



# MARATHON MANIACS

## NOVEMBER 2013 NEWSLETTER

★ ★ ★ ★ ★ Volume 10, Number 11 ★ ★ ★ ★ ★

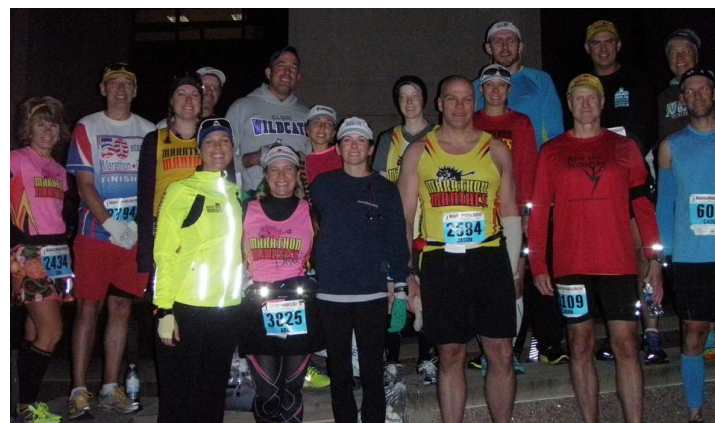
10 YEARS OF MANIACAL CRAZINESS!! (2003-2013)

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Mad Dog

# INDIANAPOLIS MONUMENTAL MARATHON



Andrea Spohn



Teri Andreason and Jen Savage

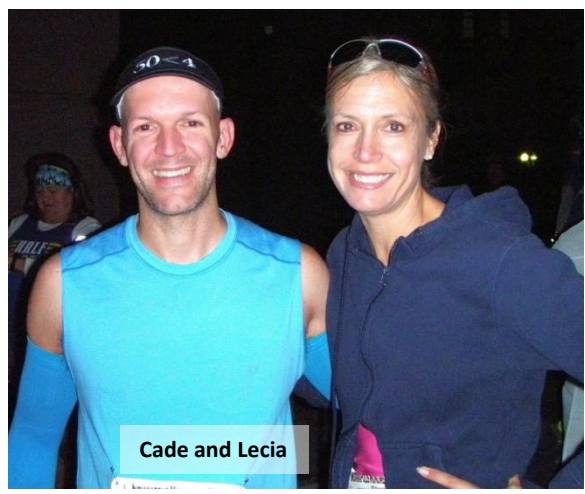
INDIANAPOLIS, INDIANA



**Indianapolis Monumental Marathon (11/2):** Cyd Antang, John "Johnny Turbo" Atkinson, Caleb Ault, Crazy Linda Bachand, John 'Machine' Basham, Anne Broussard, Caroline Burnet, Mike Cannon, Matt "ECC" Clark, Jim Clouse, Scott "Deuces Wild" Dahl, Maria Dahlgren, Michelle Day, Marlene Deem, Joe Ely, Kevin Ely, Jacqueline Ensley, Walter "Maniac Man" Evans, Karen Faber, Abbi-Normal, Bruce Gilbert, Flower Lady Carol Goslin, Elaine Green, Jerry Greenwald, Dianne Griesser, AJ Hacker, Dennis Hafford, Sharon Harrow, Danny Hartley, Wally Hernandez, Lecia Holley, Michael Hoyt, Paul Huffman, madDOG, Stephen Johnson, Michele Keane, Becky Kellhofer, Bob "Birdman" Kennedy, Gerald King, Zachary Knebel, Seth Kramer, Carol Krizman, Jess "Durti" Kurti, John Kent Leighton, Jen Leugers, Tim Mahler, Michael Maillis, Bryan McCauley, Jen "BigSexy" Metcalf, Jason Moran, Mike Nasiatka, Carla Noya, Sherry Perez, Missy Peters, Lynda Petri, Tim Post, Pascal Radley, Brian Rayl, Mark "Kiltman" Regensburger, Cade Remsburg, Donald Riffle, Rick Roberts, R Ryan, Jen "Hey, I'm still out here" Savage, Teri Schwemer, Run Nerd, Mary Signorelli, Franklin Smith, George" from Georgia" Southgate, Andrea Spohn, Mary Thacker, Craig "Indiana" Thompson, Lori Wagner, Jeff Weber, Jonathan Wendel, Jaeson Winter, Melinda Yanuaria



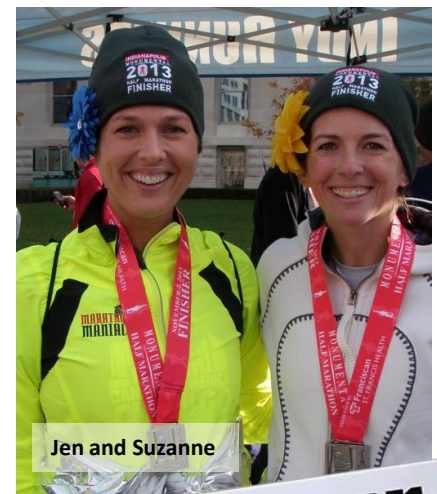




Cade and Lecia



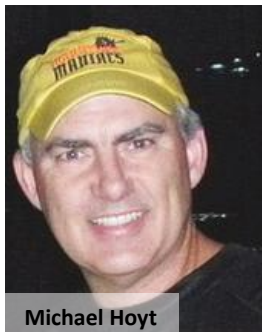
George Southgate



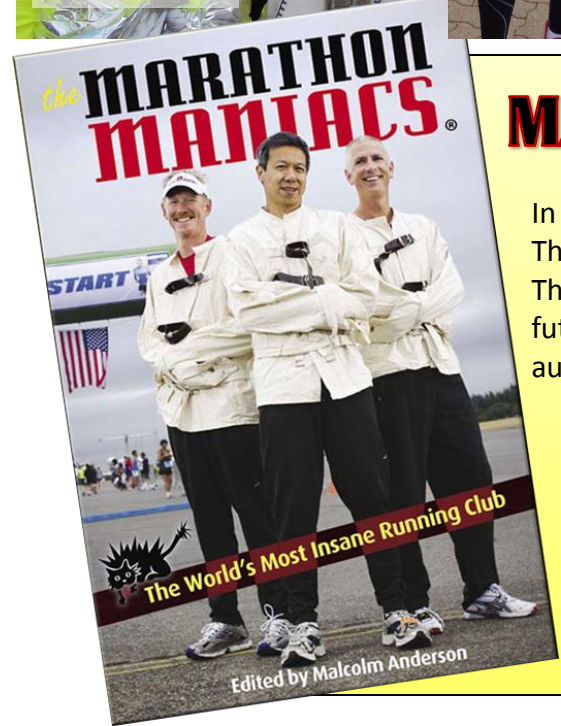
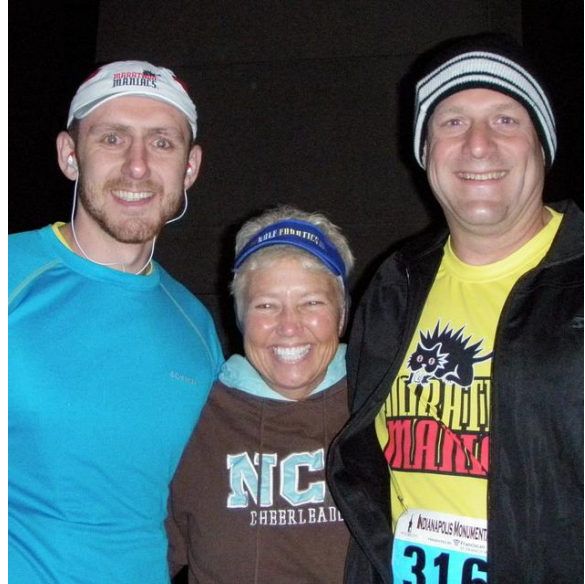
Jen and Suzanne



Abbi



Michael Hoyt



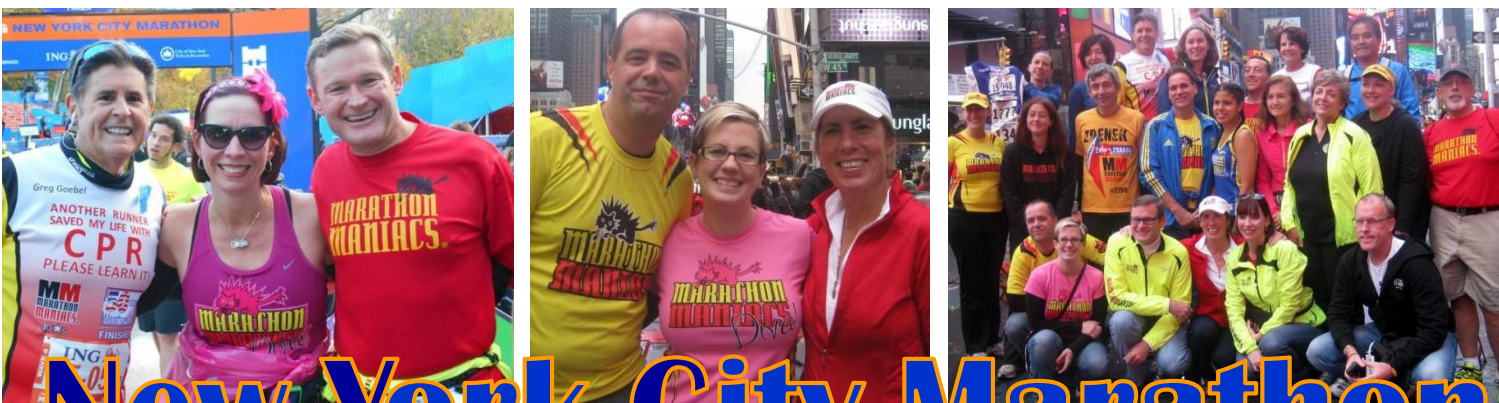
## MARATHON MANIACS: THE BOOK

In February the Main Maniacs released the Marathon Maniacs book! This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

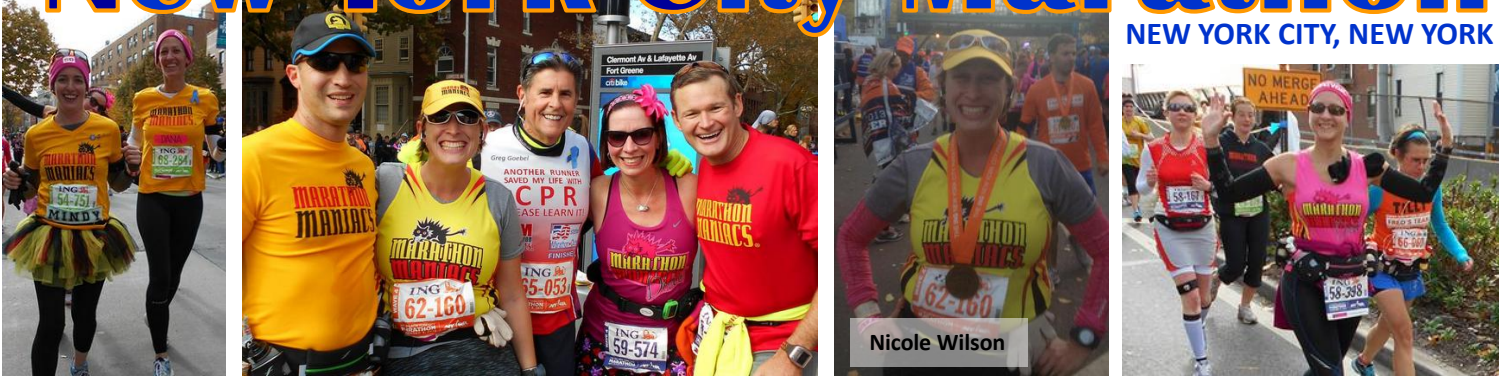
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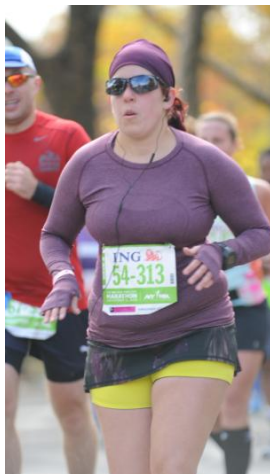


## New York City Marathon

NEW YORK CITY, NEW YORK



**New York City Marathon (11/3):** Timothy Agee, Fred Alger, Glenn Amante, Malisa Anderson-Strait, Jordan Applebaum, Paul "Bronx Boy" Arroyo, Joao Assis Cabeleira, Azadeh smeltzer Azad, William Bachicha, Mindy Bandler, Robert Ted Barron, Michael Beasley, Sheila Beermann, Juliene Bell-Smith, Jean Belman-Herrera, Grant Berthiaume, Jonathan Betanoff, Shavaughn Blades, Jim Blake, Jeff "Boneman" Bollman, Danielle Borgo, Chris Boundy, Maureen Bowen, Aaron Braunstein, Paul Edward Brown, Christopher Bruno, Chris Calimano, Sky Canaves, Lisa Cao, Bijou Chacko, Lisa Chamberlain, Pony Express, Mike Chewar, Jacqueline "Choisauce" Choi, Max Christensen, Mahlon Chute, Cory "RecoveringCouchPotato" Claeys, Tim Cleary, Ian Cockburn, John Coffey, Mary Combs, JC "HULK", Martha "Ginger26.2" Corazzini, Jeanne Corey, George Cornett, Kevin Crail, Shaun Curry, Esio Padilha Cursino, Anita Dabrowska, Douglas ( Run the Earth ) Dahlberg, Barb Damon, Greg Damon, Kevin Dawson, David Delagarza, Kathleen Di Rosato, Nancy DiPietro, Stephen DiPietro, vvn Doorn, Jim Doyle, Juergen Englerth, Brooke Farrington, Steve Felson, John Fisher, Anders "Biking Viking" Forselius, Maria Frosth, Sergio Garrido, Galen Garrison, John Ginty, Greg "Cardiac Kid" Goebel, Santana Gonzales Jr, Steve G, Georgeta (GG!) Gruescu, Mary Hallet, Emily Hansen, Devin H, Stephen Harris, Jeffrey Hayden, Jackie Helfgott, Sahar Hendabadi, Bret Fat-Boyee Henry, Gail "Detour" Phillips Henry, Joe Herman, Sherri Hotzler, Cory Hove, Melanie Humphrey, Chris Humphries, Dean "Lazy Ass" Ishida, Narongdej "Jay" Jaroensabphayanont, Tom Jarosz from Norcross, Georgia, Allison Jeffery, Travis Johnson, Chris Jones, Andrew Jordan, Kathy Kanak, Sarav Karunanithi, Karen Kedanis, Howard L. Keener, Jr., Donald Kemper, Cherry Kent, John Kern, Karen Khodadadi, Julia Khvasechko, Valerie Kilcoin, #kinosfault, Michael Kloosterman, Dagmar Knudsen, Will Kolb, Erick Kuhlmann, Otto Lam, Peter 'Elite Pete' Lantin, Allie Lassoe, C. Kinnier Lastimosa, Heather Laurel, Kim Law, Jeff Le, Alvin "AL" Lee, Eliot Lee, Steven "Thunder" Lee, Karl Leitz, Allie Levy, Sheila Lewis, Josivan Lima, Crystal Limehouse, Charli Long, "Dancin Donna" Loud, Jessica Lynch, Collette Madison, Noel Marcelo, Suzanne Marchesano, Kimberly Markey, Tracy Marshall, Ryan Matherne, John Mattos, Danie Matusik, Ethan Matyas, Robert McElroy, Michael " ESURunner " McLaughlin, Mark Medin, Johnny B Good, Gregory Milbourne, Laurie Mitchell, Kevin Morris, Joanne Moss, Brian Mount, William Murphy, Bart Muzzin, Harvey Nakasone, Murali Nannapaneni, Antriniece Napper, Jean Neely, Heather Nerhood, Mark Newman, Paul Ng, Sarah Norcott, Jenna "Beach Diva #15" O'Horan, Kimberly Oehrlein, Scott Olitsky, Jim "Jamaal" Oliver, Andrew Olsen, Gail Oney, Tim Panebianco, Jackie Panfili, Dominick Pizzarello, Adam Pruettt, Darren Raiguel, Fancy Nancy, "Captain" Dan Ratliff, "The Lone Runner" Rob Rayder, Amy Reed, David Rikke, Annabelle Rodriguez, Damaris Rosich-Schwartz, Zander Ross, Emily "Red" Rowe, SteelTownRunner, Cat. Schwartz, Sophia Shi, Jason Short, Shari Shugart, Erica Silbiger, Crystal Simmons, Darin Soler, Helen Soto, Ben Tam, Judy Taveira, Maria Taveras, Jeffrey Thai, Treva Thoms, Tim Tittelbach, Elizabeth Trask "50 for Billy", Jeannie Tsai, Su Gipson / Turner, Larry Urquhart, Dana Urschler, Joni "why rush?" Van Arsdale, Rogério Vasconcelos Almeida, JoAnna Villalon (Jody Hart), Sam Wachsman, Jason Wah, Breanna Waldrup, Bill Walsky, Jeff Welch, Bill Wells, Angie Whitworth Pace, Jessica Willis, Jim Wilson, Nicole Wilson, David Wingard, Lisa "Mama Lisa" Wood, Emily Yee, Donald Ying, Malissia Zapata, Laura Zeffer, Cornelia Zuniga







Crystal Richard



Emil Cheng



Jayme Butts-Hall and Cody Jones



Brandon Plate



Tony Phillippi



Parvaneh Moayed



Shawn Newton



Julie Michael



James Clouse



Paula Hamilton

# Route 66 Marathon

TULSA, OKLAHOMA





John Moore



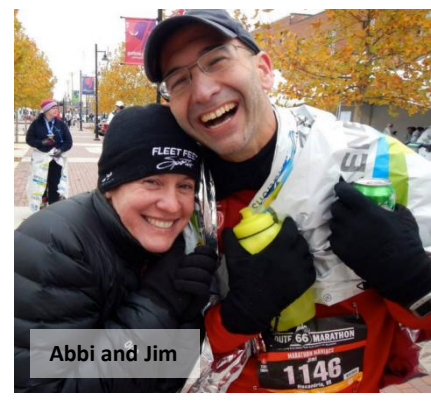
Chris Warren

Jim Clouse



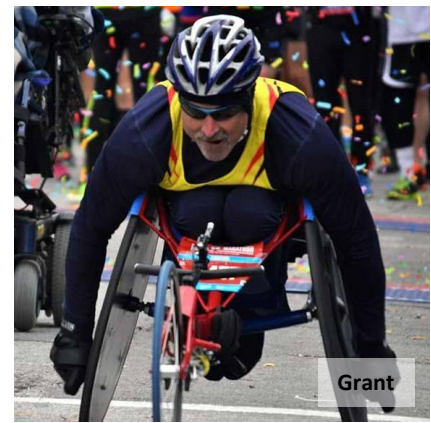
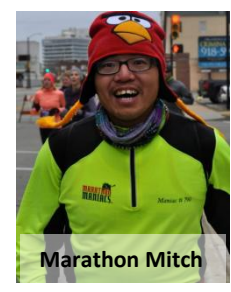
**Route 66 Marathon (11/24):** Mario "The Kenyan" Abramson, Lori Alderman, Daniela Aleman, Barbara Alston, Kimberly Amilian, Karen Andersen, Ben Andrews, Fran Austero-Macavinta, Jim "Lord AARP" Austin, Robert Babcock, Crazy Linda Bachand, 3951, Laurie Baker, Teresa Baker, Vickey Baker, Bryan Baroffio, Ken Beach, Thomas "Superman" Benedict, Shane "Runnin' Pimp" Bennett, Vicki "The Breeze" Bentley-Condit, Grant Berthiaume, Raj(RunningYogi), Terry Biehl, Kristen Bieling, Andre Boulais, Chris Boundy, Andy Bowden, Cathy Bradford, Ila Brandli, Ralph Breckenridge Jr, Sean Broadbent, Daniel T Brown, Steve Brown, Stephanie Bullinger, Tim Burns, Jayme Butts-Hall, Marianna Carlson, Paul "Pacer Paul" Carringer, Lynne "Harper" Caulkins, Bijou Chacko, Marathon Mitch, Michael Chase, Pony Express, Mike Chewar, Kenny Chung, Jim Clouse, Brian Cole, Suzanne Cole, Susan Collins, George Cornett, Alan Countryman, Rebecca Cunningham, Bert D'Amico, Dallas Daley, Lori Dather, Brian Dedeke, Stephanie Dewald, Rand Donaldson, Will Dong, DrTekemia Dorsey, Leslie "@VeganLeslie" Driskill, Derek "Pedro" England, Matthew Faske, Ken Fattmann, Ray First, Abbi-Normal, Cj Follett, Anders "Biking Viking" Forselius, Cathy Fowler, Michael Gallagher, Deb Gardner, Tom Gardner, Galen Garrison, Chuck Garza, Mark Gautier, Thomas Gibson, Pat Gleason, Greg Glennon, Greg "Cardiac Kid" Goebel, Tracey Guice, AJ Hacker, James Hagan, Lorinda Hagstrom, Chris Hall, Matthew Hamidullah, Paula Hamilton, Michael Hanson, Wesley Hardacre, Beth Hardy, Donald Harper, Jillian Harrington, Danny Hartley, Danielle "T-Rex Runner" Hastings, Meg Hays, Wally Hernandez, Jennifer Hienton, Rachael Hoagland, Pam Holcomb, David Holmen, James Hooko, LtCol William Hooks, AJ Hulsey, Stephen Hulsey, Melanie Humphrey, Kathryn Ivey, Dr. J, Brian Jacobson, Belinda Jared, Mike Jaris, David "Running Preacher" Johnson, Tania Johnson, Elizabeth Johnston, Cody Jones, Emily Jones, Becky Kellhofer, Sara Kent, Tracy Killion, Gerald King, Guy Klarfeld, PK, Carol Krizman, Pamela Lauroff, Edward Lebowski, Allison Leer, Mary Lenari, Jen Leugers, Tina Limes, Vincent Ma, Ray Macavinta, Tim Mahler, Laird Malamed, St John Maloney, Julius, Letty Marino, Nancy Marino, Scott Marsh, Lacey "Firecracker" Martinosky, Dennis Mayberry, Karen Mayes, Lia Mayfield, Matthew (Major Award) McBee, Denis McCarthy, Rick "Big Bird" McGrath, Gary McKinney, Terri Menghini, Mike Meza, Julie Michael, Michael "Uncle Mike" Miller, Maureen "Machine" Miner, John Moore, Dorman Morsman, Sheryl Morsman, Alison Mosqueda, Maggie Mount, Joey Mukherjee, Frank Muller "Brewmaster", Shawn "Cupcake Queen" Newton, Nicholas L. Norfolk, Carla Noya, Jon O'Neil, Andrea Odrzywolski, Richard Oechslein, Andrew Olsen, Gail Oney, Terry OToole, Kelli Oyewole, Sanjay Pamurthy, Jenn "CrazyRunner" Pellegrino, Lynda Petri, Suzanne Petro, Jacob Pfannenstiel, tony (tp!) phillippi, Leah Piper, Paul "The Brit" Piper, Mark Pitts, Brandon Plate, Cameron Plate, Patty Powell, Adam Pruett, Jody "wooden shoes" Reed, Cade Remsburg, Michael "Dr Dude" Rhodes, Crystal Richard, Tony Ripberger, "Lyle, Lyle Crocodile" Robertson, Jim "Dr. Evil" Roche, Jamie Rogers, Gwendolyn Rucker, har, Jc "The Saint" Santa Teresa, Jenny Savold, Kelli Schoenthaler, Christian Schultz, Lori Schwartz, Mike Schwartz, Jason Scott, Tehra Scott, Tana Setness Hoefs, Breanna Severin, Clyde \*the Glide\* Shank, Rita Sharp, Roy Sharp, McGyver, Sophia Shi, Brent Shirley, Jason Short, Haley Siggers, Geoffrey Simpson, Chris Smith, Suzanne Smith, Jason "Icky Thump" Soper, Heather Sorenson, Lu-E "-(O\_0)-" Soriano, MissGhana77, Darlene Spry, Dee Stevenson, Jackie Stone, Keith Stone, Matt Stultz, Alan Swankie, Jeff Taylor, Stasy Taylor, Roger "BMBLB RUNNER" Teel, Chastity Teeter, Taya Upkes, Cathlin Upton, Kirsten VanDyke, Breanna Waldrup, Michelle "Mom o' 6" Walker, Halbert, Randall (Randy)Ward, Jess Welsh, Amy Wenger, Ryan Whitney, Dave Whittenberg, Angie Whitworth Pace, Colleen Wilson, Rick Wilson, Aaron Woodhead, Jan Woodside, Brian Wright, Li-Chym Wu, Melinda Yanuaria, Rich Yap, Prez Steven Yee, Janel Yockers Chesser, Malissia Zapata



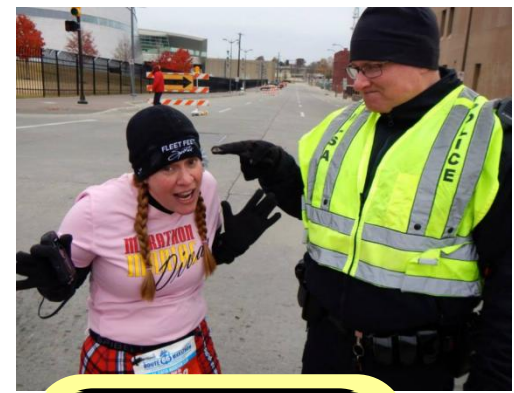


Abbi and Jim

Dave and Louie



Grant



Shane Bennett



Jessica, Janet and Stephanie



Marathon Maniacs running half marathons... YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 5500 members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

[www.halffanatics.com](http://www.halffanatics.com)



Half Fanatics at the SoCal Divas Half Marathon



# 2003

## A DECADE OF MANIACAL CRAZINESS!

### A look back at the first 10 years...

# 2013

## THE SIXTH REUNION: UTAH VALLEY MARATHON June 9, 2012 at Provo, Utah



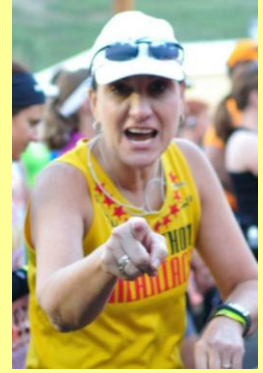
Joe Taricani



Jennifer Nuttall



Georgeta Gruescu and Lisa Wood



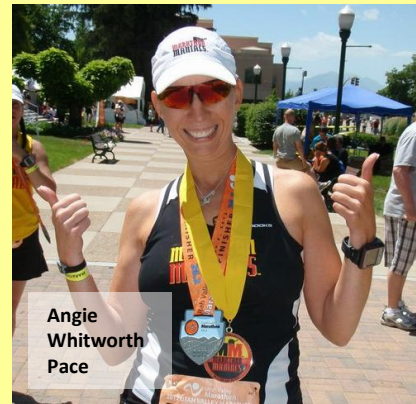
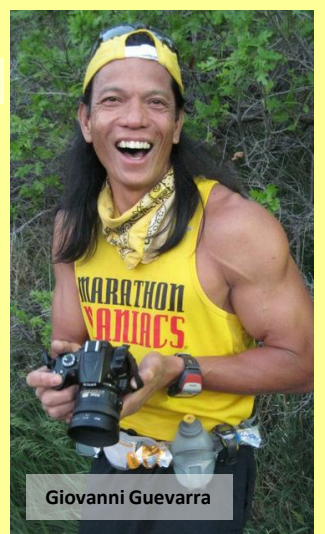
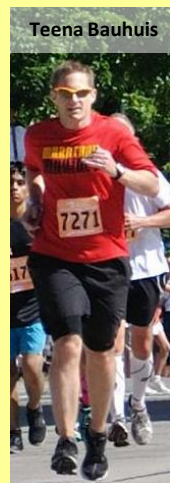
Jackie Gulino and Allie Levy



## 2003 A DECADE OF MANIACAL CRAZINESS! 2013

A look back at the first 10 years...

### THE SIXTH REUNION: UTAH VALLEY MARATHON



**Utah Valley Marathon (6/9/12):** Paul "Bronx Boy" Arroyo, Miranda Bachman, Bob Baker, Lindsay Baker, Teresa Baker, Bethany Barnes, Eric Beck, Dave Bell, Raj(RunningYogi), Jill Bidwell, Alison Black, Jim Blake, Jeff "Boneman" Bollman, John Bozung, Kyra Bronson, Joshua Bryant, Casey Chernesky, Doug "It's Cheaper Than Therapy" Clark, Martha "Ginger26.2" Corazzini, Jonathan Crampton, Tracy "Trixie" Crane, Teota Dangel, Brian Dedeke, Cindy DeSirant, LizNoel Duncan, Carol "Ponytail" Earles, Patrick Finney, Jim "Superdawg" Fisher, Abbi (Abbi-Normal) Florence, Anders "Biking Viking" Forselius, Paul Fournier, Earl Fulcher, Jorge Garcia, Galen Garrison, Mo Gillis, Jungle Juli/ MM Diva # 2, Laura Gorycki, Liz Gotter, Rob Gould, Elaine Green, Georgeta (GG!) Gruescu, Giovanni Guevarra, Jackie Gulino, Michael Hanson, Bob Hearn, Mike Herrin, Derek "Toes" Hogle, Yolanda "Walking Diva" Holder, Lecia Holley, Murray Honick, Michael Hoyt, The Shoe, Steve Hughes, Margaret Hvatum, Adam Irvin, Russ "Imminent Catastrophe" Johnson, Dan Jolley, Kim Jolley, Karen Khodadadi, Shelley "Maddog" Kincaid, Hideki "Kino" Kinoshita, Jamie Knight, Franz Kolb, Andrea Kooiman, Gary 'Cougar Bait' Krugger, Paige "quacky running chick" Kurtz, Ryan "Ultra Pussycat" Launder, Beatrice Le, Steven "Thunder" Lee, John Kent Leighton, Jim "Diesel" Levy, Shawn Loy, Roger MacMillan, Dotty Maddock, Bill Mandler, Jeremy Mann, Sue "Italian Stallion" Mantyla, Dave Mari, Gary "The Red Rabbit" Marr, Skyler Martinez, Lacey Martinosky, Rich Menzel, Valerie Merges, Cyndie Merten, Laura Milak, William Milak, Marsha Monson, Mike Mulholland, Roberta Mulholland, Julie Musselman, Chris Myers, Tim Nave, Jean Neely, Kurt "The Kidd" Neilan, Cyndie Nell, Tony "Endorphin Dude" Nguyen, Sonja Normann, John Oster, Jackie Panfili, Sue Parks, Mark Parrotte, Missy Peters, Jeff "Slice" Pettett, tony (tp!) phillippi, Blaine Phillips, Joni Pinkley, Cheri Pompeo, Trina Poppe, Maria Poranski, Mike Pruyne, Pascal Radley, "Captain" Dan Ratliff, Amy Reed, Irish Joe Reilly, Randen Richards, Scott Richardson, Tony Ripberger, Liz Roberts, "Lyle, Lyle Crocodile" Robertson, Patrick Rosch, Nadia Ruiz, Jc "The Saint" Santa Teresa, Chris Scott, McGyver, Chad Spilman, Katherine Stickney, John Strohmeier, Takao Suzuki, Bryndis Svavarsdottir, Joseph "The Marathon Show" Taricani, David "Dog Bone" Thierjung, Shana "Rustynail" Tolean, Joni "why rush?" Van Arsdale, Eddie Vega, Alicia Verburg, Susan Vogt, Karen "Evil Twin" Vollan, Gregg Walchli, Michelle "Mom o' 6" Walker, Steve "Marathon Freak" Walters, CJ \*\*Hollywood\*\* Warren, Jennifer Watson, Kim Weddington, Darwin "runninguy" Weimer, Terry "rocketgirl" Weimer, John Wells, Kat White, Angie Whitworth Pace, Barb Wnek, Houston "Wolfmaniac" Wolf, Lisa "Mama Lisa" Wood, Patrick Wood, Brian Wright, Li-Chym Wu, Prez Steven Yee, Unsteady Eddie, Mark Zaremba, Heather Zeigler, Marie "Mimi" Zornes





Ray Shaw



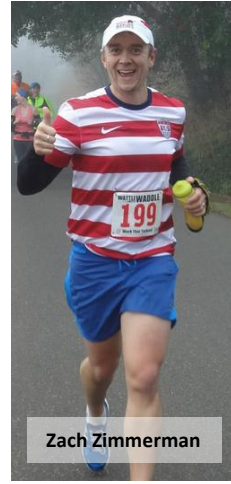
Betsy Rogers and Paul David

# WATTLE WADDLE MARATHON

SEATTLE, WASHINGTON



Sabrina Seher



Zach Zimmerman



Carrie



Pat

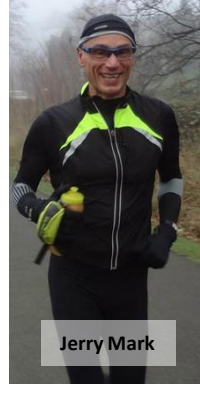


Sarah and Tory

**Wattle Waddle (11/28):** Margaret Barrett, Chris Bellevie, Mark Cliggett, Paul David, Sheila Dawe, Sarah Englund, Angela Frye, Linda Garbo, Galen Garrison, Margaret Gorog, Andrew Gorohoff, Mr. Pat, Rick "Roadkill" Haase, Christy Hammond, Ric "the sweeper pacer" Hart, Rachael Hoagland, David Holmen, Jill Hudson, Keith Hudson, Micaela Jensen, Byron Kaelin, Lou Kaelin, Tory "Teechur" Klements, "MMKuhl", Gary "The Red Rabbit" Marr, Larissa "Nordic Moxie" MM Diva #8, Rich Menzel, Little Leslie, Suzanne Nester, Monte Pascual, David Pearson, The Programmer, Pascal Radley, Crockpot, Katie Robinson, Danielle Ross, Bob Rutledge, Scott Sebelsky, Sabrina, Terry Sentinella, Rita White, Lisa "Mama Lisa" Wood



Prez



Jerry Mark



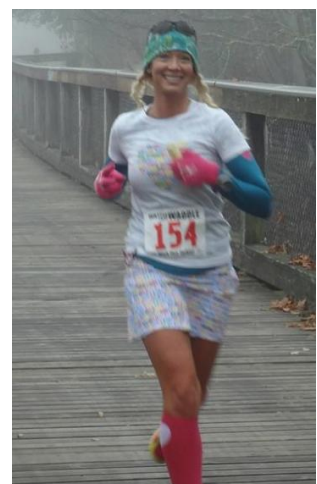
Lisa, Kristen and Kim



Rick







Michael and Fiona

Brian, Monte and Leslie

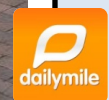
David Pearson running as Forest Gump



Susie Ro



Scott Sebelsky runs his 100<sup>th</sup> marathon!

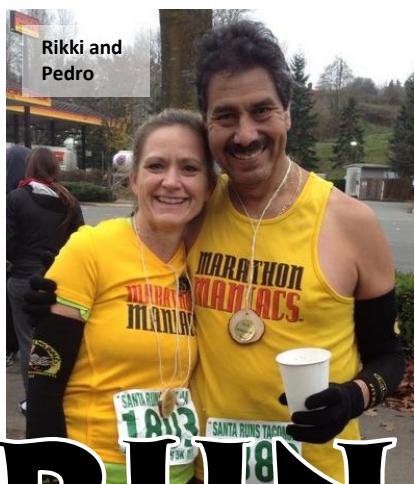


## Social Networking

From Facebook to Twitter, the Maniacs have a presence in the world of social networking. Whatever social network you prefer I'm sure the Maniacs are there, so check them out!

- Facebook: <http://www.facebook.com/group.php?gid=8904689204>
- LinkedIn: <http://www.linkedin.com/e/vgh/1843119/>
- MySpace: <http://www.myspace.com/marathonmaniacs>
- Dailymile: <http://www.dailymile.com/groups/1403-marathon-maniacs>
- RunningAhead: <http://www.runningahead.com/groups/MMS>





# WISHBONE RUN

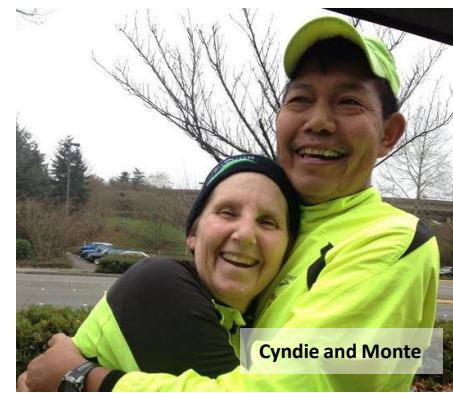
TUKWILA, WASHINGTON

**Grandpa's Wishbone Run (11/29):** Chris Bellevie, Rikki "Bobbie" Bogue, Mark "Thor" Casey, Mark Cliggett, Ruth Clymor, Ross Comer, Sheila Dawe, Tricia Early, Sarah Englund, Jennifer Ford, Angela Frye, Galen Garrison, Andrew Gorohoff, Mr. Pat, Rick "Roadkill" Haase, Christy Hammond, David Holmen, Jill Hudson, Laura Johnson, Byron Kaelin, Lou Kaelin, Gary "The Red Rabbit" Marr, Rich Menzel, Hideko Opperman, Monte Pascual, David Pearson, The Programmer, Pascal Radley, Crockpot, Katie Robinson, EatDrinkRunWoman, Danielle Ross, Scott Sebelsky, Sabrina, Jason Weekes, Rita White, Lisa "Mama Lisa" Wood

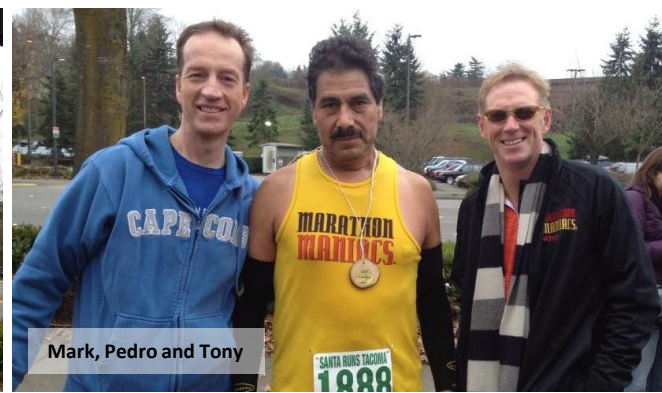


Brad

Mike and Gary



Cyndie and Monte



Mark, Pedro and Tony



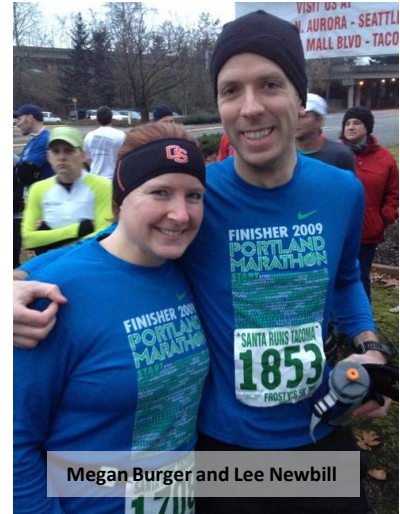
Andrew and Lee



Pascal Radley



Lisa and Kristen



Megan Burger and Lee Newbill





Art Jacobson



Samuel Louie



Jennifer Henton



Laura Schneider



Yolanda Holder



## MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

**This month's question:** Do you plan run more or less marathons in 2014 then in 2013?

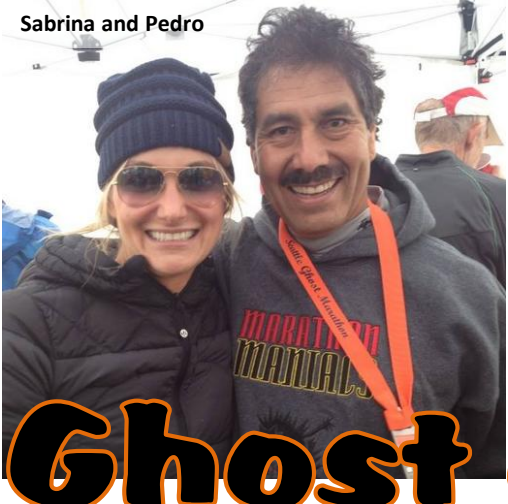
Please vote online between now and Jan11: <http://tinyurl.com/MMpoll2014a>

Yes and I'm a 50 state finisher!	<input type="checkbox"/>
Yes, but still working toward finishing the states.	<input type="checkbox"/>
No, I yet to get the required 10 states.	<input type="checkbox"/>
No, but I could.	<input type="checkbox"/>

**Last month's question:** Are you a member of the 50 States Marathon Club?

Almost half of the Maniacs are members of the 50 States Marathon Club (48.8%)  
Thanks for voting!

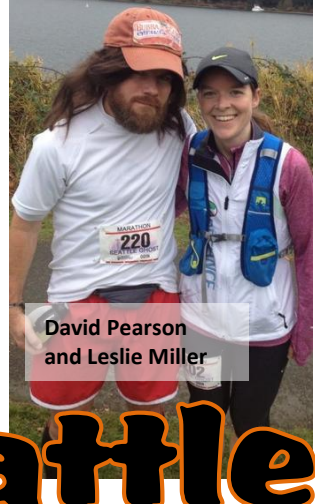




Sabrina and Pedro



Kim and Mike Kuhlmann



David Pearson and Leslie Miller



David Holman

# Ghost of Seattle Marathon

SEATTLE, WASHINGTON

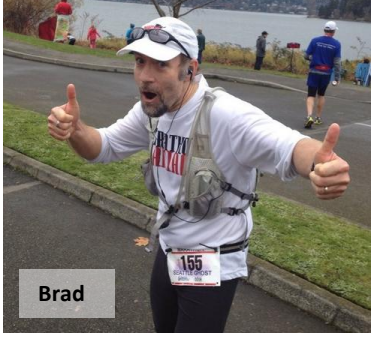
**Ghost of Seattle (11/30):** Mary Albrecht, Jenny Appel, Keven Babbitt, Margaret Barrett, Wendy Beck, Chris Bellevie, Rikki "Bobbie" Bogue, Cormac Burke, Mark Cliggett, Ruth Clymor, Rick Cooney, Paul David, Steve Duncan, Andy Dunn, Tricia Early, Sarah Englund, BJ Farish, Steven Ferry, Jennifer Ford, Angela Frye, Galen Garrison, Reed Glesne, Susan Glesne, Andrew Gorohoff, Terri "Maverick" Gray, Mr. Pat, Rick "Roadkill" Haase, Craig Hanela, Ric "the sweeper pacer" Hart, Annie Hernandez, David Holmen, Jill Hudson, Keith Hudson, Micaela Jensen, Steve Jensen, Gary "The Snail" Jones, Byron Kaelin, Lou Kaelin, Ethel Marie Kitching, James Klarich, Tory "Teechur" Klements, Gary "The Red Rabbit" Marr, Tracy Marshall, Rich Menzel, Little Leslie, Elizabeth Moore, Lisa Morin, Hideko Opperman, Gary Otheim, Monte Pascual, David Pearson, George Pemberton, Maria Pemberton, The Programmer, Jessica Placek, Cheri Pompeo, Jason Preszler, Pascal Radley, Crockpot, Katie Robinson, Danielle Ross, Deborah Rubel, Paul Schmidt, Sabrina, McGyver, Brian Starkey, Gregg Walchli, Becci Walking, Linda Walter, Karen Wang, Rita White



Peter



Ruth Clymor



Brad



Ric Hart



Karen Wang and her pacing crew.



Lee Newbill



Gary and Gary



Galen Garrison



## MARATHON MANIACS.

# REUNION RACE ON THE BAYOU

BATON ROUGE // JANUARY 19

Register Now >>

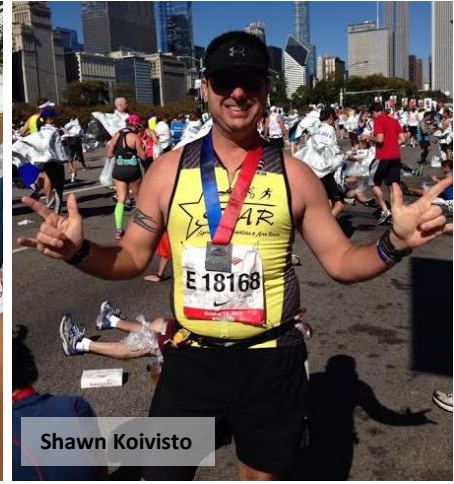
LOUISIANA MARATHON



Teresa Zanzarella



Anders Forselius, Juergen Englerth



Shawn Koivisto



Larry Herman



ZACH 10278

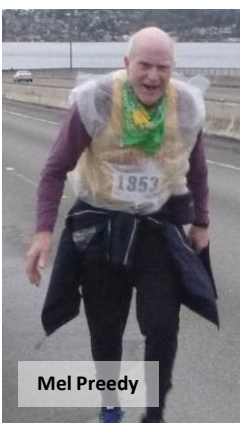


Rebecca Schaefer



STEVEN 2728





Mel Preedy



Tracy Marshall



Brad



SR Lopez



Gary, Laura and Roger



Mike



Nancy Szoke



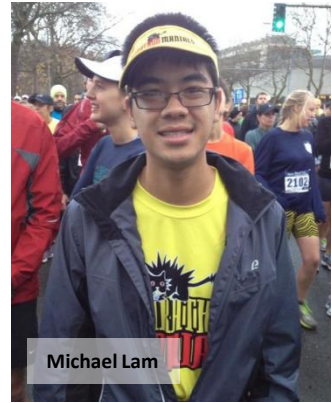
Marie and Deb



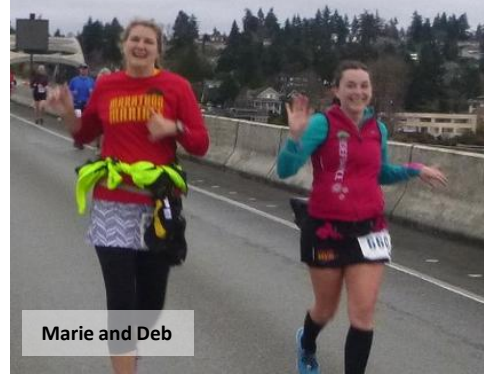
Will Flint



Michael Lam



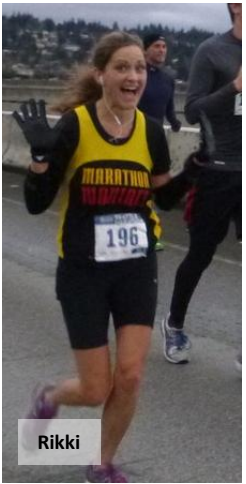
Chris Warren, Bob Dolphin and Tony Phillippi



# SEATTLE MARATHON

SEATTLE, WASHINGTON





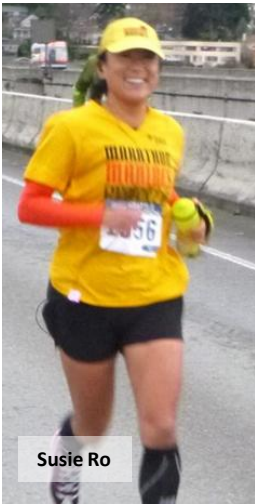
**Seattle Marathon (12/1):** Maniac #200, Tripster Roger, Mary Albrecht, Deanna Alvarez, John Anderson, Keven Babbitt, Pureza Bacor, Chris Bellevie, Dawn Bentley, Mary Bettelli, Rikki "Bobbie" Bogue, Robert Bondurant, Andy Bowden, Leon Bromley, My-Angela Buescher, Georgia Bunko, Janet Burgess, Mark Cliggett, Sporty Diva Coates, Ruben Contreras, Kris 'CLYDESDALE' Damiano, Alexis Racewalker Davidson, Sheila Dawe, Paige Denison, Doug Dominey, vvn Doorn, LeeAnn Dunham, Andy Dunn, Lisa Eagle, Ted Eckert, Dirty Dave, Steph Eldore, Sarah Englund, Anthony Epps, Deb Evdemon, Kevin Fallon, Steven Ferry, Will 'CAK7' Flint, Mabel Fong, Jennifer Ford, Angela Frye, Linda Garbo, Galen Garrison, Reed Glesne, Susan Glesne, Matt Glew, Marcia Godwin, Andrew Gorohoff, April "Honey Badger" Graves, Mr. Pat, Ginger Gruber, Rick "Roadkill" Haase, Craig Hanela, Ric "the sweeper pacer" Hart, Danielle Hathaway Henty, Jackie Helfgott, Annie Hernandez, Rachael Hoagland, David Holmen, Amy Holt, Robert Holt, Narongdej "Jay" Jaroensabphayanont, Laura Johnson, Genia "Tiptoes" Kacey, Byron Kaelin, Lou Kaelin, Mel Kistler, "MMKuhl", Walter Kwan, Michael "Endorphin Nephew" Lam, Kurt Lauer, Pamela Lauroff, Deborah Lazerson, Carl Lovgren, Sarah Lynch, Roger MacMillan, Gary "The Red Rabbit" Marr, Tracy Marshall, Larissa "Nordic Moxie" MM Diva #8, Vickie McDonald, Rich Menzel, Little Leslie, Elizabeth Moore, Mike Moore, Lisa Morin, Joanne Moss, Michael Mutch, Jean Neely, Kristina Newcomb, Hideko Opperman, Gary Otheim, Jackie Panfilii, Kay Pee, Monte Pascual, David Pearson, Bill Powers, Mike Pruyne, Charlie Quinn, Pascal Radley, Bill Ralph, Carolyn Reeves, Lisa "Cupcake" Reid, Joe Reilly, Carmen Rempel, Pamela Rensch, Megan Reuther, John Rivera, Crockpot, Katie Robinson, Tom Rogers, Danielle Ross, Linda "Girlie" Rowe-O'Neal, Heather Rowley, Deborah Rubel, Mark Ruter, Mike Schmitt, Tom "H.D." Scott, Sabrina, Terry Sentinella, Michael Shiach, Amy Shields, Aimee Shuey, "Marathon Diet", Peter Stackpole, Kirk Stafford, Brian Starkey, Lee Stock, Rebecca Sudduth, Gunhild Swanson, Lisa Switzer, Janet Vogelzang, Steve "Marathon Freak" Walters, CJ \*\*Hollywood\*\* Warren, Suzy Waters, Olaf Weckner, Dan Whitaker, Rita White, Steve White, Angela Wilder, Steve Wisner, Brett Wittner, Rod Wolfy, Jennifer Wood, Kimberley Worthen, Melody Wright, Chrissy Yamada, Melinda Yanuarua, Prez Steven Yee, Rossana Zemek, Marie "Mimi" Zornes



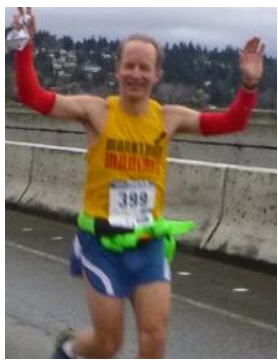




Pat



Susie Ro



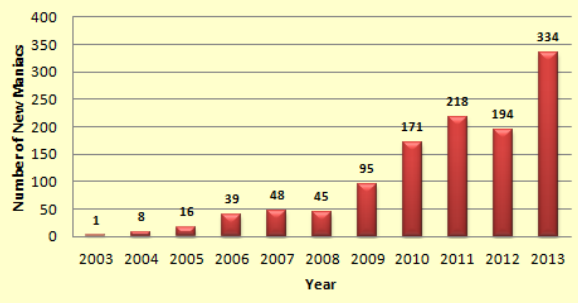
## REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

### Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	54.4	45.4	51.9	46.7	74.2	60.1	40.1	23.4	28.2	70.2	83.5	84.5	584.4
2012	154	95	126	132	160	147	101	56	71	174	194	182	1592
2013	212	95	170	138	212	133	91	56	73	257	<b>334</b>		1771

### New Maniacs for November



New Maniacs in Nov 2013: 334  
 New Maniacs in 2013: 1771

Total Maniacs: 8199

State	MM	Pct%
Washington	1012	12.3%
California	624	7.6%
Texas	497	6.1%
Illinois	325	4.0%
New York	257	3.1%
Florida	242	3.0%
Virginia	217	2.6%
Oklahoma	204	2.5%
Oregon	185	2.3%
Georgia	175	2.1%

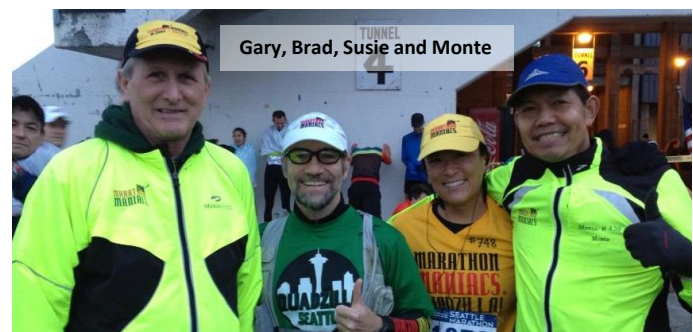




Ric Hart and Rich Menzel



David Holman and Sabrina Seher



Gary, Brad, Susie and Monte

THE FOURTH ANNUAL

# SEATTLE QUADZILLA

SEATTLE, WASHINGTON • NOVEMBER 28-DECEMBER 1, 2013



Monte Pascual and Cyndie Merten



Jordan Myers



Jamie Johnson



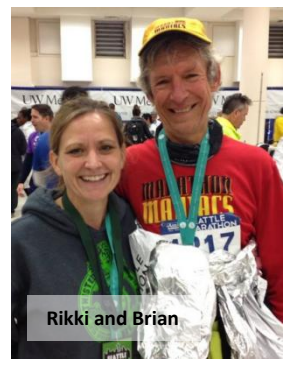
Kim Kuhlmann



Galen Garrison and Danielle Ross



Gary, John, Pascal and Lee



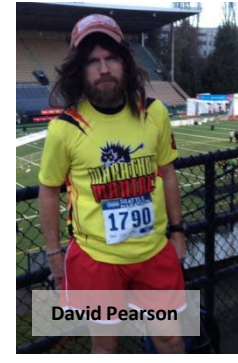
Rikki and Brian



Patrick Grengs



Pedro Infante



David Pearson



Andrew Gorohoff and Lee Newbill



## Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMUpgrade>

- **Titanium (10 star) Maniac:** Melinda Yanuaria, Brent Weigner, Kevin Hanna, Marc Tremblay
- **Platinum (8 star) Maniac:** None
- **Palladium (7 star) Maniac:** Jim Roche, Bill Beardall
- **Osmium (6 star) Maniac:** Beth Knox, Michel Maokhampio
- **Ruthenium (5 star) Maniac:** Peter King, Stitch
- **Iridium (4 star) Maniac:** Oyauma Garrison, Lisa Grippe
- **Gold (3 star) Maniac:** Michele Parnell, Mabel Fong, Donald Bierer
- **Silver (2 star) Maniac:** None
  
- **100 Marathons:** Scott Sebelsky

### New Titanium Maniacs!!



Melinda Yanuaria



Brent Weigner



Kevin Hanna



Marc Tremblay



Michelle Walker, Jane Lanford, Ellen Van Royer



Al Kohli  
Shanan Redinger  
Aaron Redinger



JC Sta Teresa, Juergen Englerth



Marina White



Marina White & Larry Wasson



Julia Khvasechko





## What's Coming Up In December-February

### Marathon/Ultra Calendar between December 21-February 8

- Saturday, December 21  
 Otter Creek Trail Marathon (KY)  
 Pigtails Flat Ass 50k/26.2 (WA)  
 Rocket Racing Reindeer Run (CA)  
 Seashore Nature Trail 50k (VA)  
 Westwood Lake Winter Solstice Marathon (BC)  
 Willow Winter Solstice Marathon (AK)
- Sunday, December 22  
 Chiang Mai Marathon (THA)
- Thursday, December 26  
 Operation Jack Marathon (CA)  
 Savage Seven (7 day event) (FL)
- Friday, December 27  
 Tuscobia 150m (WI)
- Saturday, December 28  
 3 Bridges Marathon (AR)  
 Aravaipa Across the Years 6 Day (AZ)  
 Houston Running Festival  
 100m/100k/50k/26.2/24h/12h (TX)  
 HUFF 50k (IN)  
 New Years Resolution 12h (HI)  
 Run for the Ranch (MO)  
 Seattle Locks Fat Ass Marathon (WA)  
 Tuscobia 75m/35m (WI)
- Sunday, December 29  
 Aravaipa Across the Years 72h (AZ)  
 Jacksonville Bank Marathon (FL)  
 Yukon Do It (WA)
- Monday, December 30  
 Aravaipa Across the Years 48h (AZ)
- Tuesday, December 31  
 Aravaipa Across the Years 24h (AZ)  
 CAR Three Day Event (CA)  
 CTR New Years One Day 24h/12h/6h (CA)  
 Freedom Park New Years Ultra 24h/12h/26.2 (NC)  
 Last Chance Marathon (WA)  
 New Years Double - NYE (TX)
- Wednesday, January 1  
 First Call Winter 50k/26.2 (WA)  
 Neujahrsmarathon Zurich (CHE)  
 New Years Double - NYD (TX)  
 Texas Marathon (TX)
- Thursday, January 4  
 Athens Big Fork Trail Marathon (AR)  
 Croom Zoom 100k/50k (FL)  
 Frosty Bottom 50m (50mi-AK)  
 Frozen Sasquatch (WV)  
 Neusiok Trail 100k/43m (NC)  
 Phunt 50k (MD)  
 Pistol 100m/100k/50k (TN)  
 Run4RKids 6h/26.2 (ON)  
 Watchung Winter 50k/26.2 (NJ)
- Friday, January 5  
 Camarillo Marathon (CA)  
 Herb Parsons Trail Marathon (TN)
- Friday, January 10  
 Tiberias Marathon (ISR)
- Saturday, January 11  
 Aravaipa San Tan Scramble (AZ)  
 Bridle Trails 50k (WA)  
 Mississippi Blues Marathon (MS)  
 New Year's Revolution Run 5h (UT)  
 Pullman Winter Ultras #10 (WA)  
 Tejas Trails Bandera 100k/50k (TX)
- Sunday, January 12  
 Cebu Marathon (PHL)  
 First Light Marathon (AL)  
 Honkers Motivational Marathon (CA)  
 Walt Disney World Marathon (FL)  
 Zoom! Yah! Yah! Indoor Marathon (MN)
- Saturday, January 18  
 Beast of Burden Winter 100m/50m (NY)  
 Capitol Peak Mega Fat Ass 34m (WA)  
 CAR Beach Blast (CA)  
 Charleston Marathon (SC)  
 Hilo to Volcano 50k (HI)  
 Hong Kong 100 Ultra (100K-HKG)  
 HURT 100 (HI)  
 Museum of Aviation Marathon (GA)  
 San Diego 50m/26.2 (CA)  
 The Duel (TX)
- Sunday, January 19  
 Bahamas Marathon (BHS)  
 Batona 50m/50k (NJ)  
 Bermuda Marathon (BMU)  
 Big Bend 50k (TX)  
 Carlsbad Marathon (CA)  
 China Coast Marathon (HKG)  
 Clearwater Marathon (FL)  
 Houston Marathon (TX)  
 Louisiana Marathon (LA)  
 Maui Oceanfront Marathon (HI)  
 Mumbai Marathon (IND)  
 Ocala Marathon (FL)  
 Redding Marathon (CA)  
 Rock N Roll Arizona (AZ)  
 SwampStomper (TN)  
 Yangon International Marathon (MMR)
- Friday, January 24  
 Dubai Marathon (ARE)
- Saturday, January 25  
 Aravaipa Coldwater Rumble 100m/52m/52k (AZ)  
 Arena Attack XL Center (CT)  
 Bataan Death March 160k (PHL)  
 Bone Island Triathlon (FL)  
 Calico Running from an Angel 50m/26.2 (NV)  
 Go Short Go Long Go Very Long (OK)
- Kahtoola Bigfoot Snowshoe Festival 50k/26.2 (UT)  
 Lake Youngs Nuts Run (WA)  
 Mountain Mist (AL)  
 Planet Adventure Winter Night Trail Marathon (IN)  
 Yuma Territorial Marathon (AZ)
- Sunday, January 26  
 Calico Trail Run (CA)  
 Callaway Gardens Marathon (GA)  
 CAR Back to the Marina (CA)  
 Icebreaker Indoor Marathon (WI)  
 Marathon International de Marrakech (MAR)  
 Miracle Match Marathon (TX)  
 ONU Polar Bear Indoor Marathon (OH)  
 Town of Celebration Marathon (FL)  
 USA Fit Kickin Asphalt Marathon (TX)
- Monday, January 27  
 Arrowhead 135 (MN)
- Saturday, February 1  
 Antelope Canyon 50m/50k (AZ)  
 CAR Run the Beach (CA)  
 Desert Classic Marathon (AZ)  
 Enviro-sports Death Valley Marathon (CA)  
 Rainshadow Orcas Island 50k (WA)  
 Sean O'Brien 50m/50k/26.2 (CA)  
 Sedona Marathon (AZ)  
 SkyDive Ultra 100m/50m/50k (FL)  
 Surfside Beach Marathon (TX)  
 Tejas Trails Rocky Raccoon 100m (TX)
- Sunday, February 2  
 Groundhog Marathon (MI)  
 Melbourne Music Marathon (FL)  
 Miami Marathon (FL)  
 Midwinter Marathon Apeldoorn (NLD)  
 Rock N Roll New Orleans (LA)  
 Surf City Marathon (CA)  
 Tallahassee Marathon (FL)  
 West Seattle Fat Ass (WA)
- Friday, February 7  
 Alaska Iditasport 200m/100k (AK)
- Saturday, February 8  
 American Canyon Race (CA)  
 Delirium 24h/12h/6h (SC)  
 Endurancelife CTS South Devon 34.9m/26.2 (GBR)  
 Hilton Head Marathon (SC)  
 Louisville McLovin the Hills (KY)  
 Manasota Track Club 50k (FL)  
 Mill Stone 50k (SC)  
 Mississippi River Marathon (MS)  
 North Face 100k Thailand (THA)  
 Pemberton Trail 50k (AZ)  
 Psycho Wyco Run Toto Run (KS)  
 Tejas Trails Rock Raccoon 50m (50mi-TX)  
 Two Million Inch Run (WA)



## New Maniacs in November 2013

Rolando Ocampo (#7866)  
 Alison Gorham (#7867)  
 Svenofthenorth (#7868)  
 Stephen Pater (#7869)  
 Tina Sujana (#7870)  
 Clinton Trader (#7871)  
 Antoinette Phillips (#7872)  
 Steven Cochran (#7873)  
 Peter Gorham (#7874)  
 Shalisa Davis (#7875)  
 Nicole Edwards (#7876)  
 Dennis "IBleedUnionBlue" Ley (#7877)  
 Seth Kramer (#7878)  
 Jason Cales (#7879)  
 Jack Cooper (#7880)  
 Christina Beagle (#7881)  
 Roger Smothers (#7882)  
 Michelle Stevens (#7883)  
 Kevin Jones (#7884)  
 Pamela Sherwood (#7885)  
 Hope Francis (#7886)  
 BO (#7887)  
 Lisa Picek (#7888)  
 Jeni Goodwin (#7889)  
 Jason Buckley (#7890)  
 Bryan McCauley (#7891)  
 Wende Cleary (#7892)  
 Julie Weidemann (#7893)  
 Kristina Salib (#7894)  
 Deanna Grimes (#7895)  
 Melissa Scott (#7896)  
 Lindsey Harris (#7897)  
 Joanna Lochner (#7898)  
 Deborah Renville (#7899)  
 Kristin Bradfield (#7900)  
 Elizabeth Harris (#7901)  
 Jeanette Barbosa (#7902)  
 Dana Pelleman (#7903)  
 Gilberto Sosa (#7904)  
 Scott Labrecque (#7905)  
 Matt Woolston (#7906)  
 Claudia Mello (#7907)  
 Jessica Reed-Shultz (#7908)  
 Sarah Henke Shafer (#7909)  
 Kimberly Humiston (#7910)  
 Amy Wathen (#7911)  
 Kevin Crail (#7912)  
 Steven Weiner (#7913)  
 Baylie "BayLordd" Jabben (#7914)  
 Cara Greening (#7915)  
 Wally Hernandez (#7916)  
 Donna McBride (#7917)  
 Jessica Rogozinski (#7918)  
 Brooke Williams (#7919)  
 Tran Lam (#7920)  
 Gail Oney (#7921)  
 Pete Richardson (#7922)  
 Kim Shrigley (#7923)  
 Jason Short (#7924)  
 Michael Cozza (#7925)  
 Carolyn Hehir (#7926)  
 Kenny Hoong (#7927)  
 Marissa Comia (#7928)  
 Sara Cooper (#7929)  
 Trena Chellino (#7930)  
 Tammy Hellings (#7931)  
 Christine Mayfield (#7932)  
 Steven Gill (#7933)  
 Brian Cole (#7934)  
 Ken Beach (#7935)  
 Bernard El Dorrado (#7936)  
 Madison Hamblen (#7937)  
 Gordon Graham (#7938)  
 Bonni Kirkwood (#7939)  
 Shea McKinney (#7940)  
 Tami Moore (#7941)  
 Brianna Carlson (#7942)  
 Julie Lindgren (#7943)  
 John Kohler (#7944)  
 Jeff Carnes (#7945)  
 Vincent Young (#7946)  
 Darrell Brumfield (#7947)  
 James Godwin (#7948)  
 Heather Ruger (#7949)

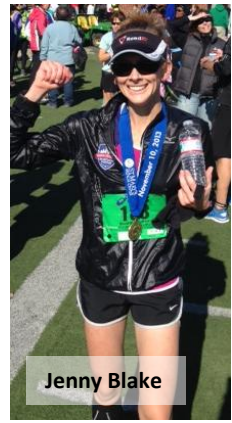
Colton Gale (#7950)  
 Dennis Prewitt (#7951)  
 Nina Steinberg (#7952)  
 Ebo Dawson-Andoh (#7953)  
 Jason Wah (#7954)  
 Melissa Mattiazzo (#7955)  
 Phillip Rupp (#7956)  
 Alice Toyonaga (#7957)  
 Jorge Gallo (#7958)  
 Christine Nekrasov (#7959)  
 Saša Gacik (#7960)  
 Lee Murphy (#7961)  
 Andrea Reynolds (#7962)  
 Samantha Howe (#7963)  
 Michelle Monroe (#7964)  
 Tomas Medevielle (#7965)  
 Taylor Morgan (#7966)  
 Angela Martin (#7967)  
 Chuck Garza (#7968)  
 Javier Roble (#7969)  
 Laurie Baker (#7970)  
 Roxy Toomey (#7971)  
 Jacki Einoris (#7972)  
 Nick Jankowski (#7973)  
 Shane Palmira (#7974)  
 Marion Hambrick (#7975)  
 Stephen Siegel (#7976)  
 Jason Sanchez (#7977)  
 Kasey Potts (#7978)  
 Jaclyn Lindstrom (#7979)  
 Angie Link (#7980)  
 Deborah Schulte (#7981)  
 Melvin Owens (#7982)  
 Teresa Zanzarella (#7983)  
 Hannah Mitchell (#7984)  
 Kathleen Brown (#7985)  
 Ron Gnau (#7986)  
 Tywana Minor (#7987)  
 Melissa Sofos (#7988)  
 Janel Kraus (#7989)  
 Brandon Boger (#7990)  
 Marty Scites (#7991)  
 Ray Sgroi (#7992)  
 Troy Hibbits (#7993)  
 Theresa Moore (#7994)  
 Matt Arrowood (#7995)  
 FearlessBear2 (#7996)  
 Lindsay Rodriguez (#7997)  
 Heidi Simpson (#7998)  
 Francis Hoover (#7999)  
 Brent Weigner (#8000)  
 Travis Lockwood (#8001)  
 Brian Bell (#8002)  
 Maria José Ferreira Borges Paschoalimoto (#8003)  
 Vanessa Blevins (#8004)  
 Tiffany Isakson (#8005)  
 Kurt Ohlinger (#8006)  
 Tricia Hadley (#8007)  
 Robert Del Real (#8008)  
 Tennie Eppenger (#8009)  
 Seth Petersen (#8010)  
 Marnie Trippensee (#8011)  
 Bob Barnard (#8012)  
 Melissa Garrett (#8013)  
 Anthony Johnston (#8014)  
 Carlos Gomez (#8015)  
 Del Halter (#8016)  
 Melissa Brown (#8017)  
 Rod Wolfy (#8018)  
 Shawn Moore (#8019)  
 Kristen Pearlless Healey (#8020)  
 Allison Cullen (#8021)  
 Lisa Duffey (#8022)  
 Erin Wagley (#8023)  
 Terry Biehl (#8024)  
 Naomi Fair (#8025)  
 Kate Harrahill (#8026)  
 Amanda Davis (#8027)  
 Theresa Vu (#8028)  
 Steve Garrett (#8029)  
 Vasillis Toxavidis (#8030)  
 Rachel Reardon (#8031)  
 Mark Boehm (#8032)  
 Clive Start (#8033)

Glen Castro (#8034)  
 Wes Mailman (#8035)  
 Landi Goosen (#8036)  
 Stacie Groebner (#8037)  
 Wes Hollander (#8038)  
 Ron Rees (#8039)  
 Jenny Blake (#8040)  
 Lowell Koppel (#8041)  
 Leigh Ann Schultz (#8042)  
 Christian Schultz (#8043)  
 Eli Hassid (#8044)  
 Danielle Shown (#8045)  
 Jeff Soileau (#8046)  
 Joey Correia (#8047)  
 Cortney Jantzer (#8048)  
 Jim White (#8049)  
 John Mangahas (#8050)  
 David Larson (#8051)  
 Stephen Jackson (#8052)  
 Gretchen West (#8053)  
 Uday Kathayan (#8054)  
 April Burks-Lilyquist (#8055)  
 David Standley (#8056)  
 Charles Lim (#8057)  
 Wendy Murray (#8058)  
 Gwendolyn Williams (#8059)  
 Eileen Marks (#8060)  
 Matt Witter (#8061)  
 Heather Durick (#8062)  
 Heike Rodriguez (#8063)  
 Melissa McDonald (#8064)  
 Karina Guzman (#8065)  
 Dionne Brown (#8066)  
 Jim Shoe (#8067)  
 In Suk Bullock (#8068)  
 Kathy Crawford (#8069)  
 Sean Smith (#8070)  
 Calix Fattmann (#8071)  
 Anthony Burgess (#8072)  
 Paul Oman (#8073)  
 Brian Simpson 2 (#8074)  
 Karen Murray (#8075)  
 Tom Hawes (#8076)  
 Matthew Murton (#8077)  
 Courtenay Brown (#8078)  
 Meghan Tomczyk (#8079)  
 Jessica Benjamin (#8080)  
 David Kayal (#8081)  
 Jason Smith (#8082)  
 MaryRose DiBiano (#8083)  
 David Colman (#8084)  
 Chris Monasmith (#8085)  
 Brice Benz (#8086)  
 Tom Berg (#8087)  
 Alexander Lopez (#8088)  
 Joe Mays (#8089)  
 Mary Yeh (#8090)  
 Krista Bragg (#8091)  
 Chris Chafin (#8092)  
 Pam Hammers (#8093)  
 Kristen Barone (#8094)  
 Eric Rayvid (#8095)  
 Jay Spector (#8096)  
 Jeff Merryman (#8097)  
 Tiffany Harris (#8098)  
 Larry Bader (#8099)  
 Henry Fougere (#8100)  
 Jessica Woods (#8101)  
 Zhiquan Yeo (#8102)  
 Wendy Noffke (#8103)  
 Becca Pizzi (#8104)  
 Dee Leonard (#8105)  
 Kenneth Tom (#8106)  
 Chris Margallo (#8107)  
 NorthQueensRunner (#8108)  
 Hector Mendoza (#8109)  
 wannabeglb (#8110)  
 Kara Beussink (#8111)  
 Julie Cox (#8112)  
 May Liao (#8113)  
 Belinda Sarosi (#8114)  
 Steve Millard (#8115)  
 Deborah Bruckman (#8116)  
 Laura Moehling (#8117)

Ralph Suarez (#8118)  
 Rachel Ridgway (#8119)  
 Viktoriya Kolosova (#8120)  
 Sean Huffman (#8121)  
 Tony Cheong (#8122)  
 Sarah Bradshaw (#8123)  
 Christine Davidson (#8124)  
 Leslie Harris (#8125)  
 Carlos Pineda (#8126)  
 Adam Marsh (#8127)  
 Robert Stepp (#8128)  
 Joshua Lessin (#8129)  
 Jenn Savedge (#8130)  
 Tom Musser (#8131)  
 Ana Giron (#8132)  
 Ostine Watts (#8133)  
 Brian Ladrillono (#8134)  
 Carol Young (#8135)  
 Michael Morales (#8136)  
 Christie Hoban (#8137)  
 Barbara Toney (#8138)  
 Tom Armstrong (#8139)  
 Martha Diesslin (#8140)  
 Craig Diesslin (#8141)  
 Silvia Ramirez (#8142)  
 Gabby Brockett (#8143)  
 Kamen Yotov (#8144)  
 Melissa Moreno (#8145)  
 Sharon Boyd (#8146)  
 Joshua Robinson (#8147)  
 Ronald Velasquez (#8148)  
 Veronique Viola (#8149)  
 Jim Pease (#8150)  
 Kenny Raynor (#8151)  
 Kim Ready (#8152)  
 RaShawn Lee (#8153)  
 Melanie Eversley (#8154)  
 Becca Fenstermaker (#8155)  
 Monica Danna (#8156)  
 Airais McCoy (#8157)  
 Jason Weintraub (#8158)  
 Lynne Nielsen (#8159)  
 Mynor Gonzalez (#8160)  
 Paul Aloe (#8161)  
 Andrea Ritchie (#8162)  
 Rebecca Weathers Fite (#8163)  
 Torben Dahl (#8164)  
 Dustin Winton (#8165)  
 Amy Roberts (#8166)  
 Roberto Ozaeta (#8167)  
 Mathew Mapram (#8168)  
 Kellene Mullin (#8169)  
 Paul Sullivan (#8170)  
 Judith Moore (#8171)  
 Glen Hempstock (#8172)  
 Dennis Mayberry (#8173)  
 Alan Buehler (#8174)  
 Tonya Buehler (#8175)  
 Sheryl Chesky Sauceman (#8176)  
 Tomasz Adamusiak (#8177)  
 Velerie Sabbag (#8178)  
 Jerry Dattilo (#8179)  
 Tonya Goepfert (#8180)  
 Laurie "SuperGirl" England (#8181)  
 Todd Heinrichs (#8182)  
 Jim Hughes (#8183)  
 Tom Osterbuh (#8184)  
 Gary Ferguson (#8185)  
 Candice Kirberger (#8186)  
 James Meredith (#8187)  
 Michael Perez (#8188)  
 Mike Becker (#8189)  
 Cody Cheyne (#8190)  
 Rory Tarr (#8191)  
 Stephanie Graham (#8192)  
 Erica Malott (#8193)  
 Kevin Hanna (#8194)  
 John Hunnycutt (#8195)  
 Judy Tremblay (#8196)  
 Marc Hofmeister (#8197)  
 Jill Miesen Proehl (#8198)  
 Suzanne Hart (#8199)



## NEW MANIACS



Jenny Blake



Michelle Imperio Lee  
and Anita Uyehara



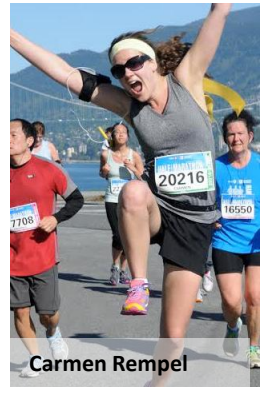
Pamela Hollick  
Christiana Beagle  
Lisa Picek



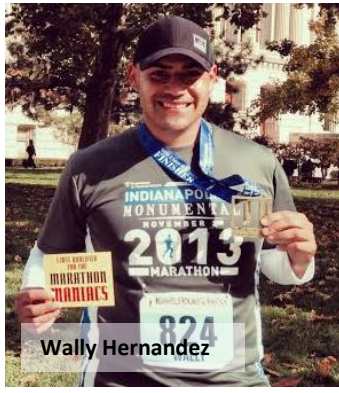
Christine Davidson



Jason Cales



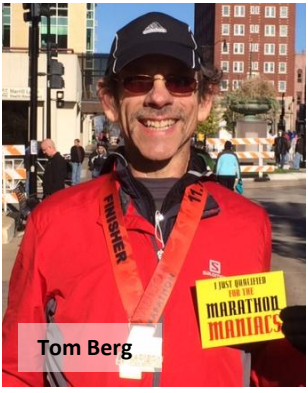
Carmen Rempel



Wally Hernandez



Melissa Sofos and  
Janel Kraus



Tom Berg



Laura  
Moehling



Trish Hadley

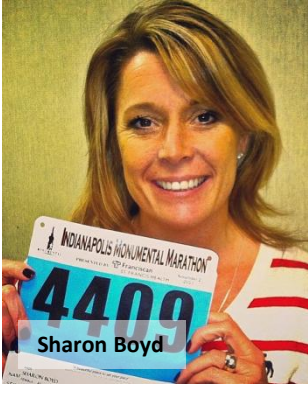


2 fulls in 16 days!  
Maniac #7982

Melvin Owens



Karina Guzman



Sharon Boyd



Deanna  
Grimes



Christine Mayfield



Melissa Holloway



Brice Benz



Tim Mullican



James  
Godwin





## FROM THE EDITOR...

We are entering the winter months. Route 66 Marathon and fridge temps is a clear example of that. I hope everyone has a great Holiday season and looking forward to 2014!

Happy Running!

- Steve "Marathon Freak" Walters MM#338

Ruth Clymor and Steve Walters



## MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts that have a \*\* in front of the race name and don't forget about the Maniac discounts at Running Skirts [www.runningskirts.com](http://www.runningskirts.com) ; The Running Warehouse [www.runningwarehouse.com](http://www.runningwarehouse.com) for all your non-Maniac branded apparel and shoe needs; and at TRY Chips [www.trychips.com](http://www.trychips.com) for your healthy snacking needs.

- \*\*Operation Jack Marathon (CA) 12/26/13: [www.operationjack.org/marathon](http://www.operationjack.org/marathon)
- Mississippi Blues Marathon 1/11/14: [www.msbluesmarathon.com](http://www.msbluesmarathon.com)
- First Light Marathon (AL) 1/12/14: [www.firstlightmarathon.com](http://www.firstlightmarathon.com)
- Louisiana Marathon (*Maniac Reunion!*) 1/19/14: <http://thelouisianamarathon.com>
- Celebration Marathon (FL) 1/26/14: [www.celebrationmarathon.com](http://www.celebrationmarathon.com)
- Miracle Match Marathon (TX) 1/26/14: <http://miraclematchmarathon.org>
- \*\*The Sedona Marathon (AZ) 2/1/14: [www.sedonamarathon.com](http://www.sedonamarathon.com)
- Melbourne Music Marathon (FL) 2/2/14: [www.themelbournemarathon.com](http://www.themelbournemarathon.com)
- Myrtle Beach Marathon (SC) 2/15/14: [www.mbmarathon.com](http://www.mbmarathon.com)
- Fort Lauderdale A1A Marathon (FL) 2/16/14: [www.a1amarathon.com](http://www.a1amarathon.com)
- Mercedes Marathon (AL) 2/16/14: [www.mercedesmarathon.com](http://www.mercedesmarathon.com)
- Little Rock Marathon (AR) 3/2/14: [www.littlerockmarathon.com](http://www.littlerockmarathon.com)
- Tobacco Road Marathon (NC) 3/16/14: <http://tobaccoroadmarathon.com>
- \*\*Hogeye Marathon (AR) 3/30/14: [www.hogeyemarathon.com](http://www.hogeyemarathon.com)
- Irving Marathon (TX) 4/5/14: [www.irvingmarathon.com](http://www.irvingmarathon.com)
- Carmel Marathon (IN) 4/12/14: [www.carmelmarathon.com](http://www.carmelmarathon.com)
- Riverboat Series (KY, TN, AR, MS, LA) 4/12-16/2013: <http://mainlymarathons.com/home/riverboat>
- Blue Ridge Marathon (VA) 4/26/14: <http://blueridgemarathon.com>
- Oz Marathon (KS) 4/26/14: [www.olate.org/sports/Marathon](http://www.olate.org/sports/Marathon)
- \*\*Wisconsin Marathon 5/3/14: [www.wisconsinmarathon.com](http://www.wisconsinmarathon.com)
- \*\*Tacoma City Marathon 5/4/13: [www.tacomacitymarathon.com](http://www.tacomacitymarathon.com)
- Fargo Marathon (ND) 5/10/14: [www.fargomarathon.com](http://www.fargomarathon.com)
- \*\*Shires of Vermont Marathon 5/18/14: <http://shiresofvermontmarathon.com>
- \*\*Vermont City Marathon 5/25/14: [www.vermontcitymarathon.org](http://www.vermontcitymarathon.org)
- The New England Challenge (ME, NH, RI, CT, MA) 5/12-16/2014: [www.newenglandchallenge.org](http://www.newenglandchallenge.org)
- \*\*Windermere Marathon (WA) 6/1/14: <http://windermeremarathon.com>
- Heartland Series (MI, IN, IL, IA, WI) 6/4-8/2014: <http://mainlymarathons.com/heartland>
- \*\*Mad Marathon (VT) 7/6/14: [www.madmarathon.com](http://www.madmarathon.com)
- \*\*Eugene Marathon (OR) 7/27/14: <http://eugenemarathon.com>
- San Francisco Marathon 7/27/14: [www.thesfmarathon.com](http://www.thesfmarathon.com)
- \*\*Moose's Tooth Marathon 8/17/14 (AK): [www.bigwildliferuns.org](http://www.bigwildliferuns.org)

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: [jeff@marathonmaniacs.com](mailto:jeff@marathonmaniacs.com)



**PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)  
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!**

**A REMINDER IS SENT WITH THE MONTHLY E-FLASH  
AND SOME OF YOU ARE OVERDUE!!**



## RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



Hiya Prez!

HOW are YOU, BUDDY? Even 3000 miles away, you, Chris, and Tony impact my life all the time. This morning, for instance, it was 25 degrees out, gray sky, starting to snow, and I had not run in ten days, but there was a 9.3 mile race in Central Park, which is 25 miles and one construction-zone-laden George Washington Bridge away. Good day to stay home. But you would have said, "Let's Go, Rev." So I went. Ran slower than molasses, but thanks. I had a great time.

Even now watching the Army Navy football game, I'm reminded of you. Navy has eleven wins in a row against the Cadets. Kind of like you running marathons 11 weeks in a row. The midshipmen are maniacs, huh? But I like Army. My great-grandpa actually wrote all their good marches, and *that's* why I run slow.

(See how nice I am to you Prez? I was going to say I thought of you at Thanksgiving because we had turkey. Hahaha! But a friend of ours in Washington said "east coast funny isn't Northwest funny." So I changed it.)

Thanks for letting me stay in the club recently. My numbers are way off. Stupid little injuries (no really!), because I'm such a Stupid when it comes to training wisely. And the injuries keep me off my peak. Not that it was a long fall.

Also, clearly, CLEARLY, all the good maniac coaches are in Washington, which I theorize *totally* explains Hollywood's success. Ever since you refused to buy yourself and me a Maniac Helicopter (a yellow one, with red letters and a cat on the head), I have found the drive from Philadelphia to Tacoma for practices prohibitive. So I run at the track by myself, and what do I think on days I don't feel like it? Prez would be proud. I'm a maniac. And there I go, and I thank you for that.

**Three sons, two nephews, and a niece.  
Guess which one doesn't make fun? Guess  
which one has run a marathon?**

**Hint: She would be the one who wants to join  
me someday for my 100<sup>th</sup>.**

But it all gets confusing.

See, I ran four marathons this year. In here that may seem like nothing, but outside of here? It isn't "nothing" at all! Yet, often it isn't the "something" I thought it would be. True, there are many people whose lives are changed by all of this; mine too, by you guys. But the contagion isn't absolute. Some people around me hear "four marathons this year," and say, "that's crazy." Crazy? I was hoping for "inspirational." But noooooo. My students and sons launch into a new category of jabs:

"Sure Dad, I'll run the New York marathon with you when all those people are carrying a brick from Staten Island to the Bronx."

"Dad, there needs to be a ball."

"Ooooooo, set a new injured-personal-record of 9 hours did ya?"

"You want me to join you in two years for your hundredth? I love you, Dad. No."

Or from a slightly amazed student: "You ran a marathon Mr. Kienz?" Then the classic, "How far was it?" And then the fairly predictable, "I don't drive my car that far Mr. Kienz." And then, sadly, the odd, "But can I have your medal?"

So it goes. I'm grateful that through all of the ups and downs, challenges and odd moments, that you maintain your enthusiasm, interest, and offering of the fun. Thanks to all three of you for this.

In a moment of quiet, then, here are my Christmas thoughts to you. Hope you have wonderful season....

~ Christmas? Christmas. ~

The Creator evidently thought it would be a good idea to stop in for a visit, tell us of the way to real love, peace, and truth; and give us new life, *renewed life* even. You know, fix what was broken.

And so was sent a baby boy, who grew to be a gracious fellow. Attracted lots of followers.

You'd think a guy with a message like that would have been well received. But, well, no. One king even wanted him dead before his second birthday. And that was just for starters.

It's not just "other" people who err like that king. We all do, sooner or later. We don't do the things we know we should or wish we would, and we do the things we shouldn't or wish we wouldn't.

But the visit was genuine. Forgiveness, mercy, peace, purpose, and real renewal, brought to us all. That's the story of Christmas. It's in all those old songs. Listen to them closely. You'll hear it.

It wasn't ever meant for a single cultural tree. God, interested in you, interested in them, interested in those, interested in me.

There is joy to be had, and joy to give: a smile to share, a hand to hold, a silver-haired friend to comfort, a hurt person to help, a pat on the back to initiate, even an embrace to receive.

The longer I live, the more I find answers in the ponderable life of that boy.

Merry Christmas... to us all.

Luvya,  
Rev  
[dgkienz@yahoo.com](mailto:dgkienz@yahoo.com)