



MARATHON MANIACS

OCTOBER 2014 NEWSLETTER

Volume 11, Number 10

NEWSLETTER CONTENTS

| | |
|---------------------------------------|-------|
| Freedom's Run | 3 |
| Half Fanatics | 3 |
| New Hampshire Marathon | 4 |
| Maine Marathon | 5 |
| Maniac Poll | 5 |
| Portland Marathon | 6 |
| Victoria Marathon | 6 |
| Marathon Maniac Pacing Team | 7 |
| Chicago Marathon | 8-10 |
| Social Networking | 10 |
| Hartford Marathon | 11 |
| Chasing Windmills | 11 |
| Newport Marathon | 12 |
| Marathon Maniacs Book | 12 |
| Des Moines Marathon | 13 |
| Baltimore Marathon | 14 |
| Atlantic City Marathon | 14 |
| 2015 Maniac Reunion | 15 |
| Indianapolis Marathon | 15 |
| Marine Corps Marathon | 16-18 |
| Report from Insane Asylum | 18 |
| Promotions | 19 |
| Calendar | 20 |
| New Maniacs | 21-22 |
| Note from the Editor | 23 |
| Discounts | 24 |
| Rhetorical Revelations from "The Rev" | 25 |





We've seen a lot of Eddie's feet this year



Gerald King celebrates 10 stars!



Rhonda Lynn Larson



Janis and Monte



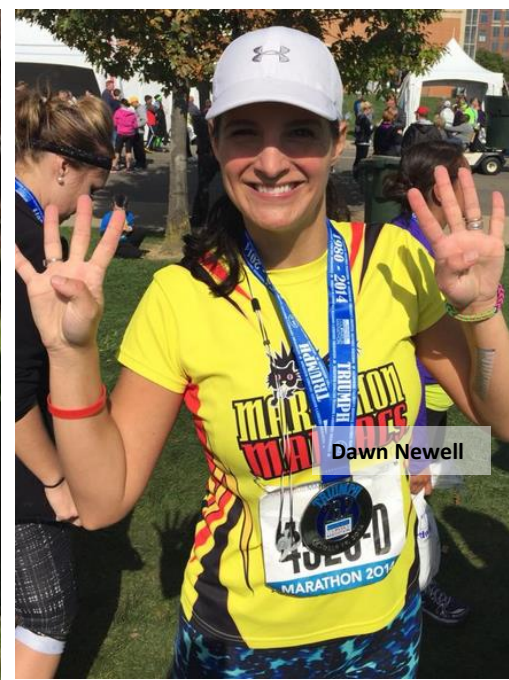
Amy Johnson



Traci Falbo completes a marathon in all 50 states in under 4 hours!



Christie Hayes and Miranda Bachman



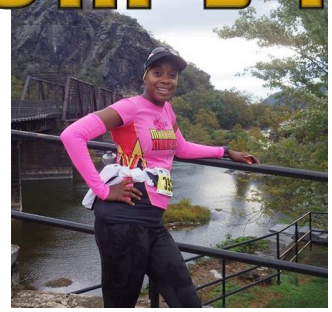
Dawn Newell



FREEDOM'S RUN MARATHON

SHEPHERDTOWN, WEST VIRGINIA

Freedoms Run (10/4): Vicki "The Breeze" Bentley-Condit, Alison Black, Alexis Racewalker Davidson, Shalisa Davis, Jacqueline Evans, Lynne Evans, Fil Faria, James Goetschius, Amy Goldman, Kathleen Gorman, Laura Gorycki, Sherri Hotzler, Andrew Jordan, Steven "Thunder" Lee, John Kent Leighton, Vincent Ma, Brian Mann, Sabershooter, Paul Nagel, Karen Redmond, Jody "wooden shoes" Reed, har, David Shannon, Jamie Sinasac, Maria Taveras, Kenneth "Just Running", Elizabeth Trask "50 for Billy", Winston Trice, Bettie Wailes, Brian Zamperini



Marathon Maniacs
running half marathons...
YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 7000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com



Half Fanatics at the Texas Oklahoma Showdown Half Marathon

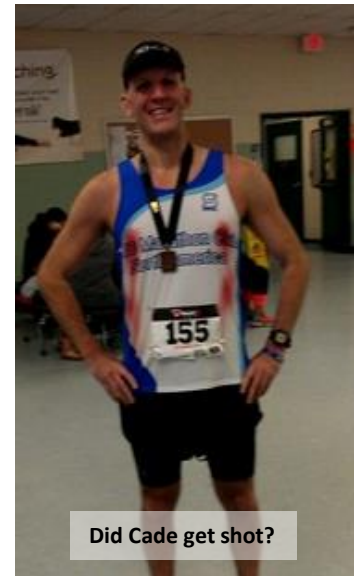


Amanda Freedle

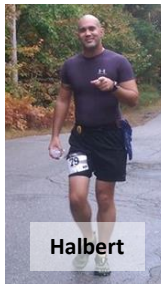


new hampshire marathon

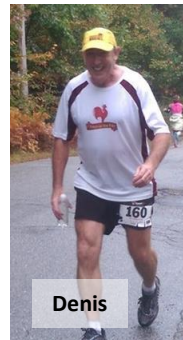
BRISTOL, NH



Did Cade get shot?



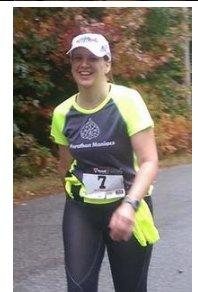
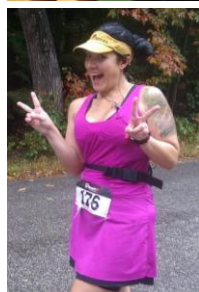
Halbert



Denis



Diane and Kerri



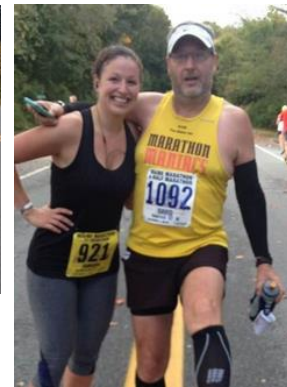
Bob Kennedy and Larry Macon



Mike Chewar



New Hampshire Marathon (10/4): Glenn Amante, John "Pony Espresso" Backman, Suzanne Bansley, Cheryl Baumann, Nilda Birch, Andy "Tambourine Man" Bowden, Jennifer Boyden, Lan Bui, Maria Cacho, Nicole Canales, Mike Chewar, Curtis Chong "Curtis-300ER", John Fisher, Michael Fitzgerald, Alex Fox, Amanda Freedle, Mark Gautier, Lara Michelle, Derek Griffiths, "Formerly Fast Eddie", Michael Hammonds, Kerri Haskins, Mike Herrin, Etienne Jaulin, Eric Jensen, Shawn Johnson, Angel Kelley-Lord, Bob "Birdman" Kennedy, Gerald "The G-Man" King, Steve Longo, Denis McCarthy, Diane Montgomery, Jodi Morton, Ken "The Ten" Pearce, "Downhill Dave" Poglitsch, Cade Remsburg, Syed Rizvi, Jim "Dr. Evil" Roche, Hoa "Flower" Schober, Dan-O, Haley Siggers, Evelyn Smith, Andrea Spohn, Sandy Stiner, Craig "Indiana" Thompson, Cathlin Upton, Eddie "Barefoot Bandito" Vega, Doug Vetsch, Halbert



Cheryl and Martha



Eddie Hahn runs a marathon in his 50th state!



MAINE marathon

PORTLAND, MAINE



Kathy Pryor



Dan Semsel



Maine Marathon (10/5): Glenn Amante, John "Pony Espresso" Backman, Cheryl Baumann, Lan Bui, Maria Cacho, Kenny Chung, Jeanne Corey, Vivian Corlew, Lisa Corman, Jeffrey Dorko, Nancy Dukett, John Fisher, Michael Fitzgerald, Randy Fleet, Cj Follett, Alex Fox, Amanda Freedle, Mark Gautier, "MAINE-iac", James Green, Derek Griffiths, "Formerly Fast Eddie", Eric Jensen, Shawn Johnson, Angel Kelley-Lord, Gerald "The G-Man" King, Peter "iSpicy!" King, Jess "Durti" Kurti, Nate Larson, Mary Lenari, Steve Longo, Laird Malamed, Denis McCarthy, Melissa Meek, "Phoolish" Phil Min, Jodi Morton, Maureen Mullins, Zack Price, Kathy "Rad Queen" Pryor, Cade Remsburg, Syed Rizvi, Eva Sanmartini, Laura Schneider, Hoa "Flower" Schober, Dan-O, Michele Siegrist, Haley Siggers, Crystal Simmons, Evelyn Smith, Andrea Spohn, Sandy Stiner, Big Al "the A Train" Thomas, Cathlin Upton, Eddie "Barefoot Bandito" Vega, Halbert, Mary Yeh



Cade Remsburg

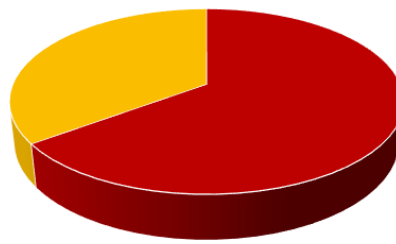


MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

This month's question: What would cause you to run on a treadmill?

Please vote online between now and December 31: <http://tinyurl.com/MMpoll2014h>



■ Yes ■ No

Last month's question: Do you lift weights as a way of cross training?

To most Maniacs lift weights as a way of cross training (64.9%).

Thanks for voting!

PORTLAND MARATHON

PORTLAND, OREGON



Jane decided to stop at FitRight during the Portland Marathon to get fitted more new shoes my Marc Frommer (#9).



34 weeks pregnant, Melissa Kistler completes the Portland Marathon.



Debbie Rubel



Jorge Garcia

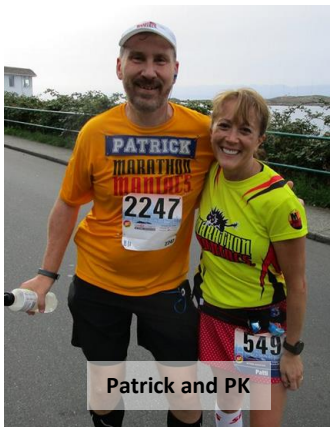
Portland Marathon (10/5): Keliko Adams, Off Course Roger, Shawn Aebi, Garrett Anderson, Jessica Atkins, Peter 'Running Dutchman' Bennink, Wendy Blauman, Melanie Borden, Aaron Braunstein, Leon Bromley, Geb Brown, Steve Brown, Caroline Burnett, Monica Cacioppo, Roy Calimlim, Heidi C, Kenny Chung, Scott Coe, Richard Ervais, Denise Evans, Omar Evans, Deb Evdemon, Alejandro Fallas, Judy Fisher, Jim Flanagan, Andrew Freeman, Jorge O. Garcia, Shane Garling, Clifford Gill, Eric "& Carlos PartyMonkey" Glass, Craig Haugaard, Lora Haugaard, "Insane Jane", Rob "Rattler" Hester, Barb Hoffman, Marie Hoffman, Art Jacobson, Brian Jennings, Tania Johnson, Aleksander Jonca, Ron Kageyama, Kim Kawada-Schauer, Mel Kistler, James Klarich, Al Kohli, Cindy Kosmicki, Del Landicho, Lucas Lembrick, Shannon Leonetti, Bruce Mason, Ellen McCracken, Shea McKinney, Michele Mendel, Tamara Merriam, Cyndie Merten, Catherine Nelson, Dave Nevitt, Rufus Park, Sue Parks, David Pelfrey, Jenn "CrazyRunner" Pellegrino, Angela Treleven Persich, Clea Peterson, Mark Pitts, Rich "RIP" Pye, Dan Rasay, Joe Reilly, Scott Richardson, Claus Rohde, Tony Rolof, Anthony Rose, Dan Ruiz, Bob Rutledge, Lorelei Sadowski, Laura Schneider, Shannon Schulz, Lydia Shell, Michael Shiach, Jan Stennick, Michael Strobel, Steve Swanlund, Shana "Rustynail" Tolean, Su Gipson / Turner, Michael Warner, Karissa Weeks, Marsha 'BookladyWalker' White, Joanne Willcox, Jennifer Wood, Marie "Mimi" Zornes



David Pearson

Victoria Marathon

VICTORIA, BRITISH COLUMBIA



Patrick and PK



Sha Na

Victoria Marathon (10/12): Margaret Barrett, Deanna B, Cara Best, Jennifer Brave, Dave Buchner, Cory "RecoveringCouchPotato" Claeys, Sporty Diva Coates, Gary (The Slug) Cote', Lori Dencsak, Deb Evdemon, Ian Field, Patrick Finney, Linda Fox, Angela Frye, Lorinda Hagstrom, Danielle Hathaway Henty, Sharon Hendricks, Robert Jacobsen, Narongdej "Jay" Jaroensabphayanont, Micaela Jensen, William Kenneweg, PK, *Kimpossible*, Stephanie LaBoo, Jules Mann, Tracy Marshall, Rob McWilliam, Clare Nance, Dave Nevitt, Guru, David Pearson, George Pemberton, Maria Pemberton, Bruce Quam, Lisa "Cupcake" Reid, Shannon Rich, Mary "mph" Hanna Richards, Katie Robinson, EatDrinkRunWoman, Mark Ruter, Tom "H.D." Scott, Krista Shull, "Marathon Diet", Shana "Rustynail" Tolean, Dan Whitaker, Steve Wisner, Lisa "Mama Lisa" Wood, Prez Steven Yee, Janet Yoest

MARATHON MANIACS PACE TEAM

The Official Marathon Maniac Pace Teams

Did you know the Marathon Maniacs have an official pace team? Since Maniacs are no stranger to running 26.2 miles many of you are good running these runs.

There are many great reasons to join the pace team and many rewarding aspects to being a pacer.



Requirements to be a Pacer

- Must have completed 15 marathons for your desired distance to pace
- Marathon Pacer: Must have completed the marathon distance 20 minutes faster than your pace time for the full marathon (example: to pace a 4:00 hour you must have run a 3:40 marathon)
- To be in good standing with the Marathon Maniacs and all dues current
- Have your MM race page updated so that we can link your information
- CPR Certification by event date-please contact your local fire department for a FREE class

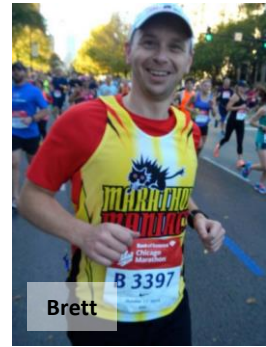
Pacer Perks

- Free to join!
- Waived entry fee
- Sublimated Pace Shirts
- A chance to carry the coveted maniac cat pace sign
- Discounts on lodging when applicable
- Fun pacing runners to their goal finish time

Best of luck to you securing your spot on the pace team!

For more information on which races we are looking for pacers and on getting signed up please visit: <http://www.marathonmaniacs.com/marathon-maniacs/pacer-team>

Marathon Maniac Pacing Coordinator: **Sabrina Seher** (MM #3397)



Brett



Angie

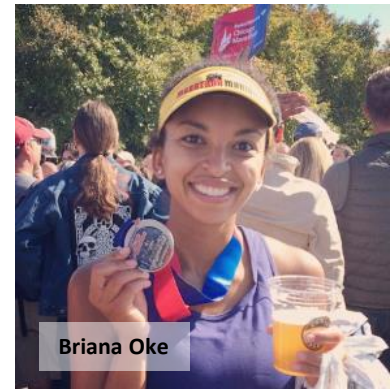
Chicago Marathon

CHICAGO ILLINOIS



Paul Ng

Chicago Marathon (10/12): Matthew Amick, Erik Anderberg, Erin Anderson, John Armstrong, Tom Armstrong, Crazy Linda 'Titanium Sun' Bachand, Laura Bailey, Melissa Baker, Jim Ballard, Linda Ballard, Barco, Bob Barnard, Cheryl Baumann, Jonathan Betanoff, Kristen Bieling, Stacy Allen Bolyard, Andy "Tambourine Man" Bowden, Vanessa Bowman, Cathy Bradford, Tasha "T-Money" Brandon, Mary Cate Brauchla, Aaron Braunstein, Sean Brennan, Edward Broadnax, Darrell Brumfield, Dan Brunsvold, John Burke, Jason Burns, Tim Burns, Edith Cabrera, Tom Camacho, Adam Campbell, Linda Canning, TooTallFritz, Bill Carpenter, Kevin Carpenter, Max Carrievau, Dave Carver, GlenWithOneN, Lisa Chamberlain, Lucy Cheng, Maniac May, Scott Coe, Mary Coffelt, George Cornett, Andrew Cox, Lynn Crim, Douglas (Run the Earth) Dahlberg, Barb Damon, Greg Damon, Jeff Davenport, Vince Davis, Fran DeAngelis, Bethie Decker, Robert Del Real, Stephanie Dewald, Elizabeth Dixon, Kathy Doan, Jeffrey Dorko, Haidar Dougla, Michael Dunn 2, Michael Dunn, Michelle Dusseau, Brian Dustman, Dustin Dutton, Tracy Eaves, Kristen Edling, Eliot Ephraim, Kate "Where are your shoes?" Escott, Laura Euckert, Matthew Faske, Judy Fishbaugh, Jennifer Fletcher, Kristina Fondren, Anders "Biking Viking" Forselius, Jim Fox, Maria Frosth, Paul Gahol, Valeri Gatlin, Mark Gautier, Katie Gehrand, Kristi Gerathy, Greg Glennon, Rodrigo Gomez, Mynor Gonzalez, Thomas Gouard, Rachael Graddy, Elaine Green, Emily Green, Sara Guld, AJ Hacker, Dennis "Spelled right" Hafford, Stacey Hanf, Devin H, Jillian Harrington, Sharon Harrow, Tina Hauser, Elizabeth "Hermanator" Hermans, Saul Gerardo Hernandez, Wally Hernandez, Jasen Herrera, Jennifer Hention, Rachael Hoagland, Huy Hoang, Pamela Hollick, Jeffrey Hollington, Francis Hoover, "Shamrock Sandy" Hugill, Cary Inderbitzin, Susan Inderbitzin, Hunter Jamerson, Nick Jankowski, Alicia Johnson, Stephen Johnson, Elizabeth Johnston, Kim Jones, John Kern, Eric King, Rick King, Roger Kingsley, Marc Kitay, Katherine Kovac, Brendon Lachance, Aimee Lanter, C. Kinnier Lastimos, Michelle Leach, Travis Leach, Chu Lee, Jack Lee, Allison Leer, Xinji Li, Rainer Lichtsinn, Nilson Paulo de Lima, Andrey Lobko, Trey Lominack, Tricia Lund, Andrew Lundberg, Amy Maciejewski, Josh Magruder, Tim Mahler, Erin Mahr, Tom Mangan, Jeremy Mann, Lee Ann Marchionna, Chris Margallo, Julius, Jay Marshall, RD (Road Dog) Martin, Rowena Martinez, Stacey Mason, Melody Masteller, Danie Matusik, Ethan Matyas, Katelyn McCadden, Victoria McLachlan, Karen Lee McSorley, Julie Michael, Julie Molenaar, Bobby "Whatever" Montague, Michael Morales, Melissa Moreno, Jose Eduardo Motta Garcia, Lee Murphy, Matthew Murton, Jacki Musgrave, Nate the Semi Great, Heather Nerhood, Paul Ng, Lori Nolte, Carla Noya, Michael "cheetah" Nusblat, Loan O'Brien, Dan Oh, Kurt Ohlinger, Jerry Olsen, Gabrielle Orsi, Runnerman Dan, Joseph Pacheco, Crystal Pack, Rick Paine, Debra Pasquale, Jenn "CrazyRunner" Pellegrino, Eddie Big Dogg Perez, Vanessa Peterman, Lynda Petri, Tim Pippin, Sonya Price, Filipino_Kid_Flash, Darren Raiguel, Rachel Reardon, Ron Rees, Cade Remsburg, Paul Rodman, Claus Rohde, Damaris Rosich-Schwartz, John Ruchinskas, Gwendolyn Rucker, Dan Ruiz, Amanda Runion, Eddy Saldana, Jason Sanchez, Erica D. Sanders-Hurst (E-Boogie), Derrek Sanks, Jim Sapp, Kayla Schoettel, Lynn Schroeder, James Schumacher, Eckhard Schumann, Nikki 4000, Sabrina, Terry Sentinella, Sophia Shi, Kazuhiro Shimbo, Brent Shirley, Shari Shugart, Jamie Sinasac, Karla Smith, Maureen Smith, Mike "Marathon" Smith, Michelle Smith, Jim Sofos, Melissa Sofos, Benjamin Sommers, Elizabeth Sosan, Angie Spencer, Alexander Sperellis, Jo Ann Sutton, Veronica Tarantino, Judy Taveira, Kirk Taylor, George Tchakanakis, Chastity Teeter, Callie Ullman, Stacey Varner, Don Voelz, Patrick Voigtman, Michelle "Mom o' 6" Walker, Hugh Warren, Kelly Watanabe, Michael Weaver, Christy Whitaker, Keith White, Angie Whitworth Pace, Colleen Wilson, Brett "Go Broncos" Wittner, Patrick Wood, Brian Wright, Melinda Yanuaria, Rich Yap, Kuanling Amy Yeh, Donald Ying, Vincent Young, Cynthia Yu, Andrew Zapanta, Marc Zaremski, Heather Zeigler, Mary Ann Zemla



Briana Oke



Kevin Douglas and Sabrina Seher



Cade Remsburg



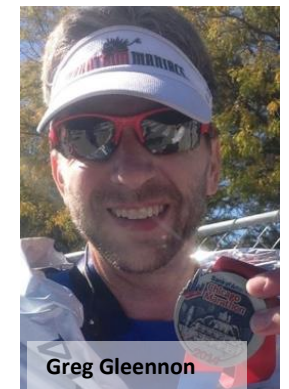
Jennifer and Aaron



Ruth Clymor



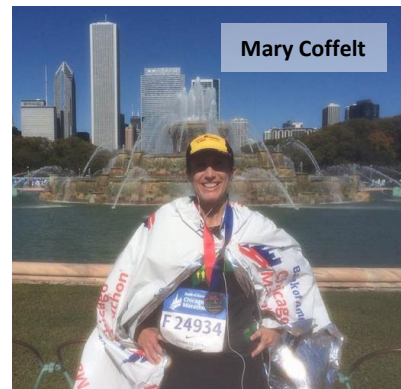
Michelle Walker and Sophia Shi



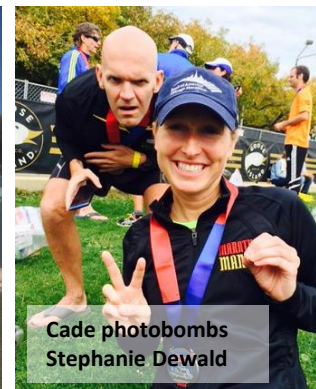
Greg Glennon



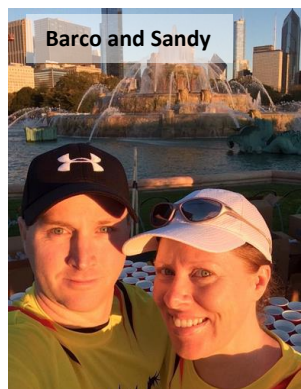
Rachael Graddy



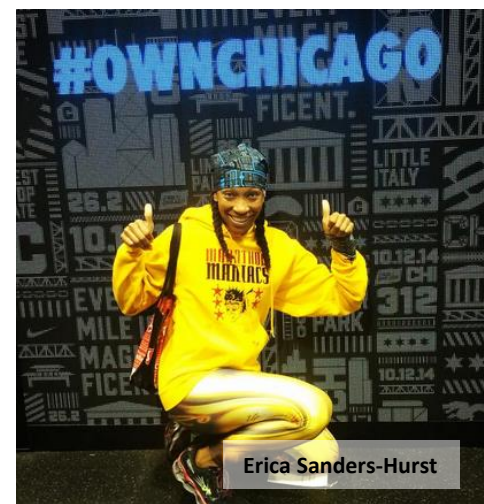
Mary Coffelt



Cade photobombs Stephanie Dewald



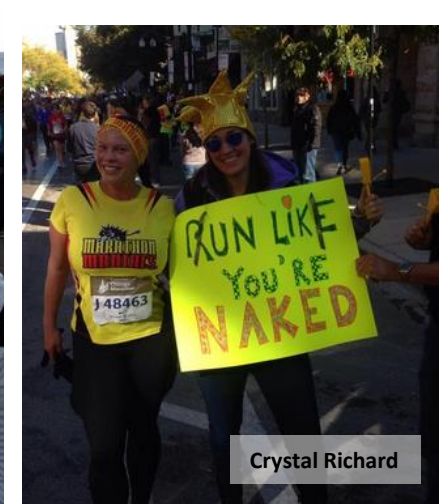
Barco and Sandy



Erica Sanders-Hurst



Emily Green, Elaine Green and Dan Oh



Crystal Richard



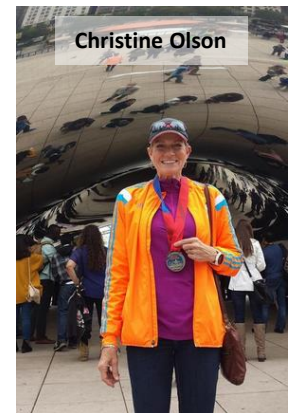
Heather Zeigler and Brian Wright



AJ Hacker



Amy Maciejewski



Christine Olson



Brian Wright



Dan Ruiz

Join the Maniacs on Social Networking!



FACEBOOK:

Marathon Maniac page: <http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group: <http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

MY SPACE:

<http://www.myspace.com/marathonmaniacs>

LINKED IN:

<http://www.linkedin.com/e/vgh/1843119>

DAILY MILE:

<http://www.dailymile.com/groups/1403-marathon-maniacs>

Across all social networks use the hash tag:

#marathonmaniacs14



Mike Chewar



Gilberto Sosa



Marathon Junkie

HARTFORD MARATHON

HARTFORD, CONNECTICUT

Hartford Marathon (10/11): Keith Almeida, Linda Ambard, Glen Anderson, Holly Aulen, Fran Austero-Macavinta, Mara Barth, Sheila Beermann, Vicki "The Breeze" Bentley-Condit, Kate Bernier, Rhonda Blackford-Noonan, Amber Boley, Cheryl Broas, Daniel T Brown, Claudia Carney, Joanna Cassell, Lynne "Harper" Caulkins, Mike Chewar, Sue Colgan-Borrer, Jim Collins, "Runner Lis" Cooper, Jeanne Corey, Jack Curtis, Al Emma, Vivian Escobar, Jennifer Everett, Karen Faber, Jennifer Fowler, Colton Gale, Karen Goetchius, Sarah Greene, Jackie Gulino, Roger "Possum" Harris, Bonnie Healey, Saul Gerardo Hernandez, Donna Hetzler, Jim Higgins, Diana Hughes, Michele Keane, David Knapp, Mark Kramer, Seth Kramer, Jess "Durti" Kurti, Nate Larson, Julie Leahy, Sheila Lewis, Joanna Lochner, Tessa Lucero, Vincent Ma, Ray "Luv 2 Eat N Run" Macavinta, Ron "The Geezer" Martin, Glen Marumoto, Robert McElroy, Sunny Menozzi, Erin Michos, Kim Miller, John Moore, Karen Murray, Les "Maniacles" Omura, Brian Pilgrim, Leah Piper, Paul "The Brit" Piper, Alexzander Showrocka Pullen, Christopher Regan, California Kim, Michael Sapia, Lisa Schneiders, Hoa "Flower" Schober, Bill Schultheis, David Schuster, Lori Schwartz, Mike Schwartz, Elizabeth Simon, Sean Smith, Gilberto "Big Daddy" Sosa, Chip Southern, Timothy Spoo, Shawn "Cupcake Queen" Steve, Sandy Stiner, Bob Strauss, Elaine Sullivan, Annette Tomal, John Wang, Carole Williams, Tom "Tater" Williams, Jonathan Young, Rob (Rocket Man-iac) Young



Amanda Manz Ricciardi

CHASING WINDMILLS

50 MARATHONS TO BENEFIT ALZHEIMER'S IN 2014 THE ASSOCIATION

<http://act.alz.org/goto/DavidKnapp>

CHASING WINDMILLS

DAVID KNAPP (MM#91)

To celebrate turning 50 years old in 2014, Denver-based entrepreneur and marathoner David D. Knapp, Ph.D. is running 50 full marathons during the 2014 calendar year as a fundraiser for the Colorado Chapter of the Alzheimer's Association.

Dr. Knapp – who lost his mother to Alzheimer's in 2001 – is hoping to raise at least \$50,000 during the year-long marathon quest to help find a cure for the disease, which currently affects over 5 million Americans. And barring a medical breakthrough to prevent, slow, or stop the disease, that number will nearly triple by the year 2050 due to this nation's aging population.



Dr. Knapp's official donations page is <http://act.alz.org/goto/DavidKnapp>



Les Omura



NEWPORT, RHODE ISLAND

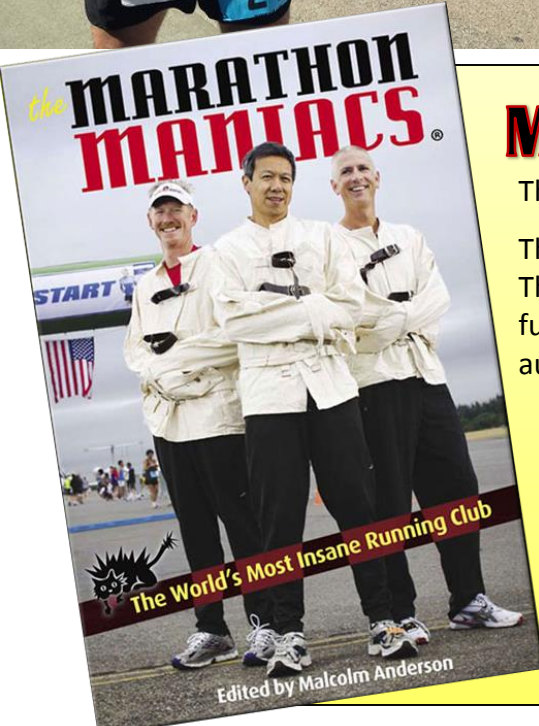


NEWPORT MARATHON



Glen Anderson

UnitedHealthcare Newport Marathon (10/12): Glen Anderson, Chris Baker, Bryan Baroffio, "Coach Dave" Bartholomew, Vicki "The Breeze" Bentley-Condit, Rhonda Blackford-Noonan, Claudia Carney, Joanna Cassell, Jim Collins, Jeanne Corey, Sam Day, Kevin Ely, Jennifer Everett, Karen Faber, Karen Goetchius, Roger "Possum" Harris, Kerri Haskins, Jim Higgins, David Knapp, Mark Kramer, Seth Kramer, Jess "Durti" Kurti, Sheila Lewis, Joanna Lochner, Tessa Lucero, Vincent Ma, Glen Marumoto, Erin Michos, Kim Miller, John Moore, Jeffrey Nelson, Les "Maniacs" Omura, Brian Pilgrim, Cheri Pompeo, California Kim, Hoa "Flower" Schober, Sandy Stiner, Sam Wachsmann, Gregg Walchli, Carole Williams, Tom "Tater" Williams, Jonathan Young, Rob (Rocket Man-iac) Young



MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

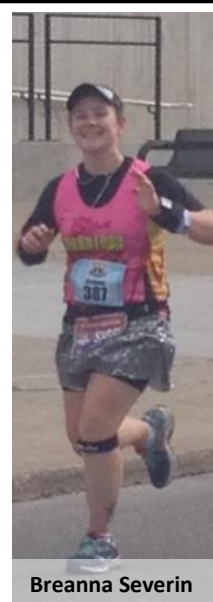
This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

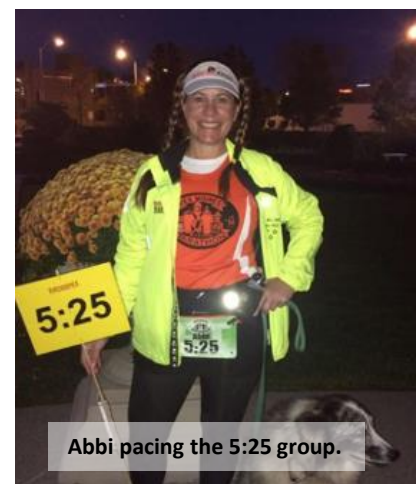
<http://www.databarevents.com/store/product/103/Autographed-MM-Book>



Breanna Severin



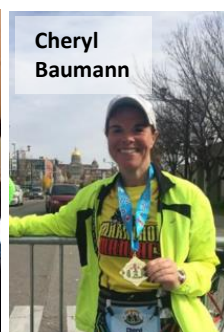
Des Moines Marathon



Abbi pacing the 5:25 group.



Jennifer and Stephanie



Cheryl Baumann



DES MOINES, IOWA

Lisa Davis

Des Moines Marathon (10/19): Vickey Baker, Cheryl Baumann, Tara Beach, Dave Bell, Nels Bentson, Paul Bequette, Cowboy Jeff Bishton, Alison Black, Wendy Blauman, Nate Boulton, Andy "Tambourine Man" Bowden, Mike Brooks, Janet Burgess, Michael Chase, Shalisa Davis, Jennifer Eloge, Joe Feaser, Michael Fitzgerald, Abbi-Normal, Yvette Fratzke, Nicole Fritz, Aquilino Garcia, Amy Goldman, Lara Michelle, Flower Lady Carol Goslin, James Green, Dave Greer, Matthew Hamidullah, Jennifer Hatcher, Tina Hauser, Jennifer Hienton, "Shamrock Sandy" Hugill, Gerald "The G-Man" King, Cindy Kosmicki, James Lehman, Bryan Lewis, Sharon Linden, Shannon Lindgren, Brian Mann, Valerie Morris, Maureen Mullins, Nancy Oh "Nano", Mary Papreck, SSG Silverback, Todd Raney, Karen Redmond, Jody "wooden shoes" Reed, Jim "Dr. Evil" Roche, Diana Rosenal, Lori Schwartz, Mike Schwartz, Breanna Severin, Debbie Sobolewski, Gilberto "Big Daddy" Sosa, Chad Spilman, Mark Stodghill, Maria Taveras, Ed Toews, Elizabeth Trask "50 for Billy", Nancy Wentink, Jennifer Zuelch



Alison and Elizabeth



Jim Roche doing some heavy lifting in Des Moines.



Baltimore Marathon

BALTIMORE, MARYLAND



Cathie and Troy Johnson



Mike



Johari

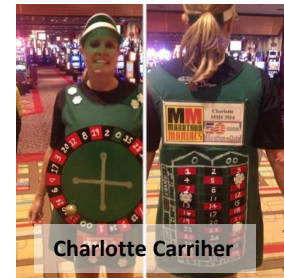


Eddie Vega

Baltimore Marathon (10/18): Mary Albrecht, Crazy Linda 'Titanium Sun' Bachand, Melissa Balthaser, Kate Bernier, Kristen Bieling, Danielle Borgo, Melissa Briggs, "Drew Dizzle", Mark Chatel, Mike Chewar, Scott Coe, Diana Cohen, Mary Combs, Johari Crews, Roger Donnell, Karen Faber, Donna Flagg, Anders "Biking Viking" Forselius, Jorge O. Garcia, Lisa Gesualdo, Jerry Greenwald, Alvin Gunkel, Intisar Hamidullah, Chuck Harvey, Bonnie Healey, Kristen Peerless Healey, Alan (MAD FEET) Higgins, Arla Hile, Marc Hirschfield, Rachael Hoagland, Jeffrey Hollington, Margaret Hvatum, Darrell James, Allison Jeffery, Cathie "TuTu" Johnson, Troy "Love to Run" Johnson, Brian Joy, John Kern, Nicole Knutson, April Kociolek, Nate Larson, Julie Musselman, Michael Perez, maniac 3tp!, Antoinette Phillips, Shannon, Agnes Porell, David Rikke, Dan Ruiz, Philip Rupp, Leigh Ann Schultz, Lydia Shell, Michael Shilling, Aimee Shuey, Myron Sidloski, Sean Smith, Suzy Spiceland Michelson, Loren "Shooting" Starr, Paul Sullivan, Jo Ann Sutton, Bryndis "ICELAND" Svavarsdottir, Craig "Indiana" Thompson, Treva Thoms, Alan 'CrabShaman' Tominack, Cathlin Upton, Eddie "Barefoot Bandito" Vega, CJ **Hollywood** Warren, John Weldon, Sandra Weston, Erik Wilson

Atlantic City Marathon

ATLANTIC CITY, NEW JERSEY



Charlotte Carriher



Craig Thompson



Chris Warren



Murray



Eddie Vega



JC

Atlantic City Marathon (10/19): Bill, Bryan Baroffio, Kate Bernier, Nilda Birch, Melissa Briggs, Joanna Cassell, Scott Coe, Roxy Conlon, Charlotte "costume chic" Corriher, Ana Santa Cruz, Daleen DeSimone, Michael Doherty, Jeffrey Dorko, Al Emma, Alicia MM Diva #3, Ken "Calix's Dad" Fattmann, John Fisher, Marcia Godwin, Intisar Hamidullah, Alan (MAD FEET) Higgins, Murray "Birder" Honick, Kelly Hudick, Joe Iovanisci, Pamela "Mrs. T.O." Okazaki, Gina Kirwin, Jeff Kirwin, Jess "Durti" Kurti, Brendon Lachance, Owen Lillywhite, Leif Linder, Shannon Lorbiecki, Paul Moat, Thomas "T.O." Okazaki, maniac 3tp!, Cheri Pompeo, "Jenster", Cade Remsburg, Scott Richardson, Sutah "run the beach" Robins, Jc "The Saint" Santa Teresa, Aimee Shuey, Suzy Spiceland Michelson, Bryndis "ICELAND" Svavarsdottir, Craig "Indiana" Thompson, Nikolas Toocheck, Cathlin Upton, Eddie "Barefoot Bandito" Vega, Gregg Walchli, CJ **Hollywood** Warren, Rick "TuTu" Wilson, Brenda Wright, Ryan Wrigley, Jonathan Young, Rob (Rocket Man-iac) Young



MARATHON MANIACS 2015 REUNION

Mississippi Blues Marathon

JANUARY 10, 2015 • JACKSON, MISSISSIPPI

Join fellow Marathon Maniacs in Jackson, Mississippi in January for the 9th annual reunion. The Maniacs will return to the Southeast for this reunion to be filled with southern blues and plenty of red, yellow and black. Maniacs participating will be able to enjoy many added benefits not found in other marathons. Stay tuned for more details. In the mean time be sure to register and join the fun!

BONUS: Back 2 Back Challenge • First Light Marathon

As an added bonus, join dozens of Maniacs and run the First Light Marathon in Mobile, Alabama on January 11, 2015 and grab 4 stars!



Indianapolis Marathon

LAWRENCE, INDIANA



Indianapolis Marathon (10/18): Mike Anderson, Alex Fox, Elaine Green, Shawn Johnson, Cody Jones, Julia Khvasechko, Rick King, Jen Knife, C. Kinnier Lastimoso, John Kent Leighton, Michelle Lenahan, Roberto Lopez, Paul "Big Mac" MacDonald, Amy May, Chase Merriman, Darren Minnemann, Karen Oldham, Joseph Pacheco, David Pelfrey, Patty Powell, Scott P, Aaron Redinger, Shanan Redinger, Molly Rouns, Erin Schmidt, Crystal Shinosky, Stacy Simmons, Jason Smith, Chad Spilman, Roger "BMBLB RUNNER" Teel, Halbert, Jon Walthour, Larry Wasson, *Marina 'vasolina' White





MARINE CORPS MARATHON

ARLINGTON, VA/WASHINGTON, DC



Marine Corps Marathon (10/26): Tracy Abrom, Tomasz Adamusiak, Erin Alwon, Linda Ambard, Bailey "Finchmeister" Amicucci, Andrew Angel, Lori Arceo, Gary Arnold, Nancy Austin, Crazy Linda 'Titanium Sun' Bachand, Ray Bailey, Barco, John 'Machine' Basham, Erica Beermann, Sheila Beermann, Dave Bell, Carl Belso, Edie Belso, Kate Bernier, Raj(RunningYogi), Kristen Bieling, Roy (Red Solo Cup) Blakeburn, David Bloomquist, Danielle Borgo, Eileen Boyle, Gabby Brockett, "Drew Dizzle", Adam Burke, Patrick Burns, Tim Burns, Linda Canning, Claudia Carney, Kevin Carpenter, Tim Cavenee, Alexis Chen, Lucy Cheng, Cory "RecoveringCouchPotato" Claeys, Don Clarke, Big Bad Jim Clouse, Heath Conley, Cheryl Cook, Teota Coppock, Kevin Crail, Floyd Crawford, Johari Crews, Rich Curley, Lauren Cutsinger, Christina D'Amico, Douglas (Run the Earth) Dahlberg, Kevin Dahlin, Alexis Racewalker Davidson, Edward Davis, Shalisa Davis, "snfirrn" mary desch, Stephanie Dewald, Roadkill Bill Dolton, Lori Donaldson, Rand Donaldson, Cheryl Dortch, Christelle "Smiley" Douillet, Michelle Dusseau, Chad Eckert, Rachel "Rawk-On" Edney, Rick Eilers, Jacqueline Ensley, Vivian Escobar, Kate "Where are your shoes??" Escott, Tommy Evans, Fil Faria, Steve Felson, Joel Fenlason, Enrique Fernandez, Judy Fishbaugh, Jim "Superdawg" Fisher, Kristina Fondren, Stephanie Foutz, Paul Friese, Jeffrey Funk, Oyauma Garrison, Tony Garrison, Angela Gillis, Stuart Goering, James Goetschius, Jonathan Golden, Georges Gonzalez, Mynor Gonzalez, Rae Goodman, Ashley Grasty, Regina Grebla, Rick Grecula, Elaine Green, Emily Green, Alvin Gunkel, Jose *BIG Jay* Guzman, Gina Hadala, Paula Hamilton, Jillian Harrington, Jennifer Hatcher, Greg 'SoupSnake' Hersh, Jennifer Hickey, Jennifer Hinton, Rachael Hoagland, Melissa Holloway, Delinda Hood, LtCol William Hooks, Chrissy Hower, Albert Islas, Hunter Jamerson, Brian Johnson, Jamie Johnson, Shelia Johnson, Dave Jones, D2R2 - "Da Do Run" Ron Kalich, William Karell, Howard L. Keener, Jr., Linda Kelnock, William Kenneweg, Joan Kim, Karen King, Peter "iSpicy!" King, Marc Kitay, Michael Knox, Nicole Knutson, April Kociolek, Mike "DaMarine" Kottmer, Kristen Koudelka, Bill Krisher, Suzanne Kruse, Erick Kuhlmann, Shelia Lancaster, Sarah Lee-Faulkner, Mary Lenari, Joshua Lessin, Jeffery Lewis, Dennis "IBleedUnionBlue" Ley, Rainer Lichtsinn, Grace Lineberg, Jeff Liu, Andrew Lundberg, Michael "Mac" Maccherone, Josh Magruder, John Mangahas, Tom Mangan, Eric "Mann-iac" Mann, Sharon Mante, Angela Marchetti, Chris Margallo, Letty Marino, Marlene Marzan, Derrick Mason, Ed Masuoka, Nichole "and her little dog too" Mathis, Ethan Matyas, Karen Mayes, Jim McConnell, Airais McCoy, Melissa Meek, Erin Michos, Darren Minnemann, Paul Moat, Carissa Montgomery, Cynthia Moore, Kathy Morgan, Patrick Morrison, Brian Mount, Maggie Mount, Matt Murton, Kelli Myers, Patrick Myers, Paul Nagel, Brigitte Nickles, Loan OBrien, Dan Oh, Jackie Ong, jimm Ouellette-Lindsey, Beth Pardue, Kevin Parker, Jenn "CrazyRunner" Pellegrino, Sherry Perez, Chad Perry, Vanessa Peterman, Suzanne Petro, Antoinette Phillips, Jessica Placek, Richard, Robert Pondell, Kathy Pride, Bryce Pringle, Kathy "Rad Queen" Pryor, Kenny Raynor, Karen Redmond, Jody "wooden shoes" Reed, Joanna Rees, Christopher Regan, Cade Remsburg, Michael "Dr Dude" Rhodes, Jessica Rich, Evan Richard, Malcolm Richmon, Michael Roberts, Jacob Roedsens, Gwendolyn Rucker, Jonathan Rushnak, Edward "Roller" Russell, Greg Russell, Kristina Salib, Mark Sarmiento, Terri Scadron, Rebecca Schaefer, Vicki Schumacher, Nikki 4000, Margaret Seymour, Anthony Shapiro, Jamie Sheahan, Lydia Shell, Lori Sherwood, Shari Shugart, Myron Sidloski, Elisabeth Simmons, Brian Simpson 2, Jamie Sinasac, Louis "OnOn" Skelton, Ann Sloan, Barry "dcgriz" Smith, Leodis Smith, Sean Smith, Susan Snead, Shasten Snellgroves, Robert Sokol, Megan, Angie Spencer, Jason Steichen, Cara " Skittles" Stephens, Litanya Stovall, Gwendolyn Strutchen, Jane Sturzaker, Ralph Suarez, Roger "BMBLB RUNNER" Teel, John Teyhen, Aaron Thomas, Erica "Delta Girl" Thomas, Oliver "Tango" Thorpe, Sarah Tofaneli, John Torres, Evangeline Townley, Paul Troiano, Vamsi Valleri, Terri Varnadoe, Joe Vasil, Jessica Voss, John Weeks, Mark Welch, Marty West, Angie Whitworth Pace, Jamila "Jammy Jam" Williams, Rachel Williams, Joseph 'RUN CRZY' Wills, Erik Wilson, Alex Wolbrink, Claudia Wolfe, Patrick Wood, Brian Wright, Steve "Maniac" Zaharoff, Alaide Zavala, Charlene Zirkelbach



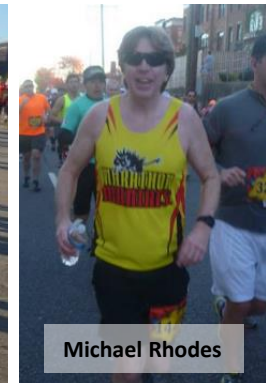
Leodis Smith



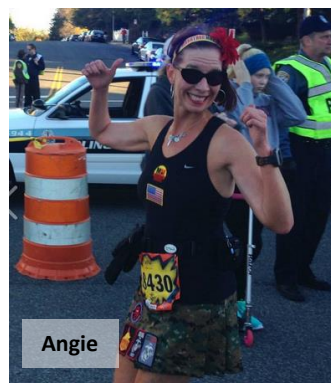
Rachel and Johari



Stephanie DeWald

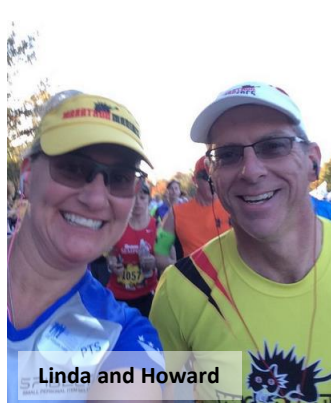


Michael Rhodes



Angie





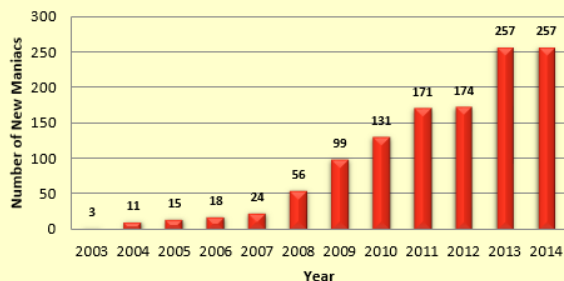
REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

Monthly Growth

| Month | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec | Yearly |
|----------|------|------|------|------|------|------|------|------|------|------------|-------|------|--------|
| Averages | 70.2 | 50.4 | 63.7 | 55.8 | 86.7 | 66.7 | 44.7 | 26.4 | 32.3 | 87.2 | 106.3 | 97.1 | 765.6 |
| Record | 212 | 101 | 170 | 138 | 212 | 147 | 101 | 56 | 73 | 257 | 334 | 223 | 1,994 |
| 2013 | 212 | 95 | 170 | 138 | 212 | 133 | 91 | 56 | 73 | 257 | 334 | 223 | 1,994 |
| 2014 | 225 | 177 | 189 | 137 | 249 | 175 | 81 | 52 | 70 | 257 | - | - | 1,612 |

New Maniacs for October



New Maniacs in October 2014: 257
 New Maniacs in 2014: 1,612
 Total Maniacs: 10,034

| State | MM | Pct% |
|------------|-------|-------|
| Washington | 1,186 | 11.8% |
| California | 789 | 7.9% |
| Texas | 693 | 6.9% |
| Illinois | 383 | 3.8% |
| Florida | 362 | 3.6% |
| New York | 324 | 3.2% |
| Oklahoma | 301 | 3.0% |
| Virginia | 278 | 2.8% |
| Georgia | 242 | 2.4% |
| Ohio | 227 | 2.2% |
| Oregon | 221 | 2.2% |

| | |
|----------------------------|----------------------|
| Maniacs founded | 5/25/03 |
| 1000 th Maniac | 6/11/08 |
| 2500 th Maniac | 5/9/10 |
| 5000 th Maniac | 2/4/12 |
| 7500 th Maniac | 8/13/13 |
| 10000 th Maniac | 10/28/14 |
| 0-5000 | 3178 days (8.70 yrs) |
| 5001-10000 | 998 days (2.73 yrs) |

Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter
Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** Vickey Baker, Shelly Mack, Edna Montoya, Lee Newbill
- **Platinum (8 star) Maniac:** Dan Ruiz
- **Palladium (7 star) Maniac:** Paul Piper, Leah Piper
- **Osmium (6 star) Maniac:** Tim Mullican, Krissy Lizbeth Rehm
- **Ruthenium (5 star) Maniac:** Vicki Bentley-Condit, Jeffrey Hollington, Gwendolyn Rucker
- **Iridium (4 star) Maniac:** Howard Keener
- **Gold (3 star) Maniac:** None
- **Silver (2 star) Maniac:** Billy Ray Osborn
- **100 Marathons:** Karen Vollan, So Mei Chan

New Titanium Maniacs!!



Vickey Baker



Shelly Mack



Edna Montoya



Lee Newbill

Ed Ettinghausen sets a world record for the most 100 milers in one year. As of early November he had run 31 races of 100 miles in 2014. His goal is to each 40 this year!



Karen Murray and Julia Khvasechko



Titanium for Lee Newbill



5 stars for Vicki Bentley-Condit



So Mei Chan completes her 100th marathon

Tracey and Carol



Susan, Lee and Lisa



Karen Vollan completes her 100th marathon

Upcoming Races!

Marathon/Ultra Calendar between November 22-January 17

Saturday, November 22

Big Cedar Endurance Run 50m/50k (TX)
Crooked Road 24h (VA)
Duncan Ridge Trail 50k (GA)
JFK 50 Miler (MD)
Kirkstall Abbey Trail Marathon (GBR)
Marathon International du Beaujolais (FRA)
Tejas Trails Wild Hare 50m/50k (TX)
Trails of Glory (NV)
Tranquility Lake 50k (AL)
Ultracentric 24h/12h/6h (TX)
White River Marathon (AR)

Sunday, November 23

Harpeth Hills Flying Monkey Marathon (TN)
Kobe Marathon (JPN)
North Face Ultra Challenge Argentina (ARG)
Philadelphia Marathon (PA)
Route 66 Marathon (OK)

Thursday, November 27

Texas Quadzilla Day One - The Walk (TX)
Wattle Waddle (Seattle Quadzilla Day One) (WA)

Friday, November 28

Black Diamond 40m (TN)
Grandpa's Wishbone Run (Seattle Quadzilla Day Two) (WA)
SCS 24 Hour Endurance Run (AR)
Texas Quadzilla Day Two - The Waddle (TX)

Saturday, November 29

Big Dog 50k (LA)
Derby 50k (NC)
Double Black Diamond 40m (TN)
Ghost of Seattle 50k/26.2 (Seattle Quadzilla Day Three) (WA)
Mississippi Coast Marathon (MS)
NCR Trail Marathon (MD)
Quad Dipsea (CA)
SCS 12/6 Hour Endurance Runs (AR)
Texas Quadzilla Day Three - The Tortoise (TX)
Twisted Turkey 50k (IN)

Sunday, November 30

Gatloff Marathon (really 50k) (GBR)
Mount Fuji Marathon (JPN)
Seattle Marathon (Seattle Quadzilla Day Four) (WA)
Space Coast Marathon (FL)
Texas Quadzilla Day Four - Charlie's Snake Wrangling Marathon (TX)

Saturday, December 6

Aravaipa McDowell Mountain Frenzy 50m/50k (AZ)
Baton Rouge Beach Marathon (LA)
Bigfoot 50k (OH)
Birch Bay Ghost Marathon (WA)
Cajun Coyote 100m/100k (LA)
Enviro-sports Death Valley Trail Marathon (CA)
Isle Du Bois 55k (TX)
Jackson County 50m/50k (IN)
Kepler Challenge 60k (NZL)
Masters of All Terrain 52.4m/50k (FL)
North Face Challenge - San Francisco 50m/50k/26.2 (CA)
NYC Trail Festival 50k (NY)
One Epic Run 24h (SC)
Reggae Marathon (JAM)
Rehoboth Beach Marathon (DE)
RiddleBox Winter Ultra (IA)
St Jude Memphis Marathon (TN)
Zoom Quarry Lakes Marathon (CA)

Sunday, December 7

California International Marathon (CA)
Cayman Islands Marathon (CYM)
End of the World Marathon (Placencia Marathon) (BLZ)
GUTS Pine Mountain 40m (GA)
Marathón Internacional Costa Rica (CRI)
Marathon Singapore (SGP)

Maraton Malaga (ESP)

OTHTC High Desert 50k (CA)
Palm Beaches Marathon (FL)
Placencia Marathon (BLZ)
Rock N Roll San Antonio (TX)
Tucson Marathon (AZ)

Saturday, December 13

Bell Ringer 50k (TN)
Brazos Bend 100m/50m/26.2 (TX)
Bulow Woods Trail Race (FL)
Calico Hoover Dam Marathon (NV)
Elemental Running Winter 12h/6h (NV)
Hillsborough River Marathon (FL)
Kiawah Island Marathon (SC)
Last Chance 50k Trail Run (SC)
Nutcracker 12 Hour Endurance Run (NC)
Operation Jack Northwest Run 6h (OR)
Rocket City Marathon (AL)
Roxbury Marathon (CT)
Tallahassee Ultra Distance Classic 50m/50k (FL)

Sunday, December 14

BCS Marathon (TX)
Best Damn Race Cape Coral (FL)
Dallas Marathon (TX)
HITS Austin (TX)
Honolulu Marathon (HI)
ITR Woodside Ramble (CA)
McAllen Marathon (TX)
Nara Marathon (JPN)
Rainshadow Deception Pass 50k (WA)
RunnersWorld Tulsa Double Half (OK)
St Croix International Marathon (UMI)
Suratthani Hospital Marathon (THA)

Saturday, December 20

BUTS Beary Ultra 27m (AL)
Hawaii Kai Ultra Run (HI)
HUFF 50k (IN)
Lookout Mountain 50 Mile (TN)
Otter Creek Trail Marathon (KY)
Pigtails Flat Ass 50k and Marathon (WA)
Seashore Nature Trail 50k (VA)
Whine Not a Marathon (TX)
Willow Winter Solstice Marathon (AK)

Sunday, December 21

Chiang Mai Marathon (THA)
Cyberjaya Twincity Marathon (MYS)
First Day of Winter 50k/26.2 (OH)
Pisa City Marathon (ITA)
Westwood Lake Winter Solstice Marathon (BC)
Whine Not Another Marathon (TX)

Friday, December 26

Operation Jack Marathon (CA)
Savage Seven (7 day event) (FL)

Saturday, December 27

3 Bridges Marathon (AR)
Houston Running Festival (many options) (TX)
Round the Bay 36.8m (FL)
Run for the Ranch (MO)
Sunrise to Sunset Challenge (GBR)

Sunday, December 28

Across the Years 6 Day (AZ)
Jacksonville Marathon (FL)
Yukon Do It (WA)

Monday, December 29

Across the Years 72 Hour (AZ)

Tuesday, December 30

Across the Years 48 Hour (AZ)

Wednesday, December 31

Across the Years 24 Hour (AZ)
Last Chance Marathon (WA)
New Years Double Day One (TX)
Recover from the Holidays 50k (AL)

Thursday, January 1

First Call 50k/26.2 (WA)
New Years Double Day Two (TX)
Texas Marathon (TX)
Tuscobia 150m (WI)

Friday, January 2

Tuscobia 75m (WI)

Saturday, January 3

Athens Big Fork Trail Marathon (AR)
Croom Zoom 100k/50k (FL)
Frozen Sasquatch Trail 50k (WV)
Harbison 50k (SC)
New Years Resolution 24h (HI)
PHUNT 50k (MD)
Pistol, The 100m/100k/50k (TN)
Run4RKids 8h/6h/26.2 (ON)
Seattle Locks Marathon (WA)
Swamp Forest Trail Marathon (FL)
Tuscobia 35m (WI)
Watchung 50k/26.2 (NJ)
Wildcat 100 48h/24h/100m/100k (FL)
Yankee Springs Winter Challenge 50m/50k (MI)

Sunday, January 4

Altis Herb Parsons Trail Marathon (TN)
Camarillo Marathon (CA)
Lets Go Haiti Marathon (HTI)

Friday, January 9

Tiberias Marathon (ISR)

Saturday, January 10

Aravaipa San Tan Scramble (AZ)
Bridle Trails (WA)
Calico Running From an Angel Marathon (NV)
Cloudland Canyon 50m (GA)
Mississippi Blues Marathon (MANIAC REUNION) (MS)
Pullman Winter Ultra #12 (WA)
Savannah Rails to Trails 50k (GA)
Tejas Trails Bandera 100k/50k (TX)

Sunday, January 11

Cebu Marathon (PHL)
CTR Crystal Springs 50k/26.2 (CA)
First Light Marathon (AL)
Rocks and Roots 50k Day One (OH)
Walt Disney World Marathon (FL)
Yangon International Marathon (MMR)
Zoom! Yah! Yah! (MN)

Saturday, January 17

24hrs of HOSTELity 24h/12h (GA)
Capitol Peak Mega Fat Ass (WA)
Charleston Marathon (SC)
Country to Capital (GBR)
CTR Steep Ravine 50k/26.2 (CA)
Duel, The (TX)
Eugene Bruckert 50k (DE)
Hong Kong 100 Ultra Trail Race (HKG)
HURT 100 Mile Endurance Run (HI)
Museum of Aviation Marathon (GA)
Weymouth Woods 100k (NC)



New Maniacs in October 2014

Guilherme Nakata (#9778)
 Rachel Williams 2 (#9779)
 Stacy Boumenot (#9780)
 Dave Maddix (#9781)
 Jeff Swenson (#9782)
 Mark Harris (#9783)
 Charlene Howard (#9784)
 Colleen Hacker (#9785)
 Susan King (#9786)
 Piper Shaw (#9787)
 Cory Shaw (#9788)
 Shonda Caines (#9789)
 Rick Murray (#9790)
 Jon Walthour (#9791)
 Sandra Harvie (#9792)
 Kim Knapp (#9793)
 Michael Warner (#9794)
 Kathi Young (#9795)
 Cera Edgley (#9796)
 Deanna "SMILES" Hanshew (#9797)
 Karen Swenson (#9798)
 Debbie Smith (#9799)
 Tom Wickeham (#9800)
 Amy Schneider (#9801)
 Michelle Kingery (#9802)
 Eric Hylden (#9803)
 Amanda Morales (#9804)
 LuAnn Wikeham (#9805)
 Run42k (#9806)
 Shannon Alaniz (#9807)
 Jason Alaniz (#9808)
 Matthew Amick (#9809)
 Mara Barth (#9810)
 Curnell McCullough (#9811)
 Les Frederick (#9812)
 Laura Frederick (#9813)
 Venita Siegel (#9814)
 Karen McConnell (#9815)
 Josephine Daggett (#9816)
 Katie Merx (#9817)
 Michelle Lukaschewski (#9818)
 Brandi Weiss-Encarnacion (#9819)
 Frank Cherne (#9820)
 Darcie Hammond (#9821)
 Marty West (#9822)
 Kenneth Herrington (#9823)
 Katie Laurens (#9824)
 Richard Pidgeon (#9825)
 Jennefer Lloyd (#9826)
 Bonnie Tratt (#9827)
 Tim Hammond (#9828)
 Georges Gonzalez (#9829)
 Jonathan Rushnak (#9830)
 Felicia Ziegler (#9831)
 Heather Schlagel (#9832)
 MaryKate Hotaling (#9833)
 Katrina Raymond (#9834)
 Glenn Bugay (#9835)
 Betty Herberger (#9836)
 Rich Duque (#9837)

Ashlee Swearingen (#9838)
 XIAOMING JIN (#9839)
 Dave Bieda (#9840)
 Carl Bihler (#9841)
 Robert Beech (#9842)
 Kim Vehige (#9843)
 Amanda Hughes (#9844)
 Libby Wilson (#9845)
 Tamica Kenyon (#9846)
 Mary Ducar (#9847)
 Greg Dronkert (#9848)
 Benjamin Lomboy (#9849)
 Keena DeLay (#9850)
 Jason Ku Su Yen (#9851)
 Heather Sailer (#9852)
 Saul Gerardo Hernandez (#9853)
 Chuck Compson (#9854)
 Alexandre Destailleur (#9855)
 Rana Kory (#9856)
 Suzanne Davidson (#9857)
 Jon Austin (#9858)
 Seret Rafferty (#9859)
 Nevada Westberg (#9860)
 Rich Frazier (#9861)
 Shayla Toombs-Withers (#9862)
 Stephanie Lounsbury (#9863)
 Eddie Black (#9864)
 Sheila Waldrop (#9865)
 Sharon Schroder (#9866)
 Kristin Akers (#9867)
 Jessica Robillard (#9868)
 Mark Welch (#9869)
 Mike Longo (#9870)
 Lito Macadangang (#9871)
 Rein Mungo (#9872)
 Brad Stelflug (#9873)
 Emmerentia Loots (#9874)
 Daniel Jacobsen (#9875)
 Rachel Prozan (#9876)
 Jennifer Harward (#9877)
 Luke Simmons (#9878)
 Theodore Kardis (#9879)
 Liane Jennings (#9880)
 Amy Patrick-Melin (#9881)
 Becky Richey (#9882)
 Bethany Bernier (#9883)
 James Savory (#9884)
 Grace Chan (#9885)
 Brian Kettler (#9886)
 Melissa Kinyon (#9887)
 Hansie Wong (#9888)
 Jess Hayden (#9889)
 Steven Hamilton (#9890)
 Rebecca Thompson (#9891)
 Jamie Plucker (#9892)
 Leah Christensen (#9893)
 Melissa Kaiser (#9894)
 Ellen Guenther (#9895)
 Brenda Brenneis (#9896)
 Brian Tharp (#9897)
 Ana Santa Cruz (#9898)
 Jesse Perez (#9899)
 Kate Nachttegall (#9900)
 Joseph Rolnicki (#9901)
 Deanna Quinones (#9902)
 Manuela Esposito (#9903)

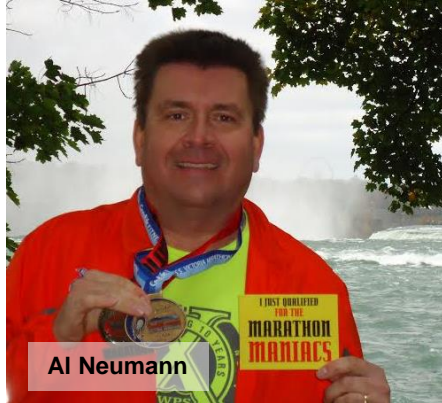
Tracy Eisenreich (#9904)
 Danita Wyley (#9905)
 Melissa Rotenberger (#9906)
 Sunny Hoffman (#9907)
 Mary Ann Mason (#9908)
 Douglas Picard (#9909)
 Jessica Brundige (#9910)
 David Ortega (#9911)
 Trish Pham (#9912)
 Erin Abrahamson (#9913)
 Andria Chaney (#9914)
 Jeff Hauser (#9915)
 Jennifer Bell (#9916)
 Lora Gallagher (#9917)
 Lisa "Crayola" Keller (#9918)
 Lilliana Corletto (#9919)
 Janna Cox (#9920)
 Jason Jones (#9921)
 Crystal Gray (#9922)
 Jennifer Rusniak (#9923)
 John Waller (#9924)
 Felecia Jackson (#9925)
 Allan Ott (#9926)
 Kim Smith (#9927)
 Lora Mays (#9928)
 CHERYLE TORAIN (#9929)
 Matthew Yan (#9930)
 WONG KHEE MENG (#9931)
 Gretchen Morrow (#9932)
 Lilly Hsu (#9933)
 Sue Dispensa (#9934)
 Kevin Oliver (#9935)
 Michael Doherty (#9936)
 BRIAN HARRIS (#9937)
 Steve Mahoney (#9938)
 Carol Mahoney (#9939)
 David Flynn (#9940)
 David King (#9941)
 Eric Schlytter (#9942)
 David Toillion (#9943)
 Isabelle Schweitzer (#9944)
 Toby Leonard (#9945)
 ROB WAGNER (#9946)
 Keenan Haga (#9947)
 Jasmine Brooks (#9948)
 Doug Hanson (#9949)
 Rita Moreno (#9950)
 Jonus Gerrits (#9951)
 Paul Coar (#9952)
 Darla Rogers (#9953)
 Amber Mueller (#9954)
 Rich Handzo (#9955)
 Zsolt Nemedi (#9956)
 Anne Markiewicz (#9957)
 vetmegan@yahoo.com (#9958)
 Mike Fascian (#9959)
 Jose Libunao II (#9960)
 Bill Dowis (#9961)
 JJ Schuster (#9962)
 Tamerill Faison (#9963)
 Daniel Erhart (#9964)
 Jeremy East (#9965)
 Tracy Allen (#9966)
 Jacqueline (#9967)
 Matthew Riley (#9968)
 Leah Enright (#9969)

Jose Maria Gabriel (#9970)
 Terance Lee (#9971)
 Jodi Haefner (#9972)
 Kiva Way (#9973)
 Sabrina Slocum (#9974)
 Lara Collins (#9975)
 Lisa Porter (#9976)
 Joe Cloutier (#9977)
 Wayne Lee (#9978)
 Eamonn Kelly (#9979)
 Marlene Balisi (#9980)
 Sherri Brothers (#9981)
 Anne Hyman (#9982)
 Sam Brothers (#9983)
 Lisa Arnold (#9984)
 Alan Neumann (#9985)
 Kelli Boyer (#9986)
 Josh Estep (#9987)
 Crista Corbett (#9988)
 Eric Ratcliff (#9989)
 Liliana Gaytan (#9990)
 Pamela Bright (#9991)
 Enrique Fernandez (#9992)
 Elaine Alexander (#9993)
 Adam Murchison (#9994)
 Kathleen Titus (#9995)
 Florianne Torset (#9996)
 DeLen Parnella (#9997)
 Matt Eash (#9998)
 Jim Simpson (#9999)
 Edward Lychik (#10000)
 Tamara Goodrich (#10001)
 Kim Black (#10002)
 Leia Butler (#10003)
 Marissa Danna (#10004)
 John Rigney (#10005)
 Flo Mina (#10006)
 Kristy Wilson (#10007)
 Maria Vasquez (#10008)
 Tim Hackett (#10009)
 Saul Keens (#10010)
 Amber Young (#10011)
 Joanna Rees (#10012)
 Joy Rooker (#10013)
 Carrie Heavrin (#10014)
 Juan Aguilar (#10015)
 Tracy Ellis (#10016)
 Lorrie Buenrostro (#10017)
 Sophooun Seng (#10018)
 Michelle DeNully (#10019)
 Marla Hibbitts (#10020)
 Dana Martin (#10021)
 Ralph Gibbs (#10022)
 Christine Cronin (#10023)
 Heather King (#10024)
 Emily Moran (#10025)
 Amy Marcum (#10026)
 Kristy Garner (#10027)
 Debra Bana (#10028)
 Ronald Wat (#10029)
 Diane Kellenburger (#10030)
 Heather Hodson (#10031)
 Susan Brook (#10032)
 Wendy Foster (#10033)
 TomnVangie Runs (#10034)

NEW MANIACS



Lisa Keller



Al Neumann



Pam Bright



Lara Collins



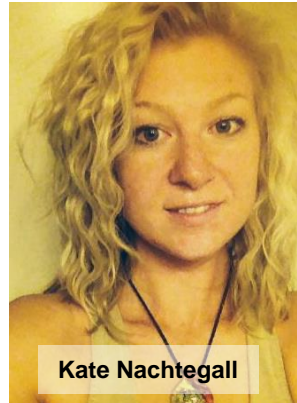
Jasmine Brooks



Kim Black



Melissa Kaiser



Kate Nachteggall



Beverly Johnson



Diane Sherer



Liliana Gaytan



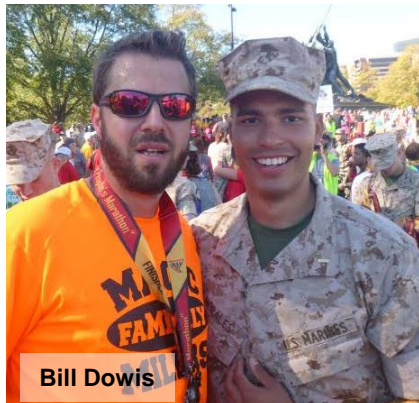
Suzanne Davidson



Georges Gonzalez



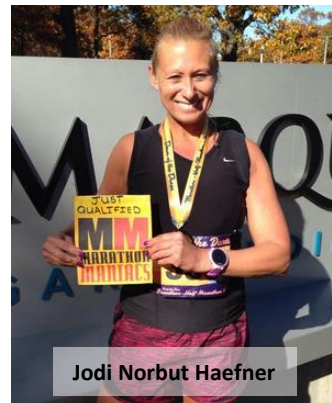
Tamerill Faison



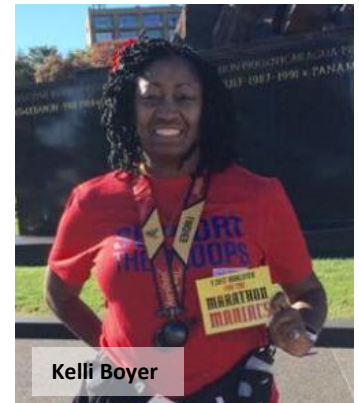
Bill Dowis



Rich Duque



Jodi Norbut Haefner



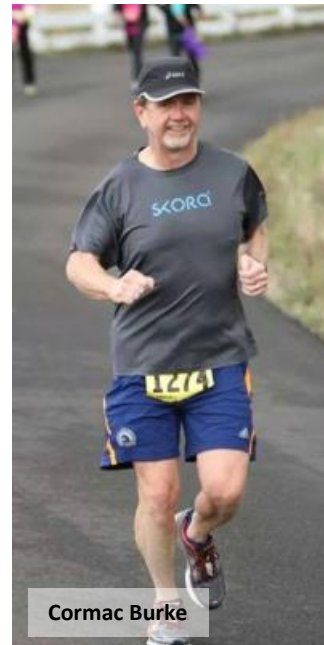
Kelli Boyer



Jamila Williams



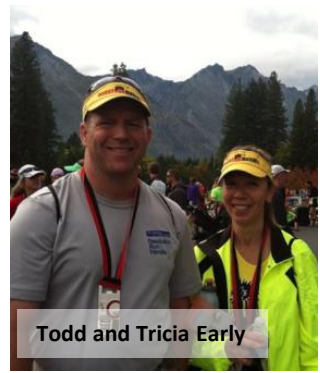
Fran



Cormac Burke



Tim Mullican



Todd and Tricia Early



Cheri Fiorucci



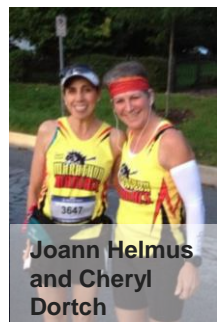
Greg Burress and Amy Meyer



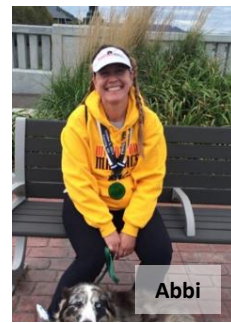
Nancy Wentink finishes her 50th state along side Dave Bell and Cindy Desirant



Jim Roche



Joann Helmus and Cheryl Dortch



Abbi



Sabrina



Treva Thoms and Steve Walters

FROM THE EDITOR...

Fall is in full swing! So many great races! Of course Maniacs flocked to Washington DC to run Marine Corps and Chicago. But other popular races included Des Moines, Baltimore, New Hampshire, Maine and Portland, Oregon. It seems marathons are all over the country from coast to coast in this very popular month.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts have a ** in front of the race name and don't forget about the Maniac discounts at Running Skirts www.runningskirts.com and The Running Warehouse www.runningwarehouse.com for all your non-Maniac branded apparel and shoe needs.

- New York City Trail Festival 12/6/14: www.challenge-race.com
- Rehoboth Beach Marathon (DE) 12/6/14: www.rbmarathon.com
- First Day of Winter Marathon (OH) 12/21/14: <https://ultrasignup.com/register.aspx?did=28532>
- Mississippi Blues Marathon 1/10/15: www.msbluesmarathon.com
- First Light Marathon (AL) 1/11/15: www.firstlightmarathon.com
- Louisiana Marathon 1/18/15: www.thelouisianamarathon.com
- Maui Oceanfront Marathon 1/18/15: www.mauioceanfrontmarathon.com
- Town of Celebration Marathon (FL) 1/25/15: www.celebrationmarathon.com
- Melbourne Music Marathon (FL) 2/1/15: www.themelbournemarathon.com
- **Mississippi River Marathon (MS) 2/14/15: www.msrivermarathon.com
- **Buzz Marathon (CA) 2/15/15: www.buzzmarathon.org
- **Lost Dutchman Marathon (AZ) 2/15/15: www.lostdutchmanmarathon.org
- Mercedes Marathon (AL) 2/22/15: www.mercedesmarathon.com
- Little Rock Marathon (AR) 3/1/15: www.littlerockmarathon.com
- Tobacco Road Marathon (NC) 3/15/15: <http://tobaccoroadmarathon.com>
- **Raccoon Mountain Marathon (TN) 3/21/15: <http://runchattanooga.org/rmm/>
- **Hogeye Marathon (AR) 3/29/15: www.hogeyemarathon.com
- Knoxville Marathon (TN) 3/29/15: www.knoxvillemarathon.com
- Tomoka Marathon (FL) 3/29/15: www.tomokamarathon.com
- Blooms to Brews Marathon (WA) 4/12/15: <http://bloomstobrews.getboldevents.com>
- **Carmel Marathon (IN) 4/18/15: www.carmelmarathon.com
- Garmin Marathon (KS) 4/18/15: <http://ozrun.org>
- Snake River Island Hop 50K/100K (WA) 4/25/15: www.plateautrailadventures.com
- **Coastal Delaware Running Festival 5/3/15: www.codelrun.com
- Delaware Marathon 5/10/15: www.delawaremarathon.org
- **Shires of Vermont Marathon 5/17/15: <http://shiresofvermontmarathon.com/>
- **Vermont City Marathon 5/24/15: www.vermontcitymarathon.org
- **Kona Marathon 6/28/15: www.konamarathon.com
- **Moose's Tooth Marathon (AK) 8/16/15: www.bigwildliferuns.org
- **Boring Marathon (OR) 9/13/15: <http://boringmarathon.com>
- Mainly Marathons Marathon Series races, discounts for all races and all series <http://mainlymarathons.com/>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: jeff@marathonmaniacs.com



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!

A REMINDER IS SENT WITH THE MONTHLY E-FLASH
AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV

Rookies – Congratulations on entering the Asylum!

We think we are perfectly sane, we simply run lots of marathons. We have thus recast the item "running a marathon" on one's bucket list as an endless kind of thing, which we think is cool: extend this wonderful life if we can!

Now, back East, one of our members from the early days -- #48 -- still seems baffled about how we do it. So we let him ponder "Maniac mysteries" here.

Best to sort through his advice though. It's... unproven.

~ The Three Wise Guys...err, Wise Men.

Greetings, Oh Champion Mr. Prez,

In our first 80 marathon battles, Oh Great Mr. Yee, the greatest run of victories in the history of amateur sports has reached an astounding score of Prez: 80, Rev: 0. I take my visor off to you in lavish praise for your superiority on the trails of America over this not incompetent athlete. Hey man, I can play ice hockey AND I can putt. So I'm not exactly Flipper out there.

But, I am Oh and 80.

So now, I have a plan.

It might seem foolhardy to reveal it to the enemy like this, but I am certain that a) you have used these strategies anyway, and b) your intense motivation has likely diminished, for after all, if one cannot rest on 80 – 0 laurels, when can one?

Now then, to my discovery of your secrets, hidden lo these many years. Baseball gave me my first clue. What is November through January like for baseball players? It is depicted as the "off season". Ha! That is so cliché, a misguiding of the masses by a presumptuous press. It is only "off-season" for players who never get beyond Single-A ball. For those determined to defy being struck out by Clayton Kershaw, stuffing the stuffing in November is not happening, no sir! The concentrated discipline of carving time out of every day begins when? It begins now! The Friday after Thanksgiving isn't shopping day, it's Tempo Training morning. The day after? Long Run day. Sunday? Slow Jog. I'll grant you a festive Thursday off-and-recovery holiday, but no arguments on this next item! Only one piece of pumpkin pie, not the whole smorgasboard of Nana's bakery sensations! Recall your memories. They will suffice, if you let them. (Unless, of course, there's the chocolate roll too. Then we have a problem.)

For an astounding 2015, one must commence training and right eating now. NOW, I tell you. Mr. Champeen Prez has clearly known this for years. It isn't "the Holidays", and it isn't "too cold to go out for a run". No no no no no. It's Training Time. April comes quickly.

Clue two that I can end this plight against you, Yee, emerged from observing your weakness. What? Hey, I'm shocked too. Always thought you were impeccable in all categories, but glory be, the surprise of 2014 is? You've got a flaw. It's revealed by your handsome (garish) Seahawks Maniac shirt. (Mom says I have to be nice. Ok: such attractive Seahawk colors! That intimidating dark blue-green, accented so creatively with the sweet neon yellow-green, added so wisely for visibility in case you ever have a rainy day out there.)

Sir-of-the-Seahawks-Maniac-Jersey, do you know how often football champions repeat? Nearly Never. You know why the footballers rarely repeat? I'll give you two hints: They play with a funny shaped ball, which isn't likely to take the same funny shaped bounces for the same funny shaped players two years in a row. (Aww, just look at the Offensive Line of any NFL team: it's a fair description.) And hint two: Laurels. Memo to any athlete: lose the laurels-leaning lounging, for this will soon list alarmingly until ye languish longingly, lusting after laurels lost.

So! With regard to your commanding 80 – 0 streak, I'm warning you Yee, presume nothing from the period of perfection. For while you are distracted by silly Seattelian holiday-decoration runs, quirky quadzillas, football follies, and all that stuffing stuffed on your calendar, Mr. Rev is currently immersed in Serious Training with an intensity that makes Aaron Rodgers getting all pumped up look silly.

It took a decade, but I get it now: if one intends to master miles 20 to 26 in April, then the preparation time is not March, any more than Spring Training in Baseball is the beginning of the season for All-Stars. The marathon, perhaps more than any sport, requires a long-term build-up process.

And so, every frigid day now, I am thinking spring's "Yakima", or "St. Louis", or "Gettysburg", or "Ottawa", or even autumn's "Marine Corps." I'm going out there Now, Prez. I'm coming after you.

Somewhere, some day, some how, a svelte Rev is going to show up at a race where the Great Yee is ambling on over to the starting line, awash in that sweet, tranquil smile of yours, and Mr. Rev is going to casually ask, "mind if I tag along for a couple of early miles, Prez?" Of course you'll say "Come on along, Mr. Rev!", and you'll think, "sweet guy; wish he could keep up past mile 3." And then there will be a look of pride on your face when I'm still around at 5... and then a touch of surprise at 9 and 10... and then at milestone 13.1 you'll have a sense of final congratulations for the old guy who surely will fade now... but then, he is hanging on... and when we reach pivotal mile 20, and the grimacing is, for the first time in history, on the tall tanned guy's face instead of the short blond-guy's mug, you'll wonder... and then the Rev will reverently intone, "Blessings on you, Mr. Yee" as he departs, forward? Forward?

Hoo boy, I might even pay Mr. Warren to snap a picture of that.

But honest, I won't ask Tony to print it anywhere in...particular.

It is November, Mr. Prez. Game on, starting now.



Luvya,
Rev
dgkienz@yahoo.com