Sunday, July 20
Konigsschlosser Romantik Marathon (DEU)
Mauritius Marathon (MUS)
Rosaryville Trail Run (MD)
- Thursday, July 24
Deseret News Classic (UT)
- Friday, July 25
24 Hour Around the Lake 24h/26.2 (MA)
- Saturday, July 26
24 Hour Around the Lake 12h (MA)
Aravaipa Vertigo 63k (AZ)
Australian Outback Marathon (AUS)
Bad Pyrmont Marathon (DEU)
Big Butts 100k/50k (MS)
BUS 6 Hour Pajama Romp (NY)
Endless Summer 6h (MD)
Frank Maier Marathon (AK)
Grand Island Trail Marathon (MI)
Grand Mesa 100m/50m/60k (CO)
Heatbreaker Indoor Marathon (WI)
Madison Marathon (Montana) (MT)
Montour 24h/12h/6h (PA)
Morgan Valley Marathon (UT)
Mt Werner Classic (CO)
Siskiyou Out Back 50m/50k (OR)
Viaduct Trail 100m/50m (PA)
White River 50 Mile Endurance Run (WA)
- Sunday, July 27
Bearfest Marathon (AK)
BTRS Chuckanut Mountain Marathon (WA)
Eugene Marathon (OR)
Ironman Canada (BC)
Ironman Lake Placid (NY)
Kamloops Marathon (BC)
Kensington Marathon (MI)
Maratón Internacional de Tijuana (MEX)
Maratona do Rio (BRA)
Nova Scotia Marathon (NS)
PA Grand Canyon Marathon (PA)
Pattaya Marathon (THA)
San Francisco Marathon (CA)
- Saturday, August 2
Angeles Crest 100 Mile Endurance Run (CA)
Burning River 100 Mile Endurance Run (OH)
Canadian Death Race 125k (AB)
Eagle Creek Trail Marathon (IN)
Evergreen Grand Ridge 50k/26.2 (WA)
Kat'cina Mosa 100k Mountain Challenge Run (UT)
Lake of Death 24h/12h (OR)
Sitka Cross Trail Classic (AK)
- Sunday, August 3
Blister in the Sun Marathon (TN)
Brisbane Marathon (AUS)
GUTS Hot to Trot 8h (GA)
Ironman Boulder (CO)
Skyline 50k (CA)
Yukon River Trail Marathon (YT)
- Monday, August 4
Six Days in the Dome 6d/48h/24h (AK)
- Saturday, August 9
Badlands 50m/50k (ND)
Beast of Burden Summer 100m/50m (NY)
Crater Lake Rim Runs Marathon (OR)
CTR Crystal Springs 50k/26.2 (CA)
Dirty Girls 48h (ON)
First Call Summer 50k/26.2 (WA)
Haulin Aspen (OR)
Howl at the Moon 8h (IL)
MD Heat Trail Race (MD)
Mt Sneffels Marathon (CO)
Paavo Nurmi Marathon (WI)
Rainshadow Angels Staircase 60k (WA)
Sweltering Summer 8h/26.2 (MA)
Wildcat Ridge Romp 100k/50m/50k (NJ)
- Sunday, August 10
Calico ET Full Moon Midnight 51k/26.2 (NV)
Dirty Girls 24h/12h (ON)
Marathon by the Sea (NB)
Transcendence Ultra 12h (WA)

New Maniacs in May 2014



Jennifer Boyden (#9151)
 Steve Anderson (#9152)
 Melissa Herriman (#9153)
 Esteban Granados (#9154)
 Laura de Santiago (#9155)
 Tricia Pierson (#9156)
 Mary Knight (#9157)
 Joe Zucco (#9158)
 Claudia Carney (#9159)
 Dan Ryan (#9160)
 Jody Ling (#9161)
 John Moesch (#9162)
 Pamela Kernes (#9163)
 Michael Sapia (#9164)
 Jim Siegman (#9165)
 Michelle Reuter (#9166)
 Daniel Berry (#9167)
 Ben Pittsley (#9168)
 Dave Kleckner (#9169)
 Karen Lee (#9170)
 Micha Polston (#9171)
 Craig Arola (#9172)
 Amy Iverson (#9173)
 Angela Cooper (#9174)
 Chad Eckert (#9175)
 Jiah Barnett (#9176)
 Jennifer Barker (#9177)
 Michelle Robles (#9178)
 Andrea Simeone (#9179)
 Kayla Schoettel (#9180)
 Joshua Reed (#9181)
 Tuan Nguyen (#9182)
 John Fondren (#9183)
 Kristina Fondren (#9184)
 Shelia Lancaster (#9185)
 Tiffany Kosht (#9186)
 Robin Brunet (#9187)
 Jeffery Lewis (#9188)
 Carissa Montgomery (#9189)
 Aubrey Birzon Blanda (#9190)
 Malcolm Richmon (#9191)
 Elliot Bienenfeld (#9192)
 Brigitte Nickles (#9193)
 Kathleen Hayes (#9194)
 Bret Randolph (#9195)
 Karen Mageo (#9196)
 Karen Hood (#9197)
 Aspen VanHooser (#9198)
 Ronald Abner (#9199)
 Keith Cummins (#9200)
 Elizabeth Machesky (#9201)
 Rebecca Holder (#9202)
 Chris Holder (#9203)
 Jody Nelson (#9204)
 Marcus Menghini (#9205)
 Angela Marchetti (#9206)
 Shakirah Hameed (#9207)
 Bryna Hebert (#9208)
 April Cook (#9209)

Patricia Schmidt Moore (#9210)
 Carrie Alexander (#9211)
 Rose Krajewski (#9212)
 Jessica Smart (#9213)
 Lori Dodd (#9214)
 Kathryn Schjei (#9215)
 April Hayes (#9216)
 Jon Gibson (#9217)
 Tracy Welch (#9218)
 Adam Campbell (#9219)
 Loree Hoag (#9220)
 Paco Pacheco (#9221)
 Greg Kline (#9222)
 Angie Long (#9223)
 Christine Thompson (#9224)
 Scott Brewer (#9225)
 Sally Silver (#9226)
 Steve Miazgowicz (#9227)
 Margaret Alexson (#9228)
 Mary Reeve (#9229)
 Brian Peterson (#9230)
 Darren McCall (#9231)
 Courtney Bird (#9232)
 Courtney Adams (#9233)
 Diane Casselberry (#9234)
 Chris Gourley (#9235)
 George Romo (#9236)
 Benjamin Childers (#9237)
 Caroline @iheartrunning.com (#9238)
 Franzine Potts (#9239)
 Chet Dycus (#9240)
 Tracy Miller (#9241)
 Rafael Arenas Jr (#9242)
 Clay "Nite Train" Pleasant (#9243)
 Rebecca Turner (#9244)
 Brian Falcone (#9245)
 Aura Mauricio (#9246)
 Mary Theresa Scott (#9247)
 Deirdre Johnson (#9248)
 Nancy Dukett (#9249)
 Katie Gehrand (#9250)
 Heath Conley (#9251)
 Nicole Wettstein (#9252)
 Kristen Suvick (#9253)
 Andrea Johnson (#9254)
 Marlene Marzan (#9255)
 Zane Hagy (#9256)
 Michael Manetta (#9257)
 Adam Lazrus (#9258)
 Dennis Cartwright (#9259)
 Jen Gibertini (#9260)
 Chris Hogan (#9261)
 Tiffany Herren (#9262)
 Aaron Franzel (#9263)
 Melinda Marble (#9264)
 Chrissy Hower (#9265)
 Lisa Corman (#9266)
 Jennifer Blankshein (#9267)
 Bill Odendahl (#9268)
 Alyson Johnson (#9269)
 Nicole Philando (#9270)
 Kathryn Robey (#9271)
 Ian Robey (#9272)
 Mike Sohaskey (#9273)
 Sandra Matta (#9274)

Kateri Shirley (#9275)
 Summer Marullo (#9276)
 Marcus Marullo (#9277)
 Erin Krech (#9278)
 Nicolas Wical (#9279)
 Betsy Balgooyen Keller (#9280)
 Gerald Woodford (#9281)
 Nicholas Huzieff (#9282)
 Alix Payton (#9283)
 Jamie Sinasac (#9284)
 Tricia Lund (#9285)
 Timothy Spoo (#9286)
 Mark Rowe (#9287)
 Berkley "Lee" Collins (#9288)
 Daniel Hammonds (#9289)
 Lark Ivester (#9290)
 Shirley Smith (#9291)
 Robert Welper (#9292)
 Allison Maas (#9293)
 Laura Doud (#9294)
 Michelle Jordan (#9295)
 Shelley Cloutier (#9296)
 Mark Koopman (#9297)
 Hubert Huang (#9298)
 Emily Mitchell (#9299)
 Brandi Golemon (#9300)
 Kimberly West (#9301)
 Anella Olivia (#9302)
 Gina Hamrang (#9303)
 Noah Firth (#9304)
 Rebecca Shealy (#9305)
 Lia Estigoy (#9306)
 Mark Reding (#9307)
 Adam Brown (#9308)
 Rachel Tobul (#9309)
 Robert Tobul (#9310)
 Aurea Nicolet (#9311)
 Heidi DeBenedictis (#9312)
 Carolyn Newkirk (#9313)
 Christina Hughes (#9314)
 Richard Bissett (#9315)
 Alicia Bronzell (#9316)
 Lori Lieb-Rosas (#9317)
 Anthony Rose (#9318)
 Foster Deadman (#9319)
 Ashley Raby (#9320)
 Michael Maltese (#9321)
 Carmella DiPippa (#9322)
 Kelly Hayley (#9323)
 Maureen Mullins (#9324)
 Roger Barkley (#9325)
 Luis Blanco (#9326)
 Suzanne Lagoni (#9327)
 Maria Shircel (#9328)
 JoAnna Berner DiGorio (#9329)
 Linda Kelnock (#9330)
 Timothy Allen (#9331)
 Erin Anderson (#9332)
 Garrett Anderson (#9333)
 John Ruchinskak (#9334)
 Michael Adams (#9335)
 Keliko Adams (#9336)
 Jayne Bower (#9337)
 Kyle Hoops (#9338)
 Faylan Cannon (#9339)

Sarah Daniels (#9340)
 Bruce Cannon (#9341)
 Ron Burt (#9342)
 Kevin Stafford (#9343)
 Ellis Retzloff (#9344)
 Running Tams (#9345)
 Wilfred Goron (#9346)
 Maria Latham (#9347)
 Brigitte Rame (#9348)
 Duffy McColloch (#9349)
 Adam Aiken (#9350)
 Valerie Morris (#9351)
 Margaret Munger (#9352)
 Cindy Knull (#9353)
 Karen Marmon (#9354)
 Floyd Sekeramayi (#9355)
 Ryan Wrigley (#9356)
 Donald Osborne (#9357)
 Sue Ann Bement (#9358)
 Evan Zhao (#9359)
 Amber UHls (#9360)
 Laurie Stayton-Smith (#9361)
 Tori Duphorne (#9362)
 Brittany VerValin (#9363)
 Veronica Tarantino (#9364)
 Terri Martin (#9365)
 Shannon Remerowski (#9366)
 Victoria McLachlan (#9367)
 Mark Bradshaw (#9368)
 LeeAnne Keesal (#9369)
 Jenny Yoakum (#9370)
 John Weeks (#9371)
 Cassie Kottke (#9372)
 Sarah Tofanelli (#9373)
 Sharon Geller (#9374)
 Barbara Carpenter (#9375)
 Jennifer Westbrook (#9376)
 Tracy Alexander 2 (#9377)
 Chris Butz (#9378)
 Devon Campion (#9379)
 Tim Cavenee (#9380)
 Michelle Applegate (#9381)
 Randall Baker (#9382)
 Jennifer Hickey (#9383)
 paula iannello (#9384)
 Rae Ann Darling Reed (#9385)
 Melissa Baker (#9386)
 Jennifer Perry (#9387)
 Michael Locke (#9388)
 Leslie Ary (#9389)
 Michael Cruz-Herrera (#9390)
 Deana Richmond (#9391)
 Sage Cowsett (#9392)
 William Sommers (#9393)
 Newton Baker (#9394)
 Robert Chin (#9395)
 Paul Sparks (#9396)
 Elspeth Alexandra (#9397)
 David Hooper (#9398)
 david wilkinson (#9399)

NEW MANIACS



Brigitte Nickles



Jackie Flaherty



Kenna Barkley



Lynn Schroeder and 9120



Jacqueline Lyons



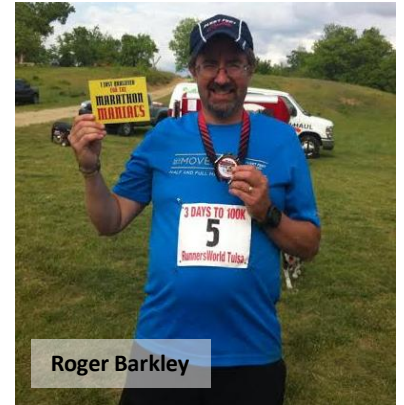
Angela Marchetti



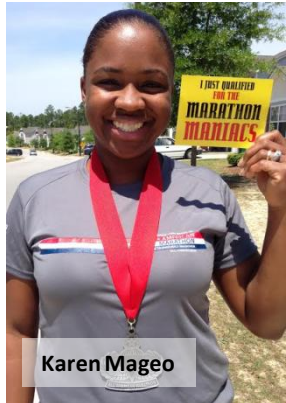
Elizabeth Machesky



Erica Thomas



Roger Barkley



Karen Mageo



Marlene



Gerald Woodford



Valerie Morris



Caroline Thomas



Rob Robertson



Maria Latham



Kevin Stafford

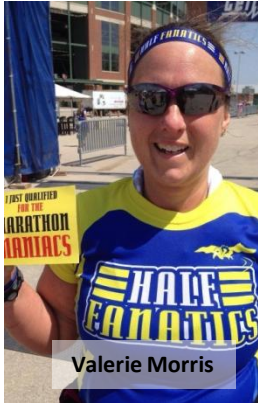


Sue Lagoni

NEW MANIACS



Veronica Tarantino



Valerie Morris



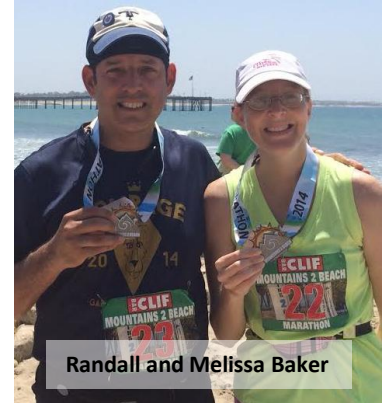
Linda Kelnock



David Wilkinson



Sheila Ducello



Randall and Melissa Baker



Marcus Menghini



Jennifer Westbrook



Linzie Starr



April Hayes



Kateri Shirley



Chrissy Gourley



Gregg and Cheri



Parvaneh Moayedhi

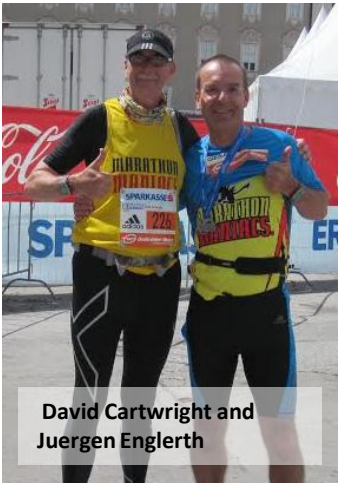


Jill Monroe



Sheri Gewelke





David Cartwright and Juergen Englerth



Christine Elyse



Kino and Steve Walters

FROM THE EDITOR...

The Spring is winding down which means that for some of you it's a summer break before the Fall season kicks into gear. But here in the Pacific Northwest the marathon season continues to roll on. Whether you are taking a break or continue to run marathons this summer, I hope you all have a fun time!

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts that have a ** in front of the race name and don't forget about the Maniac discounts at Running Skirts www.runningskirts.com; The Running Warehouse www.runningwarehouse.com for all your non-Maniac branded apparel and shoe needs; and at TRY Chips www.trychips.com for your healthy snacking needs.

- Foot Traffic Flat Marathon (OR) 7/4/14: www.foottraffic.us/flat
- Mad Marathon (VT) 7/6/14: www.madmarathon.com
- Blue Blazes Ultra (OH) 7/10-13/2104: www.blueblazesultra.com
- Idaho Falls M.A.D. Marathon 7/19/14: www.themadmarathon.com
- Heartbreaker Indoor Marathon (WI) 7/26/14: http://indoormarathon.com/heartbreaker_indoor_marathon/
- Eugene Marathon (OR) 7/27/14: <http://eugenemarathon.com>
- San Francisco Marathon 7/27/14: www.thesfmarathon.com
- Moose's Tooth Marathon (AK) 8/17/14: www.bigwildliferuns.org
- Lookout Tower Trail Climb 50K (ID) 9/3/14: www.databarevents.com/lookouttowertrailclimb
- **The Oregon Marathon 9/13/14: www.theoregonmarathon.com
- Boring Marathon (OR) 9/14/14: <http://boringmarathon.com>
- Center of the Nation Series (MT, ND, SD, WY, NE) 9/17-21/2014: http://mainlymarathons.com/center_series
- That Dam Hill 12H/50M (ON) 9/20/14: www.thatdamhill.ca
- Capital City River Run Marathon (MI) 9/21/14: www.ccriverrun.com
- Omaha Marathon (NE) 9/21/14: <http://omahamarathon.com>
- Adams County Marathon (OH) 9/27/14: www.adamscountytravel.org/Adams-County-Half-Marathon.shtml
- Priest Lake 50k/26.2 (ID) 9/27/14: www.databarevents.com/priestlakemarathon
- **Arkansas Marathon 10/4/14: www.arkansasmarathon.org
- New Hampshire Marathon 10/4/14: www.themadmarathon.com
- Hartford Marathon (CT) 10/11/14: www.hartfordmarathon.com
- Southernmost Marathon (FL) 10/11/14: <http://somomarathon.com>
- Appalachian Series (WV, VA, NC, SC, GA) 10/11-15/2014 <http://mainlymarathons.com/home/appalachian>
- HITS Oklahoma City Marathon (OK) 10/12/14: www.hitsrunning.com/oklahoma-city-ok
- Newport Marathon (RI) 10/12/14: <http://uhcmarathon.com>
- Poulsbo Marathon (WA) 10/12/14: www.poulsbomarathon.com
- **Indianapolis Marathon 10/18/14: www.indianapolismarathon.com
- Kansas City Marathon (MO) 10/18/14: <http://waddellandreedkansascitymarathon.org>
- Des Moines Marathon (IA) 10/19/14: www.desmoinesmarathon.com
- Springfield Marathon (IL) 10/19/14: www.springfieldmarathon.net
- Day of the Dead Series (NM) 10/27-11/2/2014: http://mainlymarathons.com/day_of_the_dead_1
- Raleigh City of Oaks Marathon (NC) 11/2/14: www.cityofoaksmarathon.com
- **Mississippi Blues Marathon 1/10/15: www.msbluesmarathon.com
- Louisiana Marathon 1/18/15: www.thelouisianamarathon.com
- Maui Oceanfront Marathon 1/18/15: www.mauioceanfrontmarathon.com
- Town of Celebration Marathon (FL) 1/25/15: www.celebrationmarathon.com
- **Blooms to Brews Marathon (WA) 4/12/15: <http://bloomstobrews.getboldevents.com>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: jeff@marathonmaniacs.com



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!

A REMINDER IS SENT WITH THE MONTHLY E-FLASH
AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



Well Prez, for the third time this year I had the honor, privilege, and dizzying experience of communicating with one of this year's Marathon Maniac Hall-of-Fame class, Ms. Angela Tortorice (#2543). Angela also earned the recognition of a Guinness Book of World Records record, female, with 129 marathons in a year. I was going to write "Amazing", but I was thinking "Painful!", so we'll rest with a simple "Whoa!"

Sometimes I weigh the two: "Guinness, or the Hall? The Hall, or Guinness?" Oh sure, I do get the difference of the uniqueness of a Record, but (sigh) of course I can relate to absolutely none of it, so in my absolute ignorance, I get to wonder all I want. Really, which is easier?

Consider this Dallas Maniac lady's Texas-sized accomplishment in the club:

She has double-qualified for the Maniac Hall of Fame. I said, she has double-qualified for the Maniac Hall of Fame.

And not the same way twice. Different ways: She ran 51 marathons in a year for three consecutive years, AND she has completed 333 in her career. No, wait. She has posted 450.

Not having met her at the time I heard, I wrote to ask her how old she was to have done that many marathons. She claimed a double-digit number. I don't believe her. 110, 105 maybe.

She claims living the ordinary life of a CPA, which gives us another new psychological twist for our diabolical research, Prez: CPA's are arguably the Maniacs of numbers and spreadsheets, see? She puts on the running gear, and then thinks, "Columns. I need to fill in more columns," and out the door she goes.

So I thought I would ask her a few more questions. These conversations never proceed predictably.

Were you born to be a marathoner, or are you as surprised as can be that this is what you do?

I played tennis through high school, and ran a few races at track events my brother enjoyed, but I was always last so I never really considered myself a good runner. Later, when I learned I could run 9 miles and longer distances, things started to get interesting. I wondered just how far I could go.

I can blame David Johnson for putting this Hall of Fame idea in my head about 4 years ago at the 8 hour Run from the Ducks in Mineral Wells, TX. We were just having fun running in circles for 8 hours with nothing else on our minds except running more.

Which could you do for more hours: marathon running pace or play tennis in circles?

Marathon, any day, but I do believe in the Martina Navratilova approach to training: train for 4 sets in case you have to do 3. I do that now with running. Plus, we can avoid some injuries: when you feel a pain, walk until it goes away.

In between marathons, are you simultaneously Maniacal-ing in other sports?

Oh, yes oh my. I do a few triathlons on the side, a couple of Ironmans; bike rallies, sometimes for Multiple Sclerosis; and about 10 ultra-cycling events. They give the feet a rest, but not the rear.

Ahhh, yes. So many people have given up tennis for Ironman events.

Let's see: swim two miles, bike 112 miles, run a marathon. Do you think that putting the marathon last seems evil?

Probably less so than putting the swim last...

During a race: what is your nutrition secret?

Eat a lot of yummy food. Spectators usually have the best stuff. Beg from those having front yard parties. They are very happy to share! They are sitting, seeing us apparently working so hard, that they will give us their own piece of pizza!

You know, kick that nasty pizza habit, and you might have more energy.

Our relatives and friends think we're hurting ourselves. Has marathoning kept you younger and fitter, or injured or aged you in any way irretrievably? You're a Hall of Famer now: we are listening.

Old? Runners never get old. Only a runner understands that running is not hurting us, but is keeping us sane! Nothing better than a lunchtime run after you just learned the best boss you ever had quit, or that Friendly's is out of chocolate mint chip. I mean, really?

I think the best part of the whole experience is making new friends and enjoying the company of old ones.

Hmm. Given a choice, I'll be one of your new friends.

Alright, forget your CPA abilities that tell you a half-of-a-marathon is 13.1 miles. Divide a marathon into two halves of effort/comfort. Where do you think the second half really starts?

My mental trick is that the race is almost over around mile 17: the mile count-down is finally in single-digits, and 9 miles is just a loop around White Rock Lake back home. But I guess that's where the race really starts.

Are you a Half-Fanatic too?

I guess I should become one, it sounds so sane.

I noticed you used the word "sane" twice, which begs the question: What do you think of ultras?

Haha! I think all ultras should be cut back to 26.2.

No seriously, Rev, they are great! I love the challenge of the extra miles, especially on beautiful trails. Oh, and everyone should try the trail marathon called Hancock Shaker Village. That is a beauty!

That'll cost you. No advertising allowed. What do you think of doubles (two marathons in one weekend)?

Rev, isn't this the Maniac Theme Song?

"Drive to a marathon, go for a run;

then take a shower, we're having such fun!

Eat a little treat, hobble to the car;

sleep right there and then drive far!

Why earn a medal when you can earn two?

Singles are great, but Doubles, Wahooo!"

Great way to save money and get two states in one weekend. This is the best invention ever.

When Maniacs reach 100,000 members in 2029, what city would you propose the Hall of Fame be built in: Tacoma, Seattle, right at "The Light at the End of the Tunnel", or, my own personal favorite, just across the street from Wellesley College?

Oh, a Hall of Fame building, what a wonderful idea. This should be a museum in the museum of all museums, the Smithsonian, in Washington, DC! Yes, yes. The Marathon Maniac Hall of Fame Museum should be part of the Smithsonian, no doubt!

So Prez, that's Angela for you. Certifiable. Interesting how you, Tony, Chris and your ideas have inspired people, who then go do things that inspire other people, who then do things I'm guessing you never imagined, and which I cannot entirely comprehend. Wonderful stuff.

Luvya,
Rev
dgkienz@yahoo.com



2014 Maniac Hall of Famer Angela Tortorice

Teal Clark, Angela and Kathryn Ivey

Yen Nguyen and Angela

Shelby Trail and Angela