



MARATHON MANIACS

SEPTEMBER 2014 NEWSLETTER

Volume 11, Number 9

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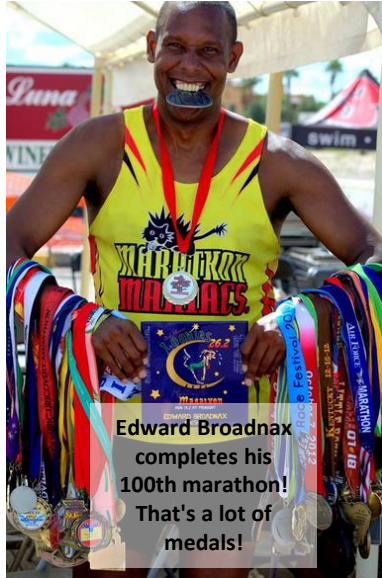
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Al Kohli



Edward Broadnax completes his 100th marathon! That's a lot of medals!



HOFer Henry Rueden



Lee Newbill and Julie Meehan



Yvette Fratzke



Jim Roche



Marathon Maniacs running half marathons... YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 7000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com



Half Fanatics at the Adams County Half Marathon

Andy Moyer



Sue Mantyla



Big Cottonwood Marathon

SALT LAKE CITY, UTAH

Katherine Orr



Eddie Hahn



Dave Bell



Angie Whitworth Pace



Brian Wright



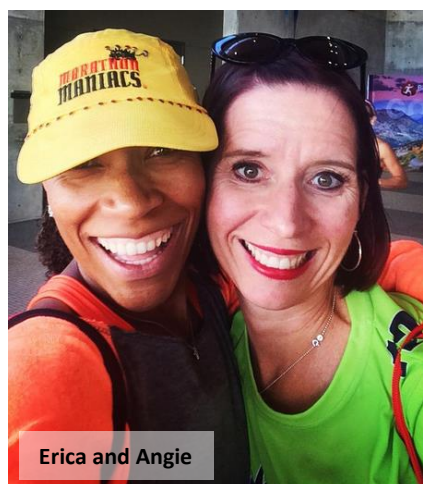
Big Cottonwood Marathon (9/13): Glenn Amante, Andrea Amend, Karen Andersen, Laurie Baker, Vickey Baker, Christyna Beaty, Mike Becker, Dave Bell, Dawn Bentley, Elliot Bienenfeld, Stacy Allen Bolyard, Ila Brandli, Edward Broadnax, Will Butler, Laura Ceraolo, Lucy Cheng, Mike Chewar, Bryan Cichon, Big Bad Jim Clouse, Teota Coppock, Dan Cumming, Minh Dang, Jan DeGiulio, Cindy DeSirant, Stephanie Dewald, Domitilia M. dos Santos, Othman Doubiany, Erik Dye, Renita Free-Priester, Bob Frost, Sandy Gage, John Gardener, Galen Garrison, Sarah Greene, Steve G, Dennis "Spelled right" Hafford, Andy Hagan, "Formerly Fast Eddie", Stacey Hanf, Teresa Harmon, Valerie Haschke, Danielle "T-Rex Runner" Hastings, Nathanael Hevelone, Jennifer Hienton, Michelle Hille, Francis Hoover, Steve Hughes, Rachel Johnston, Cody Jones, Howard L. Keener, Jr., Marlin Keesler, Pamela "Mrs. T.O." Okazaki, Gerald "The G-Man" King, #kinosfault, Mary Knight, Julia Kolyadenko, Scott Krizek, Kara Loftin, John Mangahas, Sue "Italian Stallion" Mantyla, Ethan Matyas, Denis McCarthy, John "Die Hard" McClain, Bryan McCullar, Robert McElroy, Andy Moyer, Joey Mukherjee, Erin Mulligan, Jeff Necessary, Kurt "The Kidd" Neilan, Paul Ng, Loan OBrien, Bill Odendahl, Dan Oh, Thomas "T.O." Okazaki, Gail Oney, Kat, Richard Park, Jenn "CrazyRunner" Pellegrino, Missy Peters, Jeff "Slice!" Pettett, Blaine Phillips, Jesse "Say Cheese!" Puentes, Rich "RIP" Pye, Cassie, Cade Remsburg, Michael "Dr Dude" Rhodes, Susan Roundy, Heather Rowley, Wendy Roy, Erica D. Sanders-Hurst (E-Boogie), Jc "The Saint" Santa Teresa, Emma Schuering, Lori Schwartz, Mike Schwartz, Nikki 4000, Dan-O, Judd Shaw, Sophia Shi, Brent Shirley, Wanda Shoemake, Jason Short, "ClaireBear" Alonzo, Barry "dcgriz" Smith, Loren "Shooting" Starr, Kate Stoker, Jo Ann Sutton, Roger "BMBLB RUNNER" Teel, Marc Tremblay, Lamond Vidinhar, Bettie Wailes, Matthew Weathers, Jeff Wehling, Angie Whitworth Pace, Matt Woolston, Brian Wright, Ryan Wrigley, Laura Zeffer, Jennifer Zuelch



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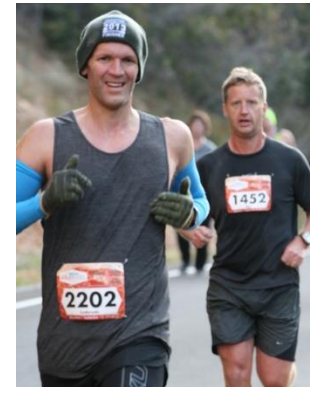
Edward Broadnax



Erica and Angie



Ila Brandli



Lori Schwartz



Jennifer Hinton



Brian Wright



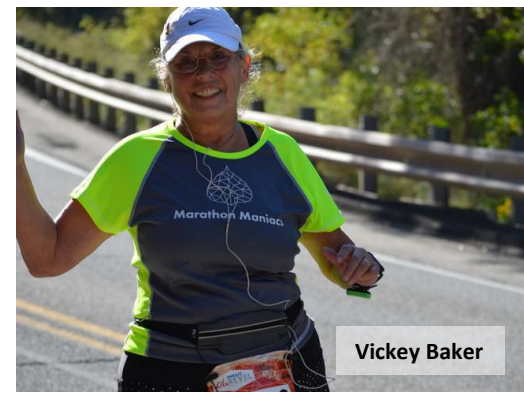
Missy Peters



Erica and Lynn



Paul Ng



Vickey Baker



Nikki Scott



Howard Keener



Mike Schwartz



Robert McElroy



Sophia Shi



Thomas Okazaki

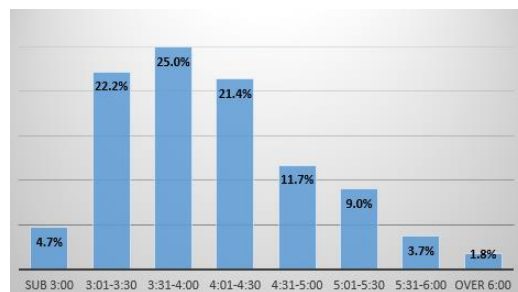


MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

This month's question: Do you lift weights as a way of cross training?

Please vote online between now and October 31: <http://tinyurl.com/MMpoll2014g>



Last month's question: How fast is your marathon personal record?

To most Maniacs have run a marathon personal record (PR) between 3:01-4:30.

Thanks for voting!



Kenneth Tenebro



Laura Bellman



Jim Boyd



Larry Wasson and Elizabeth Withey with a police escort from behind.



Janice Ann Northrup



Gary Marr

Join the Maniacs on Social Networking!



FACEBOOK:

Marathon Maniac page: <http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group: <http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

MY SPACE:

<http://www.myspace.com/marathonmaniacs>

LINKED IN:

<http://www.linkedin.com/e/vgh/1843119>

DAILY MILE:

<http://www.dailymile.com/groups/1403-marathon-maniacs>

Across all social networks use the hash tag:

#marathonmaniacs14



Heather and David



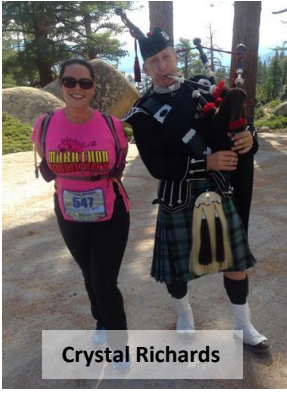
David Knapp



Eddie Vega and Larry Wasson



Cyndie Merten



Crystal Richards



Yolanda and Larry

LAKE TAHOE MARATHON & TAHOE TRIPLE

LAKE TAHOE, CALIFORNIA/NEVADA



JC Santa Tersea



Lichym Wu



Jane, Yolanda and Cyndie



DEO



Marathon Mitch



Emerald Bay Marathon (Tahoe Triple Day One) - (9/12): Pierre Convert, "Insane Jane", Valerie Hewitt, David Holmen, Stefan Hornke, David Knapp, Cyndie Merten, John Rodgers, MaryLee "Minna" Sturgeon, Jane Sturzaker, Jack Warren, Larry Wasson, Li-Chym Wu, Heather Zeigler

Cal-Neva Marathon (Tahoe Triple Day Two), Tahoe 72m, Tahoe Double Marathon (9/13): Danielle Convert, Pierre Convert, Michelle Edmonson, "Insane Jane", David Holmen, Stefan Hornke, David Knapp, Cyndie Merten, MaryLee "Minna" Sturgeon, Jane Sturzaker, Eddie "Barefoot Bandito" Vega, Jack Warren, Larry Wasson, Li-Chym Wu, Heather Zeigler

Lake Tahoe Marathon (Tahoe Triple Day Three) - (9/14): Danielle Convert, Pierre Convert, "Insane Jane", David Holmen, Stefan Hornke, DEO, David Knapp, Cyndie Merten, Sonja Normann, John Rodgers, MaryLee "Minna" Sturgeon, Jane Sturzaker, Eddie "Barefoot Bandito" Vega, Jack Warren, Larry Wasson, Li-Chym Wu, Heather Zeigler



Air Force Marathon

DAYTON, OHIO



Steven Yee and Jen Savage



Jen Metcalf and Michelle Walker



Dan Semsel



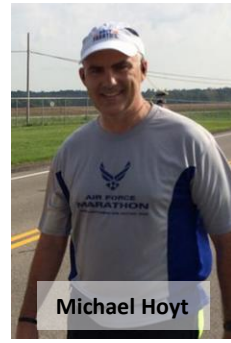
Jen Knife and Robert Lopez



Lorinda Hagstrom and Patti Krebsbach



Karen and Jennifer



Michael Hoyt

Air Force Marathon (9/20): Linda Ambard, Karen Andersen, Erin Anderson, Mike Anderson, Jen Bakula, Joseph Balsamo, Bill Beardall, Michael Beasley, Jean Belman-Herrera, Falko Berg, Darlene Bohanon, Chavet Breslin, Lynne "Harper" Caulkins, Tim Cavenee, Lisa Chamberlain, Sue Colgan-Borror, Floyd Crawford, Lauren Cutsinger, Mang Gusman, Stephanie Dewald, Will Dong, Joe Ely, Joel Fenlason, Alex "SuperMex" Feria, Jim "Superdawg" Fisher, Oyauma Garrison, Rick Grecula, Elaine Green, Emily Green, James Green, Brenda Gutmann, AJ Hacker, Lorinda Hagstrom, Zane Hagy, Paula Hamilton, Chris Hart, Bill "Hartless" Hartman, Tina Hauser, Kristen Pearlless Healey, Melissa Heaton, Jennifer Hienton, Jessica Hochman, Michael Hoyt, Art Jacobson, madDOG, James Kirkley, Árpád "Bootstraps" Kisch, Jen Knife, Nicole Knutson, PK, Stephanie LaBoo, Nate Larson, Rainer Lichtsinn, Owen Lillywhite, SRL, Tim Mahler, Eileen Marks, Kenneth Massett, Bryan McCauley, Chase Merriman, Jen "BigSexy" Metcalf, Cynthia Moore, Shannon "RnRunny" Morrison, Joe "Schmo" Moser, Dan Oh, Billy Ray Osborn, BO, Lynn Palmer, Christy "The Energizer Bunny" Paul, Richard Peete, Belinda Petersen, Lynda Petri, Filipino_Kid_Flash, Mark "Kiltman" Regensburger, Cade Remsburg, Michelle Richardson, Maria Rodriguez, Diana Rosenal, Jc "The Saint" Santa Teresa, Jeanette Santa Teresa, Jen "Hey, I'm still out here" Savage, Kate Scheff, Dan-O, Bill Sherman, Crystal Simmons, David Smelker, Franklin Smith, Gilberto "Big Daddy" Sosa, Timothy Spoo, Loren "Shooting" Starr, Cara "Skittles" Stephens, Beth Sundquist, Roger "BMBLB RUNNER" Teel, Greg Terry, John Torres, Jeannie Tsai, Callie Ullman, Eddie "Barefoot Bandito" Vega, Michelle "Mom o' 6" Walker, Michael Weaver, John Weeks, Marsha 'BookladyWalker' White, Heath Williams, Patrick Wood, Jennifer Yan, Prez Steven Yee



Cade Remsburg completes his 100th marathon!



Eddie Vega



Emily and Elaine Green



MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

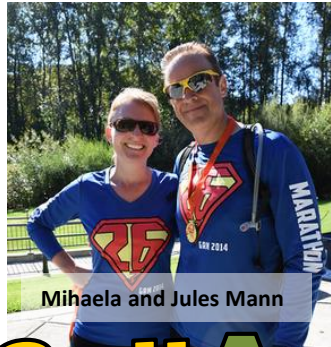
<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>



Wendy



Mihaela and Jules Mann



Diana Robinson



First Call Autumn Marathon

BOTHELL, WASHINGTON



Steven Ferry



Tracy



First Call 50k/Marathon (9/13):
 Bob & Lenore Dolphin, Steven Ferry, Rob "Rattler" Hester, Ethel Marie Kitching, Mike Mahanay, Jules Mann, Tracy Marshall, Monte Pascual, Cheri Pompeo, Tom "H.D." Scott, Scott "Brooklyn" Sebelsky, Kimberley Worthen

CHASING WINDMILLS

50 MARATHONS TO BENEFIT ALZHEIMER'S IN 2014 THE ASSOCIATION

<http://act.alz.org/goto/DavidKnapp>

CHASING WINDMILLS

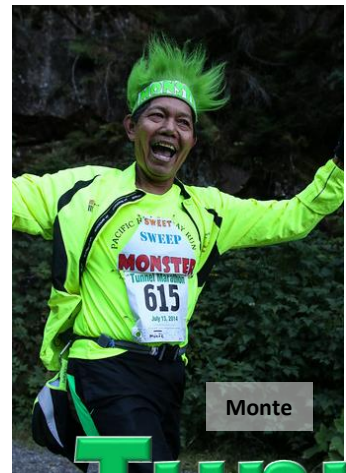
DAVID KNAPP (MM#91)

To celebrate turning 50 years old in 2014, Denver-based entrepreneur and marathoner David D. Knapp, Ph.D. is running 50 full marathons during the 2014 calendar year as a fundraiser for the Colorado Chapter of the Alzheimer's Association.

Dr. Knapp – who lost his mother to Alzheimer's in 2001 – is hoping to raise at least \$50,000 during the year-long marathon quest to help find a cure for the disease, which currently affects over 5 million Americans. And barring a medical breakthrough to prevent, slow, or stop the disease, that number will nearly triple by the year 2050 due to this nation's aging population.



Dr. Knapp's official donations page is <http://act.alz.org/goto/DavidKnapp>



Monte



Robert Bondurant



Dean and Miranda

Tunnel Lite Marathon

NORTH BEND, WASHINGTON



Brett Wittner



Little Leslie



Brad



Brian Pendleton



Steven Ferry



Roger Chou



Paul David



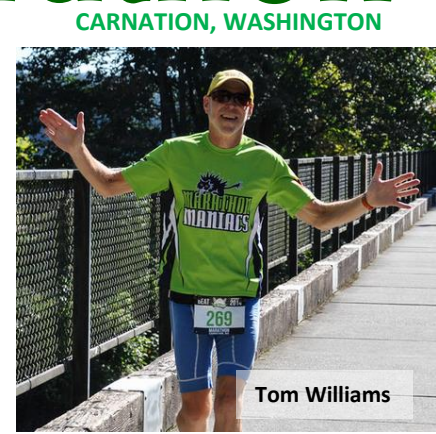
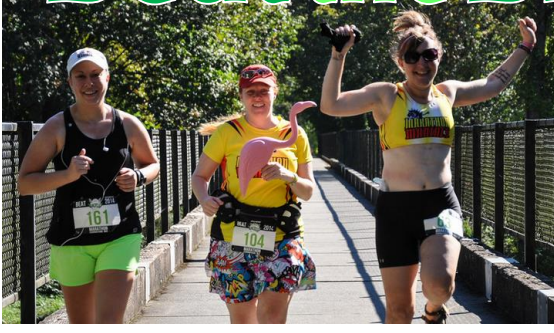
The Prez

Tunnel Lite (9/14): Deanna Ashby, Miranda Bachman, Mary Bettelli, Georgia Bunko, Deidre "Turtle fast" Connor, Trian Cuyno, Paul David, Steven Ferry, Paul Friese, Matt Glew, Maverick, Mr. Pat, Rick "Roadkill" Haase, Annie Hernandez, Susan "the Turtle" Hui, Eric Jensen, Laura Johnson, Barefoot Jon, Jules Mann, Tina Miller, Lara Owczarski, Monte Pascual, Guru, The Programmer, Randall "Captain Cortisone" Reinwasser, Crockpot, sLuG, Tara Simpson, Peter Stackpole, Linda Walter, Gregory Watson, Brett "Go Broncos" Wittner



Beat the Blerch Marathon

CARNATION, WASHINGTON



Pat

Tom Williams



Sandy, Halbert and Barb



Angie Whitworth Pace

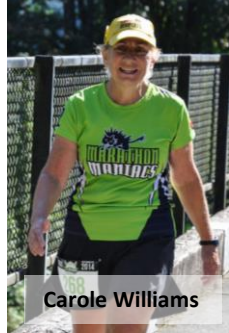


Tom Mangan

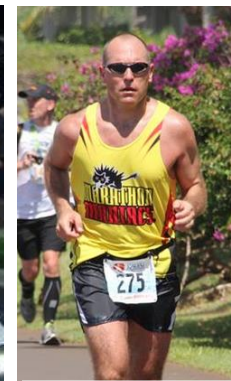


Beat the Blerch on Saturday (9/20): Tomasz Adamusiak, Chris Bellevie, Jennifer Brave, Paul David, Kate "Where are your shoes??" Escott, Deb Evdemon, Dan Fabela, Steve Geertgens, Andrew Gorohoff, Jana Graham, Mr. Pat, Shane Hill, "Shamrock Sandy" Hugill, Diana Kitching, Ethel Marie Kitching, Karen Mayes, Barb Meinecke, Hannah Morgan, Alison Mosqueda, Kelli Mullin, Aurea Nicolet, Kimberly Oehrlein, Halbert, Angela Wilder, Carole Williams, Tom "Tater" Williams, Laura Zeffer

Beat the Blerch on Sunday (9/21): Wendy Beck, Teal Clark, Ross Comer, Rick Cooney, Ted Eckert, Dirty Dave, Jennifer Hatcher, Elizabeth Hayward, Alyson Johnson, Jamie Johnson, Tom Mangan, Karen Mayes, Tiffany McEntire, Rufus Park, Carolyn Reeves, Lisa "Cupcake" Reid, Haley Siggers, Janson Slughter, Michelle Smith, Jody Tchir, Dan Whitaker, Rita White, Angie Whitworth Pace, Jamila "Jammy Jam" Williams, Tom "Tater" Williams, Kimberley Worthen, Jenny Yoakum, Evan Zhao



Carole Williams



Darren Minnemann



John Di Bratto

MARATHON MANIACS PACE TEAM

The Official Marathon Maniac Pace Teams

Did you know the Marathon Maniacs have an official pace team? Since Maniacs are no stranger to running 26.2 miles many of you are good running these runs.

There are many great reasons to join the pace team and many rewarding aspects to being a pacer.



Requirements to be a Pacer

- Must have completed 15 marathons for your desired distance to pace
- Marathon Pacer: Must have completed the marathon distance 20 minutes faster than your pace time for the full marathon (example: to pace a 4:00 hour you must have run a 3:40 marathon)
- To be in good standing with the Marathon Maniacs and all dues current
- Have your MM race page updated so that we can link your information
- CPR Certification by event date-please contact your local fire department for a FREE class

Pacer Perks

- Free to join!
- Waived entry fee
- Sublimated Pace Shirts
- A chance to carry the coveted maniac cat pace sign
- Discounts on lodging when applicable
- Fun pacing runners to their goal finish time

Best of luck to you securing your spot on the pace team!

For more information on which races we are looking for pacers and on getting signed up please visit: <http://www.marathonmaniacs.com/marathon-maniacs/pacer-team>

Marathon Maniac Pacing Coordinator: **Sabrina Seher** (MM #3397)



MARATHON MANIACS 2015 REUNION

Mississippi Blues Marathon

JANUARY 10, 2015 • JACKSON, MISSISSIPPI

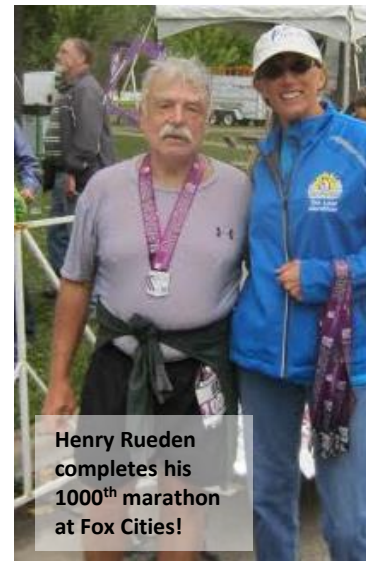
Join fellow Marathon Maniacs in Jackson, Mississippi in January for the 9th annual reunion. The Maniacs will return to the Southeast for this reunion to be filled with southern blues and plenty of red, yellow and black. Maniacs participating will be able to enjoy many added benefits not found in other marathons. Stay tuned for more details. In the mean time be sure to register and join the fun!

BONUS: Back 2 Back Challenge • First Light Marathon

As an added bonus, join dozens of Maniacs and run the First Light Marathon in Mobile, Alabama on January 11, 2015 and grab 4 stars!



Albert Licano



Henry Rueden completes his 1000th marathon at Fox Cities!



Nancy and Luke Shumard



Maniac #200 and Maniac #3



Maniacs at the Center of the Nation



Prez and PK



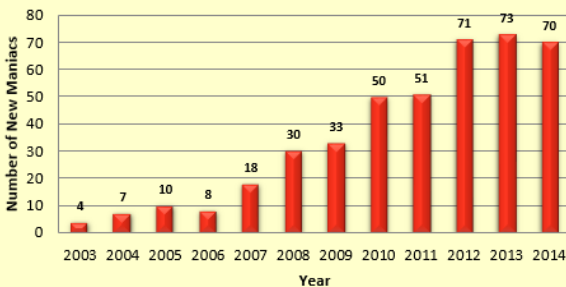
REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	70.2	50.4	63.7	55.8	86.7	66.7	44.7	26.4	32.3	87.2	106.3	97.1	765.6
Record	212	101	170	138	212	147	101	56	73	257	334	223	1,994
2013	212	95	170	138	212	133	91	56	73	257	334	223	1,994
2014	225	177	189	137	249	175	81	52	70	-	-	-	1,355

New Maniacs for September



New Maniacs in September 2014: 70
 New Maniacs in 2014: 1,355
 Total Maniacs: 9,777

State	MM	Pct%
Washington	1,153	11.8%
California	765	7.8%
Texas	682	7.0%
Illinois	358	3.7%
Florida	355	3.6%
New York	312	3.2%
Oklahoma	288	2.9%
Virginia	265	2.7%
Georgia	236	2.4%
Ohio	212	2.2%
Oregon	209	2.1%

Men make up **51.2%** of the total number of **Marathon Maniacs** while **women** make up **48.8%**.

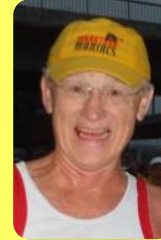
Men make up **23.4%** of the total number of **Half Fanatics** while **women** make up **76.6%**.

Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter
Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** Clyde Shank, Gerald King, Mark Fetters, Christopher Regan, Steven Ferry, Greg Ward
- **Platinum (8 star) Maniac:** Glen Anderson, Larry Wasson
- **Palladium (7 star) Maniac:** None
- **Osmium (6 star) Maniac:** Eddie Hahn
- **Ruthenium (5 star) Maniac:** None
- **Iridium (4 star) Maniac:** Shaun Kendall, Rick Gibbons, John Laputz, Jodi Morton, Stacy Allen Bolyard
- **Gold (3 star) Maniac:** Eddy Angkawibawa, Runar Thorstensen
- **Silver (2 star) Maniac:** None

New Titanium Maniacs!!



Clyde Shank



Gerald King



Mark Fetters



Christopher Regan



Steven Ferry



Greg Ward

MANIACS BEHIND THE SCENES

Many Maniacs work behind the scenes to this club going strong. So if you see any of them out and about, thank them for their hard work.



The Main Maniacs: Steven Yee (#1), Tony Phillippi (#3) and Chris Warren (#2) – Co-Founders



Marc Frommer (#9)
Keeper of the Gate



Robert Lopez (#111)
Calendar Guy



Brian Pendelton (#286)
Programmer



Steve Walters (#338)
Newsletter Editor/eFlash



Ray Shaw (#558)
Expo Guy



Jeff Bollman (#1058)
Discount Guy



Sabrina Seher (#3397)
Pace Team Leader



Garret Anderson (#9333)
Shipping/Data Entry

Upcoming Races!

Marathon/Ultra Calendar between October 31-December 7

Friday, October 31

1 Ran Count Dracula (3 day event) (TX)

Saturday, November 1

APTR Ouro Preto 55k (BRA)
 Aravaipa Javelina Jundred 100m/100k (AZ)
 Carkeek 12h (WA)
 Chicago Lakefront 50m/50k (IL)
 Enviro-sports Stinson Beach Marathon (CA)
 Fall Back Blast (WI)
 In Unity We Run (WA)
 Indianapolis Monumental Marathon (IN)
 Ironman Florida (FL)
 Last Desert (Antarctica) 250k (ATA)
 Marathon on the Mountain (PA)
 Mendon Trail Run (NY)
 Midsouth Championship Marathon (AR)
 Mountain Masochist Trail Run (VA)
 Pinhoti 100 (AL)
 Relentless Endurance Race 24h (THA)
 Rim Rock Marathon (CO)
 Silver Falls 50k/26.2 (OR)

Sunday, November 2

Almond Bowl Marathon (CA)
 Auckland Marathon (NZL)
 Barbados Midnight Marathon (BRB)
 Bass Pro Conservation Marathon (MO)
 bg26.2 (Bowling Green Marathon) (KY)
 Bobcat Trail Marathon (OH)
 Boundary Bay Marathon (BC)
 Chianti Classico 65k/26.2 (ITA)
 Hamilton Marathon Road2Hope (ON)
 Inland Trail Marathon (OH)
 Klickitat Trail Run (WA)
 Manchester City Marathon (NH)
 Marshall University Marathon (WV)
 Morgan Hill Marathon (CA)
 New York City Marathon (NY)
 November Nightmare (6 day event) (GBR)
 NYC in AZ Marathon (AZ)
 Potomac Heritage Trail 50k (DC)
 Rails to Trails Marathon (WI)
 Raleigh City of Oaks Marathon (NC)
 Santa Clarita Marathon (CA)
 Shanghai International Marathon (CHN)
 Two Cities Marathon (CA)
 White Rose Ultra 100k/50k (GBR)

Friday, November 7

tBunk Challenge 200m/150m (WI)

Saturday, November 8

Buff Enigma Fireworks Day One (GBR)
 Catalina Island Eco Marathon (CA)
 Chickamauga Battlefield Marathon (GA)
 Chino Hills Trail Run Series 50k (CA)
 First Call Veterans Day 50k/26.2 (WA)
 Goosebump 12h/6h (SK)
 Icebox 480 8h (WI)
 Moab Trail Marathon (UT)
 Nashville Marathon (TN)
 NJ Trail Series One Day (many options) (NJ)
 Rio Del Lago 100 Mile Endurance Run (CA)
 Rock N Roll Savannah (GA)
 Rockledge Rumble (TX)
 Santa Barbara International Veterans Marathon (CA)
 Soldier Marathon (GA)
 Taterbug 30 (IN)
 tBunk Challenge 100m/50m (WI)
 Tri States Marathon (NV)
 Veterans Marathon (Indiana) (IN)
 Vintermarathon (SWE)

Sunday, November 9

Athens Marathon (GRC)
 Beirut Marathon (LBN)

BTRS Bellingham Trail Marathon (WA)

Buff Enigma Fireworks Day Two (GBR)
 Fort Myers Beach Marathon (FL)
 Fort Worth Marathon (TX)
 Fukuoka Marathon (JPN)
 Gobbler Grind (KS)
 Harrisburg Marathon (PA)
 International Nuang Jungle Marathon (MYS)
 Madison Marathon (WI)
 Naperville Marathon (IL)
 OBX Marathon (NC)
 Peachtree City 50k (GA)
 Pensacola Marathon (FL)
 Rhode Island 6h (RI)
 tBunk Challenge 50k (WI)
 Veterans Marathon (Pennsylvania) (PA)

Friday, November 14

Havana Marathon (CUB)

Saturday, November 15

ABW Seashore Run (CA)
 Aravaipa Pass Mountain (AZ)
 Bagan Temple Marathon (MMR)
 Bona Dea 50k (AR)
 Charlotte Thunder Road Marathon (NC)
 Chosen Marathon Tampa (FL)
 Colossal Vail 50m/50k (AZ)
 Dizzy Fifties 50m/40m/50k (AL)
 Evergreen Grand Ridge 50k/26.2 (WA)
 ITR Mt Tam 50k (CA)
 LEO Run to Remember (Meridian Marathon) (MS)
 NYRR NYC 60k (NY)
 Paleozoic Trail Runs - Devonian Fall 50k (IL)
 Pilgrim Pacer Run (KS)
 REVEL Canyon City Marathon (CA)
 Richmond Marathon (VA)
 Stone Mill 50 Mile Endurance Run (MD)
 Tortoise and the Hare 50k (GA)
 Tunnel Hill 100m/50m (IL)
 Wild Sebastian 100m/75m/50m (FL)

Sunday, November 16

Bangkok Marathon (THA)
 BSB International Marathon (BRN)
 Bucks County Marathon (PA)
 Ironman Arizona (AZ)
 Istanbul Marathon (TUR)
 Jackson Hill Challenge 6h (GA)
 Malibu International Marathon (CA)
 MEC Vancouver Race Seven (BC)
 Myles Standish Marathon (MA)
 NYCRuns Brooklyn Marathon (NY)
 Penang Bridge International Marathon (MYS)
 Potomac River Run (MD)
 Rock N Roll Las Vegas (NV)
 Spice Coast Marathon (IND)
 Surfers Point Marathon (CA)
 X-Country Marathon (FL)

Tuesday, November 18

Antarctic Ice Marathon (ATA)

Thursday, November 20

Ultracentric 72h (TX)

Friday, November 21

Big Cedar Endurance Run 100m (TX)
 Ultracentric 48h (TX)

Saturday, November 22

Big Cedar Endurance Run 50m/50k (TX)
 Crooked Road 24h (VA)
 Duncan Ridge Trail 50k (GA)
 JFK 50 Miller (MD)
 Kirkstall Abbey Trail Marathon (GBR)

Marathon International du Beaujolais (FRA)

Tejas Trails Wild Hare 50m/50k (TX)
 Trails of Glory (NV)
 Tranquility Lake 50k (AL)
 Ultracentric 24h/12h/6h (TX)
 White River Marathon (AR)

Sunday, November 23

Harpeth Hills Flying Monkey Marathon (TN)
 Kobe Marathon (JPN)
 North Face Ultra Challenge Argentina (ARG)
 Philadelphia Marathon (PA)
 Route 66 Marathon (OK)

Thursday, November 27

Texas Quadzilla Day One - The Walk (TX)
 Wattle Waddle (Seattle Quadzilla Day One) (WA)

Friday, November 28

Black Diamond 40m (TN)
 Grandpa's Wishbone Run (Seattle Quadzilla Day Two) (WA)
 SCS 24 Hour Endurance Run (AR)
 Texas Quadzilla Day Two - The Waddle (TX)

Saturday, November 29

Big Dog 50k (LA)
 Derby 50k (NC)
 Double Black Diamond 40m (TN)
 Ghost of Seattle 50k/26.2 (Seattle Quadzilla Day Three) (WA)
 Mississippi Coast Marathon (MS)
 NCR Trail Marathon (MD)
 Quad Dipsea (CA)
 SCS 12/6 Hour Endurance Runs (AR)
 Texas Quadzilla Day Three - The Tortoise (TX)
 Twisted Turkey 50k (IN)

Sunday, November 30

Gatloff Marathon (really 50k) (GBR)
 Mount Fuji Marathon (JPN)
 Seattle Marathon (Seattle Quadzilla Day Four) (WA)
 Space Coast Marathon (FL)
 Texas Quadzilla Day Four - Charlie's Snake Wrangling Marathon (TX)

Saturday, December 6

Aravaipa McDowell Mountain Frenzy 50m/50k (AZ)
 Baton Rouge Beach Marathon (LA)
 Bigfoot 50k (OH)
 Birch Bay Ghost Marathon (WA)
 Cajun Coyote 100m/100k (LA)
 Enviro-sports Death Valley Trail Marathon (CA)
 Isle Du Bois 55k (TX)
 Jackson County 50m/50k (IN)
 Kepler Challenge 60k (NZL)
 Masters of All Terrain 52.4m/50k (FL)
 North Face Challenge - San Francisco 50m/50k/26.2 (CA)
 NYC Trail Festival 50k (NY)
 One Epic Run 24h (SC)
 Reggae Marathon (JAM)
 Rehoboth Beach Marathon (DE)
 RiddleBox Winter Ultra (IA)
 St Jude Memphis Marathon (TN)
 Zoom Quarry Lakes Marathon (CA)

Sunday, December 7

California International Marathon (CA)
 Cayman Islands Marathon (CYM)
 End of the World Marathon (Placencia Marathon) (BLZ)
 GUTS Pine Mountain 40m (GA)
 Marathón Internacional Costa Rica (CRI)
 Marathon Singapore (SGP)
 Maraton Malaga (ESP)
 OTHTC High Desert 50k (CA)
 Palm Beaches Marathon (FL)
 Placencia Marathon (BLZ)
 Rock N Roll San Antonio (TX)
 Tucson Marathon (AZ)



New Maniacs in September 2014

Brian Bugey (#9708)
 Heather Craggs (#9709)
 Jeff Koger (#9710)
 Kathleen Zubroski (#9711)
 Raenell Thomas (#9712)
 Matt Buckelew (#9713)
 Amber Liin (#9714)
 Joe Jurczyk (#9715)
 Lesley Strauss (#9716)
 Karen Rutherford (#9717)
 Beth Pretti (#9718)
 Gerald Fox (#9719)
 John Sites (#9720)
 EDDY ANGKAWIBAWA (#9721)
 Richard Manzon (#9722)
 Jerry Hernandez (#9723)
 Shawn Bussert (#9724)
 Jason Hoffbuhr (#9725)
 Kim Sorensen (#9726)
 Anne-Aymone Gheerbrant (#9727)

Elizabeth Mischke (#9728)
 James Lehman (#9729)
 Sean Dixon (#9730)
 Jasmine Johnson Purnell (#9731)
 Jenifer Lyman (#9732)
 Robert Arnold (#9733)
 Kamal Osman (#9734)
 Jennifer Filipski (#9735)
 Robert "Beaux" Hall (#9736)
 Lesley Strauss 2 (#9737)
 Christy Gossett (#9738)
 Kenneth Rice (#9739)
 Shaunna Lee-Rice (#9740)
 Kori Winchell (#9741)
 Jennifer Burrows (#9742)
 Greg Ward (#9743)
 Deborah Greene (#9744)
 Richard David Killingsworth (#9745)
 Keith Collingwood (#9746)
 Brenda Moss (#9747)
 Katelyn McCadden (#9748)
 Runar Thorstensen (#9749)
 Devin O'Neil (#9750)
 BustAGroove (#9751)
 Rick Grecula (#9752)

Fernando Mota (#9753)
 James Kirkley (#9754)
 Kimberly Stehlar (#9755)
 George Rose (#9756)
 Jeffrey Funk (#9757)
 Tiffany Morgan (#9758)
 John Armstrong (#9759)
 Diane Sherer (#9760)
 Kari Carter (#9761)
 Dinah Wiederstein (#9762)
 Andrew Angel (#9763)
 Emily Gardner (#9764)
 Karen Oldham (#9765)
 Gregory Pash (#9766)
 Mark Schenk (#9767)
 Billie Crumbaker (#9768)
 Trena Roudebush (#9769)
 Emer Dooley (#9770)
 Stanley Fortuna (#9771)
 Nicole Canales (#9772)
 Donald Raymond (#9773)
 Lauren Eastwood (#9774)
 Butch Casey (#9775)
 Tom Randolph (#9776)
 Amy Randolph (#9777)



James Lehman



Jeffrey Funk



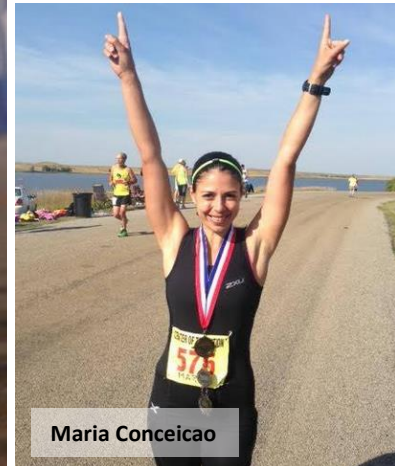
Raymond Marier



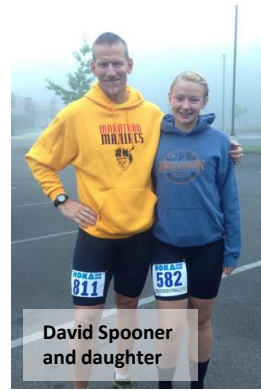
Shelia Redd Johnson



Sandra Harvie



Maria Conceicao



Michelle Robinson

Larry Macon and Thomas Gibson

David Spooner and daughter



Maniacs at the Loch Ness Marathon in Scotland

Sarah and April

Tony found a friend in Maui!

Luke Shumard and Diana Saur De Leon



Tim Christoni

Cindy and Rhonda



FROM THE EDITOR...

Kevin Abraszek and Steve Walters

September featured some fun events. The big Cottonwood Marathon had Maniacs coming from all over the country and it looked like a top notch event.

Maniacs also traveled to Ohio to run the Air Force Marathon and to Washington to "Beat the Blerch". October is historically one of the busiest months of the year!

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts have a ** in front of the race name and don't forget about the Maniac discounts at Running Skirts www.runningskirts.com and The Running Warehouse www.runningwarehouse.com for all your non-Maniac branded apparel and shoe needs.

- Day of the Dead Series (NM) 10/27-11/2/2014: http://mainlymarathons.com/day_of_the_dead_1
- Raleigh City of Oaks Marathon (NC) 11/2/14: www.cityofoaksmarathon.com
- New York City Trail Festival 12/6/14: www.challenge-race.com
- **Rehoboth Beach Marathon (DE) 12/6/14: www.rbmarathon.com
- **First Day of Winter Marathon (OH) 12/21/14: <https://ultrasignup.com/register.aspx?did=28532>
- Mississippi Blues Marathon 1/10/15: www.msbluesmarathon.com
- First Light Marathon (AL) 1/11/15: www.firstlightmarathon.com
- Louisiana Marathon 1/18/15: www.thelouisianamarathon.com
- Maui Oceanfront Marathon 1/18/15: www.mauioceanfrontmarathon.com
- Town of Celebration Marathon (FL) 1/25/15: www.celebrationmarathon.com
- Melbourne Music Marathon (FL) 2/1/15: www.themelbournemarathon.com
- Mercedes Marathon (AL) 2/22/15: www.mercedesmarathon.com
- **Little Rock Marathon (AR) 3/1/15: www.littlerockmarathon.com
- Tobacco Road Marathon (NC) 3/15/15: <http://tobaccoroadmarathon.com>
- Knoxville Marathon (TN) 3/29/15: www.knoxvillemarathon.com
- Tomoka Marathon (FL) 3/29/15: www.tomokamarathon.com
- Blooms to Brews Marathon (WA) 4/12/15: <http://bloomstobrews.getboldevents.com>
- **Garmin Marathon (KS) 4/18/15: <http://ozrun.org>
- **Snake River Island Hop 50K/100K (WA) 4/25/15: www.plateautrailadventures.com
- **Delaware Marathon 5/10/15: www.delawaremarathon.org
- **Mainly Marathons Marathon Series races, discounts for all races and all series
<http://mainlymarathons.com/>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: jeff@marathonmaniacs.com



**PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!**

**A REMINDER IS SENT WITH THE MONTHLY E-FLASH
AND SOME OF YOU ARE OVERDUE!!**

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV

{A Note to Rookies...Congratulations on becoming a Marathon Maniac. Really. See, your recently earned celebrity status -- HIGHLY deserved -- may soon seem to... recalibrate... as you read of others in this club (oh, not versus mine, I guarantee you that) but, well, versus many. Do Not let facts faze you, nor detract from your High, nor alter your Joy in the least. Others Are amazing, and our differences, let them be amusing. We all just do our best. But know this: the creators of the club are encouragers. Running is Fun. Marathoning is an Accomplishment, at any speed.

So grasp the lightheartedness of their attitude. Go have a blast. You are now officially a little crazy. Welcome aboard, Rev.}

Hiya Prez!



Ok, Prez, 'fess up. Was it you, Chris, or Tony who came up with "333", as in "Marathon Maniac Hall of Fame qualifying option # 3: Complete 333 career marathons."

Ha ha ha ha ha. 333.

Ok. Let's say I run my first marathon at age 30, then two at 31, then, getting the hang of this, five at 32. I find out about you all, and at 33, I'm a Maniac with 8 marathons. Now I am thinking, "26.2 every other month is really aggressive, and might not get me my best times, but they sure are fun." Cool. I'll be eligible for the Hall of Fame at age 87.

So if I adjust the plan to ten a year? 33 years. Who runs ten a year for 33 years???

Twenty a year? Nearly every other week? Well sure, then I'm an inductee in 17 years. But, really, twenty a year for 17 years? That's ... that's not leg likely, is it?

Introducing 2013's fourth Marathon Maniac Hall of Famer, Mr. Deo Jaravata, a Maniac original at member # 22.

He is 49, and ran his first about age 32. And his second a year later. So he wasn't born Bill Rodgers. But he is up to 352 marathons and ultras. That's about three thousand 5k's.

He has completed a marathon on all 7 continents, including Canada.

He's seen some pretty places abroad: France, Italy, the Netherlands; islands small (Guam), large (Australia), and huge (Antarctica); gone south (South Africa, Mexico), north (Denmark) and east (Thailand); and runs when he revisits the old homestead, the Philippines. Deo proudly became the first Filipino, by two full weeks, to enter the Maniac Hall. (Reportedly, Filipino Famer #2 Monte Pascual was recently seen commiserating with Buzz Aldrin at an obscure Tacoma Hooters.)

Deo has mixed in there some 50k's, 50 milers, and one 100-miler. His immediate reaction to that one: "Wow, at last I did it!!" (At last? Buddy, this is not on Rev's bucket list. Oh, I dream about it. But then I wake up. Your brain fooled you into the "gotta do this" business.) "I got lots of blisters. Fun race with local runners and Maniacs. I did not stop to sleep at all, afraid that my legs would sleep too. Next year, I'll do the 12 hour race. I need my beauty rest."

His first marathon was in March of 1997, and it took two years to get to number 5. The next 95 took 6 1/2 years, about 15 a year. Five more to 100 and retirement? Nah. How about the next 238 in 8 years. Sure. Reach 100, and then average 30 a year for 8 years. See how easy this is?

We've communicated a bit. Mr. Deo had no idea Maniac Immortalization was coming for years of his running, never mind all the years before running. While he enjoyed watching the Olympics, he says he was no elite athlete of any kind. His inspiration was Forest Gump. That, and he needed something to do while waiting to pick up his older sister at her marathons. And soooooo....

So he doesn't really train much, except, "I consider my marathons my training runs." Of course. Straightforward strategy, Mr. Gump.

He doesn't wear a watch, for looking at it only slows him down. Doesn't cross-train much, except for some California beach volleyball. But he does dream about cross-country skiing like the Norwegians. (Is this a human trait, wondering about the other side of the world? The Filipino ponders being a Norwegian? Does that explain why Americans like teriyaki sauce?)

Asked, "Has marathoning kept you younger/fitter, or aged/injured you irretrievably?" he replied, "Maybe younger...we Asian's always look young anyway ;). Steve, Monte, Sophi, Endorphin Dude, Marathon Mitch, Kino will agree with me. It releases stress."

Prez, consistently, your most dedicated, longest-term members keep saying it: keep it fun. "What do you think of doing doubles (two in one week-end), Mr. Deo?" His answer?

"Doubles are okay. But I don't like to wake up early two consecutive nights. I've done lots of them and it is time for me to relax and just watch sporting events and Taylor Swift concert."

Thanks, Mr. Deo. You're my own new Forest Gump.

Luvya,
Rev
dgkienz@yahoo.com